



Monster art

Meet Strujohemaza.
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Tech Talk

Follow your heart...
in digital time
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Driftwood

GULF ISLANDS

Wednesday, February 11, 2009 — YOUR COMMUNITY NEWSPAPER SINCE 1960 49TH YEAR — ISSUE 6 \$1.25 (incl. GST)



PHOTO BY JOHN CAMERON

ON THE FLY: Gulf Islands Secondary School basketball player Cayce Fedberg picks up a basket against Brentwood in the Scorpions senior boys' last home game of the season Monday afternoon. Fedberg scored 15 points as GISS went down 49 – 71 to a strong Brentwood squad.

ISLANDS TRUST

Marina expansion gets first reading

Opponent fears loss of 'something precious'

BY SEAN MCINTYRE
DRIFTWOOD STAFF

A proposal to expand the Salt Spring Marina overcame another step after local trustees gave first reading to the company's rezoning application on Thursday.

The proposal would see the marina's area increase 20 per cent to allow for the moorage of between 60 and 72 boats in total, according to an Islands Trust staff report.

A breakwater would run along the marina's outermost boundary near Money Makers Rock. Salt Spring Marina representatives seek the rezoning in order to improve and expand current docking facilities, increase boater safety and improve shoreline protection.

The multi-faceted application calls for an amendment to the island's official community plan and the marina's shoreline development zone designation, among other items.

The applicant must hold an information session for the public before the Trust will schedule a formal public hearing on the matter.

Trustees passed a subsequent motion asking the applicant to develop a voluntary mechanism to achieve long-term dock space for island boat owners, a Clean Marine BC rating and a willingness to connect to the Ganges boardwalk if and when the infamous walkway ever reaches marina property boundaries.

As part of its application, the applicant has committed to operating a floating sewage

MARINA continued on A2

RCMP

Body recovered near Walker Hook

Coroner investigating cause of death

BY SEAN MCINTYRE
DRIFTWOOD STAFF

Emergency crews recovered the body of a 51-year-old Salt Spring Island man on Monday afternoon following an extensive search of the man's Fort Street-area neighbourhood.

A Ganges Coast Guard crew spotted the man's

body while scanning the shoreline near Walker Hook at approximately 2 p.m.

Provincial coroner Honey Forbes attended the scene later in the day and the incident remained under investigation on Tuesday.

"The coroner service is investigating and has yet to establish a cause of death," she said.

Forbes said the man's identity will only be released to the public when next of kin have been notified.

The provincial coroner's office in Duncan is

leading the investigation.

Salt Spring RCMP Sgt. Danny Willis said on Tuesday there is no evidence to indicate a criminal investigation is in order at this point.

He said a family member reported the man missing on Sunday afternoon.

The RCMP did not call in Salt Spring Search and Rescue (SAR) personnel until Monday morning due to the complexity and danger associated with night searches, Willis added.

SEARCH continued on A2

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NEWSBEAT

COURT DOCKET

Drug cocktail blamed for B&Es

Woman rehabilitated, says defence counsel

BY SEAN MCINTYRE
 DRIFTWOOD STAFF

A Salt Spring Island woman received a 90-day conditional sentence and 50 hours of community service for her role in a series of break and enters dating to

May 2008. Justice Brian MacKenzie ordered that Kimberly Milke must respect a curfew between 10 p.m. and 6 a.m., abstain from drinking alcohol, attend counselling as directed by her supervisor and write letters of apology to her victims as part of her conditional sentence. "You have made remarkable progress," MacKenzie said in Ganges Provincial Court on

Tuesday. "Break and enters are serious and I'm sure you understand that now." Defence counsel Tybring Hemphill told the court his client had abused "a dangerous cocktail" of prescription and non-prescription drugs to such an extent that she had next to no recollection of breaking into the two residences along Fulford-Ganges Road. "She is very ashamed," he

said. "She is genuinely sorry and has followed through on her goal to rehabilitate herself." Milke confessed to her crimes when Salt Spring RCMP officers stopped her near the crime scene and discovered several stolen items in her possession. She is not to contact the victims nor visit the victims' homes for the duration of her sentence.

16 SAR members take part in search

SEARCH continued from A1

"By the time [the report] came in it was getting darker," he said.

A team of 16 Salt Spring Search and Rescue (SAR) members, working from a staging area on Fort Street, combed streets and properties in the area as soon as the search was initiated on Monday morning.

Crews were stood down by mid-afternoon when news of the missing man's status was confirmed.

"It's a huge blow for our troops," said SAR search manager Chuck Hamilton. "Usually we are successful."

Thieves tap into syrup operation

RCMP remind motorists to respect school bus signals

Salt Spring RCMP are asking the public for help to track down the individual or individuals responsible for the theft of syrup and sap from a local maple syrup operation over the weekend.

Thieves broke into the Harbour House Farm's nursery building on Feb. 1 before making off with the sweet stuff and ransacking a small building on the property. People with any information are asked to call 250-537-5555.

In other RCMP news:

- A 54-year-old Salt Spring resident was transported to hospital after he was involved in a single-vehicle accident at the corner of Sunset Drive and Vesuvius Bay Road on Sunday afternoon just after 1 p.m.

RCMP continue to investigate the cause

RCMPREPORT

of the accident.

- Police issued a 24-hour driving prohibition to a 33-year-old Salt Spring man after a routine road check near Fulford Hall on Monday found he was driving without a licence.

Further investigation revealed the man was also wanted on an outstanding warrant. He was taken into custody and later released on a promise to appear in court in Victoria on Tuesday.

- The Salt Spring RCMP wishes to remind motorists that drivers who disregard regulations requiring them to stop at the scene of a school bus with flashing lights are liable to a \$167 fine.

The reminder comes in response to a number of complaints that drivers have been seen disregarding signal lights.

Salt Spring Marina expansion sets sail on rezoning course

MARINA continued from A1

pump-out facility, maintaining public access to the boat ramp (for a small fee) and operating in an environmentally responsible manner.

The Islands Trust staff report indicates there are no plans for any "structures" to be located on the breakwater.

Speaking during the Salt Spring Local Trust Committee meeting's "town hall" session on Thursday afternoon, island resident Maxine Leichter voiced concern the expansion will not serve most islanders' interests.

"The harbour is the focal point for the island," Leichter told trustees.

"Too many structures in the harbour will be unattractive and unnatural. At some

point, it will detract from the charm that brings tourists to our island and we will all lose something precious."

She urged trustees to deny the application on the grounds further congestion in the harbour would worsen an already precarious situation.

"I have heard it stated that the harbour is 'an accident waiting to happen,'" she added.

Island Anthology see page B8

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	m		ft
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WE	12:37	2.0	6.6
	17:49	2.9	9.5
12	00:01	1.1	3.6
TH	07:08	3.5	11.5
	13:25	1.7	5.6
	19:04	2.7	8.9
13	00:40	1.5	4.9
FR	07:30	3.4	11.2
	14:13	1.4	4.6
	20:25	2.6	8.5
14	01:19	1.9	6.2
SA	07:52	3.4	11.2
	15:00	1.2	3.9
	21:58	2.6	8.5

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Newsbeat

Heads up!

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EMPLOYMENT

Salt Spring is no exception to the job crunch

Employment centre sees fewer postings, more job seekers

BY SEAN MCINTYRE

DRIFTWOOD STAFF

Less than a year ago, Suzanne Archer could hardly keep up with the number of postings island business owners were sending her way.

These days, the job board at the Career Assistance and Resources for Employment (CARE) centre office on McPhillips Avenue has more blank areas than Archer has seen in the year since the centre opened.

What's more, of the few jobs that are posted, many are on Vancouver Island or the Outer Gulf Islands.

"I would say our job board is looking a little more slim than it has in the past," she said.

There are still some jobs for those who need something in a pinch, but it is the scope of employment opportunities that has yet to materialize this year.

"Looking at that, it appears we're still not getting the commitment from the employers," Archer said. "We're hearing some hesitation and I'm sensing that this is kind of a waiting game."

Archer said she doesn't have any Salt Spring-specific statistics, but, by the looks of things, the island is mirroring the national trends.

On Friday, Statistics Canada announced that the national unemployment rate reached 7.2 per cent in January. That's the highest it's been since November of 2004. British Columbia's unemployment rate rose to 6.2 per cent with Victoria's increasing from 3.6 to 4.0 per cent.

After several years of solid economic times, Archer said, she is now seeing more new faces visit her for information on how to start a new job search.

"I guess I'm seeing some trades that I haven't seen in the past," she said. "I've seen some new faces and they're very skilled."

People are turning to CARE for more information about how to polish their resumes, improve interview skills and find inventive ways to market themselves to potential employers.

"People who may have never come before are sort of branching out to see if they are missing out in the interim between jobs," she said.

With national and provincial indicators pointing towards higher unemployment rates in coming months, Archer is cautiously optimistic about employment prospects facing Salt Springers.

That's because island employers usually begin advertising their positions for the busy summer season by the end of February.

Only in March, Archer added, will she have a clearer picture of whether the slowdown is a result of the usual winter-months pattern or something much greater.

"I am careful to say that I really don't know if it's a combination or if it's just a seasonal thing," she said. "I'm keeping my fingers crossed that it is a traditional season on Salt Spring and that, come a few weeks, companies will still be hiring for the season."

In the meantime, Archer said, it's a great time for people to learn a new skill or try to tap the hidden job market.

Reaching that segment, Archer explained, is about taking the initiative to seek out potential employers who aren't posting positions.

In the best of times, many companies routinely fill positions long before they get a chance to advertise the job. When jobs are harder to come by, these "hidden" positions get snapped up even faster.

"You don't know that until you enquire," she said. "Establishing a good resume, cover letter, meeting one on one and following up are very important."

With financial help from the Government of Canada, CARE offers job seekers one-on-one assessments to highlight skills and weaknesses, career counselling, referrals to specialized employment programs and an extensive series of onsite workshops.

Employers can post job opportunities with Archer or Gayle Mavor by phone, fax or e-mail at no charge.

For more information on the centre's programs, contact CARE Gulf Islands at 250-537-8562, visit the organization's website at www.careonline.ca or drop in to the office at 105 McPhillips Avenue in Ganges.



PHOTO BY DERRICK LUNDY

Suzanne Archer, left, and Gayle Mavor of CARE employment centre in Ganges.

News briefs

Film crew boards Mayne Queen

Passengers travelling between Swartz Bay and the southern Gulf Islands can expect some additional guests on board this Thursday when a film crew sets up shop on the Mayne Queen.

Deborah Marshall, media relations director for B.C. Ferries, said a 75-member group with a Victoria-based production company will be filming a teen mystery during the morning of Feb. 12.

"It doesn't happen that often but occasionally a location scout will like the look of the ferry or the scenery, and the Gulf Islands certainly is a beautiful place to get that scenery shot."

Marshall said there should be limited disruption to regular passengers' travel plans. The ferry's 9 a.m. departure from Swartz Bay may be a few minutes late due to equipment loading. Also, the 11:30 sailing from Otter Bay may be overloaded. If that's the case, the Queen of Cumberland will be on hand to take overflow passengers.

Flu sufferers need 48 hours of isolation

Lady Minto Hospital staff are asking islanders who've had the flu to make sure they stay home until they have been clear of symptoms for 48 hours.

Hospital clinical coordinator Jo Twaites brought the issue to the attention of the Driftwood, noting that schools and the hospital are two public places where flu can be spread unnecessarily when the 48-hour prohibi-

tion is not heeded.

People should also not host visitors if someone in their home has not been clear of flu symptoms for the full two-day period.

Other suggestions for flu sufferers, in order to minimize the disease's spread, are:

- do not prepare food for anyone else while you are symptomatic;
- wash hands after toiletting or vomiting and before contact with family members;
- isolate yourself to your own bedroom and bathroom. Don't share towels.

Fire training plan hearing

A long-gestating proposal to build a firefighters' training facility on Fulford Valley Salt Spring Fire Protection District property goes to public hearing next week.

The rezoning application creates a new agriculture zone variation that would allow use of an emergency response station and fire training facility on part of the property where the current Fulford fire hall is situated.

People can submit their comments in writing to

the Salt Spring Island Local Trust Committee by mail at 1-500 Lower Ganges Road, V8K 2N8; by fax to 250-537-9116; or online at <http://www.isandstrust.bc.ca/ltc/ss/meetings/cfm> where they can complete the public hearing submission form for Feb. 20. All written input must be received by 4:30 p.m. on Feb. 19.

Comments can also be read or made in person at the public hearing set for Fulford Hall on Friday, Feb. 20 beginning at 4 p.m. A public information session about the bylaw will run from 3 to 4 p.m. that day.



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NEWSBEAT

DEVELOPMENT

Channel Ridge paralyzed by credit squeeze

Company intends to meet bank's demand

BY GAIL SJUBERG
DRIFTWOOD EDITOR

Shifting demands from its primary lender have kept the brakes on the Channel Ridge Properties Ltd. (CRPL) Highbridge development and will do so until the company raises another \$15 million.

"We were ready and raring to go a year and a half ago," said CRPL spokesman Bryce Chapman last week when asked for a project update.

"Then the HSBC [Bank Canada] changed their mind and said, 'We want to see more equity from the owners.'"

CRPL shareholders are about 300 individuals who live in B.C. and Alberta, said Chapman.

"We said, 'that's really not fair,' but we went and formed a mortgage and investment corporation and raised another \$10 million... Almost as soon as we got the money in they said, 'It's not enough.'"

The company spent several months looking for funding sources

in order to pay out HSBC, but none of the scenarios were deemed satisfactory.

Now, said Chapman, CRPL is set to form another temporary, private mortgage and investment corporation and raise a further \$15 million. Potential investors are welcome to inquire, of course.

"People would get an eight to 10 per cent return on their investment," he said.

"We have something that is about as safe as you are going to get."

While the delay has been extremely frustrating for all involved, one positive factor is that construction costs are decreasing due to the economic downturn.

"We've re-quoted some work and the construction costs are down."

Chapman said no changes are planned to the project's Phase I, which includes 24 single-family homes, 64 duplexes, 18 triplexes and 12 fourplexes.

Some 650 square metres (7,220 square feet) of commercial space is also in the plan.

The project received development

permit approval from the Islands Trust on Jan. 31, 2006, and the zoning has been in place since the mid-1980s.

No other regulatory issues are holding up progress and the subdivision has been completed through the Ministry of Transportation, said Chapman.

Chapman also praised the Islands Trust, both for its official community plan that saw the benefits of clustering development in a village at Channel Ridge and preserving some 900 of the 1,400 acres, and for CRPL's specific dealings with the Trust.

"Our experience here has been great from day one."

However, Ron Martin, president of the Channel Ridge Homeowners' Association, feels construction could have started sooner and the credit crunch avoided if there wasn't so much "red tape" involved in getting a development of this size off the ground on the island.

"If we had a municipality, my feeling is the development would have been underway, which could have created jobs and been good for the economy of Salt Spring Island."

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4 Long Harbour

Monday - Friday

(A)	(L)	(A)
Lv. Visitor Info Centre: Ganges	Ar./Lv. Long Harbour	Ar. Visitor Info Centre: Ganges
1:20	1:30	1:40
2:55	3:05	3:15

Saturday

1:40	1:50	2:00
2:55	3:05	3:15

5 Fernwood

Monday - Friday

(A)	(M)	(A)
Lv. Visitor Info Centre: Ganges	Ar./Lv. Fernwood Dock	Ar. Visitor Info Centre: Ganges
10:30	10:45	11:00
2:20	2:35	2:50
6:05	6:35	6:50

Saturday

10:30	10:45	11:00
2:20	2:35	2:50
6:05	6:35	6:50

2 Fulford Harbour

Monday - Friday

(A)	(I)	(J)	(K)	(E)	(E)	(K)	(J)	(I)	(A)
Lv. Visitor Info Centre	Lv. Cushman Lake Rd.	Lv. Burgoyne Bay Rd.	Lv. Fulford Hall	Ar. Fulford Harbour	Lv. Fulford Harbour	Lv. Fulford Hall	Lv. Burgoyne Bay Rd.	Lv. Cushman Lake Rd.	Ar. Visitor Info Centre
7:10	7:16	7:23	7:27	7:30	7:40	7:43	7:47	7:54	8:00
9:10	9:16	9:23	9:27	9:30	9:40	9:43	9:47	9:54	10:00
11:10	11:16	11:23	11:27	11:30	11:40	11:43	11:47	11:54	12:00
3:10	3:16	3:23	3:27	3:30	3:40	3:43	3:47	3:54	4:00
5:10	5:16	5:23	5:27	5:30	5:40	5:43	5:47	5:54	6:00

Saturday

9:10	9:16	9:23	9:27	9:30	9:40	9:43	9:47	9:54	10:00
11:10	11:16	11:23	11:27	11:30	11:40	11:43	11:47	11:54	12:00
3:10	3:16	3:23	3:27	3:30	3:40	3:43	3:47	3:54	4:00
5:10	5:16	5:23	5:27	5:30	5:40	5:43	5:47	5:54	6:00

1 Ganges Local

Monday - Friday

(A)	(H)	(C)	(D)	(A)
Lv. Visitor Info Centre: Ganges	Lv. Hospital	Lv. Brinkworthy Place	Lv. Rec. Centre	Ar. Visitor Info Centre: Ganges
8:05	8:08	8:12	8:20	8:22
10:05	10:08	10:12	10:20	10:22
12:00	12:03	12:07	12:15	12:17
2:00	2:03	2:07	2:15	2:17
4:05	4:08	4:12	4:20	4:22
6:05v	6:08v	6:12v	-	-

Saturday

8:05	8:08	8:12	8:20	8:22
10:05	10:08	10:12	10:20	10:22
12:00	12:03	12:07	12:15	12:17
2:00	2:03	2:07	2:15	2:17
4:05	4:08	4:12	4:20	4:22
6:05v	6:08v	6:12v	-	-

v-Trip continues as Route 3 Vesuvius

3 Vesuvius

Monday - Friday

(A)	(F)	(G)	(G)	(F)	(A)
Lv. Visitor Info Centre: Ganges	Lv. Portlock Park	Ar. Vesuvius	Lv. Vesuvius	Lv. Portlock Park	Ar. Visitor Info Centre: Ganges
6:30	6:37	6:45	6:57	7:04	7:10
8:30	8:37	8:45	8:57	9:04	9:10
12:20	12:27	12:35	12:40	12:47	12:53
3:30	3:37	3:45	3:57	4:04	4:10
4:30	4:37	4:45	4:57	5:04	5:10
6:05f	6:16f	6:22f	-	-	-

Saturday

8:30	8:37	8:45	8:57	9:04	9:10
12:20	12:27	12:35	12:40	12:47	12:53
3:30	3:37	3:45	3:57	4:04	4:10
4:30	4:37	4:45	4:57	5:04	5:10
6:05f	6:16f	6:22f	-	-	-

f-Trip continues as Route 5 Fernwood

ISLANDS TRUST

Coffee Co. application spawns sprawl debate

Trustees ask for more public input

BY SEAN MCINTYRE
DRIFTWOOD STAFF

Debate over the Salt Spring Coffee Co. proposal to build a roasting facility at 1501 Fulford-Ganges Road highlights the island's need to address sprawl and development, according to local Trust committee (LTC) member George Ehring.

"We as a community have to come to terms with these kinds of operations that are asked for in our community. Whether it happens to be near Ford Lake or someplace else, we are going to need to address the issue of sprawl or are going to have to say no to everything on the

basis of sprawl," Ehring said during Thursday's monthly LTC meeting.

"We can do that and we can say goodbye to those jobs and we can say goodbye to the economic diversity, but, to me, that's not addressing how we can accommodate companies like this that provide hundreds of thousands, if not millions, of dollars of income to our own community."

Among arguments presented by people opposed to the roasting facility is the belief that spot rezoning could trigger more commercial or industrial developments in the neighbourhood.

Ehring said the threat of sprawl and the "odour issue" are two outstanding points about which he still has seri-

ous questions.

Based on research conducted by Trust staff with the operators of two roasting facilities in Vancouver and the Victoria area, odours from the roasting process could be detected nearby.

"It may be that the plants were not operating at a high enough temperature, but I am concerned about odours and that is still very high on my own personal radar screen," Ehring said.

After spending several days studying the issue of aldehyde emissions from the proposed facility, Ehring said he does not believe any environmental or health threat exists.

Ehring and fellow-trustee Christine Torgrimson called on members of the commu-

nity to step forward if they have any evidence to the contrary.

Torgrimson voiced further concern over the inability of local governments to manage odour-related complaints in residential areas.

Islands Trust planners are finalizing plans to conduct an independent environmental review to assess impacts of the proposed coffee roasting facility.

"There are questions that I have and I hope there is somebody who can look at the assessment and, in particular, the issue of emissions," she said. "There's a great deal of public interest in the issue and it's bringing up some very key issues we need to resolve in terms of this island community."

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NEWSBEAT

RCMP

Drivers okay after dramatic accidents

Infamous corners claim two

Two women are fortunate to have sustained no serious injuries after their vehicles left the road in separate incidents last week.

In the first case, the driver appears to have lost control of her vehicle while negotiating a curve on Lower Ganges Road near Canal Road last Tuesday afternoon.

"She was actually very lucky," said RCMP Corp. Kerry Howse. "Given where she ended up, this could have been a very serious accident."

The north-bound driver's 1994 Toyota Corolla narrowly missed colliding with two oncoming vehicles before leaving the road and hitting a tree, he added. Her vehicle sustained major damage.

There is no evidence that alcohol or excessive speed were factors, Howse said.

Fire, ambulance and RCMP personnel restricted travel along Lower Ganges Road to a single lane until 4:30 p.m.

Howse said the driver, a nurse who lives in Cowichan



PHOTO BY DERRICK LUNDY

Emergency crews attend a single vehicle accident on North End Road on Thursday morning.

Bay and works at Lady Minto Hospital, was on her way to catch a ferry at Vesuvius when the accident occurred just before 4 p.m. on Tuesday, Feb. 3.

Howse said that particular stretch of road has been the site of four serious accidents

within the past six months.

The curve near St. Mark's Anglican Church on North End Road — another frequent crash site — was the scene of a mishap at 8:22 a.m. Thursday morning.

RCMP say the 61-year-old Salt Spring driver lost control

when going around a corner and the car ended up on its roof.

"It appears the driver was travelling too fast for road conditions and went into a skid, causing her to lose control," states an RCMP release.

ISLANDS TRUST

Rainbow Road rezoning gets first reading

Land Bank Society to test the waters

BY SEAN MCINTYRE

DRIFTWOOD STAFF

The island's local Trust committee gave first reading on Thursday to a rezoning application that would see new affordable housing units along Rainbow Road.

Prior to any public hearing, however, trustees George Ehring and Christine Torgrimson called on the applicant — the non-profit Salt

Spring Island Land Bank Society — to pay for and conduct a thorough groundwater survey at the 584 Rainbow Road property.

During a public information meeting hosted by the applicant in January, some neighbours expressed concern with the project's potential impact on the area's groundwater supplies.

Trustees said the groundwater study is needed to provide some clarity as to storage recharge rates, groundwater demand, possible arsenic contamination and the identification of water for

firefighting needs.

The Land Bank Society seeks a zoning variation on the 3.1-hectare (7.7-acre) rural-zoned property to construct 14 affordable housing units.

Before a formal public hearing is held, Land Bank Society representatives must provide the Trust with written confirmation that B.C. Housing will administer a housing agreement for the project.

Trustees and Islands Trust staff did not indicate when a public hearing for draft Bylaw 441 will be held.

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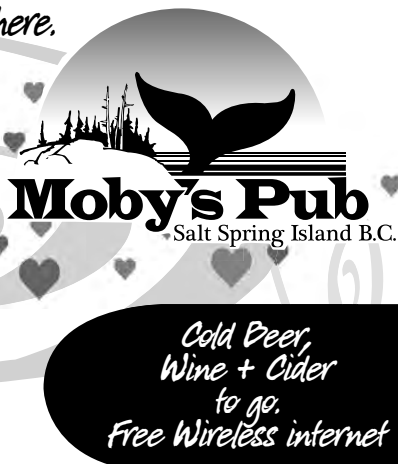
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NEWSBEAT

EDUCATION

Fraser Institute school ratings released amid FSA fracas

Tests proceed after BCTF complies with ruling

BY ELIZABETH NOLAN
DRIFTWOOD STAFF

Ratings from the Fraser Institute's annual Report Card on Elementary Schools

were released last Friday, arriving just as B.C. teachers were ordered to resume administering the tests the organization uses for its results.

Fraser Institute report card results are based entirely on Foundation Skills Assessment (FSA) tests written by students in Grade 4 and

Grade 7, addressing basic knowledge of reading, writing and numeracy. In districts like the Gulf Islands where a middle school system exists, the institute applies Grade 7 test results to the elementary schools students attended in Grade 4.

The rating of local schools brings discouraging news for

Salt Spring Elementary, with an overall rating of 4.9 out of 10 for the 2007/2008 school year, its worst showing since receiving a 4.8 in 2004.

Fernwood and Fulford schools did better, with 6.5 and 6.0 respectively.

The smaller Gulf Islands schools, plus Phoenix elementary and independent Salt Spring Centre School, are not included in the report.

How to take the report findings is a controversial issue. Some educators say the Fraser Institute rates schools unfairly in using just FSA test results and ignoring other factors, but the organization claims to be completely objective.

According to the B.C. Teachers' Federation (BCTF) website, the FSA "takes valuable time and much needed resources away from the classroom learning and undermines the ability to provide meaningful learning experiences for all students," while the results "are misused by a private organization to rank schools based on a very narrow measure." The BCTF had taken a stance of refusing to administer the FSA tests until ordered to do so by the Labour Relations

Board. Teachers voted 83 per cent in favour of their executive's recommendation to comply, under protest, with the order.

Peter Cowley, who co-authored the Fraser Institute report with Steve Easton, believes the testing provides the best data at hand.

"The FSA is the only source of objective information with regard to how schools are doing that can be compared, one school to another, in the achievement of basic skills in reading, writing and numeracy," he said in a telephone interview Monday.

Cowley observed that the trend for Salt Spring Elementary suggests a downward turn; one statistic he pointed to was the 30 per cent "does not meet expectations" rate of FSA tests in 2007/2008, compared with 15.4 per cent the previous year.

However, he also said such statistics can be an anomaly, which is why looking at the ratings over a five-year period is more useful.

"The one thing these results cannot say is what happened at the school during that time," Cowley said.

"Construction at a school, for example, can put the

kibosh on exams for a year. Even the advent of an improvement plan can be detrimental in the short term."

Jeff Hopkins, superintendent for School District 64, said the information released by the Fraser Institute this week is not new to the school system, since they've had the test results since last June. School District 64 has not made an official comment on FSA testing, but Hopkins did say it was just one element that educators look at to see how programs are working.

"I think the FSA provides a limited snapshot of information; that information has to be placed in context with a lot of other information to see how a particular student, much less a particular school, is doing.

"The FSA is measuring very specific, basic skills . . . We're looking at those things, of course, but we're also looking at more specific information that goes beyond what you get from those tests."

Hopkins also said that in small communities, averaging test results may not be meaningful because the group is too small.

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Capital Regional District (CRD) is pleased to announce that the 2009/2010 Report Card on Elementary Schools from the Fraser Institute has been released. The report card provides a comprehensive overview of the performance of elementary schools in the Capital Regional District for the 2007/2008 school year.

Topic of interest: The following information is available for public inspection:

- Bylaw No. 3581, "Fernwood Water Supply Loan Authorization Bylaw No. 1, 2008"; and
- Bylaw No. 3580, "Highland Water System Loan Authorization Bylaw No. 1, 2008".

Qualified electors of the Fernwood Water Supply Local Service area and of the Highland Water System Local Service area within the Electoral Area of Salt Spring Island will be asked to vote on the following questions:

F. (wool, lwool) "Are you in favour of the Capital Regional District Board adopting Bylaw No. 3581, "Fernwood Water Supply Loan Authorization Bylaw No. 1, 2008" to authorize the borrowing of up to \$195,000 for participation in the construction of a new water treatment plant and for water distribution system upgrade works for the Fernwood Water Supply Local Service. YES or NO?"

H) hool, lwool) "Are you in favour of the Capital Regional District Board adopting Bylaw No. 3580, "Highland Water System Loan Authorization Bylaw No. 1, 2008" to authorize the borrowing of up to \$559,000 for upgrading water treatment and water systems for the Highland Water System Local Service. YES or NO?"

Applications

Applications to act as a scrutineer for those organizations for and against Bylaw No. 3581 and Bylaw No. 3580 shall be received at the offices of the Capital Regional District (CRD), P.O. Box 1000, 625 Figgard Street, Victoria, B.C. V8W 2S6 between 8:30 am and 4:30 pm from **W., (. l, lwool, lwool) 25, 2009 (lwool, lwool) 27, 2009.** The requirements and procedures for making an application are available at the CRD by telephoning toll free 1.800.663.4425 local 3129 or 250.360.3129 or at the address noted above.

List of Registered Electors

Beginning **W., (. l, lwool, lwool) 1, 2009 (lwool, lwool) 27, 2009** a copy of the List of Registered Electors for the Salt Spring Island Electoral Area will be available, **uool (lwool, lwool) 27, 2009**, for public inspection at the CRD offices listed below, between 8:30 am and 4:30 pm, Mon. to Fri. You may also call the following offices to enquire whether your name is on the List:

- CRD, m (lwool, lwool) 625 Figgard Street, Victoria, BC Telephone Toll Free 1.800.663.4425 local 3129 or 250.360.3129
- CRD, m (lwool, lwool) 206-118 Fulford Ganges Rd., Salt Spring Island, BC Telephone 250.537.2711.

Non-Resident Property Electors

A, vool (lwool, lwool) 27, 2009 for the List of Registered Electors for the Salt Spring Island Electoral Area. Voter qualifications are set out below. You may also register on voting day if you meet these qualifications:

You are entitled to vote as a **lwool, lwool) 21, 2009** if:

- are 18 years or older on voting day (March 21, 2009)
- are a Canadian Citizen
- have resided in British Columbia for six months, and either
 - hool, lwool, lwool) 27, 2009** on Salt Spring Island for 30 days; (If registering as a Resident Elector on voting day, you must provide two documents proving identity and residency, one of which must have a signature); **lwool, lwool, lwool) 27, 2009** on Salt Spring Island for 30 days; and
 - do **lwool, lwool) 27, 2009** (If registering as a Non-Resident Property Elector on voting day, you must provide the following information:
 - a **lwool, lwool) 27, 2009** registration of the real property OR a property tax notice, which will show the **lwool, lwool) 27, 2009**;
 - 2 pieces of identification (one of which must have a signature), **lwool, lwool) 27, 2009**;
 - in the case of more than one owner of the property, a completed consent form signed by the majority of the owners designating you as the person entitled to vote for the property.

For more information about registering as a Resident Elector or a Non-Resident Property Elector, call Toll Free 1.800.663.4425 local 3129 or 250.360.3129. Dated this 10th day of February, 2009.

Thomas F. Moore,
Chief Election Officer

NEWSBEAT



PHOTO BY DERRICK LUNDY

SCUBA FUN:

Phoenix secondary students Sarah Dann, Katy Curtis and Joe Curtis join teacher Ian Mitchell, and Gord Murphy and Dana Thibeault from the local Oceans Alive Dive Shop, in a Discover SCUBA session at the Rainbow Road Pool.



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WHAT'S ON THIS WEEK?

PAGE B12

BUSINESS

Drugstore cleans up after flood damage

Police investigating

BY ELIZABETH NOLAN
DRIFTWOOD STAFF

Pharmasave's downtown location closed its doors at noon last Friday to deal with an unexpected deluge of water pouring through the ceiling.

The water was discovered coming from a locked washroom in the rental portion of the building above the store. The Salt Spring Fire Department broke down the door and discovered that paper towels had been

stuffed in the sink, the toilet was blocked and the taps were left running.

Store owner Gary Utter said a distraught man apparently committed the vandalism and is now thought to be under police investigation.

Quick action by Pharmasave staff members and the fire department meant the difference between losing a few hundred dollars in inventory and the thousands that could have been lost, Utter said.

"It could have been a lot worse."

"Our staff, the fire department and the clean-up crew responded really quickly and made what could have been a really significant problem a lot less than it would have been, and we really appreciate it."

Utter and his wife Linda spent from noon until 8 p.m. cleaning up the mess on Friday, and returned early Saturday morning to ensure a regular opening time of 9 a.m.

Along with a loss of inventory, the store sustained damage to the floor, ceiling and display shelves.

ISLANDS TRUST

Panel looks at Swanson's Pond plan

Trust aims to summarize multi-agency issues

BY GAIL SJUBERG
DRIFTWOOD EDITOR

The murky bureaucratic waters of the Swanson's Pond development cleared somewhat at Thursday's local Trust committee (LTC) meeting with airing of a major staff report and recommendations.

Trustees heard from project opponents, its developer and Trust planner Mark Brodrick before accepting staff recommendations to refer the permit application to the Trust Advisory Design Panel and to have sidewalk/pathway issues dealt with.

Brodrick's 16-page staff report summarizes issues ranging from alterations made to Swanson's Pond to the site coverage and parking details for the multi-family development. The report states that existing Development Permit Area 1 guidelines have been met by Salt Spring Ventures Inc. in its proposal for 33 dwelling units in four buildings on the 3.28-acre (1.32-hectare) lot between Kanaka Road and Park Drive.

While part of the property is also in Development Permit Area 4, designed to protect lakes, streams and wetlands, no development is proposed for that area.

Salt Spring Ventures Inc. president Eric Booth said neighbourhood drainage problems that had seen other properties flooded would finally be resolved through Ministry of Transportation (MOT) action.

"We are currently in active communication with MOT," he said, with a resolution anticipated by the end of February.

Brodrick also explained that despite the project's high public profile and an LTC request last year, there was no requirement for the

proponent to hold a community information meeting because it only involved the issuance of a development permit and not a rezoning process. He said Booth had agreed to set up an interactive website instead.

Similarly, the LTC asked Booth last March to consult with First Nations as to their potential interests in the site, but he said he had not done so. Brodrick's staff report noted that First Nations are not normally consulted on development permit applications. Despite that, Salt Spring trustee Christine Torgrimson said she was disappointed Booth had chosen not to comply with the request.

She also wondered why the LTC's new soil removal bylaw did not apply to the property as it appeared a great deal of soil had been moved when the pond was made larger through excavation. Trust regional planning manager Brodie Porter said the bylaw did not come into effect until Dec. 1, 2008.

"As far as we are aware, there has been no activity since Dec. 1," said Porter.

While the Ministry of Environment has ruled that the pond, its inlet and outlet are not considered a "stream" or fish-bearing habitat, the Island Stream and Salmon Enhancement Society is challenging that decision.

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Thursday, February 12

Friday, February 13



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Opinion

Photo Essay, under 30,000 circ., Day in the Life of SSI, GOLD
 Special Publication, Gulf Islander Visitors' Guide, SILVER
 Spot News Photo, under 30,000 circ., Village Resort Fire, BRONZE
 Cartoonist Award, Home Size OCP Proposals, SILVER
2008 BC and Yukon Community Newspapers Association Awards
 Best All-Round Newspaper, 4,000-6,499 circ., GOLD
 Best Editorial Page, 4,000-6,499 circ., GOLD
 Best Photo Essay, 4,000-12,499 circ., Day in the Life of SSI, GOLD
 Best Spot News Photo, 4,000-12,499 circ., Village Resort Fire, GOLD
 Best Front Page, 4,000-6,499 circ., SILVER
 Best Newspaper Promotion, 4,000-12,499 circ., Sustainability Challenge, BRONZE
2008 Canadian Community Newspaper Association Awards



EDITORIAL

Open minds

It's a given that nobody on Salt Spring Island welcomes changes to a land use in their neighbourhood and that proposals of almost any stripe will be met by a wave of opposition.

Sometimes the criticisms of a given project fly around from a wobbly factual basis — as might their proponents' claims to be completely benign — and it can be difficult to separate the emotional from the scientific or planning-based logic. Rhetoric and exaggeration can dog an application from its first breath through the last submission at a public hearing.

That's why it was refreshing to hear trustees share their thoughts at last week's local Trust committee meeting about everything they had heard and read to date regarding the Salt Spring Coffee Company rezoning application.

Trustee George Ehring said his research had not convinced him the aldehydes created through the coffee bean roasting process posed any environmental or health threats, although that has been the basis for much public fear. He is, however, concerned about whether allowing the plant to be built at 1501 Fulford-Ganges Road would constitute or contribute to develop-

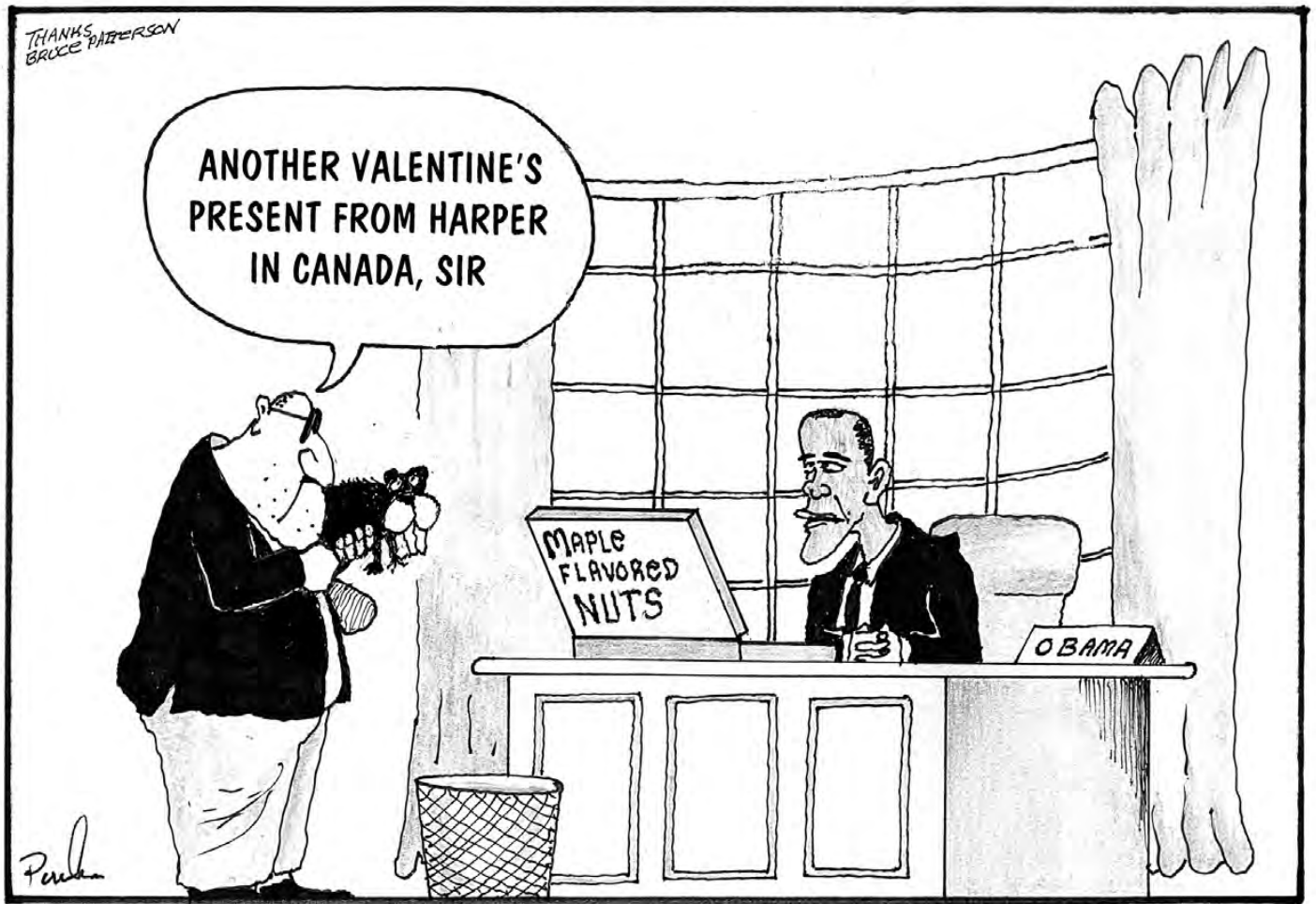
THE ISSUE: Coffee Co. rezoning
WE SAY: Trustees' openness appreciated

ment "sprawl" and if any odours can be satisfactorily contained so as to not bother the neighbours. It's not that he has shut off conversation about other related subjects but that right now he's most interested in exploring those two issues.

While being careful to stress their minds were not made up at all at this point — and trustees are obligated to maintain an open mind throughout a rezoning process — by highlighting the areas of concern or where they want more information and input, Ehring and his colleague Christine Torgrimson can keep the discussions about this proposal on track. They also reminded us that the Trust aims to find a consultant to assess the company's commissioned environmental report done by the highly regarded Streamline Environmental Consulting Ltd.

Even though the coffee company proposal has been tossed around in public for many months already, as was pointed out at the meeting, this particular land-use decision is a long way from being finalized. The rezoning bylaw hasn't even received first reading.

The trustees' careful and open attitude will go a long way towards assuring the public their ultimate decision is the right one.



Coffee Co.: Wrong use for the land

BY GREG MIDDLETON

I am glad to see the Salt Spring Coffee Company (SSCC) expansion is being debated rather than just rammed through.

Elizabeth White's passionate if misguided "What's wrong with coffee co. rezoning?" In Depth article in the Jan. 28 Driftwood raises a couple of interesting points. White throws around the terms green, organic and sustainable like they are holy water that will purify what is (when you examine it) a bad idea. Words like green, organic, natural and sustainable are essentially meaningless. Crude oil and coal are organic and both were green once. Uranium, while inorganic, is natural. You would not want any of them in your backyard.

Coffee roasting is a noxious business, but we accept lots of noxious businesses. Ask people near other coffee roasting facilities in other jurisdictions. The SSCC proposal is bad because of where the company is planning to put it. It is the wrong use for that land. A barn, a workshop or a craft studio would be fine.

When people start beating you over the head with the green, organic, all-natural and sustainable argument, I start to get suspicious. It is a tactic that is often used to peddle some sort of new-age bunk like coffee enemas.

Burning large amounts of natural gas to reduce the inevitable odours and contaminants emitted by a coffee roasting plant might be cleaner but it is not green.

Both White and Kevin Bell (Jan. 28 "Model business" letter) are right that other jurisdictions would welcome a coffee roasting plant, but in an appropriately zoned industrial area.

White puts a great deal of blind faith in local government to deal with potential problems, but there are no local regulations that residents around the coffee company's current operation have been able to find to deal with problems there. And we can see from the Ganges Marina floathouse, which is still there, that local government has been pretty much stymied at dealing even with violations that are on the books.

VIEWPOINT

And as for Bell's somewhat petulant letter suggesting that those who oppose SSCC, which he puts up for sainthood, are somehow ungrateful and anti-business naysayers who just want to prevent others from succeeding is nonsense.

I for one am happy to see businesses like Mouat's succeed — I shop there every day. But it does not belch noxious fumes into my face.

To Feb. 4 letter-writer Paul Isserlis ("Let him roast coffee") I say yes, by all means roast coffee here for people here, but that does not mean trucking tons of coffee onto the island to be roasted for Costco shoppers across Canada. To suggest that if Mickey McLeod is not allowed to roast coffee in a residential area he should put a pig farm there is puerile and vindictive and not worth comment. Nor is Michael Contardi's snide reference to Birgit Bateman's "privileged position" ("Sending the wrong message," Feb. 4 Driftwood).

Contardi does bring up an interesting issue: How many of the new SSCC jobs, the management positions like Mr. Contardi's, have gone to islanders?

And to Andrew Okulich, ("Island must make room for many talents, including coffee roasting," also Feb. 4) no one is saying shut Salt Spring's gates and pull up the drawbridge. The opponents are saying, "Plan it properly and put things where they belong." And then if you have a properly planned space for development, by all means develop and roast some coffee beans or smoke some salmon or grow some pigs in a way that is not going to do damage or cause distress.

The issue with the proposed coffee roasting plant is that it is nuisance business with debatable technology being plunked into a residential area spot-zoned in an ad hoc manner.

Isn't it time we learned to exercise a little caution rather than rushing headlong into development that we too often later regret?

The writer is a retired journalist living on Salt Spring.

THIS WEEK'S QUESTION:

Do you support the Coffee Co. rezoning?

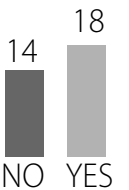
Cast your ballot online at www.gulfislandsdriftwood.com before

Monday at midnight or clip this box and drop it at our office before Monday at 4:30 p.m.

Yes No

LAST WEEK'S QUESTION:

Should the B.C. government run a deficit this year?



Driftwood

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IslandVoices

QUOTE OF THE WEEK:

"I heard a guy with the deepest voice I've ever heard — it sounded like he'd swallowed a raccoon."

COMEDIAN PAUL MYREHAUG ON KARAOKE AT THE LOCAL

SALT SPRING SAYS

We asked: What is your ideal Valentine's Day?



RICK TOLLER

Usually a nice dinner, a little candlelight, a good bottle of wine and a good partner to share it with.



KATE HODGSON

Heat in any way possible.



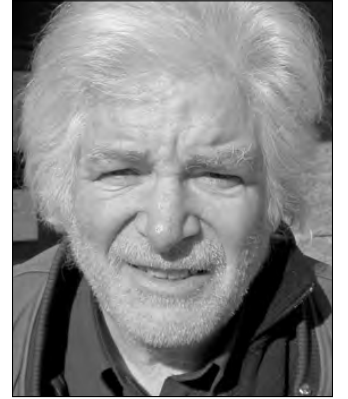
AMOS LUNDY

A getaway from Salt Spring. Maybe to Parksville or somewhere else on Vancouver Island.



PAM TAYLOR

It's my friend's 93rd birthday so I'll probably have her over for tea.



FRASER HOPE

Contact family members who are far and away.

Letters to the editor

Letters to the editor are welcome, but writers are requested to keep their submissions to 350 words or less. Letters may be edited for brevity, legality and taste. Writers are also asked to furnish a telephone number where they may be reached during the day, and to sign their letters with their full name. Thank you letters will not normally be considered for publication. **Read and reply to letters online at www.gulfislandsdriftwood.com under the Opinion tab.**

Dog owners responsible

As responsible dog owners, my partner and I believe that there is a need for dogs to be under control and well-behaved in parks and also that there is a need for places where they can be off-leash. Dogs, like people, need exercise.

They need to be able to run and also socialize with other dogs.

Ruckle Park has a number of trails which are not close to the farm which, to us, seem like great places for dogs to run. The on-leash rule makes sense during the summer months when people are camping and picnicking in the park. During other times of the year, when many of the walkers at the park are people with dogs, it seems that there should be more freedom and a loosening of those rules.

There is a wonderful off-leash dog park and beach on Dallas Road in Victoria.

We have talked to people there who say there have never really been any problems. People know not to bring problem dogs; it seems to be an unspoken rule. I think that is generally the case here on Salt Spring — that dog owners are responsible.

We, personally, do not want people patrolling the parks here. We don't want our island to start to feel like a police state.

CORRIE HOPE FURST,
SALT SPRING

Dollar messages

I received some exploratory surgery at Lady Minto Hospital a few years ago.

I was so impressed with the kindness and care of many members of the hospital staff that I donated some money to the Lady

Minto Hospital Foundation.

On Jan. 31, 2009, I again had to have similar surgery with excellent blood work, ultrasound and EKG exploration with the kindness and care of our local hospital staff.

However, my surgery had to take place in Duncan, where the doctors and hospital staff sang "Happy Birthday" to me on my 85th birthday before and after the surgery.

A great group! Now I want to show my appreciation with another donation.

The Lady Minto Hospital continues to offer superior support for surgery locally, but Vancouver Island Health Authority and Dr. Shane Barclay seem to think big is always better and want to funnel charity and surgery from Salt Spring to Victoria.

It's a lot like raising all the turkeys in Abbotsford. Good for the bottom line but bad for the turkeys and ordinary

consumer, especially when something goes wrong.

I'm donating \$100 to SOS (Save our Surgery), \$100 to a Lady Minto staff party and \$100 to a Cowichan District Hospital staff party. I hope my message to VIHA is greater than my small donations.

RON STACEY,
QUEBEC DRIVE

Same ends

In her Feb. 4 "Criticism not warranted" letter to the Driftwood, Dr. Sadouski suggests that hospital chief of staff Dr. Shane Barclay is in a difficult position as local advocate on the one hand and spokesperson for VIHA on the other.

Where is the conflict? Surely both sides are working for the same ends?

VALERIE PITMAN,
SALT SPRING

Day meeting

I'm sure that if the Jan. 15 meeting for the SOS (Save

Our Surgery) had been in the afternoon, more than 40 people would have attended.

We older folks do not like to drive at night.

JOAN BUCKLEY,
BRINKWORTHY ROAD

ING position

I am writing on behalf of Island Natural Growers to correct a misconception about ING's position regarding Salt Spring Coffee's relocation proposal.

In Peter Vincent's last column, he states that Salt Spring Coffee's "plans have the blessing of the Island Natural Growers." That is not accurate.

In a letter to the local trustees, ING stated its position.

After vigorous internal debate, and not without difficulty, ING reached a consensus that it would not take a position regarding this rezoning application, since it does not involve agricultur-

al land or actual farming on Salt Spring Island and was considered not within our mandate. In the same letter, however, ING expressed strong support and appreciation for Salt Spring Coffee's organic stance and many contributions to our community.

LARRY STARKE,
ING CO-PRESIDENT

Support green projects

I too would lend my voice in support of Mickey and Robbyn McLeod's company, the Salt Spring Coffee Co.

I believe they will undertake their project with integrity.

If we want green companies to come into existence, we must recognize the opportunity.

And seize the moment.

WENDY BEATTY,
SALT SPRING

MORE LETTERS continued on A10

This Valentine's Day, don't fall for the 'tat' temptation

Some years ago I met a gentleman here on Salt Spring Island — a tall man with long flowing hair and the chiseled good looks of a fashion model. In the middle of his forehead he sported what appeared to be a large prison tattoo.

Curiosity got the better of me and I had to ask. "It's an ancient Hindu symbol. Sanskrit, actually," he replied.

"Sanskrit for what?" I queried. "It's Sanskrit for 'vagina.' My girlfriend's got one on her forehead that's Sanskrit for 'penis.'"

The things we do for love.

Tattoo parlours experience a bit of an upsurge in revenue around Valentine's Day, as both sexes search for the perfect gesture to profess their permanent love. As a symbol of undying ardour, a tat of your partner's name across your shoulder blade certainly trumps a box of chocolates or an armful of roses.

By all accounts, body art is still gaining in popularity. The latest figures show that almost 40 per cent of North Americans between the ages of 18 and 29 have a tattoo. With those kind of mainstream numbers, the tattoo loses some of its old school appeal as a symbol of individuality — of thumbing one's nose at society.

Tattoos have evolved light years from the classic "Born to Lose" ornamentation. Chinese symbols were de rigeur for a while, although, unless you were fluent in Man-

darin, it's a leap of faith to believe that those scratches on your back actually meant "perseverance" and not "fish for sale" or worse. Further down the globe, nine out of 10 eco-tourists return from Australia sporting an indelible keepsake from their excellent vacation. Celtic dragons and the like emblazoned on a woman's extreme lower back are still wildly popular, despite these tattoos bearing the unkind "urban dictionary" label of "tramp stamps."

The latest tat trend is "literary tattoos," where a line of poetry or philosophy has so struck a chord in your life that you feel compelled to display it permanently. Something like, "In the feast of Life, Failure is always the guest of honour" or some such deeply moving passage. The German philosopher Nietzsche is very big, harkening back to the "Born to Lose" genre. The current record I can find is a 135-line poem emblazoned on some poor sod's chest.

Tat acceptance is mixed in the workplace. Service-based businesses generally frown on visible tattoos. Starbucks' official stance is unforgiving. "A component of their (customer's) experience is seeing our employees dressed in an appropriate and professional manner." No visible tattoos.



Peter Vincent

HEAD TO HEAD

On the other side of the coin, one of the most popular breakfast restaurants in Salt Lake City, "Eggs in the City," employs a server festooned with bright body art all up and down her arms and legs and god knows where else hidden under her outfit. She has evolved into a coffee fetching floor show all by herself. Our own beloved "Roasters" in downtown Ganges boasts some pretty colourful barristas as well.

But generally, the more conservative career choices — bank clerk, dental assistant, etc. — still take a dim view of such exuberant flourishes of self expression as "Betty Boop" emblazoned on a calf or shoulder.

So what to do if your body art is proving a stumbling block on your career path? What do you do when the girl of your dreams becomes the neverending nightmare on your shoulder?

Are you doomed to spend the rest of your days in search of another woman named "Audrey?" There is hope, pilgrim.

Tattoo laser removal clinics are almost as popular as tattoo shops these days. Laser treatments zap the ink with intense pulses of light, which pulverize the inks. It is very painful (love hurts) and expensive (sounding more and more like a divorce isn't it?).

Sessions can cost up to \$850 each and you could need 10 of them.

There are creams on the market such as "TatBGone" that have varying degrees of success and can take months to provide any visible results.

If you are still intent on scribing the name of your beloved across your back, take heart. There are new inks available that will break down naturally after a great long while or can be erased without the agony of laser treatment.

If you are on vacation in South East Asia or Australia and find yourself hankering for a permanent souvenir, may I suggest the henna tattoo alternative. It will fade as quickly as your tan upon your return. You will still have your memories, but you won't be forced to wear turtle-necks to work for the rest of your natural life.

As for my friend with the colourful bit of Sanskrit on his forehead — he and his girlfriend split up. He is now doomed to go through life with his own scarlet letter, to serve as a warning to the rest of us of the transient nature of love and the permanent properties of a tattoo.

This Valentine's Day, you may be wise to deliver a nice box of chocolates, and leave it at that.

Peter Vincent's website/blog is at <http://web.mac.com/republicofsaltspring>.

OPINION

Have we got YOUR number in the Lions Club SSI Directory?

- To add your new listing or
- To your change current listing

in the next Salt Spring Island Directory, complete a Change of Information Card located in the current phone book and drop it in the mail, or in one of the black boxes located at Bank of Montreal, Credit Union or drop off box outside the office door at 103 Bonnet Avenue, or send us an email with information change to lionsdirectory@telus.net. We do not get automatic changes from Telus or Shaw. You must contact the office to update your information. Deadline February 15, 2009.

We'll take it from there!



Lions Publications

ASK AN EXPERT PAGE A18

MORE LETTERS

continued from A9

Coffee questions

At your invitation, Mickey [McLeod], I have some questions concerning your proposed "factory." You can't hide behind euphemisms.

Where are you going to get all of your employees, and perhaps more importantly, where will they live?

Did you know there is also an affordable housing crisis on the island?

Do you think any islander, young or old, aspires to be a factory slave? Do you intend on bringing in off-islanders, perhaps Mexican "guest" workers? What will their effect be on the island?

Do you believe Salt Spring has a unique identity and reputation? Do you use this identity and reputation to peddle your product? Do you think "Mickey's Coffee" would sell as well? Do you think the island's identity includes factories supply-

ing gigantic multi-national bulk retailers?

Do you think anyone lives on or falls in love with Salt Spring because of its factories and industries? Do you believe that compliance with machine-approved "codes" and "regulations" truly protects the beauty and integrity of this island?

Is your threat to move your business a lot of hot air? Will you or can you use the name Salt Spring Coffee after such a move? Do you think "Surrey Coffee" will sell?

How big do you have to get and why? Will you not be content until you become the size of Nabob and supply all the Wal-Marts world wide?

How much money do you need? Are not three coffee shops and a roasting business supplying the likes of London Drugs enough? What drives your zest for expansion . . . altruism or greed?

Do you love Salt Spring and care about its residents who are all your neighbours? Is your factory really meant to serve the island? Is it necessary to the island?

Does it fulfill your neighbours' dreams for their island? What will the true cost be to your neighbours?

Do you think this is a wise time to expand your business? Do you follow the news? Do you know things are grim out there and are likely to get much worse?

Why don't you save yourself some money and a lot of grief, improve your coffee shop with more good food and clean up your act with your stinky roaster?

Why not hunker down, sit back and savour your success and enjoy this island paradise before it is completely decimated by people with insane notions of "progress" that have already destroyed the rest of this precious planet?

Why are you here on Salt Spring? Why do you think your neighbours are here? Why do we love Salt Spring? What are you thinking?

Whew! That's a lot of questions, but luckily they're largely rhetorical. Think about them anyway and please do the right thing for Salt Spring.

BRIAN PATERSON,
CRANBERRY ROAD

Community forum needed on rezoning issue

Re: Salt Spring Coffee Company, at first I thought this sounded like a great project.

I felt supportive because the island needs to provide employment and retain

younger members of our society.

It seemed as though it could be a boon for many things: tourist industry, sustainability and interest in organic products and agriculture.

I became convinced that the protest was coming from a "not in my backyard" group of residents who probably contribute to the two biggest sources of CO2 on Salt Spring: namely, automobiles and wood burning stoves.

I also thought that wherever this company went on the island, there would be the same protest.

On my way to the Islands Trust meeting this week, I ran into an old friend of mine who was on her way to the meeting too. She resides in the affected area. We had a good discussion, and I left thinking that I needed to open my mind further about the project.

So, I remembered how, when I lived near Booth Canal, the mill smell seemed to "sink in" in this lower area and was much more profound there. Even my tent smelled for a long time of the mill.

Then, in empathy for residents in the Ford Lake area I wondered what it would be like to smell all day, coffee roasting.

I wondered about the science on smell and wandered into an actual website on the Science of Smell with an article, researched by Dr. Alan Hirsch showing that those living around a pulp mill have impaired olfactory ability.

So, ambient aroma can affect olfactory ability.

Then I found something else: an experiment with rats showing that just a sniff or a whiff is as good as a drink of coffee to get the stimulant effect.

So, would this mean the birds around the lake are going to be staying up all night? Will the residents have sleeping problems?

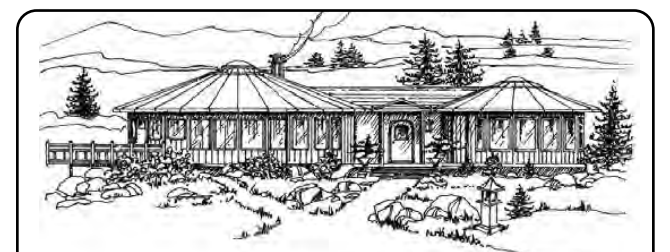
At blogger SciGuy, one commenter on this article asks: Does this mean that Starbucks is going to start charging us for sniffs?

Rather than get into another situation where we will have neighbour against neighbour or residents, habitat protectionists v.s workers and the economy, I believe we need a community forum on this one.

Letters of pros and cons, or individual presentations at the Trust meetings, will not generate a thorough community discussion and understandable resolve.

MYNA LEE JOHNSTONE,
LOWER GANGES ROAD

MORE LETTERS continued on A12



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Islands Trust

NOTICE OF PUBLIC HEARING SALT SPRING ISLAND LOCAL TRUST COMMITTEE Proposed Bylaw No. 435

NOTICE is hereby given that the Salt Spring Island Local Trust Committee will hold a public hearing concerning **Proposed Bylaw No. 435**, for the purpose of allowing the public to make representations to the Local Trust Committee respecting matters contained therein. At the public hearing, all persons who believe that their interest in property is affected by the proposed bylaw shall be afforded a reasonable opportunity to be heard or to present written submissions.

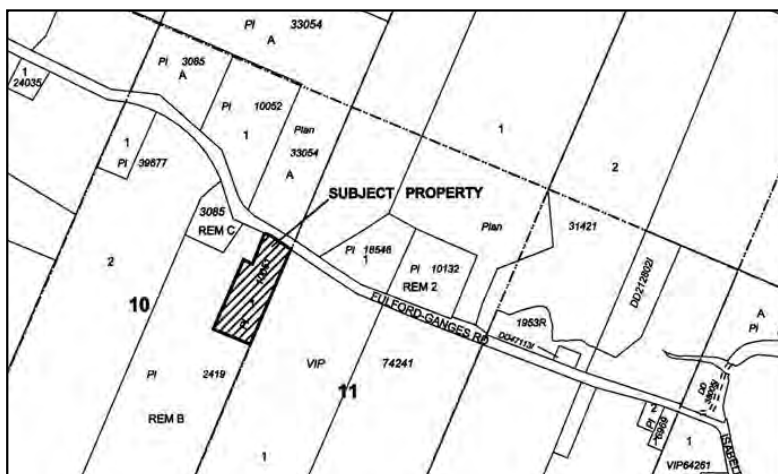
DATE: Friday, February 20, 2009
LOCATION: Fulford Hall, 2470 Fulford Ganges Road, Salt Spring Island
TIME: 3:00 PM 4:00 PM Public Information Session
4:00 PM onwards Public Hearing

1. Proposed Bylaw No. 435, cited as Salt Spring Island Land Use Bylaw, 1999, Amendment No. 2, 2008 .

In general terms, the purpose of Proposed Bylaw No. 435 is to amend Salt Spring Island Land Use Bylaw No. 355 as follows:

- a. by adding a new definition for re training facility ;
- b. by creating a new Agriculture 1 Zone Variation (f) A1(f);
- c. by defining the permitted uses of the A1(f) Zone; to include emergency response station and re training facility as additional permitted uses to those already permitted in the Agriculture 1 Zone;
- d. by changing the zoning of a portion of Lot 1, Section 10, Range 1, South Salt Spring Island, Cowichan District, Plan 10051, from Agriculture 1 Zone A(1) to Agriculture 1 Zone Variation (f) A1(f), as shown on the following sketch plan.

Plan No. 1 Proposed Bylaw No. 435



Copies of the proposed bylaw, and any background material that may be considered by the Local Trust Committee, may be inspected at the Islands Trust Office, 1 500 Lower Ganges Road, Salt Spring Island, BC, between the hours of 8:30 AM to 4:30 PM, Monday to Friday inclusive, excluding statutory holidays, commencing Friday, February 6, 2009 and up to and including Monday, February 16, 2009 at 4:30 PM. Proposed Bylaw No. 435 may also be viewed on the Islands Trust website at: www.islandstrust.bc.ca

Enquiries regarding the proposed bylaw may be directed to Planner Alison Fox, at (250) 405 5194, or to the Islands Trust at (250) 537 9144. For Toll Free access, request a transfer to the Islands Trust via Enquiry BC: in Vancouver at (604) 660 2421, in Victoria at (250) 387 6121, and elsewhere in BC at 1 800 663 7867. Written submissions may be delivered as follows:

1. By mail to the Islands Trust at 1 500 Lower Ganges Road, Salt Spring Island, BC, V8K 2N8; by Fax to (250) 537 9116; or online at the Islands Trust website via the following URL: <http://www.islandstrust.bc.ca/lc/ss/meetings.cfm> by completing the **Public Hearing, February 20, 2009 Submission Form** before 4:30 PM on Thursday, February 19, 2009.
2. To the **Local Trust Committee at the Public Hearing.**

Email comments should not be considered as complying with the requirements of this notice. The Islands Trust does not guarantee that any email comment will be received by the Salt Spring Island Local Trust Committee. Reasonable efforts will be made to provide email comments, if they are opened and received, to the Salt Spring Island Local Trust Committee for consideration, but the public should not rely on email as a means of providing a written comment.

All applications are available for review by the public. Written comments made in response to this notice will also be available for public review.

NO REPRESENTATIONS CONCERNING THE PROPOSED BYLAW WILL BE RECEIVED BY THE SALT SPRING ISLAND LOCAL TRUST COMMITTEE AFTER THE CONCLUSION OF THE PUBLIC HEARING.

Pauline Brazier
Deputy Secretary

OPINION

Rants

Rants to the person who dumped eight toilets in the wetlands at my home on Musgrave Road. There aren't many construction projects on Salt Spring that would yield eight toilets. So I'm sure your co-workers now know what you did with the old toilets, and whoever hired you now knows as well. Dumping these toilets on private property or public land is completely despicable. So please do what is right and come back and dispose of the toilets properly. Tim Leutwiler

A big big bright yellow rant to the people who really think money can be saved by leaving the road between Ganges and Fulford without new and visible traffic lines. Christian Tatonetti

Rants to the person who stole my Kona mountain bike from our backyard shed. If you have any decency in you than I'm sure you will return it. Otherwise we all know the kind of person you are. Mike McCormick

Roses

A bouquet of red roses to all of the good Samaritans that stopped to help when a vehicle overturned on North End Road just past Central Hall on Thursday, Feb. 5. It was heartening to see how much help was available in this most distressing situation. I was the individual that blocked the road to ensure that the scene remained as controlled as possible. Even though it seemed that the overturned vehicle was not emitting any gas I was still hoping to let the police decide when circulation should resume once they arrived. Vehicles in both lanes had the easy option of turning around and taking other routes like Fernwood, Vesuvius Bay Road or Sunset Drive, but that wasn't good enough for some and I am sorry to say that I acquiesced to these selfish impatient requests. Black roses go to those of you that couldn't tolerate the wait or couldn't even consider alternates. C. Olivier

Wow! Roses to the Salt Spring Unitarians for hosting celebrated author Evelyn White. We hear the music was "rich" and that it made for an absolutely enjoyable visit. My mother and I are so sorry we couldn't attend! Many thanks. Judy Sims

Big roses to all of you who showed support while I was doing my hunger strike asking for the release of Omar Khadr. Christian Tatonetti

A "Beckettful" of roses to the entire cast of Waiting for Godot for their extraordinary opening-night performance. What a treasure you gave to all who came! And, one long stem rose of gratitude stretching into the can't be seen to Scott Hylands for your exquisite direction. Truly masterful and wise. P. Levitt and S. Graham

Football fields full of fresh flowering roses to Embe Bakery, Country Grocer, Island Star Video, Salt Spring Coffee Co., families, spectators, volunteers and everyone who supported us and donated to our association throughout

RANTS *and* Roses

the season in 2008. We truly appreciate all that you did for our youths and our group.

Thank you all for giving so generously! You make football a true community sport.

SSI Football Association

Pharmasave Downtown would like to shower the guys and gals of our fire department with roses for their quick and intelligent response to our flood last

Friday — thanks to you guys and our fast-acting staff, a lot of potential damage was avoided! Clean-up went very smoothly and it was business as usual on Saturday. Thank you all sooooo much! Bouquets of roses also go out to

Josh of Reynolds Cleaning for arriving so promptly to dry us out and to the Rental Stop for delivering humidifiers in what seemed like seconds after we called. Great service from a great community!

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OPINION

MORE LETTERS

continued from A10

Odour issue

Andrew Okulitch's Feb. 4 In Depth reads like a well-reasoned academic treatise, points carefully made, painting the larger

picture of integrating industry, in this case the relocation and expansion of the coffee-roasting company, into one of our island's rural neighborhoods.

As one of the coffee-roasting company's present near-neighbours a short distance north, I feel

it my duty to speak up as no mention is made of the smaller, detailed issues that affect those of us living near enough right now.

Apart from the increased commercial truck traffic, which really affects all of us along Fulford-Ganges Road, there is the very noticeable

strongly acid odour, coming from the roasting company.

You may get a whiff of it as you drive up from town, then forget about it.

A few years ago this issue was publicly noted in the Driftwood, when the ambulance staff of the former nearby location complained

about the strong odours. At the time, adjustments to the emission process were promised by the company, but I have not noticed much difference.

Living nearby, working in the garden, having a bedroom window open, the strong obnoxious burn smell has over the past years become a real irritant to the point of actually having to close windows and retreating from the garden to escape from it.

One would think that I would be most grateful for the company to move wherever I would no longer personally be bothered by that horrible smell.

This unpleasant situation should not be repeated anywhere else on the island.

The ongoing reality of the odour issue is not addressed enough in any of the articles, letters and submissions regarding this company's proposed expansion and move.

ANKE SMEELE,
FULFORD-GANGES ROAD

SOS actions accepted

The Ad Hoc Save Our Surgery Committee welcomes Dr. M. Sadoski's comments regarding Dr. Shane Barclay (Feb.4 "Criticism not warranted" letter), in which she expresses concern for Dr.

Barclay in the discussions that have taken place with respect to the lack of a resident surgeon at Lady Minto Hospital.

However, one must accept that Dr. Barclay initiated the public discussion as a result of his role in a recent video that was shown repeatedly on our local cable channel and his responses to the "question and answer" article in the Jan. 21 Driftwood.

The statements made by Dr. Barclay could not be ignored.

The actions of the committee have been well accepted in the community, not only in the community at large but also by the three elected community representatives, two of whom attended the open meeting that was held at Community Gospel Chapel on Jan.15 and the third participated in writing a letter to Jac Kreut, president of the Vancouver Island Health Authority (VIHA) in support of a resident surgeon.

The committee will continue to do "due diligence" to ensure that VIHA and the Ministry of Health are committed to the necessarily urgent search for a resident surgeon and to the greater and more appropriate use of the "state of the art" operating room.

PHYLLIS BOLTON,
CHAIR, SOS COMMITTEE

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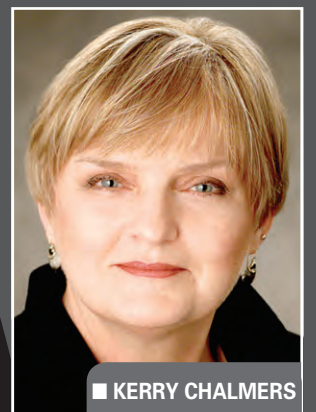
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TECH-TALK

- What's the latest?
- Where do I get it?
- Who knows about it?
- Who can help me with it?

Follow Your Heart..In Digital Time

Stop working out. Start training.

These two imperatives can mean the difference between a fitness program that maintains general good health and one that safely advances your fitness level over time by challenging you to move beyond your experience or comfort level. Whether you are coming back to a fitness program after a long absence or convalescence or whether you want to fine-tune your workouts, an important piece of gadgetry to have in your fitness arsenal is the heart monitor.

The basic model comes in two pieces: a transmitter that straps just below your chest and a wrist unit that displays such information as the time of day, heart rate, burned calories, exercise time, countdown timing, etc. The transmitter is a smooth, light, plastic piece with electrodes that record your heart activity. Both the wrist piece and the chest strap are sealed units, water resistant usually to 50 feet, which means you can use it in the pool, on your bike, and on a run – anytime when you want or need to monitor your heart rate. There are several models on the market, but Polar is the most common brand name you'll see because of their affordable price point and diverse product line.

The options available in a monitor are key selling features. If you don't want to slog through a thick instruction manual, choose a unit with one-button functionality and fewer options at a lower price. Most good heart monitors can be had for under a \$100. Take a look at the display. Can you see it clearly? Does it have a back light feature for night-time use? If you are a tech-junkie and want a detailed account of your training, you can choose a unit with a weekly digital diary whereby you can load exercise information from the monitor to your laptop. One very good option to have is the "OwnZone" feature, which tells you how hard to train to get optimal results based on your current physical condition. You simply insert your weight, height, birthday, and gender when first activating the unit, and your monitor becomes personalized.

An integral component of any fitness program is intensity. Accord-

FOLLOW YOUR HEART continued on A15



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TECH-TALK

- What's the latest?
- Where do I get it?
- Who knows about it?
- Who can help me with it?

FOLLOW YOUR HEART

continued from A14

ing to Ken Mierke in *The Triathlete's Guide to Run Training*, the optimal training schedule is one that "provides the lowest volume and intensity that will stimulate the desired adaptation, not the highest that one can sustain." That kind of statement is a major paradigm shift from the school of "no pain; no gain." What it means is that good training takes into account the body's need to recover – so sending your heart rate sky high in every work-out can actually be detrimental. Most generally healthy people should incorporate a balance between high aerobic, mid-range endurance, and low intensity recovery work-outs.

All fitness gyms have a chart with five heart rate zones. A simple formula to finding out what your maximum intensity should be is 220 minus your age, and this calculation will be the top-line highest aerobic capacity for you. At this stage you are breathing heavily, and you will only be able to maintain this level for a short time (the period lengthens the more fit you become). With different heart rate zones come specific chemical reactions in the body. A good training program takes into account those reactions. For example, a person in rehabilitation needs to do most, if not all, work-outs at a basic to light intensity – enough to stimulate increased circulation, which in turn delivers nutrients to the muscles and removes toxins. As a person's endurance increases, so does the capacity to elevate the intensity.

On most gym treadmills, you will see a fat burning and a cardio program. When your heart is beating fast, your breathing is rapid, and lactic acid (the burn) is accumulating in your muscles, your body is burning carbohydrates and glycogen as fuel. Alternatively, activity at a lower intensity uses fat for fuel. Your heart rate monitor will show by the number what zone you are in, recording your highest and lowest points throughout the exercise for a summary at the end. So if you're thinking, Yay! all I have to do is stay in fat burning zone and my extra bits will melt away...well, it helps... but higher intensity workouts burn more calories, and a calorie deficit is what you need to lose weight. Check out Nancy Clark's *Sports Nutrition Guide Book* for a comprehensive resource on nutrition, fitness, and training.

At first, one might think that only athletes would be the main users of heart rate monitors, but this is not the case. In fact, local Sports Traders' owner, Joel Shaver, says that one of the first Polar models he sold was to a man who had a pacemaker and needed to stay in a specific zone on a regular basis. The feedback is immediate and objective. The effect of using a heart monitor creates an intimate awareness of the inner life of your body - how sensitive the heart is to every movement and emotion, how simply rising from a chair causes fluctuations.

Maximizing fitness benefits in a shorter amount of time because you are training at an ideal pace is a smart way to train. Which leads to another old adage: Work smarter, not harder!

K.A Curtin



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OPINION

MORE LETTERS

Outstanding service

Kudos to the fire, police and ambulance departments for their prompt attendance at and professional management of an accident that occurred last Sunday at Vesuvius Bay Road and Sunset Drive.

One cannot help but have both a sense of satisfaction and pride in what can only be described as outstanding service.

It provides that confidence that is so necessary to ensure the safety and security of our community.

Well done!
J.L. MCCARTHY,
SALT SPRING

Applause for the opera

It's Saturday afternoon, Feb. 7, about 2:30 p.m. I'm driving home after my first taste of the Metropolitan Opera's high-definition live broadcast at ArtSpring.

My head is filled with the exquisite music of Donizetti's Lucia Di Lammermoor and the unbelievably beautiful voices of the entire cast, but of soprano Ann Netrebko as Lucia and the tenors, Piotr Beczala as Edgardo and Mariusz Kwiecien as Enrico, in particular. It was an experience in opera and theatre all in one; an experience not to be missed.

As I drove, I turned on the radio and there was the second act of Lucia emanating from the Metropolitan's regular Saturday afternoon opera broadcast.

I couldn't help feeling very special and very lucky: here I was on Salt Spring, thousands of miles from New York and its renowned opera house, and yet, here was I, part of a live audience witnessing the very performance

I'd already seen; without going through the New York hassle of cabs and traffic and without the costs.

Kind of a miracle, wouldn't you say?

The comfort and intimacy of the ArtSpring auditorium with its excellent acoustics and convivial atmosphere of the intermissions spent with tasty food and coffee made me feel just a little smug and more than a little lucky to have a venue like ArtSpring with its directing minds and its community efforts and support.

But it's not enough support; not yet, anyway. I was told that the audience for Lucia was the biggest audience for the series so far. That's good.

But the auditorium had too many empty seats. Too many Salt Springers — including me until now — have let this amazing technology pass them by.

I urge everyone to come to at least one of the next three operas of the season: Madama Butterfly (March 7), La Sonnambula (March 21) and La Cenerentola (May 9).

The lovely lady I was sitting next to couldn't help but notice my enthusiasm for the entire event and she said as we rose to leave at the end of the performance, "I certainly expect we'll see you back here for the next one."

It was a statement, not a question.

I wouldn't miss it, now that I know what I have been missing, so, yes, I will certainly be there. I hope you will too.

And please, don't be afraid to applaud. It is, after all, the age-old way of expressing approval and delight — even if the performers on stage can't hear you.

SHELLEY NITKMAN,
SALT SPRING

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PHOTO BY JOHN CAMERON

CRUNCH: Action is fierce in the Salt Spring Old Boys' goal area as the Old Boys take out Nanaimo 1-0 on a Jack Braak header off a corner kick that occurred late in the game.

WOMEN'S SOCCER

Dragons fight back for a draw on Sunday

Team set to scrap for second place

Players with the Salt Spring Island Dragons overcame two one-goal deficits to pull off a draw against their Division 3 rivals from Ladysmith on Sunday.

"We were evenly matched for about 10 or 15 minutes," said player Joanne O'Connor. "They're not super fast, but they are really skilled at passing and

have got a huge boot on them."

O'Connor scored both goals for Salt Spring. The equalizer came with five minutes left in the game.

Keeper Carol Adam kept the Dragons in the game, making "countless" stops against a relentless charge of Ladysmith strikers.

The exhibition game does not impact the standings, but offered the Dragons a chance to hone their technique ahead of the team's final regular season

match against Prospect Lake (5-5-3) on Feb. 22.

A win against Prospect Lake would clinch second spot in the Lower Island Women's Soccer Association. The top two teams in the division advance into Division 2 next season.

Vic West and Prospect Lake, who play each other this weekend, are also competing for the chance to advance. Only two points separate the three teams.

EQUESTRIAN

Pony Club members pass test

A-level credentials well regarded

Three Salt Spring Pony Club members have achieved the highest level possible in a Canadian Pony Club (CPC) written exam.

Sierra Boudreau, Sam Charlton and Katie Fraser learned last week that they were three of the nine CPC members from across Canada who passed their A-level exam.

"This level is recognized worldwide," said Salt Spring club leader Wendy Charlton. Professionals in the equine and veterinary fields know individuals who pass the A-level exam have an extremely high level of equine knowledge and skill, she explained.

The three young women are the first Salt Spring Pony Club members to achieve the A-level feat. They wrote the five-hour, 30-page exam on Jan. 11 on Salt Spring. Their papers were then sent to Ontario for marking.

They will next pursue the riding and practical parts of the A-level test.

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MEN'S SOCCER

Gremio squad prepares for first-ever cup game

Old Boys earn season's second victory

The Salt Spring Old Boys soccer team took to the field in fine form as it defeated Nanaimo 1-0 on home turf on Sunday morning.

"This was only our second win of the season, so we were pretty stoked about that," said player Doug Pearson.

Jack Braak scored the game's lone goal after connecting with an impeccably placed corner kick from Mike McCormick.

Pearson credited defenceman Don Brown with a solid perfor-

mance to help keeper Jim Witherspoon earn the shutout.

With a 2-11-2 record, Salt Spring is tied for last spot in the Vancouver Island Soccer League's Masters C division with only one game left in the 2008-09 season.

The team hosts the second-place Cordova Bay Bobcats Alumni squad (10-4-1) on Sunday, Feb. 15 at 10:15 a.m.

In other soccer news, Ganges Gremio pulled off a 1-1 tie despite what player Ryan Smith called a "disaster of a game" against Sooke on Sunday afternoon.

After the team barely man-

aged to field a full squad, Ganges' Simon Munneke had to exit the game prematurely with a mild concussion.

"He's one of those guys who always puts his body on the line," Smith said, adding that Sooke is a notoriously "hard-tackling" team.

Trailing by a goal with less than 20 minutes to play, Gremio's "Italian Stallion" connected with a pass to get a breakaway that left Sooke's keeper with no chance for the save.

"I haven't seen a guy that fired up after scoring this year," Smith said.

Gremio is back in action on Sunday, Feb. 22 when the team hosts its first cup game, against Victoria's Maynard West at Portlock Park at 2:15 p.m.

Division 2's Salt Spring FC was knocked out of cup play in a close overtime showdown against Juan de Fuca on the weekend.

Julian Smith gave Salt Spring the lead with only five minutes left in the first half, but Juan de Fuca tied the game halfway through the second to send the game into overtime.

Keeper Miguel Alvarado earned a special mention for keeping Salt Spring in the game.

"Miguel was probably the MVP for us," said player Jordon Morrison. "We had a ton of pressure but just couldn't get it done."

The Masters B division-leading Salt Spring FC Alumni tied the sixth-place Fernwood Dragons 2-2 in Victoria Sunday afternoon.

Dave McColl and Jesse Fisher scored for Salt Spring.

The tie means FC Alumni is still undefeated with a record of 12-0-3.

The team plays the Masters A division's Gordon Head FC on Vancouver Island on Saturday, Feb. 14.

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Insurance Advisor



EDITH STEVENSON

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Personal Trainer



SHEENA BULL

What does Living Strong Studio have to offer?

Living Strong Studio will, for the first time, be opening its doors to monthly members next month. Members will have access to brand new, leading-edge equipment, some of which is the first to have been bought in B.C. Our new line of equipment is beautifully designed to avoid causing injury. The motions that they allow mimic the natural movement of the human body, ensuring that you're working all the muscles you really need outside of a gym environment. These cable-based machines utilize dual weight stacks to provide total body training options, including base strength, core stabilization and dynamic movement training. We also have a new Max Rack, which is my pride and joy! Unlike traditional racks, it allows multi-plane motion, which provides a more complete workout. Not to neglect cardio, we have also added a Total Body Trainer and treadmill. Our new treadmill features a triple cell cushioning system to provide maximum shock absorption and the Total Body Trainer's unique, open-step design provides a comfortable, natural stride that is easy on the joints.

I am limiting the number of members that we accept, so that everyone who comes here is assured an exclusive training experience. We have a beautiful studio and part of the service we offer is to provide private shower and change facilities. It is my intention that everyone who comes to Living Strong will enjoy their time here almost as much as they enjoy the benefits of their improved fitness!

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Spa Explained



JUDITH

What is the importance of sanitization, disinfection and sterilization in the spa?

Each client has the potential to carry some kind of bacteria and viral infection. It's important to regularly and consistently take the necessary steps to disinfect and decontaminate implements, linens and surfaces in the spa. There are three levels of decontaminants: sanitization, disinfection and sterilization.

Level one is sanitization. This is the process of making an object clean before disinfecting it by means of hot water detergents, antibacterial soaps and other sanitizers. To sanitize means to reduce the number of microorganisms to a safe level. This does not include bacterial spores and all viruses. Spores are the reproductive element and are more resistant.

Level two is disinfection. This is the process that eliminates many disease producing germs and organisms. This does not eliminate spores and all viruses.

Level three is sterilization. This is the destruction of all forms of bacteria, fungi and viruses.

At Skin Sensations Day Spa, we practice these forms of cleanliness. We use only stainless steel bowls and implements or disposables. We also sanitize, disinfect and sterilize every implement and waxing spatula that touches the skin. We use individual paraffin booties, not communal baths, to eliminate the risk of cross-contamination. Also, our wax contains tea tree oil which disinfects the spatula each time it's dipped in the wax. We've also started carrying nail polish that contains Nano Silver, which also disinfects the brush as it's being used.

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GYLE KEATING

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Grinding with brakes applied or squealing that disappears when brakes are applied indicates worn brake system components that need to be attended to immediately.

Hot electrical or fuel smells are potentially dangerous at any time and should be dealt with by professionals as soon as possible.

Antifreeze or oil leaking onto hot components gives off very unique odours warning of vital fluids being lost from the engine or drive train.

Hot brake smell may or may not indicate problems. Braking continuously down a long hill will heat your brakes enough to give off a noticeable odour but a quick inspection is still needed.

The cost of repairs can only be determined after a diagnosis has been completed.

If you notice a change in your vehicle's feel, noise or smell, a test drive and in-shop inspection by qualified technicians should be performed before a small, easily repaired problem turns into a major repair.

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Physiotherapy



DAN SPIESS BSC(PT)

Do ankle/knee braces work?

There is a lot of debate in the literature regarding the necessity and efficacy of external bracing.

Arguments for bracing include protecting and stabilizing weak and injured joints from further injury and allowing rehab providers early access to the injured area. Braces provide compression and therefore help manage pain. Braces can be custom fit and are highly specialized with light weight /comfortable materials.

Arguments against refute the claim that braces actually stabilize an injured joint and therefore predispose further injury by giving the athlete a false sense of security and premature return to sport/activity. Some experts suggest that ill fitting braces actually cause further damage to a compromised joint. Patients also don't wear them because they are uncomfortable.

I personally think braces are a good idea when they fit and are worn appropriately and used in conjunction with a rehabilitation program. At the end of the day, the best bracing is strong muscles and well healed ligaments.

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Financial Advisor



PAUL HORACHEK

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Here are some factors to consider. First, there are interest rates. You might find historically low rates tend to favour investing in an RRSP. That's because paying off a low-rate mortgage doesn't offer the same level of savings as paying off a higher-rate mortgage.

Then there are investment returns. An RRSP boosts returns by allowing your investments to grow within a tax-deferred environment. And don't forget the immediate tax break your annual RRSP contribution provides.

You also have to take into account other considerations, like your age, potential sources of retirement income beyond your RRSP, and whether or not you have high-interest credit card debt.

Above all, remember that it doesn't have to be one or the other. The best scenario for many people is both contributing to an RRSP and paying down the mortgage.

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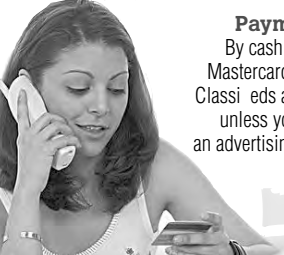
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DEATHS

VERA FRANCES PETAPIECE PASSED AWAY SUDDENLY ON JANUARY 26, 2009 IN PRINCE GEORGE REGIONAL HOSPITAL.

VERA WAS BORN NOVEMBER 13, 1919 IN DAUPHIN, MANITOBA. PREDECEASED BY HER HUSBAND BILL, SISTER NORA CHESTER AND BROTHER TOM REEVES. SHE IS SURVIVED BY: HER TWO LOVING DAUGHTERS, FRANCES AND HER HUSBAND BRUCE, AND HELEN SCOTT; GRANDCHILDREN SCOTT (ANGELA) THORNTON AND KIMBERLY (GEORGE) PRYSCHLAK; GREAT GRANDCHILDREN COURTNEY, ABBY, CONNOR AND AMY; GOOD FRIEND CAROL AND SPECIAL NIECE MOLLY.

VERA MOVED FROM SALT SPRING ISLAND TO PRINCE GEORGE IN 2002 TO BE NEAR HER FAMILY. WHILE ON THE ISLAND, VERA ENJOYED THE HIKING CLUB, POTTERY GUILD, THE HOSPITAL AUXILIARY AND VISITS WITH HER FAMILY LIVING ON SALT SPRING.

Donations may be made in Vera's memory to the Alzheimer's Society

DEATHS

VERA FRANCES PETAPIECE
 1919-2009

FULFORD INN PUB

VALENTINE'S DANCE

Saturday, Feb. 14

ISLAND TIME DINNER SPECIAL

Thurs open mike

Breakfast special Sat-Sun 9am

250-653-4432

Sweet!

Bring your Valentine to see how maple syrup is made. Free admission, Saturday, Feb. 14th, noon to 4:00 pm at the Harbour House Hotel Organic Farm.

Enter at the top of the parking lot at the back of the hotel

Fraser, John Newby

Born September 28, 1915, Jack passed away on February 2, 2009 after a full and rewarding life. He will be greatly missed by his wife Alice and children John (Jandi), Richard (Sarah), Pamela (Drew) and Bruce (Catherine). Grandfather to: Graham, Lisa, John Campbell, Alicia, Richard, Laura, Adam, Elizabeth, Jean, Claire and Anya. Great Grandfather to: Amelia, Wyatt and Felix.

Jack was born and raised in Victoria and attended South Park Elementary and Victoria High schools. His career with the Royal Trust in Victoria spanned four decades. During World War II Jack served in the Royal Canadian Navy as a navigator on the corvette HMCS Calgary escorting convoys across the North Atlantic.

Jack and Alice were both born in Victoria and enjoyed the company of their life-long friends, many of whom gathered to celebrate their sixtieth wedding anniversary in 2002. Jack was an avid sportsman playing soccer, basketball and tennis in his early years. He later devoted many hours to refining his golf game, square dancing and bridge skills. He continued to play tennis into his eighties. His friendship, positive outlook and sense of humour will be long treasured and remembered.

No flowers please. Funeral service to be held at All Saints by the Sea, Ganges, Salt Spring Island on Saturday, February 14 at 2PM. Reception to follow in the church hall. Yes, it is Valentine's Day, but then Dad was a real sweetheart.

14th Annual SEEDY SATURDAY

Sponsored by Island Natural Growers

Saturday, February 14 10:00 to 3:00

\$2 at the door/children free

SEED EXCHANGE
 PLANT AND SEED SALES
 FARMERS' MARKET
 MASTER GARDENER HELP DESK
 DOOR PRIZES
 LUNCH AVAILABLE ON SITE

10 12 PRUNING DEMOS with Paul Linton

11 12 REFORESTATION AROUND THE GLOBE with Michael Nichols

12:30 1:30 SMALL SCALE ORGANIC SEED PRODUCTION with Patrick Steiner

1:45 2:45 FOOD FOR A YEAR GROWING YOUR OWN with Belinda Schroeder

GROWING UP ORGANIC WORKSHOPS
 SUNDAY, FEBRUARY 15 SSI FARMER'S INSTITUTE
 9:30-12:00 Succession Planting \$10
 1:00-4:30 A Primer for Growing Organically \$10

SALT SPRING ISLAND FARMER'S INSTITUTE
 RAINBOW ROAD

To register for Sunday workshops call Pat Reichert 250 537 4282

You are cordially invited to attend

The Saltspring RCMP Detachment REGIMENTAL BALL

Saturday, March 7, 2009
 At the Fulford Hall

Refreshments 5 p.m.
 Dinner 6 p.m.

Grand March and Dance to follow

Tickets for sale at RCMP office
 For more info contact
 Gwen Denluck at 250 537 5555
 or saltspring@rcmp.grc.gc.ca

Black Tie/Formal
 Tickets \$75.00 each

YOGA CLASSES & OTHER OFFERINGS February 2009

MONDAY
 9 - 10:30 am Mixed Levels - with Raven
 4:30 - 6 pm Mixed Levels - with Dorothy

WEDNESDAY
 9 - 10:30 am Mixed Levels - Cordula, Arpana, Kishori
 7:30 - 9 pm Kirtan* (Chanting)

THURSDAY
 9 - 10:30 am Mixed Levels - with Raven*
 4:30 - 6 pm Beginners/Level 1 - with Dorothy

SUNDAY
 11:30 - 1 pm Intro to Yoga* - SSCY Staff at Ganges Yoga Studio (call first)
 3:30 - 5 pm Satsang* (Chanting, Readings, Meditation)

Class Fee: \$12 or ten-class pass for the price of nine
 Except Dorothy's Classes: \$12 reg, \$15 drop-in
 * indicates free classes, or by donation.

DRIFTWOOD CLASSIFIEDS

DEADLINES
TUESDAY 10 AM

classified@gulfislands.net

COMMUNITY ANNOUNCEMENTS

COMMUNITY ANNOUNCEMENTS

COMMUNITY ANNOUNCEMENTS

COMMUNITY ANNOUNCEMENTS

COMMUNITY ANNOUNCEMENTS



COMING EVENTS

COMING EVENTS

COMING EVENTS

INFORMATION

PERSONALS

BUSINESS OPPORTUNITIES

Barn Dance
with caller Carolyn Hatch & the Salt Spring Island Fiddlers
7pm Sat Feb 21 Fulford Hall
Admission by donation
Fun for all ages!

FIRE PROTECTION DISTRICT MEETING
7:30 pm at Fire Hall #1
February 16, 2009
PUBLIC WELCOME

OPEN HOUSE. The Salt Spring Centre School has a weekly, informal open house every Tuesday from 9 11 am. Come and have a tour, see for yourself what makes us unique! Phone for more info. 250 537 9130, 355B Blackburn Road.

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ARE YOU Losing a loved one to substance abuse? Our program has the highest success rate. Help is only one phone call away! 1 877 782 7409; www.narconon.ca.

A GREAT Opportunity To Own a pet food business High quality cat/dog food. Excellent returns, exclusive territories. Information Call Rippees Ranch Toll Free 1 877 738 3287 Ext. 217, www.ripleesranch.com.

BEGINNER ACRYLIC Painting Classes
(maximum 3 Students)
Time for Individual Instruction
Tuesdays & Wednesdays
10:00am-2:30pm
March 17 & 18, 24 & 25
Bev Lillyman 250 537 2466

FOR A complete calendar of coming events check the Driftwood Community Calendar, in our office in the Upper Ganges Centre, 328 Lower Ganges Road, or on our website at www.gulfislandsdriftwood.com. Use the calendar for event planning and to make sure your date doesn't conflict with someone else's.

SCRABBLE TOURNAMENT

In support of Stephen Lewis Foundation, to help African grandmothers raise orphaned grandchildren.

- Feb. 21, 2pm, Public Library.
- Feb. 23, 2pm Salt Spring Inn.
- Feb. 24, 1:30pm OAP Fulford.
- Feb. 24, 2pm Literacy of ce.
- Feb. 24, 5:30pm Literacy of ce.
- Feb. 25, 2pm Salt Spring Inn.
- Feb. 26, 2pm Public Library.
- Feb. 27, 7pm Lions Hall.

DISCRIMINATORY LEGISLATION
Advertisers are reminded that Provincial legislation forbids the publication of any advertisement which discriminates against any person because of race, religion, sex, colour, nationality, ancestry or place of origin, or age, unless the condition is just ed by a bona de requirement for the work involved.

DATING SERVICE. Long Term/Short Term Relationships, Free Calls. 1 877 297 9883. Exchange voice messages, voice mailboxes 888 534 6984. Live adult casual conversations 1on1, 1 866 311 9640. Meet on chat lines. Local Single Ladies. 1 877 804 5381(18+).

MONEY TIGHT? Economy Scary? 20 home based income streams + thousands of dollars of world class nutrition. Perfect timing. Fast and simple. Recording at 888 617 9948.

DR. GABOR MATE
author of bestselling book *Hold On to Your Kids* speaks about fresh ideas and perspectives to rekindle the joys of family bonds, giving meaning and strength for our children in those vulnerable teen years.
Friday, Feb. 27th @ 7pm
GISS Multi-Purpose room
Parents and public welcome
Donation at the door

GARY FJELLGAARD Valentines Day concert. Sat., Feb. 14, Mahon Hall. 8pm. Tickets \$22.50 at The Local Liquor Store, 250 537 4196.

Pick up sponsorship forms at Salt Spring Inn, Literacy Office, Public Library, download solidsaltspring.ca or play for minimum \$5 donation.

MARKET IN THE PARK

Seasonal Vendors to renew application no later than February 27, 2009 at PARC of ce located 145 Vesuvius Bay Rd. Fee remains \$150.00.

GREG P. Please Call sister BEV 403 652 0978

DRIVERS/COURIER/TRUCKING

PROFESSIONAL DRIVERS. OTH Enterprises Inc., is seeking 2 professional drivers for S trains, Tri step decks and seasonal van work. Must possess a clean abstract, minimum 1 yr experience and willing to run BC/AB/SK/MB. Competitive wages, newer model equipment and health plan available. Send resumes and abstract to Box 4255, Quesnel, BC V2J 3J3.

FELTMAKING WORKSHOP
Feb 21 23
1, 2 or 3 days of felting. You Choose!
Feb 21: Beginners, make a small bag or a wall hanging
Feb 22, 23 are hat making and sculpture days
Info and sign up:
Ulriek Benner - Art You Wear
250 537 1723
www.ulriekbenner.com

KNIFE & SCISSOR SHARPENING

Drop Off: Thursdays 10 4
Pick Up: Fridays 12 4
@ Love My Kitchen
Call Seth 250 653 2435
or visit:
www.cosmoknives.com
Cosmo Knives are always sharpened



SHEEP BREEDERS MEETING

7pm Thursday, February 26
At the Farmers Institute
351 Rainbow Rd.
To discuss sheep producers needs

Day Vendors may register starting with the 1st Market on Saturday, April 4 at 7:30 am. For more information call 250 537 4448 or see website for complete Vendor Guidelines www.crd.bc.ca/ssiparc.

LOST AND FOUND

DISPOSABLE CAMERA found on Beddis Beach beginning of Feb. 2 pictures left. Owner may claim at the Driftwood.

EDUCATION/TRADE SCHOOLS

ENERGY EFFICIENCY TRAINING OPPORTUNITY. Vancouver Island University, with funding from the BC Ministry (MEMPR) is offering a 2 month program in the growing residential energy efficiency assessment sector. Open to 25 eligible BC individuals who are unemployed and not EI eligible. Call 250 247 7390

FIDDLEWORKS AGM & POTLUCK
5:30pm Saturday, Feb 21 Fulford Hall
All interested community members are invited to join us for our AGM & potluck dinner



NOTICE SSI FARMERS INSTITUTE

ANNUAL GENERAL MEETING TUES. FEBRUARY 17 at 7:30 p.m.
351 Rainbow Rd
Upstairs Meeting Room
GUEST SPEAKER: Jeff Hopkins, Superintendent of Education, SD #64
TOPIC: Agriculture Programs in the Schools

INFORMATION

Are YOU in the book?



To advertise in the next SSI Directory, call 250 537 2000 lionsdirectory@telus.net

LEGAL NOTICES

NOTICE TO CREDITORS AND OTHERS RE: ESTATE OF OLIVIA MARY STEPANIUK, Deceased, formerly of 820 Mt. Maxwell Road, Salt Spring Island, BC, V8K 2H7. Notice is hereby given that all creditors and others having claims against the estate of the above named deceased are hereby notified under section 38 of the Trustee Act that particulars of their claims should be sent to the Executors c/o C43 Craig Road RR #2, Powell River, BC, V8A 4Z3, before March 20, 2009, after which date the Executors will distribute the estate among the parties entitled to it, having regard only to the claims of which the Executors then have notice.

FOUND: GRAY and silver mountain bike near Beddis Road. Please call 250 537 4801.

FOUND: ITEM belonging to two Mt. Erskine hikers, picked up on Rainbow Road Friday p.m. 250 537 2652

For free individual tutoring to improve your reading, Writing, and basic math skills
Call 250 537 9717

SSI DAYCARE SOCIETY is celebrating 30 years! Featuring guests Bobs & Lolo! Get your tickets at Fables Cottage, Acoustic Planet & West of The Moon.

OPEN HOUSE Feb. 23. Thinking about your child's school for September? The Salt Spring Centre School is currently taking applications for September 2009. Come to our Open House on Feb. 23 from 4 6 p.m. and meet our teachers, pick up registration information and take a tour of our rich and creative learning environment. The school is located at 355B Blackburn Rd.

2008 Advertisers should have received a package. If not, call the of ce: 250 537 2000 for information.

Lions Publications Deadline Feb. 15/09

John Scott Stepaniuk, Executor
Allan Paul Stepaniuk, Executor.

PRESCRIPTION READING glasses left in Anglican Church, Park Rd, Saturday night Feb. 7th. Call Beulah Gordon at 250 537 8528

SALT SPRING LITERACY

START A Staging Business with our distance education course. Learn professional skills quickly and easily. ISRP certification. FREE BROCHURE. 1 800 267 1829. www.qcdesignschool.com.

SALT SPRING HIDE TANNING WORKSHOP

A hands-on traditional tanning workshop in one of the world's oldest handcrafting skills. History, culture and technique in the learning, gorgeous smoky leather in the end. Strength and special tools not required, all (kids too) welcome.

CONTACT: STEVE JENKINSON 250 537 0708
or contact@orphanwisdom.com for more information
February 28 / March 1 368 Starks Road
PRE REGISTRATION NECESSARY, \$80.

INFORMATION

KINDERGARTEN REGISTRATION
Any child who will be five (5) years of age on or before December 31, 2009 (born in 2004) should register for the 2009/2010 school year at the school office February 23 to 26, 2009.

INFORMATION



School District 64 (Gulf Islands)

- Fernwood Elementary School** 8:00 a.m. to 2:00 p.m.
- Fulford Community Elementary School** 9:00 a.m. to 2:00 p.m.
- Phoenix Elementary School** (February 23, 24, 25 only) 9:00 a.m. to 10:30 a.m.
- Salt Spring Elementary School** 9:00 a.m. to 2:45 p.m.
- Galiano Community School** (February 23, 24, 25 only) 9:00 a.m. to 3:30 p.m.
- Mayne Elementary/Jr. Secondary** 8:00 a.m. to 11:00 a.m.
- Pender Islands Elementary Secondary School** 9:00 a.m. to 12:00 p.m.
- Saturna Elementary School** 11:30 a.m. to 2:30 p.m.

INFORMATION

Thinking of volunteering somewhere?
Check out opportunities at:
www.volunteersaltspring.com
or phone Gloria at 250 537 9971

INFORMATION

Lady Minto Hospital Auxiliary Society
is offering **two scholarships** to students presently attending **Gulf Islands Secondary School**
Applicants must be continuing their studies in some medically related field.
Completed applications must be in the hands of the GISS Counselling Department no later than **March 31, 2009**, no exceptions.

INFORMATION

Parents or Guardians:
Please bring with you the following documentation: verification of the child's birth date and citizenship status (birth certificate, passport or Landed Immigrant authorization), Care Card, and Immunization records. Registered Strong Start (E.L.F.) program participants (birth certificates shown) need only bring a Care Card and Immunization record.

TRANSFER REQUESTS

Parents/guardians who wish to transfer their child to a school out of their catchment area, please send a request, in writing, to the Superintendent by **March 31st**, and copy the Principals of both schools involved.

This does not apply for normal grade transitions to the next level at another school.

TRAVEL

ALL INCLUSIVE Packages Book Online at www.canadatravels.com and save more on your vacations. Use code NCA74327 for discount or call us toll free at 1 800 563 5722.

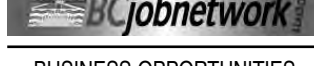
CHILDREN

CHILD CARE AVAILABLE

TARA BROWN S Family Daycare, government licensed, has openings. For a day of fun, learning and inside and outside play, call Tara. 250 538 0340.

CHILD CARE WANTED

BUSY YOUNG family seeking a live in helper/nanny. Looking for a child centered, responsible and caring individual with a drivers license. Flexible hours, room and board plus a monthly stipend. Please call 250 538 2204 or email islandmagiccottage@gmail.com



BUSINESS OPPORTUNITIES

ADVERTISE YOUR business in the largest outdoor publication in BC. **THE BC FRESHWATER FISHING REGULATIONS SYNOPSIS 2009/2010** publication 435,000 copies, year long presence to outdoors men & women. Call to get in the next annual issue. Contact Annemarie at 1 800 661 6335 ext 744.

HELP WANTED

Turn your passion for travel into a rewarding career selling cruises with Canada's #1 team of cruise specialists.

If you want a flexible schedule that fits your lifestyle or a 2nd career, you'll love Expedia CruiseShipCenters. Commission based sales.



HELP WANTED

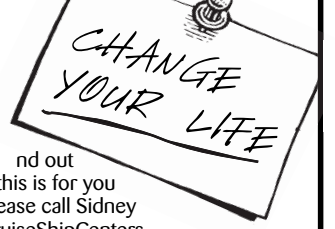
BRUCE AND Matt are looking for dynamic, personable staff for their new Cafe and food shop in Ganges opening on March 2. To apply call Bruce at 250 538 6254

CAREER OPPORTUNITY Knelsen Sand and Gravel Ltd. Position: Project Manager. Location: Cold Lake (Alberta) region. Responsibilities: Procure and deliver all area projects related to roadway infrastructure: municipal, industrial/commercial/residential, and highway. Provides planning, operational and technical support to ensure safe, timely and high quality project completion. Personal skills promote and build good relationships with all clients. Contact Bernard 780 928 3935. Email: bernardw@knelsen.com.

COLLISION REPAIR TECHNICIAN
Landon Collision & Towing requires an autobody tech for our busy shop in Port Hardy. We offer excellent compensation, full benefits package, plus a great community to live in! Please email resumes to: disales@telus.net

GARRY OAKS Winery requires full time and part time help in its winestore April October. Wine knowledge, retail or food service experience an asset. Wages \$12+ DOE. Send resume to MMercier@GarryOaksWinery.com, fax 250 653 4426, or 1880 Fulford Ganges Road, V8K 2A5.

HELP WANTED



To find out if this is for you please call Sidney CruiseShipCenters. Sidney 1 800 561 2350 or email sidney@cruiseshipcentres.com

Tree Frog Daycare is looking for an **Executive Director** with at minimum an ECE diploma.
The ideal candidates must be able to establish effective relationships with parents and children, maintain high teaching standards and believe that the care they provide is invaluable.
In this rewarding position, you will assume ultimate responsibility for creating and maintaining a nurturing and loving environment for the families we serve. This position requires excellent leadership, organizational, and communication skills.
Please direct your resume or if you would like to request a full job description to **dbl_trbl@telus.net**. Salary range for this position starts at \$45,000 per annum. Please no phone calls - serious inquiries only.

DRIFTWOOD CLASSIFIEDS

DEADLINES
TUESDAY 10 AM

classified@gulfislands.net



BCjobnetwork

HELP WANTED

INDEPENDENT ELECTRIC & Controls are now hiring an Electrical Manager for their Whitehorse, Yukon store. Must have minimum six years Journeyman experience. For more information, send inquiries or resume to: careers@iecgroupp.ca.

INDEPENDENT ELECTRIC & Controls Ltd. is currently hiring an Instrumentation Manager and journeyman instrumentation mechanic for our oil field operations at Fort Nelson, British Columbia. For more information, send inquiries or resume to: careers@iecgroupp.ca.

INDEPENDENT ELECTRIC & Controls Ltd. We are currently hiring the following positions: Journeyman line man, and apprentice lineman. For more information, send inquiries or resume to: careers@iecgroupp.ca.

INTERIOR DESIGN / SALES ASSOCIATE
Jordans Casual Home Langford (Victoria)
Is accepting applications for Interior Design Associates. This position would be suitable for someone with Furniture Sales and/or Interior Design background.
We offer a great work environment & Full Company Benefits.
Please fax resume
attn: Manager, 250 478 3933
or e mail: chv@jordans.ca

LEASE OPERATORS. OTH Enterprises Inc. has 2 positions open for professional lease operators. S train, Tri step positions. Pull our trailers or your own. Operate BC/AB/SK/MB. Driver must have a clean abstract and a strong professional work ethic. Pro rate, fuel cards, health plan, etc. available. Steady year round work. 1 800 667 3944.

OFFICERS PALADIN SECURITY is now recruiting Officers starting from \$12 15/hr. We are seeking individuals with a flexible availability and who demonstrate professionalism. We provide free training, career advancement and a comprehensive benefits package. Interested? Submit your resume to Stacey at shawrelko@paladinsecurity.com

SOUTH ROCK LTD. is seeking Asphalt Paving Foremen, Superintendents, and skilled workers for the 2009 season in Alberta. Accommodations supplied, competitive pay, benefits packages, and a respectful work environment! Visit www.southrock.ca for information. Fax 403 568 1327. Email: edbom@southrock.ca.

EDUCATION/TRADE SCHOOLS

HELP WANTED

STORE MANAGER, Jasper Super A. Jasper Super A is looking for an experienced Grocery or Retail Manager to run one of our most successful operations as Store Manager. Nestled in the beautiful Rocky Mountains, Jasper Super A is a perfect location for those who enjoy adventure or for those who enjoy relaxation. As Store Manager, you must assume full responsibility for all aspects of successfully operating the Food Store including marketing, merchandising, controlling and human resources management. Applicants must possess previous retail management experience in a food store combined with exceptional skills in managing people, merchandising, and the ability to obtain bottom line results. The successful candidate must be able to demonstrate initiative and strong leadership skills. A minimum Grade 12 Diploma (or equivalent) and a Clean Security Clearance are also required. Jasper Super A offers competitive compensation and health benefits package, that includes a pension plan. A single family, two storey manager's home is available. If you have the skills and abilities to meet our expectations, forward your resume to our Head Office, The Grocery People Ltd. (TGP), stating salary expectations, in confidence to: Of cer, Human Resources, The Grocery People Ltd., 14505 Yellowhead Trail, Edmonton, AB, T5L 3C4. Fax 780 447 5781. Email: humanresources@tgp.ca. We thank all candidates for their interest; however only those applicants selected for an interview will be contacted.

TURF YOUR Old Job! Train as a turf grass equipment technician. Repair and maintain golf course and parks equipment. Apprenticeship opportunity. GPRC, Fairview, Alberta (formerly Fairview College). On campus residences, well equipped shops, up to date training aids. 1 888 999 7882; www.gprc.ab.ca/fairview.

SALES

REPS NEEDED for a unique and patented line of over 60 highest quality home, personal and wellness products. Can work from home. Call 250 276 3489, lv.msg.

WORK WANTED

EXPERIENCED OFFICE Assistant available for full time, temporary/relief work. Call Susanne at 250 537 9885

TREE SERVICES Demolition & Hauling
Felling & bucking trees, clearing land, brush & windfall demolition & hauling and other jobs
Call Gabriel 250 537 7536

HANDYMAN/FINISHING carpenter has openings for small jobs. Call Grant, 250 538 7077.

EDUCATION/TRADE SCHOOLS

WORK WANTED

GARBAGE GURU
JUNK TO THE DUMP & RECYCLING
YARD REFUSE REMOVAL
GARDEN MAINTENANCE & BRUSH REMOVAL
WE ALSO BUY ESTATES
David: 1 250 858 1311
Of ce: 250 538 1971

MATURE WOMAN w/reliable car. 20 yrs. on SSI. Local ref s Seeking work cleaning, gardening. 250 537 9427.

NEED A HAND? Carpentry, reno, repairs, painting, clean up, hauling by long time Islander. I'll get it done. Seniors Friend . Andy 250 537 2294

PORTABLE BANDSAW Wood Mizer mill for hire. Custom milling of your own logs, timbers, and lumber. Alan Montrichard. 250 537 4510.

PERSONAL SERVICES

HEALING ARTS

DREAMING OF HAWAII?
\$10 off
Hawaiian Hot Stone Massage
Now thru February 28
A perfect Valentine's Gift for someone you love (including yourself)
CORRIE HOPE FURST
Serene South End by the Sea
250 653 4286

REJUVENATE THE SKIN YOU'RE IN
Spa packages: Mini, Mani, Pedi, 1 hr. massage \$100. French Polish. Hot stone massage \$75 for 1.5 hrs. Appts. Ask about Sweetheart spec. 537 1953.

HEALTH PRODUCTS

MONAVIE ACAI BLEND Enjoy the amazing health properties of Monavie Acai berry plus 18 additional fruits. It has been on Oprah, The Doctors and Rachel Ray. It is an anti oxidant among others and was used in the Amazon forest by tribal leaders to promote health and longevity. If you're interested, please call Cindy @ 250 537 5734 for more information & start enjoying it today!

MASSAGE (REG. THERAPISTS)

PURA VIDA Oceanside Massage Therapy Valentine's Specials Feb 13 and 14. Treat yourself or a loved one. Gift Certificates available 537 8432

EDUCATION/TRADE SCHOOLS

PERSONAL SERVICES

FINANCIAL SERVICES

\$500\$ LOAN Service, by phone, no credit refused, quick and easy, payable over 6 or 12 installments. Toll Free: 1 877 776 1660.

BECOME 100% Debt Free!! One easy monthly payment. Free Consultation. Member of BBB. Check us out at www.iamdebtfree.com 1 800 565 4595.

DEBT CONSOLIDATION Program. We help Canadians repay debts, reduce or eliminate interest, regardless of your credit. Steady income? you may qualify for instant help. Considering bankruptcy? Call us first 1 877 220 3328 Free consultation. Government approved program, BBB member.

DEBT STRESS? Consolidate & lower payments by 30-40%. End those phone calls & the worry. Avoid bankruptcy. Contact us for a no cost consultation. Online: www.mydebtsolution.com or toll free 1 877 556 3500.

Fast Short Term
REAL ESTATE LOANS
\$50,000 \$500,000
Barclay Capital Corp
604 875 6201

HOME CARE SUPPORT

HOME HELP for Seniors. Housekeeping, gardening, shopping, banking, meals, bondable. Verna Meyer 250 537 2661

LEGAL SERVICES

LAWYER REFERRAL SERVICE matches people with legal concerns to a lawyer in their area. Participating lawyers offer a 30 minute consultation for \$25 plus tax. Regular fees follow once both parties agree to proceed with services. 604 687 3221 (Lower Mainland) or 1.800.663.1919 (Outside LM). DIAL A LAW offers general information on a variety of topics on law in BC. 604 687 4680 (Lower Mainland) or 1.800.565.5297 (Outside LM); www.dialalaw.org (audio available).

HOME/BUSINESS SERVICES

ACCOUNTING/TAX/BOOKKEEPING

QUARTO SERVICES. Receipts in a muddle? Experienced bookkeeper will create order from chaos. 537 1283.

APPLIANCE REPAIRS

SAM ANDERSON Appliance Repair. Warranty technician for all makes & models. Sears warranty representative. samander@telus.net or 250 537 5268.

CARPENTRY

CARPENTER CONTRACTING
Finishing, Interior & Exterior
Reno's, New Construction
250 537 5856
Kickstart the Economy,
Start Your Reno

CLEANING SERVICES

MAIDS PERSONALLY
Thorough, professional cleaning. Excellent service. Attention to detail. Dependable. Trustworthy. Bonded. References 250 537 1517.

PETS REMEMBERED



CLARE
(Appin's Lady from Walker's Hook)
Clare, the beautiful, lovable and mischievous golden retriever of Cec and June Branson left us on January 29, after a brief but courageous battle with Leukemia at the age of 5 1/2 years.
Clare has left a hole in our lives which we cannot find adequate words to describe. Her energy, antics and devotion to us brought joy and laughter to our home. We miss her greetings, enthusiasm and affection. She took seriously her role of constant companion to Cec during their beach walks, romps in the woods and afternoon trips for the mail.
The family would like to thank Drs. Malcolm and Harold Bond and their staff for their ongoing care during Clare's time with us, as well as the staff of Puppy Love Pet Care, her vacation spa. Also thanks to Dr. Danica Olenick of Elk Lake Veterinary, Drs. Licht, Smith and McCleary of Central Care Veterinary Hospital for their care and compassion in Clare's final days.

HOME/BUSINESS SERVICES

CLEANING SERVICES

HOME & COMMERCIAL CLEANING
\$15/HR FLEXIBLE SENIORS' RATES
ULTRA CLEAN
250. 538. 7307

NO SURPRISES Housecleaning now has spots available for you! Call 250 537 2186.

PARTNERS IN Grime cleaning services is dedicated to meet all your clean up needs. We have been serving the community for two years. Our clients range from weekly to maintaining a home while they are gone in winter months. We pride ourselves in hard work and trust. Animals are loved and respected. References available upon request. Call Angela at 250 537 9579 or Cindy at 250 537 5734

COMPUTER SERVICES

CALL BOB McIvor for troubleshooting, software and networking support. We do house calls. 537 2827 or (cell) 538 7017. Please go and back up your important data now!

SNEAKERS SALES SERVICE SUPPORT
#6-2353 Bevan Ave., Sidney
250 655 3566

CONCRETE & PLACING

GULF COAST MATERIALS
Serving the Gulf Islands
Salt Spring, Galiano
Mayne, Penders
WE HAVE SANDBAGS!
READY MIX
WASHED GRAVEL
REINFORCED STEEL
BAGGED CEMENT
250 537 2611
345 Rainbow Road

PLACING CONCRETE
Square Foot Charlie
250 537 7883

WE'RE ON THE WEB
www.bcclassified.com

PETS REMEMBERED

HOME/BUSINESS SERVICES

CONTRACTORS

NOUVEAU CONSTRUCTION & Cabinets we do rock walls, laneways, shal low servicing, bush clearing, septic, weeping tile, reno's, new construction, cabinets, counter tops. Phone Al, 250 306 7502; www.nouveaugroup.ca.

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LET'S GET STARTED!
Bring your sketches & ideas and together we'll design (or upgrade) your dream home. Through the use of computer aided drafting, we'll quickly produce the working drawings you'll take to your contractor.
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HELSET DESIGN
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Same Day Service, Fully Insured
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MASONRY & BRICKWORK

QUALITY MASONRY. Certified masons to do chimney repairs, stone work, brickwork, patios, retaining walls, replaces. Call 250 388 4616.

RECYCLING

SALT SPRING Island Recycle Depot is located at 349 Rainbow Rd. We are open Tuesday through Saturday, 10am to 5pm. This service is operated by Salt Spring Island Community Services. Please call the Recycle Depot at 537 1200, or Community Services at 537 9971 for information on materials accepted for recycling.

ROOFING & SKYLIGHTS

GERMAN ROOFWORK. Green roofing with clay or slate tiles. BBB Accredited German Roofer Masters. Call 250 208 4548 for your free estimate.

TELEPHONE SERVICES

ADD AND save on home phone reconnection. Bad credit - no problem! Up to \$30. off for new customers, plus lower monthly rates! Call Tembo 1 877 266 6398 or sign up online www.tembo.ca.

TREE SERVICES

WINTER CLEAN UP
Preventative Work on your tall or dangerous trees.
Limbing, Sectional Removal
Book Now for a Consultation and an early Spring start.
Wayne Langley
Gulf Island Tree Service
250 653 4644

PETS

EQUESTRIAN

PERFECT PONY, 13.2 Pasofino/Welsh. Gentle, sound, Pony Clubbed, jumps, dressage. Also, beautiful 14.2 Arab mare, great movement. To approved homes only. 250 653 9898.

FEED & HAY

1ST CUT alfalfa/grass, 2nd cut alfalfa, 1st cut timothy small squares. Cow hay 3x4x8 large squares. Call: 250 428 4838 or 250 428 6039 www.sjfarms.com

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HELP WANTED

NORTH SALT SPRING WATERWORKS DISTRICT
Waterworks Operator in Training
North Salt Spring Waterworks District has created a new position for a **Waterworks Operator in Training**. The position is full time and permanent. With a combination of training and experience the successful applicant will advance to become a Certified Operator in water treatment and distribution.
Some parts of the work are outside year round and physical in nature. The Operator-in-Training will assist and learn from Certified Operators. The duties of Certified Operators are focussed on ensuring safe and reliable operation and maintenance of all components of the water treatment and distribution systems - treatment and disinfection equipment and process control, pumps, valves, pressure and flow control, reservoirs and water mains.
A valid Class 5 driver's licence and high school graduation are minimum requirements. Experience in any of plumbing, electrical, mechanical, carpentry and construction fields, laboratory-testing, and other disciplines related to waterworks operation and maintenance would be beneficial.
We prefer to hire and train a young, physically fit Salt Spring Island resident with mechanical aptitude who is intrigued by the idea of a career operating our Island waterworks.
For details on duties, qualifications, skills, knowledge, experience, hours of work and wage rate call Trevor Hutton or Ron Stepaniuk at the District office at 250-537-9902.

DRIFTWOOD CLASSIFIEDS

**DEADLINES
TUESDAY 10 AM**

classified@gulfislands.net

PETS

LIVESTOCK
MEAT RABBITS (New Zealand blacks), breeding pair for sale. Cages included, \$80. 250 653 9114.

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COMPUTER EQUIPMENT

ENTRY LEVEL machine good for email, word processing. Lenovo Desk top 7387A34 AMD Sempron 3400, Windows Vista 6.0, Total Virtual Memory 1.41 GB, HD 80 GB, \$225.00 as is, all warranties have expired. This machine has hardly been used. It is one year old. Sony VAI0 Notebook VGN FE770G, core 2 duo 1.83 GHz processor, 120 GB HD ATA 5400 RPM, RAM 1GB, Windows XP. Webcam built into 15.4 display. Price includes Logitech MX300 cordless keyboard and mouse. \$690.00 as is, all warranties have expired. Both machines can be upgraded with additional memory should the buyer choose to do so. Please call 250 537 5752 or email coriejo@shaw.ca to arrange a time to look at either or both computers.

FOOD PRODUCTS

NATURALLY GROWN Beef, by the side, mixed 1/4 or other. Ph. for details 250 537 5708.

NORTHERN FARM raised and frozen fresh chicken, lamb and beef. 250 537 4442

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FREE: FRIDGE & stove, kitchen counter with drawers. 250 538 1915.

FREE QUEEN bed, free couch and matching chair. Dresser also. Please call 250 537 5595.

MAYTAG WASHING machine. 250 537 1133.

THIS COLUMN is designed for free recyclable items only (no animals). There is no charge to place items in this column. Ads can be submitted in person at the Driftwood office (328 Lower Ganges Road) by normal dead line (Tuesday 10am) or by phone 537 9933, fax 537 2613 or e mail driftwood@gulstlands.net.

WELDING & cutting electrodes under water. 250 537 1690

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MAYTAG DISHWASHER. Top of the line, used 9 yrs, excellent cond. White, built in. \$50. (250) 538 2013

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FURNITURE

IKEA TRUNDLE bed, complete single bed, Ikea glass coffee table, Ikea shelving, various household items free & nearby free. Best offers. 250 537 4124.

ROLL TOP COMPUTER Desk with matching swivel chair, made by Winers. Oak, locks, keyboard drawers, 2 slide out work spaces, paper drawers, tower/printer drawer. Excellent condition. 54 W x 29 D x 51 H. \$900. (250)538 2013.

GARAGE SALES

127 MARIKO Place, Sat. Feb 14 from 8 to 1pm. Tools, furniture, wheelchair, commode, etc.

LIONS GARAGE Sale: Fridays & Saturdays only, 10am - 12pm. Many household items. Note: We no longer offer pickups. We do not accept appliances. Drop offs accepted only on Fri. & Sat. morning. Please no garbage!! 103 Bonnet Ave.

MISCELLANEOUS FOR SALE

2 IKEA bookcases \$35 ea. 1 shaker bookcase \$100. 2 legal file cabinets w/suspension hardware \$25 ea. Adj. office chair \$25. 1 chair mat \$10. 2 work lamps \$10 ea. All good cond. 250 537 8329.

9HP HONDA generator, 4250 Watts. Low hours, near new. Paid \$1600, asking \$600. 250 537 7772.

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BEAUTIFUL ANTIQUE display case. 8 feet long, mirrored, glass and oak. \$800. 250 537 8448.

BEST WATER, best tanks, best service, best prices. Salt Spring Water Co. 250 538 0102.

ERICKSON PHONE, w/case, charger, bklet. Barely used, (over \$300 new) good deal @ \$150. 250 653 4689.

HOT TUB covers: New Years Special from \$289, delivered. New foam inserts from \$80/ea. 250 538 8244.

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MISCELLANEOUS FOR SALE
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TROPICAL DESTINATIONS on your winter agenda? Visit Island Escapades 2nd floor Beachwear Dept. for quality off season clothing & footwear at clearance prices. Travel accessories & backpacks also available. 163 Fulford Ganges Rd. 250 537 2553

MISCELLANEOUS WANTED

SS LITERACY needs your help. We are looking for a working laptop with current o/s. Your donation will be used at the learning centre in our tutoring program. If you can help please call. 250 537 9717.

TOOLS

NEVER USED! Wagner 14.4 V, 3/8 cordless drill w/2 batt. & charger. New \$130, now \$65. 537 4833.

POWER NAILER, Senco Framepro 701XP, 7 yr. warranty, used 1 mo., reg. \$550, asking \$450 obo. Call Yash 250 537 5840 or timbos21@yahoo.ca

REAL ESTATE

APARTMENT/CONDOS
SIDNEY BEAUTIFULLY remodeled 1 bdrm 1 1/2 bath condo with indoor pool, hot tub, sauna, gym. \$239,500. 250 655 6492 www.usedvic.com/classified/ad/7903130

COMMERCIAL/INDUSTRIAL

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UNIT 17 For Sale Merchant Mews, a commercial complex on Upper Ganges Rd. and Robinson Rd. A ground level unit, #17 is a corner space, 700 sqft. with three big bay windows. The beautiful north facing showroom/studio includes track lighting, 11 ft. ceiling, sink with fridge unit and natural light through huge bay window plus 10 ft. store front window. The back room features sturdy oor to ceiling shelving, two bay windows, and 11 ft. ceiling. Also a three piece washroom & high speed internet. Strata complex has new roof and water storage. A great rare commercial unit offering on Salt Spring Island. Contact Duart Campbell 250 537 1589.

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COMMERCIAL/INDUSTRIAL

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COMMERCIAL/INDUSTRIAL

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REAL ESTATE SERVICES

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OKANAGAN

OYAMA A million dollar view for HALF THE PRICE. Spectacular view of Wood and Kalamalka lakes. Great plan with large wrap around deck, 4 bedrooms, 3 baths, family room, of ce. Easy to suite. Large private lot. \$524,900. 250 548 3778

RENTALS

COMMERCIAL/INDUSTRIAL

550 SQ. FT. of ce/studio at Merchant Mews near Ganges. Skylights, wood paneling, extras. Richard 537 1669.

970SF SHOP for lease avail. now at Merchant Mews, nr. Ganges. Insulated, heated, skylights, bathroom. Ideal as warehouse or construction shop. Richard 250 537 1669.

IN GOVERNMENT bldg, 1357 sq. ft. for lease. Can accommodate variety of uses. Ample parking, wheel chair accessible. Richard, 537 2239.

IN VILLAGE: 900 sq.ft. main floor, 900 basement, 300 upstairs. \$1600/mo. Call Bob 250 537 5807

PRIME DOWNTOWN Ganges office space. 1 6 of ces or up to 1200 sq.ft. available. Possible shared reception. Contact: patrickakerman@telus.net

COTTAGES

CLOSE TO Ganges. 2 Bdrm, W/D, wood stove. References required. \$900 incl'd s util s, pets negotiable, N/S, N/D. Avail Now! 250 537 1263.

SOUTH END cottage. recently finished (Hardwood floors etc.) Bucolic, isolated, 600 sq.ft. plus finished loft. \$800/mo. Avail. immed. 250 653 0040

HOUSESITTING

METICULOUS HOUSEKEEPER, retired teacher, pet care, available in April. Ref s. provided. 250 537 5197.

HOMES FOR RENT

2 BEDROOM Mobile Home. New washer/dryer, private deck. Avail. Feb 1/09. \$700/mo. Call 250 537 6860.

ARTIST S STUDIO, nearly new south end gallery, studio, makes comfortable home for one/couple. Very sunny, huge decks, wood/elect. heat, complete kitch., endless water in tiled bath, shower, 1 BDRM, \$1000/mo. + hydro. March 1 or sooner. 250 653 2422 to view.

BEAUTIFUL LAKEVIEW, tiny, newly renovated 1 BDRM cottage apartment with fenced garden. Peaceful, non smoking environment, single occupancy, no pets. Cable & ADSL access. \$495 + hydro. 250 537 2294.

LONG TERM, beautiful 1 bdrm. view trailer on acreage. Central. \$500 plus propane, NS, ref.s. 653 9898.

LONG TERM year round 2 BDRM, 2 full bathrooms, large bright livingroom, 5 appls, lrg. sundeck, carport, & some basement storage, ocean view and beach access. All for \$1200/mo. Avail. Mar 1. Ref s req. Call Viv. @ 604 826 8058 or email vivf@shaw.ca

MAR. 1, 850 sq. ft., 1 or 2 br. house on acreage in south end. W/D/F/S incl. Wood & elec. heat. \$950/mo plus hydro. High spd. avail. view, garden, 526 0700. References.

NEW 3 BDRM 2 bath, ground oor, in town. Beautiful, 5 appl. hydro incl. \$1400/mo. Avail. Mar 1. Long term renters, bring your offers. 537 8483.

OCEANFRONT, 1 BDRM cottage. Gorgeous southwest views. Available February to September. \$1250/mo, util. included. 250 537 4481.

ONE BEDROOM apartment. Newly remodeled. No smoking. \$850/month. Available now. 1 800 842 0814.

COMMERCIAL/INDUSTRIAL

RENTALS

HOMES FOR RENT

SECLUDED & QUIET. Beautiful, south end cottage surrounded by 15 acres of woodland. New wood floors and large decks. 1 bedroom, 5 appl., 600 sq. ft. to suit quiet single or couple, NS please. Avail. Mar. 1 for long term. \$925/monthly. 653 2409.

SEEKING LIKE MINDED eco folks to share spacious home in sunny south end. We are 30s couple with baby and cat, looking to share 3 BDRM home on acreage with gardens and all the comforts of home. Separate entrance, shared W/D, lots of privacy. \$900 includes: hydro, wood, phone, internet. 1 250 294 7058 (Victoria).

SUNNY 3 bdrm, 2 1/2 bathroom, Vesuvius area, avail March. 1, \$1650 mo, call 250 537 4481.

SUNNY, SPACIOUS South End char. home, 3 BDRM 2 bath plus loft, on quiet acres. H/W floors, vaulted ceiling, south facing decks/windows, new appls., wood and elec. ht., shared: gardens, yard, sauna, W/D. Seeking community minded, eco friendly folks. Cat Ok. Avail. Mar. 1 \$1400/mo. + utils. 1 year lease avail. 653 2051.

WATERFRONT, SW exposure, 1 BDRM 1 BATH, W/D, woodstove, wood oors, \$875/mo. 831 588 9576.

HOMES FOR RENT

RENTALS

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BEAUTIFUL 800 sq. ft. studio/office, easy central location, parking, \$550. Also, clean & dry 100 sq. ft. storage, near Ganges \$150/mo. 653 9898.

SEASONAL ACCOMMODATION

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SWEET RETREAT cabin, avail. Feb. 24 to Apr. 3. Very private. Price neg. for the right person. Ref s. 537 6037.

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HOMES FOR RENT

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2 bedroom small house near lake,
Suit 1 2 people, N/S, long term,
avail immed. single cat okay.....\$950

3 bedroom high end townhouse,
N/S, avail. immed., in adult only complex\$1350

3 bedroom ocean view home near town,
N/S, N/P, new woodstove, new carpets
avail. immed.....\$1350

2 bedroom half house,
N/S, N/P, long term, near to town.....\$1000

2 bedroom ocean view home,
2 bath, woodstove, on private 5 acre lot,
avail March 1.....\$1350


4 bedroom home in sunny Vesuvius area,
N/S, N/P, avail. immed.....\$1450

3 bedroom high end home,
Furnished, N/P, N/S, Channel Ridge, avail. immed ...\$1800

3 bedroom oceanfront home,
Near town, private, with replace, avail. March 1\$2000



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2 BDRM 2 BTHRM of ce area exec twnhse 5 appl furn/unfurn NS NP \$2100. +util Mid Island 119478

2 BDRM 1BTHRM 4 appl elect heat garage available new lower level suite NS NP \$1500. +% util South End 116153

2 BDRM 2 BTHRM of ce area 5 appl furn exec twnhse NS NP \$1950. + util Mid Island 119479

2 BDRM 1 BTHRM 2 appl older home near town NS NP \$725. +% util Mid Island 107461

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RENTALS
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BRAND NEW, walk out bsmt. suite overlooking Ganges Harbour. 1 bdrm. + den/2bdm. with new appl., incl. priv. W/D, suits quiet, professional or a couple. NS, NP. convenient central location, \$1200 month + utills., long term. Available March. 1. 250 537 0793 or adria.ryan@gmail.com.

GANGES NEW spacious and bright. 970 sqft. ground level 1 BDRM plus den, F/P. 9 ft ceilings, HW floors, patio, 5 appl. Character plus! \$875/mo. 250 538 8878

SUITES, UPPER

CUTE BACHELOR suite on horse acreage, central, \$650. Also: large, bright, long term 1 or 2 bdrm suite, walk to Ganges. \$825 for 1 & \$950 for 2. W/D, NS, refs. 250 653 9898.

TOWNHOUSES

2 BDRM townhouse with two ensuite bathrooms, 5 appls, gas f/p, wood floors, deck, pool and exercise room, N/S, N/P. \$1350+ utill.s, long term, avail Mar. 15. 250 537 4319.

WANTED TO RENT

PEACEFUL, COTTAGE or suite for longterm on Salt Spring. Quiet, NS male, 30 s, self employed, eco friendly. Ref s. Andy 604 569 5189 or redochre@shaw.ca

SEMI RETIRED PROF. couple with Grandma and small non shedding dog looking for 2 3 bdrm furnished rental accom. for March and April. Call Suzanne or Ron at 250 537 9570 or email Suzanne@glacierlily.ca

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2002 CHEVY Cavalier, 2 door, 5 speed, central, \$500. nav., \$5,200 obo. Call Sarah 250 537 0093.

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1995 BMW 325Ci Conv. Loaded. \$11888. Volvo of Victoria. 1 800 668 6313.

2000 HONDA Accord Coupe. Auto., sunroof, A/C, loaded, \$9888. Volvo of Victoria. 1 800 668 6313.

2000 VW Golf GTS, 107000km, 5spd, Blk/Blk, power everything, A/C, No accidents, CD. \$9999, 250 818 3207 umameyers@gmail.com

2004 MINI Cooper Sport Edition. Panorama roof. \$17888. Volvo of Victoria. 1 800 668 6313.

MUST SELL1993 HONDA Accord with chains, 4 door, 4 cyl, neat & clean, reliable, good on gas, peppy, \$3800. 250 537 4155

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This Week's Horoscope by Michael O'Connor

Aries (Mar 21 - Apr 20)
The tree should be really shaking by now. Your sights are set on the future and your mind is open. Yet, forward is the only direction. Awakenings from deep in your soul are stirring, provoking revolution in thought and deed. The world needs new leadership; do you hear the call? Sweet dreams are made of these, yet the effort of clear focus and intent is required. Share your visions with those you can trust for support. Then intend to take it slower and retreat to rest and meditate and download your soul's instructions!

Taurus (Apr 20 - May 21)
A good deal of activity in your public and professional life is keeping you active these days. The world is awakening to new realities and you are eager to be aware and perhaps a central part of it. Revolution is in the air. How are you sparking you life and others to new realizations? The maverick is the best way for you to go these days. This implies an inventive and perhaps even radical approach. How can you go against the grain of the status quo yet still keep all your friendships social connections alive? Choose the best, leave the rest.

Gemini (May 21 - Jun 21)
Realizing dreams is much of what makes life worth living. Knowing the difference between dreams, wishes, hopes, fantasies, illusions and delusion is the deeper end of the deal. Set a clear intention to know the difference. In the positive, you are in a good position to forge ahead. You will want to push through and beyond limiting situations and self-concepts. Meeting new people and making new friends is likely now. Some of these will be authority figures ready to respond to your requests and earned rewards. Expand your scope of influence and connections!

Cancer (Jun 22 - Jul 22)
Taking stock of what you have, keeping the best and discarding the rest, come into a closing phase this week. Old priorities, values and attitudes are due for replacement. To this end, you are actively researching the prospects. New mergers, collaborations and joint ventures are lining up for future consideration. If this is the case then you are probably on the right track. Be willing to learn as you can to strengthen your existing foundation. Aim to cultivate new skills and talents.

Leo (Jul 23 - Aug 23)
Your social scene should be very active now. You may also be gearing up for an exciting and adventurous momentum. Be willing to cooperate fully on all fronts. Avoid taking anybody or anything for granted and make the extra effort to back-up your work. This can include your computer or double-checking all correspondences and being on the watch for assumptive attitudes and communications. A conscientious and security oriented approach is wise these days, for you. Now, tend to the places to go and the people to meet!

Virgo (Aug 24 - Sep 22)
Taking a strong, clear look at the quality of your health is a central theme now. If you are in-tune, you have been doing this over the past few weeks. Persevere this week and follow through on taking the steps and initiatives to create better health. Since we are physical, mental, emotional spiritual beings, each is a square on the box that must be considered for the sake of your whole health. What old habits must die for your own good? Moderation is ever wise but balance must occur in all respects. Take a hard jab at the negative patterns, and replace them positive ones.

Libra (Sep 23 - Oct 22)
What fun and games have you been up to lately? Hide and seek may be among them. Sometimes we hide and at other times, we seek. Something or somebody has likely caught your attention. You may be in the mood to take a few risks to realize a better deal. At best, you are letting go of old security patterns that no longer serve you. Be willing to go with the flow and work with the pace of change that is destabilizing the ground. Try to see if and where you are in your own way. Alternatively, be willing to roll the dice because you have to play to win!

Scorpio (Oct 23 - Nov 21)
Like a phoenix, a new you is preparing to emerge from the flames. Your confidence is growing on one hand, yet on the other, you may not be certain of anything anymore. This is a complex cycle for you and it began a few years ago! In some respects, it is getting even more complicated, unless you are learning the lesson of re-assessing your views, position and overall life situation. Consider that whatever is going "wrong" has less to do with what you "should" have done; the lord works in mysterious ways. Be willing to give with one hand and receive with the other, or should I say, wing!

Sagittarius (Nov 22 - Dec 21)
Forces are at play to push you on to more solid ground. You job is to be aware of this and not to resist the flow. Life always happens for us but we do get in the way sometimes. Meanwhile, the time is also right to pull some tricks out of you hat. This is a good time to increase your network of connections and directions for expression. The biggest danger this entire year is that you will spread yourself too thin. Intend to secure your base with a promising momentum. Go for a balance of scope and range.

Capricorn (Dec 22 - Jan 19)
The future beckons! What else would you like and do you perhaps need to learn? Education remains a highlight now. This can come about through books and education and via travel and adventure. Be careful of wanting more out of people and situations that you are fairly and realistically willing to put in. Take stock of what and whom you know. Make improvements, accumulate whatever names, and contact information you can now, especially for future reference. Important meetings, agreements and deals stand to go down over the next few weeks. Are you prepared?

Aquarius (Jan 20 - Feb 19)
As the month of Aquarius ends, you will notice that it has been one of surprises, changes and new plans and intentions. Your focus will be sharp this week to take more leaps of faith yet. You are wise to keep an open mind and to be flexible as necessary. You know that saying, "If you want to make God laugh, tell her your fixed plans!" Learning that you cannot be all things to all people is part of the plot. Outline and then visualize your intentions that that the magic can work for you. Rise above common sense and honour your sixth sense!

Pisces (Feb 20 - Mar 20)
An active period tending to matters behind the scenes will continue this week. Clearing and cleaning the cobwebs, bugs and other disruptive elements is important now. Some of these may be in your working environment in particular while others are within your own mind. Intend to more beyond fears and doubts by taking one sure step at a time and one after the other, consistently. Invest faith into your dream visions and be patient with the process of realizing them.

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RCMP E Division
Leasing Section
Fax: (604) 264-3273

Agents submitting an Expression of Interest must provide RCMP with a letter from the owner authorizing them to do so.

This is only an inquiry as to the availability of the space to lease and RCMP will not necessarily invite offers or lease any of the said space. RCMP reserves the right to invite offers for this or similar projects from any of the interested Lessors, any other Lessor or by way of public tender.

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Letter to the editor?
Press release?
What's On calendar?

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Why should I register my card?

- If you register the card you will receive one e-mail per month listing all the specials from the Chamber of Commerce. (This is an easy way to get all the offers!)
- Your e-mail will not be used for any other purpose.
- All registrants will be entered in for a weekly draw for a \$50 gift certificate from participating merchants. See The Driftwood each week.

RESIDENTS CARD OFFERS AND PROMOTIONS

DRIFTWOOD: \$5 off Driftwood subscription with proof of Residents Card.

PHARMASAVE: Last Thursday of the month - Save 15% off everything in the store (exceptions are lottery, postage, prescriptions, sale items, baby diapers, books and magazines, special orders).

THRIFTY FOODS: See our ad in the Driftwood for details.

COUNTRY GROCER: See our weekly flyer in the Driftwood for HOT SPECIALS - only for those customers who show their Residents Cards.

THE LOCAL: Show us your card and we'll register you in our "LOCALS" program, offering discounted purchases to LOCAL'S every day of the year! We offer a 2% discount on every purchase, or donate it to the local charity of your choice and we'll match it - that's a total discount of 4% on every purchase! It adds up fast! Become a "LOCAL" and support local business and local social causes!

MOUAT'S CLOTHING: Show us your Residents Card & save 10% on all socks and underwear (til further notice).

OLD SALTY: Show us your Residents Card and save the GST and PST on all greeting cards (til further notice).

HOME HARDWARE: Show us your Residents Card and save 10% on all bedroom and bathroom linens for the month of February. Super Sunday gift certificates.

SHOP AT ANY MOUAT'S STORE, TREEHOUSE CAFÉ, WEST OF THE MOON, OYSTERCATCHER OR OTHER PARTICIPATING MERCHANTS IN THE VILLAGE, on Sundays (beginning Sunday, February 8th) - show the clerk your Residents Card and your name will be entered into a draw for at least \$100 in gift cards to be drawn every Sunday evening during February and March.

PATTERSON'S: Three cents off per litre of fuel.

OYSTERCATCHER: Super Sundays - show your Residents Card on Sundays and your name will be entered into a draw for at least \$100 in gift cards from participating Super Sunday businesses, to be drawn every Sunday evening during February and March.

UPTOWN PIZZA: Show your Residents Card and save 10% off large pizzas on Monday nights.

HARBOUR HOUSE: Show your Residents Card at the restaurant and have your name entered in a monthly draw for a \$50 gift certificate.

CALVINS: Free Swiss meringue with purchase of main course. Open again February 10th.

ISLAND ESCAPADES: For the month of February Island Escapades will offer Resident Card holders 10% off anything in the store that is regular price except for kayaks, plus 70% off any soccer gear. Ask about Island Escapades' own "Local Card" which will appreciate funds whenever you make a purchase.

GANGES GARMENT: Save 15% off everything in the store on the first Tuesday of the month.

FULFORD INN: Show your Residents Card on Mondays and save 10% off everything in the deli / restaurant - all day (excludes health products).

SS LINEN: Show us your card and receive 5% discount on drycleaning or laundry orders over \$20. Order must be picked up within 30 days of drop-off date for discount to apply.

HARLANS: Show your Residents Card and receive a free size upgrade on gelato. Valid every Tuesday in February.

PAINT PLUS: Show us your Residents Card and save on Para Elite Suede Acrylic Latex paint, regular \$55.64 gallon, with card \$42.99.

JOHNSONS SHELL: Show your Residents Card and Save three cents per liter on fuel.

HASTINGS HOUSE: Show us your card on arrival and you can select from our a la Carte menu, a 3 course dinner for \$70 per person. This offer is valid Sunday through Thursday only and will be in effect from March 13 through June 30 and again October 1 through November 7th, 2009. Maximum two dinners per Resident Card. Taxes and gratuities are not included in this offer.

ISLAND STAR: Free movie rental with the registration of your Residents Card at residentscard.com. Look for the printable web coupon.

WEST OF THE MOON: Until the end of March, every day is 'double points day' when you show us your Residents Card with your purchase at West of the Moon kids store. Sunday's are 'super' - in February and March. Show us your "Resident's Card" and receive 10% off any of our in-stock children, adult and family games. In addition, you'll be entered in the weekly Sunday draw for a selection of gift certificates from participating Super Sunday businesses that include, Mouat's stores, the Oystercatcher and The Treehouse Café.

SS BOOKS: Show your Residents Card and receive 10% off all Klutz (award-winning kids' activity books), Dorling Kindersley (DK) (gorgeous books on almost all topics), and Bojeaux Art Merchandise (kids' art and craft kits). Plus show us your Residents Card to be entered into our 'Book Club' and save 10% on all books all year.

RAVENSTREET: Present your Residents Card when dining in the cafe and receive 10% off your entire bill (maximum two diners per card). Present your card when ordering pizza for take out or delivery and receive a free two litre soda for every 12" pizza ordered.

LEAH HANSEL: Show your Residents Card and enter my draw for three months of my PLATINUM SUCCESS! coaching package, Three free tickets to my next workshop and three one hour hypnosis sessions - value \$1760.00. C.O.R.E. Personal Success Coaching - 130 McPhillips Ave.

SPORTS TRADERS: 25% off all footwear on Tuesdays.

BENJAMIN MOORE AND MORE: Show your Residents Card and save! Purchase Armstrong Solid and engineered hardwood flooring at only \$2.99 sq. ft.

FRANKLY SCARLET JEWELRY: Show your Residents Card and save 20% off all Timex watches.

SS CHEESE: Show your Residents Card at the Cheese Farm Shop on Fridays and save 10% off your purchase.

TREEHOUSE RESTAURANT: Shop at the Treehouse Café, any Mouat's store, West of the Moon, Oystercatcher or other participating merchant in the Village, on Sundays (beginning Sunday, February 8th). Show the clerk your Residents Card and your name will be entered into a draw for at least \$100 in gift cards to be drawn every Sunday evening during February and March.

FABLES COTTAGE: Show your Residents Card and 'Save the GST' (Consignment clothing and used books exempt). Show your Residents Card and qualify for other exclusive in-store promotions.

GANGES GAS: Show your Residents Card and save 5 cents per liter on fuel on the Ganges Gas Rebate Program.

The Salt Spring Island Residents Card is a new way to SAVE and take advantage of special island promotions from member businesses of the Chamber of Commerce.

Extra cards are available from: The Driftwood, Mouat's, Thrifty Foods, Country Grocer, Harbour House, Pharmasave, Patterson's, The Local, Oystercatcher, Uptown Pizza and the Salt Spring Island Chamber of Commerce.


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COMMUNITY ART



PHOTO BY DERRICK LUNDY

"Monster-minds" from a Creative Fire clay course celebrate their creation Strujohemaza, now at Knotty Threads.

Meet Strujohemaza: monster on tour

Creative Fire kids are the masterminds

BY ELIZABETH NOLAN
 DRIFTWOOD STAFF

Group projects promote togetherness, and that's true even if the project consists of building a monster out of mismatched parts. If Dr. Frankenstein had been working with close colleagues, everything might have turned out fine.

Just ask the kids from Tracy Harrison's Creative Fire studio classes. For this group of children of varying genders and ages, building a monster

has been an experience they won't forget — and one that has built a spirit of group participation and community.

Looking somewhat like a Balinese demon with his sharp nose, big ears and outstretched claws, Strujohemaza has definite appeal. His name is a combination of the first two letters in his creators' names and symbolizes the cooperative effort required to bring this creation about. Stella Robinson Pingle, Ruby Egger-Lipsett, Joe Curtis, Hector Manx, Mac Flett and Zaira Valerio are the masterminds behind the figure and participants in Harrison's fall pottery

workshop for children.

An art therapist and poet as well as a working artist, Harrison said the classes are great for learning creative thinking and problem-solving skills, and for building confidence.

"We usually choose a theme related to the season," Harrison said about the projects kids undertake.

This fall, participant Manx suggested building a monster from different parts, an idea he got from a movie he saw on television. With the other kids enthusiastically on board, the terrible creation was soon in the works. Manx contributed a frog on the monster's collar

and a slug emerging from his mouth.

When it was time to decide who would get to take the monster home, the children decided to share their creation with the community. Strujohemaza has already been seen devouring shoes in the window of Ganges Village Cobbler. He's now in Fulford Village, adorned with hearts for Valentine's Day at Knotty Threads Local Artists' Gallery and Textile Studio. He'll spend March working up an appetite at the Love My Kitchen shop in Ganges.

Flett, whose mother Jane MacKenzie is hosting Strujohemaza this month at Knotty Threads, has taken a number of Harrison's workshops and enjoys the structural aspect of building with clay. He made several snails attached to the monster's body.

"He just loves it — that's all he wants to do," MacKenzie said of the craft.

Valerio attached the monster's hair and painted the assembled body and head. She's responsible for the vibrant green and blue tones.

"It's cool to share what we've made," she said of the monster's island tour.

Curtis made the fangs. Pingle did some hard work squeezing clay through a garlic press to create the monster's hair, while her friend Egger-Lipsett fashioned his distinctive ears. The girls said that actually making the parts out of clay was the most fun for them. They think Strujohemaza might not like his tour, however, because his fingers keep falling off.

A few more locations are on order for the monster, and Strujohemaza will find a final resting place at the Rainbow Road Pool.

Knotty Threads is open Wednesday to Saturday, 11 a.m. to 5 p.m. To learn more about tour locations, contact Tracy Harrison at Creative Fire Art Studio, 250-538-0144.

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ARTS & ENTERTAINMENT



PHOTO CONTRIBUTED

IN THE GROOVE: From left, Pilar Brooks, Aina Yasue, Monica George and their former dance teacher Andrea Rabinovitch hang out with Twitch, of So You Think You Can Dance fame, at a recent Streetgroove hip hop convention in Surrey. Former Salt Spring resident Rabinovitch is currently teaching dance at Studio 58 at Langara College and at the University of B.C.

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COMEDY

Vancouver comedy pros return to SSI

BY ELIZABETH NOLAN
DRIFTWOOD STAFF

Plans to transform Salt Spring into a hotspot of stand-up comedy are well underway with the return of the Free Food and Beer show this month.

Professional comedians Toby Hargrave and Paul Myrehaug appeared at ArtSpring last November as part of a mini tour of Vancouver Island. In an interview with the Driftwood before the show, Hargrave suggested it was possible they'd return with different headliners.

Now just three months later, Free Food and Beer

(the name is an attention grabber, not a promise) is making the possibility a reality. Hargrave is currently away filming, but Myrehaug will bring special guest Phil Hanley in to complete the roster on Friday, Feb. 20.

"We're excited to come back because of the potential to keep the shows going. World-class comics would be very happy to come here because it's a very fun place to come, even to just stay overnight."

Both Myrehaug and Hanley have respectable records for getting people to laugh. Among other awards, Myrehaug won the \$25,000 grand prize in the Great Canadian Laugh Off and placed second in the Seattle Comedy Competition. Hanley won Vancouver's Funniest Comic Competition and has performed in many festivals and advertisements. Both have appeared in their own television specials.

For their last appearance

on Salt Spring, audiences were pre-warned that the content is strictly for adults, and this time will be no different, Myrehaug said.

"I wouldn't bring my child to my show. It's not as raunchy as a club show, but it's still stand-up comedy."

Myrehaug's material tends to centre on men and women and their relationships, as well as general observations about the world.

Hanley, said Myrehaug, is a slightly different comic. "He's kind of an alternative and very original guy — he's not relying on the same subject matter as a lot of comedians tend to. You never know when the punch-line is coming, and he has a different style of writing than I've ever seen anyone else use."

Also not on the menu for kids is the post-show socializing with the comedians, who visited karaoke night at The Local during their last visit.

"I heard a guy with the deepest voice I've ever heard — it sounded like he'd swallowed a raccoon.

"It was a blast, and I just can't wait to come back!"

Despite the adult content, partial proceedings from the show will once again benefit Salt Spring kids. For their last appearance, Hargrave and Myrehaug donated a portion of ticket revenue to the GISS Improv team. This time around, the comics will partner with Malcolm Legg for the Salt Spring Island Youth Soccer Association.

"We really like the opportunity to raise money for local groups," said Myrehaug, noting the comedians' participation in childhood sports made the partnership a natural. As well as receiving some ticket proceeds, soccer association parents will run a concession at ArtSpring for the event.

Next Friday's Free Food and Beer show begins at 8 p.m. Tickets cost \$25.

GANGES NIGHTLIFE

HBHG back on Feb. 14

This week Moby's is proud to offer a double hit of local talent Stephanie Rhodes.

Rhodes will be at the pub on Thursday hosting select friends in a jam-style evening of great entertainment. The music starts at 9 p.m.

On Saturday, Feb. 14, Rhodes is back with Hey Boy Hey Girl, an old Moby's favourite band from days gone by. Even though it's Valentine's Day, people don't need a date to enjoy the rock and roll event starting at 9 p.m.

The band also stars Tom Hooper from Grapes of Wrath and Ginger fame and Matt Johnson from 54-40. Filling out the bill is Dave Campbell from popular local band Drop Radio.

The \$7 cover charge is waived if patrons show up early for dinner.



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If you are considering the St. Michaels University School boarding programme for September, now is the time to submit your application. You are invited to learn more about the school and our application process at our Open House:



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ARTS & ENTERTAINMENT

PLAY REVIEW

Lifetime of craft and 'serious guts' makes for triumphant Godot show

Reviewer says don't miss last two shows

BY ELIZABETH NOLAN
DRIFTWOOD STAFF

Performing any piece of live theatre has its risks, but to stage a performance of a celebrated play requires courage and precision.

To put on *Waiting for Godot*, a tragicomedy in two acts well known as a 20th-century classic, therefore took some serious guts for director/actor Scott Hylands, who could have been putting his reputation on the line with his combination of a local cast and this script of much renown.

Many months of rehearsal and careful attention have made Hylands' production a rendition to be proud of, as he and his cast prove why Beckett's words have such lasting impact. The preparation is evident in the seamless delivery of the dialogue, the believability of the characters and the depth of the relationship between the two leads.

In addition to directing, Hylands plays Vladimir, one of two friends who are old, tired and down on their luck. Facing memory loss, sleeping outside and managing to live off a few root vegetables, the men had seen better days long ago. On a bare stage lit by a dying sun and only a dead tree to relieve the scene, Vladimir and Estragon's weariness at their interminable waiting is palpable.

As the play begins, Vladimir and Estragon (played by Patrick Cassidy) enact a routine of interdependence that they both sometimes dislike, but wouldn't know how to end.

As the title suggests, they spend the entire evening of two days waiting for someone called Mr. Godot to come see them and somehow relieve their situation. He fails to appear, and it seems they've both been waiting forever and will continue to do so.

Their time of waiting is broken up by the entrance of another pair, the rich man Pozzo and his slave. Played by Bob Twaites and Harry Warner respectively, Pozzo and Lucky show an even more strange interdependence. Lucky has been completely broken by his years of servitude, while Pozzo appears young and healthy despite being older than 70. But what makes Lucky even more despondent is the fact that Pozzo is about to sell him off.

In the role most closely aligned with Beckett, Hylands reveals his craft as an actor with a lifetime of experience in professional roles. The pain that fills his character both in body and mind are embodied in Hylands' physicality. Vladimir (in his mid 60s) suffers from kidney trouble and laughing makes him bend sharply at the crotch with pain. Every time Hylands



PHOTO BY DERRICK LUNDY

Patrick Cassidy, left, and Scott Hylands rehearse for *Waiting for Godot*, which runs for two more shows at ArtSpring this weekend.

did it, I felt the reality of that pain.

Hylands is also skilled at pulling off the many comedic elements of Beckett's script, with the ability to slide out a dry remark just at the right moment.

Cassidy is well matched as Hylands' counterpart. As Estragon he blinks out at the world with a sleepy bewilderment, enhancing his character's descent into dementia. In Act I Estragon appears the more merry of the two, but at the end of the act we learn that he's also the more desperate and has attempted suicide many times. Cassidy is entirely convincing in both emotional directions and in his movement between the two.

The part of Pozzo is played admirably by Bob Twaites, a veteran of the theatre who usually chooses not to act himself. It's actually difficult to imagine him in any other role, so strongly has he entered into the part of the bombastic Pozzo. He also turns quickly between emotional states, shouting "Pig!" at his slave one moment and carrying on civilized conversation the next. (On Saturday night, Twaites' voice sounded like it might be under some strain due to the shouting, but he did not hesitate to roar out his commands).

A really inspired choice of casting came with Harry Warner, who has some experience in the theatre but has not appeared on stage in his 19 years on Salt Spring. With just two lines, most of Warner's task as Lucky is to stand around looking miserable, which he does very well.

But in the performance of his second and final line, a thousand-word monologue made up of nonsense, he

truly shines. Warner spills out the words with the convincing air of a crazy man on the street, once educated and articulate but now with a mind broken into fragments. The words don't make sense, but in his deliverance you feel you can almost find the meaning behind them.

Many months of rehearsal and careful attention have made Hylands' production a rendition to be proud of, as he and his cast prove why Beckett's words have such lasting impact.

Stagecoach student Christopher Perrins makes his theatrical debut as Godot's servant and does a fine job sharing the stage with the other more experienced actors. It will be interesting to watch where his path will lead in the next few years.

With all the weight of the play's reputation, Hylands and the other actors have crafted a staging of Beckett that is worthy of being an introduction to the play for new audiences and stands among the most enjoyable interpretations for those who know it.

Waiting for Godot returns to ArtSpring for two more shows only, Saturday, Feb. 14 at 8 p.m. and Sunday, Feb. 15 at 2:30.

"Heard it through the grapevine..."

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Mahon Hall Dance @ 8:00 pm
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Valentine's Day at



kravechocolat

Chocolatier Anya Keefe will be in the gallery Saturday February 14th to talk about her hand-made chocolates! Come and try her Strawberry Champagne Truffles and The Passion Fruit Pleasure Dome.

Our featured Textile Artist & Designer Ulrike Benner will have a collection of felted scarves and hats at the gallery.



Knotty Threads Local Artisans Gallery & Textile Studio
111 Morningside Road, Fulford
Winter Hours Wed - Sat: 11am-5pm
or by Appointment 653.2330

Also at the gallery...
STRUJHEMAZA! A collaborative ceramic monster by six students from Tracy Harrison's Creative Fire Studio.
SALVAGED Doily & Needlepoint Dress by Jane Mackenzie

A late addition to ArtSpring's music programming for February:

BEYOND THE PALE

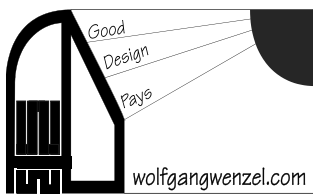


Canada's most exciting Klezmer Band
visits Salt Spring direct from Toronto.

Sunday, February 22
2:30pm

Island Arts Centre Society
ARTSPRING

Ticket Centre
250 537 2102



FERRY SCHEDULE
PAGE A17

SSI Painters' Guild Winter Workshop Series
Don Farrell, SFCA
 Engaging with the Masters & the Poetry of Composition
 "open the doors to artistic expression with one of Canada's most distinguished artists in a 2-day workshop"
February 14 & 15, 2009
 Lions Hall 9:30 am - 4:30 pm
 member \$100 non-member \$125*
Register - Carolyn Withers 250-537-5114
 Full details: www.sspaintersguild.com
 New members welcome *includes Guild membership

Salt Spring Woodworks
Annual Sale
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 Delicious Vegetarian Soups Daily
All Day Breakfast & Lunch
Bennies are Back
 Open All Winter * 7 days a week, 8 am - 4 pm
www.treehousecafe.ca 250-537-5379 next to Mouat's under the plum tree

ARTS & ENTERTAINMENT

FILM FEST

Pioneer grizzly bear film highlighted

Screening of Edge of Eden at Fritz on Feb. 18

Not many people would feel comfortable spending days, weeks or months at a time in a wilderness area with a bunch of grizzly bears as their closest neighbours.

"That's because most of us would be fearful and see the bears as a threat," explains an Our Island Our World Film Festival release. "The work of renowned Canadian naturalist, author and wildlife photographer Charlie Russell shows it is possible to live peaceably among these giants of the bear kingdom. His pioneering work spans almost 48 years of intense field study in remote parts of Russia and Canada."

On Wednesday, Feb. 18, Russell will be on Salt Spring as the honoured guest for a special screening of The Edge of Eden: Living With Grizzlies, a 90-minute, award-winning documentary about his work rescuing orphaned grizzly cubs from a Russian zoo and helping them become wild again. The film was made by acclaimed BBC producers Jeff and Sue Turner, who spent more than a year documenting Russell and the bears.

The event, which takes place at The Fritz cinema beginning at 7 p.m., is hosted by Our Island Our World Film Society and will be the first public celebration of the group's society registration. It will also provide a sneak preview of the film festival program and a fundraiser. The film society hopes to provide funding for one adult and one student filmmaker scholarship to the Gulf Islands Film and Television School.



Scene from The Edge of Eden.

PHOTO CONTRIBUTED

BOOKS

Black History Month time for reflection

Books provide local connection

BY ELIZABETH NOLAN
DRIFTWOOD STAFF

Recent events in the United States have made Black History Month a reason to celebrate, but February is also a time to learn more about and reflect on the history of African Americans in Canada.

We all know that slavery once existed, but to really understand its role in society, and the continued effects it has today, it can be worthwhile to take up some reading. Living on Salt Spring we have a strong link to the past through

black pioneers, such as Sylvia Stark, who settled here during the 19th century.

The re-release of an Open Hand Publishing biography aimed at school children, Sylvia Stark: A Pioneer is a great place to start for kids and adults alike. Most of the book deals with Stark's life before settling on Salt Spring, beginning with her birth into slavery in Missouri in 1839.

Through Stark's biography, authors Victoria Scott and Ernest Jones show the remarkable resilience of American slaves who either worked to buy their own freedom or escaped North. The slaves' strength and will to make lives

for themselves is something we can all take as a lesson, while having the home connection places our island in an important historical context.

Another reading source for the month is the second edition of Crawford Killian's Go Do Some Great Thing: The Black Pioneers of British Columbia, published by Commodore Books. In an excerpt published on The Tye.ca, Killian describes his admiration for the black pioneers, especially the women, and including those of Salt Spring Island.

"All these women lived in a world that defined everyone, and demonized most, in terms of race and gender.

They had to work, to bear children, to support their overworked and insecure menfolk, and to put up with, at best, the condescension of their white neighbours."

One example Killian gives is Maria Gibbs, whose years at Oberlin College made her likely "the best-educated woman in gold-rush British Columbia." White patrons of a theatre in Victoria once threw flour on Gibbs when she took her seat in the dress circle.

Despite their challenges, black women pioneers became educators, political activists, farmers and family matriarchs. Their stories are a real reason to celebrate.

Deposits



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 ROYAL LEPAGE SALT SPRING REALTY

The Living Word

John 3:16
 For God so loved the world that He gave His only begotten Son, that whosoever believeth in Him should not perish but have everlasting life.

WINSOME WHITE
 Please Read: 1. John 4,16
 Psalm 136 vs. 1

Alma de Espa a presents
Gareth Owen & his Familia Flamenca

"flamenco guitarist extraordinaire"
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Saturday, February 21
7:30 pm doors 7pm

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Shaw	2	3	4	5	6	7	8	9	10	12	13	14	15	16	18	19	20	21	22	23
ExpressVu	257	120	268	400	255		251	250	254	256	253		290	288	287	291	502	289	552	407
Starchoice	308	702	354	400	358		336	321		389	359		382	380	379	383	390	381	543	419

WEDNESDAY FEBRUARY 11

5 PM	:00 The Simpsons	C'est a la vie	(:25) Maggie and Beast	(4:30) NHL Hockey Ottawa vs. Buffalo (Live)	CHEK News	Fresh Prince of Bel Air	Early News	CTV News at Five	Punjab Times	'A' News	The Tyra Banks Show	My Wife and Kids	King of the Hill	KOMO 4 News	KING 5 News	Nightly Business	The Hour	KIRO 7 News	Fairly Odd Parents	(4:30) Poker After Dark
	:30 Wheel of Fortune		(:35) Arthur		Global National	According to Jim	Global National		Phoenix World News			The King of Queens	The Simpsons	ABC World News		BBC World News		CBS Evening News	SpongeBob SquarePants	Pratt & Taylor
6 PM	:00 News	Le T I journal	Think Big		News	Dharma & G [Part 1 of 2]	News	News			CityCooks	That '70s Show	The Simpsons	News	News	News	CBC News: The National	News	Drake & Josh	
	:30		Water Under Fire		CHEK News Island 30	George Lopez			CTI News	Vancouver Report	CityNews International	The King of Queens	Family Guy [Part 2 of 3]		KING 5 News				iCarly iWin a Date	Sportsnet Connected
7 PM	:00 Coronation Street	Virginie (N)	Canadian Waterways		El News	The Daily	Entertainment Tonight	eTalk (N)	Matchmaker	Instant Star	Law & Order: Special	Deal or No Deal	Two and a Half Men	Wheel of Fortune	Evening Magazine	Ask the Governor	La Corona	Entertainment Tonight	Prank Patrol	Best Damn Sports Show Period
	:30 Jeopardy	L' picerie (N)	Mighty Rivers		The Insider	Frasier	Ent. Tonight Canada	Access Hollywood	Daughters In Law	TMZ	Victims Unit	Deal or No Deal	2 1/2 Men	Jeopardy	Inside Edition	Christine Gregoire		The Insider	Prank Patrol	
8 PM	:00 The Week the Women Went (N)	Le match des toiles (N)	Marvels Kuala Lumpur Flood Control		Knight Rider Fly by Knight (N)	Stargate: SG 1 In the Line of Duty	Lie to Me Pilot	American Idol Hollywood Round 4/ Top 36 Chosen (N)	Vancouver Nights	Lost The Little Prince	Privileged All About Betrayal	Privileged All About Betrayal	American Idol Hollywood Round 4/ Top 36 Chosen (N)	Lost The Little Prince	Knight Rider Fly by Knight (N)	American Creed	News	Old Christine (N)	Malcolm in the Middle	Hockeycentral
	:30		Off the Record						Iranian Pop									Gary Unmarried	Futurama	UFC All Access
9 PM	:00 Being Erica Til Death (N)	Les invincibles (N)	Concert for Europe		NASCAR Preview (N)	Party Monsters: Cabo (N)	Life Mirror Ball (N)	Sabor Latino	Lost This Place Is Death (N)	Everybody Hates Chris	90210 Of Heartbreak & Hotels		36 Chosen (N)	Lost This Place Is Death (N)	Life Mirror Ball (N)	Looking for Lincoln	CBC News: The National	Criminal Minds Cold Comfort (N)	Adrenaline Project	The Ultimate Fighter
	:30				NASCAR Preview (N)														Adrenaline Project	
10 PM	:00 CBC News: The National	Le T I journal		Winter X Games	True Hollywood Story The Kardashians	Scrubs	Life on Mars Let All the Children Boogie (N)	CSI: NY She's Not There (N)	Sabor Musical	Law & Order Crimebusters (N)	I Love Money	Seinfeld The Wink	(:05) Q13 FOX News	Life on Mars Let All the Children Boogie (N)	Law & Order Crimebusters (N)		La Corona	CSI: NY She's Not There (N)	Falcon Beach Lovers & Cheaters	Sportsnet Connected
	:30		Concierto de Aranjuez			Diya			Travel Television			Seinfeld The Alternate Side								
11 PM	:00 News / (:05) The Hour	Le T I journal	Montreal International Jazz Festival Nina Simone		News	It's a New Day	News	News	TV Patrol	News	Electric Playground	Frasier The Ski Lodge	Family Guy	News	News	Back Care Basics: Yoga for the Rest of Us	CBC News: The National	News	Mystery Hunters	Sportsnet Connected
	:30				CTV News				CTI News	(:35) The Tonight	CityNews International	Frasier	King of the Hill	(:35) News Nightline	(:35) The Tonight			(:35) David Letterman	Ghost Trackers	
12 MID	:00 (:05) Fashion File	La zone	Marvels Kuala Lumpur Flood Control	Off the Record	Chelsea Lately	Paid Program	(:05) E.T. Canada	(:05) The Daily Show	Jai Fiji	Show With Jay Leno	(:05) Jimmy Kimmel Live (N)	That '70s Show	RENO 911!	(:05) Jimmy Kimmel Live (N)	Show With Jay Leno	Performances Hitman: David Foster and Friends	The Hour	(N)	Malcolm in the Middle	The Ultimate Fighter
	:30 (:35) Hour 22 Mins	(:45) Fosse aux lions		Rally Targa Newfoundland	(:35) Late, Late Show	The Daily	(:35) Late Night Poker	(:35) Colbert Report	Caribbean Beat	(:35) Conan O'Brien		South Park	TMZ	(:35) Conan O'Brien				(:35) Late, Late Show	Futurama	

THURSDAY FEBRUARY 12

5 PM	:00 The Simpsons	C'est a la vie	(:25) Maggie and Beast	(4:30) The Westminster Kennel Club Dog Show	CHEK News	Fresh Prince of Bel Air	Early News	CTV News at Five	Punjab Times	'A' News	The Tyra Banks Show	My Wife and Kids	King of the Hill	KOMO 4 News	KING 5 News	Nightly Business	Road to the Games (N)	KIRO 7 News	Fairly Odd Parents	(4:30) Pratt & Taylor
	:30 Wheel of Fortune		(:35) Arthur		Global National	According to Jim	Global National		Phoenix World News			The King of Queens	The Simpsons	ABC World News		BBC World News		CBS Evening News	SpongeBob Friend or Foe	Canucks Connected
6 PM	:00 News	Le T I journal	Kratts' Creatures		News	Dharma & G [Part 2 of 2]	News	News			CityCooks	That '70s Show	The Simpsons	News	News	News	CBC News: The National	News	Drake & Josh	NHL Hockey Vancouver vs. Phoenix (Live)
	:30		Working Animals		CHEK News Island 30	George Lopez			CTI News	Vancouver Report	CityNews International	The King of Queens	Family Guy [Part 3 of 3]		KING 5 News				iCarly	
7 PM	:00 Coronation Street	Virginie (N)	Recreating Eden		El News	The Daily	Entertainment Tonight	eTalk (N)	Eight Heroes	Instant Star [Part 1 of 2]	Law & Order: Special	Deal or No Deal	Two and a Half Men	Wheel of Fortune	Evening Magazine	Rick Steves' Europe	The Nature of Things	Entertainment Tonight	H2O: Just Add Water	
	:30 Jeopardy	Infoman (N)	E2		The Insider	Frasier	Ent. Tonight Canada	Access Hollywood	Daughters In Law	TMZ	Victims Unit Juvenile	Deal or No Deal	Two and a Half Men	Jeopardy	Inside Edition	Oregon Field Guide	Living City: A Critical Guide	The Insider	Prank Patrol Invisible Boys	
8 PM	:00 The Nature of Things Inuit Odyssey (N)	Enqu te (N)	Michael Palin Journey's End		My Name Is Earl (N)	Smallville Prey	Survivor: Tocantins (SP) (N)	CSI: Crime Deep Fried and Minty Fresh (N)	What's in Vancouver? Kirdaar	Wife Swap Bonnet/ Linkins (N)	Ugly Betty (N)	Smallville Prey	40th NAACP Image Awards (N)	Ugly Betty (N)	My Name Is Earl (N)	Doc Martin Of All The Harbors In All	News	Survivor: Tocantins (SP) (N)	Malcolm in the Middle	Sportsnet Connected
	:30				Kath & Kim Celebrity (N)										Kath & Kim Celebrity (N)				Futurama	
9 PM	:00 Doc Zone Love Interrupted (N)	M pour musique (N)	Adventures in Disaster		Orange British Academy Film Awards (N)	Supernatural Yellow Fever	The Office (N)	Grey's Anatomy Before and After (N)	Dheeyan Ghar Sadabahar Naghmae	Eleventh Hour Pinocchio (N)	30 Rock The Fighting Irish	Supernatural Yellow Fever	Grey's Anatomy Before and After (N)	Grey's Anatomy Before and After (N)	The Office (N)	A. Christie's Poirot The Third Floor Flat	CBC News: The National	CSI: Crime Deep Fried and Minty Fresh (N)	Zixx: Level Three	Best Damn Sports Show Period
	:30		Gatorade Duel		Scrubs	The Unit	ER The Family Man (N)	Desi Uncle	Private Practice Ex Life (N)	Hell's Kitchen	Seinfeld The Hot Tub	Q13 FOX News	Private Practice Ex Life (N)	ER The Family Man (N)	Globe Trekker Pakistan	The Nature of Things Living City: A Critical Guide	Eleventh Hour Pinocchio (N)	Falcon Beach Vigil	Sportsnet Connected	
10 PM	:00 CBC News: The National	Le T I journal	Vertical City		News	It's a New Day	News	News	TV Patrol	News	Electric Playground	Frasier	Family Guy	News	News	Secrets of Enlightenment With Deepak Chopra	CBC News: The National	News	Mystery Hunters	Sportsnet Connected
	:30		Design: E2		Diya				CTI News	(:35) The Tonight	CityNews International	Frasier Roe to Perdition	King of the Hill	(:35) News Nightline	(:35) The Tonight			(:35) The Late Show	Ghost Trackers	
12 MID	:00 (:05) Fashion File	La zone	Michael Palin Journey's End	Off the Record	Chelsea Lately (N)	Paid Program	(:05) Ent. Tonight	(:05) The Daily Show	Punjabi Vibes	Show With Jay Leno	(:05) Jimmy Kimmel Live (N)	That '70s Show	RENO 911!	(:05) Jimmy Kimmel Live (N)	Show With Jay Leno	Road to the Games	With David Letterman	Malcolm in the Middle	Pratt & Taylor	
	:30 (:35) Can. Reflections	(:45) Fosse aux lions		IIHF Hockey World Junior	(:35) Late, Late Show	The Daily	(:35) E.T. Canada	(:35) Colbert Report	Desi Rhythms	(:35) Conan O'Brien		South Park	TMZ	(:35) Conan O'Brien			(:35) Late, Late Show	Futurama		

FRIDAY FEBRUARY 13

5 PM	:00 The Simpsons	C'est a la vie	(:25) Maggie and Beast	(4:30) Poker 08 World	CHEK News	Fresh Prince of Bel Air	Early News	CTV News	Punjab Times	'A' News	The Tyra Banks Show	My Wife and Kids	King of the Hill	KOMO 4 News	KING 5 News	Nightly Business	The Hour	KIRO 7 News	Fairly Odd Parents	Canucks Connected
	:30 Wheel of Fortune		(:35) Arthur		Global National	According to Jim	Global National		Phoenix World News			The King of Queens	The Simpsons	ABC World News		BBC World News		CBS Evening News	SpongeBob SquarePants	NHL Hockey Vancouver vs. Dallas (Live)
6 PM	:00 News	Le T I journal	Heads Up		News	Dharma & Greg	News	News			CityCooks	That '70s Show	The Simpsons	News	News	News	CBC News: The National	News	iCarly	
	:30		Time and Place		CHEK News Island 30	George Lopez			CTI News	Vancouver Report	CityNews International	The King of Queens	Family Guy		KING 5 News				Prank Patrol	
7 PM	:00 Coronation Street	Du coeur au ventre (N)	Arctic Mission Lords of the Arctic		El News	The Daily	Entertainment Tonight	eTalk (N)	Eight Heroes	Instant Star [Part 2 of 2]	Law & Order: Special	Deal or No Deal	Two and a Half Men	Wheel of Fortune	Evening Magazine	Rick Steves' Europe	Doc Zone Love Interrupted	Entertainment Tonight The Insider	"Just My Luck" ★★ (Com, '06) Lindsay Lohan.	
	:30 Jeopardy	Paquet voleur (N)	Poirot Problem at Sea		The Insider	Frasier	Ent. Tonight Canada	Access Hollywood	Daughters In Law	TMZ	Victims Unit Resilience	Deal or No Deal	2 1/2 Men Pilot	Jeopardy	Inside Edition	KCTS Connects	News	Ghost Whisperer Greek Tragedy (N)		
8 PM	:00 Rick Mercer Report	Paquet voleur (N)	Poirot Problem at Sea		Fashion Police (N)	May to December	Howie Do It (N)	Ghost Whisperer Greek Tragedy (N)	Weekly News Forum	Terminator The Good Wound (N)	Mantracker Chris and Brock	Everybody Hates Chris The Game	Terminator The Good Wound (N)	Wife Swap Bonnet/ Linkins (N)	Howie Do It (N)	Washington Week	News	Ghost Whisperer Greek Tragedy (N)	Sportsnet Connected	
	:30 Marketplace				No Place Like Home	Howie Do It			CTS Night Club					Howie Do It	NOW			Gillette World Sport		
9 PM	:00 the fifth estate	Une heure sur terre (N)	Dalziel and Pascoe Bones and Silence		Friday Night Lights Every Rose Has Its Thorn (N)	Enigma	Dollhouse Ghost (P) (N)	Flashpoint Between Heartbeats (N)	Here Comes Ajjamma	Supernanny Davis Family (N)	Survivorman African Plains	13 Fear Is Real Alone (N)	Dollhouse Ghost (P) (N)	Supernanny Davis Family (N)	Friday Night Lights Every Rose Has Its Thorn (N)	Bill Moyers' Journal	CBC News: The National	Flashpoint Between Heartbeats (N)	Falcon Beach Papa	Best Damn Sports Show Period
	:30				Score Golf TV															
10 PM	:00 CBC News: The National	Le T I journal	Sherman's March		Winter X Games	20/20 (N)	Scrubs My Dirty Secret	Numb3rs Guilt Trip (N)	Raising the Bar Hang Time (N)	Vitamin	Stargate: SG 1 Unending	Crusoe	Seinfeld The Soup Nazi	Q13 FOX News Wash. Most Wanted	20/20 (N)	Dateline NBC	"Rain Man" ★★★ (Dra, '88) Dustin Hoffman.	Doc Zone Love Interrupted	Numb3rs Guilt Trip (N)	Was a Rolling Stone
	:30						Diya					Seinfeld The Suicide							Mystery Hunters	Sportsnet Connected
11 PM	:00 News / (:05) The Hour	Le T I journal			News	It's a New Day	News	News	TV Patrol	News	Electric Playground	Frasier	Family Guy	News	News		CBC News: The National	News	Mystery Hunters	Sportsnet Connected
	:30				CTV News				CTI News	(:35) The Tonight	CityNews International	Frasier	King of the Hill	(:35) News Nightline	(:35) The Tonight			(:35) David Letterman	Ghost Trackers	
12 MID	:00 (:05) Fashion File	La zone		Off the Record	Chelsea Lately (N)	Paid Program	(:05) ECW Wrestling	(:05) CSI: NY All Access	Vancouver Masala	Show With Jay Leno	(:05) Jimmy Kimmel Live (N)	That '70s Show	RENO 911! Kevlar for Her	(:05) Jimmy Kimmel Live (N)	Show With Jay Leno	"The Pink Panther Strikes Again"	The Hour	(N)	Futurama	The Ultimate Fighter
	:30 (:35) Kenny vs. Spenny	(:45) Fosse aux lions		NFL Films Presents	(:35) Late, Late Show	The Daily			Music Bank	(:35) Conan O'Brien		South Park	TMZ	(:35) Conan O'Brien				(:35) Late, Late Show	"Just My Luck" ★★	

STATION	CBC CBUT	SRC CBUFT	Knowledge	TSN	CH Victoria	OMNI BC	Global BC	CTV BC	Channel M	A	Citytv	CW KSTW	FOX KCPQ	ABC KOMO	NBC KING	PBS KCTS	NewsWorld	CBS KIRO	YTV	Sportsnet
Shaw	2	3	4	5	6	7	8	9	10	12	13	14	15	16	18	19	20	21	22	23
ExpressVu	257	120	268	400	255		251	250	254	256	253		290	288	287	291	502	289	552	407
Starchoice	308	702	354	400	358		336	321		389	359		382	380	379	383	390	381	543	419

SATURDAY FEBRUARY 14

5 PM	(4:00) NHL Hockey Pittsburgh vs. Toronto (Live)	40 ans du Festival du voyageur de Winnipeg	(05) WordWorld (20) Mama (40) Babar	NBA Basketball All Star Saturday Night (Live)	CHEK News	Dhoop Chaon	Family Guy [Part 2 of 3]	First Story	(4:30) Swiat Polskiej	TMZ	Electric Playground	Cold Case The Sleepover	Friends	KOMO 4 News	KING 5 News	Lawrence Welk Show Southern Show	Antiques Roadshow Rochester	KIRO 7 News	(4:00) "A Cinderella Story" ★ (Com, '04)	(4:00) NCAA Basket.
6 PM	Le T I journal	Le T I journal Pieds dans la marge (N)	Profiles of Nature		That News Show	Dharma & Greg	News	News	NTDTV Weekly	Sue Thomas: F.B. Eye Bad Hair Day	Most Amazing Inside Fashion	CSI: Miami Forced Entry	Two and a Half Men	News	As Time Goes By	Saturday Report	News	C. Brown Valentine	World of Skiing	
7 PM	NHL Hockey Calgary vs. Phoenix (Live)	Le moment de v rit	Raptor Force		Chef School (N)	Awaz E Quam	Variety Show of Hearts Telethon	W FIVE Hovey (N)	Stay Local, Think Global	The New Canoe	Without a Trace Silent Partner	CSI: NY Stealing Home	Two and a Half Men	Wheel of Fortune	NW Backroads	To the Manor Born	The fifth estate	Entertainment This Week	Team Galaxy H20 No	Gillette World Sport
8 PM	3600 secondes d'extase	Heartbeat Taking Stock	SportsCentre	"A Valentine Carol" ★★ (Rom, '07) Emma Caulfield.	Mirchi TV	Punjab this Week		Law & Order: Criminal Intent	Phoenix Gathering Satrang	Road to Avonlea Family Rivalry	Less Than Kind Kaya	Boston Legal	Cops (N)	Charlie Brown	Law & Order: Criminal Intent Reunion	Antiques Roadshow Dallas (Hour Three)	Saturday Report	Numb3rs In Security	Zixx Level Three	World Combat League
9 PM	(4:00) Hockey: After Hours (Live)	Les Tudors (N)	Midsomer Murders	Boxing Chagaev vs. Drummond		Foundations		Law & Order: Special Victims Unit Snatched	Asian Variety Show	Kool Countdown	"Killer Bash" ★★ (Hor, '05) Raquel Riskin.	Boston Legal Tea and Sympathy	America Most Wanted	Grey's Anatomy Before and After	Law & Order: Special Victims Unit Snatched	New Tricks Father's Pride	Saturday Report	NCIS About Face	Naruto	The Ultimate Fighter
10 PM	Le T I journal	Tellement sport			Show Me Yours	48 Hours Mystery Live to Tell (N) [Part 1 of 3]		Law & Order Knock Off	Vanna Malargal Sabor Musical	Comedy Now Peter Kalamis		CSI: NY Heroes	Local Programmin g	Private Practice Ex Life	Law & Order Knock Off	MI 5	The fifth estate	48 Hours Mystery Live to Tell (N) [Part 1 of 3]	Ghost Trackers	Sportsnet Connected
11 PM	Hockey Night in Canada: Replay	Cover Girl	Montreal Jazz Festival Michel Legrand		News	Stargate: SG 1 In the Line of Duty		CTV News	Bubble Gang	Bravo!Fact Presents	Role That Changed	CSI: Miami Dead Woman Walking	Talk Show With Spike Feresten (N)	News	News	Austin City Limits Sarah McLachlan/Duffy	Saturday Night Live (N)	Weekend Scene	(35) Insider Weekend	Ghost Trackers
12 MID		"Peut tre bien" ★ (Rom, '00) Hugh Laurie.	Rebus The Black Book	IIHF Hockey World Junior	Talk Show With Spike Feresten (N)	Paid Program Jack Van Impe		(05) "The Bridges of Madison County"	"Hum" (Dra, '91) Amitabh Bachchan.	"The Animal" ★ (Com, '01) Rob Schneider.	Biography Party Poker	Without a Trace Volcano	Mad TV		Soundstage B.B. King	My Son, the Pornographe r	(05) Paid Program	(35) Paid Program	Futurama	The Ultimate Fighter

SUNDAY FEBRUARY 15

5 PM	The Shaggy Dog" ★★ (Com, '06) Tim Allen.	Oniva	WordWorld/(15) MamaM. (35) Babar	NBA Basketball All Star Game (Live)	CHEK News	Tomorrow's World	(4:00) Variety Show of Hearts Telethon	In Fashion	Spazio Libero	Eureka Dr. Nobel	The O.C. The Countdown	Everybody Hates Chris The Game	American Chopper	KOMO 4 News	KING 5 News	Doc Martin Of All The Harbors In All	Crash: The Next Depression	KIRO 7 News	(4:00) "Stuart Little" ★★ (Fam, '99) Geena Davis.	(4:00) CHL Hockey London vs. Kitchener (Live)
6 PM		Le T I journal	The Saddle Club		That News Show (N)	In Touch With Dr. Charles Stanley	News	News	"Hum" (Dra, '91) Amitabh Bachchan.	Sue Thomas: Political Agenda	The Murdoch Mysteries	The Drew Carey Show Jericho The Day Before	Family Guy	News	Travels to the Edge	CBC News: Sunday Night	News	"Over the Hedge" ★★ (Ani, '06) Bruce Willis.		
7 PM	Heartland Do or Die (N)	Laflaque	National Geographic Empires of the Ice		The Best Years	60 Minutes	16:9 Bigger Picture American Dad	Star Wars: Clone (N)	Degrassi: TNG (N)	America's Funniest Home Videos	Two and a Half Men	"Goldeneye" ★★ (Act, '95) Pierce Brosnan.	King of the Hill	America's Funniest Home Videos	Dateline NBC	Nova Secrets of the Samurai Sword	Marilyn's Last Sessions	60 Minutes	NCAA Basketball U. of Southern California vs. Arizona State (Live)	
8 PM	"Booky's Crush" (P) (Dra, '09) Megan Follows. (N)	Tout le monde en parle	Doc Martin Breaking Up is Hard to Do		Ext. Makeover: Home King Family	Waiting for God	The Simpsons King of the Hill (N)	The Amazing Race (SP) (N)	To Be Announced	Friends	Friends	The Simpsons King of the Hill (N)	Ext. Makeover: Home King Family	Nature Why We Love Cats and Dogs (N)	The Amazing Race (SP) (N)	SpongeBob Friend or Foe Prank Patrol				
9 PM		Rebus Strip Jack	PGA Golf AT&T Pebble Beach National Pro Am Final Round	"XIII" (Pol, '08) Stephen Dorff. [Part 2 of 2]	The Daily	Desperate Housewives (N)	"Stolen Happiness" (Dra, '07) [Part 2 of 2]	Cold Case Witness Protection (N)	Rock of Love	Family Guy (N)	Desperate Housewives (N)	"XIII" (Pol, '08) Stephen Dorff. [Part 2 of 2]	Masterpiece Classic Oliver Twist (N) [Part 1 of 2]	CBC News: Sunday Night	Cold Case Witness Protection (N)	The Next Star	The Ultimate Fighter			
10 PM	CBC News: Sunday Night	(20) Le T I journal	(15) Dalziel and Pascoe Bones and Silence		Medicine Woman	Brothers & Sisters Lost and Found (N)	The Mentalist Scarlett Fever (N)	Medium Head Games	Seinfeld The Secret Code	Q13 FOX News	Brothers & Sisters Lost and Found (N)	Marilyn's Last Sessions	The Unit The Last Nazi (N)	Adrenaline Project	Zixx Level Three	Sportsnet Connected				
11 PM	News	Studio 12	(05) Montreal Jazz Festival Natacha Atlas		Driving TV (N)	(35) 16:9 Bigger Pic.	CTV News	Hokus Pokus	World of Skiing	AZN Lifestyle Television	House Euphoria	(35) Monk	Upfront	American Stamps	(35) Judge Judy	Ghost Trackers The Ghost of Grand Theatre	Sportsnet Connected			
12 MID	Project X Invaders Canadian Reflections	"Radio Days" ★★ (Com/dra, '87)	Nature Raptor Force	TSN the Reporters	Wild On The Beach 2003	Medicine Woman	(35) Jack Van Impe	(05) Popoff Ministry	(05) CSI: NY Stealing Home	"Stolen Happiness" (Dra, '07) [Part 2 of 2]	"High Fidelity" ★★ (Dra, '00) John Cusack.	American Gladiators	Without a Trace Neither Rain Nor Sleet	House Forever	Casey and Wendy Treat Kevin Gerald	Conversations at KCTS 9	the fifth estate	(35) Judge Judy	Sportsnet Connected	

MONDAY FEBRUARY 16

5 PM	The Simpsons	C'est a la vie	(25) Maggie and Beast (35) Arthur	NHL Hockey Ottawa vs. Nashville (Live)	CHEK News	Fresh Prince of Bel Air	Early News	CTV News at Five	Punjab Times	'A' News	The Tyra Banks Show	My Wife and Kids	King of the Hill	KOMO 4 News	KING 5 News	Nightly Business	The Hour	KIRO 7 News	Fairly Odd Parents	(4:30) Poker After Dark
6 PM	News	Le T I journal	Taste Buds		News	Dharma & Greg	News	News	Phoenix World News		CityCooks	That '70s Show	The Simpsons	News	News	News	CBC News: The National	News	Drake & Josh	Sportsnet Connected
7 PM	Coronation Street	Virginie (N)	Undersea Explorer		EI News	The Daily	Entertainment Tonight	eTalk (N)	Eight Heroes	Instant Star	Law & Order: Special Victims Unit Damaged	Deal or No Deal	Two and a Half Men	Wheel of Fortune	Evening Magazine	Rick Steves' Europe	Beyond Wiseguys:	Entertainment Tonight	Malcolm in the Middle	Poker After Dark
8 PM	Little Mosque (N)	Chien noir c'est pr matur (N)	A History of Britain Forces of Nature		The Soup (N)	The Practice Cloudy With a Chance of Membranes	House The Softer Side (N)	The Big Bang Theory Corner Gas (N)	It Will Be Difficult to Love	Gossip Girl In the Realm of the Bases	The Bachelor (N)	Gossip Girl In the Realm of the Bases	House The Softer Side (N)	The Bachelor (N)	Chuck Chuck Versus the Suburbs	Antiques Roadshow (N) [Part 1 of 3]	News	The Big Bang Theory	"Cheaper by the Dozen 2" ★★ (Com, '05) Steve Martin.	Hockeycent ral
9 PM	Just for Laughs (N)	Les Boys (N)	Stardust: The Bette Davis Story	Billiards 2008 Mosconi Cup	Rules of Engagement Worst Week (SF) (N)	One Tree Hill Things a Mama Don't Know	Two and a Half Men Gary Unmarried	Marimar	Ghost Whisperer	PrimeTime	One Tree Hill Things a Mama Don't Know	24 Day 7: 4:00 PM 5:00 PM (N)	Heroes Building 26 (N)	American Experience The Lobotomist	CBC News: The National	Two and a Half Men Worst Week (SF) (N)	Best Damn Sports Show Period			
10 PM	CBC News: The National	Le T I journal	FASD: Finding Hope	Winter X Games	Father Hood (N)	Scrubs My Clean Break Perspective	24 Day 7: 4:00 PM 5:00 PM (N)	CSI: Miami Won't Get Fuelled Again	Pinoy	Medium A Person of Interest (N)	True Beauty Red Carpet Mamas (N)	Seinfeld The Sponge Seinfeld The Subway	Q13 FOX News	True Beauty Red Carpet Mamas (N)	Medium A Person of Interest (N)	American Experience	Beyond Wiseguys:	CSI: Miami Won't Get Fuelled Again	Falcon Beach The Next Life	Sportsnet Connected
11 PM	News / (05) The Hour	Le T I journal	Ravens and Eagles II Landscape as Muse		News	It's a New Day	News	News	TV Patrol	News	Electric Playground	Frasier The Perfect Guy	Family Guy	News	News	American Experience	CBC News: The National	News	Mystery Hunters	Sportsnet Connected
12 MID	(05) Fashion File	La zone	A History of Britain Forces of Nature	Off the Record	Chelsea Lately (N)	Diya	(05) Ent. Tonight	(05) The Daily Show	Kurd TV	Show With Jay Leno	(05) Jimmy Kimmel Live	That '70s Show	RENO 911!	(05) Jimmy Kimmel Live	Tavis Smiley	The Hour	With David Letterman	(35) Late, Late Show	Malcolm in the Middle	Pratt & Taylor

TUESDAY FEBRUARY 17

5 PM	The Simpsons	C'est a la vie	(25) Maggie and Beast (35) Arthur	(4:00) NHL Hockey Buffalo vs. Toronto (Live)	CHEK News	Fresh Prince of Bel Air	Early News	CTV News at Five	Punjab Times	'A' News	The Tyra Banks Show	My Wife and Kids	King of the Hill	KOMO 4 News	KING 5 News	Nightly Business	The Hour	KIRO 7 News	Fairly Odd Parents	Pratt & Taylor
6 PM	News	Le T I journal	Popular Mechanics		News	Dharma & Greg	News	News	Phoenix World News		CityCooks	That '70s Show	The Simpsons	News	News	News	CBC News: The National	News	Drake & Josh	Canucks Connected
7 PM	Coronation Street	Virginie (N)	World of Gardens		EI News	The Daily	Entertainment Tonight	eTalk (N)	Eight Heroes	Instant Star	Law & Order: Special Victims Unit Risk	Deal or No Deal	2 1/2 Men	Wheel of Fortune	Evening Magazine	Rick Steves' Europe	The Third Sex	Entertainment Tonight	Adrenaline Project	NHL Hockey Vancouver vs. Calgary (Live)
8 PM	Rick Mercer Report This Hour 22 Minutes	Providence (N)	Stephen Fry in America Mountains and Plains		The Biggest Loser: Couples (N)	Islam 101	NCIS Bounce (N)	American Idol First 12 of 36 Compete (N)	Officina Italiana Qui Si Parla Italiano	Cold Case	Privileged	90210 That Which We Destroy	American Idol First 12 of 36 Compete (N)	Homeland Security USA (N)	The Biggest Loser: Couples (N)	Nova The Four Winged Dinosaur	News	NCIS Bounce (N)	Malcolm in the Middle Futurama	
9 PM	Wild Roses Love and Loss (N)	Roxy Le rave (N)	The Choir	Billiards 2008 Mosconi Cup	Poltergeist: The Legacy	90210 That Which We Destroy		Made in Germany euromaxx	Law & Order	Scrubs My ABC's	Privileged It's All About Tough Love	Scrubs My Cookie Pants	Seinfeld The Gum	Q13 News	Law & Order: Special Victims Unit Retro	Frontline Inside the Meltdown (N)	CBC News: The National	The Mentalist Scarlett Fever (N)	Prank Patrol Mind Control	Sportsnet Connected
10 PM	CBC News: The National	Le T I journal	Dreams with Sharp Teeth	Winter X Games	Ruby (N)	Scrubs My Catalyst	Project Runway Canada (N)	Law & Order: Special Victims Unit Retro	Schauplatz Europa European Journal	Without a Trace Skeletons (N)	Primetime: What Would You Do? (N)	Seinfeld	Q13 News	Law & Order: Special Victims Unit Retro	Faubourg Treme	The Third Sex	Without a Trace Skeletons (N)	Falcon Beach	Sportsnet Connected	
11 PM	News / (05) The Hour	Le T I journal	Call Me Average		News	It's a New Day	News	News	TV Patrol	News	Electric Playground	Frasier Bad Dog	Family Guy Death Lives	News	News	About Us	CBC News: The National	News	Mystery Hunters	Sportsnet Connected
12 MID	(05) Fashion File	La zone	Stephen Fry in America Mountains and Plains	Off the Record	Chelsea Lately (N)	Paid Program	(05) Ent. Tonight	(05) The Daily Show	Aina e Afghan	Show With Jay Leno	(05) Jimmy Kimmel Live	That '70s Show	RENO 911!	(05) Jimmy Kimmel Live	Tavis Smiley	The Hour	With David Letterman	(35) Late, Late Show	Malcolm in the Middle	Pratt & Taylor

ARTS & ENTERTAINMENT

CREATIVITY

Poetry collective with a spiritual bent

Tea House group gathers members

BY ELIZABETH NOLAN
DRIFTWOOD STAFF

It's time for Salt Spring poets to come together and get to work on the creative process, say Chris Muscat and Brian McIntyre. The two friends are the dreamers behind the Tea House Poetry Collective, a group that met for the first time last Wednesday evening.

Muscat started writing poetry at age 13 and has been at it now for 20 years. He's self-published a couple of books and created an oratorio of spoken poetry set to music. Until now, however, Muscat has never been "a part of the poetry scene" or enjoyed the benefits of group participation.

"I realized there were really no poetry groups on the island, and it was really exciting to step up and create this," Muscat said.

With motivational support from McIntyre, Muscat began plans for the Tea House Collective, a group that will focus on expressing the spiritual in poetry. A further focus will be to bring poetry into our daily lives; in fact, to bring about a new Renaissance, he said.

"The main focus is we want to bring back the sacred word," Muscat explained. "People in the West have lots of spiritual knowledge to pass on and poetry is such a beautiful medium to express life moment to moment."

Muscat said the group is open to anyone from established poets to people who feel writing is a weak area in their life and one they'd like to improve. While the members will share their work for discussion, providing harsh criticism is not the objective.

"There will be low-impact



Chris Muscat, left, Brian McIntyre.

criticism that is non-judgmental. We're about encouraging people who want to write, to write. Because everyone is subject to wanting to express themselves in different ways."

Poets may have the reputation of walking around with their heads in the clouds, but with the work ethic of a cooperative behind it, group membership will imply both responsibility and action.

"When you decide to join the collective you do take on a level of involvement and responsibility," the Tea House website states. "When you join it is like being part of any workforce. If you want it to happen you must contribute."

How much members contribute financially to the group will depend on their level of participation. Membership in Group A costs around \$14 a month, which covers space rental and inclusion in the group website. Members will have

their own page with a photo and biography, and the ability to upload poems for web publishing.

Membership in Group B goes for approximately \$22.50 a month and will ensure a place in a quarterly review to be published by the collective on every solstice and equinox.

A third option is for casual members, who can attend from time to time and make a small donation. Larger donations are also welcome, as is contribution of a meeting place.

Muscat and McIntyre have a far-reaching vision for the collective, which includes pocket Tea House groups throughout the Gulf Islands and beyond. They plan to network with existing poetry groups and to bring in established poets as teachers.

"We'd like to get the support of people already published, to get them to come in and show us how to move

our poetry out into the world."

Muscat said he is optimistically hoping for at least 10 people to join the group, but points out that costs will be lower with more members involved.

The Tea House Collective meets Wednesdays from 6 to 9 p.m. at the Arbutus Therapy Centre over Apple Photo on McPhillips Avenue.

More details and contact information are available on the website at www.teahousepoetrycollective.com.

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FAMILY DANCE

Trip to Motown at Copper Kettle dance

Multiple musicians Friday night at Mahon Hall

Salt Spring's Copper Kettle Community Partnership celebrates Black History Month and "love" at a special Motown dance and fundraiser on Friday, Feb. 13.

Musical performers include Soul Shakedown, the Salt Spring Island Mystery Girls' Group, Loaded, and special guests Simone and Mike Lamers, and Judy Sims.

Doors open at Mahon Hall at 7:30 p.m. with music beginning at 8 p.m.

Donations will be accepted at the door, with all proceeds benefitting islanders in need through the Copper Kettle group, with a focus on raising funds for distributed food.

"We really need to give a boost to the food program," said Cherie Geauvreau of Copper Kettle. "We are really over the top on that one."

Friday night's dance is an all-ages, no-alcohol event.

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ARTS & ENTERTAINMENT

Island Anthology



More than any other category in the Driftwood's first literary contest, poetry drew out the local writers. Because of the sheer number of poems submitted and the specialized expertise required to judge the poetry, the Driftwood called on ArtSpring executive director and well-known poet George Sipos to come up with the winners. He chose Dawn Young's poem called *Over* as his favourite, citing it as an example "where a writer genuinely tries to find new form to connect the ear to thought . . . The first stanza in particular is really good and convinces me there is a real poet's inquisitive ear at work here."

For runner-up, Sipos chose Linda Quiring's *Ode to a Stump*, noting "a nice naturalness to the voice that speaks in it and certainly genuineness of feeling."
Both are published here.

Over
BY DAWN YOUNG

us, over
us, over
us, over,
over

I didn't sweep enough
he's probably right

I should have known

his favourite song when we met,
Neil Young's "A Man Needs A Maid"
he sang along

his mother did not sit during dinner,
serving invisibly,
he worships her

wow, I should have known

no amount of sweeping would have ever been enough

and

I eat sitting down

Ode to a Stump
BY LINDA QUIRING

(Written on my first visit to favourite trails after Channel Ridge clearcut, June 2004.)

Were you a tree?
And when they cut you down
Did you come down crashing?
Tearing at hemlock firs and ocean spray.
Wild Rose, salal and fern?

OR

Did you fall slowly. Leaning first against that large arbutus
Hanging there. Caught!
Thinking, feeling, perhaps I am
Not Yet Dead - perhaps where
Bark is yet undivided,
Where still a stream of life flows,
I can yet grow
Regenerate and live?

No — the arbutus leans, whines and Breaks.
I slide slowly
Life, sap, oozes.

I am done.
The forest quiet
Another giant.
Now boards,
Sawdust and this paper
Its last hurrah.

OR

Did you come down,
Crashing, loud,
outraged as I
When first I smelled
your sap spent,
Dry, hard upon the ground.
When first I saw
Your bark,
Strong, thick
Now cracked
Broken and dry.
Your needles,
Still green, still
Fluorescent-tipped,
A small hope
That life still
Ran fluidly
Down your stout
Branches.
That your strong
Heart still
Beat.

But,
You are still.
I weep, but
There is no
Answer. Only
The wind,
Where the forest
Used to be.

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ARTS & ENTERTAINMENT



PHOTOS BY DERRICK LUNDY

FUN FUND-RAISER: At far left, Stan Garrod is seen with "sucker girl" Danielle Kliaman at the Stage Door Cafe. At left, Christian Stepaniuk juggles at the same event, which was held Saturday as a fundraiser for the Stagecoach Theatre School.

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www.saltspringconservancy.ca

CONCERTS

Award-winning duo at uplifting evening

Moberg and Peekeekoot play at food bank fundraiser

Islanders will soon get to dust off their dancing shoes in order to attend the Non-A Cabaret concert and dance featuring the music of local Alan Moberg and Ed Peekeekoot from Vancouver Island.

Taking place Feb. 21 at Mahon Hall, the event "encourages the joy of music without alcohol," explains a recent press release. "The power of music and dance helps us to return to the simpler pleasures shared with others."

A year ago on the island, Moberg and Peekeekoot were headlining at the Salt Spring Island Folk Club. Since that time, Moberg has been inducted into the B.C. Country Music Hall of Fame and performed live on Global TV. Peekeekoot performed at the Aboriginal People's Choice Music Awards in Win-

nipeg and had an album nominated for Best Country CD.

The two performers have played at numerous other events throughout the province, either solo or together. Having recently returned from the Cariboo, they played to sold-out crowds in Williams Lake, 108 Mile House and 70 Mile House.

"It seems people only have to hear them once and they become fans for life."

Moberg will be honoured at this year's Williams Lake Stampede for the 40th anniversary of his Williams Lake Stampede Song. His latest CD, Remember Me, was number two in December on the folk/roots/blues chart at CHLY Nanaimo.

According to press material, Peekeekoot has been called "the eighth wonder of the music world" by the host of a syndicated radio show. He plans to perform on National Aboriginal Day as part of a special concert being filmed by APTN in Whitehorse.

At the Non-A Cabaret, the two singers will play uplifting songs from Moberg's Farther Along album, as well as from Peekeekoot's CD Dance Tonight.

"With guitar, fiddle, banjo, native flute and drum, Ed has been playing as a solo performer for dances up and down Vancouver Island. There's lots of hope and lots of rhythm in many of Alan's original songs, but he also loves the old soft rock of the '60s and '70s, songs by Elvis Presley and Roy Orbison."

Together the two are known for getting toes tapping and people celebrating. Concert doors open at 7:30 p.m. and tickets (\$15 for adults and \$5 for those under 12) are available through Acoustic Planet and from Moberg himself.

Concert organizers suggest arriving early as seating is limited. Goodies and non-alcoholic drinks will be provided by Ashlie's Pantry. Attendees are asked to bring an item for the food bank.

WHAT'S ON THIS WEEK? PAGE B12

The Upstairs Bears Re-Opening Soon!

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TECH TALK PAGE A14

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High school shop program raffles off fabulous Shopmate estate donation

Mark 5 symbolizes community generosity

BY GAIL SJUBERG
DRIFTWOOD EDITOR

For serious woodworkers, uttering the words "Shopmate Mark 5" is like whispering "Gucci" to a shoe addict or "Steinway Concert Grand Model D" to a concert pianist.

As Gulf Islands Secondary School (GISS) shop teacher Jim Watkins explains, it's a coveted piece of equipment that's a band saw, table saw, scroll saw, disk sander, mortising tool, drill press, lathe and jointer all in one.

"If you say the term 'Shopmate Mark 5' to someone who knows, they'll say 'You've got one of those!'" said Watkins.

Thanks to the generosity of the Estate of Walter Simpson, GISS does have one "of those." However, because a high school wood shop is not the best place for it, safety-wise, the class is holding a raffle to raise funds for a piece of equipment it desperately needs for safety purposes: a stop saw.

Having a student lose a finger to the 80-some-odd teeth of a steel blade spinning at 1700 revolutions per minute is a woodworking teacher's worst nightmare. Stop saws, as the name implies, ensure all fingers remain attached to the hands operating the equipment.

The school needs to raise



PHOTO BY DERRICK LUNDY

GISS shop students with the famous Shopmate Mark 5 being raffled to raise funds for a much-needed stop saw.

approximately \$4,500 for the saw and Watkins hopes the Shopmate raffle will get them well on their way.

Tickets for the "toonies twenty raffle" cost \$2 each or \$20 for 12 and are now available at Embe Bakery, Apple Photo, Slegg Lumber and the GISS wood shop. The draw date is April 1.

The prize winner will have "virtually an entire workshop in their garage," Watkins notes.

The Shopmate's owner Walter Simpson, kept the equipment in immaculate condition, he added, and it comes with the original manual, spare blades and other parts and attachments.

The GISS woodworking shop also received numerous other tools and hardware pieces from the Simpson estate.

Watkins said the school's program, which he runs with teacher Ronn Edmonds and assistant Chip Chipman, relies on and is extremely grateful for donations made by a number of local businesses.

They are:

- Slegg Lumber — "the number one contributor," said Watkins.
- Windsor Plywood, Mouat's and Country Grocer.
- Locally milled wood from Danny Caldwell and Scotty Royal.

• Floor installer Joe Clarke. His donated ends of beautiful woods like teak and cherry become bowls and parts of boxes.

"We could never afford [those types of wood] otherwise," said Watkins.

• Contractor Hans Hazenboom donated a table sander.

• Salt Spring Garbage Services donated enough money to buy good ear protection for all of the kids (and Slegg's gave the school a good price).

For more information about the Shopmate raffle or the woodworking program, including how to donate, contact Watkins at GISS at 250-537-9944.

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PEOPLE & COMMUNITY

NATURAL WORLD

Who's hooting on Salt Spring? Find out at Fri. presentation

Learn the sights and sounds in advance of owl survey

Islanders can add to their store of wisdom about Salt Spring owls at a presentation by local bird expert John Neville on Friday, Feb. 20.

The free Salt Spring Island Conservancy event runs at Lions Hall beginning at 7 p.m.

Salt Spring is home to several owl species, including barred owls, great-horned owls, western screech owls, barn owls (western population) and northern pygmy owls.

The barn owl (*Tyto alba*) is found across much of North America, but its western population is federally listed as warranting "special concern," primarily due to habitat loss.

Through its stewardship program, which focuses on



PHOTO CONTRIBUTED

Barn owls can be found on Salt Spring.

species at risk, the conservancy has been working with a number of landowners to help promote and re-establish barn owl populations on the island.

"Barn owls are known to inhabit barns and farm outbuildings where they can find shelter and nesting areas nearby their favou-

rite source of prey, rodents," notes a conservancy press release. "Barn owls are wonderful additions to a farmer's land, as they help to keep the populations of rats and mice in check. We have installed a number of barn owl boxes in barns on the island in an effort to provide nesting habitat for the

dwindling barn owl populations. As the larger and more opportunistic barred owl (*Strix varia*) stakes its claim in highly suitable nesting habitat in the forests openings of Salt Spring Island, it is speculated that the barn owls are being displaced. Installing owl boxes in barns offers additional habitat for the barn owls that may otherwise be displaced in natural habitats."

In order to assess the island's owl populations, the conservancy will conduct owl surveys this spring.

If anyone sees or hears an owl and would like to report the sighting, they can contact the Salt Spring Island Conservancy at 250-538-0318 or info@saltspringconservancy.ca with the date, location and species of owl.

To hear audio recordings of local owl species, visit <http://www.saltspringconservancy.ca>.

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Survey finds seniors worried about economic downturn

Canada Newswire — Compared to this time last year, a majority (53 per cent) of Canadian seniors feel less secure about their financial future, according to a recent Angus Reid Strategies study commissioned by Canadian Home Income Plan (CHIP).

The national survey, which targeted Canadians 60 and over, is the first scientific poll to assess the mood of seniors since the economic downturn in the latter half of 2008. From January 20 to January 21, 2009 Angus Reid Strategies conducted an online survey among 1,000 randomly selected Canadian adults over the age of 60.

In addition to concern over financial security, Angus Reid found that a significant number of respondents (37 per cent) who are not yet retired have been forced to delay retirement plans due to the current economic situation.

Further, 44 per cent of Canadians over 60 are worried about their homes decreasing in value. This concern is felt most in the

Maritimes (55 per cent) and in Ontario (52 per cent).

When it comes to the present state of the stock market, a considerable number of respondents (68 per cent) are concerned about investment losses in 2009. Forty-one per cent of those in the 60-65 age group said they are very concerned about investment losses this year.

The poll also found that access to credit is a rising concern, with one-in-five Canadian seniors (21 per cent) worried about getting credit access, compared to this time last year. One in 10 respondents with a household income below \$50,000 said they have sought more credit as a result of today's economic climate.

The troubled economy has also led 15 per cent of seniors to consider downsizing or selling their home, according to Mario Canseco, vice-president of public affairs at Angus Reid. "Almost one-in-five respondents living in households with a yearly income



FOCUS ON SENIORS

of less than \$50,000 are considering this as an option," he said.

Canadian seniors indicated that the No. 1 financial challenge experienced by family members is cutting back on day-to-day spending (42 per cent), and among the 60-65 age group, 16 per cent have family members who have withdrawn money from savings and retirement accounts.



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What's On This Week

Wed. February 11

LIVE ENTERTAINMENT

Taize Singing.
SS United Church. 2 p.m.

ACTIVITIES

Teahouse Poetry Collective.
Poetry-writing group meets Wednesdays at Arbutus Therapy Centre. 6-9 p.m. Info: www.teahousepoetrycollective.com

Teen Lit Club for Adults.
Group will discuss The Freedom of Jenny by Julie Burtinshaw. SS library. Info: 250-537-4666.

GI School Board Meeting.
Public trustees meeting at SS Elementary School. 1 p.m.

To be Free: the 150th Anniversary of Black Settlement on Salt Spring Island.
With reflections on Barack Obama by Evelyn C. White and Joanne Bealy. SS Historical Society presentation at Central Hall. 2 p.m.

Portrait Drawing.
Drop-ins welcome. ArtSpring. 9 a.m.-noon. Info/register: Jose, 250-537-1121.

Thurs. February 12

LIVE ENTERTAINMENT

Stephanie Rhodes & Friends.
Music at Moby's Pub. 9 p.m.

ACTIVITIES

Salty Wheels Square Dance Club.
Dances at Central Hall every Thursday. 7:30-9:30 p.m. Info: Marilynne, 250-537-5356.

SS Weavers Guild.
Show, ask and tell meeting at ArtSpring. 10:30 a.m.

Basketry I Course.
Six-week workshop with Joan Carrigan. Thursdays from 7-9:30 p.m. Info/register: 250-538-1877.

Fri. February 13

LIVE ENTERTAINMENT

Motown Dance.
Family dance with Loaded, Soul Shakedown, SSI Mystery Girls Group, Mike & Simone Lamers, and Judy Sims. Copper Kettle fundraiser. Mahon Hall. Doors 7:30 p.m., music at 8.

ACTIVITIES

Tax Benefits of Conservation.
Protect your land for future generations...receive tax benefits now. Lions Hall 7 p.m.

Rollerblading.
At Fulford Hall. Fridays, 7:30-9 p.m.

West African Dance Class.
With Wontanara Drum & Dance. All Saints church. 6-7:15 p.m. Info/register: Deanna, 250-653-2431.

Storytime at the Library.
The Owl and the Pussycat. For children in early grades & preschoolers. Library, 1 p.m.

Sat. February 14

LIVE ENTERTAINMENT

Hey Boy Hey Girl. Steph Rhodes, Dave Campbell, Matt Johnson & Tom Hooper at Moby's Pub. 9 p.m.

Gary Fjellgaard & Darrel De La Ronde & Saskia.
Juno award-winning performer and friends. Mahon Hall. 8 p.m.

Valentine's Day Music. Bossas, ballads & more with Derrick Milton & Peter Taschuk. El Zocalo. 6 p.m.

Island Time.
Live music at Fulford Inn Pub.

Waiting for Godot.
Samuel Beckett's classic play directed by Scott Hylands. ArtSpring. 8 p.m.

ACTIVITIES

Tantric Yoga Workshop. With teacher Kristin Woodruff at the Core Inn. 1-4 p.m. Info: roqueyoga@gmail.com

Seedy Saturday.
Seed exchange and workshops. Farmers Institute. 10 a.m. to 3 p.m.

Sun. February 15

LIVE ENTERTAINMENT

Waiting for Godot.
Last show in run at ArtSpring. 2:30 p.m.

ACTIVITIES

Zikr Dances & Dances of Universal Peace. Ganges Yoga Studio. 6:30-8 p.m.

Succession Planning & A Primer for Growing Organically. Workshops for commercial farmers. Farmers Institute. 9:30 a.m. to 4 p.m.

Mon. February 16

ACTIVITIES

Kundalini Dance.
Sacral chakra session. Core Inn 3rd floor. 7-9 p.m.

Life Drawing.
Drop-in every Monday at the Core Inn, 3rd floor. 1-3 p.m. Info: Jose, 250-537-1121.

Floor Hockey.
Mondays at Fulford Hall. 7 p.m.

Voiceplay.
Vocal classes led by Ella Topaz through SS Arts Academy. Mahon Hall drop-in. 7:30-9 p.m.

Toastmasters.
Group meets Mondays downstairs at the United Church. 7 p.m.

Sound Yoga.
Mondays at the Gatehouse at Stowell Lake Farm. 7 p.m.

Tues. February 17

ACTIVITIES

SS Centre School. Informal open house. Tuesdays from 9 to 11 a.m.

SS Weavers Guild. Spinning — bring a wheel or spindle. ArtSpring. 7 p.m.

More Basketry II. Six-week workshop with Joan Carrigan. Tuesdays from 7-9:30 p.m. Info/register: 250-538-1877.

Wed. February 18

ACTIVITIES

The Edge of Eden: Living With Grizzlies. Award-winning film screens at The Fritz. With film's subject Charlie Russell attending. 7 p.m.

Reel Drinks Film Social. Hosted by James Falcon at Salt Spring Inn. 7 p.m.

Stitch Dimension Quilt Guild. Mystery quilt night. Baptist Church, 520 Lower Ganges Road (around the back). 7 p.m. Info: ptquilts@telus.net.

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CABLE TV

• **Attention Shaw Cable TV Channel 11 viewers** — The Daily is your source for stories reflecting southern Vancouver Island people and places. The program is about half an hour in length and repeats continuously during the day and evening with new stories added daily.

EXHIBITIONS

• **Strujohemaza** — collaborative ceramic monster made by **Creative Fire** studio kids is on display at **Knotty Threads Local Artisans Gallery & Textile Studio** in Fulford. Plus Chocolatier **Anya Keefe** is at the gallery on Sat., Feb. 14 to talk about her craft.

• **An Immense and Unexpected Field of View** — Works on paper by **Jamie Callum Macaulay** runs at **Salt Spring Books** from Feb. 15 to May 15.

• **Salt Spring Painters Guild** members show pieces created in recent workshops in the lobby space at **ArtSpring**.

• The February show at **SS Coffee Co.** is textiles by hamza bin al-wathan.

• **Sherren Ann MacLeod** shows watercolours of local places at **Island Savings** until March.

• **Shari Macdonald** shows new photos at **Jana's Bake Shop**.

• **Salt Spring Fine Art Tour.** Pick up a self-guided tour map at galleries and other outlets and see the island's finest art.

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PEOPLE & COMMUNITY

FUNDRAISING

Scrabblers fundraise for African grannies

Games for everyone begin on Feb. 21

BY SEAN MCINTYRE
DRIFTWOOD STAFF

Members of Salt Spring's Grandmothers to Grandmothers group are busy dusting off Scrabble boards and polishing tiles for a fundraising effort they hope will score major points for the Stephen Lewis Foundation.

The group has scheduled a series of public Scrabble games for competitive and not-so-competitive players between Saturday, Feb. 21 and Friday, Feb. 27. Additional games are planned for schools, seniors-living complexes and private homes.

Prospective players are asked to collect a minimum of \$5 in pledges to enter the event.

Pledge forms are available at the Salt Spring Inn, Salt Spring Literacy office and the public library.

All proceeds raised by the Grandmothers to Grandmothers group will support the African grassroots projects of the Stephen Lewis Foundation.

The organization provides care to women who are ill and struggling to survive, assists orphans and other AIDS-affected children, and supports heroic grandmothers who almost single-hand-



PHOTO BY SEAN MCINTYRE

Salt Spring Centre School kids in Kate Richer's class get out the Scrabble tiles to practise.

edly care for their orphan grandchildren and associations of people living with HIV/AIDS.

Patricia Brown, one of the event's co-ordinators, said as much as 90 per cent of funds collected by the foundation is used to directly help those who need it most.

She said the Scrabble fundraiser idea originated with an Edmonton grandmothers group that raised \$50,000 during a similar

fundraising campaign in 2007.

The Salt Spring chapter joins hundreds of grandmothers in five Canadian provinces who are holding Scrabble tournaments of their own.

A full schedule and downloadable pledge forms are available online at www.solidsaltspring.ca. For more information, contact Brown at 250-653-9406.

The public games sched-

ule is as follows:

Saturday, Feb. 21: 2 p.m., public library.

Monday, Feb. 23: 2 p.m., Salt Spring Inn.

Tuesday, Feb. 24: 1:30 p.m., OAP, Fulford; 2 p.m., literacy office; and 5:30 p.m., literacy office.

Wednesday, Feb. 25: 2 p.m., Salt Spring Inn.

Thursday, Feb. 26: 2 p.m., public library.

Grand finale: Friday, Feb. 27 at 7 p.m., Lions Hall.

SPIRITUALITY

Taizé singing and meditation at United Church

Spiritual tradition explored on Feb. 11

Salt Spring Island United Church invites community members to par-

ticipate in prayerful chanting in the Taizé style.

Taizé singing and meditation originated during the Second World War among an ecumenical community of political and religious refugees

seeking peace in the village of Taizé, France.

The meditative experience begins at 2 p.m. on Wednesday, Feb. 11 and lasts for approximately 45 minutes.

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- * **Family Place:** See www.saltspringcommunityservices.ca for schedule.
- * **Let's Do Brunch:** Tuesday, 9:30am - 12:30pm
- * **Food Bank:** Open Tuesday, 11am - 4pm
- * **The Wall:** Indoor Rock Climbing Gym, Contact jalexander@ssics.ca
- * **Recycle Depot:** Open Tuesday - Saturday 10am - 5pm, 349 Rainbow Rd., 250 537 1200.
- * **Seniors Wellness Programs:** Call Sharon Glover at 250 537 4607.
- * **Emergency Mental Health Services:** Available 4 pm to midnight through Emergency Room at Lady Minto Hospital. Call 250 538 4840
- * **24 HR. Crisis Line:** Toll free: 1 866 386 6323. Caller is connected with the Need Crisis Centre in Victoria.
- * **Nobody's Perfect:** Registration at Family Place 250 537 9176.

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PEOPLE & COMMUNITY

CONSERVATION

Access to 'green' tax breaks explored

Range of options on tap this Friday at Lions Hall

The Salt Spring Island Conservancy is hosting a free Tax Benefits of Conservation event on Friday, Feb. 13 for island landowners wishing to learn more about conservation options for their land.

"Have you ever considered protecting your land in perpetuity?" asks a press release.

"Did you know that you may be eligible for property and income tax reductions by placing a conservation covenant on your land? If so, this is an important event for you to attend. Bring your questions and get informed about your options for protecting the land that you love!"

Speakers will discuss various conservation options. Dave Cunningham from the Canadian Wildlife Service will talk about ecogifts and receiving an income tax receipt for a conservation donation.

Kate Emmings (Islands Trust Fund) will discuss the Natural Areas Protection Tax Exemption Program and property tax reductions, and Robin Annschild (Salt Spring Island Conservancy) will present information on conservation covenants from her local experience.

After the presentations, attendees can mingle and talk with the speakers and other landowners with covenants.

Salt Spring is located in one of the most threatened and unique ecosys-

tems in Canada — coastal Douglas fir — and is home to more than 45 federally and provincially listed species at risk.

Nearly 90 per cent of the island is privately owned, so conservation and stewardship is in the hands of individuals.

The Tax Benefits of Conservation event takes place at Lions Hall and begins at 7 p.m.

For more information regarding this event, please contact the Salt Spring Island Conservancy at 250-538-0318 or ssiconservancy@saltspring.com.

Landowners interested in learning more about Salt Spring's species at risk and having a conservancy biologist visit their land, can contact the conservancy to arrange a free site visit.

BUS SCHEDULE PAGE A4

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War Amps CEO Cliff Chadderton with members of the CHAMP Program for child amputees.

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Islands Trust

NORTH PENDER ISLAND LOCAL TRUST COMMITTEE NOTICE OF PUBLIC HEARING

NOTICE is hereby given that the North Pender Island Local Trust Committee will be holding a Public Hearing on: Proposed Bylaw No. 177, cited as North Pender Island Land Use Bylaws 103, 1996, Amendment No. 3, 2008 ; and Proposed Bylaw No. 178, cited as North Pender Island Official Community Plan Amendment No. 1, 2008 .

The purpose of the Public Hearing is to allow the public to make representations to the Local Trust Committee respecting matters contained in the proposed bylaws.

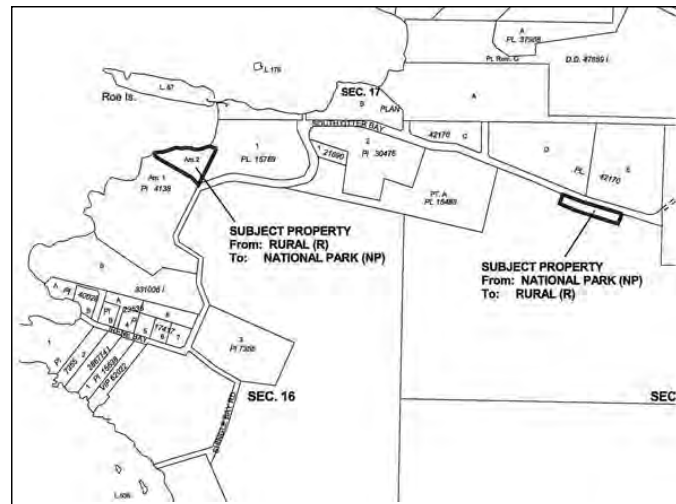
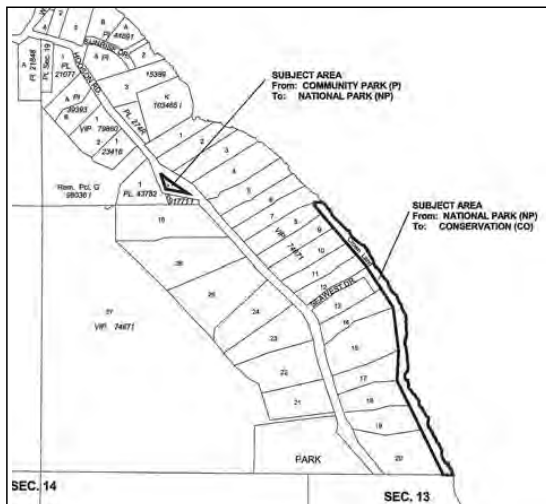
The Public Hearing will be held commencing at 9:45 a.m. on Thursday, February 26, 2009 at the Pender Island Community Hall, located at 4418 Bedwell Harbour Road, North Pender Island.

At the Public Hearing, the public, including all persons who believe that their interest in property is affected by the proposed bylaws, shall be afforded a reasonable opportunity to be heard in person, by a representative, or by written submission respecting matters contained in the proposed bylaws, at the above time and place.

Following the close of the hearing, the North Pender Island Local Trust Committee may consider further readings of the bylaws.

In general terms, the purpose of Proposed Bylaw No. 177 is to amend the North Pender Land Use Bylaw to rezone all lands in the Gulf Islands National Park Reserve on North Pender Island into a new zone (National Park (NP) zone) and to rezone waters in the Parks Canada Protected Marine Area abutting North Pender Island into a new marine zone (Water 5 (W5) zone).

In general terms, the purpose of Proposed Bylaw No. 178 is to amend the North Pender Island Official Community Plan Land Use Map (Schedule B) by re designating two parcels of land in the Gulf Islands National Park Reserve and two parcels of provincial crown land as shown on the following schedules:



All persons concerned should inspect the proposed bylaws to satisfy themselves as to how their lands may be affected by the proposed regulations. A copy of the proposed bylaws and any background material that may be considered by the Local Trust Committee in respect of the proposed bylaws may be inspected at the Islands Trust Office, #200 1627 Fort Street, Victoria, B.C. between the hours of 8:30 a.m. and 4:30 p.m., Monday to Friday, inclusive, excluding statutory holidays, **commencing February 11, 2009 and up to and including Wednesday, February 25, 2009.**

For the convenience of the public only, and not to satisfy Section 892(2)(e) of the Local Government Act, a copy of the proposed bylaws may be inspected at various notice boards on North Pender Island **commencing February 13, 2009.**

For the convenience of the public only, and not to satisfy Section 892(2)(e) of the Local Government Act, the proposed bylaws can also be viewed on the Islands Trust Website at the following URL: "<http://www.islandstrust.bc.ca/ltc/np/bylaws.cfm>"

Written submissions may be delivered to:

1. the office of the Islands Trust by mail at #200 1627 Fort Street, Victoria, B.C. V8R 1H8, by Fax (250) 405 5155, or can be sent on line by going to the Islands Trust Website at the following URL: "<http://www.islandstrust.bc.ca/ltc/np/meetings.cfm>" and completing the **Public Hearing, February 26, 2009, Submission Form** prior to **4:30 p.m., Wednesday, February 25, 2009;**
2. after **4:30 p.m., Wednesday, February 25, 2009,** to the Local Trust Committee at the Public Hearing at **9:45 a.m., Thursday, February 26, 2009.**

Email comments should not be considered as complying with the requirements of this notice. The Islands Trust does not guarantee that any email comment will be received by the North Pender Island Local Trust Committee. Reasonable efforts will be made to provide email comments, if they are opened and received, to the North Pender Island Local Trust Committee for consideration, but the public should not rely on email as a means of providing a written comment.

Written submissions made in response to this notice will also be available for public review.

Inquiries regarding the proposed bylaws may be directed to the Islands Trust Office, Planner, at (250) 405 5159 or, for Toll Free access, request a transfer via Enquiry BC: In Vancouver 660 2421 and elsewhere in BC 1 800 663 7867.

NO REPRESENTATIONS WILL BE RECEIVED BY THE NORTH PENDER ISLAND LOCAL TRUST COMMITTEE AFTER THE CONCLUSION OF THE PUBLIC HEARING.

Kathy Jones
Deputy Secretary

YOGA WORKSHOP

Valentine's Day workshop celebrates greater idea of love

Kristin Woodruff guarantees accessible yoga

BY ELIZABETH NOLAN
DRIFTWOOD STAFF

Yoga instructor Kristin Woodruff is offering the community a chance to explore the idea of love in a special workshop at the Core Inn this Valentine's Day.

Woodruff teaches yoga at Community Services for the mental health and addictions drop-in program, and also offers community classes at the Core Inn. With a mandate to provide affordable yoga for everyone, Woodruff incorporates dance movements into her practice to free the body and ease the mind.

Woodruff explained her opinion that the widespread popularity of yoga in recent years is mainly a middle-class phenomenon, where high-rent locations translate into high prices for classes.

"It's accessible only to a certain range of the population, so the people who need it most can't get it."

In her work through Community Services, Woodruff has seen that people without means benefit greatly from a yogic practice.

"Especially for people with mental health and addiction issues, it helps to get out of their thinking and into their bodies."

Woodruff's teachings are welcome to everyone, how-

ever; by offering classes by donation, the amount of participants' donations is entirely at their discretion.

In the upcoming three-hour workshop, Woodruff will explore love "in the big sense, not in the romantic sense" through music, movement and principles of Tantric yoga.

The workshop will also have exercises in working with partners, and while couples are welcome, Woodruff assures there is no focus on the sexual.

Despite its reputation, Woodruff explained that Tantra is actually "a way of exploring the life force energy."

"It's just a belief that all aspects of life are sacred, so it's about the total acceptance of our minds, bodies and spirits."

Participants in the special workshop, which runs from 1-4 p.m., should dress comfortably and come ready to dance, Woodruff said.

"There's no dance experience necessary. It will be challenging for people with lots of experience but accessible even to people with limited mobility because people will be working at all different levels."

To register or for more information, contact Woodruff at rogueyoga@gmail.com.

The recommended donation for people of means is \$20. Woodruff will also be offering ongoing Friday classes at the Core Inn from 4:30 to 5:30 p.m.

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PEOPLE & COMMUNITY

AGRICULTURE

Minvielle's syrup among region's best

2nd spot has never tasted so sweet

Salt Spring syrup producer Paul Minvielle earned a second-place ribbon for his "light-variety" maple syrup at the second-annual Bigleaf Maple Syrup Festival on Saturday.

"I was ecstatic given there were more than 22 entrants, many with multiple entries," Minvielle said. "I was over the moon."

More than 2,000 visitors attended the one-day event at Duncan's Forest Discovery Centre. Participants learned

production techniques and sampled syrup from the West Coast's ubiquitous big-leaf maple.

Minvielle's prized maple syrup, produced entirely from sap collected at his mid-island property, placed third at last year's festival.

"The learning curve is still

quite steep," he said. "The devil is in the details."

Festival entrants represented communities from across Vancouver Island.

Minvielle said he continues to work with other producers in an effort to broaden knowledge of their budding industry.

WELLNESS

Secrets to gardening with arthritis uncovered at Salt Spring workshop

Non-profit society offers free Feb. 25 session

With a new gardening season just around the corner, Feb. 25 is perfect timing for a workshop aimed at cultivating islanders' enjoyment of their gardens.

The Arthritis Society is offering its free Gardening with Arthritis workshop on Salt Spring Island that day from 2:30-4:30 p.m. at Meaden Hall.

It's ideal for people wanting to create a garden utopia but who worry that arthritis will slow them down or hurt too much.

The Gardening with Arthritis workshop is designed to educate participants about ways they can enjoy the popular leisure activity without putting additional stress on their joints.

To register for the workshop, call Sharon Sullivan at 250-653-0086.



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Salt Springs
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AYURVEDIC MEDICINE CONSULTATIONS

Ayurvedic Aphrodisiacs for a loving valentine

What does the most ancient recorded system of holistic medicine have to say about your love life? More than you could imagine! Like yoga, Ayurvedic medicine has eight branches including general medicine, pediatrics, toxicology, ENT, surgery, geriatrics, psychology/psychiatry and of course vajikarana: sexual health.

Try this full proof Ayurvedic recipe to kindle the fires within, valentine or none:

Start early. The body is most functional and responsive when it's not busy with anything else. Make sure your meal is well digested and that you haven't consumed anything in excess (a drink or two is fine). The best time for good loving is in the late afternoon from 2-6 p.m. Start with a sensual 5-nectar bath. Run a hot bath while you prepare the following ingredients:

2 tbs honey, ¼ cup yoghurt, ¼ cup cream, 2 tbs sugar and 2 tbs ghee (clarified butter). Mix the ingredients together in a steel or glass bowl and use a second larger bowl full of boiled water to warm the mixture by placing one bowl in the other. Go back to the bath, add a few drops of rose and/or vetiver essential oils. Now slip yourself and/or your lover into the bath before you cleanse each other with the ve nectars or Pancha Amrita traditionally used to bathe the gods.

Now that you're both clean and well moisturized, offer your lover a sensual massage. But first, it's time for a drink. Prepare this tasty love potion in advance and keep it warm for the right moment.

Boil 2 cups of water. Add ¼ tsp cloves, pinch of nutmeg, 1 tsp cinnamon, ¼ tsp cardamom, 1 inch fresh grated ginger and let steep. For different effects add 1 tsp from a mixture of equal amounts of Ayurvedic herbs such as mucuna pruriens, withania somnifera, tribulus terrestris, Ipomoea digitata, piper longum, poppy flower, sarsaparilla, sida cordifolia and others like maca, passion flower, damiana, ginseng, fenugreek, celery seed, wild oat, rooibos, green tea and horny goat weed. Steep, strain and add 2 cups of coconut milk, a couple strands of saffron and honey or natural sugar to taste. Serve warm and for a little extra kick, add some spiced rum. The rest is up to you.

For more recommendations, recipes and herbal formulas please contact certified advanced Ayurvedic practitioner, Shaughn Jenson at the Salt Springs Spa Resort: 250 537 4111 or sj@saltspringspa.com.

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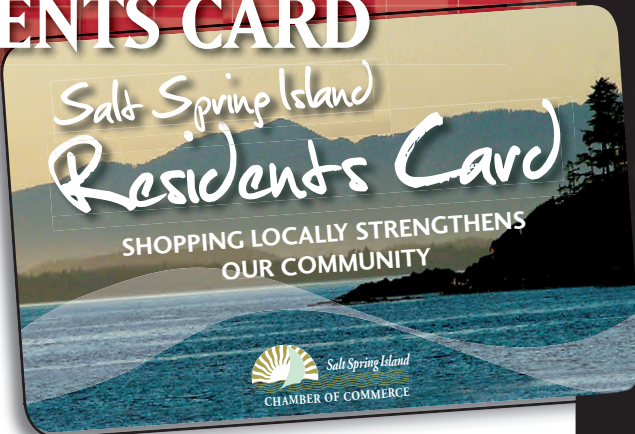
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Shopping Locally Strengthens Our Community

Shopping list:

- 16 large mushrooms
- Butter
- Garlic
- SeaChange smoked salmon (or 1 can salmon)
- Sweet onion
- Dill
- Feta cheese
- 1 package cream cheese
- Bread crumbs
- Parmesan cheese
- Cracked black pepper

What's for Dinner?

SMOKED SALMON MUSHROOM CAPS

Short cuts to cooking for one or two © 2009 with Sarah Lynn

SeaChange Savouries Canada: is an award winning family business that sells authentic Canadian food & gifts. The company has its roots in smoked salmon gift boxes, and is now in the process of adding a whole nation of gift foods to its line: gourmet mustard, cranberry preserves, creamy pâtés made with crab and lobster and, of course, delicious smoked salmon products made with fine Canadian ingredients like ice wine, maple syrup, and wild Canadian salmon. In my personal opinion these quality products make a great addition to any recipe, making the ordinary extraordinary! Supporting local Salt Spring companies also ranks high on my list. SeaChange smoked salmon takes this recipe to a new level. I've heard this recipe has been shared among friends, served at a wedding and special family dinners. I hope you enjoy one of my classic Sarah Recipes that I am particularly proud of. Supporting locally produced food never tasted so good!

Preheat oven 350°F. Wash & de-stem **16 large mushrooms**. Sauté the caps in **2 tablespoons butter** & **2 cloves garlic minced** over medium heat for 3 minutes. Drain & set aside to cool. In a small bowl combine **100 grams salmon** (SeaChange Smoked Salmon is best), **¼ sweet onion minced**, **2 tablespoons chopped dill**, **¼ cup feta cheese**, **1 package cream cheese** (250 grams = 1 cup). Set aside. In a second bowl combine **1 cup dried bread crumbs**, **¼ cup shredded parmesan cheese**. Place mushrooms in a shallow baking pan. Stuff mushroom caps with the filling, top with bread crumbs & **cracked black pepper**. Bake for 15 minutes.

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