

Arts & Entertainment

SALT SPRING INN
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PHOTO BY DERRICK LUNDY

TRIPOD NIGHT: Treena Stubel rehearses before performing her own choreography — Not Fit for Flight — for a packed house at Saturday night's Six Mixed show presented by the triPOD collective at ArtSpring.

CLASSIC ROCK

Pink Floyd magic flies at ArtSpring

Tribute band plays Wish You Were Here and more

World-class entertainment comes to Salt Spring on Saturday, Oct. 3 when Pink Floyd tribute act "Pigs" performs at ArtSpring.

"We try to outdo ourselves with every show we put on," said band manager and "Roger" of the group, K.C. Hingley, "and that means the fans get to hear new songs and see new things every single time."

Over the past year, the Victoria band has been setting their controls for the "heart of the sun," perfecting the Pink Floyd sound and acquiring the most authentic

gear. The band plans to branch out onto the international stage over the next few years with the goal of being the best Pink Floyd tribute act in the world.

Hingley said Saturday's show will be a real treat with lights and sound provided by local experts, who are anxious to show the audience how good ArtSpring can look and sound at this type of show.

"Pigs' claim to fame is their authenticity," explains press material. "Every last detail of the look, sound, and feel of Pink Floyd circa 1968-1983 is meticulously worked out and perfected and each band member assumes the role of their Floyd counterpart. An audience can expect long, psychedelic jams to such songs as

Shine on You Crazy Diamond and Set the Controls for the Heart of the Sun, as well as impassioned performances of emotional material like Comfortably Numb and Us and Them."

The band play a full set list of audience favourites, including the epic Echoes and much of the 1974 album Dark Side of the Moon.

At the ArtSpring show, they plan to play the Wish You Were Here album in its entirety plus have many other surprises in store.

Showtime is 8 p.m.

Tickets, which cost \$20, are available at the ArtSpring ticket centre at 250-537-2102.

ART SERVICES

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Harbour House Hotel

goes back to the future!



Early in the 1900s, Fred and Nona Crofton bought a seafront farm at the head of Ganges Harbour and set about raising livestock, fruit, vegetables and their seven children (whose names all began with the letter "D"). When Fred went off to WWI, Nona renovated their farmhouse into a 12-bedroom guesthouse, named it after her Irish country home and opened the doors of the Harbour House Hotel. Guests came by land and sea to sample the Crofton's rustic yet elegant hospitality.

They enjoyed a saltwater swimming pool, clay tennis courts, picnics, fishing trips, scavenger hunts and tea on the veranda.

Meanwhile, the original farm continued to supply Billy Eng (the hotel's chef for nearly 50 years) with produce, eggs, turkeys, hams and chicken to feed the family as well as the hotel guests. There was no refrigeration and no regular ferry service, so the Harbour House Hotel and Salt Spring Island were largely self-sufficient.

In 2004, Jack and Glenda Woodward purchased the Harbour House with the intention of reviving the old Crofton farm and returning to the tradition of farm-to-table food, friendly service and warm hospitality. So far, three acres have been cleared and planted behind the hotel. A new orchard (across from Moby's) and a small blueberry farm (near the goat shed) are growing up and the new menu is just beginning to feature our own, home-grown produce.

Even though our dedicated team comes well-trained from fine schools, there is no training available for a farm hotel because the idea of a self-reliant country inn died out generations ago. So, we're learning from scratch how to operate a hotel and restaurant with local supplies and sustainable systems.



Dave Lang, sous chef

Sous Chef Dave Lang, another Stratford grad, has a background in organic farming and foraging. Dave has worked with Paul before and is inspired daily by walking the farm and choosing what is fresh and ready for your plate. He and his wife, Aura, recently moved to Salt Spring from Pender with baby Nyla.

Housekeeping Manager Charlene Sharratt loves meeting interesting people from all over the world, and she's done lots of that in her 15 years at the Harbour House. She's supporting our green revolution by using eco-friendly cleaning products and composting used coffee grounds from the hotel rooms. In her spare time, Charlene writes children's books.



Charlene Sharratt, housekeeping manager



Paul Stewart, executive chef

Executive Chef Paul Stewart is one of a new generation of chefs with instincts that local, fresh and organic food tastes better, makes sense for the environment, and isn't any more expensive than food brought in on a truck. He graduated with honours from Stratford's Chef School and he is transforming our menu. Paul believes that we need to rethink how we eat and where our food comes from.



Heather Luna-Rose, dining room manager

Heather Luna-Rose is mother to 16-year-old daughter Morgan and a passionate advocate for social justice. Heather brings a decade of restaurant and hospitality experience to her new position as Dining Room Manager. Committed to our local community in all its diversity, Heather welcomes community groups to enjoy our restaurant, lounge and banquet facilities.

Maintenance/Farmer/Groundskeeper Rob Scheres began at the Harbour House doing renovations, but gradually his love of all things green and growing led him outside. He's the one responsible for the fabulous flowers in the garden and the lettuce in your salad. The secret to Rob's green thumb – he says, "I'm Dutch!"



Rob Scheres, maintenance, farmer, groundskeeper

HARBOUR HOUSE HOTEL
and organic farm

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Island Hospitality

The past is rich and the future is bright for the Harbour House Hotel. With a growing garden and orchard, maple syrup, honey, composting, recycling and soon solar panels on the roof, the Harbour House Hotel is moving ahead to the past – back to gracious, local hospitality – forward to modern sustainability.

ARTS & ENTERTAINMENT

Memories revived in Family Albums Show

Ian Thomas reflected then and now at The Point

A lifetime is not long enough for some people to work through the painful experiences of childhood. But often the journey results in meaningful art, either as a byproduct or the primary means of making sense of the past.

Island artist Ian Thomas is one of the people whose art and personal journey towards healing are two sides of a coin. Beginning 20 years ago with Swallows Meadows, Thomas has explored his relationship with parents who couldn't show love and who wouldn't admit even to themselves that their son was anything other than their falsely imagined perfect boy. Thomas started the journey with a performance piece and installation work; 10 years later he created a series of six "assemblages" for Family Albums. Both were exhibited widely throughout B.C. galleries in the past.

The two series can now be seen at The Point Gallery, the alternative non-commercial space run by Margaret Day in the south end. As a coda, there is also a group of contemporary monoprints in Family Albums 2, in which the artist celebrates his extended and loving family of today.

A recorded version of one of Thomas' performances playing on DVD provides the necessary background to fully understand the work. He explains to the audience how at 43 he



Ian Thomas' artwork at The Point.

PHOTO BY DERRICK LUNDY

returned to his parents' home in England for the first time in 20 years, helping pack them up to move into an assisted-living apartment —



Elizabeth Nolan

ARTBEAT ON THE ROCK

the whimsically named Swallows Meadows. Referring to the house as "the last symbol of their triumph over me," Thomas nonetheless had mixed feeling about his parents' move to an institutionalized life devoid of personal possessions. This is symbolized, in part, by the inclusion of one of the installation pieces, an iron bed frame with covers spilling over — recently occupied but now chillingly empty.

The assemblages that make up Family Albums are both a response to the absence

of self provoked by the loss of personal belongings and an attempt to understand the mysterious personalities through the items and photos Thomas found while packing up the family home. Set in steel frames on corroded sheet metal backing, the images speak of "an emotional landscape in which distance and separation are pre-eminent," the artist's statement explains.

Each of the six pieces represents a family member or its underlying dynamic. One that refers to Thomas includes a birthday card from his mother — never sent but found in her purse years later — reading, "For a Fine Son on His Birthday." Other items, greatly distanced on the metal background, include a torn out and barely noticeable photo of Thomas lounging with his mother, another one of himself as a gleaming toddler, while a third

points to his imminent escape: sleeves rolled up and hair starting to puff out, he's been allowed at last to enter art school.

Individual pieces that represent the parents point to strictly defined gender roles. The father's frame includes a brass airplane and a silver-plated cigar box presented by his sales firm for his retirement. But directly under the box and shadowed by it is a silhouette of the father in his wheelchair, broken and powerless. The mother's frame includes a traditional embroidered panel and a small notebook with the household accounts from 1926. If it's sad to see the tiny amounts dedicated to "myself," being a good housekeeper was probably also a point of pride. In a much later passport her profession is given as "married woman."

Despite the distance and loneliness conveyed in these works, they are surprisingly pleasing to

look at because of the artist's formal capabilities. The last in line is perhaps my favourite: a frame within a frame that holds a photo of the family molded onto an upended silver flask (Made in England). With the stopper pulled out, there's the desperate sense of someone having needed to drink the very last drop, while the decreasing frames move inwards to trap the image, a black and white of the three posed in front of a garden wall.

In contrast to the darker past, one is happy to find Thomas' present is full of light. His oil paint monoprints are of scenes of daughters and grandchildren, both on special occasions and regular days. Bright and whimsical, they are proof, he says in his statement, that he can now "rejoice in an emotional landscape in which closeness and connectedness is pre-eminent."

Family Albums continues at The Point until Monday, Oct. 12.

Growing Forward

Food Safety Systems Implementation (Processor) Program

Food Safety Education and Funding

British Columbia food and beverage processors are aware of the importance and economic advantages of implementing food safety systems in their operations. The FSSI (Processor) Program offers small businesses education and funding support to prepare and implement food safety plans. This program is managed by the Small Scale Food Processor Association.

FOOD SAFETY WORKSHOPS – Regional one-day workshops for all food processors. Learn basic HACCP theory and hands-on monitoring procedures.

ON-SITE CONSULTATIONS – FREE one-on-one consultations with a food safety consultant to help eligible businesses interpret food safety regulations and develop a BC HACCP plan.

IMPLEMENTATION GRANTS – Financial aid for eligible businesses that want to implement a food safety plan.

Upcoming workshops in your region

Courtenay	Thursday, October 15
Victoria	Thursday, November 26
Nanaimo	Friday, November 27

For more information on the program and workshops, visit www.ssffa.net/foodsafety

Program information: Toll free 1-866-473-7372, fssi.manager@ssffa.net
 Workshop registration: Toll free 1-866-619-7372, fssi.outreach@ssffa.net

Canada

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 Comment on-line
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MUSIC & MUNCH

Recital series welcomes 'West Coast Stan Rogers'

Alan Moberg performs at Oct. 7 M&M

Salt Spring Island is known to have more than its fair share of musical talent. Such talent returns again to Music and Munch next Wednesday in the person of Alan Moberg, often described as "B.C.'s most authentic troubadour" and a "West Coast Stan Rogers."

According to press material, Moberg recognized from early on that while parts of Canada east of the Rockies (certainly the Maritimes, Quebec and the Prairies), celebrated their places in song, very little had been written for his home province of British Columbia.

Born in Pender Harbour on the Sunshine Coast and living there as well as the Lower Mainland and the Interior, he made a decision to start filling that musical void. Drawing on his roots as a fisherman and working among people living close to the land throughout this province, he began writing songs that reflect and celebrate the lives of ordinary men and women, of ranchers and cowboys, of farmers and fishermen, of the early settlers and of B.C. rivers.

Many of his songs reflect his admiration for the First Nations and the

cross-cultural friendships he has experienced. He has been honoured by the Gitskahn people of Kispiox, B.C. with a hereditary name and adoption into the Killer Whale Clan, as well as being welcomed into the Kwakwiltl Clan of Prince Rupert, through marriage, and given a chief's name, Hemidi, by Chief Alfred (Hutch) Hunt (Sisakolus).

This year has seen Moberg performing at festivals throughout the province — in Victoria, Langley, Fort St. James (with Ed Peekeekoot), Kamloops and Williams Lake (where he was honoured for the 40th anniversary of his song The Williams Lake Stampede), in addition to entertaining folks at community halls, theatres, churches, schools, parks and fairs.

His extensive body of original and uplifting folk songs has been recognized by his induction into the B.C. Country Music Hall of Fame in 2008. He now has a total of 16 CDs to his credit, the latest being Remember Me, released last year.

Moberg brings his clear tenor voice, guitar and colourful uplifting songs to Music and Munch next Wednesday, Oct. 7 at All Saints By-the-Sea. His performance begins at 12:10 p.m. and will be followed by a light lunch (optional) by the Anglican Caterers for \$5.50.

October 1, 7:30, Fulford Hall

\$25 advance
\$30 door
Info: 653-2024

STARHAWK

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 Thursday, Oct 1st 8:00pm

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10 ARTSPRING 10th anniversary

ARTS & ENTERTAINMENT



PHOTO BY DERRICK LUNDY

LORD OF THE RINGS: Cypress Daws-Knowles sells her copper rings at the Saturday market in Ganges.

FESTIVITIES

Beyond the Veil lantern parade returns for Halloween this year

Lantern workshops ongoing through October at Saturday and Tuesday markets

Islanders can dust off their lanterns and get ready for the return of Tales from Beyond the Veil.

This popular, once-annual lantern procession begins in the parking lot at Barb's Buns at 6 p.m. sharp on Halloween night.

Meandering through Ganges, participants will be treated to seasonal stories, winding up in

time for the fire department's fireworks display that begins in Ganges Harbour at 7:30 p.m.

"To make your own lantern you can look for instructions at the Driftwood office, come to workshops on Saturdays in Centennial Park and on Tuesdays at the market in the meadow," said organizer Wendi Gilson.

She points out that in agrarian culture, Halloween marked the end of the natural year and was considered to be a time when the veils between the world were at their thinnest.

For more information about the Beyond the Veil event, con-

Meandering through Ganges, participants will be treated to seasonal stories, winding up in time for the fireworks.

contact Wendi Gilson at wendigilson@yahoo.ca, or see the Driftwood for more details.

FILM

Cats of Rome documentary makes tracks to the Fritz

Proceeds benefit local SPCA branch

The Fritz Theatre and the Salt Spring branch of the B.C. SPCA are teaming up for a feline-oriented fundraiser on Wednesday, Oct. 7.

A showing of the Cats of Rome,

a 73-minute documentary about the 200,000 stray cats that live in Rome, begins at 7 p.m.

The cats in the film are not wild and they need human help to survive.

The film documents six months at an Italian cat sanctuary, where it's a never-ending struggle for the cats and the people who care

for them.

The Italian-made film is in English.

All box office proceeds will go to the local B.C. SPCA shelter. Suggested donation is \$10.

The film will be followed by a question and answer session with Salt Spring shelter supervisor Brandy Glovka.

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ISLAND STAR VIDEO presents...
Flick Pick
 Jason Tudor

Observe and Report — what's the point?

Observe and Report, Jody Hill's caustic and brutal "comedy," makes for a difficult review. With only one viewing under my belt, it's hard for me to tell whether the film is a cobbled together hodgepodge of failed subversion or a subtle work of genius with layers of depth just waiting to be unearthed.

Seth Rogen, reigning king of playing the the awkward, lovable schlub in films such as Knocked Up, and Zack and Miri Make a Porno, is Ronnie Barnhardt. Ronnie's an emotionally-unbalanced, seethingly angry security guard at a New Mexico mall who lives with his alcoholic mom (Celia Watson) and obsesses over trumpy perfume-counter clerk Brandi (Anna Faris).

When a chubby stalker starts sporadically terrorizing female mall patrons — including the overdramatically shocked Brandi — Ronnie takes it as his personal mission to capture the culprit.

On the surface it sounds like food for a typical Hollywood comedy, and of course Paul Blart: Mall Cop did this in the blandest of ways only a few months ago. But director Jody Hill isn't interested in making some banal multiplex fodder. Taking Taxi Driver as his inspiration, Hill sees Ronnie as a barely-capped fountain

of repressed frustration and anger who is just waiting to go off in a burst of violent fury.

There's no question that Hill is pulling a bait and switch. He's hoping to sucker in mainstream audiences with the idea of everyman Seth Rogan in a dirty but heartwarming tale of generic redemption, then shock them with not only Ronnie's distinctly unlikable personality but a tide of language, violence, and male nudity.

What exactly the point of this is, I'm not sure. Maybe the film is supposed to be some kind of look at repressed tendencies to violence in your average American, or maybe it's a commentary on the confused state of modern masculinity. If Hill is hoping that your average moviegoer might experience a smidge of "disconnect" while watching Observe and Report, he has probably succeeded.

Certainly I myself felt some of that disconnect, mostly because I didn't laugh nearly as much as I expected. I simply found myself annoyed, and hated Ronnie with a passion. With a second viewing Observe and Report might turn into some kind of twisted, emotionally-bruising satire, but when the first viewing doesn't at least throw us a bone there's not a whole lot of incentive to do so.

WEEKEND MUSIC
Thursday, October 1, 8-11pm
Blues: Dave Roland + Friends
Saturday, October 3, 8-11pm
Heyboy Heygirl
Sunday, October 4, 7-10pm
Jazz: Jock and friends

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FINE ART

Toronto basks in latest Deon Venter artwork

Highway of Tears victims acknowledged

Salt Spring-based artist Deon Venter has created new work for an exhibit at Buschlen Mowatt Gallery in Toronto.

According to press material, Venter presents a suite of 27 small

paintings called Goldenrod-Peonies, inspired by two poems of the same title by Mary Oliver, the Pulitzer Prize-winning American poet, and based on the artist's double portraits of 18 young girls who vanished on Highway 16, dubbed the Highway of Tears, which runs between Prince George and Prince Rupert.

"In this series," explains the gallery, "imagery is obscured as much as revealed through scrapings and overlays of thick globules of paint. This is further fragmented by the technique of adding masked taping to the raw linen canvas, then removing it to expose the surface beneath — a method which Venter has made his own."

"The unspeakable violence committed against these young victims is not explicit in Venter's beautiful, sensitive paintings. Yet, as in the poems of Oliver, where the harshness of nature's beauty is also an underlying threat, the manner in which Venter applies and builds the paint also speaks of a subterranean tension."

Goldenrod-Peonies opened Sept. 15 and runs until Oct. 30. It follows on Venter's solo exhibition entitled Missing, which Buschlen Mowatt says was acclaimed "the highlight of the 2008 Toronto International Art Fair by peer galleries."

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WEEKENDER www.gulfislands.net **THIS WEEK: Apple Fest**

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 Harlan's
 Home Hardware
 Island Savings
 Island Star Video
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ARTS & ENTERTAINMENT



Pigs: Pink Floyd Tribute plays ArtSpring this Saturday night, beginning at 8 p.m. Pigs is described as "Canada's most authentic Pink Floyd Tribute."

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Theatre, gallery events on tap

In the Theatre

• Marc Atkinson Trio — Thursday, Oct. 1, 8 p.m. Marc Atkinson (co-founder of The Bills) is one of Canada's finest Juno-nominated, Western Canadian Music Award-winning acoustic jazz musicians. His many original compositions are jewels of the Canadian guitar repertoire. The Marc Atkinson Trio includes bassist Chris Frye and the rhythm guitar of Reuben Wier.

• Pigs: Pink Floyd Tribute — Saturday, Oct. 3, 8 p.m. Pigs is Canada's most authentic Pink Floyd tribute band.

Formed in 2008 in Victoria, the band has been amazing audiences ever since with their dynamic re-creation of one of the world's favourite rock groups.

Pigs' claim to fame is their authenticity, which means looking, sounding and feeling like the real Pink Floyd in their hey-day: the '70s.

With the passing of Richard Wright in 2008, fans of Pink Floyd lost hope of ever again seeing their favourite band reunited.

The band offers the next best thing: an authentic look back into the breathtaking past of one of the world's most timeless bands.

• Tosca — Saturday, Oct. 10, 10 a.m. The Met's Live in HD series opens its broadcast season with this favourite by Puccini.

Director James Levine, who conducts this new production, tells the story of three people — a famous opera singer, a free-thinking painter and a sadistic chief of police — caught in a net of love and politics.

Soprano Karita Matilla sings the title role for the first time outside her native Finland, Marcelo Ivarez as Cavaradossi and Juha Uusitalo as Scarpia.

• Thinking Like an Island with Michael Ableman — Thursday, Oct. 15, 6:30 p.m. Living on a small island provides us with clear, tangible and daily reminders of the limits of trying to live sustainably. On Thursday, Oct. 15, renowned local author, farmer and photographer Michael Ableman will explore the issues associated

WHAT'S ON AT ARTSPRING

with food on small islands in a special multimedia presentation.

Join Michael for a fascinating evening of stories and images from here and other islands around the world.

The presentation is a special fundraiser for the Salt Spring Island Conservancy.

• Galileo's Daughters — Monday, Oct. 19, 8 p.m. Dava Sobel, author of Galileo's Daughter, Longitude and The Planets, narrates an intriguing tale of coinciding discoveries in science and music at the dawn of the early modern era. New York early music ensemble Galileo's Daughters, with guest lutenist Ronn McFarlane, creates a visceral link to the past. Accompanying the performance is a high-definition, large-screen film of images from space and nature, bringing to light the simple beauty of our world. ArtSpring is proud to present this intriguing artistic collaboration in celebration of the 2009 International Year of Astronomy.

"People cannot easily comprehend the level of darkness at night in Galileo's time, and therefore how bright the stars. The Milky Way was a large white streak across the sky. In the smallest of light, from billions of miles to three inches away, is a visual beauty that music recreates with sound." Sarah Pillow, artistic director

• Aida (The Met Live in HD) — Saturday, Oct. 24, 10 a.m. Set in ancient Egypt, Verdi's Aida is both a heartbreaking love story and an epic drama full of spectacular crowd scenes.

Violeta Urmana stars in the title role of the enslaved Ethiopian princess, with Dolora Zajick as her rival. Johan Botha plays Radamès, commander of the Egyptian army, and Daniele Gatti conducts. Among the score's highlights is the celebrated Triumphal March.

• Arion Ensemble — Saturday, Oct. 24, 8 p.m. Arion is a

renowned Montreal-based baroque orchestra performing on period instruments.

The ensemble was founded in 1981 by flautist Claire Guimond, who has continued as artistic director ever since. From the outset, Arion's concerts have been unanimously hailed for their clarity and gusto, as well as their refined and expressive performances, chosen from a vast array of early music works.

Their ArtSpring concert includes works by Vivaldi, Telemann and Bach.

• Susan Aglukark — Saturday, Oct. 31, 8 p.m. Singer/songwriter Susan Aglukark is one of Canada's most unique artists and a leading voice in Canadian music.

She blends the Inuktitut and English languages with contemporary pop music arrangements to tell the stories of her people. The emotional depth and honesty of her lyrics, her pure, clear voice, and themes of hope, spirit and encouragement have inspired listeners from all walks of life.

Tickets for all events available to the public at ArtSpring's box office. Membership is not a requirement.

In the Gallery

• Photosynthesis — The annual Salt Spring Island Show of Photography continues until Oct. 4. Twenty-four Salt Spring Island photographers ranging from seasoned commercial professionals to gifted amateurs display their work in one of the most eagerly anticipated large group exhibitions of art on the island.

• Bev Lillyman and Students — Bev Lillyman has been holding beginner acrylic painting classes in her home studio for the past year. Nine of her students are excited to be showing their paintings created during these classes.

Bev will display some of her more recent works as well. The paintings will be on display in the Bateman Gallery from the evening of Oct. 9 until the afternoon of Oct. 12. Come and share in their enthusiasm.

• Spinners & Weavers Show & Sale — Oct. 10 to 12, Multipurpose Gallery.

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What's On This Week

www.gulfislandstourism.com/calendar.htm



What's On - the go!
Scan this barcode with your smartphone to download, instructions below.

Wed. Sept. 30

ACTIVITIES

Texas Hold'em Poker. The Local. Sign up 6:30, 7 p.m. start.
Self-Care for Cold & Flu Season. Arbutus Therapy Centre. 2-4 p.m. Registration required: Tami, 250-537-4728.

Thurs. Oct. 1

LIVE ENTERTAINMENT

Marc Atkinson Trio. Acoustic jazz and more at ArtSpring. 8 p.m.
Open Mic. Hosted by Stephanie Rhodes. The Local. 8 p.m.
Fulford Open Mike Night. With Dale & Dave at the Fulford Inn on Thursdays.
Blues Night. With Dave Roland & Friends at Moby's. 8 p.m.

ACTIVITIES

Starhawk. Reclaiming movement founder presents Making the Transition. Fulford Hall. 7:30 p.m.
EDGU. Evolutionary spinal maintenance practice runs Thursdays at the Gatehouse, 5-6 p.m. Info: Wendy, 250-653-4286 (winnie@saltspring.com).

Fri. Oct. 2

LIVE ENTERTAINMENT

KC Kelly Band. The Local. 8:30 p.m.
The Kerplunks. Children's music group plays at Mahon Hall as part of multi-island tour. 6 p.m.
Phil and Kim. Live music at Salt Spring Vineyards. 2-4 p.m.
Sue Newman. Live jazz at the Harbour House. 7:30-10 p.m.

ACTIVITIES

Think Pink. Fundraiser for breast cancer research at Moutat's Clothing. Silent auction, prizes and more.
Zen Retreat. Salt Spring Zen Circle Oct. 2-4 non-residential fall retreat begins at The Gatehouse. 250-537-2831.
Library StoryTime in French. Preschoolers and their families join Kaz for stories and songs in French. SS Library. 1 p.m.
Rugg Huggers. Baby & Parent Drop-in at new Family Place (120 Park Drive). Fridays from 10 a.m. to 1 p.m. Info: 250-537-9176; familyplace@ssics.ca
Feldenkrais Awareness Through Movement Class. Cats Pajamas Studio at 10 a.m. Info: Anna, 250-537-5681 or anna@bonesforever.com.
Body Ball. Low-impact aerobics with Minzie Anderson. All Saints. 9 a.m. to 10:15 a.m. Info: 250-537-4004.

Sat. Oct. 3

LIVE ENTERTAINMENT

Justice Jam. Fundraiser for Thai prisoners, featuring Salt Spring's finest musicians jamming. Free snacks, cash bar, great evening. Harbour House Hotel, 7 to 11 p.m.
Pink Floyd Tribute Band. Full production & light show with 'PIGS'. ArtSpring. 8 p.m.
Hey Boy Hey Girl. Live music at Moby's. 8 p.m.
Phil & Kim. Live music at Raven Street Market Cafe every Saturday. 6:30-9 p.m.

ACTIVITIES

Dad 'n' Me Pancake Breakfast. Saturdays at Family Place, 120 Park Drive, 8:30 to 10 a.m.
SSI Painters Guild Two-day Workshop. Instructor Teressa Bernard leads Watermedia Thick & Thin. Lions Hall. 9:30 a.m. to 4:30 p.m. Info/register: www.sspaintersguild.com.

Sun. Oct. 4

LIVE ENTERTAINMENT

SubCity Dwellers. Great Canadian ska band from Winnipeg, with guests Great White Shark. Mahon Hall. 9 p.m.
Ganga Giri. Australian didjeridu master and friends perform at Beaver Point Hall. Doors open at 8 p.m.
The Barley Brothers. Still alive and un-plugged. Every Sunday at the Fulford Inn. 6:30 p.m.
Live Jazz. Sundays at Moby's. 7-10 p.m.

ACTIVITIES

Salt Spring Apple Festival. Annual tour of organic orchards and farms, plus display at Fulford Hall. 9 a.m. to 5 p.m.
Salt Spring Badminton Club. Sundays for age 12 and up at GISS gym. 7:30-9:30 p.m.
Climbing Wall. Open at Community Services. 6:30-9 p.m.

Mon. Oct. 5

ACTIVITIES

SSI Abbeyfield Society. AGM at Fulford Hall's OAPO Room. 7 p.m.
Stay & Play. Parent-child drop-in at new Family Place location on Mondays, 120 Park Drive. Mondays, 9 a.m. to 12:30 p.m.
Knitting Group. Meets the first and third Mondays of each month at Stitches Quilt Shop. 2:30 p.m. Info: Dawne, 250-537-0738.
Homeopathy Walk-in Clinic. Arbutus Therapy Centre. 9 a.m. to noon. Info: 250-537-4728.
Kindergym. Indoor park for ages 0-4 years and their caregivers. Community Gospel Chapel. Mondays, 9:30 to 11 a.m. Info: 250-537-2622.
Body Ball. Low-impact aerobics class using exercise balls. Mondays at Fulford Hall. 11 a.m. to 12:15 p.m. Info: 250-537-4004.
Bones for Life. Cats Pajamas Studio & Antler Ridge Studio. 4 p.m. Info: Anna Haltrecht, 250-537-5681.
Toastmasters. Meet Mondays at the Harbour House Crofton Room. 7 p.m.

Tues. Oct. 6

ACTIVITIES

Stay & Play. Parent-child drop-in at new Family Place location, 120 Park Drive. Mondays, 9 a.m. to 12:30 p.m.
Market in the Meadow. Tuesday Farmers' Market. United Church meadow on Hereford Avenue, 10 a.m. to 2 p.m.
Taoist Tai Chi. New beginner class at The Gate House. 9 to 10:30 a.m. Info: 250-653-2311.
Strength Training Class. Beaver Point Hall 8:30 to 9:30 a.m. Info: 250-653-4656, trisha@synergyfit.ca
Contemporary Dance. Cats Pajamas Studio & Antler Ridge Studio. 5:30 - 6:30 p.m. Info: Anna Haltrecht, 250-537-5681.
Self-Care for Cold & Flu Season. Arbutus Therapy Centre. 2-4 p.m. Registration required: Tami, 250-537-4728, ext. 1.

Wed. Oct. 7

LIVE ENTERTAINMENT

Alan Moberg. Performs at Music & Munch at All Saints. 12:10 p.m. Followed by optional lunch for \$5.50.

ACTIVITIES

The Cats of Rome. Showing of documentary film at The Fritz. Fundraiser for SS branch of BCSPCA. 7 p.m. By donation.
Community Fire Drill. Practise your plan at 6:30 p.m.
SSI Painters Guild Workshop. Peter Eyles, Don Hodgins and others lead Texture and Painting a la Teressa Bernard. ArtSpring, 9 a.m. to 4 p.m. Info: www.sspaintersguild.com.
Body Ball. Low-impact aerobics class using exercise balls on Wednesdays at All Saints. 9-10:15 a.m.
Taoist Tai Chi. Beginners class at All Saints church. 7-8 p.m.

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HELD OVER

Julie & Julia

2 hrs 3 min
Rating: PG

Fri Sat Tues @ 7pm
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INGLOURIOUS BASTERDS

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IngLOURIOUS BASTERDS. In German-occupied France, Shosanna Dreyfus witnesses the execution of her family at the hand of Nazi Colonel Hans Landa. Shosanna narrowly escapes and flees to Paris, where she forges a new identity as the owner and operator of a cinema. Elsewhere in Europe, Lieutenant Aldo Raine organizes a group of Jewish soldiers to engage in targeted acts of retribution. Known to their enemy as "The Basterds," Raine's squad joins German actress and undercover agent Bridget Von Hammersmark on a mission to take down the leaders of The Third Reich. Fates converge under a cinema marquee, where Shosanna is poised to carry out a revenge plan of her own...the latest offering from director Quentin Tarrantino!

EXHIBITIONS

- **PhotoSynthesis** features work of 24 Salt Spring photographers at ArtSpring daily from 10 a.m. to p.m. until Sunday, Oct. 4.
- **Point Gallery: Family Albums**, work by Ian Thomas, runs daily to Monday, Oct. 12. Walk in entrance on South Ridge Drive.
- **Salt Spring Artists' Gallery of Fine Art** is now open at 135 McPhillips Avenue.
- **crebivity:** Three members of original group — Judith Borbas, Don Hodgins & Margaret Threlfall — exhibit paintings to Sept. 30 at the open space gallery at ArtSpring.
- The October show at **Salt Spring Coffee Company** cafe is **Charles Breth: Drawings.**
- **Louis Renaud** shows photographs at **Island Savings Credit Union.**
- **Paintings** by **Andrew Gibbs** are hanging at **Cafe Talia.**
- **Photos** by **Shari Macdonald** grace the walls at **Jana's Bake Shop.**

Our Calendar - on your smartphone

On your smartphone, go to getscanlife.com and download the free software. Use the scanlife software to take photos or scan the barcode. Information in the barcode will direct your mobile browser to the on-line version of the Driftwood's What's On Calendar.

SCANLIFE

Salt Spring Apple Festival

Self-guided tour of island orchards, plus displays at Fulford Hall

Sunday, October 4th, 2009, 9am - 5pm

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WORLD MUSIC



PHOTO CONTRIBUTED
Ganga Giri is back on Salt Spring for an Oct. 4 show at Beaver Point Hall.

Didjeridu master Ganga Giri returns

Beaver Point Hall show

Australian didjeridu innovator Ganga Giri has recorded with Peter Gabriel, played prestigious festivals like WOMAD and Glastonbury, performed at the 2000 Olympics and built a following here in B.C., where he has twice played the main stage at the Vancouver Folk Music Festival.

On Sunday, Oct. 4 he returns to Salt Spring when he plays Beaver Point Hall as part of a B.C. tour promoting his new album, Good Voodoo. Doors open at 8 p.m.

According to press material,

Giri's music mixes natural elements with fat tribal beats and dirty funky bass lines to create a unique deep-earth dance experience. Explosive and pulsating, at times ambient and flowing, the music is a pumping percussive multi-layered experience of complex grooves and raw, deep natural sound.

Good Voodoo, which features bass and keyboard contributions from Salt Spring Island's Sean Sirbassa Hill (Interchill Records), sees Giri abandoning DJ accompaniment in favour of live instruments and diversifying the styles

of dance music he incorporates into his mix, with reggae, dub and dancehall being prominent. The album also features more vocals than previous records, with vocal duties split between Giri, French Guyanan singer Jor-nick and Australian Aboriginal singer and dancer Gumaroy.

Both vocalists will appear with Giri on the B.C. tour, and they in turn will be accompanied by Yeshe on melodic world instruments, Dan on drums and samples and Mike Wolfchuck on percussion.

Tickets for the show are \$20.

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AGRICULTURE

Farm fans celebrate fresh ideas at market gardening sessions

Foxglove Farm grows more than just good food

BY SEAN MCINTYRE
DRIFTWOOD STAFF

If this past summer offers any indication, the folks at Foxglove Farm on Mount Maxwell Road can expect a bumper crop.

And it's not just the 120-acre farm's organic fruits and vegetables that hold promise, it's also the series of classes and workshops the staff have hosted since July.

Last week, nearly 45 students from across B.C. and the northwestern United States were at the farm for a three-day seminar on market gardening.

The course provided active and would-be farmers some technical information and practical advice on ways to make the oft-romanticized ideal of returning to the land into a sustainable and relatively profitable lifestyle.

The course, offered from Sept. 22 to 24, covered everything from selecting the right crops to effective marketing techniques.

Kelly Johnson, a Salt Spring resident who has attended three classes at the farm, said she signed up for the course as a way to learn some basic market-garden techniques alongside like-minded people.

Past classes like Preserving the Harvest, she said, have given her the chance to learn valuable techniques from people who have done it all before.



PHOTO BY SEAN MCINTYRE

Participants in Foxglove Farm's market gardening workshop check out the strawberry patch.

The Growing for Market program is the 12th program held at the farm this summer. At three days, it's also among the longest.

Courses are part of the farm's Centre for Arts, Ecology and Agriculture, an initiative developed by Michael Ableman, the farm's owner and a well-known proponent of organic farming techniques in Canada and the United States.

The centre is intended to "demonstrate and interpret the vital connections between farming, land stewardship, food, the arts and community well-being."

An emphasis on small- and medium-scale farming practices is combined with programs on culture and the arts.

In case there was any doubt as to the centre's diversity of programs, there's even a Brazilian Samba course.

Registration for the courses grew all summer long as word spread across the island and beyond, according to Katie Blake, the centre's coordinator.

"So far they've been really popular and well received," Blake said following a morning slideshow and discussion of farm equip-

ment. "People are really soaking up this information."

The acreage northwest of Mount Maxwell is one of the island's original farmsteads and certainly no stranger to producing an abundance of good healthy food.

After more than a hundred years, the farm still supplies a phenomenal amount of organic produce to local shoppers and restaurateurs.

Now it's set to contribute not only to a revitalized interest in healthy local food but in ideas for a healthy local culture as well.

For more information

about Foxglove Farm and its programs, see www.foxglovefarmbc.ca.



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PEOPLE & COMMUNITY



PHOTO BY DERRICK LUNDY

ALL FIRED UP: David Motion lights the burner in the engine room of the Master — one of the boats participating in the West Coast Work Boat Association fall rendezvous in Ganges last weekend.

SPIRITUALITY

Ganges Yoga Studio hosts two-day peace immersion

Dances of Universal Peace in Oct. 17-18 sessions

A weekend of Dances of Universal Peace comes to Salt Spring with an Oct. 17-18 visit by two dancers from Nelson.

Mirabai Wolf Willow and Kabir Stuart McKinnon are dance leaders with the active and vibrant Nelson Dance of Universal Peace community.

According to a press release, "It is their joy to be able to bring a weekend of dances to Salt Spring as a way of building a web of connection that promotes peace in its personal and transpersonal physical and esoteric manifestations. They accompany themselves with guitar and drums and have a great love of singing."

Three sessions of dances will be held over two days at Ganges Yoga Studio in Grace Point Square. Peace

dances from all cultures and spiritual traditions are the focus for the Friday evening session from 7 to 9 p.m. and the Saturday afternoon session from 3 to 5 p.m. On the evening of Saturday, Oct. 18, from 7 to 9 p.m., it will be an offering of Zikr dances inspired by Sufi traditions.

The Dances of Universal Peace are simple, joyous meditative circle dances that use sacred phrases, music and movements from the many spiritual traditions of the earth. The intention of the dances is to create peace within and without. A dance session is the co-creation of dance as atmosphere, sound and movement in the service of peace.

Admission to the sessions is by donation.

All are welcome and no experience is needed.

For more information, contact ktowne@uvic.ca.

Irene Hawksworth gets meritorious service award from bridge club

Thirty years' participation honoured

BRIDGETRICKS

Sept. 14 was "Irene Day" at the Gulf Islands Duplicate Bridge Club, honouring Irene Hawksworth's over 30 years as the longest-serving member, on the day before her 84th birthday.

The "Iron Duchess" was presented with a Meritorious Service Award certificate noting how she has "faithfully shuffled and dealt cards and sweets" for all those

years, as well as perfecting "the art of extracting money from players" by collecting and balancing the nightly fee to perfection. Because her car licence plate reads "ACES5," the certificate was decorated with the usual four Aces plus the green Ace of No Trump. A large bouquet of flowers accompanied this tribute, and Irene was speechless with surprise while Bob Morrisette hit

the piano keys with a rousing rendition of "Happy Birthday To You" accompanied by some rather off-key but enthusiastic singing by the six full tables of members.

There were no great surprises among the results of the bridge game that followed. First place went to George Laundry and Paul Retallack, with Isabelle Richardson and Jean Elder coming second. Ian Thomas and Zelly Taylor occupied the third spot, followed by Flo Laundry and Terry Wilkinson.

Autumn officially arrived on

Sept. 22, and the surprises were the summer-like weather and the appearance of two sets of bidding boxes. The assembled multitude agreed that more of these in the future would be a good idea. There were six and a half tables, therefore a Mitchell movement.

Among the North-South players there was a tie for first between Ian Thomas with Zelly Taylor and Jeff Bell with Prem Margoese. Second place went to Jennifer Quick and Gillian Mouat. First among East-Westerners were Charles Kahn and

Judy Norget; second were Paul Retallack and Ted Harrison (Ted making a welcome surprise return to the club); third were Blanche Poborsa and Terry Wilkinson.

Apologies to Gerry Nicholson of Tucson for my inadvertently bestowing his Sept. 7 win on Gerry Davidson, who would probably have been surprised to find out he was a bridge expert in absentia if he had read that report.

For info about the games, call George Laundry at 250-653-9095, or email pastorage@shaw.ca.



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PEOPLE & COMMUNITY

ENVIRONMENT

Islanders rewarded for car-free living

Benefits go beyond free money, say participants

BY SEAN MCINTYRE
DRIFTWOOD STAFF

A Salt Spring company aims to get more islanders out of their cars and onto their bikes, electric scooters, skateboards, walking shoes or whatever other fossil-fuel-free method of transport people can think of using.

As a way to promote more environmentally friendly ways to get around the island, the folks at Green Island Environmental will offer \$50 to anyone who can go car-free for five consecutive days.

So far, half a dozen people have completed the challenge and walked away with the cash. For most, the experience proved that living without a car isn't as dire as we might think.

Jeannie Vasilakos found that walking into town from her home just south of Ganges a few times every day helped her come to appreciate the journey as much as her destination.

Even after only five days, she and her friend Charles Buchwald felt and looked much healthier than when they started the challenge, she said.

As an added bonus, walking home from town gave her lots of time to load up on fresh blackberries picked along the trails to her house.

Those who live farther afield may prefer to take the lead from Leslie Fournier, a Salt Springer who elected to get around the island on her Motorino electric scooter.

"It works out fine as long as I remember to charge it before I leave," Fournier said.



PHOTO BY SEAN MCINTYRE

Green Island Environmental's Mark Perry and Philip Reece (pictured from left) presented Leslie Fournier, Charles Buchwald and Jeannie Vasilakos with \$50 each for completing

Though she's driven her scooter off and on for almost a year, the five-day challenge encouraged Fournier to do a better job of planning her trips and organizing her errands.

In 2008, Green Island Environmental offered people \$100 to give up their car for 30 days. The initiative generated a fair bit of interest, but organizers hope this year's offer will attract even more participants.

"This is a way better deal," said Philip Reece.

Reece knows the program likely won't get people to abandon their gasoline-powered vehicles, but hopes it will reveal that jumping in the car isn't the only way to get around.

"We're trying to get people to not commute by car, but we need to begin with the thin edge of the wedge," he said.

For more information on how to take part in the Green Island Environmental five-day car-free challenge, contact Reece at 250-483-5833.

CLIMATE CHANGE

350 actions lead to Climate Action Day

Volunteers welcome to help with Oct. 24 event

BY JAN SLAKOV
SPECIAL TO THE DRIFTWOOD

What do cancer and the number "350" have in common? Both are words that can make us "wake up and smell the coffee."

A diagnosis of cancer often means we stop and notice how beautiful life is, how much we want it to continue and how we are willing to give up even powerful addictions, such as a tobacco addiction, to have more time with whoever and whatever it is we love.

Scientists tell us that the safe level for carbon in the earth's atmosphere is 350 ppm (parts per million). We are already past that level. So, should we just give up? No way! As the 350.org website explains, "We're like the patient that goes to the doctor and learns he's

overweight, or his cholesterol is too high. He doesn't die immediately — but until he changes his lifestyle and gets back down to the safe zone, he's at more risk for heart attack or stroke. The planet is in its danger zone because we've poured too much carbon into the atmosphere, and we're starting to see signs of real trouble: melting ice caps, rapidly spreading drought. We need to scramble back as quickly as we can to safety."

And is it feasible to reduce carbon levels in the atmosphere now? Citing the 350.org website (which respected figures such as Archbishop Desmond Tutu, Bianca Jagger, Dr. James Hansen, Vandana Shiva have endorsed) we learn that "... getting back to 350 means transforming our world. It means building solar arrays instead of coal plants, it means planting trees instead of clear-cutting rainforests, it means increasing efficiency

and decreasing our waste. Getting to 350 means developing a thousand different solutions — all of which will become much easier if we have a global treaty grounded in the latest science and built around the principles of equity and justice."

The opportunity for such a treaty is coming up, at the UN summit on climate change in Copenhagen in December. Communities around the world, from Beijing to Bombay, from Whitehorse to Wichita, are organizing for the International Day of Climate Action on Saturday, Oct. 24 in order to make sure the earth gets the "prescription" she needs: a sincere international commitment to drastic cuts in greenhouse gas emissions at that conference in Copenhagen.

Art Morton, a Salt Spring resident who lived through WW II, says that experience taught him that "the enormous change required is possible."

He points out that there is one great difference between that crisis and our current predicament: "Our intention then was to kill the enemy — lay waste to his buildings and destroy his infrastructure. Now, our intention is just the opposite — we must save lives — build the most energy efficient buildings we can design and the most life-enhancing infrastructure we can. So this should be a fight that we enter not with fear and trepidation but with a sense of anticipation and joy."

Salt Spring is on the map for 350 actions. A fundraiser screening of The Age of Stupid is being held at The Fritz Cinema on Oct. 9 and a giant rally for Oct. 24.

To find out more about what is planned or to offer to help with organizing, you can look us up on the 350.org website, or contact Jean Gelwicks of the Gulf Islands Alliance, or Marion Page (250-537-4567).



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- * **Let's Do Brunch:** Tuesday, 9:30am - 12:30pm
- * **Food Bank:** Open Tuesday, 11am - 4pm
- * **The Wall:** Indoor Rock Climbing Gym, open Thurs. & Sun. 6:30-9:30 pm. Information: ahasenfratz@gmail.com or 250-537-8970
- * **Recycle Depot:** Open Tuesday - Saturday 10am - 5pm, 349 Rainbow Rd., 250-537-1200.
- * **Seniors Wellness Programs:** Call Sharon Glover at 250-537-4607.
- * **Emergency Mental Health Services:** Available 4 pm to midnight at Lady Minto Hospital. Call 250-538-4840
- * **24-hr. Crisis Line:** Toll free: 1-866-386-6323. Caller is connected with the Need Crisis Centre in Victoria.

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<input type="checkbox"/> Business Ambassador of the Year	<input type="checkbox"/> Market Vendor of the Year
<input type="checkbox"/> Green Business of the Year	<input type="checkbox"/> Building or Construction Trades of the Year
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PEOPLE & COMMUNITY

PUBLIC LIBRARY

Public urged to check out new titles

List and mini-reviews show range of offerings

Editor's note: The following is the first of a regular column highlighting new acquisitions at the Salt Spring Island Public Library.

BY MAGGIE WARBEY
 DRIFTWOOD CONTRIBUTOR

Our library is continually ordering and receiving new titles. We want to include

materials of interest to all members of the community, so please drop in and let us know if there is a specific title or topic that you would like to see on the shelves of your library.

Just a few of the most recent titles on the shelves:

- Pension Paradigm: New Strategies for Wealth Management; Hugh Carter
- Dry Spring: the Coming Water Crisis of North America; Chris Wood
- The Unhealthy Truth: How Our Food is Making Us Sick and What We Can Do About It; Robyn O'Brien
- Modern Canadian Plays: Vol. II; Jerry Wassermann (ed)
- Adventures in Architecture; Dan Cruickshank
- Understanding Iraq; William Polk
- Easy Gourmet Babyfood; Jordan Wagman & Jill Hillhouse.

LIBRARYSHELF

Also check out:

- David Grann's The Lost City of Z explores one of the greatest real mysteries of the 20th century: What happened to the British explorer Percy Fawcett on his quest to find the lost city of Z deep in the Amazon jungle? The result of Grann's research is the gripping story of the extraordinary adventures not just of Fawcett but also of the hundreds who followed him into the Amazon over the decades since 1920. This is a tale of obsession, mystery, shrunken heads, hostile tribesmen, strange diseases and stranger nature. A good adventure read to enjoy from the comfort of your own fireside.
- Righteous Porkchop: Finding a Life and Good Food Beyond Factory Farms is Nicolette Niman's memoir of her firsthand look at factory

farming for meat production as well as the story of her own life and love with a cattleman. A vegetarian, environmental activist and attorney working for Robert Kennedy Jr., Niman is asked to investigate hog raising and butchering practices in the USA.

This request soon expands to cover the entire factory farming industry, both the bad and the commendable. The result is not just a condemnation of bad practices but a useful analysis of what can be done, and done right, to make meat production more humane, healthy and sustainable. Along the way, the reader follows Niman's own story of intellectual and emotional growth and commitment.

• Darwin's Garden: Down House & the Origin of the Species by Michael Boulter offers the reader an engaging tour through the actual life and public work of Charles Darwin that will help him or her to

understand what Darwin's thoughts, work and writings mean to our understanding of the world around us. Relying on Darwin's own words along with careful regard for Darwin's own environment, Boulter has drawn a meaningful, thoughtful, human portrait of this pivotal man and his ideas.

• In The Gift of Thanks: the Roots, Persistence, and Paradoxical Meanings of Social Ritual, social anthropologist Margaret Visser has once again managed to entertain, amuse and educate us.

This book is a fascinating inquiry into all aspects of “gratefulness,” from parents' early rote teaching to the widely varying routines and requisites found in cultures all over the globe. Visser looks at “gratitude” as a key to understanding many aspects of everyday behaviours and expectations. The Gift of Thanks is an engagingly written look at ourselves.

CHARITY

Toy event collects gifts without ‘run’

The Rental Stop organizes depot for 2009

Salt Spring's motorcyclists won't be holding their annual toy run this year, but that won't stop the riders from contributing toys for Santa's Workshop.

Participant Dan Kent has stepped up to offer his business, The Rental Stop at #1-327 Rainbow Road, as a place where motorcyclists can bring a toy for the program that ensures all island children receive gifts at Christmas.

Not only that, but The Rental Stop, G. Horel Bobcat and

Mouat's Home Hardware will contribute another toy for each one received, which will double the impact of donations.

For more information, call Kent at 250-538-0388.

The toy run will return to Salt Spring at the end of September in 2010, to be organized by Kent and Carron Carson.

Salt Spring Bikers



Unfortunately the Annual Toy Run will not be happening this year, however, Santa's Workshop still needs our support. For every toy dropped off by you to The Rental Stop before Christmas, another toy will be donated by the combined efforts of The Rental Stop, G. Horel Bobcat and Mouat's Home Hardware. Let's not let the kids down. Pass the word on to your local bikers.

p.s. next year's ride is already being planned and promises to be the best ever....

AWARDS

Salt Spring brew wins gold for ale

New company owners pleased with award

Gulf Islands Brewery has won a national gold medal for its Salt Spring Golden Ale at the seventh annual Canadian Brewing Awards.

The Sept. 24 event showcased 282 entries in 26 categories from 58 breweries across Canada, including beer giants like Sleeman, Pilsner and Moosehead, and smaller micro-breweries like Tree, Phillips and Whistler Brewing.

“All beers were judged by category, using a point system for aroma, appearance, flavour, mouthfeel and overall impression,” explains a press release from the company.

“Unlike previous years, only one gold, silver and bronze were awarded in each category. The judging panel consisted of 18 certified beer judges from across the country.”

The award is a first for new brewery co-owners Neil Cooke-Dallin and Becky Julseth, who attended the awards along with longtime brewmaster Murray Hunter. The Golden Ale won the same award in 2004.

After 12 years of business, Gulf Islands Brewery co-founder Bob Ellison made the decision to retire from the business, and his “nephew” Cooke-Dallin took the reins in March of 2009. Cooke-Dallin, who's not a biological nephew but the son of Ellison's long-time close friend, seemed a natural choice to “keep it in the family.”

The new partners are based out of Victoria and have a shared background in business, marketing, music and the arts. They own and operate Breakwater Media, an award-winning graphics, brand creation and marketing firm.

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PEOPLE & COMMUNITY

COMMUNITY ASSETS

Heritage upgrade underway at hall

Life of building exterior assured

BY ELIZABETH NOLAN
DRIFTWOOD STAFF

An unmistakable change has slowly crept across Fulford Community Hall during the past few weeks. Passers-by will have noticed the green-painted siding progress into a striking mustard yellow as a restoration project many years in the planning takes shape.

The particular shade of yellow — chosen by a committee of Fulford Community Hall Association members — is one from a palette of heritage colours produced by the supplier. The colour is the most visible aspect of a theme that unites the project as a whole: the hall's historic and continuing heritage to the community.

Ron Ateah, president of the hall society's board of directors for the past two years, said that what began as a simple plan has evolved into a much larger project.

"Initially it started off as the hall needed to be painted. Then it became apparent that it wasn't just paint but significant restoration would need to take place."

Built in 1937 in the space where two former halls stood and burned down, the building has long been a focal point of south-end life. The hall is currently used approximately 300 days of the year and is home to a busy gymnastics club, the folk club and a weekly rollerblading night. It is the location of craft fairs and flea markets, weddings and dances.



PHOTO BY RICK NEUFELD

Workers remove old paint at Fulford Community Hall as part of the upgrade.

Brian Finnemore has been involved with the hall association for the past 15 years. As former president, he oversaw some significant improvements in the past. Perhaps the most important was the purchase of the land surrounding the immediate building, which allowed for the construction of a septic field and parking lot. Improvements to the interior included new stoves and a dishwasher for the two kitchens, and replacement of the stage with storage areas large enough for gymnastics equipment.

Finnemore is now the liaison between the south Salt Spring Old Age Pensioners' group and the hall association. The seniors have a separate but attached building at the side of the hall.

"We tried to make the hall more user friendly," Finnemore said. "We spent a lot of money on upgrades and now the hall is used almost daily," an improvement from the "slump in interest" Finnemore saw when he first got involved.

Finnemore said planning and fundraising for the current project began almost seven years ago.

The hall's new improvements will ensure the exterior's long life. Architect Jonathan Yardley has been instrumental in finding funding for the work, by assisting the board in getting the hall's heritage status recognized.

That process, as Ateah explained, first involves preparing a Statement of Significance that lists a building's qualities in terms of heritage and cultural significance. With this document in place, access to funding is available through Heritage BC and the Heritage Legacy Fund.

With Yardley's help the board has secured \$25,000 towards the project from the Heritage Legacy Fund. An additional \$30,000 has come from the Shaw Estate, and help has come from the Salt Spring Foundation, the CRD and the Old Age Pensioners. Slegg Lumber and Windsor Plywood have each contributed towards

materials.

Most of the restoration work is being completed on-island. Paul Adams is replacing the siding and Gilles Gaudet is applying the wood stain. (Ateah explained that stain is being used rather than paint because with an uninsulated structure, moisture from the interior escapes through the walls, making it essential for them to breathe.) Vintage Woodworks in Victoria, a firm specializing in heritage work, will be taking care of the wooden sashes for the windows.

In the future, Yardley and the board will pursue getting an assessment through Heritage BC that will tell them what should be fixed and what should be left alone. For now, fixing the siding and windows is the immediate concern.

This week, the windows will be removed and replaced with plywood or temporary windows while the new wooden sashes are constructed. The entire project is expected to wrap up in around five weeks.

BODY CARE

Gatehouse offers EDGU class

Islander ready to share training at Thursday sessions

An evolutionary spinal maintenance practice called "EDGU" (edge-you) will be taught by Wendy Judith Cutler beginning Thursdays in October.

Held at the beautiful Gatehouse at Stowel Lake Farm, this will be the first introduction to this unique practice on Salt Spring.

Cutler explains that EDGU was created by Jeffrey "Page" Redman, while he was in the back country of the Lake Tahoe area in California, to address some chronic pain he had experienced through previous accidents and subsequent surgeries. He created a "wholly" experience blending body movement with spiritual invocation.

He then brought this practice to Breitenbush Hot Springs, a worker-owned retreat and conference centre in Detroit, Oregon, where he served as artist-in-residence in 1990. Cutler has taught women's writing workshops at Breitenbush over the past 20 years.

As a teacher and frequent visitor, she experienced EDGU classes, first

taught by Redman and then later by various members of the Breitenbush community. She was immediately drawn to the practice, as it synthesizes her love of dance movement with yoga and other modalities.

She participated in her first EDGU training five years ago and just returned from another training this past July where she received encouragement from Redman to share EDGU with her community.

Through a sequence of movements and visualizations, either standing or sitting, EDGU practice aims to energize bodies, activate spines, clear chakras and open hearts.

Press material for the class states it will open with a brief instruction to basic patterns of movements and foundational points to facilitate the practice and then be followed with a sequence of 13 guided steps.

"It will feel energizing, opening and liberating," Cutler promises.

EDGU classes will be held on Thursdays from 5-6 p.m.

They are open to people of all ages and abilities who can attend regularly or drop in.

A donation will be gratefully received.

For information, contact Cutler at 250-653-4286 (winnie@saltspring.com).

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PEOPLE & COMMUNITY

ISLAND BUSINESS

New owners: fresh look at Dagwoods

But tried-and-true recipe for locals will remain

BY SEAN MCINTYRE
DRIFTWOOD STAFF

Some traditions are best left alone, especially if they've got anything to do with eggs, sausages, hash browns and some of the island's best gossip.

The new owners of Dagwood's Diner take this advice pretty seriously as they work to complete a major facelift of the island's quintessential diner.

With the windows and doors of a Salt Spring institution covered up since mid-September, more than a few islanders have been worried the island will never be the same.

Fortunately, according to co-owners Patrick Larouche and David Carey, the wait is almost over.

With work on the restaurant in full swing, plans are afoot to reopen the restaurant as early as Thanksgiving weekend.

Diners can expect refinished table tops, new counters, spiffy flooring and new appliances that will keep those Dagwood's burgers rolling off the grill faster than ever.

They also plan to expand business hours and open on Sundays.

When the dust settles, Larouche said, he expects regulars' lively chatter to once again fill the room alongside the sound of fresh bacon



PHOTO BY NEIL CAMERON

Dagwood's Diner owner Don Nemeth, centre, greets new owners Patrick Larouche, left, and David Carey, formerly of the Harbour House.

sizzling on the grill.

Just like it has for the past 32 years.

"This has always been and always will be a place that caters to the locals," Larouche said. "It's a place where people always have a smile on their face."

With nearly 20 years of restaurant experience, including stints at restaurants in Calgary, Jasper and Salt Spring's Harbour House Hotel, Larouche is a proven restaurant entrepreneur.

Keeping people well fed and satisfied comes with the territory.

The same can be said for 33-year-old Carey, a born-and-bred Salt Springer who couldn't resist the chance to

carry on an island institution after his 16 years at the Harbour House.

"I've been doing this my whole life and this was a perfect opportunity," he said.

Former owner Don Nemeth is confident the restaurant is in good hands.

He decided to sell the business earlier this year in hopes of getting some well-deserved rest and relaxation.

Apparently, some habits are hard to break and Nemeth might still be found hanging around the Dagwood's kitchen from time to time.

From grilling steaks to taking orders, Nemeth has done it all in the 12 years since he took

over the business from a close friend.

"I'm probably the best dishwasher west of the Rockies," he said.

He won't crave the 12-hour days, but said he already misses the lively banter that defines the Upper Ganges restaurant he likes to call "news central."

Catching all the latest gossip is why he looks forward to washing a few more dishes and flipping a few more burgers whenever Carey and Larouche give him the chance.

"This will always be a place for people to come in and find an ear to speak to," he said.

"I anticipate the new place will be a great success."

WOMEN'S HEALTH

Mammography service makes fall visit to island

B.C. Cancer Agency explains what's abnormal and what's not

Medical experts recommend that by age 50, women should be having regular screening mammograms to help find breast cancer early.

According to the B.C. Cancer Agency's Screening Mammography Program, about 90 per cent of women who have regular screening mammograms will have normal results.

However, says the agency, women should know what it means when there is an abnormal result.

"An abnormal result does not mean you have breast cancer," states press material from the program.

"In fact, out of every 1,000 women who have a screening mammogram, about 70 may have abnormal results and will need further testing to reach a diagnosis. Of the 70 women who receive further testing, about four women may be found to have breast cancer. More importantly, three of the four women will usually be in an early stage of cancer when there are more treatment options and a likely return to full health."

When radiologists view breast x-rays and see shadows or spots, they send out an abnormal result letter and the individual is called back for further

... three of the four women will usually be in an early stage of cancer when there ... [is] likely a return to full health.

testing. Some of the more common reasons for shadows or spots are:

Cysts are almost always non-cancerous (benign) and many women have them.

A "mass" can be many things, including cysts and fibroids, which may or may not be benign.

Calcifications often show up in breast tissue, and they may or may not be benign.

Radiologists have a better chance of detecting small breast changes when there are previous x-rays to be compared against, which is why regular screening mammograms are so important.

The B.C. Cancer Agency's Screening Mammography mobile service is on Salt Spring Island from Oct. 13 to 22, so now is the time to book.

Women between the ages of 40 and 79 can call 1-800-663-9203 to book a screening mammogram appointment.

Spirit of Salt Spring



The Spirit of Salt Spring is a regular feature in the Driftwood for local businesses and organizations to publicize charitable donations.

First-come, first-served basis as space permits.

Call Peter for details.

Dan Harvey of Pacific Sportfishing Charters recently donated \$1000 to the BC Cancer Society in the name of Darin Craig.

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PEOPLE & COMMUNITY

CHARITY & SHOPPING

Breast Cancer Awareness month reaches Salt Spring with Mouat's Clothing event

Think Pink team organizes activities for Friday, Oct. 2

On October 2, Mouat's Clothing Company is joining forces with organizations around the globe in recognition of Breast Cancer Awareness Month.

From London, England to San Francisco, special events are being organized to increase awareness and raise significant funds for the fight against breast cancer.

Mouat's Clothing Co. is bringing the fight close to home with a "Think Pink" event full of surprises and fundraising activities.

The Think Pink team at Mouat's Clothing will be on hand to serve raspberry tea together with pink cupcakes and cookies when a donation is made to the cause.

Traditionally called "Jeans Day," the first Friday of the month encourages individuals to wear jeans and

donate \$5 to breast cancer research. At Mouat's Clothing the jeans theme is there and French Dressing Jeans is giving away a new pair of jeans every 20 minutes throughout the day.

The clothing store will present a silent auction of goods and services, which includes clothing by Not Your Daughters Jeans, JAG Jeans and PURE & Co., original artwork from island artists and goods and services.

Marnie McAughtrie, manager of Mouat's Clothing Co., invites everyone in the community to drop into the store this Friday in support of this extraordinarily worthy cause.

"We want to do something meaningful for all women," she said.

"This is a disease that affects our mothers, sisters and girlfriends. It strikes indiscriminately. I hope that by hosting this day of celebration and fun we can make a contribution to the search for a cure."



PHOTO BY DERRICK LUNDY

ICE CAPADES: Verna and John Elliott get ready for winter, checking out a selection of ice skates at the Lady Minto Thrift Shop.

Tomatillo Avocado Salsa

1 lb. tomatillos, husked and rinsed
1 small onion, diced
1 bunch cilantro
2 cloves garlic
2 serrano chiles (depending on how hot you like it!)
2 tbsp. fresh lime juice
1 tsp. salt (coarse)

4 c. water
1 1/4 c. ice
1 large avocado, diced

Combine everything except ice and avocado and cook about 5 minutes.
Pour off 1/2 cooking liquid and add ice and avocado.



Linda Koroscil

LET'S EAT

Blend until smooth. The ice magically keeps the cilantro green!



Rainbow Road Indoor Pool

has re-opened for another wet year

Rainbow Road Fall/Winter/Spring 09/10

Schedule in effect Oct 2, 2009 to April 30, 2010

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Early Bird 6:30 - 8:00		Early Bird 6:30 - 8:00	CLOSED	Early Bird 6:30 - 8:00		
Energizer 8:00 - 9:00		Energizer 8:00 - 9:00		Energizer 8:00 - 9:00		
Rotating Programs		Rotating Programs		Rotating Programs		
	Total Turbulance 10:00 - 11:00				Total Turbulance 10:00 - 11:00	
Lap & Leisure 11:00-1:00	Lap & Leisure 11:00-1:00	Lap & Leisure 11:00-1:00		Lap & Leisure 11:00-1:00		
Nooners 1:00 - 2:00	C.A.R.E. 1:00 - 2:00	Nooners 1:00 - 2:00		Nooners 1:00 - 2:00		
Adult/Youth 2:00 - 3:00	Parent & Pre 2:00 - 3:30	Adult/Youth 2:00 - 3:00		Adult/Youth 2:00 - 3:00	Everyone Welcome 11:00 - 5:30	Toonie Swim 1:30 - 5:30
Closed		Closed		Closed		
Everyone Welcome 3:30 - 5:30	Everyone Welcome 3:30 - 5:30	Everyone Welcome 3:30 - 5:30		Everyone Welcome 3:30 - 5:30		
Down & Deep Lengths 5:30 - 6:30		Down & Deep Lengths 5:30 - 6:30		Down & Deep Lengths 5:30 - 6:30		
Masters & Lap 6:30 - 7:30		Masters & Lap 6:30 - 7:30	Masters & Lap 6:30 - 7:30			

GENERAL SWIMS

Early Bird 6:30 am - 8:00 am / Mon, Wed, Fri
A great way to start your day. The pool is set up in standard layout with a fast, medium and slow lane and a wider lane for leisure swimmers.

Lap & Leisure 11:00 am - 1:00 pm / Mon, Tues, Wed, Fri
A nice way to break up your day. The pool is set up in standard layout with a fast, medium and slow lane and a wider lane for leisure swimmers.

Adult & Youth 2:00 pm - 3:00 pm / Mon, Wed, Fri
This time is set aside for older folks who would like to enjoy the pool with older people. It is also a great time for our high school PE classes to use the pool.

Everyone Welcome 3:30 pm - 5:30 pm / Mon, Tues, Wed, Fri
Everyone is welcome to come on down after school and enjoy the pool during this time. There will be a lane open for those who would like to swim lengths and all the toys will be available for those who would just like to play around.

Evening Lengths 6:30 pm - 7:30 pm / Mon, Wed, Fri
This is a fantastic way to end your day. Come down and enjoy the hot tub and soak your day away. The pool is set up in standard layout with a fast, medium and slow lane and a wider lane for those leisure swimmers.

Saturday Everyone Welcome 11:00 am - 5:30 pm
All the toys will be out for the young at heart to play on and there is always a lane available for those who need to swim lengths.

Sunday Toonie Swim 1:30 pm - 5:30 pm
Swim for four hours for just two dollars. A perfect time for families to enjoy the pool. All the toys are available and there is space to swim lengths as well.

WATER FITNESS CLASSES

Energizer 8:00 am - 9:00 am / Mon, Wed, Fri
This class will challenge you to work hard in shallow or deep water. The qualified instructor will guide you through a number of exercises which will help with your strength, flexibility and fitness.

Total Turbulance 10:00 am - 11:00 am / Tues, Sat
A high level class that is meant to challenge you in both deep and shallow water. The qualified instructor will direct you through a number of skills specific to deep water. Everyone wears a flotation belt that helps create a good workout.

Nooners 1:00 pm - 2:00 pm / Mon, Wed, Fri
This class is specific for those looking for more strength and stretching. A qualified instructor leads the group through a number of exercises designed to get your blood flowing and your muscles moving.

Down & Deep 5:30 pm - 6:30 pm / Mon, Wed, Fri
This class is done in deep water only with each person wearing a flotation belt. The qualified instructor takes the group through exercises specific for deep water. A great way to end your day.

C.A.R.E. (Careful, Aquatic, Rehab, Exercise) 1:00 pm - 2:00 pm / Tues
This program is specific for those who need one on one help in the water. If you have had a hip replacement or need some specific stretching then this program is for you. Each person will be assigned a volunteer who will help you in the water. If you or someone you know is interested in volunteering please call.

Parent & Pre-Natal 2:00 - 3:30 pm / Tues
During the first 30 mins. a qualified water fitness instructor will direct you through a number of exercises designed to help you with strength and flexibility. Your little one will participate right long side you in one of our floating seats. After the class you are welcome to enjoy the pool until 3:30 pm

PROGRAMS

Masters 6:30 pm - 7:30 pm / Mon, Wed, Fri
This is a competitive group of older swimmers who are looking to improve their swimming in preparation for a triathlon or a masters swim meet. A qualified coach designs and directs a specific workout and is available for some stroke correction. To swim in this group you must be registered with BCMSA (British Columbia Masters Swim Association). \$7.00.

GENERAL ADMISSION

Adult (19 +) \$5.00	Youth (13 - 18) \$4.00	Child (4-12) \$3.00	Family (max 5) \$12.00
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3 months \$156.00	3 months \$125.00	3 months \$94.00	3 months \$375.00
Annual \$550.00	Annual \$440.00	Annual \$330.00	Annual \$1325.00
10 x pass \$45.00	10 x pass \$36.00	10 x pass \$27.00	10 x pass \$108

Tot (3 & under) no charge
Lessons 1/2 hour class \$50/10 lessons
Lessons 3/4 hour class \$60/10 lessons
1/2 hour private lesson \$20.00
1/2 hour semi-private lesson (2 people)\$30.00
Waterfit pass \$7.00 drop in
1 month pass \$65.00

Please contact us at 250-537-1402 for MORE information and to register.
262 Rainbow Road www.recreationexcellence.com

Introducing club Thrifty Foods

Save big. Dream bigger. Join today.



FREE Groceries

Redeem your Club Thrifty Foods Points for instant cash off at the till on your groceries

725	Club Thrifty Foods Points	=	\$ 5 OFF
1375	Club Thrifty Foods Points	=	\$ 10 OFF
2000	Club Thrifty Foods Points	=	\$ 15 OFF
2600	Club Thrifty Foods Points	=	\$ 20 OFF
3200	Club Thrifty Foods Points	=	\$ 25 OFF
3750	Club Thrifty Foods Points	=	\$ 30 OFF

Join In-Store Today.

To get you started, we're offering some great "extra bonus" items this week in addition to a 200 Points* sign-up bonus.

Convert to Aeroplan® Miles

2 Club Thrifty Foods Points = 1 Aeroplan Mile



Rewards from our online catalogue



No Card Pricing,

means no club card required to receive Thrifty Foods sale prices.

Easy to earn.

Collect 1 Club Thrifty Foods point for every whole dollar you spend at Thrifty Foods. Plus through special bonus points offers you will earn points even faster.

Look for this symbol throughout the store!



Enjoy these "Extra Bonus Items" to build up your Points faster.

Grade "A" Turkey

Frozen, All Sizes
\$2.16/kg
One per Family Order
Over Limit Price:
\$1.49/lb, \$3.29/kg



98¢
Per lb
club Thrifty Foods
Bonus Points **100**

Tomatoes on the Vine

Hothouse grown in Delta, BC
\$1.94/kg



88¢
Per lb
club Thrifty Foods
Bonus Points **20**
PER KILOGRAM

Sun-Rype Pure Apple Juice

1L



99¢
Each
club Thrifty Foods
Bonus Points **10**

Quaker Chewy Bars, Dippys, 100 Calorie, Crunchers or Oatmeal to Go Bars, Assorted 120-300g



3 FOR \$6
club Thrifty Foods
Bonus Points **50**

Campbell's Chunky Soup

Assorted 540ml



98¢
Each
club Thrifty Foods
Bonus Points **10**

Large King Crab Legs

Cooked Previously Frozen
\$8.98/lb



1.98
Per 100g
club Thrifty Foods
Bonus Points **100**
PER PACKAGE

Armstrong Cheese

Cheddar or Mozzarella, 750g
or Extra Aged White 500-600g



6.98
Each
club Thrifty Foods
Bonus Points **70**

Kettle Chips

Selected 142g



1.48
Each
club Thrifty Foods
Bonus Points **15**

Rice Dream Rice Beverage

Assorted 946ml



1.48
Each
club Thrifty Foods
Bonus Points **15**

Kraft Peanut Butter

Assorted 1kg



2.48
Each
club Thrifty Foods
Bonus Points **30**

Specials in Effect from Wednesday, September 30th to Tuesday, October 6th, 2009

*200 Points bonus will be issued on the first use of your Club Thrifty Foods card.

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