



Lady Minto Gulf Islands Hospital COMMUNITY NEWS

To the People of the Southern Gulf Islands

MAY 1994



THERE ARE OVER 100 HEALTHCARE PRACTITIONERS IN OUR COMMUNITY who offer healing, comfort and better health to us all, each in his or her own way, every day of the year. Left to right, back to front: Carolyn Creswick Nursing Supervisor, Home Support Services, Bill Lea Dentist, Alda Blaines Chiropractor, Lon Orrick Second Unit Chief, Provincial Ambulance Service, Penny Polden Assistant Administrator, Greenwood's, Charles Alsberg N.D.,

Naturopathic Medicine & Acupuncture, Gillian Mouat O.R. Supervisor, Lady Minto Hospital, Sharon Armstrong C.R.D. Home Care Nurse, Doreen Davidson Bessie Dane Hospice Volunteer & Extended Care Unit Nurse Aide, Masayo Hora Registered Massage Therapist, Rhema Cossever Seniors Health Promotion Coordinator, Pam MacKenzie Public Health Nurse, Arlene Turmel Psychiatric Nurse Counsellor, Community Centre, Ron Reznick M.D. General Practitioner.

NEW DIRECTIONS

A Healthy Sense of Community

You're looking at the wave of the future in health care.

Pictured above are health care professionals of every persuasion. Gulf Islanders have been depending on these people in increasing numbers for years. These are just a few of the well over 100 health care practitioners in the Gulf Islands who offer healing, comfort and better health to us all, each in his or her own way, every day of they year.

Lady Minto Hospital recognizes the value of these people to the overall well-being, the wellness, of our community. Clearly, health care is bigger than the services we by ourselves can encompass.

We are now all moving in the same direction, towards a system in which there is more emphasis on the patient as the centre of decision-making, and more emphasis on health promotion and illness prevention.

Within the limits of provincial health policy, funding and guidelines, we are working together to offer you alternatives to the tradi-

Working together to offer you alternatives to the traditional ways

tional ways medicine has been delivered here.

For example:

We have put together a team of health care providers to deliver palliative care to the terminally ill, not in the hospital, but in their homes where they'd most times rather be. The program is coordinated by the hospital and home care nursing and together they have enlisted the services of a number of practitioners, including a physician who has taken special training in the field, home care nurses, home support workers, pharmacists, dietitians, and volunteers who can all help the patient and the family cope with the trials they are facing. It works for everyone — the patients, their families, the hospital, and the

provincial health care program, which saves in excess of \$50,000 a year on Salt Spring alone through this program.

Palliative care is one facet of the government's Community Partnership Programs, which provide funding to promote good health and keep people out of hospital. Another is the Seniors Health Promotion Program operated out of the Seniors for Seniors office. This program strives to help seniors remain independent and active in their own environment as long as possible by providing such services as training for peer counselling, health education materials, and support groups, to name a few.

These are outreach programs which have the effect of keeping people healthier and out of the hospital. There are wiser ways for the government to spend its money, and Lady Minto is pleased to be funding them.

We continue to look toward the future.

Midwifery will soon be legal-

ized in B.C. Lady Minto has for some time welcomed midwives into our birthing rooms in a coaching capacity. Assuming they achieve their long-sought-after status as licenced practitioners, we will be looking at further cooperative programs in this area.

Lady Minto Gulf Islands Hospital recognizes the contribution of the many health care providers in the Gulf Islands and will join the Community Health Council in developing new programs as partners in the wellness of our community.





Anniversary Edition

1914 May 16

The original Lady Minto Hospital opens today on a site donated by Dr. Lionel Beech. Thanks to the Sunshine Guild's fund-raising efforts, the hospital opens debt-free. Facilities are still primitive: water is being supplied to the hospital by bucket.

**Album Pull-Out Section
Pages 5-8**

LETTER FROM THE CHAIR

Possibilities for future partnerships in Wellness are endless

TWO THEMES have caught our attention in the health care industry over the past two years. The big one, of course, is the Provincial Government's New Directions theme, which is a move toward Community Health Councils and Regional Health Boards, and ultimately, toward empowering regional communities to determine their own unique health care priorities and provide services to their constituents Closer to Home. In the Report of the British Columbia Royal Commission on Health Care and Costs, Justice Seaton states that we must move toward "building a more equitable and integrated system of care". This topic will be addressed very capably elsewhere in this report by my colleague, Gordon English.

The second theme is Partners in Wellness. That has a very pleasant connotation, doesn't it? Wellness — such a nice, positive word; but you might be wondering, partners with whom? It turns out that the partners are many and varied, and here at



**EILEEN HUNTER
Board Chair**

Lady Minto, we can certainly attest to many excellent working partnerships with health care professionals, clients and the community.

For many years the Lady Minto Hospital has provided the discharged patient with the benefits of our partnerships with Home Care Nursing, Home Support Services (which in turn organizes Meals on Wheels if needed), and the Bessie Dane Hospice. Through partnership and subsidies from the

Ministry of Health, the Hospital is able to provide Diet Counselling through the services of a Dietitian who visits regularly from Cowichan District Hospital. Also, in conjunction with the C.R.D. Home Care Nursing program, Hospital R.N.s are now providing dressing changes at the hospital for home care clients on weekends. This frees up the Home Care Nurse for more home visits.

The Hospital has a partnership with the Health Centre on Galiano Island. A satellite emergency room has been established and Lady Minto Hospital provides the supplies and drugs. We frequently supply treatment protocols for the staff. The Hospital helps the Galiano Health Care Centre when equipment is purchased by providing equipment evaluation and pricing information. When Galiano physician Dr. Barry Lovell is absent from his practice, he leaves a recorded message on his telephone instructing his

patients to call Lady Minto Hospital. The Galiano Health Care Centre indicated a need for a female physician and one of our hospital physicians, Dr. Karen Berg, provides this service monthly.

The Saturna Island Health Centre sends their Registered Nurse, Laura Paul, to work in our Acute Care for Emergency Room experience. Since Laura is supernumerary to our staff, the Hospital is funding her education experience here. We have also provided the Saturna Island Health Centre with Emergency Room procedures and protocols.

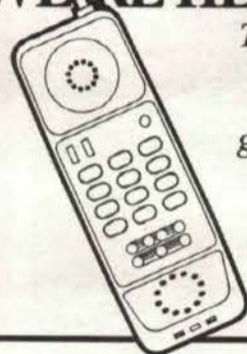
The Partners in Wellness concept for the people of Salt Spring Island in the near future may be a Wellness Centre such as the very successful one developed by Peace Arch Hospital in White Rock. For example, it houses a Diabetes Education Program, Foot Care Program, Breast Self-examination, Respiratory Health, and Seniors' Substance Awareness Programs.

The group meetings that are held there include Arthritis Self-Management, Cardiac Rehab, Take Off Pounds Sensibly (TOPS), Osteoporosis Support Group, to name a few. Their plans for the future include providing nutritional and lifestyle assessment services, and expanding the Breast Health Program with screening mammogram services. I think Salt Spring Islanders would benefit greatly from a Wellness Centre using the Peace Arch accomplishment as a model.

The possibilities for future Partnerships in Wellness are endless. A document published by the Saskatchewan Ministry of Health in August of 1992 states, "Wellness refers to our physical, mental and spiritual well-being. It means getting healthy and staying healthy. Wellness means improving our quality of life."

I repeat — "wellness" — such a nice, positive word. I wish you all much wellness.

WE'RE HERE FOR YOU



To find out more about Closer to Home and Partners in Wellness, give us a call. We'll fill you in on the details.

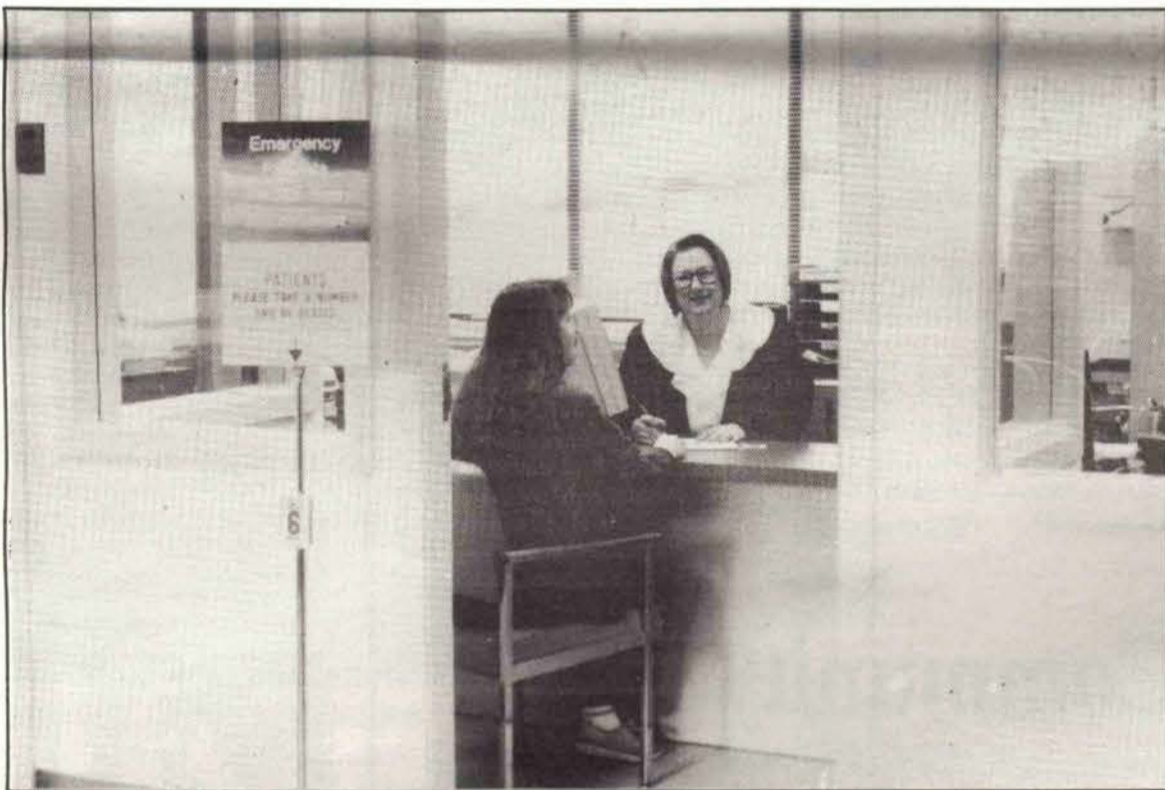
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Closer to Home means that individuals would assume more responsibility for their own health and wellness, with the community providing resources to accomplish that.

DON'T FORGET Hospital Day '94

Thursday May 12 Members of the public are invited to tour the hospital and see our excellent facilities and equipment firsthand. Our Open House is an annual event, held each spring on Hospital Day.



A MAJOR RENOVATION was completed in May '93 so that we can better accommodate out-patients who visit our busy X-Ray and Laboratory areas. We have increased the waiting room area to give patients more privacy; added an additional Admitting Station to decrease waiting time; and included another laboratory specimen collection station.

The new Nurse Call System on both Extended Care & Acute Care ensures patients have reliable access to nursing staff from their bedside.

MESSAGE FROM ADMINISTRATION

Challenge and achievement reflect year



**KAREN DAVIES
Acting Administrator**

Challenge and achievement... two words that reflect the past year at Lady Minto Gulf Islands Hospital.

On the community front, the hospital and medical staff were major participants in a community mock disaster exercise carried out last April. Our Disaster Plan was subsequently revised and we feel confident that we could respond quickly and effectively in the unlikely event of a real disaster.

A major achievement was the implementation of the Tentative Framework Agreement, or Accord as it is known in health labour relations. A broadly based labour relations strategy, the Accord called for reductions of 4800 jobs over 3 years. Management and staff worked together to ensure that implementation of the Accord would go smoothly at our facility, and that patient care would remain the #1 priority. We were in fact one of the few hospitals able to implement the terms of the Accord without lay-offs and major staffing changes. It was very much a teamwork affair.

Another achievement that took place recently on our Extended Care Unit was the relocation of

four Extended Care residents from the Acute Care wing. A new, spacious bedroom was created in the old Physiotherapy Department, while that department was moved to an easily accessed area on the Acute Care wing. By moving these extended care residents, we enabled them to participate fully in our activities program and to become part of the pleasant, homelike atmosphere of the Extended Care unit.

Visitors to the hospital in February and March will have noticed that the Extended Care Unit flooring was completely replaced. Staff are also looking forward to the completion of renovations taking place in the cafeteria.

We have been very busy here at Lady Minto, and with the efforts of everyone working at our facility, not only did we complete this past fiscal year within budget, but were able to look after more patients. This was only possible through the dedicated efforts of our staff and volunteers.

We believe we can regard our efforts as a solid success and we are both determined and committed to gain even greater success in the future.

I would like to close by extending my sincere appreciation to our Hospital Staff, Medical Staff, and volunteers whose kindness, compassion and commitment are always evident.

1929

A motion carried to close the hospital because of financial crisis. Special government grant of \$500 relieves situation.

LADY MINTO



1914-1994

80 YEARS
GULF ISLANDS
HOSPITAL

HOSPITAL SOCIETY MEMBERSHIP

Please send me an information package for society membership

Name _____

Address _____

City _____ Postal Code _____

Mail this form to: 135 Crofton Road,
Salt Spring Island, B.C. V8K 1T1

Lady Minto Hospital expands surgical services with excellent consultants

OVER THE PAST two years, we have been able to expand surgical services with the arrival of several excellent consultants from the Duncan and Saanich areas. Day Care surgery has dramatically increased; 92 cases were seen in 1992/93, a 162% increase over the previous year; and 166 cases in 1993/94, which was an 80% increase.



DR. MAIS
Obstetrics &
Gynecology

Dr. Mais took his medical training at St. Thomas Hospital Medical School in London, England and completed his post-graduate training in Obstetrics & Gynecology in the U.K. and at the University Hospital of the West Indies in Jamaica. Dr. Mais presently runs a Colposcopy Clinic in the Duncan community where he is a consultant on staff at the Cowichan District Hospital.



DR. ZAHRADKA
Obstetrics &
Gynecology

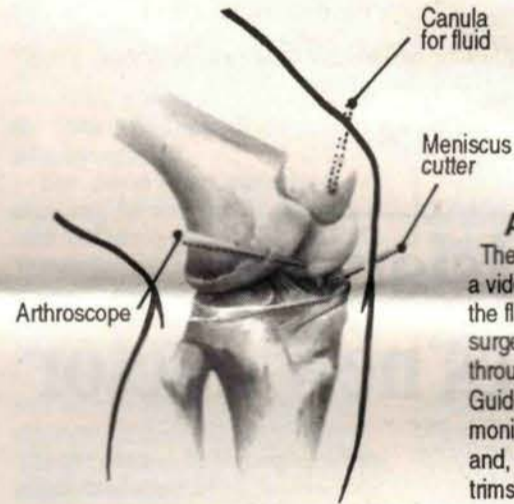
Dr. Zahradka took her medical training in Marburg, Germany and completed electives in France, New Zealand and Australia prior to taking her residency in Obstetrics & Gynecology at University Hospital in Saskatoon. She also completed a Fellowship in Reproductive Endocrinology and Infertility at the University of British Columbia. Dr. Zahradka has a special interest in infertility and is available to see Gulf Islands patients who have infertility problems.



DR. LAKE
Orthopedic Surgeon

Dr. David Lake, Orthopedic Surgeon, joined our staff in 1991 and provides outpatient consulting services at the hospital on Thursdays. With the recent purchase of the *high tech* arthroscopy equipment, Dr. Lake is now able to provide knee surgery. This equipment enables the surgeon to remove affected cartilage and smooth out areas without having to open up the knee joint. A tiny, fiberoptic scope is inserted into the knee and with the aid of a television monitor, the surgeon carries out these procedures. Dr. Lake also performs such surgical procedures as carpal tunnel release and decompression and removal of Morton's Neuroma here at Lady Minto.

Dr. Lake completed his residency in orthopedic surgery at the University of Alberta Hospital in Edmonton and has a fellowship in spinal surgery from the University of Alberta Hospital as well as a fellowship in knee surgery from the Toronto General Hospital.



ARTHROSCOPY

The Arthroscope, attached to a video camera, is inserted into the fluid-filled knee. Next, the surgeon inserts small instruments through a second incision. Guided by the image on the TV monitor, he explores the menisci and, if necessary, removes or trims damaged tissue.



DR. WILKIE
Gynecologist/Urologist

Dr. Wilkie was granted consulting staff privileges in Gynecological Urology in January '93. He is able to see patients in the outpatient consultation area once a month. Dr. Wilkie completed his M.D. at U.B.C. He interned in New Zealand and England and then completed his residency in Obstetrics & Gynecology at U.B.C. He completed a fellowship in urodynamics and urinary incontinence at St. George's Hospital Medical School, London England. He is currently a Clinical Assistant Professor in the Department of Obstetrics & Gynecology at U.B.C. and runs a Urodynamic Clinic at Vancouver General Hospital where he also performs surgery.



DR. MONTALBETTI
Psychiatrist

Dr. Montalbetti provides consulting services in psychiatry on an outpatient basis through his private practice and is available to treat psychiatric patients at Lady Minto Hospital. Dr. Montalbetti joins us from Vancouver where he was on staff at Riverview Hospital, working principally in the area of acute adult psychiatry. At Riverview, he was Clinical Director of the Psychiatric Intensive Care Unit and worked as a Clinical Instructor in Psychiatry at U.B.C.

His wife, **Arlene Turmel**, is currently working at the Community Centre as a Psychiatric Nurse Counsellor.

Dr. Kathleen Parfitt from Galiano Island provides services one day per week in Child Psychiatry out of Dr. Montalbetti's clinic.



DR. LONGLEY
Radiologist

Dr. Donald Longley, working with Dr. Henry's group in Victoria, will be available to the hospital for emergency x-ray interpretations and will be providing weekly fluoroscopy examinations.

Dr. Longley joins us from Vancouver where he worked in a busy Radiology practice and was Clinical Associate Professor at the University of British Columbia. He was Head of the Department of Diagnostic Radiology at the Cancer Control Agency of B.C. for 7 years and has a special interest in xeromammography and screening for breast cancer. Dr. Longley graduated from McGill University and completed his residency in Radiology at Vancouver General Hospital.

Approval has recently been received for mobile mammography services for the Gulf Islands from the Screening Mammography program of B.C.

With Dr. Longley above, is his daughter, **Dr. Holly Slakov**, who is working with Dr. Janet MacPhail in family medicine.



DR. GRACE
Urologist

Dr. Donald Grace, Urologist, joined us in 1992 and visits the island weekly from his office in Sidney. He sees patients for consultation and performs surgical procedures such as cystoscopies and investigative biopsies on a day care basis.

Dr. Grace trained at the University of Alberta and completed his residency at University of Alberta, John Hopkins Hospital, and the Ohio State University Hospital. He was Associate Professor in Urology at the University of Calgary.



DR. ROBERT CROSSLAND

General Internist

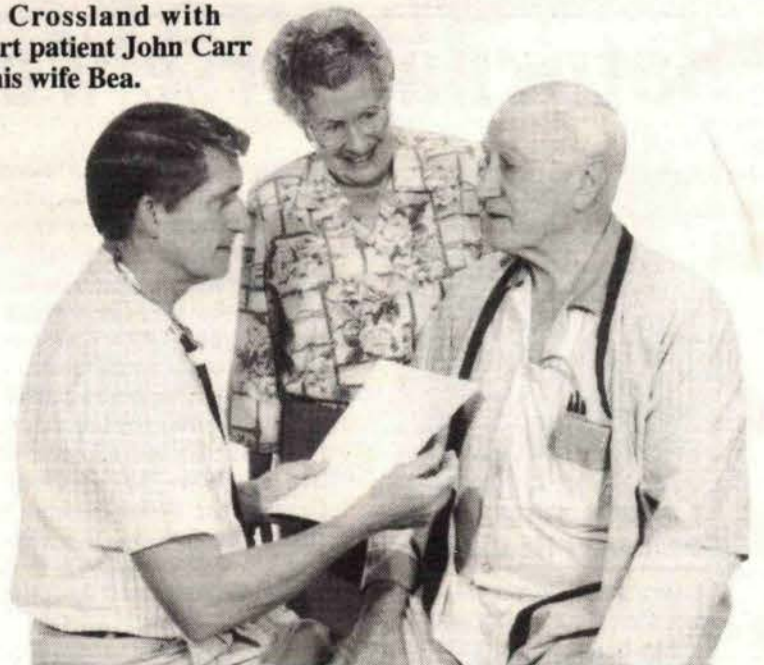
Dr. Robert Crossland joined the staff in Sept. '93 and brings with him extensive expertise in General Medicine, Cardiology and a special interest in Palliative Care.

He came to us from Powell River where he was on staff from 1975. Prior to his residency training in Internal Medicine at St. Paul's Hospital in Vancouver, Dr. Crossland completed a residency training in Psychiatry at Health Sciences Centre Hospital and the Vancouver General. Before completing his medical

training at the University of Ottawa, he received a B.A.Sc. in Chemical Engineering. In Powell River, Dr. Crossland worked as B.C. Coroner and was the Local Medical Coordinator for the B.C. Ambulance Service.

Dr. Crossland is available to monitor our cardiac patients and to provide exercise stress testing on our new computerized treadmill equipment. Because of his extensive background in general internal medicine, he plays a vital role at our hospital.

Dr. Crossland with heart patient John Carr & his wife Bea.



GALIANO ISLAND

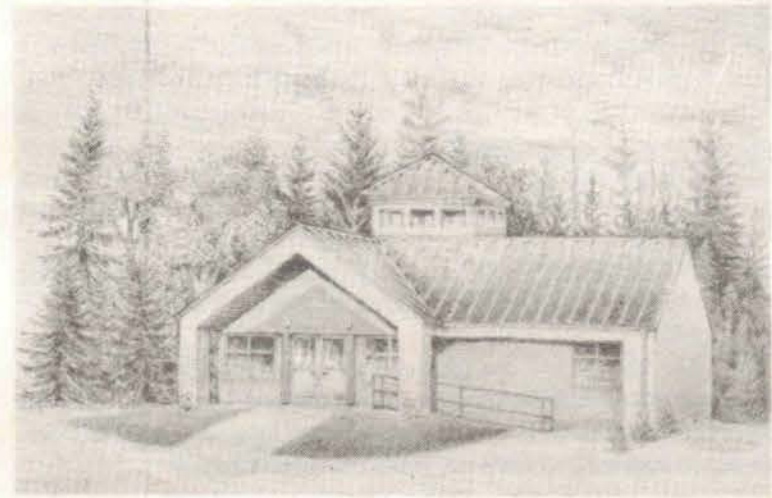
Satellite emergency service on Galiano Island

Beginning in 1993, the Galiano Health Clinic became a Satellite Emergency Department of the hospital, and through this arrangement receives supplies such as dressings and prescription drugs and various equipment items from the hospital. Dr. Barry Lovell, General Practitioner on Galiano Island, can also refer his emergency calls to the hospital when he is not available.

Other services available through the Galiano Health Clinic include massage therapy and monthly visits from Dr. Karen Berg of Salt Spring Island. Regular

services from a dentist (beginning June 1st), a podiatrist, psychologist and hypnotist are also available at the clinic.

The Galiano health care facilities were established through the fund-raising efforts of the Galiano Health Care Society and most of the funds were raised by donations from island residents. The Woodward Foundation supplied money for the helicopter pad and the land was purchased at a very reasonable price from the Lions' Club. The building opened on April 27, 1991.



Galiano Health Care Centre drawn by Ronaldo Norden, 1992

GALIANO BOARD MEMBER RETIRES

Long standing board member from Galiano Island, Mrs. Helen Hoole, retired from the hospital in 1991, and was succeeded by Mr. Andrew Loveridge.



1925

"I was born in my Daddy's boat on the way to the hospital, and was taken from it to hospital on July 17, 1925 by a most excited Dr. Sutherland."

Mrs. Mary Harding
Galiano Island, 1984

PENDER ISLANDS

Pender Island Clinic an inspiration

The Pender Island Health Care Centre has been an inspiration to the Gulf Islands as an imaginative way to provide health care. It was founded in 1981 as a result of a community initiative and has functioned successfully ever since.

The clinic is situated on North Pender, near the bridge linking North and South Pender and close to the school. There are two physicians, Dr. Don Williams and Dr. Gerry Moore working out of the clinic. There are also facilities for two physiotherapists, two optometrists and a dentist. Laboratory collection is also provided through the clinic and specimens are sent to Vancouver Island for analysis.

Of great importance is the Green Room, which is almost like a miniature operating room, able to handle emergencies. Babies have

emergencies, a helipad allows for quick evacuation. As well, the ambulance building is attached to the main clinic building. In the event of a power outage, the clinic is equipped with a generator which can provide heat and light for five days.



The C.R.D. Nurse has an office at the clinic, as does the Home Care Nurse. The Home Care Department covers the four Outer Islands, using Pender as the headquarters. There are also counsellors for alcohol abuse and family matters available through the Health Clinic.

Mike Crown is currently the President of the Health Care Society, and Mr. Joe Donahue, who represents Pender Island on the hospital board, also sits on the Pender Health Care Society board.

The Green room is like a miniature operating room.

sometimes been delivered there since such events don't wait. Once, a 20G skidder crashed and the victim required fifty stitches, but the Health Centre was able to handle the situation. For the most extreme

MAYNE ISLAND

Mayne Island welcomes new doctor



DR. DAVID KENNY & Julie Kenny R.N.

Dr. David Kenny will be providing medical services beginning June 6th.

Dr. Kenny is currently working near Kingston, Ontario in family practice. He has also worked in Moose Factory, Northern Ontario,

and has provided locum tenens coverage at Bella Bella and Bella Coola in B.C.

Dr. Kenny is an Honours graduate from the University of Toronto and completed a clinical teaching fellowship at Queens University at Kingston, Ontario.

Dr. Kenny's wife, Julie, who is a registered nurse, will be providing blood collection services at the Mayne Island Health Clinic and Dr. Kenny will continue to provide dispensing services out of the clinic as was done previously by Dr. Tonseth. He will also be providing medical services to Saturna Island.

Dr. Kenny has also received training as a G.P. Anaesthetist and will hopefully be able to provide anaesthetic services to Lady Minto Gulf Islands Hospital one day per month.

EXPANSION GRANT FOR MAYNE IS. CLINIC

Mayne Island has received approval for a government grant for expansion of their Health Clinic. They hope to include more services in the building, such as physiotherapy and massage and to provide office space for the public health and home care nurses.

MAYNE ISLAND BOARD REP. RESIGNS

The board was sad to receive the resignation of Mrs. Jane Sowerbutt, Board Representative for Mayne Island for the past four years. We wish Jane and her husband well in their new home in Sidney. The hospital welcomes Hazel Hansen as their new Board Representative.

SATURNA ISLAND

Saturna nurse works with Lady Minto Hospital



LAURA PAUL R.N. Community Health Nurse

Laura Paul, R.N., joined our Acute Care Unit in December '93 and has been working with our

nursing staff one day per month in order to gain hospital experience and orientation to the services offered at our hospital, with emphasis on emergency care.

Laura is currently working through the C.R.D. Community Health Service as the community health nurse and as such is the sole provider of community health nursing to Saturna Island's 275 residents. She is often the first on the scene to deal with such emergencies as accidents and heart attacks, and is finding her work here invaluable to her role on Saturna.

Her role as Community

Sole provider of community health nursing to 275 residents.

Health Care nurse includes providing home visits to patients with acute and chronic illnesses. She is responsible for organizing evacuations via ambulance to major health centres and liaising with other members of the health care team.

Laura also has a special interest in Maternity Nursing and gained much experience both at the

Surrey Memorial Hospital, where she worked as a caseroom staff nurse, and at the Kapiolani Medical Centre for Women & Children in Honolulu, Hawaii. While at her two year post in Hawaii, Laura was providing nursing care for high risk antepartum patients, stress tests and tocolytic therapy. Laura has also received training in Neonatal Advanced Life Support. Expectant Saturna moms can rest assured that they have a highly trained community nurse available if needed.

Laura received her nursing training in Edmonton, Alberta and

is presently enrolled in the B.S.N. program through distance education at University of Victoria.

Laura is also currently on the Board of Directors of Greenwoods Intermediate & Personal Care Society.

SATURNA RETIREMENT

Mrs. Margaret Fry retired in September '93 after nine dedicated years of service on the hospital board. The post was capably resumed by Mrs. Doris Ackerman. The hospital welcomes Doris to the team and wishes all the best to Mrs. Fry for a happy retirement.



Lady Minto Gulf Islands Hospital PHOTO ALBUM

MARY, COUNTESS OF MINTO

Pioneer of Canada's Health

She was born Mary Caroline in England in 1858 to Caroline Eliza, and the Honorable Charles Grey (the 3rd Earl Grey). Her brother, Lord Grey was to succeed Lord Minto as Governor-General.

In 1883, she married Gilbert John Murray-

Sole provider of community health nursing to 275 residents.

Kynnymond Elliot, 4th Earl of Minto, who became the 46th Governor-General of Canada from 1898—1904.

Lady Mary Minto first visited Canada in 1883 with her husband, Military Secretary to Lord Landsdowne, on her honeymoon trip. She remained in Canada until 1886. In November 1898, on Lord Minto's appointment to the Governor-Generalship, she again came to Canada, accompanied by her children, two sons and three daughters, and took up residence at Rideau Hall, the local Government House.

In 1901, they had the honour of receiving and entertaining the Prince and Princess of Wales. She accompanied the illustrious visitors on their journey across the continent to British Columbia, a journey she had previously taken with Lord Minto when they went to the Klondike.

Lady Minto worked with great dedication and energy on a number of pro-



jects of a benevolent nature and in her official position was able to carry out many successful fund-raising schemes. The Victorian Order of Nurses was founded to commemorate the Diamond Jubilee of Queen Victoria, 1897, and Lady Minto played an important part in the early years of the Order. She instituted a fund to which she subscribed liberally, for the erection of cottage hospitals in remote districts. At one time there were as many as 50 cottage hospitals opened across the country in her name.

She will be remembered for her work with the Maternity Hospital in Ottawa where she was instrumental in developing a wing, known as the Minto Wing. She also developed a fund for the location, protection and decoration of the graves of Canadians who had fallen in the service of the Empire in South Africa during the Boer War.

Her name will also be remembered at Ottawa for aiding in a practical way towards the ornamentation of the Capital by offering prizes for the best kept lawns and gardens.

She was fond of outdoor winter sports, was a keen skater and would participate in Scottish dances, often kicking up her heels in a Highland reel. She had an adventurous spirit and no doubt, without her concern for the health of those citizens living in remote regions of the country, the many cottage hospitals bearing her name would not have come to pass.



Photo credit: National Archives of Canada #PA28149

Long before the Cottage Hospital was built, the need for such an institution was increasingly obvious to the residents of Salt Spring. In the early days of this century, the roads were almost impassable, rough, narrow and prone to windfalls. Recovery from diseases and accidents at that time was much more drawn out than is the case today and required many home visits by the doctor. Telephone service was limited: In 1899 there was a line between the Bittancourts and Rogers in Fulford, a branch line to Dr. Baker—13 miles in all.

When Dr. Lionel Beech arrived in 1904, there were no cars on the island. Travelling from Ganges to Beaver Point or Isabella Point or to the North End on horseback or with pony and trap, he treated the sick and canvassed the residents to establish a hospital building fund . . . the beginnings of the Lady Minto Gulf Islands Hospital.

1929

"I hope that in all the exuberance of youth and prosperity you will never forget the old folks at home, the parents of us all, possibly old-fashioned, possibly not catching on to new ideas as quickly as you do, but full of responsibility, full of the hard-earned experiences of many generations, and thank God, as strong as ever still."

Lord Minto

Lady Minto reading to her son, Larry, Lord Melgund, 1902



Photo credit: National Archives of Canada #PA33780

Healthy History



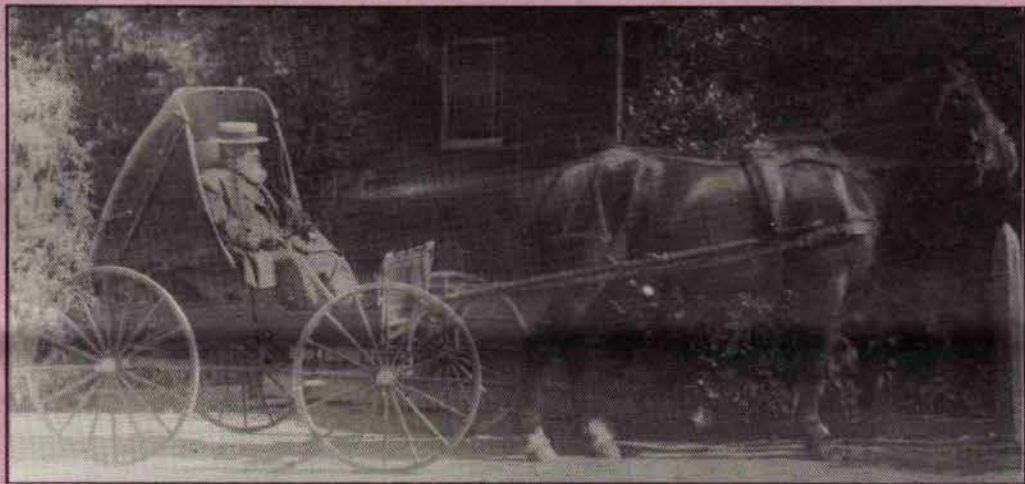
1914 - 1916

Nurse Calhoun M.M. First Matron. She won the Military Medal, Croix de Guerre with star, the Serbian Star and two service medals.

1926 Only residents of Gulf Islands to be allowed to become subscribers in view of increased population of the island and limited capacity of the hospital.

1929 A motion carried to close hospital March 18th because of financial crisis.

1932 Three wards to be redecorated. The total cost not to exceed \$30.00. Singer sewing machine purchased for \$25.



I think I made my name with Mr. Bullock, who was the squire of the island, you know. He had a great big mole on his nose, about three quarters of an inch long. After I met him and had been introduced, I said "Mr. Bullock, you ought to have that thing off." "OK", he said, so I got out my cauterly and off it came. He said to me one day, as his doctor, "Now in my will there's an envelope with five dollars in it." — he was desperately afraid of being buried alive — "and I want you to cut my throat to make sure I'm dead." But I never got the five dollars because I moved off the island before he died!

Dr. Raymond Rush, 1930 - 1942

1938

X-ray machine installed. Building fund set up for new hospital.

1939

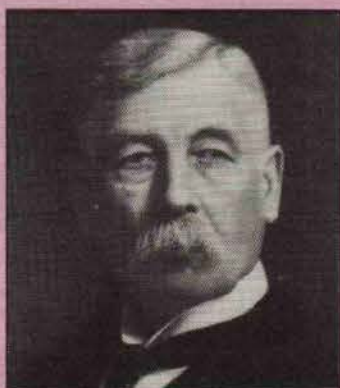
Substitute nurses paid \$1.50 per day plus board.



c. 1946 Sue (Greig) Mouat, O.R. Nurse, Matron Peterson.

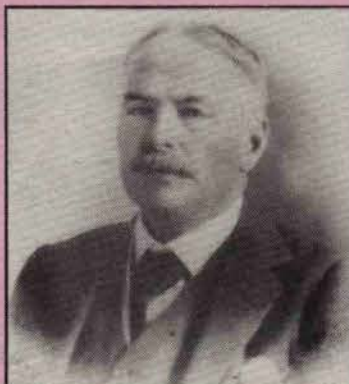
At the Lady Minto Hospital, with practically all the nursing staff absent abroad, it fell to the wives of board members and other women and girls to care for the patients and also to cook and prepare meals. My wife was one of those who regularly helped in order that the hospital could be kept functioning in its work for the community of the Gulf Islands.

W.M. Mouat 1942



1913

Dr. Lionel Beech donated the land for the original hospital and spearheaded the fundraising efforts for the building.



1914 - 1934

Edward Walter, Esq. Provincial Government Representative on the hospital board for twenty years and chairman of the Board of Management for the greater part of that period.

1914 Hospital opened to admit patients May 16th. Water being brought to hospital by buckets.

1915

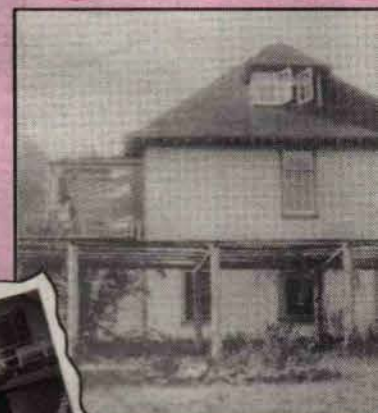
39 patients seen in the first year.

1920 Deaths - 5, Births - 17, Average monthly expenses - \$405.19 Average monthly payroll - \$183.36



1929 The nursing staff: Miss Immel, Miss McNair (Matron), Miss Olson

The subscription system led... One old lady would arrive at... October with her suitcase p... clothes and would remain u... heart condition in order to h... board for the winter. K. Lyo



c. 1930

The original hospital building

1933

Grants to all Public Hospitals in the Province will be reduced from April 1 by 25 cents a day.

1958

Moving Day



1994

A W... the:

1945

Mr. & Mrs. Gavin C. Mouat offer 3 1/4 acres of property for site of new hospital.



1946

Nora Summerville (Aide), Doll McDiarmid, O.R. Nurse, Cathy the Cook, Lassie Dodds

1949

Lassie Dodds' salary raised from 60¢ to 75¢ per hour. Col. Crofton gave a piece of land to allow entrance to proposed building site.



1986 La... Woodley's S...

1994 YEARS SLANDS HOSPITAL

to some abuse... beginning of... April, feigning a... free room and... 1932 - 1936

1948 Hospital in financial plight through loss of subscriptions pending Health Insurance Act coming into force.

The matron of the hospital was a wonderful woman, Beth Peterson (Degnen). Beth was on call twenty-four hours a day, seven days a week and always came in for deliveries or surgery, regardless of the hour. Dr. G.J. Ankenman c. 1950

1951 Matron's salary - \$220 per month



1951 Physicians on Salt Spring Island. Standing: Dr. White, Dr. Boyes, Dr. Wellwood, Dr. Francis and Dr. Ankenman. Seated: Dr. Lockwood, Dr. Brodie and Dr. McCallister.

1958 Left to right: Morris Atkins, S.S.I., Desmond Crofton, S.S.I., Elizabeth (Scoones) Steward Galliano Is., Barbara Hastings S.S.I., Contractor, Gavin Mouat S.S.I., W.W. Hunt-Sowry, Mayne Is., Capt. R. Beech, Pender Is., Dr. B.J. Hallows, Saturna Is.



1956 New hospital underway.



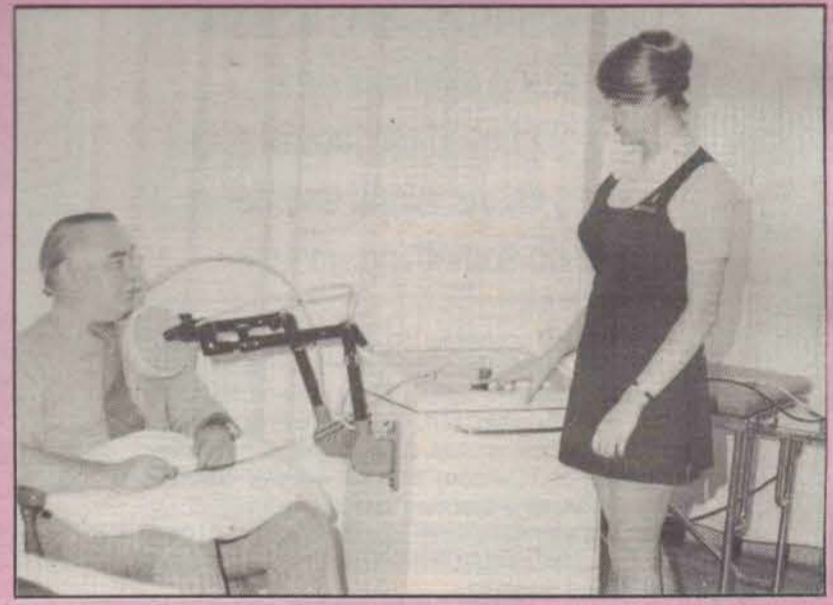
1958 Building Committee.

1958 New hospital opened April 16th.



PHYSICAL COMPOSITE PHOTO of the first hospital building, now Spring Community Centre on the Fulford-Ganges Hill.

c. 1975 Sonya Baker, Physiotherapist, demonstrates the use of the diathermy machine on Mr. Harold Hoffman, Hospital Administrator. This equipment is being replaced this year by the Hospital Auxiliary.



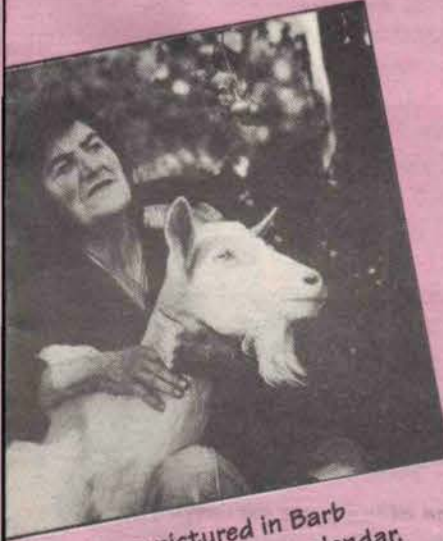
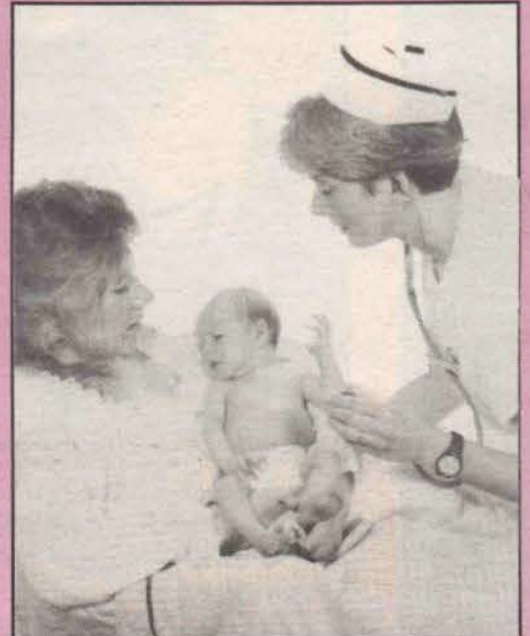
1943 Well baby clinics to be held in Board Room once a month.



It was very difficult to keep a janitor as a man would take the job while looking for something better. Then Lassie Dodds applied. Some of the board were not in favour of a woman janitor but I for one was in favour...she never left the hospital until she retired...She was the best thing that ever happened to Lady Minto Hospital.

Betty Drummond 1984 Board Member

1993 The Hospital Foundation begins a fund-raising campaign for a new Birthing Centre. Pictured are Carole Lecky, baby Ryan and Gail Mussell R.N.



Lassie Dodds, as pictured in Barb Spring Island Portraits calendar.

Grateful acknowledgements to the Salt Spring Historical Society and Archives.

1992 Mrs. Winnifred A Spalding (nee Bellhouse) poses for Foundation brochure with Nolan Magnus and Dr. Jan McPhail.

THE SUNSHINE GUILD

Hospital Auxiliary history is older than the hospital itself

THE HISTORY of the Lady Minto Hospital Auxiliary officially began in 1936. Unofficially, it began before the hospital was built in 1914; The Guild of Sunshine was the forerunner of the Auxiliary and the first organization to begin fundraising for the hospital.

One day in 1911, some ladies were having afternoon tea with Mrs. Dean, wife of the Methodist Minister. They discussed the lack of any social services on the island and decided to do something about it. They organized a group "whose aims were to help each other, our neighbours, our institutions . . . to brighten other lives and bring sunshine to all."

The fledgling group of ladies called themselves the Guild of Sunshine. When the six bed hospital opened in 1914, the Guild had already donated \$600 to the building fund, a large sum in those days. When the hospital opened it was debt-free! The Guild had raised their money by bazaars, teas and catering. Much of their money was raised by providing sit-down dinners, which were included in the \$.50 admission to the Annual Agricultural Fair held at Mahon Hall, and at flower shows. This dedicated band of Island women continued supporting the hospital through the tragic years of two world wars and a long and wearing Depression.

A fund-raising daffodil tea was held by the Sunshine Guild every year from 1921 until 1966, usually at the home of Mrs. Gilbert Mouat on Rainbow Road. The Guild, through its fundraising, donated \$25 a year to the hospital all through the Depression. During that period they also purchased a cookstove and a sewing machine for the hospital. As well as this \$25 a year the Guild often helped pay medical costs for those who could least afford it. They also furnished a children's ward at the new

One day in 1911, some ladies were having afternoon tea... They discussed the lack of social services on the island and decided to do something about it.

hospital which opened in 1957.

June 29, 1936, the Sidney Review reported the Hospital Auxiliary met at Mrs. Edward Walter's home with President Mrs. G.M. Mouat in the chair and 15 members present. Sewing and mending was done. A miscellaneous hospital shower was discussed. This new auxiliary was independent of the board and was there to relieve the matron and staff and help with sewing. The newly-organized group was off and running.

In 1938, the Auxiliary asked if they could have a space in the Hospital basement partitioned off. A



c. 1917 Top left to bottom right: Dr. Sutherland, Frances Cotsford, Miss Seymour, Janey Whims, Carrie Cotsford, Eva Jenkins, Edith Lund, May Nelson, Marjorie Beech, Alma Woods, Viva Woods, Emily Hobbs

The Guild had already donated \$600 to the building fund when the hospital opened.

room was finished below the operating room and here the women set up sewing machines and ironing boards. All the Hospital linen was repaired here, sheets turned, laundry bags repaired, tapes sewn on gowns. If the Matron wanted OR gowns or masks, pyjamas or diapers for the nursery, the ladies made them all.

Soon after the hospital was built the Board's House Committee started an annual Pound Day when islanders donated a pound of anything they could afford.

Later, in line with other B.C. hospitals, the event became known as Hospital Day and it was always held in early May. As well as bringing gifts to the hospital and having an elegant tea people could leave articles at Mouat's or the Trading Company where bins were provided and lists of appropriate gifts posted. In this way, the hospital acquired many of its staples for the coming year—foodstuffs, cleaning materials, etc. The old issues of the Sidney and Gulf Islands Review make fascinating reading. Each gift, whether it was 1 jar of jam, a pair of

men's pyjamas or 100 lbs. of sugar was listed and the donor acknowledged.

When construction began on the new hospital in

In the 30s and 40s about half the hospital board members were women.

1956, the Annual Bargain Sale was initiated. This successful fundraising event was probably the forerunner of the Thrift Shop. In 1979 the Thrift Shop moved into Mouat's Mall where it continues to exist, raising thousands of dollars each year for hospital equipment and patient comfort. The hand-crafted articles in the Baby Show Case in the hospital foyer are also an excellent source of revenue.

Today Auxiliary members work in the Extended Care Unit and in Greenwoods, and also help on outings with the residents. Plants and flowers are tended daily and a homebaked cake is supplied to Extended Care each Saturday. Magazines are put into all the waiting areas in the hospital and tray favours are made by the Auxilians for special days such as Christmas, Easter and Thanksgiving.

Bursaries of \$1,000 each are awarded each year to two students continuing their studies in the medical field. The Auxiliary also sponsors the Candy Strippers.

As you can see it is hard to separate the history of the hospital from the history of the Auxiliary. The hospital could not have managed without the Auxiliary's tireless support over the years. The Auxiliary hopes to continue providing comforts to the sick and support to the hospital for many years to come.

The Hospital Auxiliary show their dedication and service in 58 years of fund raising.

\$713,000.00
IN DONATIONS RAISED
1936 — 1994



A fund raising daffodil tea was held every year from 1921-1966.



Soon after the hospital was built, an annual Pound Day was started. This was the forerunner of the Thrift Shop.

The Auxiliary women sewed and repaired all the hospital linen, sheets were turned, laundry bags repaired, O.R. gowns & masks, pajamas and diapers were made.

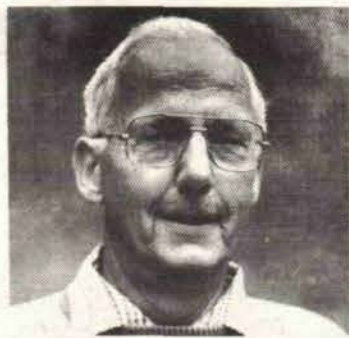
Getting Closer to Home

In our 1991/'92 Annual Report we introduced you to the *Closer to Home* concepts adopted by the Ministry of Health after receipt of the Royal Commission on Health Care and Costs report. We also described the programs the Lady Minto Gulf Islands Hospital had implemented under its **Hospital Without Walls** project that were designed to meet some of the objectives shared by our own long term plans and those of the NEW DIRECTIONS concepts adopted by the B.C. Government. These programs are all aimed at bringing health care services and programs closer to the homes of all British Columbians and, ultimately, right to the individual.

One of the common misconceptions most of us had with this program was that we would all have everything we wanted conveniently located and universally accessible. This is just not realistic, nor was it the intention of the government to reach that utopian objective. Rather a broader view was visualized where *Closer to Home* also meant that individuals would assume more responsibility for their own health and wellness with the community providing resources to accomplish that.

The NEW DIRECTIONS Legislation set out the basic structures for the passing down of the design and control of programs and facilities to regions and communities. The Capital Region was proposed as a Health Board Region and the Southern Gulf Islands (Local Health Area 64) was proposed as a COMMUNITY HEALTH COUNCIL area. A **Steering Committee** was formed to develop a Health Plan for this community and to set out the ways in which the communities and the various agencies involved would participate in the implementation of the plan.

The Southern Gulf Islands Health Plan **Steering Committee** was created at the suggestion of the Salt Spring Community Health Council (now called the Salt Spring Health Association) so as not to be confused with the Community Health Councils being formed under the New Directions mandate). The



GORDON ENGLISH
Member of the Board

Committee started meeting in the fall of 1992 and was originally only concerned with planning for Salt Spring Island. At the suggestion of the CRD and the Ministry of Health, the mandate was expanded to cover all of the Southern Gulf Islands and representatives from Galiano, Mayne,

There is nothing...
being considered...that
would require anyone
to use any specific
service or facility
because of the area in
which they reside

Saturna and the Penders were added to the committee. The reason for this change was that there were obvious similarities between the needs of all of the Islands that were much different from those of Saanich and Victoria and that these needs were more easily identified within the boundaries of the established Local Health Area 64.

There has been a reluctance on the part of some residents on the Outer Islands to join in with Salt Spring in this plan. They are concerned that it will mean that they will be directed to Salt Spring Island for their medical services in the future rather than the more convenient accessibility to the doc-

tors and hospitals on Vancouver Island. *This is not the case!* There is nothing in the NEW DIRECTIONS Legislation or being considered by the planning committee that would require anyone to use any specific service or facility because of the area in which they reside. *Universality and Portability* are two of the features of our health care programs that are being carefully guarded. It also does not make sense for anyone to design a new plan that would make access to services more difficult or inconvenient.

The **Steering Committee** is making progress but it has been a slow process. The consulting group originally retained did not meet the committee's expectations and some of the work has had to be revisited with a resulting delay. Bringing all of those involved up to speed and developing a concept of governance that could be presented to the public with some potential of acceptance has taken considerable time. Some committee members have developed other interests that are more rewarding and have had to be replaced. When a project of this type is undertaken by volunteers it is not surprising that you lose a few along the way when the process extends long past the forecasted completion date.

The objectives of the plan are simple. Make the people of the Gulf Islands healthier and get them more involved in keeping themselves that way. The term health care has been replaced by the development of **WELLNESS**. In the past the programs for health care were mostly oriented toward treatment of illness. The latest approach is to promote wellness through programs designed to make individuals more responsible for their own health. One of the problems those of us who are involved in the delivery of the traditional health services have faced is a lack of credibility in the minds of some who feel that we are only committed to the treatment of illness and cannot embrace the newer concepts. We are indeed fortunate to have available people like our C.E.O. Vicki Curtis and Dr. Janet MacPhail who have the vision to see the potential of an entirely new approach and will contribute

significantly to its development.

It seems obvious that the Southern Gulf Islands are an appropriate planning area. The area currently constitutes the entire LHA64 and data for this area has been recorded for a considerable

The term health care
has been replaced
by Wellness.

period. Granted, it will not be easy for the Outer Islanders to accept a working relationship with Salt Spring when they have been using facilities elsewhere since ferry schedules make inter-island travel so much more difficult. But we are not suggesting that people from Saturna or Galiano should be required to travel to Salt Spring for their medical services. What is proposed is that programs be developed to serve all of the Southern Gulf Islands in an integrated and coordinated manner. Each of the Outer Islands has an existing medical centre of service already established that could be assisted and enhanced by a working relationship that is designed for the entire island group, by and for island people.

The **Steering Committee** is planning further public consultation before a plan is finalized. Watch for the opportunity to participate and make your views known. The whole idea behind the NEW DIRECTIONS Legislation is to empower local communities and to involve them in the management of the health care system. The objective of this move is to create a more responsive system and to reduce costs through the elimination of overlaps and duplication. It is a very interesting challenge and is extremely important to all of us. If you have concerns or some strong views, don't keep them to yourself; contact any member of the **Steering Committee** and either pass them along or find out when you will have the opportunity to participate in the public consultation process.

The Southern Gulf Islands Health Plan Steering Committee

Members of the Committee

- CHRIS BRADLEY**
Salt Spring 537-5917
- SUSAN BERLIN**
Salt Spring 1-727-5663
- ALAN CLEWS**
Salt Spring 653-4465
- JOANNE ELIZABETH**
Salt Spring 537-9558
- GORDON ENGLISH**
Salt Spring 537-2736
- JANET MACPHAIL**
Salt Spring 537-5232
- MARG MONRO**
Salt Spring 537-5004
- JANE PARLEE**
Salt Spring 537-9971
- PAM BROWN**
Saturna Island 537-3010
- JOE DONAHUE**
Pender Island 629-6416
- BILL MCFARLANE**
Mayne Island 539-2041
- BILL SASHAW**
Galiano Island 539-2434



The whole idea behind the NEW DIRECTIONS Legislation is to empower local communities and to involve them in the management of their health care system.

It is a very interesting challenge and is extremely important to all of us..

There are similarities between the needs of all of the islands that are much different from those of Saanich and Victoria. Watch for the opportunity to participate and make your views known.

GREENWOODS INTERMEDIATE AND LONG TERM CARE FACILITY

Merger?

Over 60 people attended a public meeting which was held on April 11, 1994 to discuss the idea of a possible merger between Greenwood's and Lady Minto Hospital. Staff members and the public listened to presentations and asked questions on the possible advantages and disadvantages to patients, residents, staff and taxpayers of such a move. Further meetings will be held in the months to come as this idea is explored more fully.

The idea of a merger was prompted by the Ministry of Health's NEW DIRECTIONS IN HEALTH CARE which places an emphasis on integration of services within a climate of financial restraint. The two facilities currently share the services of the same Administrator and Activity Co-ordinator.

Thank You From our Hearts

We would like to take this opportunity to thank all those people who donated generously to the Hospital Foundation.



Lady Minto Gulf Islands HOSPITAL FOUNDATION

Caring is Sharing

Hospital Foundations are not new, and in our case, the Hospital Board realized that a foundation could help meet their needs to expand the local health services available to our residents.

Our hospital has a long and distinguished record of achievement in serving the residents of the Gulf Islands. We have found that funding from conventional sources is not adequate to cover all of the needs of the hospital; thus, we are looking for alternate sources of funding in order to maintain the high quality of local health care we all want to have, *closer to home*.

The Hospital Foundation has reached the end of its second successful year. Since inception we

Our community has been very generous in supporting the Hospital Foundation

have raised a total of _____ to support hospital requirements such as the renovation of the Outpatient area and to assist in the purchase of new equipment such as the cardiac monitoring system and the operating room lighting.

The current equipment drive, launched with the equipment brochure in December '93, is rais-



RON McQUIGGAN
President

ing funds for the purchase of a hematology analyzer for the Laboratory, the telemetry system and for the creation of a birthing suite.

Our community has been very generous in supporting the hospital foundation through the annual Tash Hewitson golf tournament and social functions, such as a dance that was co-sponsored with the local Shrine. We also participated in the Casino Nights in Victoria in February and raised \$8,300. In addition, we have arranged to assume the responsibility for the pancake breakfast at Sea Capers in June this year.

The Foundation is dedicated to ensuring that donors see the benefits of their gifts. We are required to spend 80% of the previous years' receipted donations except for capital received from bequests of inheritances. Donors can specify the area in which their gift is utilized.



OPERATING ROOM LIGHTING The new O.R. Lighting was purchased by the Hospital Foundation and provides much brighter light for the surgeon while he operates. This new equipment has dual lamps and can be positioned in many more ways, eliminating shadow and angle problems.

1941

New ceiling light for operating room; cost including installation: \$235.00

92-93 Equipment Donations

Operating Room Lighting System	\$19,074
Defibrillator for Operating Room	\$12,800
Portable Defibrillator for Emergency Room	\$6,210
Cardiac Monitoring Equipment	\$40,639

P. Abbott, C. Ackerman, C. Afflock, P. Agar, A.J. Akehurst, J. Akerman, R. Akerman, J. Albhouse, J. Aleksich, J. Alkoff, M. Allan, C. Allen, N.E. Andrew, M. & D. Antonelli, R.V. Aptekmann, E. Armour, I. Armstrong, E. Arnold, J. Arnold, ARS Vital Air, G. Ashley, M. Ashworth, J. Atchison, H. Atkinson, Auxiliary to Lady Minto Hospital, D. Ayers, R. Ayers, B.C. Hydro Social Club, E. Baker, L. Baker, W. Baker, F.E. Ball, R.E. Bambrick, S. Bamford, M. Banks, R. Banks, C.J. Barker, G. & G. Barnes, J. Barnett, D. & R. Barr, D. Barth, B. Barton, C. Baseley, F. & M. Bate, R. & B. Bateman, W. Bauer, R. & J. Baxter, M. Bazoian, A. Beaddie, Beattie's Burgers, N. Beaumont, L. Bedocs, C. Beech, R. Beech, D. Bellamy, M. Bellhouse, M. Belsey, H. Benham, H.C. Benjamin, E. Bennett, F. Bergson, K. Bergson, B. & E. Berkey, J. Berthier, R. Besley, D. Biener, W. & F. Bientjes, D.E. Biggs, J. Birney, M. Bishop, R. Bishop, C. Bisset, A. Bjornson, A.P. Black, Blue Spruce Resources Inc., R. Bolliger, E. Botham, A. Boyd, N. Bracher, E. Brader, D. Bradley, R. & J. Braithwaite, A. Breddels, V.C. Brink, F. & C. Broadbent, L. Broderick, G.W. Brown, L.J. Brown, R. & V. Brown, Bruce Fiander Esso, E.G. Bryer, N. Budd, B. Burbidge, P. Burt, T. & K. Butt, D. C. Byng-Hall, P. & G. Byrne, Callaghan, B. Cameron, M. Campbell, D. & J. Campbell, E. Campbell, M. Campbell, P. Campbell, W. Cannon, T. Carey, W. & M. Carlson, R. Carlyle, J. & B. Carr, D. Carriere, B. Carroll, F. & M. Carter, W. Carter, G. Cartwright, W. Cartwright, J. & D. Catley, S. Chantelu, D. Cherry, J. Cherry, M. Cherry, I. Chisholm, J. Chisholm, N. Chisholm, D. Church, H.M. Clark, E.C. Clark Sr., O.F. Clayton, J.N. Clerke, R.L. Clinch, C.J. Colquhoun, K. Conner, D.M. Cooper, M. & K. Cooper, E.N. Cooter, Corporate Governance Branch, A.F. Coster, J. Coster, N. Coughlan, G. Coulter, M. Coulter, W. & B. Cowan, T. Cross, R. Crossland, K. Culverhouse, C.L. Cunningham, W.J. Cunningham, J.F.B. Cupples, I. & J. Curran, K. Currie, R.F.C. Currie, B. Curtis, V. Curtis, M.

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Name _____

Address _____

City _____

Postal Code _____

I WISH TO CONTRIBUTE \$ _____

Please use my donation for:

Area of greatest need

Education

Equipment

Other

If you wish to make a donation as a special gift in the name of a relative, friend or business colleague, call for further information: Karen Davies 537-5545

Hospital Auxiliary continues to make outstanding contribution

The Auxiliary continues to make outstanding contributions to the hospital, with 32,685 hours of volunteer time donated over this past year by the Auxiliaries and Junior Volunteers.

Auxiliary and hospital board members conveyed a sad farewell to long-standing Auxiliary member, Bea Carr, at the board's annual appreciation luncheon held April 22nd. Bea and her husband, John, recently moved to Brentwood Bay. Bea was a member of the Auxiliary for twelve years and served a two year term as President. She also served as Auxiliary representative to the hospital board and Foundation.

VISITORS TO THE HOSPITAL will find the hospital foundation donor registry book at the podium near the front entrance. The names of all our donors are listed in this book, and memorial donations are also recorded here.

HOSPITAL FOUNDATION

More Thanks From our Hearts

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CARDIAC STRESS TESTING Weekly cardiac stress tests are performed by Internist, Dr. Crossland. Our new state-of-the-art equipment is demonstrated here by Gillian Mouat, R.N. and Mike Davis, Maintenance Worker.

IN MEMORIAM

Contributor of time and work appreciated

The administration Staff wishes to express condolences to the family of Mrs. Daisy Gear, Auxiliary Representative on the Board and Past President of the Auxiliary. Daisy gave much of her time and work to the hospital over the years and her contribution has been appreciated by staff and patients alike. We will miss her very much.

Equipment donations made by a caring community



1992/93

Royal Canadian Legion Stretcher
Gulf Islands Shrine Club..... Incubator
Gulf Islands Shrine Club..... Oximeter
Quentin Wilson..... ECU Activities

1993/94

H.M.S. Ganges Chapter IODE 2 Walkers
R.B. Cavaye..... Physiotherapy

Estate of D. Cavaye Multi-Probe
Quentin Wilson..... Hot water tank
..... food processor & supplies ECU
F.C. Wilkinson Nurse watches & stethoscopes
S.J. Ommanney Nursing table & chairs
John Matheson Wheelchair
Golden Hands Arts & Crafts Palliative Care
Drug Boxes

Donations made in memory of community members

Doreen Ackerman
Katharine Allan
Rick Bergson
Eleanor Bryer
Mickey Cameron
Douglas Cavaye
Roger Coster
Aubin Fairley
Myrtle Floyd
Emma Fraser
Daisy Gear

Marjorie Gordon
Kirby Herchmer
Roberta Heselgrave
Margery Keeton
Evelyn Kertland
Helen Langford
Florence Logan
Florence Malcolmson
Freda O'Connor
Kathleen Oliver
Sheila Palesch

William Patterson
Marguerite Pearce
Gavin Reynolds
Freda Sloan
Glen Smith
Sarah Snow
Leslie Stranks
Mae Wallis
Harald Wichman
Al Woodley
Ellen Wright



W. & Y Sollitt, D. Spalding, D. Sparks, A. Spencer, D. & M. Spencer, S.S.I. Lions Club, L. Stafford, G. Stahl, R. Stanton, Stanton & MacDougall Ltd., M. Stepaniuk, J. Stevens, K. & D. Stevens, A.E. Stewart, F. Stewart, N. Stewart, O. Stewart, D. Storr, E. Stranks, M. & M. Stratton, K. Strike, M.E. Sumner, M. Sumpton, I. Sutton & R. Williams, W. Swing, R. Taylor, A. Teal, R. Teale, A. & E. Temmel, A. Tester, R. Thomas, G. Thorne, H. Thorne, P. Thorne, G. & V. Thorpe, S. Thorson, S.T. Tilson, K. Toby, P.A. Tomlinson, A.M. Torrington, W. Toulmin, L. Toutant, B. Townsley, W.M. Toynbee, J. Tranter, P.M. Turnbull, E. Turner, Tuscan Management, E. Twa, J. & W. Tyler, B. Unger, R. Unger, Unicorn Construction B. Valentine, G. Valentine, B. Vanderwekken, E. Vapaavuori, J. Vibe, Vickers & Benson

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DONATIONS TO LADY MINTO HOSPITAL

Ernest & Marjorie Augner
Wanda Best
Maxine Clark
Alice Fraser
Mary Girard
Mr. & Mrs. E. Greenaway
Eileen Hunter
Mr. & Mr. Illingworth
Melanie Iverson
Bev Lillyman
Margaret & Gordon Mather
Mrs. Verna Payne
Mr. & Mrs. W.H. Pike
Aleta Tomlinson
Mr. & Mrs. Arnie Wallis
The Wallis Family
Edna Watson
Tracey Watson
Alma Wye



Lady Minto Gulf Islands Hospital

SERVICES CLOSER TO HOME

Hospital proud to offer a variety of services

We are proud of our community hospital and the services we have available to our Gulf Islands residents. Here is a summary of the services we can offer:

The hospital has 19 Acute Care beds and 31 Extended Care beds, an active 24 hour Emergency service and a growing Outpatient Department providing a variety of diagnostic tests.

LABORATORY Dept. can perform most routine blood tests, urinalysis and microbiology of culture swabs. Some urgent tests results can be reported to physicians within 10-15 min. using the Computerized Dimension Chemistry Analyzer. The department is open from 0815 - 1200 for Outpatients.

RADIOLOGY Dept. is equipped with the new Shimadzu YSF-100 X-Ray Diagnostic Unit which provides for a full range of x-ray testing. Consulting Radiologist performs *fluoroscopic* barium x-ray tests every Thursday. X-rays are available from 0830 - 1530 by appt.

PHYSIOTHERAPY Dept. offers a number of physical therapy modalities, including traction, ultrasound, cold laser, parafin wax and T.E.N.S. therapy. Outpatient appointments are from Monday to Friday. Patients in hospital are seen by the physiotherapist during her morning schedule.

EMERGENCY is fully equipped with 4 stretchers and equipment required for assisting all types of situations. Nurses hired by the hospital have training in emergency care and other specialties such as maternity and

cardiac care. The on call physician is available 24 hours a day.

SURGICAL SERVICES include Day Care Surgery. Procedures such as breast biopsies, lesion removal with skin graft, sigmoidoscopies and vasectomies can be carried out in our Emergency Operating Room. Surgeries such as hemorrhoid surgery, appendectomies, varicose vein removal, bunionectomies, tubal ligations, and hernia repairs are carried out in our Operating Theatre on Wed. We now have a Urologist on staff who will be performing surgery. Our Orthopedic Surgeon performs day care procedures such as arthroscopies (surgical examination of the knee using a fiberoptic scope). Obstetrician/Gynecologists perform a number of diagnostic procedures.



Gordon Herman Chief Lab Tech, Peter Vincent and daughter, Sheena.

MEDICAL SPECIALISTS such as an Ophthalmologist, Obstetrician & Gynecologist and Orthopaedic Surgeon conduct Outpatient Clinics in hospital Wed. and Thurs.

GENERAL INTERNIST performs such procedures as Cardiac Stress Tests, Electrocardiograms and Cardiac Monitoring in our Cardiac Observation Unit.

OUTPATIENT SERVICES in hospital include Diet & Nutritional Counselling, Liquid Nitrogen treatments, Podiatry, Palliative Care and Long Term Care Assessment where hospital patients requiring placement in other facilities or home care services are helped.

PHARMACY services are provided by part time Pharmacist who reviews prescriptions of all inpatient medications and handles all drug purchasing for the hospital. Meetings with the physicians and nurses are held regularly to discuss and make recommendations on all patient medication.

MATERNITY services are provided at the hospital with a newly decorated maternity ward and case room complete with birthing bed. Expectant moms may include their midwives to assist as a labour coach during labour and delivery. The hospital is currently developing a birthing suite that will offer expectant Gulf Islands mothers a more sensitive, comfortable environment for the birth of their children.

EXTENDED CARE UNIT conducts a full activi-

ty program in a homelike, multi-purpose lounge where Extended Care residents can choose from a variety of activities. The Lions' bus is available for outings for residents. A kitchen is available on Extended Care for special occasions where meals and snacks are prepared. Multi-disciplinary conferences are scheduled for all Extended Care residents annually to review their care and activity programs and recommend appropriate changes. The Hospital Auxiliary Volunteers are very active on the Unit serving tea and goodies and Junior Volunteers assist residents with such activities as reading or letter writing.

HELIPORT is fully equipped and certified for night flying and is available for emergency air evacuation.

AWARDS

Long Service

Long Service awards were presented to staff this Spring in the following categories:

10 YEAR AWARDS

Amanda Bettiss, Diana Hayes, Diane Marcotte, Gillian Mouat, Gail Mussell, Carol Spencer, Dovene Steele

15 YEAR AWARDS

Janet Hartwig, Anneke Mater, Loretta Minvielle, Phyllis Jorgensen

20 YEAR AWARDS

Moira Bergstrom, Maria Hull, Margaret Niven

Congratulations staff! for your hard work and dedication to Lady Minto Gulf Islands Hospital.

c. 1941 - 1978

Our longest serving staff member was Lassie Dodds. She was hired as janitor during WWII and stayed on until the late 1970s.

Honorary Staff

Dr. E.R. Dixon, Dr. E.A. Jarman
Dr. J. Mowbray



MEDICAL STAFF

Consulting Staff

Dr. J. Bridge, Radiologist
R. R. Crossland, General Internist
Dr. B. Fleige-Zahradka, Obstetrician & Gynecologist
Dr. D. Grace, Urologist
Dr. H. Henry, Radiologist
Dr. D. Lake, Orthopedic Surgeon
Dr. J. Longley, Radiologist
Dr. D. MacGregor, Ophthalmologist
Dr. D. Mais, Obstetrician & Gynecologist
Dr. D. Montalbetti, Psychiatrist
Dr. M. Platts, Radiologist
Dr. R. Polson, Radiologist
Dr. G. Scott, General Surgeon
Dr. D. Wilkie, Urological Gynecologist
Dr. D. Wooldridge, Gerontologist

Courtesy Staff

Dr. B. Lovell, Galiano Island

Dental Staff

Dr. W. Lea
Dr. L. Machell
Dr. R. Rudell

Locum Staff

Dr. B. Finnemore
Dr. E. Jarman
Dr. H. Slakov
Dr. A. Voorhoeve
Dr. D. Woodley

GENERAL PRACTITIONERS

Doctors A. Mai, J. Buchan, J. Nestman, R. Graham, K. Heaton
R. Reznick, K. Berg, J. MacPhail, P. Rowell

LADY MINTO BOARD OF DIRECTORS

Eileen Hunter.....Board Chair
Dawny Scarfe.....Board Vice-Chair
Gordon English.....Executive Committee
Dodie Marshall.....Executive Committee
Bob McWhirter.....Executive Committee
Doris Ackerman.....Saturna Island
Vivian Dawson.....Auxiliary Representative
Joe Donahue.....Pender Island
Bill Garrick.....Salt Spring Island
Hazel Hansen.....Mayne Island
Andrew Loveridge.....Galiano Island
Gina Quijano.....Salt Spring Island
Gerry Scott.....Medical Staff Representative
Stephen Thorson.....Salt Spring Island

ACCREDITATION

Lady Minto Hospital receives three year award

In July '93 the hospital obtained a Three Year Accreditation Award.

The final report from the survey conducted July 8th & 9th by the Canadian Council of Health Facilities Accreditation contained many comments of praise about the staff and services at Lady Minto:

"...the teamwork and communication within the organization are notable, and the high level of leadership throughout contributes to a strong and well-run facility....The Board may be proud of the high standards achieved."

Gulf Islands residents can rest assured that their community hospital has passed the accreditation process with flying colours and will be available to meet their health care needs with excellent quality and service

MANAGEMENT STAFF

Chief Executive Officer.....Vicki Curtis
Assistant Administrator.....Karen Davies
Director of Finance.....Jim Deas
Administrative Assistants.....Diana Hayes
.....Sharon Bond
Head Nurse, Acute Care.....Marg Pickard
Head Nurse, Extended Care.....Claire Sellar
O.R. Supervisor.....Gillian Mouat
Health Records Manager.....Kathy Laitinen
Chief Laboratory Technologist.....Gordon Herman
Chief Radiology Technician.....Carol Miller
Pharmacist.....B.J. Clive
Physiotherapist.....Anneke Mater
Activation Aide.....Terry Simard
Food Services Supervisor.....Carole Lecky
Dietitian.....Dina Ridenaur
Maintenance Supervisor.....Paul Sadler
Senior Housekeeper.....Win Horel
Senior Laundry Worker.....Margaret Niven

Credits

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Hospital Project Coordinator & Copywriter — Diana Hayes
Photography — Alane Lesk, Betty Peters & Contributors
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