

# SPOTLIGHT

• entertainment  
• lifestyles

a weekly supplement to the gulf islands driftwood

★ It's the Oscars!  
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Eros Ball storms Mahon Hall, see pg. B5

WEDNESDAY, MARCH 29, 2000

By GAIL SJUBERG  
Driftwood Staff

Every exhibition of an artist's work is unique, but Christine Crombie's show of works in oil pastel hanging at Moby's Marine Pub is in another category altogether.

Crombie's flowers, for example, are assertively alive, not questioning for a second their right to announce beauty here and now — and you've never seen such reds, blues, yellows curving and dancing their way across the white of a paper stage.

In some pictures sunlight sings through a window; in others you could swear a breeze is swirling in the room, through a bouquet in a vase or around objects set on the corner of a table.



Photos by Derrick Lundy

But it's not just the tangible colours, movement or beauty that distinguishes this Alliance of Salt Spring Artists-sponsored show.

For one thing, it's not promotional — only one of the 10 paintings is for sale — although Crombie will have limited edition prints made if enough interest is shown.

There is something even more significant.

People who know Crombie well, and know something of the intensely intimate and happy life she and Bob Jankura had together, can understand how taking her paintings off the walls of their home and hanging them up in as public a place as Moby's is an act of courage and healing and hope.

By exhibiting, Crombie is acknowledging to herself and the world — even subconsciously — that she has much to give and is able to give, in spite of her loss and living with a grief that has not subsided or diminished, only transformed, in the 16 months since Jankura died from an extremely rare form of cancer.

With her paintings and her self in public, she has been able to open herself to compliments from many people, whose feedback is encouraging her to create again.

"Having my pictures up and having people talk about them, and creating, is one of the most positive things I can do . . ."

She has heard about some Moby's patrons walking from picture to picture, studying each one as they go, unconsciously absorbing the spirit of the artist they may or may not know. It's like Crombie herself is out there.

"These are my colours; this is me; this is inside me," she says.



Christine Crombie at her Moby's show

Some were painted when she and Jankura were in Mexico; another from Yoho National Park in the Rockies, where they lived for quite some time; and several from their years on Salt Spring. One of Jankura's favourites was one she calls He Meditates on Roses — which is exactly what he did with the painting of roses in a vase as part of his healing process. (Jankura led an active life in the community for three years after he was diagnosed and told he had six months to live, despite the pain he endured and the energy it took to struggle with the disease.)

Crombie is at an unusual place as an artist. She describes how she cannot create out of a feeling of sadness, and she is also unable to create anything ugly, to give pain a face on the canvas.

"Truth, love and beauty still are the most important things," she says, something she and Jankura believed fiercely in together.

She knows the creative act has the potential to transform that sadness — one day while pushing colour into the paper she found herself feeling happiness, and noticed how strange it felt.

Crombie is not painting again to "take her mind off" her life with Jankura. Because he loved her art and took it and all arts — his music and poetry included — so seriously, she is honouring him and their connection by continuing to create.

Interestingly, several people have cited her newest and largest piece, the only one done since Jankura's death and titled Hoping For Angels, as their favourite.

She is currently working on two more, and also has plans for a mixed-media piece which would commemorate her late husband's life.

None of the pieces except Hoping For Angels is for sale because "they belong to Bob."

Crombie uses the relatively rare oil pastel medium. She likes it because it is so pure — "you're working with saturated colour." One does "paint" with it too, although some people interpret it as sketching.

She also notes that the medium is older than most people assume, with what is more akin to chalk pastels being used about 300 years ago. French Impressionist painter Degas was perhaps the most famous example of an artist using pastels.

Also unusual in her work is the addition of words into a few paintings. In The Hero she has written "somehow the prince always survives," in reference to a Grimm's fairytale Jankura once read to her. "We always thought Bob would live — right up until the end."

Grief can wrap itself around the reins of a person's life. In painting, Crombie is in charge of the journey. She enjoys "being in a world you can make yourself" — it's like letting your childhood imagination run wild.

She describes the time a friend was looking at one of her paintings and asked her, "Why did you make that yellow chair red?"

She replied, cheekily, "Because I could and I wanted to."

Crombie studied art at the New School of Art in Toronto, and has exhibited in Montreal, Toronto and on Salt Spring. Also in the artistic realm, she has written and illustrated a children's book, and designed jewellery.

Crombie has been on Salt Spring for 11 years. She and Bob ran Dawn Wind Construction Management, which was largely responsible for construction of ArtSpring and heritage renovations to the Core Inn.

There is always volumes more to a story than can be squeezed into a newspaper article. With Crombie's paintings, there are at least two entwined lifetimes behind each one.

The show runs until the end of the month.

Anyone wanting to inquire about high-quality limited edition prints made on acid-free paper can call the artist at 653-4158.

By ANASTACIA WILDE  
Driftwood Contributor

Party favours, delectable food and fashionable attire overflowed Sunday night as Salt Spring movie lovers feted the Academy Awards in style at the Harbour House Hotel.

For the fourth consecutive year, Island Star Video owners Tim O'Connor and John Dolman offered Oscar night as a token of their gratitude to the community.

Not surprisingly, men donning tuxedos and roaming women in scant dresses and heavy cleavage were found to be having more than their usual share of Sunday night fun.

With nary a dull moment, the glitter and excitement of Hollywood's star-studded event raised more than \$500 toward the purchase of a defibrillator for the Salt Spring Volunteer Fire Department. According to

## Academy Awards Salt Spring style at Island Star-studded HHH bash

local firefighters, this life-saving device is much needed to jump start failing hearts in crisis situations.

"We listen to people from across the video counter who need things and we work our way through the community to raise money for those different needs," commented Dolman, who wore several hats Sunday night, but will be remembered most fondly as the gracious tap-dancing host and emcee.

And while Hollywood had its share of winners, contributing local businesses made sure Salt Spring had a few of their own.

As the well-dressed and even well-endowed sipped drinks and watched the live Oscar broadcast, non-stop trivia contests and

party games filled the commercial breaks.

Freebie T-shirts, movie tickets, gift certificates and various gifts were donated by Work World, Cinema Central, Locks, Stock and Barber Shop, Studio 103 Hair Design and Talon's restaurant.

At the pinnacle of giveaway gestures, local caregiver Anita Bruinslot won two round-trip tickets from Vancouver to Los Angeles, donated by Uniglobe Pacific Travel. Needless to say, some lucky Salt Springers actually do get off this paradise rock.

Not to be overlooked was the nomination and contest for best Salt Spring actor and actress.

Six volunteers were pulled from the audience, given scripts from well-known movies and

bade to demonstrate their acting prowess.

And the Salt Spring Oscars go to: Best Actor James Wilkinson, for his spellbinding rendition of the animated Tarzan teaching Jane to speak ape. His enunciation of "ah ah ooh ooh oh oh eeh eeh," was impeccable.

Best Actress went hands down to Dr. Noreen Jeremiah, the amazing veterinarian who, in a touching acceptance speech afterward, thanked all the cats she's ever lanced and vaccinated.

"This is customer appreciation day," said an upbeat O'Connor toward the end of the evening. "We believe in giving back to the community."

And give back they certainly have.

Since founding Island Star Video almost five years ago, O'Connor and his partner Dolman have raised thousands of dollars by sponsoring community events such as the food bank drive and the Academy Awards Party, and contributing to others such as Canada Day and the Polar Bear Swim.

Last year alone, they raised \$2,500 and donated \$12,000 worth of free videos to customers who gave to various causes.

The couple dug deep into their own pockets for Oscar night, where barbecued chicken, Caesar salad, bread, cheese and fingerfood was complimentary.

These video-obsessed know-it-alls are also philanthropists who deserve a hand for the ongoing contributions they make to our community.

Thanks, guys and, oh yeah, see ya'll next year — at the Oscars!

## Graffiti show in the works

Graffiti Theatre is already hard at work on its spring production.

A Guide to Mourning, a quirky, award-winning comedy written by Eugene Stickland, will run at the end of April and the beginning of May.

It will be directed by Tony Bancroft, chair of Malaspina College's Department of Theatre, and stars Yvonne Adalian as the grieving widow Deidre.

A Guide to Mourning is described by Graffiti publicists as "an exploration of death and how we express our grief in this modern, somewhat spiritually vacant

world. The heart is touched and the funny bone tickled as we examine the need for ritual and the curious responses we all have to emotional stress."

Other cast members are Patrick Cassidy, Vaughn Fulford, Stewart Katz, Siobhan Sintzel and James Wilkinson.

Brandy Glovka is the set designer and costumes are being done by Kate Foster.

The play runs April 27-29, and May 3-6.

Tickets are available through the ArtSpring box office. Call 537-2102.



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## Popular soprano, pianist at Music and Munch event

Music and Munch on April 5 features one of Salt Spring's most popular vocalists, soprano Betty Rothwell.

Rothwell's presence is described as "serene yet animated both on and off stage." She has delighted audiences in both England and Canada where she has sung many leading roles in operettas and musicals. Her obvious pleasure and love for her work is always infectious and uplifting to fellow performers and audiences.

Rothwell's accompanist for next Wednesday's recital is Shirley Bunyan, herself an accomplished musician, choir director and music teacher. Together they will offer a program of melodies from musicals and operettas past and present.

The music is free and begins at 12:10 p.m. at All Saints By-the-Sea. People are advised to come early because Rothwell and Bunyan are sure to draw a big crowd.

Lunch is offered after the free recital for \$4.75.

## "It's like Christmas everyday!"



Eve and one of her many unique displays

Eve's Attic, now in its 4th year of operation, is a consignment store with a difference. The shop is full to overflowing with a wonderful assortment of both new and gently used top-quality ladies' wear and accessories. As well as a huge stock of Brand name, designer, classic, retro and vintage fashions, Eve's has hundreds of pieces of unique jewellery, (her son, who owns an import shop on Johnson Street in Victoria, travels the world and brings her rings, pendants, and so on as well as quirky accessories and silks from Turkey, India and the Orient). Consignors also bring in jewellery boxes full of amazing old pieces, some dating back over 100 years.

The shop also features lots of wonderful smelling essential oils, and hundreds of nick-nacks and collectibles. In the far corner of the store is the "Book-Nook" which is crammed with an outstanding selection of new and used paperbacks, hard-cover books, literary works, poetry and recent best-sellers. That takes care of the over 1,100 square feet of retail space, but we're not finished yet.

As we said, this is no run-of-the-

mill consignment store. Eve's personal collection of vintage and antique clothing and amazing memorabilia going back 60-100 years and more hangs on display on every inch of available space and in every nook and cranny in the shop. Much to the chagrin and frustration of the dealers who come in regularly to "browse", at the moment, none of these items are for sale.

This veritable hanging museum stuns tourists and locals alike when they walk in the door for the first time. The usual comment is "WOW"! And comments like "I'm a consignment store junkie and have been in hundreds of them all over the country — and I've never seen anything like this!" are common.

Visitors are amazed at the vast array of great stuff that is for sale and are now coming back on a yearly basis to see what's new at Eve's. Owner-operator Eve Robson says her method of purchasing stock works very well. In addition to accepting some stock locally, she has her own buyers in Edmonton, Calgary, Vancouver and Victoria. All are

female family members or close friends who know exactly what she's looking for: a daughter in Edmonton, a sister in Vancouver, a daughter-in-law in Victoria and a best friend in Calgary.

Boxes of stuff arrive weekly from all over the place. It's like Christmas for me every day, Eve says. I love opening up the boxes to see what they've come up with for me this time. Eve herself attends every estate sale and auction she possibly can searching for treasures.

She admits she's a hopeless pack-rat with a passion for beautiful clothes and an appreciation for fine fabric and workmanship. I think I was born in the wrong era, she says. I absolutely love the old stuff. I'm a connoisseur of clothing. I have a passionate interest backed by understanding gained from years of experience. When it comes to fabric, I don't even have to look anymore. My fingers zero in on the fine silk, cashmere, and so on. Opening Eve's Attic was a dream come true as she hopes to make a living and follow her passion at the same time. What could be better?

## The Bottom Line!

"Get the bottoms in the seats!" (old theatre saying.) Think, if you will, of the bottoms that will grace the seat you purchase in the ArtSpring Theatre. For that tax deductible \$1,000, you can rest assured that at every performance, in "your" seat, a bottom — maybe yours — will rest assured.



TALK TO PAUL AT  
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*The bottom line is his business*

# Tornado of blues blasts into the Wheelhouse Thursday

Following last Friday night's blues party at the Wheelhouse Pub headlined by Auntie Kate and the Uncles of Funk, more blues is coming our way with Johnny Tornado and the West Coast Flyers.

They are touching down at the Wheelhouse in the Harbour House on Thursday night.

Tornado is originally from

Tobacco Road, and has been around the blues scene for a long time, playing in almost every juke joint and roadhouse in North America.

Tornado has assembled first-rate musicians for this current tour. It includes keyboardist and harmonica player Gary Preston, who is well-known to Salt Spring blues fans. Preston started his

career in Winnipeg with Big Dave McLean, Brent Parkin and others, and eventually made his way to Vancouver Island as opening act for Junior Wells and Otis Rush. Preston now has his own popular band, Gary Preston and the Harpoons.

Bass player BB Gordon has also performed with big names such as McLean, Parkin, Colin James and

the Supremes. "Without a doubt, one of the best in the west," states press material.

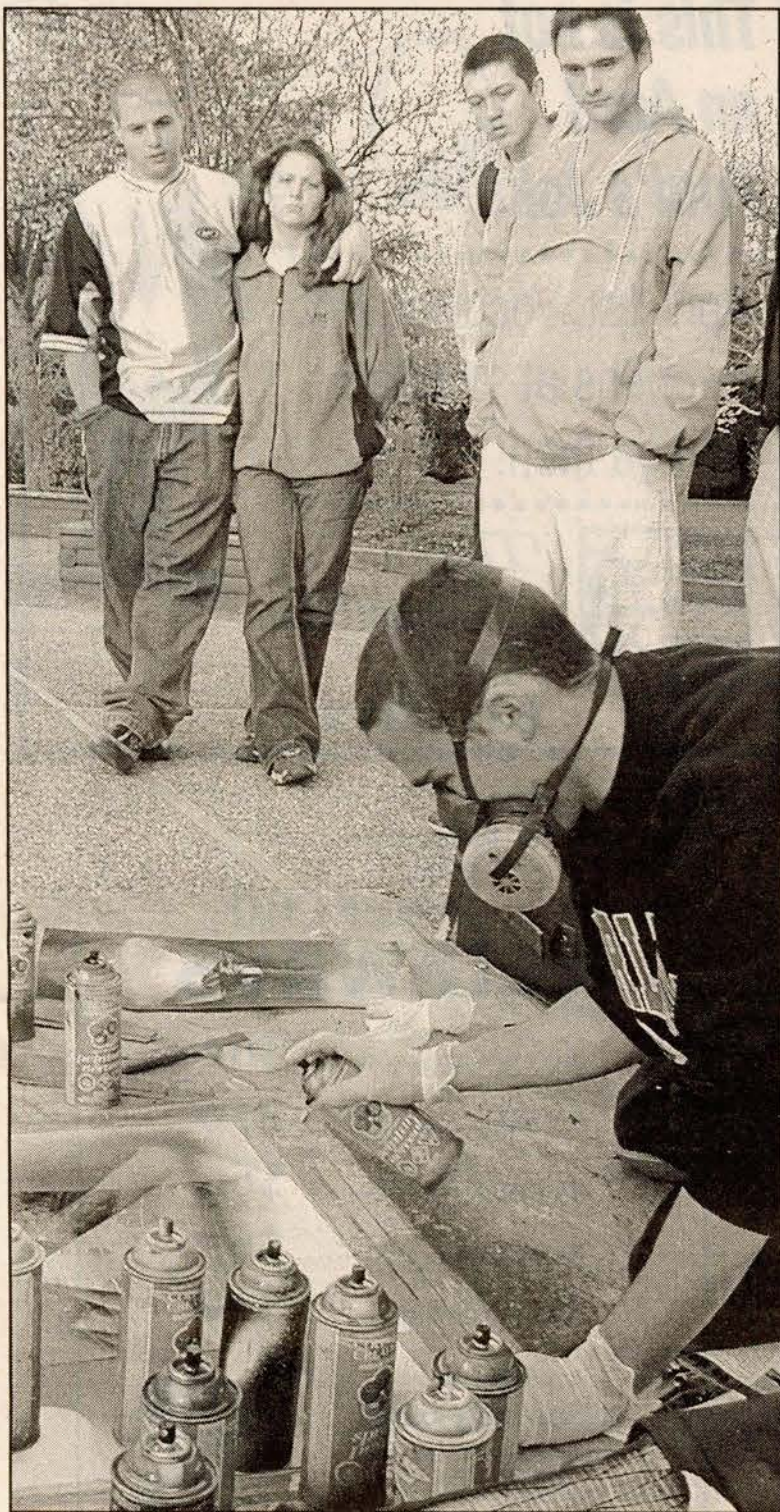
Marco Ibarra is known as one of the hottest drummers in Canada and is always in demand as a top west coast session man.

Darrell Mayes is also a premier Canadian drummer, currently working with the band Prism. He played with the Colin

James band for seven years, and then went on to co-write and produce an album with Jerry Doucette.

Piano player Willie MacCalder is famous for his part in the Powder Blues Band.

Tickets for Johnny Tornado and the West Coast Flyers are \$10 and available from the front desk at the Harbour House.



**SPRAY CAN WIZARD:** Former Salt Spring resident Rob Seagrave-Peel uses spray paint to create stunning works of art while others look on. The artist was spotted in Centennial Park Thursday.

Photo by Derrick Lundy

## Colourful dance troupe at Fulford

The Fulford Inn presents colourful, Middle-Eastern-style entertainment with the Al Ahsan Dancers this weekend.

The six-member dance group from Sidney has performed at all kinds of venues, ranging from community events and restaurants on the south coast to international competitions.

They perform ethnic and modern dance styles, using spectacular costumes and both traditional and current Middle-East music.

Shows will run Friday and Saturday nights.

Al Ahsan is complementing the inn's Greek Fest, with Greek food served all weekend.

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# Playback Theatre's magic chair takes a trip deep into the forest

Playback Theatre is back this Friday with an interactive piece called "Deep into the Forest: Stories of Eros and Power" that invites us to come and explore our relationships with the natural.

"Is the earth your lover, awakening your senses, filling you with awe? Or is it a stranger, waiting to be mastered, serving your needs?" are the questions listed on the Playback Theatre poster.

This brings to mind the Texada clear-cutting issue and incidents such as the logger who referred to a tree he was cutting in derogatory terms as witnessed by protesters at the Spirit Camp off Musgrave Road.

Playback Theatre member Susan Cogan agrees that the group did explore this aspect of power domi-

nance, as opposed to positive sensual relationships with the earth, in their rehearsal.

"There's no question that what's on our plate as a community is the clear-cutting," said Cogan.

Yet what happens at a Playback Theatre event can be as deep and wide as any forest you might care to venture into because the pieces presented by the actors are inspired during the evening by those who attend the event.

It could be about the time-honoured tradition prevalent in many cultures of people celebrating the spring by going into the forest to make love with a stranger.

It could be about an erotic experience with the wind.

It even could be about children holding hands in a circle instead of

being confined in a hierarchical power structure.

Or it could be about having the heart of a flower child but driving a car that pollutes the earth, said Cogan.

Participants are invited to tell their stories which are then improvised by the group's actors.

"If somebody has the courage to sit in the magic chair, the teller's chair, then it becomes a gift to the whole community," said Cogan.

"Courage has its rewards. The story, like the field theory, will spread out and touch even those who weren't there."

Cogan, however, expects a large crowd on March 31 and suggests people arrive early with the start time being 7:30 p.m. in the United Church upper hall.

## CAC agm, Mahon Hall 'spruce up' set

Gulf Islands Community Arts Council affairs "are returning to a sound footing," says the council's interim president Ken Mackenzie.

With its annual general meeting set for Sunday, April 2, 2 p.m., at Mahon Hall, the council should also be able to move forward after a tumultuous year of controversy.

At the AGM, a new slate of officers will be elected, the budget and financial situation will be discussed, as will ArtCraft and a resolution to obtain a loan of not more than \$40,000.

ArtCraft is proceeding as usual, Mackenzie confirms, and will run from June 2 to September 17.

Judy Mitchell will again be its manager. A spruce up Mahon Hall day has also been set for Sunday, May 7 at 10:30 a.m.

The council is also now working with the Farmers Institute, other interested groups and the school board, with the aim of establishing a community committee to manage and operate the hall, which desperately needs money and attention.

## Salt Spring dancer leaps and twirls off to top provincial event

Salt Spring dancer Andrea Bartle has qualified for the provincial championships following three first-place performances at the Cowichan Music Festival earlier this month.

Bartle learned of her selection at the festival's "Highlights" concert March 15, where she also received a scholarship and bursary.

She will compete for the first time in the senior division of the dance segment at the B.C. Festival of the Arts, set for May in Nelson.

At age 15, she will be among the youngest competitors in the 15-20 age category. Last year she qualified for the intermediate division at the B.C. festival.

Bartle prepared solos in stage, jazz and musical theatre classes in Duncan, and will do the same three at the upcoming Greater Victoria Music Festival and Danceworks competition.

Bartle also does group work with talented and hard-working senior dancers she became

friends with at a Duncan-area dance school that has since folded.

"They've danced together forever — since they were little," explained her mother Jill Bartle.

Bartle, who is in Grade 10 at Gulf Islands Secondary, has teachers in Victoria and Cobble Hill. She now has ballet coaching from Jill Smith on Salt Spring.

"It's nice to be doing some of her dancing on the island," said her mother.

They go off-island for dancing about four days a week, and have made many friends and connections in the dance world.

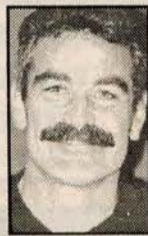
Bartle began her dance training locally with Sue Newman.

### CROSSWORD ANSWERS FROM PAGE B11

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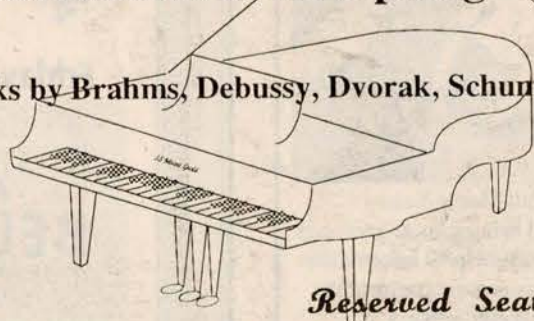


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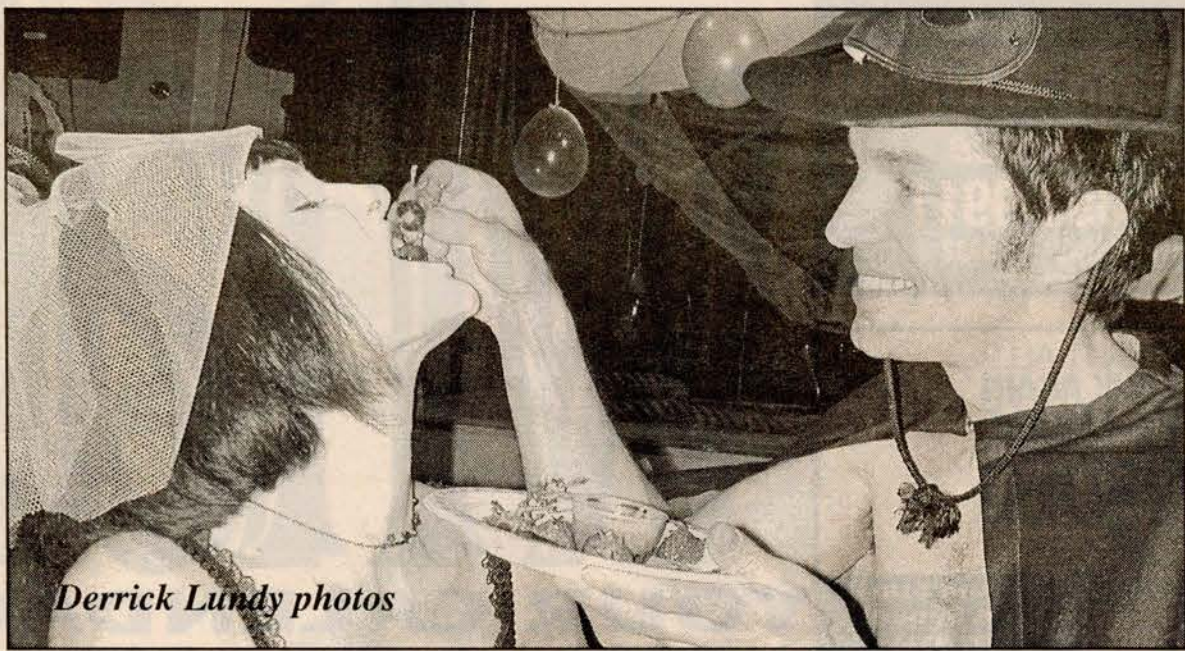
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Derrick Lundy photos



Seen at the Eros Ball Saturday night were, clockwise from top, Holger Herman feeding Sasha Suki, Gail Bryn-Jones, left, and Leslie Correy, Susheela and John Herbert, musicians, from left, Mike Simpson, Ian Van Wyck and Laurent Boucher, wolf Jim Russell and Little Red Riding Hood Andrea Leake, and dancer Anna Haltrecht.

# Licks and kicks at the Eros Ball



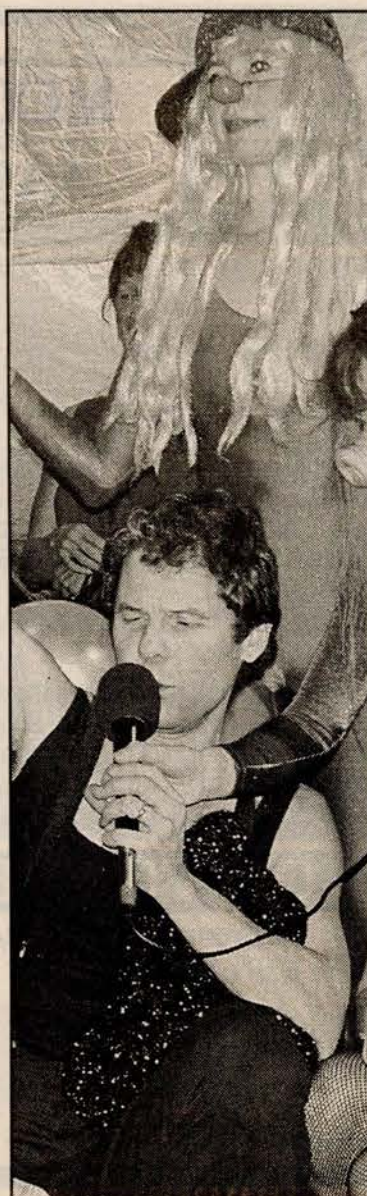
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## stage

- **Deep Into the Forest** — an opportunity to tell stories of eros and power, have them re-enacted and transformed by Salt Spring Playback Theatre Co. An exploration of both the creative and destructive aspects of our relationship to nature. United Church, **Friday, March 31, 7:30 p.m.** \$7 admission includes refreshments.
- **Through Eros Coloured Glasses** has been cancelled due to the death of Mary Williamson.

## music

- **Johnny Tornado and the West Coast Flyers** play rhythm and blues at the Wheelhouse Room, Harbour House Hotel, **Thursday night, March 30.** Tickets are \$10 at the hotel's front desk.
- **Al Ahsan Dancers** perform Middle-Eastern dance at the Fulford Inn as part of Greek Fest weekend. **Friday-Saturday, March 31, April 1.**
- **Live April Fools Jazz** featuring Ramesh Meyers, Gary Lundy, Ian Van Wyck and Laurent Boucher. Rose's Cafe, **Saturday, April 1, 8 p.m.** \$5 cover.
- **Salt Spring Stompers** perform at Sunday Dinner Jazz at Moby's, **April 2, 7 p.m.**
- **Music and Munch** features soprano Betty Rothwell and accompanist Shirley Bunyan with melodies from shows past and present. Free recital followed by lunch at All Saints By-the-Sea, **Wednesday, April 5, 12:10 p.m.**
- **Wednesday Night LIVE!** at Moby's, hosted by Charles Wilton, **April 5, 9 p.m.**

### EVERY WEEK:

- **Argentinean Tango Practice** at Lions Hall, every Wednesday, 7:30 to 9:30 p.m. \$3 drop-in. Info: Margie, 537-2707.
- **Seniors Sing-along** at Salt Spring Seniors takes place every Thursday at 2 p.m.
- **Alfresco Restaurant** — Barrington Perry plays piano every **Saturday** evening starting at 6 p.m.
- **Harbour House Bistro** — Pianist Murray Anderson performs every **Saturday and Sunday** at lunch or dinner.
- **Harbour House Lounge** — Brent Streeper performs on keyboards most **Saturday** nights.
- **Fulford Inn** — Buck and Dave Roland play every **Sunday** from 4 to 7 p.m.
- **Midnight Mondays Cafe** — at Rose's in Fulford. The cafe is open until midnight every **Monday** for an after-hours acoustic jam session with all musicians (and audience members) welcome.

## meetings

- **Community town hall meeting** regarding Texada Lands. At Fulford Hall, **Thursday, March 30, 7 p.m.**
- **Soiree Francophone**, a meeting for families with children in Grade 5 who may be interested in the Grade 6 Late French Immersion program at Salt Spring Island Middle School. At SIMS student centre and library, **Thursday, March 30, 7 p.m.**
- **Annual Salt Spring Island Women's Fastball** group meeting. Portlock Park portable, **Thursday, March 30, 7 p.m.**
- **Salt Spring Community Kitchens** information meeting, for people interested in forming groups which cook together and bring home affordable, nutritious meals. At Family Place, **Friday, March 31, 1:45 p.m.** Info/registration: Tamara, 537-5223.
- **Gulf Islands Community Arts Council** annual general meeting. Mahon Hall, **Sunday, April 2, 2 p.m.**
- **Salt Spring Island Cancer Support Group**, with guest speaker Michael Boyle. Lions Hall, **Monday, April 3, 1-3 p.m.**
- **Genealogy meeting** — discussion group to share news and ideas. Anyone interested in their roots is welcome to attend. At Seniors Services building, **Wednesday, April 5, 7 p.m.** Info: Claudia French, 537-9942.
- **Queen Margaret's School** from Duncan, (enrollment) information evening. ArtSpring. **Wednesday, April 5, 5-8 p.m.** Info: Rebecca McKay, (250) 746-4185.

## activities

- **Salt Spring Seniors Services Society** presents a talk on the development of mail delivery and stamps, at Salt Spring Seniors, **Wednesday, March 29, 2 p.m.**
- **Building a Youth-Positive Community** — a public forum for youth and adults. Meaden Hall,

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# What's On

## YOUR CALENDAR

What's On is a reader service designed to highlight arts and culture events. Contact: 537-9933, fax 537-2613 or email: news@gulfislands.net

<p><b>wed MARCH 29</b></p> <ul style="list-style-type: none"> <li>• Youth Forum</li> </ul> 	<p><b>thurs MARCH 30</b></p> <ul style="list-style-type: none"> <li>• Johnny Tornado and the West Coast Flyers</li> </ul> 	<p><b>fri MARCH 31</b></p> <ul style="list-style-type: none"> <li>• Playback Theatre</li> <li>• Al Ahsan Dancers</li> <li>• Evening of Spirituality Community</li> </ul>
<p><b>mon APRIL 3</b></p> 	<p><b>tues APRIL 4</b></p> 	<p><b>wed APRIL 5</b></p> <ul style="list-style-type: none"> <li>• Betty Rothwell Shirley Bunyan</li> <li>• Wednesday Night LIVE!</li> </ul>
<p><b>sat APRIL 8</b></p> <ul style="list-style-type: none"> <li>• Poetry Night</li> <li>• Fisher, Knight, Kodaly concert</li> </ul> 	<p><b>sun APRIL 9</b></p> <ul style="list-style-type: none"> <li>• Fisher, Knight, Kodaly concert</li> </ul>	<p><b>mon APRIL 10</b></p> 

**FOR MORE DETAILS ON THE EVENTS ABOVE**

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LIMITED DEPARTURES IN APRIL. AIR TAXES, FUEL SURCHARGE AND FEES NOT INCLUDED.

- Wednesday, March 29, 7 p.m.**
- **Community Meditation** — Rev. Bob Wild leads a session titled Spiritual Journey, United Church, upper hall, **Thursday, March 30, 11:30 a.m.** to 12:30 p.m.
  - **Christianity in Crisis series** — A Sufi Christianity, Reclaiming the Mystical Heart of Christ, with Rev. Cynthia Bourgeault, at the United Church, upper hall, **Thursday, March 30, 6:30-8:30 p.m.** \$5, or \$8 for a couple. Includes dessert.
  - **An Evening of Spiritual Community, Friday, March 31** — see families, below.
  - **Call for Community Action regarding genetically modified foods** — a rally/march takes place beginning at 10 a.m. outside Thrifty Foods, heading to and reassembling at Ganges Village Market by 11:15, **Saturday, April 1.** Sponsored by the Salt

Spring Adhoc Committee for Safe Food and Water. Information: Michelle Grant, 537-9634.

- **The Dwarves' Quest** — The Dwarves are trekking across the island pushing wheelbarrows to raise funds for The Land Conservancy's Salt Spring Appeal. Come out, have fun, sponsor your local Dwarves. **Saturday, April 1.** They will make a stop at the Market in the Park at 10:30 a.m.
- **Foxglove's 11th annual Lawn and Garden Show** — 4-H animals and demonstrations ranging from moss hanging baskets to wood carving, growing subtropicals and water gardening. Free coffee and donuts. **Saturday, April 1, 9 a.m. to 5:30 p.m.**
- **Greece... an Artful Escape**, an illustrated lecture by Caterina Pizani of The Art Exchange. At Bouzouki Greek Cafe, Grace Point Square, **Sunday, April 2, 7:30 p.m.**

## for families

- **An Evening of Spiritual Community** for children and adults, with devotional songs and children focusing on their own spiritual journey. **Thursday, March 31, 7-9 p.m.** Info: 537-9766
  - **Toy Library** is open at Seniors Services building on **Tuesday, April 4**, from 9 a.m. to 5 p.m. Info: J. Susanne Hunter, 653-9788
- EVERY WEEK:**
- **Mom and Me Music** run by Seniors Services building from **March 2 to April 27** (except on Portlock Park portable from 9 a.m. to 12 p.m.) for children aged one to three years. Bring your own toot, rattle, jir

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# Season


## OF LOCAL EVENTS

of cultural events. To have your event listed here please call the Driftwood by noon Monday preceding publication.

<p>March 31</p> <p>theatre dancers spiritual</p>	<p><b>sat</b> APRIL 1</p> <ul style="list-style-type: none"> <li>Dwarves' Quest</li> <li>Al Ahsan Dancers</li> <li>Foxglove Show</li> <li>April Fools Jazz</li> </ul> <p>DWARVES QUEST </p>	<p><b>sun</b> APRIL 2</p> <ul style="list-style-type: none"> <li>Salt Spring Stompers</li> </ul> 
<p>APRIL 5</p> <p>ball and an Night LIVE!</p>	<p><b>thurs</b> APRIL 6</p> 	<p><b>fri</b> APRIL 7</p> 
<p>APRIL 10</p>	<p><b>tues</b> APRIL 11</p> 	<p><b>wed</b> APRIL 12</p> 

LOVE, SEE SURROUNDING INFORMATION.

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**MEADEN HALL - THE LEGION**  
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**Cinema**  
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**Russell Crowe**  
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 Tues. only \$5 all seats - Adults \$7 / Students \$6 / Seniors \$5  
 Kids under 14 \$4/Sun. & Mon. cinemaniac rewards

• **Love is Heaven/Love is Hell** — a six-week group for anyone wanting to explore ways of working through differences, moving through conflict and maintaining healthy relationships. For individuals as well as couples of any lifestyle. Location TBA. Starts **Tuesday, April 4**, and runs from 7-9 p.m. Cost for six weeks is \$120 or \$200 for a couple. Info and registration: 537-9114 or 537-9773.

## cable tv

• **The Tex-Files** has arrived! It's a collage of scenes from the first town hall meetings to recent blockades and protests; a modest record of remarkable moments in our community's efforts to stand up for the preservation and protection of the Texada lands. See and listen to the thoughts, feelings and actions of people who care and live by the motto: "Those who do not create the future they want must endure the future they get." (Draper L. Kaufman, Jr.) Tex-Files is followed by the award-winning **Rediscovery: The Eagle's Gift**, the story of native and non-native youth who embark on a rugged journey of self-discovery as they explore the magnificent wilderness and Haida India traditions of the Haida Gwaii. The Rediscovery Society's youth program enriches the lives of many young people who are at odds with themselves, their home life and the law. Join in the adventure and emotion of a six-day expedition along the rugged west coast as they explore ancient villages and burial grounds and go through the 24-hour "Solo" — being alone in the wilderness with only two matches and a raw potato. Haida Elders play a key role in passing on their culture and bring dignity and wisdom to the film, which is narrated by the late, great Canadian and Haida artist Bill Reid.

Runs **Monday, April 3** at 7 p.m. on cable channel 12.

## cinema

• **Bicentennial Man** — Robin Williams stars in this futuristic sci-fi based on a story by Isaac Asimov about an android who befriends a human family and learns about life and love. Williams re-teams with director Chris Columbus, who directed Mrs. Doubtfire. Tim Ferguson of The Dish says "A must see! Robin Williams is brilliant!" **Friday-Saturday, March 31, April 1, 6:45 p.m.; Sunday, April 2, 7:30 p.m.; Tuesday, April 4, 6:45 p.m.**

• **The Insider** — Director Michael Mann tackles the real-life story of a tobacco company whistle-blower whose life is nearly destroyed by coming forward with evidence of a corporate cover-up. Al Pacino, Christopher Plummer and Russell Crowe star in this top-notch thriller which was nominated for Best Picture and Best Actor.

**Friday, Saturday, March 31, April 1, 9:15 p.m.; Monday, April 3, 7:30 p.m.; Tuesday, April 4, 9:15 p.m.**

## arts & crafts

• Work on the eros theme by various **Alliance of Salt Spring Artists** members is on display in the non-gallery areas of ArtSpring.

• **Christine Crombie's** paintings are at Moby's for the month of March.

• Work by ceramic artist **Denys James** is at Bristol Hair Cutter Co.

• Photographs by **Dana Pennington** are on the walls of Sweet Arts Cafe.

• **Adrien Town's** paintings are at Roasting Co. in Ganges.

• Watercolour paintings by **Jonathan Yardley** are hanging at Island Savings Credit Union.

• Paintings by **Margie Korrison** can be seen at Luigi's pizzeria.

• **Elizabeth Grant's** work is on display at Skin Sensations.

## galleries

• **Vortex Gallery** presents **Wound, Scab, Scar**, a solo exhibition of new work by Deon Venter, through March, plus a group exhibition of new work by gallery artists, lower level.

## families

Community — for child devotional time, separate us groups and activity, Lions Hall, **Friday, March 31.**

at Beaver Point Hall on 9-10 a.m., and on alternate Twaites, 537-5453; 3.

is every **Thursday** from (including March 23) at the m 9:30 to 10:30. For tots (approximately); bring angle or drum. \$2. Info:

Hannah Kahane, 537-4416.

• **Story Time at the Library** — with Jean Voaden, every **Tuesday** from 10-10:30 a.m., for kids aged 3-5 and their parents.

• **West of the Moon** — Story time with Susan every **Monday** morning from 10-11 a.m.

• **Fairy tales and myths with Shauna Grylls**, at Mary Hawkins Library every **Thursday** from 3-4 p.m.

• **Family Place** drop-in hours are **Monday through Thursday**, 9:30 a.m. to noon. Info: Family Place, 537-9176. Counselling by appointment.

• **Friday night roller-blading** at Fulford Hall, every **Friday**, 7:30 to 10 p.m. \$2 for kids, \$4 for adults.

## for health

• Family to Family education and support

course for caregivers of people with mental illness. Free 12-week course sponsored by the B.C. Schizophrenic Society. All Saints By-the-Sea each **Wednesday** at 7 p.m. People can join group, which commenced March 15, until March 29. Information and registration: Barry or Betty Pinchin, 537-2543.

## workshops

• **Ebb of Flesh, Flow of Breath** — introductory session to a workshop series being offered by Ahava Shira is at the Core Inn, **Wednesday, March 29, 7:30 p.m.** Cost is \$10. Info and registration: Ahava, 537-4510.

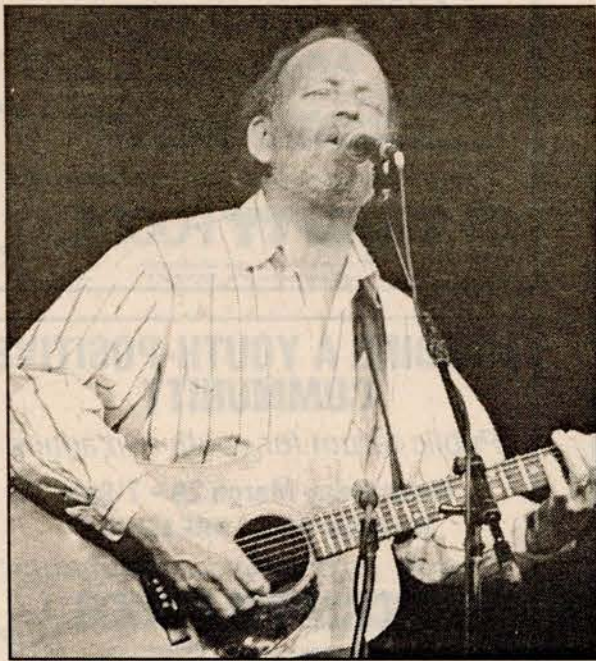
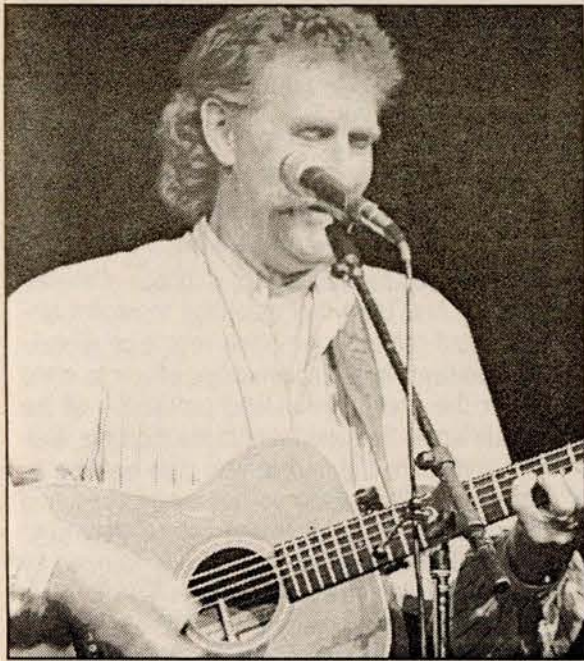
• **Living Language Sacred Dance class** — covers ceremony, movement, intent. At Beaver Point Hall, **Wednesday, March 29, 2-3 p.m.** \$10. Info: Tamu Miles, 653-4573.

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**A NIGHT TO REMEMBER:** Salt Spring was the place to be Friday night with great musical feasts taking place at ArtSpring — where Valdy (centre) and Gary

Fjellgaard staged a CD release part — and the Harbour House Hotel which featured singer-songwriter Simone Grasky followed by the famous

Auntie Kate (right) and the Uncles of Funk.

Photos by Derrick Lundy

## Spankin' cowboys and raw energy on Friday night stages

By ANASTACIA WILDE  
Driftwood Contributor

If it was action you were looking for last weekend, Salt Spring Island was the place to find it.

Friday night fever first struck Ganges with the CD release concert by Valdy and Gary Fjellgaard at ArtSpring.

Being somewhat virgin to the island folk music scene and nothing near a prairie cowboy, I was nonetheless awed at this engaging and flawless musical performance.

Both seasoned folk musicians and singer-songwriters with enough material to keep the house rocking till dawn, Valdy and Fjellgaard opened the first set picking and strumming with unabashed abandon, showing what a few decades of practice can do for guitar-hungry fingers.

Their blend of voices was especially superb and anybody in command of their tactile and sensual senses could tell point blank these guys were there to have a good time. Clearly professional, these artists have left the rockiest road behind them and are looking out into open spaces with child-like wonder.

Valdy, frolicking like a peacock, and no less colourful, came off at times a bit cocky, but then again, I guess he's earned it. With no less than 13 albums and a few Juno awards under his belt, I only heard one buzz in his literal umpteenth guitar lick the whole show — and I was listening for it.

After a few tunes from their hot off-the-Nomad-Music-press CD *Contenders*, Valdy lost a coin flip, skipped stage and let old-time logger, cowboy and "musickateer" Fjellgaard take centre spotlight.

Okay, I admit it.

I was born and raised in a big city and the closest thing I saw to a horse growing up was a poster of Will Rogers I snagged at a local shopping mall.

But I kid you not. This Fjellgaard is a veritable, authentic, spanking real-as-life Canadian cowboy, even if he does live on Gabriola Island.

His set was studded with yellow moons and open prairie and heart-break trails and loyal horses and unspoiled meadows and worn saddles and eternal sunsets and idealized heroes and riding fast, hard, footloose and fancy free.

Fjellgaard's emotionally charged voice carried with it the rough edges of life; rich in depth and tone, yet vulnerable enough to capture the very elements that make it free and songworthy.

"To whoever has been on horseback above timberline and gazed out over creation in wonder," cooed Fjellgaard as he introduced *Reigns Of Glory*, a moving song which highlighted the theme of peace in solitude and silence.

While the tunes themselves were jewels, so was the space between songs which Valdy and Fjellgaard filled skillfully with detailed stories and one-liners, layered with the stuff of life.

"To all those in love and accepting the Earth as a wonderful place to live while you're in love," said showman Valdy, who sang I guess I am Blessed After All, an upbeat love song he wrote for his wife Kathleen.

My only quibble about this spectacular show was that these guys were having almost too much fun. Somehow, being saved by cow-

boys and headlining every cowboy's dream isn't enough. I'd rather be a boy in this musical. They get all the action.

The second half of Friday night fever led me to the Harbour House where the talented Simone Grasky put on a brave face and debuted her all-original set opening for the fiery Auntie Kate.

Playing to a full and dance-eager house, Simone admitted she was nothing short of terrified. "I felt highly exposed," the 34-year old singer-songwriter said. "I have to get over the hump of showing people stuff that I've had hidden away."

And what exactly has she been hiding away?

Mainly "opinionated, relationship stuff," explained Simone, who started as a back-up singer when she was 13, then worked her way up to lead singer with top-40 bands in Vancouver where she was born.

While she may have been nervous, Simone has a royal dignity

and unpretentious sensuality in her that rallies her well-trained and versatile voice easily into the spotlight.

"Singing completes me. It's like an arm. I'm completely lost without it," explained the singer and mother, who had to stop singing for five years because of problems with her throat.

Simone was backed up by drummer extraordinaire Laurent Boucher, funky bassist Bob Delion, and slippery-fingered guitarists Paul Mowbray and Mike Lamers.

Auntie Kate didn't waste any time warming up her engines. She and the Uncles of Funk started burning rubber the moment they hit the stage.

In fact, anyone out for a first date would have been lucky to get a word in edgewise with this high-energy, non-stop soul singer belting out tune after tune.

Not that anyone in their right mind would have stood in her way. Experiencing Auntie Kate for

the first time, this five-foot powerhouse of a vocalist makes lava look lukewarm.

Sweat and raw movement dominated the Wheelhouse Pub until last call and the rectangular dance floor, meagre though it was, served as a conduit for what one elderly couple coined a "primal" experience.

Brilliant in her blue-sequined jacket and colour-coordinated, glimmering blue accordion, the Salt Spring-born-and-raised Auntie Kate gave everyone their money's worth. And more.

"If you do something you love and people respond favourably to it, you gotta go with it," said the 44-year-old vocalist, who describes her work as a "public display of affection."

Like I said, the epicentre of Salt Spring's music scene shook hard in downtown Ganges Friday night and if you missed the earthquake in creativity, don't worry. These entertainers are locally grown and the organic seed always abides.

# SPRINGTIME


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# Williamson's wit and wisdom missed

By TANYA LESTER  
Driftwood Staff

Mary Williamson, who died on March 23 at 6:20 p.m., made numerous contributions to Salt Spring's community as an actor, feminist and social activist.

The thread that ran through much of what she did was her wonderfully intelligent wit.

As pointed out by Janice McClean, who was on the International Women's Day (IWD) committee that honoured her among 20 Salt Spring women in early March, Williamson was well known for the kind of humour that made people reflect on an issue after the laughter had subsided.

"The content of the things that she said was poking fun at male stereotypes," said McClean, remembering Williamson's performance at an IWD event at Alfresco's in 1994. "It was done in a way that was not offensive but people would think about it afterwards."

In light of how Williamson melded her humour, feminism and spirituality, it seems appropriate that during one of her last performances, in the Christmas sing-along at ArtSpring, she took a swipe at some of the most hallowed men featured in the Christmas story.

"If the Three Wise Men were women they would have been on time because they would have stopped and asked for directions," she was quoted as saying in the Driftwood.

Williamson's theatrical humour was very original, focussed and resourceful, according to Maggie Schubart, who worked with her on several social-responsibility campaigns including those concerning disarmament, the Multilateral Agreement on Investment and the World Trade Organization.

Schubart said Williamson was always capable of getting quickly to the point on any issue of concern to her. She was astute in her criticism and not one to shy away from taking a stance.

Laurie Clarke has many "beautiful memories" of Williamson, particularly when they were both backstage during Salt Spring Hysterical Society performances.

As they put on their stage make-up together, Clarke said Williamson would often talk about politics and social issues with great indignance and humour.

There was always a radiance about Williamson on stage and her timing was superb, said Clarke.

The audience would respond to her stand-up comedy with a crescendo of impromptu applause.

"She will be deeply missed," said Clarke. "It's a profound loss. She was a great woman and she's a tough act to follow."

Clarke remembers Mary Williamson's husband, Harry Williamson, would drive her to the theatre before the play and carry her wild selection of costumes up

Williamson was involved with the Hysterical Society almost from its beginning 13 years ago. That is where Arvid Chalmers got to know her.

"Working with her was a joy," said Chalmers, who dubbed their friendship as one of "mutual fans."

"We generally got angry at each other but we were the best of friends."

Last spring, Williams and Chalmers acted the two parts in a play called Vigil. Williams said afterwards, that the play appealed to her because it only had five lines in it which fit nicely with her aversion to memorizing lines.

Both, however, did a superb job interpreting their characters. "That was a wonderful experience," said Chalmers. "It was a great process."

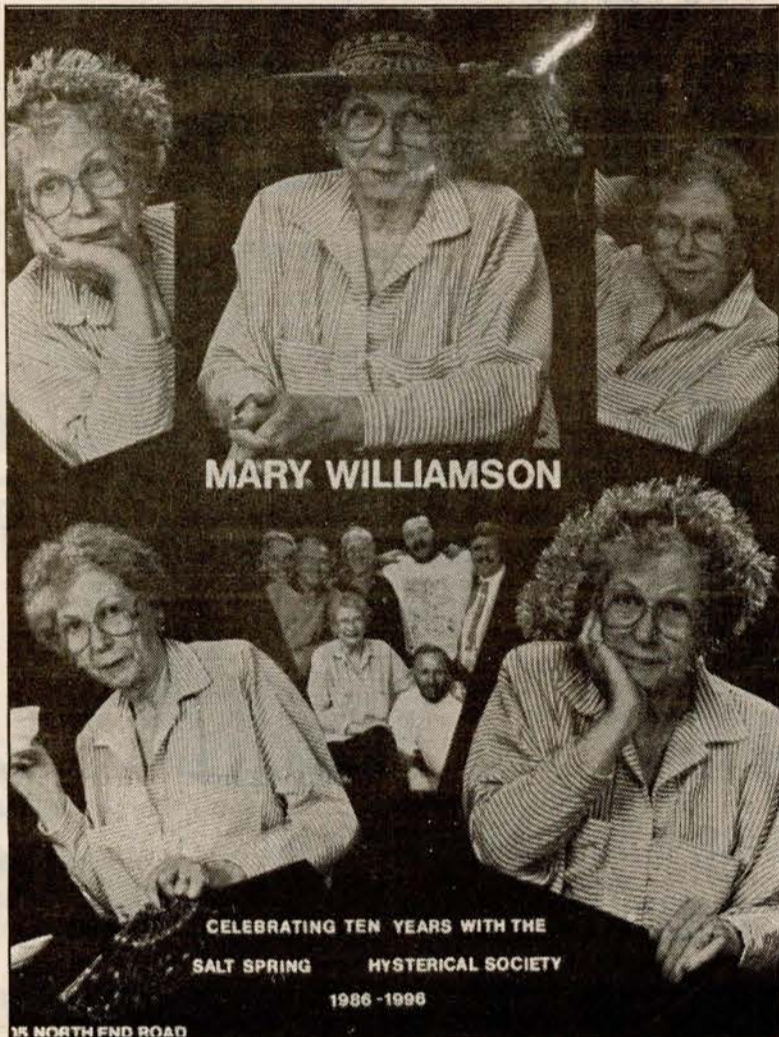
In the play, Chalmers' character told the one played by Williamson that he would plant an amaryllis in the earth on her grave.

Chalmers went on to say his own amaryllis bloomed this spring just around the time that Williamson became ill.

The flower died during the past week.

"Her death is going to leave a big whole in my life and everyone's," said Chalmers.

Mary Williamson died peacefully in her sleep with her family around her. She is survived by her husband Harry, son Timothy, daughter Megan, granddaughter



Faces of Mary as photographed by David Borrowman

to the back of the stage. Then, he would go sit in the audience to watch.

This was part of how the couple shared everything together, including their love for literature and travel, said Clarke.

Cheyenne and her adopted sister Vi Swift.

A memorial service will be held in honour of Mary Williamson at the Salt Spring United Church on April 4 at 2 p.m.

A tribute in celebration of Williamson's life is being organized by the Hysterical Society with the date and other details still to be announced.

In lieu of flowers, donations to a charity of your choice can be made in Williamson's name.

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- **24 HR. CRISIS LINE:** Dial 0 and ask for ZENITH 2262 (no charge). Caller is connected with the Need Crisis Centre in Victoria.
- **EMERGENCY FOOD BANK:** Open Tuesday 11-3.
- **COUNSELLING SERVICES:** Crisis and short-term counselling provided by Community Workers.
- **SUPPORT GROUP:** For parents of special needs children - behaviour, school issues, etc. 2nd Wed. each month 537-1232.
- **ALCOHOL & DRUG PROGRAM:** Prevention & treatment service is free & confidential.
- **FAMILY PLACE: DROP IN** - for parents & children under 6 yrs. Mon.-Thurs. 9:30-12 noon. **CLOTHING EXCHANGE** - open daily. 537-9176
- **RECYCLE DEPOT:** Open Tuesday - Saturday from 10:00am-5pm, 349 Rainbow Rd., 537-1200.
- **COMMUNITY WELLNESS PROGRAMS COORDINATOR:** Call Sharon Glover at 537-4607.
- **Emergency Mental Health Services available:** 4pm to midnight. Access is available through the Emergency Room at Lady Minto Hospital call: 538-4840

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## Course looks at curbing conflict

Shifting from conflict and resolving issues on a deeper level in relationships will be the focus of an upcoming course by Salt Spring counsellors Sharon Bronstein and Alan Caplan.

The series, called Love Is Heaven/Love Is Hell, has spring-boarded from an earlier course conducted by Caplan, who discovered by working with abusive men that their behaviour often occurs due to feelings of vulnerability and powerlessness.

Kaplan and Bronstein (who may be better known on Salt Spring as Sharon Marmorstein) believe women experience parallel issues around anger and control, and expect the follow-up course — for men and women — will help participants “explore what’s underlying their patterns.”

The two counsellors plan to use theatre and drama therapy in the course, says Bronstein: “We are going to use people like human clay and sculpt key patterns.”

It will also involve the crafting of “key principles” to live by in relationships. Bronstein says she and Caplan have developed their own set of principles which have proved useful in helping them work through conflicts.

Love Is Heaven/Love Is Hell is open to single people, people in relationships or couples.

It runs Tuesday nights from 7-9 p.m., from April 4 to May 9. Cost is \$120 per person or \$200 per couple, and is limited to a maximum 16 people.

## Friedman talk slated for Victoria

A Salt Spring psychologist will headline the Island Adult Development Association’s annual general meeting with a lecture called “Body Image, Felt Sense and How To Use It.”

In the lecture, which takes place April 5 in Victoria, Alice Friedman will discuss how body sense relates to connections between thoughts, feeling, sensations and actions.

The free public lecture will be held at the Eric Martin Pavilion Theatre beginning at 7:30 p.m.

Friedman has been in private practice as a registered psychologist for 20 years. She has been a certified Feldenkrais practitioner since 1987, and has integrated Feldenkrais into her work.

She also recently graduated from training with Peter Levine, author of *Waking the Tiger: Healing Trauma*, and is one of a small number of people authorized to conduct Somatic Experiencing — integrating body, mind and spirit in order to thrive.

Friedman believes, “the type of learning process you use to transform yourself simply depends upon where you want to start: the mind affects the body and the body affects the mind. Improvement is always possible.”

The Island Adult Development Association’s mission is the advancement of adults with attention disorders and learning disabilities; however, the lecture will be of interest to anyone “wanting to



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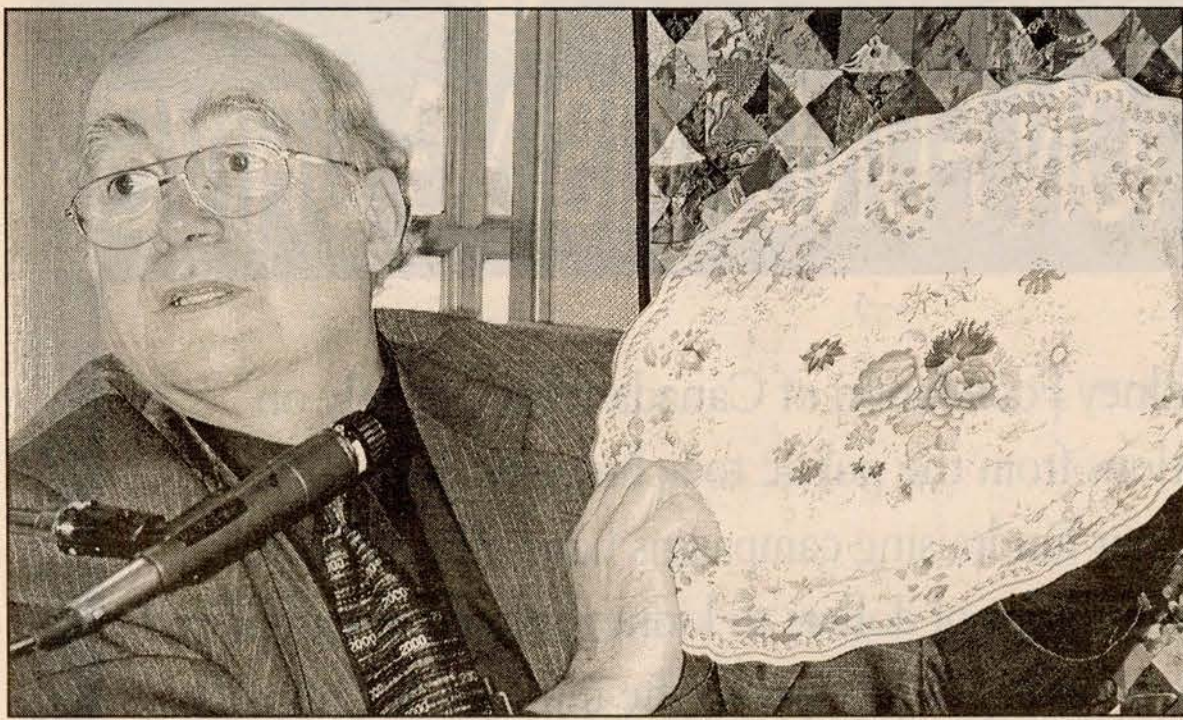
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**ANTIQUE ROAD:** Appraiser Al Bowen holds an 1860 Emerald Roses platter brought by Dorothy Vaughn to Antique Road Show held Saturday at the Lions' Hall. The highly success-

ful event was organized as a fundraiser by the local branch of Canadian Federation of University Women.

Photo by Derrick Lundy

## Intertidal beach study looking for volunteers

Into its second year of beach mapping, the Salt Spring Intertidal Study Group is ready to take the next big step in developing a vital database for the island's endangered shoreline.

The goal is to eventually create a database similar to the state of California, which has had a 35-year study of the effects of such things as erosion and fuel spills on its coast.

The local group has four years left on a five-year grant from the Georgia Strait Alliance to complete the project and desperately needs volunteers.

"We're looking for a minimum of eight people, even if they can only commit to one study, which will take about six hours," said

group spokesman Chuck Sigmund. "Basically we need some sort of monitoring system for Salt Spring's beaches."

The group started last year gathering Quadrat Beach Study information at four island beaches but now feels it must expand its area of study. An eventual goal is to include all island beaches in the database.

It has also set up a partnership with the Department of Fisheries and Oceans to include its local data in the federal department's database.

Anyone interested in joining the group can contact Sharon Bywater (537-5000) or Charles Dorworth (537-8993) for an information package.

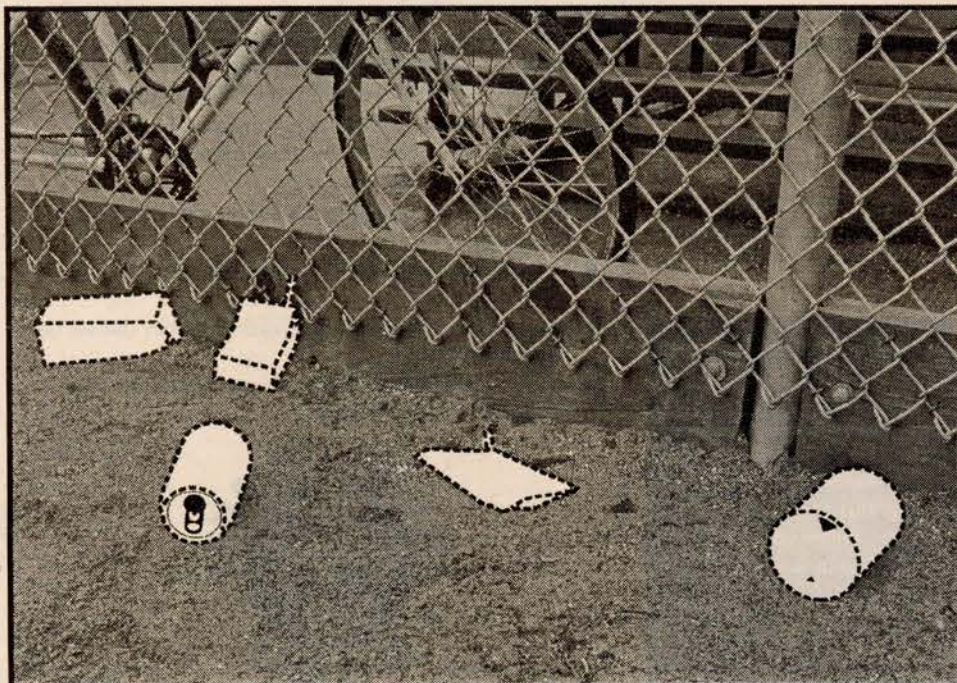
## BRIDGE TRICKS

At the Gulf Islands Duplicate Bridge Club on March 13, Irene Hawksworth and Yvonne Sollitt came in first, followed by Joan Conlan and Isabelle Richardson.

On March 20, Conhor Vane-Hunt and Ron Dickson were the winners, Conlan and Richardson came in second place, and third were Jim Bradford and Trinlay McPhee.

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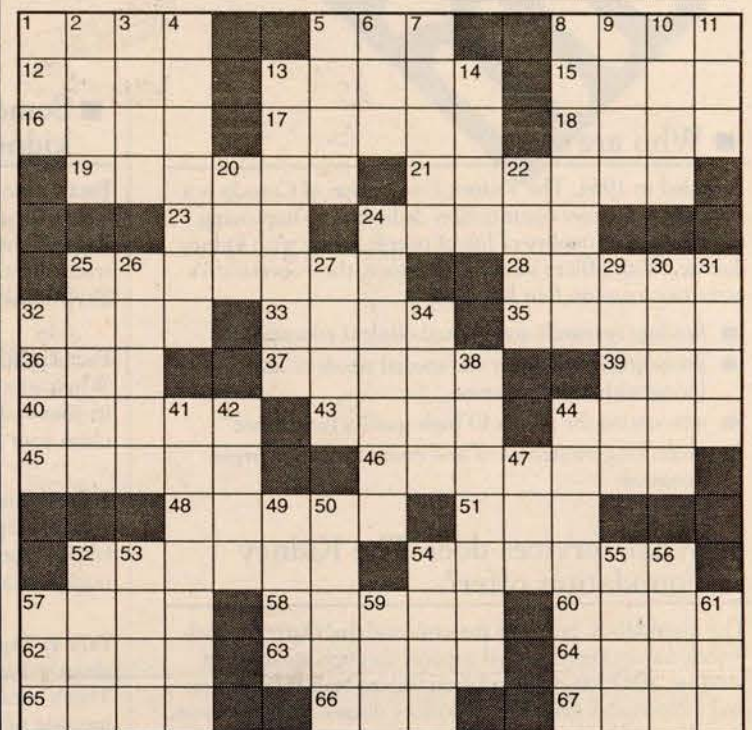
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### ACROSS

1. Mrs. Peel on *The Avengers*
5. Kansas's Landon
8. MD-to-be's course
12. Highland heathland
13. Type of stone or stream
15. Baba Ram Das, for one
16. Scrap
17. Guido's love
18. Settled
19. Stanley's *Streetcar* shout
21. Fiends
23. "Tell \_\_\_ Lie" (hit song for Janie Fricke) (2 wds.)
24. Skiing locale
25. Straightened
28. First name in cosmetics
32. Singer Kristofferson
33. Showed up
35. \_\_\_ the Revolution Without Me (1970 film)
36. Sharpshooter's talent
37. Madonna film
39. \_\_\_ Tin Tin
40. Sherpa's country
43. Amor
44. \_\_\_ Raton

45. Borden symbol
46. Bobbysocks' kin
48. Part of RCMP
51. Motorists' gp.
52. Fir tree
54. Industrialist Carnegie
57. Delhi wear
58. Ape
60. Cannon of films
62. "I sometimes hold it half \_\_\_" (Tennyson) (2 wds.)
63. Playground item
64. Logician's conclusion
65. Grant
66. Chemical suffix
67. "The White \_\_\_" (Thurber)

### DOWN

1. A mammal has three
2. Top Job appliers
3. Rampart surrounder
4. Goddess of female athletes
5. \_\_\_ mater
6. Forfeits game
7. Richard and Henry
8. Versus
9. Without value
10. Onassis and Meyers
11. Nickname of Howard Carter's discovery
13. Gyroscope's attribute
14. Like a well
20. Item in the Colonel's bucket
22. '60s peace signs
24. Farragut's rank
25. Historian Durant
26. Walks lamely
27. Soffit locale
29. Predicting card
30. Severeid and Clapton
31. Highest volcano in Europe
32. Welles role
34. Collar type
38. Obliquely
41. United, for one
42. Gorcey and Carroll
44. Like some irises
47. "When I was a \_\_\_"
49. Thanksgiving side dish
50. Talk \_\_\_ a minute (2 wds.)
52. Crude
53. Like the desert
54. Confidential assistant
55. Rochester's Jane
56. Pay
57. Bomber gp.
59. Part of an hour: abbr.
61. Munch's homeland abbr.

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**T**he Kidney Foundation of Canada relies entirely on donations from the public to achieve its goals. Since 1964, our fundraising campaigns have allowed us to contribute millions of dollars to kidney-related research, and to provide a variety of services to the millions of Canadians who suffer from kidney failure and kidney related diseases.

### Who are we?

Founded in 1964, The Kidney Foundation of Canada is a national volunteer organization dedicated to improving the health and quality of life of people living with kidney disease. With offices in every province, the Foundation's activities focus on four key areas:

- funding research and related clinical education
- providing services for the special needs of individuals living with kidney disease
- advocating for access to high quality healthcare
- promoting awareness of and commitment to organ donation

### What services does The Kidney Foundation offer?

The Foundation provides patients and their families with emotional and educational support through a variety of services. All Kidney Foundation offices offer information and educational materials on kidney disease and treatment, as well as referrals to local community services. Short-term financial assistance (for expenditures related to the patient's medical condition) may be made available for those in need. Other services offered by the Foundation vary depending on local needs and resources. These services can include:

- patient symposia and education days
- peer support programs and self-help groups
- bursaries
- dialysis camps
- travels loans
- social event for patients and their families



THE KIDNEY FOUNDATION IS COMMITTED TO SUPPORTING RESEARCH EXCELLENCE

### Some facts about kidney disease

**Fact 1:** More than 2 million Canadians suffer from kidney failure or some form of kidney-related diseases such as diabetes, high blood pressure, kidney stones or urinary tract infections. (That's enough people to fill the SkyDome in Toronto each day for a month.)

**Fact 2:** Kidney failure is a life-threatening condition. When your kidneys fail, toxic wastes and fluids accumulate in your body. You need dialysis treatments to artificially clean your blood, or a kidney transplant.

**Fact 3:** More than 2,400 Canadians are on a waiting list for a kidney transplant. Some of them will die waiting because there is a critical shortage of organs available for transplantation in Canada.

**Fact 4:** Organ donation from one single donor can help about a dozen people, including two kidney patients. That's because each kidney transplant recipient receives just one new kidney (the body can function quite well with just one healthy new kidney).

### Why does The Kidney Foundation support organ donation?

The Kidney Foundation actively promotes awareness of, and commitment to, organ donation because kidney transplants:

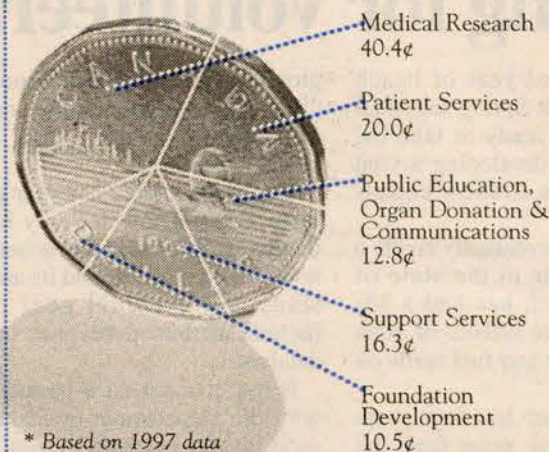
- provide a better quality of life than dialysis
- are 85 - 95% successful (and that rate is improving every year with advances in medical research)
- can actually save the healthcare system money
- can't be performed unless organs become available and a number of Canadians die each year waiting for a transplant

## THE KIDNEY FOUNDATION

The Kidney Foundation of Canada is committed to helping Canadians living with kidney disease. For further information on our programs or services, or if you wish to help us in our efforts, please contact The Kidney Foundation of Canada office in your area.

You can also visit us at our Web site at [www.kidney.ca](http://www.kidney.ca).

### How The Kidney Foundation spends a dollar\*



\* Based on 1997 data

### Why is research into kidney disease so important?

Without medical research, treatments such as dialysis, organ transplants and anti-rejection medications would simply not have been developed. The Kidney Foundation is proud to play a leading role in the promotion and funding of kidney-related research in Canada. Hundreds of Canadian researchers have been funded by The Kidney Foundation, and their important work has resulted in:

- major advances in dialysis treatment, which have dramatically improved the life expectancy and quality of life of kidney patients
- more effective procedures for kidney and other organ transplants
- non-surgical methods of treatment for specific kidney stone problems
- increases knowledge of the effects of kidney disease on the human body
- improved understanding of the emotional impact of living with kidney disease



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