



Magical musical week  
See the line-up in our A&E section  
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Young at Heart  
INSIDE

**YOUNG @ HEART**  
WEDNESDAY, MARCH 13, 2013  
AN ISLAND GUIDE FOR THE 55 PLUS

**Services**  
With a focus on island seniors

PASSIONS  
A Q&A with 50+ runners

HEALTH ADVICE  
Younger Next Year

REFLECTIONS  
Companionship in care

Dgim

# GULF ISLANDS Driftwood

Wednesday, March 13, 2013 — YOUR COMMUNITY NEWSPAPER SINCE 1960 53RD YEAR — ISSUE 11 \$1.25 (incl. GST)



PHOTO BY JULIANNA SLOMKA

**ALIVE IF NOT KICKING:** Tangle Caron ("Sunshine Dore") checks the pulse of "Harold," played by Jonah Grindler in the Salt Spring Community Production of Harold and Maude now on at Mahon Hall. See our review of the sold-out play on Page 13. Only four shows remain from March 14-17.

## PENDER RESCUE

# Rope team rescues dog walker

Dog and owner escape without injury

BY SEAN MCINTYRE  
DRIFTWOOD STAFF

A North Pender Island dog owner who tried to save her stranded pooch from a ledge high above Boundary Pass ended up needing some rescuing of her own on Friday.

Amy Heggie said she thought nothing of walking down to the narrow strip of land where Bolt, an 18-month-old blue heeler cross, got stranded after following a series of paths from the popular Oak

Bluffs lookout.

"It was never scary because you can follow deer trails," she said of the exposed path, roughly 215 metres (700 feet) above the rocky shoreline. "He kind of went down a half chimney and onto the ledge."

Although Heggie was easily able to reach her dog and push him back up the narrow passage, she immediately realized she too would need a boost up the steep and muddy path.

Emergency crews, contacted by Heggie's spouse, reached the scene at the southern end of the island at 3:30 p.m. on March 8.

According to chief Charlie Boyte of the Pender Island Fire-Rescue Department, crews completed the rope rescue in approximately 90 minutes by descending about 20 metres (75 feet) to Heggie's position, strapping her into a harness and slowly lifting her back to the ridge.

RESCUE continued on 5

RCMP

# Girl evades attempted assault

RCMP look for tips in Park Drive incident

BY SEAN MCINTYRE  
DRIFTWOOD STAFF

Salt Spring RCMP warn islanders to be extra vigilant after the attempted assault of a 17-year-old girl along Park Drive on Friday evening.

The girl is reported to have been walking on Park Drive between Valhalla and Lower Ganges roads at around 8:30 p.m. on March 8 when a man emerged from behind some bushes in an attempt to grab her.

The young woman evaded her attacker and fled to Ganges, where she sought help at the Co-op gas station.

The attacker is described as a Caucasian male believed to be around 30 years old. He was wearing a brimmed toque and a light-coloured fleece plaid jacket. Police were unable to find any trace of the man when they attended the scene.

An RCMP spokesperson said people walking in and around Ganges alone at night should always take necessary precautions by avoiding less travelled pathways and unlit areas.

Police say the girl noticed the man walking along the road ahead of her. She said her attacker looked towards her and soon after turned off Park Drive onto what she believed was a driveway.

RCMP continued on 2

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**FIRE**

# Cottage and chimney fires task crews

Otter prevention plan results in loss

BY ELIZABETH NOLAN  
DRIFTWOOD STAFF

Salt Spring Fire-Rescue members were kept busy with three calls in two days last week, starting with an accidental fire that destroyed a small cabin on Thursday.

Firefighters were called to a guest cottage at 900 Rainbow Rd. at about 2 p.m. on March 7. The small cabin's interior was essentially destroyed by a combination of heat, smoke and water damage, and its windows were broken. The resident was not home when the fire was discovered. The blaze was deemed accidental, Salt Spring Fire Chief Tom Bremner said. A lamp located under the cabin that was apparently used to dissuade otters from taking up residence was the probable cause.

Firefighters knocked down the blaze quickly, with no damage incurred to the main house situated across the driveway. Crews remained on the scene for

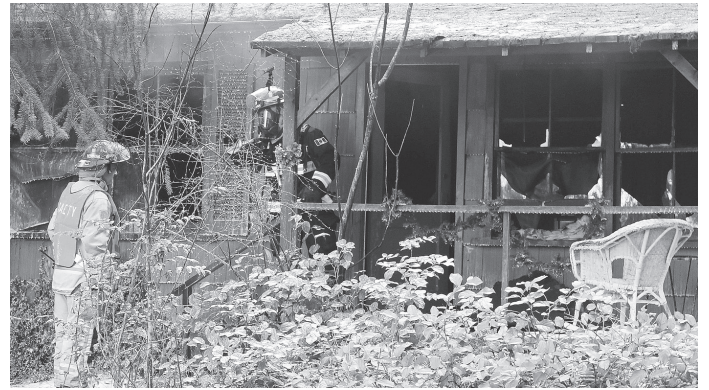


PHOTO BY ELIZABETH NOLAN

Salt Spring Fire-Rescue personnel attend to a Rainbow Road cottage fire.

approximately four hours to ensure full extinguishment and clean-up.

On Friday morning, firefighters were at Duck Creek Farm to deal with a chimney fire. Bremner reported the small blaze had mostly taken care of itself by the time firefighters arrived and the call

fortunately turned out to be a minor incident.

Later that morning, reports of a possible brush fire brought crews out to Reynolds Road. The smoke was found to be part of a controlled burn on a residential property.

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	TIME	HEIGHT		TIME	HEIGHT		
		m			ft		
<b>MAR</b>							
13	05:47	<b>3.2</b>	10.5	17	03:21	<b>2.4</b>	7.9
WE	12:05	<b>1.3</b>	4.3	SU	08:26	<b>2.9</b>	9.5
	18:35	<b>2.9</b>	9.5		15:49	<b>1.1</b>	3.6
	23:59	<b>1.7</b>	5.6		23:55	<b>2.9</b>	9.5
14	06:12	<b>3.2</b>	10.5	18	04:26	<b>2.6</b>	8.5
TH	12:44	<b>1.2</b>	3.9	MO	08:52	<b>2.8</b>	9.2
	19:33	<b>2.9</b>	9.5		16:37	<b>1.1</b>	3.6
15	01:43	<b>2.0</b>	6.6	19	01:09	<b>2.9</b>	9.5
FR	07:37	<b>3.1</b>	10.2	TU	05:59	<b>2.6</b>	8.5
	14:24	<b>1.1</b>	3.6		09:24	<b>2.7</b>	8.9
	21:35	<b>2.9</b>	9.5		17:30	<b>1.1</b>	3.6
16	02:29	<b>2.2</b>	7.2				
SA	08:01	<b>3.0</b>	9.8				
	15:05	<b>1.0</b>	3.3				
	22:42	<b>2.9</b>	9.5				

# Police seek suspect in attempted assault

**RCMP**  
continued from 1

"However, when she approached that spot she realized it

was simply a bush," reads part of an RCMP press release issued on Tuesday morning. "The man then came out of the bush towards her

very quickly with his arms extended, attempting to grab her arm.

"It's not known if, or for how far, the suspect might have

pursued the victim."

The RCMP's Victim Services department is available at no cost to individuals who report such incidents to police.

Anyone with information about this case is urged to contact the Salt Spring Island RCMP detachment at 250-537-5555.

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**FIRE DISTRICT**

# SSI fire trustee candidates step out

Plans for new hall spur competition

BY ELIZABETH NOLAN  
DRIFTWOOD STAFF

Nominations for two positions on the Salt Spring Fire Protection District board of trustees have brought forward four possible candidates for the April 13 election.

Incumbents Ron Chamney and Michael Schubart have been joined by Scott Simmons and Darlene Steele in their quest for community votes.

Chamney and Schubart have each served as firefighters — Chamney has 30 years experience in volunteer and career positions

in Alberta, and Schubart served as a volunteer on Salt Spring for 10 years.

Together they have contributed 12 years to the local board. Schubart also acted as the board's chair for six and a half years (in non-consecutive terms) before stepping down last July to concentrate on the campaign to build a new fire hall.

Simmons, a local realtor, is running on a platform of fiscal responsibility and transparency. Specifically, he has questioned the current board's plans for building a new hall and has suggested a prefabricated building made by the Permasteel company instead.

His running mate Steele has

degrees in nursing and law. Her platform also centres on questions around the fire hall project — firstly if a new hall is actually needed, whether other emergency services and specific amenities should be included in the design, and how much the community can afford to pay for such a facility.

More detailed information on the candidates and their platforms will appear in upcoming editions of the Driftwood.

The election is open to Salt Spring property owners who are Canadian citizens, at least 18 years of age and have lived in B.C. for the past six months.

An advance voting day is also set for Wednesday, April 10.

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# NEWSBEAT

**Heads up!**

**Spring Break in the Gulf Islands**  
Kids out of school from Friday, March 15 through Monday, April 1

**TAXATION**

## Salt Spring and B.C. gear up for return of the PST

Harmonized Sales Tax gets the boot on April 1

**BY SEAN MCINTYRE**  
DRIFTWOOD STAFF

Fewer than three years after the Gordon Campbell-led BC Liberals introduced it to British Columbians, the Harmonized Sales Tax reaches the end of the line on April 1.

And that's no joke. Also no laughing matter for consumers and business owners is that the ill-fated tax will be replaced with a new Provincial Sales Tax.

"As we committed in August 2011, we are returning to the PST with all permanent exemptions," said Finance Minister Michael de Jong in a statement released earlier this month in anticipation of the switch. "Consumers will again not pay PST on purchases like food, restaurant meals, bicycles, gym memberships, movie tickets [...] nor for personal services like haircuts."

De Jong's statement promises "common-sense improvements" to make administration of the sales tax easier for business owners who will need to, once again, file returns for the GST and PST.

"[The new PST] is essentially the same look and we're resetting the time machine," said Matt Steffich, owner of Steffich Fine Art and president of the Salt Spring Island Chamber of Commerce.

He said most chamber members have mixed feelings about the switch.

René Widmer, co-owner of Calvin's Bistro, said he's among the many who've resigned themselves to more paperwork after the transition.

"We'll have to do two taxes, so it's just more paperwork," he said. "Personally, I never thought the HST was a bad tax, but the people have spoken and that's what we're going to do."

Among the drawbacks for business owners, he added, is the inability to reclaim PST on the purchase of big-ticket items like kitchen appliances and other restaurant equipment.

Whether the prospect of a seven per cent drop in the amount of tax levied on restaurant meals stands to have any major effect on business is still anyone's guess since alcoholic drinks, currently taxed at 12 per cent, will be subject to the five per cent GST and a special 10 per cent PST levy beginning on April 1.

"One way or another, the government gets the money," Widmer said. "It's a double-edged sword."

Experience has taught him that creativity and quality is always worth more than the prospect of a single-digit percentage discount when it comes to consumers' discretionary spending in places like restaurants and bars.

"People are used to paying tax," he said. "If people want to go out, they'll go out."

"It boils down to how much you have to spend. Everybody's looking for a deal or at least a good value for the dollar rather than the tax. Good

value always wins."

Dawn Luker, a seller of second-hand books, was among the leaders of Salt Spring's anti-HST movement. Although she agrees the return to a dual-tax system will create more paperwork for business owners, she's happy to see the HST's demise.

Like many British Columbians who signed the petition to force the government to overturn its decision to implement the HST, Luker believes the tax was made with no warning and minimal consultation.

She wants the province to offer greater clarity for consumers and business owners as the switchover draws near.

For its part, the province has established a website dedicated to the transition process. The site, which includes online resources, public information schedules and business registration tools, can be accessed through [www2.gov.bc.ca](http://www2.gov.bc.ca).

The site includes a handy guide that lists how hundreds of popular goods and services will be affected by the change.

"With just four weeks until re-implementation of the PST, businesses need to act to ensure they are registered and ready to collect the tax on April 1, 2013," de Jong said on March 1.

"Businesses can take advantage of the full suite of tools available to help with their preparations, including the legislation, the regulations, plain-language notices and bulletins, one-on-one consultations, videos, seminars and webinars."

### RETURN OF THE PST

*What to expect...*

Item / HST (current) / PST (after April 1)

- Cable television 12/5
- Residential phone service 12/5
- Landscaping/Home repair 12/5
- Hotels 12/15
- Drugs, medicines, vitamins 12/5
- Admission fees (concerts, galleries, museums, etc..) 12/5
- Music and sport lessons 12/0
- Snack foods (chips, candy, etc...) 12/5
- Restaurant meals 12/5
- Alcoholic beverages 12/15
- Massage therapy 12/5
- School supplies 12/5
- Books, newspapers, magazines 12/5
- Food-producing plants and trees 12/5
- Cigarettes and other tobacco products 12/5
- Gym and athletic membership 12/5

## NEWS BRIEFS

### Crofton terminal gets upgrade

BC Ferries travellers on the Crofton-Vesuvius Bay route are reminded that replacement of berthing walls at the Crofton terminal will have an impact.

"During the construction, large areas of the lower trestle will be required to stage equipment and supplies," states a BC Ferries press release. "Therefore there will be limited vehicle access to the pick-up and drop-off area on the lower trestle. Only passengers with special needs or mobility issues will be permitted to access the drop-off/pick-

up area. These passengers are requested to speak with the ticket agent in advance of the scheduled sailing to make arrangements."

The anticipated duration of the project is approximately two to three months. Temporary parking is available off site in close proximity.

### Dying With Dignity hosts speaker

Salt Spring's Dying With Dignity chapter welcomes a special guest speaker on Sunday, March 17 with a visit by Dr. Johnna Fisher.

Fisher, who is a professor of ethics at UBC, will give a presentation on

the ethics of physician-assisted suicide on Sunday at the Harbour House Hotel Orchard Room from 1:30 to 3:30 p.m.

Fisher is also the author of *Biomedical Ethics: A Canadian Focus*.

A Dying With Dignity petition to the House of Commons requesting a change in the Criminal Code of Canada to allow

physician-assisted suicide is also in local circulation now and will be available at Sunday's event at the Harbour House.

See also the Dying With Dignity website at [www.dyingwithdignity.ca](http://www.dyingwithdignity.ca).

More information is available from local chapter member [bjfinn@shaw.ca](mailto:bjfinn@shaw.ca) or 250-653-4630.

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**CRITICAL CONDITION**

# Doctor shortage: the looming Salt Spring Island crisis with an elusive cure



PHOTO BY ELIZABETH NOLAN

Long-time Salt Spring physician Dr. Jan MacPhail, right, with a heart model and UBC northern medical program student Christine Kennedy. MacPhail is trying to find a replacement before she leaves the island in June.

Creative solutions weighed for meeting health-care demands

BY ELIZABETH NOLAN  
DRIFTWOOD STAFF  
FIRST IN A SERIES

**The sudden closure of one physician's family practice on Salt Spring and the known plans of two others to leave the island have many residents wondering how their health-care needs will be met in the future, and is opening the conversation around the challenges of this community's model of delivery.**

Dr. Karen Berg put her practice on hold last fall for personal reasons. Her office phone message now states she won't be coming back. Dr. David Woodley has informed patients he plans to move whenever he can find a replacement, and Dr. Jan MacPhail's patients have

been involved in an active recruitment campaign since last September. MacPhail will wrap up her practice in June to join her husband in Ontario, where he's worked for the past 18 years.

According to the B.C. College of Physicians, Dr. James White is the only family doctor who is accepting new patients on Salt Spring. There isn't a lot of room to absorb the patients of a physician who wants to move on, which is why those that do leave prefer to have a replacement

before going.

"One of the complexities is most communities have a municipal government that takes the provision of delivering health care under their wing, and Salt Spring has no body that's responsible," MacPhail said.

The Vancouver Island Health Authority can provide help with recruitment at a physician's request, but no one is responsible for ensuring the island has enough doctors. That leaves patients taking recruitment upon themselves.

The looming prospect of a GP shortage isn't new. Family practitioners held an emergency meeting in November 2011 to strategize around an imminent shortage of members, and the topic regularly comes up at physicians' monthly meetings.

"We found out that whilst most of us love Salt Spring and the community and are deeply committed to our patients, many of us are feeling overwhelmed by the workload," Dr. David Beaver said in 2011.

"The thought of one or more GPs leaving and the rest trying to cover the increased workload may lead to a crisis in the provision of general practice services on this island."

Beaver was himself intending to leave at the time and had advertised for a replacement. A community recruiting committee working to support him managed to attract Dr. David Butcher to join Beaver's practice, which shifted his patient load and has allowed him to continue practising for the time being.

MacPhail has collected numerous signatures from people who are concerned about what will happen when she leaves and who want to see more GPs on the island.

"I decided it would be good to quantify this in some way, so I decided to keep a list of requests," she explained. To date there are 140 names on that list.

The recruitment campaign led by MacPhail's patients is focused on attracting someone who will meet their particular needs — which is a doctor who is open to patients pursuing alternative treatments from homeopaths and herbalists — as well as trying to find someone who would enjoy the unique benefits Salt Spring has to offer.

In addition to having a fully equipped clinic ready to go, their marketing materials focus on the island's K-12 schooling with emphasis on social responsibility and the performing arts, the strong arts community, the lack of big box stores and the short flight to Vancouver.

While MacPhail feels those attributes could attract the right person, the difficulty of finding applicants is compounded by Salt Spring's semi-rural status. Rural status does not

apply when it comes to Salt Spring physicians getting support from locums that would allow them to take vacation time. That, and the extra hours most physicians put in at Lady Minto Hospital's emergency room, can make island life a less attractive proposition.

"There is a very, very fine line here with having enough doctors to cover emergency shifts without getting burned out and the concern of having too many doctors who might not be busy enough in their practices," MacPhail observed, noting the independent business model of service delivery means physicians need to push through a certain number of patients each day in order to make a profit. When their practice is full, patients without a GP don't impact them, except during emergency room shifts. With no walk-in clinics on the island, patients without doctors are reduced to one point of care — the hospital emergency room.

"It's the only option for prescription renewal, or a sore throat, or constipation," MacPhail said.

"And some people abuse it, but others are very apologetic."

The fee-for-service health care delivery model may also be keeping doctors away. MacPhail said general feedback from physicians who might be interested in moving to Salt Spring is they would prefer to work for salary in a group practice or clinic. (See next week's story to learn how community healthcare societies operate clinics on other islands.)

The B.C. Ministry of Health recently announced the success of GP for Me pilot programs in three communities, and the intention to expand the program with new funding that will ensure all patients in the province have access to a family doctor by 2015. Some of the measures are aimed at improving physician efficiency through administration tools such as electronic records and a billing mechanism that permits telephone consultations. Other aspects involve community clinics and a team-based approach to health care.

But funding for A GP for Me is administered through Divisions of Family Practice, which are described as "community-based groups of family doctors working together to achieve common health care goals" — a type of organization that Salt Spring does not currently have. According to Ministry of Health spokesperson Carlene Thistle-Walker, local doctors are in discussion about joining a division, but it is unknown when and if this might take place.

Until then, patients and the doctors who don't want to leave them without care will be left holding the ball.

## A GP FOR ME - PROVINCIAL PROGRAM

- 176,000 British Columbians who want a family doctor cannot find one.
- A GP for Me is sponsored by the Ministry of Health and the B.C. Medical Association to provide patients access to a family doctor.
- Pilot programs in Cowichan Valley, Prince George and White Rock-South Surrey found doctors for about 9,000 people who did not previously have one.
- Approximately 300 family physicians participated in the pilots through a local Division of Family Practice.
- Groups of doctors in communities will be developing plans to increase access to care in their local areas.
- Individual doctors' offices will receive support to help make their practices more efficient, which will enable them to take on new patients if they choose to.
- The B.C. government will roll out \$132 million in funding by April 1 to implement the program province-wide.

## A GP FOR ME - COWICHAN VALLEY PILOT PROGRAM

- Connected 1,100 patients to a family doctor.
- Opened new maternity clinic in Cowichan District Hospital in partnership with the Cowichan District Hospital Foundation and Vancouver Island Health Authority.
- Recruited one new doctor. • Established a locum program.
- Found local general practitioners for more than 600 patients when their own doctor was suddenly and unexpectedly unable to practice.
- Formed Aboriginal health working group to enhance relationships and improve primary care access.
- Manages the hospital support program to care for hospitalized patients without a family doctor.
- Planning a community primary care clinic to serve patients without a family doctor.
- Planning a practice coaching initiative to optimize use of electronic medical records, increase office efficiencies, improve quality of care and increase capacity for practices to take on new patients.

ISLANDS TRUST

# Trust Council hikes budget for 2013

Bylaw enforcement gets a boost

BY SEAN MCINTYRE  
DRIFTWOOD STAFF

The Islands Trust's annual budget will increase by two per cent after a unanimous vote by trustees who met at a quarterly Trust Council session on Thetis Island last week.

"There was very little last-minute debate," said Gary Steeves, chair of the Islands Trust's finance committee. "There was clearly a consensus that this budget was appropriate for current circumstances."

The overall increase will

see the Trust's budget grow to \$6,985,990, up roughly \$100,000 from last year's figure. Taxpayers can expect to see a 1.3 per cent increase in the Trust portion of their property taxes as a result of the new budget. That translates into a tax increase of approximately \$4 for owners of a property assessed at \$450,000.

"During our budget deliberations, we were challenged with a reduced 2013/2014 contribution from the province and increased wages negotiated by the province under the BCGEU collective agreement," said Trust Council chair Sheila Malcolmson in a statement that followed Thursday's budget vote.

The portion of the Trust's budget provided through a provincial grant dropped to \$85,184, nearly half the amount provided five years ago and approximately \$400,000 less than the subsidy amount in 1994/1995.

This year's budget incorporates spending on improved bylaw enforcement services and a new permanent administrative position to manage the Islands Trust website and other computer applications.

According to the budget package, the funding increases the southern bylaw enforcement officer's capabilities from three to four days a week.

"The additional hours will

improve enforcement work [in the southern islands and on Salt Spring] and in enforcement policy as well, freeing up some of the bylaw enforcement manager's time for policy work."

The \$12,400 expense will also serve to replace the nearly \$14,000 in additional hours and overtime logged by the southern bylaw enforcement officer in 2012/2013, according to information in the budget package.

Funds will be provided to develop research and advocacy work for sustainable ferry service (\$20,000), pursue nearshore mapping (\$32,000 over two years) and continue with riparian areas mapping (\$71,000).

# Volunteers praised for rescue efforts

RESCUE  
continued from 1

Heggie, who suffered only a few bruises on her knees and legs, said she is grateful and impressed by

her rescuers' professionalism and efficiency. Bolt also managed to escape the ordeal without any injuries.

"It was a little bit nerve-racking, but they were amazing," she said. "They were so well trained. For a group of mostly volunteers, it's really amazing."

The incident has become the talk of the town in the community of roughly 2,500



Bolt the blue heeler cross

residents, especially since Heggie's spouse, Rick McMullen, posted his recording of "Diva Rescue" to YouTube soon after the incident.

Boyet said the island's rope team is called to the steep south-facing bluffs about two or three times a year.

The rescue required assistance from Pender Island Fire-Rescue, the BC Ambulance Service, the Southern Gulf Islands Emergency Program and the Outer Islands RCMP.

"Everyone involved did a fantastic job," said Const. Brian Davie of the Outer Islands RCMP.

"Dogs are curious creatures by nature, which can sometimes put them into precarious situations," he added. "It is always advisable to leash your animal when venturing out into the unknown."

TRANSPLANT

# Reimer stabilized for lung wait

Second transplant hopes high

BY ELIZABETH NOLAN  
DRIFTWOOD STAFF

James Reimer's family is hopeful the young man could receive his second double-lung transplant sometime in the next few weeks now that his condition has stabilized with help from an artificial heart and lung machine.

James' mother Kathy Reimer has been away from her Salt Spring home for months to be by her son's side at Toronto General Hospital, where he has been in the specialist wing for transplant patients since last August. James' first double-lung transplant, needed to replace organs damaged by cystic fibrosis, failed after initial months of success.

"It's all good news, but it's honestly really hard. It just seems like one thing after another," Reimer said while on her way to relieve her daughter-in-law Adena at the hospital on Tuesday morning.

The fact that a girl on the ward who was also waiting for a second transplant received new lungs this week has Reimer looking to

the bright side, with hopes her son could soon be next.

James has been receiving life support through the extracorporeal membrane oxygenation (ECMO) machine, which was connected through surgery on his 29th birthday on Feb. 23. Since then his condition has improved enough that a second transplant is now a possibility. Reimer said his first failed pair is still in place so that the muscles that pump the lungs and heart don't forget how to work.

Things are looking more positive than they have for a while, but the family is feeling the strain of James' ever-changing condition. His mother and wife are taking turns staying with him and trying to catch some sleep.

One or both of the women is at the hospital from 9 a.m. each morning until they get kicked out around 8 p.m. each night.

"We are always awaiting the next critical shift. We sleep in wait for the phone to ring," Adena explained in the blog she writes about the situation.

Reimer said it's hard to sleep because they're always on alert for that call — either letting them

know new lungs have been found, or the unthinkable news that James' condition has deteriorated — but it's almost better when they don't have enough clarity to think about the possibilities.

"Sometimes it's better to be numb," Reimer said.

Throughout the process James himself has remained mainly in good spirits, never complaining, although he does say he wants new lungs now.

"The guy is just so brave. He's like that Duracell bunny — he will not stop being," Reimer said.

"His grandfather was a real gentleman and that's what Jamie's like. He's always more concerned about how everyone else is doing, so that's why we keep up a brave front."

Reimer expressed her appreciation for Toronto General's program and staff.

"They've been really, really nice to us. They are really supportive of families there," she said.

"We're just so lucky we're here. It's just remarkable."

More information and updates about James' condition can be found at <http://breathetoblog.blogspot.ca>.

NEWS  
UPDATES

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# OPINION



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 Bronze - General Excellence | Bronze - Historical Story (Elizabeth Nolan for First Nations history)

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 Silver - General Excellence | Silver - Special Publication (Aqua magazine)

**2012 BC & Yukon Community Newspapers Association Awards**



## EDITORIAL

# Waiting for results

**M**alherbe, de Kock and Strumpfer, Leavitt and Benlou. They were the first wave of doctors to leave Salt Spring in the past few years.

Leon and Berg were next, and MacPhail and Woodley are going.

Until now, there has always been someone new to take up the slack, and the patient list, of a GP who'd either had enough of the emergency room shifts, didn't like the school system or wanted to build a more lucrative type of practice. But with two more doctors leaving and a patient-driven recruitment campaign failing to get any bites, it looks like many islanders could be out of luck before long.

Just why it's so difficult to convince a physician to move to Salt Spring and then stay here is hard to say, particularly when so many other people want to live on the island.

**THE ISSUE:** Island health care  
**WE SAY:** Systematic changes needed

Seniors and kids aged four years old and younger were among the demographic areas that Census 2011 found booming — both groups that probably take up a lot of physician hours.

This week the Driftwood begins a series of stories examining local recruitment challenges and some possible service delivery alternatives. As we discover, patient groups working without the support of a municipal group or other supporting body can only do so much to convince a doctor from somewhere else to come here and set up shop.

The suggestion has been made that recruitment is difficult because modern doctors no longer want to be independent business people, working the system to make a profit with an assembly line of patients zipping along the conveyor belt.

What is the alternative? Changes to the system that would allow a diversity of health care delivery methods, such as have been introduced in other communities, may be required to sort this situation out.

The new provincial program A GP for Me sounds like a great start — but Salt Spring doctors and patients will have to advocate joining a Division of Family Practice in order to receive its funding.

With doctor fatigue already high and patients concerned with their own problems, island health care may see a significant drop in its vitals before a cure is found.

## A CANADIAN MIGHT BECOME THE NEXT POPE ELECT



VIEWPOINT by Elizabeth Nickson

# Bad green regulation is harmful

Rather than answer Greg Spendjian's extensive complaints last week about my earlier column on Land Use Bylaw 355, (which apparently one is not permitted to question), I would refer him and other complainants to my recently published book, *Eco-Fascists; How Radical Conservationists Are Destroying Our Natural Heritage*.

Therein he will find a great deal of properly performed research around the issues I brought up in the disputed column, especially that much green regulation satisfies and pleases the comfortable and educated middle class because the costs do not fall on them, but on the working class, young families and the elderly who pay for that regulation by a diminishment of their lives.

The book was commissioned by one of the most distinguished editors working today, Adam Bellow, Saul Bellow's son, who has his own imprint at Harper Collins in New York. Adam Bellow's intent as a publisher is serious, as is mine as writer. As a result, the book received extensive vetting, and a rigorous copy edit, after which an independent fact checker was hired, and the corporation's lawyer (himself a confessed man of the left) was so shocked, he took six weeks to further check my work.

Upon publication, the National Center for Policy Analysis in Washington, D.C. was surprised enough by my findings they sent my original statistical analysis (in which I was aided by Matt Watters, a young statistician on the island and the kind of resident we need) to the National Agricultural Statistics Service at the U.S. Department of Agriculture for checking. The USDA should not have been inclined to approve my work, because I lay a large part of the blame at their door. But no, they were impressed. As at every stage in this most rigorous of processes, the word came back that I had done a very good job. Subsequently the Mercatus Center, also in D.C., based a November 2012 paper and conference, called *From Presumption to Proof, the Future of Regulation*, in part, on my work.

Bad green regulation, of which we have a lot on Salt Spring, has many unintended and truly awful consequences, and these latter almost always impact the less advantaged. Bad regulation rarely attaches a cost analysis to its implementation. Employment loss is routinely under-estimated and trivialized and the benefits of many regulations go disproportionately to wealthier households while the costs fall more on lower-income households. An extensive examination of the harm caused by bad green regulation can be found in the above-cited paper, and in *Eco-Fascists*.

Let me reiterate that I live in a carbon-neutral rammed earth house and I have covenanted half my property. A salmon enhancement pond sits at the intersection of my creeks. I want good green regulation that increases human health and wealth, which I argue are strongly linked, but I want data, not utopian or fear-based projections. I want genuine harm demonstrated in the real world before I vote to choke the lives of the less fortunate.

Our culture has come a long way using evidence-based management; any other way is pure folly. Hard evidence — audits of forests, ranges, watercourses and rural lives — is now showing the extent of that folly.

Not having an indexed government pension, I appear to have about four jobs, and cannot enter into an extended debate with my critics, unless they read the book, at which point, I'd be happy to oblige.

And the sneering attitude and ad hominem attacks of Mr. Spendjian form the reason that we cannot have a civil dialogue about very real problems on the island. His piece was a form of bullying; I am used to it and can tolerate it. Most people cannot and are thereby silenced.

The writer is a Salt Spring-based author.

### THIS WEEK'S QUESTION:

## Do you support legalizing doctor-assisted suicide?

Yes  No

Cast your ballot online at [www.gulfislandsdriftwood.com](http://www.gulfislandsdriftwood.com) before Monday at midnight or clip this box and drop it at our office before Monday at 4:30 p.m.

### LAST WEEK'S QUESTION:

## Do you think the BC NDP will win a majority government in May?

53  
35  
YES NO

# Driftwood

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# ISLAND VOICES

**QUOTE OF THE WEEK: "One way or another, the government gets the money!"**

RENE WIDMER, CALVIN'S BISTRO, ON RETURN TO THE PST

## SALT SPRING SAYS

**We asked:**  
What your ideal spring break?



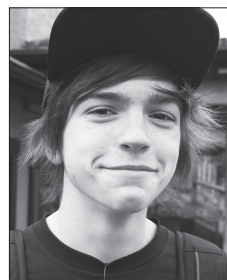
**ANIKA KITKA**  
*Somewhere warm like Thailand would be cool.*



**KAI KIKUCHI**  
*Skiing at Mt. Washington.*



**BARRY GOODWIN**  
*A lot of partying and some good weather.*



**JOSH CRANDALL**  
*Skiing at Whistler.*



**MIRKO PROKOP**  
*Surfing in Tofino*

## Letters to the editor

Letters to the editor are welcome, but writers are requested to keep their submissions to 350 words or less. Letters may be edited for brevity, legality and taste. Writers are also asked to furnish a telephone number where they may be reached during the day, and to sign their letters with their full name. Thank you letters will not normally be considered for publication. **Read and reply to letters online at [www.gulfislandsdriftwood.com](http://www.gulfislandsdriftwood.com) under the Opinion tab.**

### Real money

Regarding the new fire hall project, I fully appreciate the services provided by the organization but strongly protest the current design and costs of the structure proposed. The new structure should be a utilitarian, functional structure that serves the need to provide protection to the equipment and a safety-functional administrative area for office needs and not an overbuilt station trying to achieve an architectural award.

Build what is required for an anticipated requirement for 20 years out with the ability to expand (if the need is required) in the future. No one can anticipate the requirements for equipment (numbers or design) and staffing needs further out from then, so don't build the additional

structure now but do ensure that it can be easily adapted or added to as the need is realized. A steel structure may not be sexy but it is functional and as a taxpayer supporting this project I want to see that option on the table along with other cost-effective alternatives.

There is far too much rationalization of expensive, over-the-top projects by breaking costs down through only "so many dollars per year per taxpayer." The dollars are real money and these projects need and should always be articulated by the total capital amount and no other way. Those costs should also include the yearly amounts to maintain and service the structure so the taxpayers are aware of all of the costs.

**TONY MAUDE,**  
MORNINGSIDE DRIVE

### Motives tarnished

I strongly object to the interpretation given by Driftwood editor Gail Sjuberg to the recent Court of Appeal ruling against former trustees Torgimson and Ehring. ("Appeal decision hits local governments," Feb. 20 Driftwood).

Any member of our community can offer an opinion, however ill-informed. A journalist, however, and particularly the editor of a newspaper, is expected to have researched the facts before putting words to paper. It doesn't appear that Ms. Sjuberg has bothered with this detail.

It was made clear in the ruling that "conflict of interest" does not presume that the elected official is putting money in his/her own pocket.

It arises from having allegiance, obligation, or "interest" that may conflict with what is owed the public. This principle is, and has been, imbedded in our laws for some time. It does not prevent elected officials from participating in community organizations. It does not diminish their involvement in other deserving community affairs.

It does mean that they declare a conflict if a matter involving that organization, however worthy, comes before them when they are acting in their capacity as an elected official. It's simple: step back from that decision process and leave others to vote. While this may be more awkward for a political body with only three officials, there are legal avenues that are available.

Ms. Sjuberg tarnishes the

motives of the petitioners through her assertions that any/all of us acted out of political malice, or, absurdly, that we fail to support the objectives of clean water or healthy environment. Speaking for myself, the protection of the environment and climate are fundamental in my family's life.

Because of this dedication, I had sought to become a member of the Climate Action Council. I was interviewed by ex-trustee Peter Lamb (a CAC director) and Elizabeth White for an hour and a half. Peter questioned how I could be a knowledgeable and avid environmentalist, yet petitioned the court against the recent funding by the Trust. I answered that the petition dealt with the illegal method in which the money was awarded, and had nothing

to do with my convictions regarding climate action. Regardless, I was refused membership.

The law cannot allow for elected officials to engage in acts of conflict based on the notion of "good deeds." Frankly, if I had already been a member of the CAC at the time of the trustees' actions, I would still have become a petitioner.

The democratic process is far too valuable to look the other way just because the action favours something I endorse.

If Ms. Sjuberg fails to understand this, she has bigger problems than being an editor.

**DEREK HILL,**  
SALT SPRING

**MORE LETTERS** continued on 8

# Non-verbal hitch-hiking dictionary needed

Hitch-hiking has long been one of the major modes of transportation on Salt Spring Island. Even in this day and age, with public transit and tideshare and electric bikes, "thumbing a ride" continues to be a viable alternative for getting around here on the rock.

I know a little bit about the art of hitch-hiking. During the 1970s, I thumbed my way back and forth across Canada three times accompanied by my faithful collie/shepherd cross, Tyrone. We slept on the side of the Trans Canada in Wawa, waited out a blizzard in Lloydminster, and resorted to hopping a freight train in Dryden after 36 consecutive hours of futility. On more than one occasion, I was told by the drivers who picked Tyrone and me up that the only reason they stopped was because they felt sorry for the dog.

So, like I said, I know a bit about the subject. Hitch-hiking is all about nonverbal communication. The individual seeking a ride demonstrates his intent by making a physical gesture which is easily recognizable by the passing driver. In many parts of the world, this intent takes the form of a forefinger pointing in the direction the hitcher wants to go. In North American society, it is the thumb of the right hand that indicates the desired request.

The act of extending the thumb has changed over the years. It used to be a very

passive motion in which the hitcher nonchalantly dangled his thumb out into space as if he didn't really care whether someone stopped to pick him up or not. The hitcher might just as easily be doing some kind of traffic survey for the highways ministry as trying to actually get somewhere.

In recent years, the act of hitch-hiking has become much more aggressive. Today, most hitchers jerk their thumb-carrying arms up high into the air as each successive vehicle approaches. The arm action is accompanied with an upward tilt of the chin and a cold-blooded "stare down" of the driver. The subtext here goes something like this: "Sure, go ahead and drive by me without stopping to pick me up. That's your right. But I'm taking a good look at your face and if our paths ever cross again, this thumb is going right up your left nostril."

It seems unfair that drivers don't have an equally universal non-verbal language to express their intentions or explain any mitigating circumstances to the hitch-hiker. Oh sure, the motorist can point left or right to show he will be making a turn soon. Another somewhat less understood hand motion is when the driver lines his forefinger parallel to his thumb and holds the two apart



**Shilo Zylbergold**

**NOBODY ASKED ME BUT**

the slightest distance while making a crablike pincer motion. This should indicate to the hitcher that the driver is not going very far and will be stopping shortly so there is no point in picking anybody up. Of course, "far" is a very subjective word and

could mean that the driver intends to pull over for a break as soon he gets to the Panama Canal.

We should be able to agree on a small dictionary of hand signals that would explain to the hitchers why they aren't going to be picked up. When the driver makes the sign of a cross, it means he's on his way to church. Tracing out the letter "B" in the air with a forefinger means he's late for Bingo. Tipping back an imaginary bottle of beer should be interpreted as the driver is on his way to the bar but will pick you up later if he is in need of a designated driver. Tapping the rear-view mirror and then poking a finger in one ear should tell the person thumbing that the car behind you has more room (and better speakers).

Three taps on the shoulder followed by a slap to the forehead indicates that you forgot it was your turn to pick up your daughter and her two teammates from soccer practice. A tug on your shoulder harness means

your seat belts have slipped down under the seats and are now so covered in dust, lint, and candy wrappers that you're too embarrassed to let anyone into your car.

Another easy to understand sign is when the driver traces the shape of a kidney bean on the windshield. This, of course, is the universal "I would really like to pick you up but I'm on my way to the hospital to donate a kidney" signal.

Nobody asked me, but don't you think life would flow more smoothly if hitch-hikers knew exactly why drivers were not picking them up? Think of all the hurt feelings that would dissipate into thin air if the hitcher knew he wasn't being rejected because of some inner inadequacy, but instead because the driver had to rush home to make sure that the BC Hydro representative did not cross him off the list and install his smart meter next door at the metal recyclers.

Likewise, think of all the driver guilt you could avert if you could explain to hitch-hikers that the reason you can't possibly stop to pick them up is because you're on your way to deal with another emergency algae bloom on St. Mary Lake (both thumbs up your nose and steer with your knees). Come to think of it, you might actually be doing the hitchers a favour by not giving them a ride.

[thyme2001@hotmail.com](mailto:thyme2001@hotmail.com)

## Gratitude for LMH nurses

I am writing to compliment Lady Minto Hospital on the standard of nursing care that was given to my partner throughout a recent extended hospital stay in the acute care department.

Despite all the challenges her illness presented, day after day and night after night the nurses were caring, professional, helpful, knowledgeable and reassuring. They work such long hours, yet even at the end of their gruelling shifts they could be patient, competent and kind.

Despite all the demands on their time and attention, we always

## MORE LETTERS

knew they were there for us whenever we needed them. We felt cared for as individuals.

Conferences with the nurses are what helped us to find mechanisms of support and a revised medication regime that made all the difference in achieving the healing that was possible.

Although we are an unconventional family, we felt supported, witnessed and celebrated by every nurse on staff. I feel we are incredibly blessed as a community by this standard of nursing care.

**CAFFYN JESSE KELLEY,**  
SALT SPRING

## Don't push business away

I have been coming to Salt Spring Island for as long as I can remember. Travelling back and forth from Victoria was a way to escape the city and to enjoy the clean country living that this island is all about, which brings me to the reason I am writing this letter.

I work full time for John Quesnel at Salt Spring Metal Recycling located at 440 Rainbow Rd. I am having a hard time trying to understand why it is that the Local Trust Committee and our neighbours are not trying their best to find a positive solution for this much-needed business.

Was the LTC not established to

maintain the island's best interest and the people's thereafter?

I would like to say from firsthand experience that without John's business the metal that comes through here and gets recycled would still be in ditches, backyards and wooded areas, as this is where we get it from.

The sheer volume and weight of metal John has removed from this island should make him eligible for an award and probably would in any other small-based community because communities stand together and work towards a greater goal.

The location John is at today is directly underneath massive power lines, the water in the surrounding area has arsenic in it from run-off up the hill, there is an air traffic high-

way above, there are three automotive shops on Rainbow Road, there is a cement plant, a paper and plastic recycling yard, industrial tool rentals, a lumber yard and a gas station. Rainbow Road sure sounds industrial to me.

John has lifted a huge weight off this island's shoulders and I know the land thanks him for it. Now you need to thank him instead of trying to run him out.

Please do not ruin our island. Help us help you keep it green and clean! Come by, our doors are always open — come show your support.

**HARLEY JOBIN,**  
SALT SPRING

MORE LETTERS continued on 9

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# FOCUS ON SENIORS

## Four ways to reduce osteoporosis risk

Men and women over the age of 50 are at risk for osteoporosis, a disease marked by reduced bone strength leading to an increased risk of fractured or broken bones. Osteoporosis is the major underlying cause of fractures in postmenopausal women and in the elderly. Often, a fracture of the hip, spine, or wrist is the first sign. B.C.'s physiotherapists want to share their Physio-4 for osteoporosis, four tips on how to treat osteoporosis, to keep British Columbians moving for life.

**1. Know your fracture risk.** Women and men over age 50 should be assessed for risk factors for osteoporosis and fracture to identify if they are at high risk. Osteoporosis occurs most commonly in postmenopausal women,

however prevention of this condition should begin in one's 20s. Men and women should perform resistance type exercises throughout their lifetime to help reduce the decline in bone density. Your physiotherapist will establish a strengthening program with resistance exercises to suit your risk factor and help you to build stronger bones.

**2. Undertake weight-bearing exercise.** If you are diagnosed with low bone density or with osteoporosis, adopting a weight bearing and strength training exercise program will improve your bone health. It has been shown that weight-bearing exercise also improves muscle strength and balance and helps improve physical function and reduce pain.

**3. Improve balance.** You can prevent falls and fractures by following a therapeutic exercise program designed to improve balance and coordination. This will also help to build bone density. Your physiotherapist can create an individualized exercise program for you.

**4. Avoid repetitive bending and twisting.** Lifting or carrying loads that are disproportionate can be dangerous for those with low bone density. Your physiotherapist can provide guidance on specific movements to avoid or how to move safely.

To learn more about how physiotherapists help keep British Columbians moving for life, visit [movingforlife.ca](http://movingforlife.ca).

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## Misleading statements

Scott Simmons posted some comments online recently that oversimplified the necessities of a fire hall and its construction. When he makes these kinds of broad brush statements he risks misleading people.

A fire hall is actually a very complex building and I have worked out of more than 30 of them and experienced short-sightedness in their design first hand.

The fire hall/emergency centre proposed for Salt Spring Island has to incorporate everything from an administration centre, fire district headquarters, emergency operations centre, education centre for school kids, training rooms for firefighters, compressor/filtrations systems for air bottle filling, an emergency generating plant, decontamination systems, drying rooms, maintenance shops, dormitories, kitchen/dining areas, training library, archives, and radio/dispatch centre, among many other things. It will also be the new home for the Salt Spring Search and Rescue group.

This building also has to incorporate environmental protection systems to prevent fire contaminants

from entering the water system and is planning to incorporate water collection systems and other sustainable green features. The building Scott claims to be vastly cheaper than what we may propose does not include any of these needs.

Lastly, the architect for the new hall is familiar with the use of pre-fab steel buildings as well as many other construction materials and will use the best combination of materials as suited for this building's needs, environmental dictates and that post-disaster building codes allow.

When Scott makes arguments for a building materials supplier I question his motivation and fair-mindedness as a potential fire board trustee. Asking the board of trustees to discuss the pros and cons of pre-fab steel over other materials is like a salesman arguing with a surgery patient whether they should have thread or staples for sutures.

All building suppliers should talk about materials to our expert "surgeon," who has built over 40 fire halls — not the "patient."

The fire trustees have stated that our goal is to build an emergency centre that is "sustainable, affordable, functional and effective"

— SAFE. To simplify this project by comparing it to a garage or a hollow steel shell used for tennis is unfair and misleading.

**RON CHAMNEY,**  
SALT SPRING FIRE TRUSTEE  
AND 2013 FIRE BOARD  
CANDIDATE

## Read Island Savings resolutions

We are not sure that most Island Savings members have read the important information in the newsletter included in the January statements.

We would like to point out an important special resolution about a "2012 Rule Revision" to be voted on next week, from March 18 to 22, by members at our branch.

#7 Resolution - Proceedings of Directors: the board wants the power to set their own pay, without having to ask the members' opinion first. To our mind this is a very bad idea because it opens the door to abuse of power. With the best will in the world, we are all capable of overestimating our own self-worth, especially when it comes to "competitive" income levels.

All you have to do is to look at the compensation

of any big company: they go through amazing contortions to justify their directors' and executives' pay, some of which are outrageous.

At present, Coast Capital Credit Union's members are trying to return control of their directors' remuneration to the members. The directors of Coast Capital have voted themselves an increase of 500 per cent (yes, 500 per cent) during the last five years, having the power to set their pay levels. Read about it at [www.coastcapitalcompensation-watch.com](http://www.coastcapitalcompensation-watch.com). There is a very interesting comparison of around a dozen B.C. companies, directors' and executives' remuneration. Credit unions are not banks but co-operatives, after all.

The #7 resolution also includes changes to the "shares and deposit rules," removing them from the main body of rules, and would now be under the control of the board. We are not sure this is a good idea since we don't have any contact with our board over the year.

Members should look at the ISCU website and/or ask for information at the front desk. Voting is next week.

**MARIE BEAUDOIN AND  
MARTIN WILLIAMS,**  
SALT SPRING

Grafix; Uptown Pizza; Thrive Lifestyle; Gulf Islands Driftwood; Salt Spring Inn; ArtSpring theatre; Harlans Chocolates; Cherry Blossom Clothing; West of the Moon; the Islands Marketplace; The Fritz Movie Theatre. And to the families and community "fools" who collected sponsors, brought baked items and attended our fun event — much gratitude!

Many thanks to Kurt Irwin for organizing last Saturday's awesome surprise! From Art, Karen, Steve and Trudy

I wish to send a lovely rose to the person who left a plant pot of beautiful spring flowers at my front door at Kingfisher. I have moved it to my new place and it brings cheer every time I look at it. It was a delightful surprise, not to mention an intriguing mystery, to discover it. I would love it if you would identify yourself so I can thank you in person. Meanwhile, thanks again for the refreshing breath of spring. Lee Evans

A special rose and many thanks to Meghan and her staff who kindly helped me when I fell in front of the store last Thursday. God bless you all, Helene

A big thank you to hospital emergency staff for gentle, kindly care of our son's injury. Also a big thank you to Nicola and Isabella for taking care of our girls during that time. Now he is fine and running again! Aki and Akiko

A silver truckload of sparkly red roses to hard-working Jonah and Jay of Salt Spring Car Detailing for the awesome job they did on my dirty car. Much success to you. Andrea

## RANTS and Roses

A toolkit full of roses to each of the employers who sponsored the nine 2012 Secondary School Apprenticeship Scholarship winners featured in last week's Focus on Education pages in the Driftwood. Your dedication to training the tradespeople of tomorrow is very much appreciated by the community and the staff at GISS. Thank you to Micheal Dragland at Dragland Design & Build, Rene Widmer at Calvin's, Mike Fraser at Fraser Auto, Neil Kerrigan Construction, Tony Hambrook Construction, Steven Overholt of Market Place Cafe, Stephan Heine of Pretzel Motors, Jason Coles of Barb's Bakery & Bistro, Paul Robertson of Victoria Golf Club, Andrew Archer of Archer Electric and the late Steve Stevenson of Steve's Electric.

The RCMP sends a dozen terabytes of ruby red roses to the owners of Electronic Ark for keeping things rolling at Ganges Provincial Court last week.

A bus load of spring cherry blossoms to Alistair at Salt Spring Transit for saving the day with a "key" delivery.

An animated dancing rose to Jan Rabson for reaching out to the Vancouver-based animation studios of PIXAR and Bardel and nurturing the passion in the hearts of local GISS media arts/fine arts students who experienced the "best day of our lives" touring studios and meeting the animators. Thanks, Jan!

A bouquet of well-dressed roses to Jennifer Shaw, Donna Robinson, David

Griffiths and Bruce Wood for the time they spent sharing tips for successful job hunting with the work experience students at GISS. From the Connecting Generations team and career programs

I want to thank all of you who have taken the time to congratulate me, whether by phone, email, or in person, for the "Oscar" I received at the recent Academy Awards. I am deeply touched by all the attention. Another reason why those of us who have chosen to live on Salt Spring Island know we have made the right decision. After 34 years in the business it is, indeed, a great way to tap off a great career.

A celestial chariot of pink-and-white trailing roses to Bobby, Rudy, Harvey, Mark, Heidi and Michael for all of your much-needed help during my recent illness. Bless you all. Leslie

At least 150 rare and unusual roses from StageCoach Theatre School to everyone who helped make our March of Fools Variety Show and Fundraiser a great success: Bob Twaites, our beloved teacher and Master of Disaster; David Jaquest, for supplying and running sound; Marie Mullen, Kristi Spencer and the SD64 team; The Resistance — Noah Sherrin, Brendan Elwell, Owen Twaites, Daniel Hunter; belly dancer Sarah Allen; Phoenix Lazare and Carly Davenport; beat poet Gillian Sellman; the GISS Improv Team Mash Up; Jennie and Jason at Barb's Bakery and Bistro; Persnickety Clothing for Kids; TJ Beans; Salt Spring Books; B-Side Clothing; Acoustic Planet Music; Contour

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**Quilting Bee**

Sunday April 14, 2013  
9:00 am — 4:30 pm  
Farmers' Institute Hall

**Volunteers Needed**

Quilters for making quilt tops.  
Sewers for making bags.  
Helpers to pin, tie, iron etc.  
Bakers to make goodies for the lunch.  
Helpers for setup Sat. Apr. 14 4:00  
Helpers for takedown Sun. Apr 14 4:30  
Donations of materials and funds are welcome.

Phone: Marguerite Lee 250 537 5302  
or email: [islandcomfortquilts@shaw.ca](mailto:islandcomfortquilts@shaw.ca)

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WATERWORKS DISTRICT**

**NOTICE**

**FLUSHING OF  
WATERMAINS**

FLUSHING OF WATERMAINS WILL BE  
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TUESDAYS, WEDNESDAYS, THURSDAYS  
AND FRIDAYS -  
MARCH 19 - MAY 24, 2013

Short periods of low pressure and  
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will receive advance warning of flushing in  
their vicinity if a request for such notification  
is received by the District.  
Please contact the NSSWD at 250-537-9902.

In no case can the District accept responsibility  
for any claims arising out of the use of  
discoloured water.

# what's on this week

www.driftwoodgimedia.com/calendar



Wed. Mar 13	Thurs. Mar 14	Fri. Mar 15	Fri. Mar 15	Sat. Mar 16	Mon. Mar 18	Tues. Mar 19
<b>LIVE ENTERTAINMENT</b> <b>Open Stage with Richard Cross.</b> Every Wednesday night at Moby's. 8 p.m. <b>ACTIVITIES</b> <b>Duplicate Bridge.</b> Register with Joan, 250-537-4581 or hum123@shaw.ca. Salt Spring Seniors Services Society. 1 p.m. <b>Beddis and Purdy Family History.</b> Linda Koroscil gives presentation at SS Historical Society meeting. Central Community Hall. 2 p.m. <b>Living Without Back Pain.</b> Bowen Technique practitioner Christin Boyd gives presentation. Pure Pharmacy. 5:30 to 7 p.m. <b>Texas Hold'em Poker.</b> Sign up 6:30. Round final at The Local. <b>Middle School French Immersion.</b> Information meeting for new parents. SIMS Library. 6:30 p.m.	<b>LIVE ENTERTAINMENT</b> <b>Open Mic with Richard Cross.</b> Every Thurs. at The Local. 6:30 p.m. <b>Sara Davis Buechner.</b> Renowned Canadian pianist performs. ArtSpring. 7:30 p.m. <b>Harold and Maude.</b> Extra show added for SS Community Theatre play. Mahon Hall. 7:30 p.m. <b>ACTIVITIES</b> <b>Kundalini Yoga for Women.</b> With Shannon Cowan. The Gatehouse, Stowel Lake Farm. 9:30 a.m. <b>Kundalini Yoga All Levels.</b> With Shannon Cowan. Art Barn. 5:15 p.m. <b>Rollerblading to Music.</b> Fulford Hall. 7 to 9 p.m. <b>Knit Night.</b> Fernwood Road Cafe. 7 to 9 p.m. <b>Fri. Mar 15</b> <b>LIVE ENTERTAINMENT</b> <b>Double H.</b> Live music. Tree House Cafe. 6 to 9 p.m.	<b>LIVE ENTERTAINMENT</b> <b>Harold and Maude.</b> A Salt Spring Community Theatre production. Note: Not for young children. Advance tickets at SS Books. Mahon Hall. 7:30 p.m. <b>Asif Ilyas.</b> Progressive pop/acoustic artist from Halifax on CD launch tour. Moby's. 8 p.m. <b>ACTIVITIES</b> <b>StoryTime at the Library.</b> Margaretha brings us the rhythmic fun of Farm Beat and other rhyming stories. Salt Spring Public Library. 10:30 a.m. <b>Ideas of March - Authors at the Library.</b> Kathy Page and Derek Lundy. In conjunction with the 111 West Coast Literary Portraits exhibit and book published by Mother Tongue Publishing. Salt Spring Library. Noon to 1 p.m. <b>Curious George Film.</b> A SS Coop Preschool event and fundraiser. The Fritz Movie Theatre. 4 p.m.	<b>ACTIVITIES</b> <b>The Composite Eye.</b> Photography workshop with Greg Klassen runs from Friday evening through Sunday afternoon. Info/register: Chris Dixon at cw.dixon@shaw.ca, or call 250-537-2840. Harbour House Hotel. <b>5Rhythms With Shauna Devlin.</b> Moving meditation practice. Still Point Yoga Studio. 7 p.m. <b>Sat. Mar 16</b> <b>LIVE ENTERTAINMENT</b> <b>The Barley Bros.</b> Live band. The Local. 3 to 5:30 p.m. <b>Black Velvet Band.</b> Live music. Tree House Cafe. 6 to 9 p.m. <b>Brad Prevedoros.</b> Guitarist, jazz, flamenco. Harbour House Hotel. 6:30 to 9:30 p.m. <b>Harold and Maude.</b> See Friday listing. Mahon Hall. 7:30 p.m. <b>Beat and the Sneaks St. Paddy's Day Dance/Fundraiser.</b> Salt Spring rock/funk/reggae. Meaden Hall. 7:30 p.m. <b>Waltz/Tango Night.</b> Salt Spring Chamber Orchestra. Fulford Hall. 7:30 p.m. <b>Tumblin' Dice.</b> Moby's. 8 p.m.	<b>ACTIVITIES</b> <b>Puppet Show at the Library</b> Short TALL Tales with Entangled Puppetry. Salt Spring Island Public Library. 1:30 p.m. <b>Sun. Mar 17</b> <b>LIVE ENTERTAINMENT</b> <b>Harold and Maude.</b> Final performance. Mahon Hall. 2 p.m. <b>Brad Prevedoros.</b> Harbour House Hotel. 6:30 to 9:30 p.m. <b>Never Never Band.</b> Moby's. 8 p.m. <b>ACTIVITIES</b> <b>Ethical Issues Regarding End of Life Decisions.</b> A Dying With Dignity special presentation by Dr. Johanna Fisher. Harbour House Hotel Orchard Room. 1:30 to 3:30 p.m. <b>Pickleball Sundays.</b> Fulford Hall. 9 a.m. to noon. <b>Vespers for St. Patrick and St. Brigid.</b> Service with a Celtic flavor and contemplative atmosphere, with music by Rasma Bertz. All Saints By-the-Sea. 4 p.m.	<b>ACTIVITIES</b> <b>Kids' Cooking Course.</b> PARC & Thrifty Foods team up to offer March 18 to 22 course for kids aged 8 to 12. SIMS kitchen. 10 a.m. to 4 p.m. Register at PARC: 250-537-4448. Sessions will be held in the Salt Spring Middle School teaching kitchen, March 18 to 22 from 10 a.m. to 4 p.m. Cost is \$50 for the week. Call the PARC office at 250-537-4448 to register. <b>Musical Theatre Classes.</b> March 18 to 22 sessions for kids aged 6 to 12 led by Sue Newman begin. 10 a.m. to 3 p.m. Register at http://saltspringartsacademy.ca/workshop.html.	<b>ACTIVITIES</b> <b>Central Community Hall Board of Directors Meeting.</b> Public welcome. Central Community Hall. 7 p.m. <b>Wed. Mar 20</b> <b>LIVE ENTERTAINMENT</b> <b>Simply Organic.</b> Organ recital with Don Conley. All Saints By-the-Sea. 10:10 a.m. <b>Open Stage with Richard Cross.</b> Every Wednesday night at Moby's. 8 p.m. <b>ACTIVITIES</b> <b>Hands on Nature at the Library: Living Water.</b> Explore the beautiful, ugly, and surprising life in the waters around us with David Denning. For children ages 6 to 12. Salt Spring Island Public Library. 1 to 1:45 p.m. <b>Duplicate Bridge.</b> Register with Joan, 250-537-4581 or hum123@shaw.ca. Salt Spring Seniors Services Society. 1 p.m. <b>Meaning in Music Course.</b> Series taught by George Ehring running five Wednesdays starts tonight. ArtSpring. 7 to 9:30 p.m. <b>Stitch Dimension Quilt Guild.</b> New members and visitors always welcome. Meets on the first and third Wednesday of each month. Salt Spring Baptist Church. 7 p.m.
<b>Mon. Mar 18</b> <b>LIVE ENTERTAINMENT</b> <b>Gumbboot Gala.</b> Salt Spring Folk Club concert hosted by Valdy and Bill Henderson. Doors open at 6 p.m. for season's pass holders, 6:15 p.m. for others. Music begins at 7 p.m. <b>ACTIVITIES</b> <b>Salt Spring Fire Protection District Trustees' Meeting.</b> Regular monthly business meeting. Ganges Fire Hall. 7:30 p.m. <b>Little Movers Classes.</b> March 18 to 21 acro-dance, tumbling and yoga program with Kristen Lewis. Salt Spring Arts Academy. Ages 4 to 6 from 3:30 to 4:30 p.m.; ages 7 and up from 4:30 to 5:30 p.m.						

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## LINCOLN

OSCAR WINNERS FOR BEST ACTOR DANIEL DAY-LEWIS AND SET DECORATOR JIM ERICKSON

Curious George a 4:00 special matinee to support The Salt Spring Co-op Pre School. Every one welcome. Rated G, 87 minutes.

**Playing Friday March 15**

180 min Rating: PG

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**CINEMA**

- Steven Spielberg directs Daniel Day-Lewis in **Lincoln**, a drama that focuses on the President's final months in office. In a nation divided, Lincoln must try to end the war, unite the country and abolish slavery. His choices will change the fate of generations to come.

**EXHIBITIONS**

- Photographer **Rob Cronin** shows work at Fernwood Road Cafe, with a Meet-the-Artist reception on Sunday, March 17 from 2 to 4 p.m.
- Shari Macdonald** shows new photography at **Cafe Talia** until the end of March. The exhibit features long exposures of landscapes and simple, elegant close-ups.
- From Dance to Canvas** — a student exhibition of artwork connected to a dance performance by **Montreal's Bouge de là group.** ArtSpring gallery until March 7, and at **Island Savings** for the month of March.
- New paintings and drawings by **Ken Ketchum** and photography by **Larry Melious** are in the restaurant and lobby areas of the **Harbour House Hotel.**
- Salt Spring Island Painters Guild** members have drawings and paintings on display in their Creative Choices show in the **ArtSpring** lobby through **March.** (A special show and sale also runs March 23 to April 2.)
- 111 West Coast Literary Portraits**, an exhibition of author photographs by **Barry Peterson** and **Blaise Enright**, takes place in the multimedia program room of the **Salt Spring Library** in **March.**
- Salt Spring Basketry Guild** members show work in the display case of the new **Salt Spring Public Library** through the month of **March.**
- Clare Lannan** has an exhibit of work from China at Salt Spring Coffee Company Cafe.
- A Walk Up Island** — local photographs by **Avril Kirby** are hanging at **Penny's Pantry** for the month of **March.**
- Clarity Jigme Kunga** shows recent paintings at **TJ Beans** through **March.**
- Salt Spring Gallery of Fine Art** features work by **Peter Allan, Heide Van Impe, Ken Ketchum, Dawn Davies, Lorne Shantz, Bob Rogers** and **Saltspring Fancy.**

## Spring Break at the Library

Puppet Shows & Workshops, plus Hands-on-Nature series

March 16<sup>th</sup> – 27<sup>th</sup>  
 Salt Spring Public Library

See schedule at the library or at [www.saltspring-bclibrary.ca](http://www.saltspring-bclibrary.ca)

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**PHOTOGRAPHY**

## Photo workshop explores perception



Greg Klassen leads full weekend session

Photographer Greg Klassen is leading a workshop on perception at the Harbour House Hotel this weekend.

"We will explore the camera as a tool that will allow us to capture not simply a reality existing outside of us," says Klassen, "but will make real our very individual perceptions."

"The camera thus becomes less a recording instrument and more an extension of our imagination — a means of communicating to others how we perceive the world — moving us from 'taking' to 'making' photographs."

Called The Composite Eye, it begins at 7 p.m. Friday, March 15 with a reception, followed by a talk outlining the conceptual

and practical approaches presented in the workshop, ending with a question-and-answer period.

Sessions on Saturday, Saturday evening and Sunday will involve a series of talks, photographic outings and work critiques focusing on the four critical components of the perceptual process: colour, form, motion and depth, and the interaction between imagination, camera and virtual darkroom in realizing our perceptions.

Handouts will support the presentations.

The weekend ends with a slide show demonstrating one particular perspective on the creative application of the principles explored during the workshop.

Workshop cost is \$98 and limited to 25 participants.

Klassen firmly established his Salt Spring credentials with a recent solo show

entitled "Who?" at ArtSpring.

Born in Cold-War Germany, he grew up immersed in diverse cultures and languages. The camera, and the question of how we perceive the world have been a large part of Klassen's life.

After a 30-year career as a scientist, Klassen earned a Diploma in Visual Arts from the New Brunswick College of Craft and Design in 2009. In 2010 he was named Emerging Artist of the Year by the Beaverbrook Art Gallery, and in 2012 he graduated with a Masters of Applied Arts from Emily Carr University of Art and Design.

Klassen has participated in over 30 group and solo exhibits. His work can be found in numerous public and private collections in Canada and abroad.

To register or for more information, contact Chris Dixon at cw.dixon@shaw.ca, or call 250-537-2840.

Photographer Greg Klassen's image called Two Greys. Klassen offers a workshop called The Composite Eye this weekend, March 15-17.

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**Salt Spring Island Painters Guild Show**  
**"Creative Choices"**  
 ArtSpring  
 March 23 - April 2<sup>nd</sup> 10-4  
 Featuring the Apples to Apples Installation  
 Opening Reception March 23, 2 - 4pm

The Guild has over 100 members, many of whom are professional artists, producing high quality and diverse works. The enthusiasm of our members is reflected in their work. We invite you to ArtSpring to enjoy our "Creative Choices".  
[www.ssipaintersguild.com](http://www.ssipaintersguild.com)

**VISUAL ART**

## Work of four late artists anchors Easter Art Tour

Seventh annual arts extravaganza continues to evolve

Artists from across Salt Spring Island will once again open their studio doors to visitors for the 7th annual Easter Art Tour.

A record 20 in-town galleries and special exhibits will run from Friday, March 29 until Easter Sunday, March 31, from 10 a.m. to 5 p.m. each day.

The tour began as a Salt Spring Arts Council event in 2007 with a modest group of studios and with a monumental feature exhibit of paintings by Diana Dean at historic Mahon Hall.

Each year the feature exhibit presents a new theme or artist. While group shows of participant studios and shows of painting, photography and installation have all figured prominently,

this year's exhibit features the work of Gordon Caruso, Allan Crane, Deborah Gainer and LeRoy Jensen.

"It has been a humbling honour to work so closely with the estates of these artists," said exhibit curator Anthony Matthews of these four deceased Salt Spring artists.

Now a collaboration between the arts council and the Salt Spring Chamber of Commerce, the tour has continued to grow and evolve each year and has at times included as many as 50 open studios and special exhibits in such diverse places as art supply and book stores, bakeries and cafes, interior design offices and hotel lobbies.

The weekend includes a reception at Mahon Hall from 6 to 9 p.m. on the Friday.

For more information about the feature exhibit artists, visit Matthews' website at [www.saltspringfineartconsulting.com/easter-art-tour.html](http://www.saltspringfineartconsulting.com/easter-art-tour.html).

*Sara Davis Buechner*



One of Canada's most brilliant pianists plays Mozart and Gershwin  
 Thursday, March 14  
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**LIVE MUSIC**

# Looping genius Johnny Good comes home

March 22 show features Emily Spiller

**BY ELIZABETH NOLAN**  
 DRIFTWOOD STAFF

A former Salt Spring resident will be back on the island to share his musical gifts at a return show planned at Moby's Pub on Friday, March 22.

Johnny Good, who was born on Salt Spring and lived here on and off through his teens, has caught the attention of music critics for his unique blend of soul and folk. Described as "Etta James singing Tom Waits," Good's music has elements of "Motown meets small town," and comes with a style that's all his own.

"I make music that's very different from just about anything," Good said during a recent phone interview.

The 25-year-old artist learned music by ear without the benefit of formal studies, but can incorporate a number of instruments into his show through "looping," as he will do on Friday night.

For those who didn't catch Good's show when he was here in January, and are not familiar with looping, Good describes it as a technology rather than a style of music.

"It allows you to record sound loops off the floor and play them back instantaneously," he said.

"For example, you can record a few bars of a drum beat and then layer as many layers on top of that as you want."

**"It's a much more complicated exchange of energy."**

**JOHNNY GOOD**  
*Looping musician*

Despite the technology, Good's sound is not an electronic one. "It can be as genuine and acoustic as you want it to be," he notes.

He plays and then layers on

piano and string sounds from a vintage keyboard, live guitar, and a drum machine with playing ability. His influences include music from other cultures he's encountered on his travels around the world, such as the Latin flavours heard in his guitar playing.

Good's main goal as an artist is to interact with his audience, whether he's playing with other musicians or alone. Though he says he creates a danceable vibe, when he is the only person on stage he forms a strong connection to the other people in the room. Looping allows him to return that focus.

"That way I can give people more attention when I'm playing," Good said.

"It's a much more complicated exchange of energy."

Good encourages people to check out his Facebook page to hear his new single and to get a real chance to meet him before the show.

"Facebook really allows me to talk to my audience beforehand — and that's what I really enjoy



WWW.JOHNNGOODMUSIC.COM

Johnny Good.

about social media in the first place," he said.

Emily Spiller returns to the Moby's stage as Good's special guest and fellow looping artist. Blending elements of jazz, blues and soulful vocal harmonies, she was named the 2011 Female Vocalist of the Year at the Vancouver Island Music Awards.

The show starts at 8 p.m. Tickets are \$6 at the door.

**DANCE**

# Sneaks going all out for St. Paddy's Day

Live music at Meaden Hall

Islanders are still talking about Beat and The Sneak's New Year's bash. This time the Salt Spring-based band is serving up "green beats" for St. Patrick's Day at a dance on Saturday night.

The usual band of accomplished players — Bob Delion, Greg Pauker, Dave Rouse, Brent Shindell, Pete

Sweetzir and Mike Stefancsik will be performing at Meaden Hall.

They promise a full night of memorable hits from the rock 'n' roll, soul and reggae eras, as well as originals.

World-class sound, lights and visuals will add that extra touch the Beats are known for.

Tickets are \$15 in advance at Windsor Plywood and the Legion or \$20 on dance night.

Doors open at 7:30 p.m.



PHOTO COURTESY BEAT & THE SNEAKS

Beat and The Sneaks in performance. They're at it again on March 16.



**Bill Henderson & Valdy**  
 with the Unusual Suspects

Soups, Suppers & Sweets by Fiddlehead Catering  
**Monday March 18** Tickets \$20 available at:  
 Fulford Hall Acoustic Planet  
 Door opens 6:15 (Pass holders 6:00) Salt Spring Books  
 Show starts 7:00 Stuff and Nonsense

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**CONCERT PREVIEW**

# Buechner concert saves the day

**BY GEORGE SIPOS**  
 ARTSPRING EXECUTIVE DIRECTOR

Heard the one about Mozart and the elephant?

Well, it's not a joke really, and there's no punch-line, but here's how the story goes: A long time ago ArtSpring booked a concert for this March 14 with San Francisco's Benevenue Trio.

The trio planned to tour with a lovingly restored 1814 Austrian fortepiano, the type of instrument Beethoven and Mendelssohn would have known in their time.

All was well, and the trio planned to perform in Calgary, Edmonton and Salt Spring, but then their tour plans hit a snag because the piano would have to be transported across the Canada/U.S. border. An instru-

ment of this age has ivory keys and the U.S. has strict laws prohibiting the import of anything made of ivory. The laudable goal is to protect living elephants in Africa from being hunted for their tusks. Antique pianos unfortunately get caught up in the process.

When we at ArtSpring found out a few weeks ago that the performers weren't coming, I suddenly had an opportunity to make good on a long-standing wish to bring pianist Sara Davis Buechner to perform on Salt Spring, albeit on short notice. She is one of Canada's most prominent soloists and a renowned interpreter of Mozart, among others.

So on Thursday, March 14 at 7:30 p.m. our audience will have

the treat of hearing a memorable recital on ArtSpring's modern Steinway (in whose manufacture no elephants came to grief). The concert will feature three Mozart sonatas in the first half, and the music of Gershwin in the second half, another composer of whom Buechner is a widely praised interpreter.

Britain's Pianoforte magazine has this to say about her: "Sara Davis Buechner is a pianist of exceptional merit, a musician of evident integrity, with an all-encompassing technique and a pianism never less than 100 per cent committed and breathtaking."

Tickets for the concert are available from the ArtSpring Ticket Centre at 250-537-2102 or [tickets.artspring.ca](http://tickets.artspring.ca).

## THEATRE REVIEW

# SSCT's Harold & Maude play produces emotional truths

Extra show added  
Thursday after sold-out  
opening weekend

BY ELIZABETH NOLAN  
DRIFTWOOD STAFF

Salt Spring Community Theatre can add another star to its resume with its production of *Harold and Maude*, directed by Suzanna Laine and starring Ann Stewart and Jonah Grindler.

Having attended many community theatre presentations, I was surprised to find Mahon Hall filled to capacity when I arrived Saturday night, and even more surprised to find the play had sold out all shows on its opening weekend. (The Sunday matinee sold out in advance.) The buzz around the play, its lead actors and its creative staging had an effect that's rarely seen at local shows, no matter how worthy.

From the play's opening moments, it was quickly apparent that the buzz around the May-December love story (with a woman uncharacteristically taking the December role) was well-substantiated. Supporting actor Randie Clark immediately set the tone of Harold's chilled relationship with his mother, whose grand living room and her instructions to a new maid trump any actual notice of her son. Clark provides the right balance of self-absorbedness and worry about what other people would think, her son's actions nominally taking up the thread of her concern, but his actual emotional needs nowhere in the picture.

Seventeen-year-old Jonah Grindler has created a Harold who is at first numbed almost to a state of catatonia, even when he's performing some surprisingly creative calls for attention. The audience learns his only fun comes from weekly trips to the junkyard to source materials for his "projects," and attending strangers' funerals.

Maude, on the cusp of turning 80, has a similar interest in funerals, but is Harold's opposite in every other way. She is joyful, scoffs at society's laws and restrictions and has an interest in liberating anything caged or neglected. Under her influence, Harold slowly wakes up from his numbness to appreciate what life has to offer.

Stewart comes close to stealing the show as Maude. Her professional training shines through in her easy delivery of dialogue that comes off as natural speech, and her characterization creates a person who is actually



PHOTO BY SCOTT MERRICK

Harold, played by Jonah Grindler, is tended to by his mother (Randie Clark) in the *Harold and Maude* play.

delightful, not just meant to be. But she has a fine counterpart in Grindler, who despite his relatively few years of life experience manages to tap into common human elements.

The audience is able to see the transformation occur through Grindler's body language, as much as through Harold's wardrobe and behaviour, and his portrayal of Harold when he finally allows himself to feel pain is quite heart-breaking.

**Maude, on the cusp of turning 80, has a similar interest in funerals but is Harold's opposite in every other way.**

Scenes between Grindler and Stewart carry an emotional truth that makes the growing friendship between them easy to believe, and produced several "aww" moments from Saturday's crowd in particularly sweet scenes, such as a Japanese dinner party.

Scott Merrick, appearing as Father Finnegan, is also at the top of his game in this production, creating a nuanced portrayal of what could be a one-dimensional character. Teenaged actors Shael Lampard and Sophie Rouger are also good as Harold's first two computer-arranged dates, and Tangle Caron is hilarious as his over-the-top third date.

Behind the scenes crew members did a great job assembling just the right costumes and props for the

early '70s setting, including macrame plant hangers and Indonesian artifacts for Maude's hippy hideaway. Sound cues provided atmosphere at key moments and between scenes.

The creative staging was also interesting, providing two complete rooms and an outdoor area (including a climbable tree!) in the corner. Unfortunately, with sold-out crowds, the effect was not entirely successful. Harold and Maude's action relies on a fair number of sight gags, and with a narrower but longer-than-usual seating arrangement stretching all the way to the back of Mahon Hall, many of the pay-offs were difficult to see. A picnic that took place on the hall's main floor level was most likely completely invisible to all but the first few rows — luckily, all the actors are excellent at projecting and audibility was never an issue.

Risers in the back might have helped with this situation, or a truncated version of the side wall staging to allow more seats across the hall's width. The play is enjoyable enough that these problems can be largely overlooked — producing standing ovations at all three shows over the weekend — but it's a shame it doesn't get its full due since the performances are so engaging.

People who have a hard time sitting for a long time might want to bring a cushion to the performance, which tops out at around three hours, and should arrive early for the best seats. Advance tickets are recommended and are available at Salt Spring Books. The play continues Thursday to Saturday, March 14 to 16, at 7:30 p.m., with a 2 p.m. matinee on Sunday, March 17.

## RECITAL

## Bach and Franck at Simply Organic

The popular organ recital series *Simply Organic* continues its spring season on Wednesday, March 20 with organist Don Conley.

Having an extensive knowledge of the genre and a vast repertoire, Conley has also charmed his audience both with his skill and wonderful sense of humour on the many occasions he has played for the series.

Wednesday's program will feature two short preludes by Bach followed by Choral #3 from *Trois Chorals* by Cesar Franck.

Free music begins in All Saints By-the-Sea at 10:10 a.m. followed by freshly baked muffins and coffee with a charge of \$2. Donations for the work of Music Makers, the producer of both *Music and Munch* and *Simply Organic*, are always welcome.

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from Dr. Richard Hayden

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I am a dentist not an accountant. I can give you great advice and create solid comprehensive treatment plans for your dental and oral health. Tax info is NOT my bag so talk to your financial advisor and see if these plans might benefit you.

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PHOTO BY ARNIE CONROD

Asif Illyas performs at Moby's on Friday night.

## NIGHTLIFE

## Halifax artist plays acoustic set

Award-winning Illyas' new album aids diabetes cause

Halifax recording artist Asif Illyas performs at Moby's Pub this Friday night in a solo acoustic guitar performance.

Illyas has been a performer and songwriter for the past two decades, playing for years in Europe with groups such as MIR and Cutting Crew, before settling in Halifax to compose film scores

and produce East Coast artists at his studio called The Shire.

Illyas has both produced and performed with Ashley MacIsaac and Mary Jane Lamond, among others.

"My main gig now is film scoring," he said, "most recently scoring a drama called Blackbird, which did very well at TIFF and VIFF."

His score for the film Snow also won the best film score award at the Atlantic Film Festival in 2011.

Illyas' latest self-produced and self-performed musical effort is

a solo album, entitled Synesthesia, and released this spring.

A portion of the album's sales will be donated to the Junior Diabetes Research Foundation for its ongoing research to find a cure.

"I'd love a chance to spread the word about JD RF and my experiences with managing the condition," said Illyas. "My six-year-old daughter was diagnosed with it at two years old."

Illyas' March 15 show at Moby's begins at 8 p.m., with entrance by donation.

## DANCE NIGHT

## Waltz night returns to Fulford Hall

PHOTO COURTESY BOTR

Bach on the Rock director Jim Stubbs directs the musicians while people dance at the first Waltz Night event at Fulford Hall last year.



Dancers and listeners invited to enjoy second annual waltz, tango and polka evening on March 16

BY ELIZABETH NOLAN  
DRIFTWOOD STAFF

In a follow-up to its highly successful introduction to the format last year, Bach on the Rock will present its second annual Waltz Night at Fulford Hall this Saturday, March 16.

Those who like to dance and those who prefer just to listen will be equally entertained at the event, which features a program of tango and polka music, in addition to the form that once scandalized the courts of Europe because of the dancing partners' close proximity.

"What propelled the idea was, first of all, I love dance music and waltzes," Bach on the Rock director Jim Stubbs said about creating the first Waltz Night.

"We look forward to this because it's great fun. What we love about Fulford Hall is it lends itself to being a community hall, and this event is very much community based."

Undervaluation was not a problem at the sold-out 2012 event, with tables full of enchanted guests guaranteeing the waltz evening would

become another island tradition.

This year the orchestra will build on its initial program, which included well-known Strauss waltzes such as the Blue Danube, Emperor, Vienna Blood, Tales from the Vienna Woods, and Wine, Women and Song.

Strauss fans can add the overture from Die Fledermaus to the mix — a piece that Stubbs was once accustomed to playing every New Year's Eve with the Metropolitan Opera orchestra in New York.

**"What we love about Fulford Hall is it lends itself to being a community hall, and this event is very much community based."**

JIM STUBBS  
BOTR director

Works by Franz Leher, who Stubbs describes as a successor to Strauss, will also make an appearance, as will those by Juventino Rosas, a Mexican composer of the 19th century who is known for his salon music and waltzes.

Latin music aficionados will enjoy hearing selections

(played by a small combo of accordion, bass and violin) such as Leroy Anderson's Blue Tango, but it's the discovery of an old band mate that has Stubbs excited.

He played under Sholom Secunda at a Jewish resort in the Catskills as a young working musician many years ago; now Stubbs is pleased to perform an old favourite with Tango de la Luna.

"Most of what we were playing there was by Sholom — it was a nice discovery for me," Stubbs said of finding the score.

The fun evening will also include a rousing selection of polkas and performance by the Salt Spring Chamber Choir, singing rarely heard vocal selections to waltzes that were originally found in operas and operettas.

In addition to the wine and beer cash bar, the concession will include special treats such as Salt Spring-produced wine, goat cheese and chocolate, and Ometepe coffee.

Tickets are \$20 for adults, \$15 for seniors or \$5 for students, with the option to reserve a table for eight to 10 people. Purchase tickets at the new RE/MAX location on Fulford-Ganges Road or at the door.

The evening starts at 7:30 p.m. Dress code spans anything from casual jeans to full evening wear.

Capital Regional District



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# people&community

## Long service recognized at fire night



PHOTOS BY ARIJUNA GEORGE

**QUARTER-CENTURY CLUB:** Firefighter Laurence Spencer, at right, and Capt. Jim Buckley received recognition for 25 years of service at a Salt Spring Fire-Rescue appreciation night at Meaden Hall Saturday. Buckley was surprised when he was tapped on the shoulder while having dinner and turned around to see his brother Art and sister-in-law Karen (at left in the photo) from Chetwynd. The surprise had been arranged by Capt. Kurt Irwin (winner of the President's Choice Award for 2012). Also in the above photo are Buckley's sister and brother-in-law Trudy and Steve Lynch (at right), from Salt Spring, and his girlfriend Traesi Fleming.



**NEWS UPDATES** Follow the Driftwood on Twitter  
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**Resilience Fair** Saturday, March 23rd  
 1 - 4pm, Mahon Hall

**Exploring Resilience and Climate Action on Salt Spring**  
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**Michael Lewis** (live) co-author of the book *The Resilience Imperative: Cooperative Transitions to a Steady-State Economy*

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**LIBRARY BOOKS**

## Lots of room for exciting new books at the Salt Spring library

New books columnist impressed by building and book choices

### LIBRARYSHELF

BY MAGGIE WARBEY  
 DRIFTWOOD CONTRIBUTOR

Wow! I've just had the opportunity to explore the new library, and what can I say? It's beautiful, it's big, and it's bulging with old and new books. It's a literal feast of print and electronic media that we can all be proud of and all enjoy.

In fact, I had a lot of trouble selecting just five books to feature from the New Shelves; they are so chock-a-block full with interesting volumes that I could hardly decide which ones I wanted to sit down with first.

**100 under 100: the Race to Save the World's Rarest Living Things**, is both educational and thought-provoking. The author takes care to identify each species and to give the reader a comprehensive view of what has gone wrong and, where possible, what we can do about it.

The book includes some beautiful photos that capture some of the species under threat. It includes some good news, that some of the animals may still be

saved, along with the bad news, that for many it is just too late.

**The Years of Talking Dangerously** offers a witty analysis of the idiosyncrasies and shifts in contemporary English language as it is used in electronic media, politics, advertising, and much more.

Rather than decrying the end of English, the author explains the nuances of meanings in the public and personal use of the language's speakers and demonstrates how each new usage, each new generation, enriches the mother tongue.

**The Camino: a Journey of the Spirit**, is the latest in Shirley MacLaine's ongoing chronicle of her spiritual quest and growth. In this volume, MacLaine makes the enchanted pilgrimage along the Santiago de Compostela Camino in Spain.

Here, she documents both the arduous physical travel and her own deepening commitment and understanding of the spiritual path that leads back thousands of years.

**Massage for Total Stress Relief: the Art of Relieving**

**Tension through Massage** is a breakthrough guide that shows the reader how to conquer stress through the healing power of touch. The book includes techniques, instructions and illustrations for both helping others and self-massage. It's full of quick fixes, as well as posture, breathing and stretching exercises to get you up and about and feeling wonderfully relaxed.

On the New Fiction Shelf, **The Blue Guitar** by Canadian author Ann Ireland caught my attention. Set in Montreal, the story focuses on the lives, hopes and experiences of top-flight musicians participating in an international classical guitar competition.

The human interactions are depicted as fraught with emotions, anticipation and tensions as the musicians and judges battle their own pasts, fears and expectations through the lens of the contest itself.

The library has something to interest everyone, so check out the old shelves as well as the New Shelves at the new library. You'll find a wide assortment of magazines, newspapers, on-line books, CDs and DVDs, as well as children's and young people's collections. You'll not be disappointed!

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## KIDS' CAMP

# Intercultural exchange brings WOLF Kids' cohorts to island



Camp and public events set for March 25-28 on Salt Spring Island

Salt Spring's WOLF Kids Program and Earth Track Education will bring together wilderness skills training and intercultural understanding to the island at a day camp and two special events being offered during spring break.

The Salish Sea Wilderness and Inter-Cultural Festival is a four-day day "Festival Day Camp" for youth and teens ages seven and up that takes place from March 25 to 28. Joining the program are special visitors from traditional cultures far and near: Cowichan youth dancers and drummers and Salt Spring Kanakan descendants will meet with Thai students, dancers and boxers, as well as Central American drummers and spiritual leaders.

"Our main purpose at WOLF Kids is connecting kids to the natural world," said program director David Krieger, who has taught wilderness education in Thailand, Belize and the United States as well as on Salt Spring Island for the past 15 years.

**"Our main purpose at WOLF Kids is connecting kids to the natural world."**

DAVID KRIEGER  
 WOLF Kids director

Bringing people from diverse earth-based cultures together, he said, shows the interconnection between the various ways of living in different parts of the world.

"What it brings to the kids is the sense that the whole world over, we are relying on the same things for life," Krieger said.

Learning about how different groups make shelter, produce food or incorporate the role of



PHOTOS COURTESY DAVID KRIEGER

At top, WOLF Kids program teens Devon Carson, Aliah Hart and Kai Lampard with Belizean teacher Gabriel (behind) after a day of shelter building in the jungle and harvesting wild yams. Above are Benchametheputhit Thai dancers.

fire into their culture shows how things may take different forms "but share the same roots."

Starting at 10 a.m. each morning, participants at the day camp will explore and learn wilderness skills such as building a survival shelter, making fire by friction, purifying water and gathering and preparing wild foods. Games and challenges will form the basis of all the activities.

In the afternoons, students will have the opportunity to learn and explore elements of traditional cultures from around the world as presented by the special guests.

On Monday, Cowichan educator, ceremonial leader and storyteller Hwiemtun will join the group for songs and tales of skills of Salt Spring's origin. Tuesday will feature further exploration of settler cultures with Japanese, European and American guests.

On Wednesday afternoon, visiting Thai students and cultural ambassadors will teach the group traditional Thai dancing, music, Muay Thai and cooking.

On Thursday, the Central American champion Garifuna

drummers (of Caribbean and native American descent from Belize) will perform and present cultural teachings. Mayan elder and educator Victor Cal will also share stories and presentations of Mayan cosmology.

The festival organizers welcome everyone from the community to participate in the special events taking place during the week, starting with a salmon dinner and evening of performance at Beaver Point Hall on Monday, March 25. The Tziqaw youth dancers from the Cowichan tribes will perform, along with Hawaiian-Canadian musician Auntie Kate (a.k.a. Cathy Roland from Salt Spring).

Thursday night will centre around a closing celebration and dance at Fulford Hall with drumming, dancing, a short film presentation and Thai food.

The four-day camp program is \$95. Contact Krieger at [dovredfox@hotmail.com](mailto:dovredfox@hotmail.com) or 250-538-7720 to register, or visit at [sswif.com](http://sswif.com) for more information.

Tickets to the opening and closing events are \$6 each or both for \$10, plus \$5 for dinner, and are available in advance from Salt Spring Books.

ISLAND BOOKS

# Book explores 'tropical' island

Banana Joe reveals hidden island gems

BY SEAN MCINTYRE  
DRIFTWOOD STAFF

Between the bright colourful photos of Tasmanian tree ferns and flowering ginger plants, readers can be forgiven for becoming disoriented as they flip through pages of a new book released by islander Banana Joe Clemente.

"A lot of people don't know about these things that grow on Salt Spring," he said in an interview that followed the release of his self-published book last week. "You look at some of these photos and you think you're in the tropics."

Clemente has cultivated a fascination with banana plants, windmill palms and any other kind of exotic flora that stands a chance of survival in the Gulf Islands.

His passion has encouraged him to transform the yard of his north-end home into a lush tropical oasis, launch a palm tree propagation business and scour the island for some of the most exotic plants to be found in Canada.

It was only a matter of time before Clemente's steadily growing collection of island beaches and jungle scenes found their way into print.

"For years, people have told me:



DRIFTWOOD FILE PHOTO BY SEAN MCINTYRE

Banana Joe Clemente has put his passion for exotic plants on Salt Spring Island into a book.

'Joe, you should make a book. You should make a book.' But I never did much about it," he said.

With help from partner and graphic designer Wendy Taylor, Clemente decided to go for it. The result is a 32-page limited-edition coffee-table book.

"It makes a great addition to anyone's collection of garden books or even for people who come to visit the island and don't know much about Salt Spring and the climate," he said. "People wouldn't even know this exists on Salt Spring, but I

know where all this stuff is hiding so I figure why not put it into the book and show people?"

Clemente, who does landscaping for the island's Parks and Recreation Commission, is curious to see how people react to his inaugural work and eager to complete a sequel.

"Volume two is already on the way," Clemente said.

Copies of Subtropical Flora & Gardens can be obtained for \$69.95 by contacting Clemente at 250-537-5856 or bananajoe@telus.net.

PROPERTY IMPROVEMENT

# Land rehab techniques taught

Natural history talk and walk

BY DAVID DENNING  
DRIFTWOOD CONTRIBUTOR

If you have a broom-infested piece of land, a pond or wetland that you'd like to see more natural, or any other concern about natural landscapes, you'll want to take in the Salt Spring Conservancy's March "natural history in your own back yard" presentation.

On Friday, March 22, plant ecologist and reclamation special-

ist Dave Polster will present Reclamation on Salt Spring: From Backyard to Mountain-top. This illustrated talk will be held at the Lions Hall starting at 7 p.m.

Polster is a Duncan-based environmental consultant with over 30 years of experience in vegetation studies, reclamation and invasive species management.

He is widely known throughout the province for his pioneering efforts to integrate natural ecosystem processes with reclamation.

In fact, he developed an entirely new approach to landscape renewal, called successional reclamation, where the aim is to use natural patterns of plant succession to speed up the recovery of highly disturbed sites.

Polster has tackled some of the most gruesome disturbed sites in the province, from mine tailings and steep-unstable slopes to poisoned ponds.

He is the president of the Canadian Land Reclamation Association and a member of

several key organizations, including the Garry Oak Ecosystems Recovery Team. He also teaches university courses in reclamation ecology.

Polster will also lead a morning walk on March 23, to teach some of the techniques he uses in his reclamation work. You may wish to wear your heavy boots — rumour has it that Dave wields a mean Tiger Torch.

Registration limit on the walk is 20 people. The cost is \$10.

Sign up at 250-537-4797.

FILM + LITERATURE

# Cutting-edge poetry event captured in The Line Has Shattered doc film

Free showing on Tuesday

On Tuesday, March 19 at 7:30 p.m., ArtSpring will host a free screening of an hour-long documentary about a 50-year-old poetry event that still resonates today.

The Line has Shattered is a documentary that revisits Vancouver's landmark 1963 Poetry

Conference as well as the poetry and thought of the visiting American poets: Charles Olson, Allen Ginsberg, Robert Creeley, Robert Duncan and Denise Levertov.

"Vancouver's invite brought their voices in from the margins and set them loose in the imaginations of both Canadian and American students," explains a press release about the event. "These radical poets

inspired a rising generation to embrace new, open forms of poetry, and to see the field of poetry as a meaningful lifetime vocation."

Narrated by poet Phyllis Webb, a Salt Spring Island resident who documented the event at the time, The Line has Shattered sits in on the conference that helped alter the course of North American literature and put Vancouver forever on the literary map.

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Weight loss results may vary. In a recent study participants averaged a weight loss of 7 pounds after one day on the Isagenix Cleansing and Fat Burning System. Always consult your physician before making any dietary changes or starting any nutrition, weight control or exercise program.

# Arthur discovers: male vanity is definitely 'inherited'

According to the Guinness Book of Records, an Indian gentleman by the name of Ram Singh Chauhan has the longest one in the world (4.2 metres if you can believe it).

Groucho Marx had a rather splendid attachment and the Oriental mystery solver Charlie Chan was very well endowed indeed. Hitler? Well, it's no wonder the man was nuts. He had just a stubby little tuftlet about half the length of your pinky finger.

Get your mind out of the gutter, madame — we're talking about the moustache here; a.k.a. soup strainer, cookie duster, Fu Manchu, handlebar, walrus, toothbrush, pencil and, Canada's contribution — the lush and luxuriant Lanny McDonald Stable-broom Special. Growing a moustache is an unrepentant Man Thing and it's an altar that males have been genuflecting



**Arthur Black**

## WIT & WHIMSY

before probably since we bunked down in caves.

For no good reason, as far as I can see. There are few physical affectations more useless than a moustache. Aside from storing toast crumbs and frightening small children, they're not much good for anything.

But don't try to tell that to Selahattin Tulunay. He's a plastic surgeon who practises in Istanbul. Mister Tulunay specializes in a surgical

technique called "follicular unit extraction," which is a fancy way of saying he re-seeds body hair. He plucks healthy hair follicles from one place — say, your back — and replants them in an arid zone.

Say... your upper lip.

This does not sound like an operation many North American males would line up for, but Mister Tulunay does a brisk business in the Middle East, where moustaches — particularly big, bristly, walrus-style moustaches — are serious symbols of virility.

The procedure is painful, unsightly and takes six months to show results. Oh, and it costs about \$7,000 per upper lip. Mister Tulunay is booked solid for months in advance.

According to Andrew Hammond, a journalist based in Saudi Arabia, having a huge, substantial moustache is, well, huge, for Arab males.

"Most Arab leaders have moustaches or some form of facial hair. I think culturally it suggests masculinity, wisdom and experience."

The converse is also true. A few years ago militants in Gaza kidnapped an opponent and inflicted on him the most severe and humiliating punishment they could devise, short of death.

They shaved off his moustache.

You want to smear a Middle Eastern man with the worst spoken slander possible? Don't belittle his politics, make fun of his belly or cast aspersions on his family. Just look him in the eye and growl, "A curse be upon your moustache!"

When I was a teenager I cursed the place where my moustache wasn't. Long after my pals had sprouted facial hair the area between my nose and my upper lip remained as bare as Senator Duffy's pate.

I rubbed it, I scrubbed it. I slathered on gobfuls of hair restorer and even shaved it, for an Old Wife's Tale said that the surest way to make a beard come in thick was to scrape it with a straight razor to "stimulate the follicle."

Not. Every morning I rushed to the bathroom mirror and pored over my facial pores looking for anything, just one small sprig or microscopic frond, that would indicate my manhood was on the way. Nothing.

Now, decades later, I am trying to appreciate the fact that Somebody Up There has a divine sense of irony, if not humour.

I finally have my coveted moustache — it's no Lanny McDonald but it's respectable.


Meanwhile — the top of my head is as bare as a Sylvania 60-watt bulb. Good one, God.

## expert ADVICE 250-537-9933 OR SALES@GULFISLANDSDRIFTWOOD.COM TO BE A PART OF THIS POPULAR FEATURE!

### Counselling

#### What is Complicated Grief?

Grief is a natural process that we go through when we lose someone close to us through death. It becomes complicated when we become stuck in the grieving process and we can't seem to move forward. This is sometimes due to the nature of our relationship with the one we have lost. If we have unresolved issues or if we had a very close relationship with that person we can sometimes become stuck in our grief. The nature of how our loved one died can also complicate the grieving process. Treatment of this type of grief honours the fact that grieving is a normal process and one that cannot be circumvented. It also looks at the unresolved conflict that the bereaved person may have and the possible trauma experienced as a result of their loved one dying. With the help of a qualified and experienced grief counsellor a person who is experiencing complicated grief can work toward becoming unstuck, moving forward in the grief process and re-engaging in life. The best thing we can do to honour the memory of our loved ones is to move through the grief process and become whole again. The best thing we can do for ourselves is honour the unique qualities of our grief and have patience with ourselves through the process. If you are struggling with grief I invite you to call.



**ELSJE HANNAH**

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### Advertising

#### Why newspaper ads work

**Reach:** No other advertising vehicle has the local reach of the Driftwood, over 85% of the Salt Spring Island. **Quality:** Your very best prospects are newspaper readers. People who are typically labeled upscale, meaning upper income, higher education, professional/ managerial occupations all count themselves as newspaper readers. **Targeted:** From targeting ad placement by section readership, we can fine tune your message. **Immediate:** Newspaper advertising is among the fastest forms of advertising with extremely short deadlines that allow your ads to reach consumers quickly. **Flexibility:** Newspapers allow the advertiser to build ads tailored to their size. **Credibility/Trust:** More than any other medium, consumers believe in newspaper advertising. **Selective vs. intrusive:** Shoppers are less willing today to accept advertising that is spooned out to them. They seek out advertising on their own. Newspapers are the medium shoppers use most for shopping in an average week. (MORI Research 2009). **Environment:** The newspaper editorial environment typically adds credibility and legitimacy to the brands being advertised. To our readers, the advertising in a newspaper is every bit as important as the news. **Relied Upon:** Newspaper advertising is a valuable commodity to readers. **Results:** Newspaper advertising works! Newspapers are frequently thought of as a results medium. Newspaper ads create traffic, move merchandise and yes, establish brands. We cannot lose track of the notion that, in a world of thousands of messages a day, advertising in local newspapers is one sure thing when it comes to producing results.



**AMBER OGILVIE PUBLISHER**

#### DgiM

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sales@driftwoodmedia.com  
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### Senior Care

#### Transitions – To move or not to move.

As we age, we begin to see the need to downsize. Transitions can cause much anxiety in that normal households have accumulated a lot of 'stuff' throughout a lifetime. We want to hold on to much of this 'stuff' because it brings us memories or perhaps we'll 'still need that for some day'!

Downsizing is an important thought to keep in mind. You want to move – downsize when you and your spouse are still able to do so in health and enjoy the benefits downsizing can bring. Benefits such as less cleaning, reduced yard work & upkeep, being mortgage free, and having more time and energy to do the things you like to do like travel are rewards of scaling down the household.

Keep in mind your health, your ability to drive long distances to town, get out of your driveway after a snowstorm or being stuck on a rural property when the power goes out for days on end. Plan well for future needs – do so in health and when you can enjoy the benefits of the downsizing experience.



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**GYLE KEATING**

While there will always be breakdowns that can't be anticipated, reading your Owner's Manual and sticking to the recommended maintenance schedule supplied by your vehicle's manufacturer should give you worry-free driving.

Conditions you operate your vehicle in can have a dramatic effect on how often it needs service, possibly more often than recommended in your manual. Talk to your service provider and make sure you are getting your vehicle in often enough to avoid costly and time consuming breakdowns.

If at any time you feel something doesn't feel quite right or has changed, get it attended to as soon as possible.

Remember, maintenance is cheaper than breakdown repairs.

*Drive Safe, Gyle*

#### SALT SPRING AUTO SERVICE Tread Shed

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Monday - Friday 8 am - 5 pm

### Real Estate

#### How Should I Prepare My House For Listing? Part 2



**JAN MACPHERSON**

You have one chance to make a first impression with drive-by appeal. Buyers begin to evaluate a home before they are in the door. Consider painting the front door, placing spring flowers in pots, or setting out bedding plants near the entry. Is the yard and drive tidy? Is the home address clearly visible?


Create ambience! Treat yourself to presentation accessories. A new tablecloth, bedspread, or speciality lighting can add pizzazz. Enliven your living space with bowls of fresh fruit, plants, freshly cut flowers. Buy or borrow artwork from friends. Rejuvenate your current living space and enjoy the new items in your next home. You are presenting an image, a lifestyle.

Staging your home can make a huge difference as to how quickly your home sells and increase it's perceived value!

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jan@saltspringguide.com  
www.SaltSpringGuide.com

### Fitness Expert

#### Mental Benefits Of Exercise



**BRENDA AKERMAN**

Most people know that exercise is good for every body. We know regular physical activity helps strengthen the heart, improve lung capacity, helps control weight, increase muscle strength, endurance and flexibility. Many exercises- from athletic college students to Senior walkers have reported that physical activity also have benefited them psychologically.

**Stress Buster:** If you're looking for a positive way to release stress, frustration, anxiety or angry, try swimming, brisk walking or a cardio workout. A workout can work off pent-up energy and leave you feeling calmer. Some initial studies seem to indicate that far from exhausting you, exercise provides you with more energy, enhancing your ability to deal with the day's challenges.

**Relaxation Enhance:** Simply being away from the stressors in your life can help you relax. When you exercise your mind takes a mental vacation from your worries.

**Self Esteem Booster:** Some psychological studies show that when you exercise not only do you feel better about your body, you also feel better about yourself. You can feel a sense of empowerment or self-reliance that carries over into other aspects of your life.

Along with getting fit, improving mental muscle is another good reason to exercise regularly. You'll look great and feel better too!

#### Rainbow Road indoor pool

250-537-1402 • 262 Rainbow Road

SPRING BREAK

# Activities keep kids busy for spring holiday time

Variety of classes

Families who aren't planning to travel during the last two weeks of March will find plenty of options for entertaining kids on Salt Spring, with day camps and special classes being offered to meet a wide range of interests.

- Kids who like to shake things up can join a Little Movers class for acro-dance, tumbling and yoga with Kristen Lewis at the Salt Spring Arts Academy space. Sessions run March 18 to 21 or March 25 to 28. Ages four to six meet from 3:30 to 4:30 p.m. and ages seven and up from 4:30 to 5:30 p.m. Cost is \$40.

- Sue Newman offers a musical theatre class for kids aged six to 12 in the same space, from 10 a.m. to 3 p.m. March 18 to 22. Students will create and perform the "mini musical" Peter Pan. Cost is \$200. Register at [saltspringartsacademy.ca/workshop.html](http://saltspringartsacademy.ca/workshop.html).

- Adults can get in on spring break fun with Newman's two-day vocal jazz workshop running Saturday, March 23 and

Sunday, March 24 from 1 to 5 p.m. Students will sing along with the band and participate in a showcase on Sunday at 4 p.m. Cost is \$200.

- PARC and Thrifty Foods are teaming up to present a week-long day camp for kids aged eight to 12 years old who want to cook. The camp will focus on hands-on nutritional snack preparation. Participants will learn food skills in the kitchen, food preparation, and how to choose tasty and healthy ingredients. Sessions will be held in the Salt Spring Middle School teaching kitchen, March 18 to 22 from 10 a.m. to 4 p.m. Cost is \$50 for the week. Call the PARC office at 250-537-4448 to register.

- The WOLF Kids and Earth Watch Education are putting on the Salish Sea Wilderness and Intercultural Festival from March 25 to 28. Youth and teens aged seven and up will learn wilderness skills each morning and meet cultural ambassadors with special teachings each afternoon. (See Page 16 for story.)

Register with [dovredfox@hotmail.com](mailto:dovredfox@hotmail.com) or 250-538-7720.

- Salt Spring Public Library offers several opportunities for puppet fun and hands-on nature workshops. The Entangled Puppetry group presents Short TALL Tales, a free event for kids and adults set for Saturday, March 16 at 1:30 p.m.

A free puppet-building workshop with the group takes place Tuesday, March 19 from 1 to 2:30 p.m. for kids aged five to 12. Pre-registration is required by email at [info@saltspringlibrary.com](mailto:info@saltspringlibrary.com); by phone at 250-537-4666 or in person at the library.

- The Hands On Nature series for kids aged six to 12 gets started with David Denning, who leads Living Water on Wednesday, March 20 from 1 to 1:45 p.m. Talons, Beaks and Feathers with Mike Grandbois is on Friday, March 22 from 1:30 to 2:15 p.m. Busy Beaver, Nature's Architect is set for Wednesday, March 27, 1 to 1:45 p.m. with Jean Gelwicks.



PHOTO BY SEAN MCINTYRE

**GETTING THE GEARS:** Jesse Livingstone, left, and Mike Brown were found working away under the hood of a broken-down truck in Ganges on Tuesday.

DUPLICATE BRIDGE

## Island card players all tied up

Multiple scores look the same

**BRIDGETRICKS**

BY JILL EVANS  
DRIFTWOOD CONTRIBUTOR

Well, the ties that bind, and all that. On Feb. 25 there were only three and a half tables, and as usual George Laundry and Paul Retallack soared to first place.

And then, wait for it... then there was a three-way tie for second place! Identical scores were earned by the Blanche Poborsa-Jean Elder pair, the

Flo Laundry-Lynn Thorburn combo, and the Joan Byrne-Lis Ker partnership.

March 4 saw the players arriving in twilight instead of pitch dark, a pleasant predictor of daylight saving to come for the next session. There were four and a half tables this time, and sure enough, more ties. This time it was the Laundry-Retal-

lack pair topping the lot yet again, with Joanne Elizabeth and Jill Evans in the second spot.

But here comes the two-way tie for third: Liz and Oleh Mycyk scored the same as Ted Baldwinson and Terry Clement. One must assume that everyone else came untied — or united in determination to do better next time.

For info about these friendly Monday evening games, please contact George Laundry at 250-653-9095 or [pastorale@shaw.ca](mailto:pastorale@shaw.ca).



## BUDGET 2013

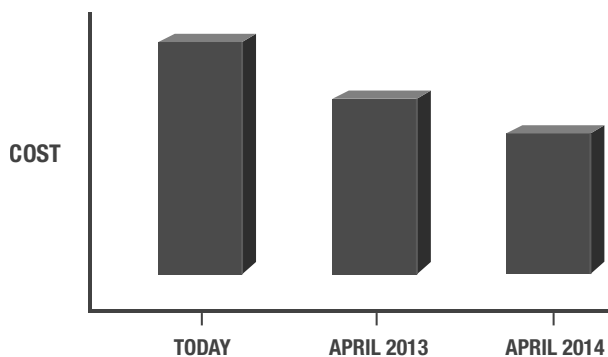
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Class display deadline: Monday 4 pm  
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**CELEBRATIONS**

**OPEN HOUSE** to celebrate  
Pat Massy's 90th Birthday -  
March 18, 2-4 pm. Call Jane  
for details - 250 537-0880

**IN MEMORIAM GIFTS**

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**News Updates**

Follow the Driftwood on Twitter  
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**DEATHS**

**DEKKER, Cornelis Alexander**

June 4, 1929 -  
March 5, 2013

It is with great sorrow that we have to bid farewell to Kees. He loved his family very much and was proud of each and everyone of them. Kees leaves behind his wife, Becca, her daughter Monica. Sister Jannie and Kees' children: Piet (Tom) and their children Sean, Ryan and Derran, Mia (John) and her children Ian and David, Simon and his children Raelan, Kaely and Taisa, Bea and her children Christina and Kelsey, Rima (Nolan) and their children Talia and Zoe, and Lisa and her children, Chance, Danikka and Nola, as well as 10 great-grandchildren

Kees arrived in Canada in October 1958, from Holland. He was a surveyor in the north and in the United States and spent many years repairing for Hilton Photo.

Kees moved to Salt Spring Island in 1977 and has been the local camera repair man who performed miracles with his knowledge and skilled hands. He always had time for a long talk, and his stories were a large part of what made him unique. Many times we heard people say "He's a master". He repaired for around 25 years on Salt Spring Island.

*Kees loved his dogs, cats and flowers.*

*We'll miss you.*  
*Love Becca and family*

**COMING EVENTS**

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250-338-6901

**DEATHS**

**COMING EVENTS**

**MEETING BOARD** of Directors  
of Central Community Hall  
Society Tuesday 19th March,  
2013 at 7.00 pm. Public wel-  
come.

**INFORMATION**

**ADVERTISE in the LARGEST OUTDOOR PUBLICATION in BC**  
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- Gallano 250-539-2222
- Pender 250-629-3631



**COMING EVENTS**

**INFORMATION**

Your gift to the **Heart and Stroke Foundation** will help support life saving research and education in heart disease and stroke.

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Nanaimo, BC V9R 6B9  
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Nanaimo, BC V9R 6B9

**PERSONALS**

**DENIED CANADA** Pension plan disability benefits? The Disability Claims Advocacy Clinic can help. Call Allison Schmidt at 1-877-793-3222. [www.dcac.ca](http://www.dcac.ca)

**TOO LATE TO CLASSIFY is back!**

**COMING EVENTS**

**LEGALS**

**NOTICE TO CREDITORS AND OTHERS**  
RE: THE ESTATE OF ROBERT ALLEN ASTON, Deceased, formerly of 134 Douglas Rd., Salt Spring Island, British Columbia V8K 2J2  
Creditors and others having claims against the Estate of ROBERT ALLEN ASTON, are hereby notified under section 38 of the Trustee Act that particulars of their claims should be sent to the Executor at Box 414, Ganges P.O., Salt Spring Island, B.C. V8K 2W1 on or before March 22, 2013, after which date the Executor will distribute the Estate among the parties entitled to it, having regard to the claims of which the Executor then has notice.  
James Pasuta  
Solicitor for the Estate of ROBERT ALLEN ASTON

**GET NOTICED**

Published in the first Driftwood of each month. Send your submissions to [news@gulfislandsdriftwood.com](mailto:news@gulfislandsdriftwood.com) or drop them off at the Driftwood office.

**INFORMATION**

**LEGALS**

**NOTICE TO CREDITORS AND OTHERS**  
NOTICE is hereby given that creditors and others having claims against the Estate of Gillian Cynthia Shugar, Deceased, of 431 Beaver Point Road, Salt Spring Island, BC who died on February 25, 2012, are hereby required to send them to Jonathan Mark Pinckard, the Executor of the Estate, c/o Severide Law, Barristers & Solicitors, #201-5027 47A Avenue, Delta, BC V4K 1T9, before April 10, 2013, after which date the Executor will distribute the said Estate among the parties entitled thereto, having regard to the claims of which he has notice.

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For more info call Shirley at Garden Faire 250-537-4346

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person required. Good mechanical knowledge, heavy lifting capabilities, valid BC drivers license and computer skills are a must. Please drop off resume to The Rental Stop, 327 Rainbow Rd. No Phone calls please.

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SALT SPRING ISLAND  
**Ethical Issues Regarding End of Life Decisions**  
Presented by Dr. Johnna Fisher, Instructor  
UBC Department of Philosophy  
**Sunday, March 17th, 1:30 - 3:30pm**  
**Harbour House Hotel, Orchard Row**  
*This event is by donation and everyone is welcome!*

**Bible Believers Fellowship**  
of Salt Spring Island  
Sunday service 10 - 11:30 am  
*sharing the saving gospel of Jesus Christ*  
Romans 10:17 Psalm 119:105  
**Bible reading Hymns Prayer**  
Core Inn - 134 McPhillips Ave.  
Side stairs - upper room  
[www.bbfsi.org](http://www.bbfsi.org)  
more info: 250-537-4934

**Salt Spring Singers Community Scholarships**  
Salt Spring Singers community choir is offering two \$400 scholarships to members of the Salt Spring Island community who wish to pursue music studies. Preference will be given to candidates who intend to study voice and/or are members of a community or school choir.  
**The deadline for applications is Tuesday, April 9, 2013.**  
For more information and an application package, please go to [www.saltspringsingers.org/scholarships.html](http://www.saltspringsingers.org/scholarships.html) or call Rosemary Wallbank at (250) 537-4398.

**Thinking of volunteering somewhere?**  
Check out opportunities at:  
[www.volunteersaltspring.com](http://www.volunteersaltspring.com)  
or phone Anne at 250-537-2054

**salt spring island FOUNDATION**  
Connecting your giving with island needs

Your gift today will help islanders now and in the future. The Foundation gives approximately \$100,000 to our island's charitable organizations every year.

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[www.saltspringislandfoundation.org](http://www.saltspringislandfoundation.org)

**RECREATION FUNDING AVAILABLE**

Salt Spring Parks and Recreation is receiving applications, from qualifying community organizations, for funding to assist with parks and recreation related projects, which provide additional recreation facilities, equipment, services or programs that benefit the community. Funding is usually awarded on a one-time basis, but under certain circumstances may be applied to ongoing programs. The deadline for the current applications is Tuesday, April 2, 2013. Application forms are available on our website [www.crd.bc.ca/ssiparc](http://www.crd.bc.ca/ssiparc) or at the PARC office. Call 537-4448 or email [ssiparc@crd.bc.ca](mailto:ssiparc@crd.bc.ca).

# DRIFTWOOD CLASSIFIEDS

## CLASSIFIEDS

DEADLINES  
TUESDAY 9:30 AM

classified@driftwoodgimedia.com

- PERSONAL SERVICES
- HOME/BUSINESS SERVICES
- HOME/BUSINESS SERVICES
- RENTALS
- RENTALS
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**WHAT'S ON**  
page 10

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All Saints celebrates Vespers for St. Patrick and St. Brigid this Sunday, March 17.

This is an evening service with a Celtic flavour and contemplative atmosphere as foundational Irish Christian saints are remembered.

All are welcome and admission is free for this Irish blessing.

REUNION

# War brides and families invited to Victoria reunion

The Canadian War Brides and Families Association is hosting its annual reunion in Victoria this year, and extending an invitation to Gulf Islands residents.

Any war brides or their family members can join the fun from April 12 to 14 at the Fairmont Empress Hotel.

"There were 48,000 war brides and 22,000 children that crossed the Atlantic to join their Canadian husbands and fathers," explains the invitation. "War bride numbers have diminished but we know there are thousands of war bride children, grandchildren and great-grandchildren out there and we'd love to see you."

For more information and to get a reunion registration form, contact Joan Reichardt at 250-352-7013 or jreichardt@netidea.com.

## TOO LATE TO CLASSIFY

**Basic FOODSAFE.** Monday, March 25 from 8:30am to 4:30pm, \$70. Harbour House Hotel. Call Sheri 537-1883 to register.

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This Week's

## Noroscope

by Michael O'Connor

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Tip of the Week:

The last days of winter are symbolic of the deeper reaches of Pisces. This is akin to the pre-dawn glow that emerges from the darkest, coldest period of the night. The influence of last week's New Moon will linger for the next few weeks. Yet it will increasingly play a background role as the energies of Aries take the stage. In addition to the Sun entering Aries marking Equinox, Mars is also there and will form an exact conjunction with Uranus (March 22) followed by a hard aspect to Pluto on the 26th. This will have an igniting effect. With so many revolutions rumbling, this next cycle will produce much more action and drama. The uproar in the clear face of corruption such as the forced implementation of Smart Meters, Geoengineering (chemtrails, no not contrails; look-up, learn the difference) and Bill C51 are a few examples of an old order in its desperate death throes - the proof of preventative medicine and solar power are on the rapid rise. Further, the cry of crimes against humanity linked to the Roman Catholic Church and the recent resignation of Pope Benedict XIV (16 - the Tower) revealing a web of deception literally millennia old. The steady fall of icons and would be and has been heroes all symbolize the light of a new day. Much has been at play in the night, a good deal of it foul, so this dawn brings with it many rude awakenings. Spring 2013 is here, the year of the skin shedding Snake. And the first official year post 12-21-2012 is certainly delivering as promised. Perhaps the cataclysms said to have dealt a sudden decline at this time in the previous 'great year' is coming about differently, perhaps a slower death. Then again Comet Ison cometh...

**Aries (Mar 21 - Apr 20)**

You are in a revolutionary mood, as if suddenly. Ideally this will manifest as major and significant initiatives. Be careful not to let this energy lead you to regretful reactions. Handled well, this powerful impulse could catapult you into promising new territory. Significant change is imminent; deliberate self-controlled direction is required.

**Taurus (Apr 20 - May 21)**

Shifts, changes and ambitions are brewing on both conscious and subconscious levels. As with dreaming, your focus may not be so clear and/or others may not be clear with you. At worst, this lack of clarity is obscuring denials and deceptions within your own mind and/or coming from others. Like entering a patch of fog while driving, proceed slowly with due caution.

**Gemini (May 21 - Jun 21)**

Shifts, changes and initiatives in your public and/or professional spheres have begun. These are leading you into new territory. Exciting exchanges with friends new and old are featured. Yet things are not as they were nor do you want them to be. You want to make a fresh start and woe to anyone preventing you from doing just that.

**Cancer (Jun 21 - Jul 22)**

New visions, perceptions, beliefs or at least imaginings have been activated. These vistas of your higher mind are allowing you to truly see. Perhaps it is your own soul, or family member's or humanity as a whole. This inner sight might not be easy to bear, however. It takes courage, strength and responsibility. This is a call to learn how and/or perhaps to show others.

**Leo (Jul 22 - Aug 23)**

A process of rebirth is underway. The flip side is endings. Either way, a regenerative phase has begun. Since this is destined to occur and is actually happening for you, choosing to consciously cooperate is wise. The more willing and able you are to see yourself and the world and in it, in new ways, the better. Break habits, change patterns, clear, clean and renew!

**Virgo (Aug 23 - Sep 22)**

The seeds of change have been sown in your relationships. These are affecting your home and family and your career and worldly status. Expansion and risk taking is implied, even required. Yet, so too is caution. The influence of Pisces is still lingering and is likely obscuring perceptions, creating confusion and even deceptions. Be extra clear in all exchanges.

**Libra (Sep 22 - Oct 22)**

The call to strengthen your constitution continues to sound like a steady whistle in the wind. Deciphering what to do is your basic task. Nurturing your body with medicinal herbs and supplements and wholesome food is the proactive way of wisdom. Your clean body and strong constitution will lay the foundation for mental and emotional balance as well.

**Scorpio (Oct 22 - Nov 21)**

In terms of creative possibilities, you have hit upon a vein of gold. Your main obstacle now tends to be too much talk and not enough walk. This is certainly not the time to be a spectator. This is your cue to take the stage. Your spirit is calling. Are you willing to answer? Meditate upon what is your truth. Feel it, realize it, accept it and...action!

**Sagittarius (Nov 21 - Dec 21)**

Some major events are unfolding close to home. Out with the old should be especially clear. The new is coming but is not here quite yet. The old may well include stuff or it could be habitual rhythms. In any case, beliefs and perceptions with very deep roots are losing their grip as winds of change the magnitude of hurricanes are pushing them loose.

**Capricorn (Dec 21 - Jan 19)**

Dreams of possibility on the wings of imagination have taken flight. Your challenge now is to make them lucid. This means clarity and close attention to details. The finishing touches often take the most time. Yet you also want to feel centered in your core, flexible and strong. A driving urge to get a firm grip will require initiative and some instruction.

**Aquarius (Jan 19 - Feb 19)**

A big activation of your sense of values and priorities has begun. You are very much in a foundation building period. Conversely, it may feel as though you are on the mountain scaling steep slopes. Many new perceptions are consequently stirring and you have already begun to take action upon them. Expect more of the same, much more...

**Pisces (Feb 19 - Mar 20)**

You are in the mood to assert yourself. Many new initiatives are already underway. Breaking through inner and outer resistance is essential for success. Yet, you are also wise to proceed steadily and consistently, as though setting the momentum for a long run. Your confidence levels are on the rise so advance accordingly to give them an added boost.

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## MEN'S SOCCER

# Hometown recruits foil Old Boys' victory

But lack of Blue players results in official win

BY SEAN MCINTYRE  
DRIFTWOOD STAFF

A distinctively Salt Spring-infused opposition topped the Old Boys in a hard-fought afternoon match at the GISS field on Sunday.

With only six players able to make the trip to the island, an underpowered Island Blue side received a welcome dose of island hospitality to round out their team and hit the pitch.

"A cracking game of football ensued," said Richard Steel, a spokesperson for the Old Boys.

The score bounced both ways throughout the match with Mike Davis, Phil Ritson and Matt Johnson on target for the Old Boys.

For his part, Salt Spring's Mark Aston won no friends by scoring twice while on loan to the visitors.

A highlight of the game came in the second half when well-respected island referee Malcolm Legg came out of retirement and took the field

for the Old Boys.

"Within two minutes he had received a yellow card for a theatrical dive in an attempt to win a free kick," Steel recounted.

The Blues finished on top with a 4-3 victory. In a welcome twist, the Old Boys will officially claim a 1-0 win, in accordance with South Vancouver Island Classics Soccer Association regulations as the visitors were unable to field a full team.

"It was good practice to help prepare us for our return to Gordon Head next weekend when we have a score to settle with the Gordon Head Nearly Dead," Steel said.

In other soccer news, Salt Spring FC will try to capitalize on a strong Jackson Cup showing to close out the year with a victory on home turf. Salt Spring hosts the PLSC Lakers in an end-of-season Div. 1 showdown at Portlock Park at 2:15 p.m. on Saturday, March 16.

Salt Spring Alumni FC faces a double-header weekend with Gorge FC on Saturday and a Sunday morning engagement versus Nanaimo FC.



PHOTO BY KYLE HEEB

Salt Spring Old Boys player Matt Johnson, right, goes for the prize against an Island Blue opponent in a game at Portlock Park on Sunday.

## GIRLS' SOCCER

# Girls crowned U15 silver league champs

Salt Spring earns trip to district finals

The hard-working cast of Salt Spring's U15 silver girls team secured top spot in their division on Saturday with a dramatic

1-0 double-overtime win against Cowichan.

Maja Nordine averted a shootout by scoring the winner with four minutes left in the second overtime period.

Salt Spring benefited from strong hometown support as

parents lined the field to watch the nail biter at Portlock Park.

Keeper Katie Hunt earned the shutout as Salt Spring's persistent defensive unit and midfield repeatedly disarmed any potential for a Cowichan drive.

"This is a Cinderella story," said

parent Mark Nordine. "There was a strong team effort to keep a gold-level team from scoring."

The win means Salt Spring gets to play against Lakehill or Bays United in the gold District Cup final in Juan de Fuca on April 6.

## RUNNING

# Sneakers reach all-time high in Sidney

Thirteen islanders run in Bazan Bay 5K

With two medalists, a pair of fourth-place finishers and nine top-10 results at Sunday's Bazan Bay 5K race in Sidney, the Salt Spring Sneakers continue to keep pace with the competition.

"The team results show some very encouraging stats," said team spokesperson Lynn Thompson in a post-race report.

With three events left in the eight-race series, the Sneakers have already surpassed last season's point total and sit ninth overall.

"Note that if you calculate the points per entry for the top-10 teams, we are in first place," Thompson added. "We're a quality team rather than a quantity one."

Runners' result are especially noteworthy, Thompson said, given the event's popular-

ity among competitive runners from Vancouver Island and the Lower Mainland.

The Sneakers' top competitor, Andrew Haigh, crossed the line with a "gun time" of 18:30 for a 117th overall finish and third place in the M55-59 age category.

Susan Gordon, who finished in 20:27, earned top spot among 37 racers in the F50-54 age group. Gordon needs to finish in only one more race to clinch

first place in her age category for the year.

Fourth-place finishers were Rick Laing in the M60-64 division (21:24) and Sandra Buyze in the F55-59 group (23:15).

Other finishers included Melanie van Soeren: 21:10; Eric van Soeren: 22:35; Marcia Jansen: 24:06; Karen Curtin: 24:17; Mari- on Young: 24:34; Catherine Bennett: 25:32; Gillian McConnell: 26:26; Douglas Wahlsten: 26:32; and Julie van Soeren: 30:11.

## GYMNASTICS

# McIntyre books her ticket to western finals

Things are looking great for 13-year-old Darby McIntyre after the Salt Spring Island-based gymnast finished fifth at the Team BC trials in Langley on Sunday.

McIntyre captured

the last of five qualifying spots by placing first in the floor event against 15 competitors in her division. The gold-medal-winning 14.2-point result made up for a less-than-desirable performance in the vault,

bars and beam events.

A fall off the beam usually means it's game over, according to an interview with Darby's mother Kim on Monday morning.

McIntyre's comeback performance confirms

her spot on the provincial novice team. The team takes on the best gymnastic squads in the country during the Western Canadian Gymnastics Championships in Winnipeg on May 3, 4 and 5.

"We're hoping to go with her and support her and the team," said Kim McIntyre.

McIntyre trains in the Cowichan Valley with the Duncan Dynamics five days a week.

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## SAILING

# Herbert's Kay D triumphs again

Sailors welcome March with five-race regatta

A dearth of wind wasn't enough to stop skipper Martin Herbert aboard Kay D from securing a third victory of the Salt Spring Sailing Club's young 2013 race season.

The latest win came as the club ushered in the start of March with the annual Spring Regatta, an event made up of five short races in Ganges Harbour.

After a strong start by Roger Kibble on Imp and a series of hotly contested lead changes throughout the day's nearly two-kilometre opening race, Kay D proved the most able to use the morning's unsettled conditions.

"While the heads were down and lines being hauled the wind shifted and the Kay D, rounding some seconds later, sheeted in hard and beat up towards new wind. After a few moments of struggling with spinnakers strapped in hard and watching the Kay D roll over them, Kiatoa and Imp dropped their spinnakers and chased the new leader," wrote Herbert in a post-race report.

"The wind was swinging through 30 degrees and was tailor-made for an old lake sailor and so the Kay D hung on to her lead to take the first race."

In the day's second race, Kibble proved a force to be reckoned with by mounting a dramatic come-from-behind victory against the day's favoured vessel.

"The fleet closed on the run and after rounding, serious challenges were made by Kiatoa and Velica before Imp drove over Kay D to take the lead," Herbert wrote. "Then things went lighter and the fleet compressed so it was anyone's game."

**"The wind was swinging through 30 degrees and was tailor-made for an old lake sailor."**

MARTIN HERBERT  
*Salt Spring Sailing Club member*

After Kay D took a chance on new wind to mount a late-race victory, Imp was somehow able to power through the leader's lee to win the race in the final 30 yards.

The afternoon featured a "great display of fine sailing" with much fun to be had at mid-fleet as boats stayed close and positions shifted with prevailing

wind patterns.

"It made for great tactical racing," Herbert said. "Several times Velica, Kiatoa and Kay D were in a tacking duel that seriously raised the level of fun, and this was happening all through the fleet."

Herbert commended many of the day's racers for some great spinnaker work throughout the day.

Cumulative results saw Kay D carry the day with three first-place results, a second and a third-place showing. Imp was a close second with a pair of first-place results and three second-position honours.

The leading pair finished well ahead of third-place Electra, skippered by Kibble. Velicia (Vincent Argiro) and Kaitoa (Philippe Erdmer) rounded out the top-five racers in a field of nine.

Herbert's victory follows earlier wins in the Ben Mohr Rock and Moresby/Portland races.

Racers will be on the water again this weekend as part of the two-day Round Penders event. The race's first leg concludes at Browning Harbour on March 16 where sailors will overnight in anticipation of Sunday's return to Salt Spring.

More information about the sailing club's racing schedule and how to volunteer as crew is available at [saltspringsailing.ca](http://saltspringsailing.ca).

## Started at the bottom and still there

Caltech teaches us that sports leagues need losers too



Patrick Cwiklinski

## OFFSIDE

Working media relations for the Caltech Beavers has to be one of the most wearing jobs in all of sports.

Not only does that poor individual have to write press releases for each of the team's many — and I mean many — losses but they also have to keep coming up with different ways to write about them as well.

Add to that the fact they're responsible for informing mainstream sports media outlets like ESPN and Sports Illustrated about their men's baseball team's 228-game losing streak and you've got a potential shrink case wrapped in a bow.

But wait, it gets worse.

Caltech is also the home of a men's basketball team that was once on a 207-game losing skid (check out the 2007 documentary Quantum Hoops) and a women's basketball team that lost 50 in a row. Needless to say, but I will anyway, athletics at Caltech are almost equivalent to Kim Kardashian's singing ability.

I immediately apologize for subjecting you to that musical atrocity but perhaps now you understand the full scope of just how bad Caltech's teams have performed.

Yes, all of the aforementioned teams have been able to snap those unbelievably long losing streaks at some point but neither the baseball nor basketball teams are top contenders in their divisions and still hold pretty shockingly terrible records to this day.

Just breezing through each team's page on Caltech's website for their latest results, you can see it for yourself.

Men's baseball: 1-10  
Men's basketball: 1-24

Men's soccer: 0-19  
Women's basketball: 1-24  
Women's volleyball: 1-21  
Men's tennis: 0-5

One the plus-side, their website is really nice.

This isn't a public shaming of Caltech athletics, it's a reality check. Here is a program that has been at the bottom of NCAA Division III bar-

rel for quite some time and the only publicity it gets is when they win a game once every few years.

It's sad but it also serves as an important reminder about the nature of sports and the fact that not every team playing in the same league is necessarily on the same level.

That doesn't mean Caltech should be deprived of an athletics program because — as the majority of sane people know — winning isn't everything.

Is it a great feeling to go on long winning tears? Absolutely. But how many teams actually get to experience that and how many teams are there like Caltech who go out, play the game and end up on the losing side nine out of 10 times?

Well, not that many either, but what I'm trying to say is, and I'm aware of how this sounds, leagues need losers too.

If every team is elite, then what's the point of watching teams like the Lakers, Red Wings, Patriots and Yankees dominate their respective leagues for long periods of time? Greatness is and should be reserved for the few teams that deserve it but teams like Caltech shouldn't be ridiculed because they haven't reached that level — they need to keep trying.

Maybe they'll never get to a championship as long as they stay in the NCAA Division III but that's the great thing about sports: in the end, all that matters is that they left it all out there and showed everyone that they're still worth a damn regardless.