



A Supplement to the Gulf Islands Driftwood

### REGISTRATION AND INQUIRIES

Portlock Park office  
Phone: 537-4448

Hours: Monday to Friday 8:30am-12:30pm and  
2:30-5:00pm

- Pre-registration is required for all programs. Register in person at the Portlock office or by mail using the form on the last page. Please remember to sign the waiver.
- Registration for all programs is accepted on a first come, first served basis.
- When registering for these programs, please remember, you must bring your B.C. Medical Number.
- The Recreation Commission reserves the right to cancel any program with insufficient registration. A full refund will be given and every effort will be made to notify those registered.
- Teens are encouraged to participate in Adult Programs.
- If a program is full, be sure to put your name on the waiting list. If possible, additional classes will be offered.
- People with special needs are encouraged to participate in the recreation opportunities that are available. For additional information regarding programs, or the desire to establish a new program, please contact 537-4448.



### OUTDOOR RECREATION

#### Parachuting!

Ultimate High Parachute Centre  
\$125.00  
Date: TBA Saturday 9:30am-4:30pm  
Min 5  
(Depart SSI on 8:00am ferry)  
\*Must be 19 years of age or older.  
Experience the "ultimate high" with a course in parachute jumping. Course includes 4 hours ground training and one jump. Sanctioned by the Canadian Sport Parachuting Association. Fee does not include ferry costs and transportation.

#### Introduction to Ocean Kayaking (10 yrs and up)

Equipment provided.... \$37.45  
Sess 1 - June 22 Wed 6:00-8:00pm  
Sess 2 - July 13 Wed 6:00-8:00pm  
Sess 3 - Aug 17 Wed 6:00-8:00pm  
St. Marys Lake Public Access, Blue Gables  
Min3/Max6  
Learn how to operate an ocean kayak. Topics to be discussed and practiced will be carrying a kayak, launching, entering and exiting, use of spray skirt, seat adjustments, rudder controls, paddling and bracing techniques. All equipment will be provided.

#### Wet Wednesdays (Kayaking Rescues)

Equipment Provided.... \$37.45  
Own Boat.... \$25.00  
Sess 1 - June 29 Wed 6:00-8:00pm  
Sess 2 - July 20 Wed 6:00-8:00pm  
Sess 3 - Aug 24 Wed 6:00-8:00pm  
St. Marys Lake Public Access, Blue Gables  
Min3/Max6  
Learn and practice wet exits, assisted rescues, self rescues, eskimo rescues, and try a roll if you're so inclined. Practice for that inevitable capsizel!

#### Sailing Daycamp

Cost: \$175.00  
Ten day courses are offered by the Salt Spring Island Sailing Club for participants, ages 10-15, commencing in July and August.  
Contact: 537-2971 to register.

#### Introduction to Modern Hang Gliding

\$75.00  
Air Dreams Hang Gliding (Mark Tulloch)  
2-Session Introductory Course  
July 22 Fri 7:00-9:00pm  
July 23 (out trip) Sat 8am Vesuvius ferry  
Min6/Max12  
Groundschool - A classroom session where the student will learn about modern hand gliders and basic aerodynamics.

A video will be shown and a question period will follow.  
Slope Session - At the training hill the students will learn to set up a glider and practice control skills. After control skills are mastered, the students move onto the beginners training hill and put those skills into practice. With the instructor by their side they will launch the glider for the first time, skimming across the ground in a short flight that will only take seconds but will seem like forever. The rest of the session will be spent making progressively longer flights and working on better control skills.

This Introductory Course will not make any student a complete pilot. It will give them a basic understanding of modern hang gliding, some hands on experience and enough information to decide if this is something they would like to pursue further.

- All equipment is supplied by Air Dreams Hang Gliding School.
- Air Dreams Instructors are nationally certified by the Hang Gliding Association of Canada. This includes first aid training.
- Air Dreams will have all students sign a comprehensive Liability Waiver that has been approved by the municipal legal department.
- Any person, aged 13 years and older, of average strength and fitness can participate in the course. Physical restrictions are: minimum height of 4'11", and minimum weight of 90 pounds.
- Any person under the age of consent (19) must have a parent or guardian sign their waiver. Parents are welcome to sit in on the ground school session and watch the slope session.



#### Rod and Gun Club - Archery Camp for Beginners

Betty Peters  
July 26-29 Tues-Fri  
6-10 yrs old 10:30am-12noon \$22.50  
11-12 yrs old 1:00-2:00pm \$20.00  
13 yrs & over 2:00-4:00pm \$26.75  
40 yrs & over 4:00-6:00pm \$32.10  
Min6/Max14 All Equipment provided  
This is an opportunity to learn the fundamentals of archery, and to learn a time honored sport, popular throughout all age groups.  
Physically challenged participants welcome.

# Salt Spring Island Parks and Recreation Commission

## THE SALT SPRING TENNIS ASSOCIATION

President: Jocelyn Holmes 537-9171

The Salt Spring Tennis Association consists of a group of enthusiastic tennis people who not only enjoy playing the game with those of equal skill, but with anyone who comes along, no matter what level they are at.

So, don't forget that on Courts 1, 2, & 3, from 7:30-11:30am:

On Tuesdays, the MEN gather to play and mix - all levels!

On Thursdays, the WOMEN gather to play and mix - all levels!

On Friday, MIXED TENNIS is the order of the day - all levels!

An excellent way, as a complete duffer or newcomer, to join the tennis folk. You don't have to be a member of the SSTA!

At the same time, the Association has a keen interest in the whole promotion of tennis on Salt Spring which is being accomplished:

- by its own activities which include tournaments and social events.

Here are the dates of the TOURNAMENTS

Sat	April 23	JACK FISHER TOURNAMENT MENS & LADIES DOUBLES
Sat	June 11	91 PLUS
Sat	July 2	WIMBLEDON CUP/SAUCER
Sat/Sun	Aug 27/28	GULF ISLANDS OPEN
Thur/Fri	Sept 15/16	JUNIOR SSI SPECIAL
Sat	Oct 15	SADIE HAWKINS

Details of the times and entrance fees for each tournament can be obtained through the Parks and Rec office at 537-4448.

- by cooperation with the Parks and Recreation Commission, helping finance various maintenance tasks on the courts.

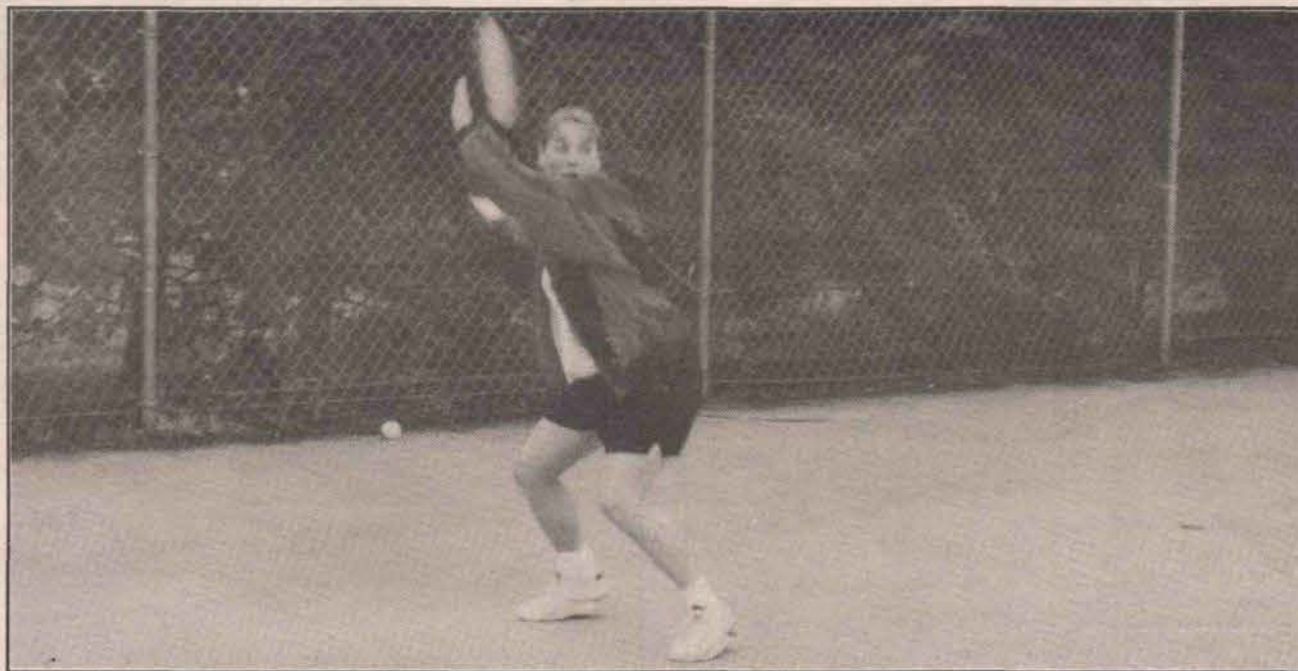
- by maintaining and managing the Bubble in the winter months.

The Bubble operates from October through April and can be rented by anyone for the current fee of \$14.00 per hour. It is used extensively for League games (Members only) and also coaching lessons organized by the Parks and Rec Commission.

- by financing, where appropriate, instruction for promising young people.

It must be said that as the SSTA own no courts, nearly all its activities are on the four public courts at Portlock Park; and for this the SSTA is very appreciative of the Parks and Recreation Commission's cooperation.

SSTA Membership is \$20.00 a year. For this, members receive the Tennis Newsletter three or four times a year, and reduced Tournament entrance fees. At the same time, work around the courts is often needed, not to mention manning the tournaments and generally helping put together the Social Events, which are all part of the tennis community.

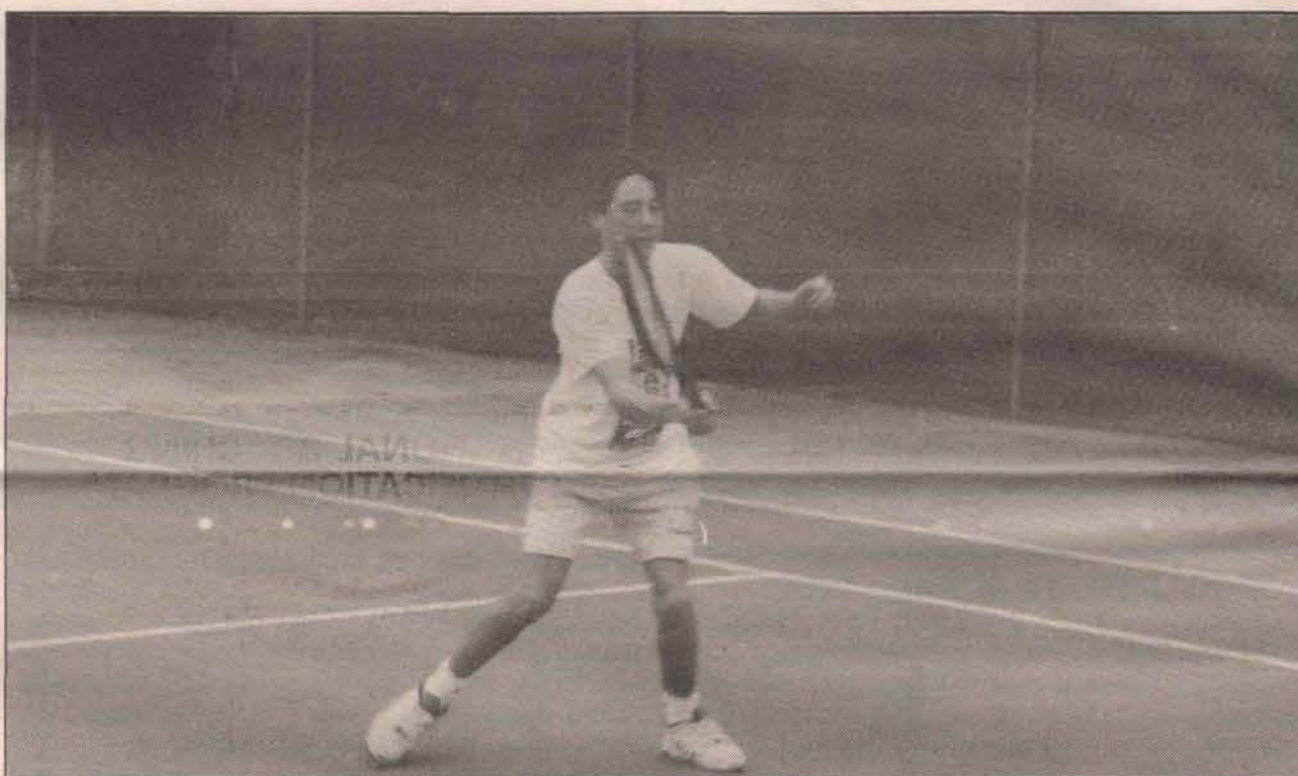


## TENNIS LESSONS

The Parks and Recreation Commission will have a list of instructors, their qualifications and telephone numbers available for people interested in beginner, intermediate or advanced lessons. Call 537-4448 for information or drop in at the Portlock Park office.

•All registration for classes will be done with the instructor.

**PLEASE DON'T WAIT  
TO REGISTER**  
Some courses fill quickly,  
while others are cancelled if there is  
insufficient interest.  
**Register Now!**



## VOLUNTEERS

Volunteers assist in providing quality leisure experiences to participants of many recreational activities. Opportunities are available in various programs, special events, and sports. Call 537-4448 to get involved.

**Do You Have  
Untapped Talent?**  
We are always looking for  
new instructors and new ideas.  
Call 537-4448



## SUMMER AND THE ARTS '94

### SCULPTURE

Explorations in Sculpture	5 days	\$300
Sculpting the Human Figure	2 days	\$130
Portrait Head in Clay	2 days	\$130

### PAINTING

Painting Seminar	6 days	\$350
An evening with Robert Bateman	1 eve.	\$10
Watercolour-Absolute Beginner	5 days	\$300
Painting the Landscape	2 days	\$130
Acrylic Painting-introduction	2 days	\$130
Family Art Course	3 morns.	\$45/\$55
Watercolour-visitors' sampler	1 day	\$65

### FURNITURE DESIGN

Furniture Design	2 days	\$130
Making a Windsor Chair	5 days	\$300

### THEATRE ARTS

Inter Disciplinary Explorations	2 days	\$90
Introduction to Masks	2 days	\$90

### CHILDREN'S CLASSES

Children's Painting	5 morns.	\$75
Children's Sculpture	5 morns.	\$75

**537-9745**

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**Donna Regen CGA**  
537-2845 (R)

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playing hard makes working hard easy!"*



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Fax: (604) 537-5576

**Register in person at Portlock Park**

# Community Recreation — Summer Program

## SPORTS AND FITNESS

### Pump Primers

Cost: \$75.00 Quarterly OR Drop-in \$3.00  
 Central Hall Mon/Wed/Fri 8:00-9:00am  
 Specialty fitness for cardiac care, in a supportive, safe and enjoyable atmosphere. Instructors are certified for fitness and CPR. Contact 537-4246 or 537-9430 for more information.

### Rugby Camp - Grades 7,8 and 9.

Dick Bennett \$30.00  
 Aug 8-12 Mon-Fri 10:00am-12:00noon  
 GISS Playing Field Min14/Max30  
 Learn and play the Old English game of rugby. A game in which play is continuous without time outs, or substitution; interference and forward passing are not permitted, and kicking, dribbling, lateral passing and tackling are featured. Don't miss this opportunity to learn an exciting sport, or practice the skills of a game, revered by so many.

### Basketball Camp -Boys & Girls -Gr 4, 5, 6 & 7

Myles Wilson \$50.00  
 Aug 22-27 Mon-Fri 5:00-9:00pm  
 Sat 9:00am-6:00pm  
 GISS Gym  
 Saturday, Aug 27th, is Tournament Day

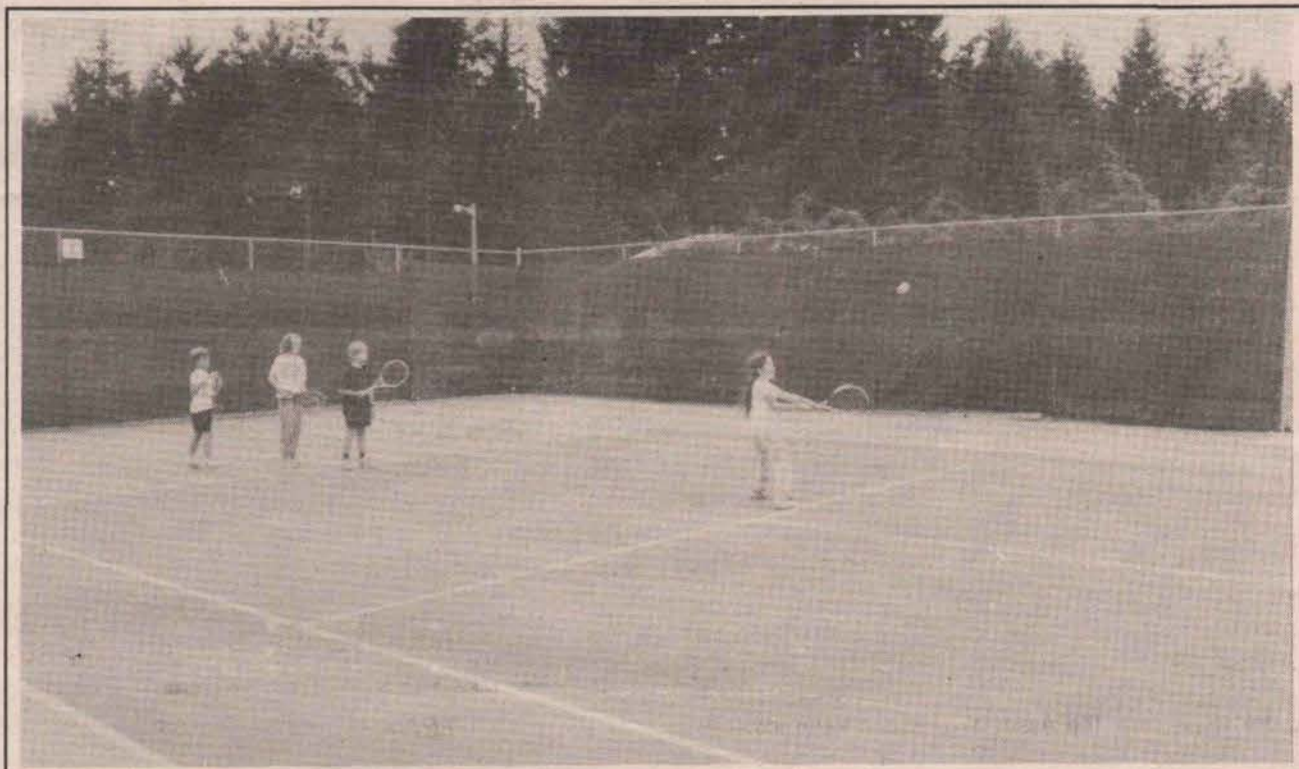
This is a "not to be missed" opportunity for young basketball enthusiasts. Basic skill development and fundamentals will be learned in a fun and action packed camp.

### Men's Basketball

June through August Mon & Wed  
 6:30-9:00pm Portlock Park  
 Recreational basketball at its best. Come and enjoy the outdoors. There is no charge, so drop in and shoot some hoops.

### Badminton Camps

Dick Bennett  
 Aug 15-19 Mon-Fri  
 GISS Gym  
 Under 13 yrs of age 9:30-11:30am \$30.00  
 13 yrs and over 12:30-2:30pm \$32.10  
 Have some fun, get some exercise and learn the basics of this great game. Skill development will be taught, as well as scoring and playing games. Please bring a racquet if you have one. Birds and some racquets will be provided.



## CAMP COLOSSAL

This year Camp Colossal is taking on a whole new energy. Two certified teachers want to give your children, ages 6 to 11, a summer full of fun and adventure and, at the same time, explore and learn about the unique features of the island they live on. The camp will include day trips to interesting parts of our island where your child can investigate and have fun with science and nature. The camp also includes swimming in Shelby Pool each day; guest speakers who will share their special talents with your children; as well as lots of games and crafts.

July 11-Aug 19 Mon-Fri 9am-3pm  
 NO CAMP on Canada Day, Aug 1  
 Location: Portlock Park

Please bring a lunch, bathing suit, towel, hat and sunscreen. Camp Colossal is the place to be for summer fun! Look for more scheduling information in May and June.

## NATIONAL COACHING CERTIFICATION PROGRAM

Salt Spring amateur sport associations provide the opportunity for a great many children and young adults to participate in athletic activities. These activities are all dependent upon having quality coaches.

The National Coaching Certification Program (NCCP) was developed in the early 1970s and is all about training

coaches. The program is a well-designed system for developing a knowledge of sport skills and for preparing coaches for sport competition. The program is composed of various courses aimed at attaining levels of competency, with each level being a prerequisite to the next. In many communities, coaches are now required to have at least a Level I certification.

### NCCP Level I Theory

\$NO CHARGE  
 (No experience in sport necessary)  
 Instructor - Paul Convey  
 Sept 10 & 11 Sat/Sun 9:00am-4:00pm  
 This course exposes the participant to the role of the coach, leadership and communication, sports psychology, motor learning and motivation, growth and development, and mechanics of body movement, the physiology of exercise, sports medicine, and principles of athletic conditioning. This program is great for the prospective coach or the dedicated coach who wants to give 100 percent to their athletes.

\*\* Preregistration is required.

### NCCP Level I Technical - Soccer

\$NO CHARGE  
 (Level I Theory is a prerequisite)  
 Sept 18 Sat 8:30am-4:30pm  
 Practical application of theory.  
 Don't miss the opportunity to become a certified coach while keeping pace with the latest coaching psychology and methodology.

\*\* Preregistration is required.



John Curran  
537-4698

Peter Lamb  
537-4859

## REAL ESTATE

We're part of the solution.

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- we provide professional, knowledgeable service
- contact us today for your information pack and maps
- we're here to help YOU!



GULF ISLANDS REALTY LTD.

Office 537-5577

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# BEACHCOMBER

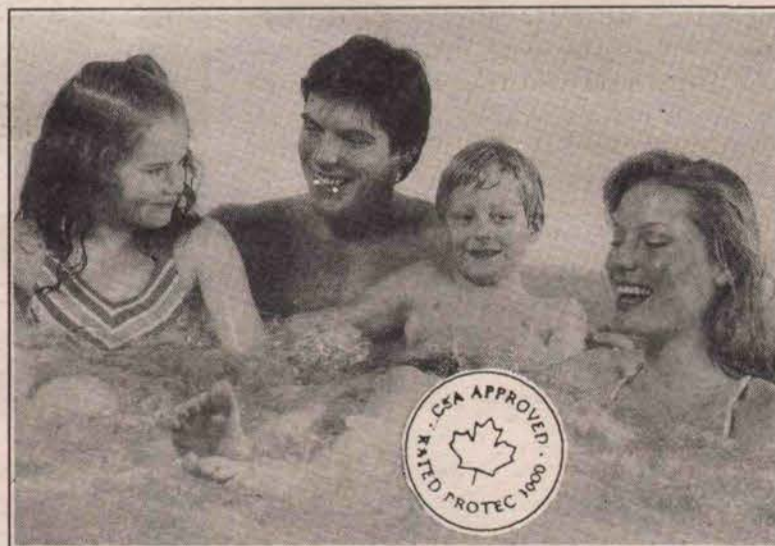
## Quality time with Beachcomber...

Nothing is as enjoyable or important as time spent with family and friends. And when it comes to quality time, there are few places as appropriate and attractive as a Beachcomber Spa.

We're your Beachcomber Home Leisure store and we are proud to offer value and service right here on Salt Spring island.

We can deliver and install your sauna or spa with on going service and water testing for as long as you own your spa.

Beachcomber... the quality and service are unequalled - but the bottom line is the sheer pleasure & enjoyment your Beachcomber can bring.



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**HOME DESIGN CENTRE**  
 320 Upper Ganges Road • 537-2111

**Salt Spring Island Parks and Recreation Commission**

**SHELBY POOL SCHEDULE**  
**SPRING / SUMMER — MAY 21 - SEPTEMBER 2, 1994**

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
AM 7:00	Parks and Recreation Commission Program						C
8:00	Aqua Fit						L
9:00	School Lessons May 24-June 30 Red Cross Lessons July 4-September 2						O
10:00	School Lessons May 24-June 30 Red Cross Lessons July 4-September 2						S
11:00	School Lessons May 24-June 30 Red Cross Lessons July 4-September 2						E
PM 12:00	School Lessons May 24-June 30 Red Cross Lessons July 4-September 2						D
1:00	School Lessons May 24-June 30 Red Cross Lessons July 4-September 2					12:30 - 3:30pm Public Swim	
2:00	School Lessons May 24-June 30 Red Cross Lessons July 4-September 2					"	
3:00	School Lessons May 24-June 30 Red Cross Lessons July 4-September 2					Public Swim	
4:00	Public Swim					12:30 - 3:30pm	
5:00	Public Swim						C L O S E D
6:00	Swim Team						
	Swim Team						
	POOL CLOSSES AT 6:00 P.M.						

Children under 5 yrs — FREE, but MUST be accompanied by an adult.

\*Econo offers one free public swim in each book of 10

AQUAFIT — \$3.50/visit or a book of 10 for \$30.00

(All Rates incl GST)	SINGLE SESSION	*ECONO BOOKS OF 10
Under 18	2.00	18.00
Family	6.00	54.00
Adult	2.50	22.50
Senior	2.00	18.00

**Early Bird Swim Program**

\$150.00

Shelby Pool Mon/Wed/Fri 7:00-8:00am  
 A program available for people wishing to swim for fitness or lap swim. The program needs a minimum of ten people to run, and will enroll a maximum of twelve. Program registration is on a first come, first served basis, and preregistration is mandatory. Don't delay to register! No drop-ins.





*This Size is the Limit!*

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109 McPHILLIPS AVE.,  
 Ganges (next to Sears)  
 Monday-Friday 9:00-5:30 / Saturday 9:00-5  
**537-2999**

**Register in person at Portlock Park**

**Community Recreation — Summer Program****Red Cross Swimming Lessons**

run in two week sessions; each consisting of ten weekdays.

**Sessions Are As Follows:**

July 4 - 15  
 July 18 - 29  
 Aug 1 - 12  
 Aug 15 - 26  
 Makeup Session: Aug 29-Sept 2

Starfish → Maroon \$40.00  
 Blue → White \$45.00

**RED CROSS LEVEL DESCRIPTION****Starfish/Turtle (Time to be determined)**

12-24 months, or when child starts walking  
 During the first week, children make their first contact with the water through various movements. Parents help instructors show children how to explore the water. During the second week, children learn how to control breathing and start doing balance and orientation exercises. Parents help train the children to overcome their fear of water and become familiar with an aquatic environment.

**Duck/Frog (Time to be determined)**

2 - 4 years old  
 During the first week, children develop independence of movement and begin to learn how to float on their backs. Parents help their children understand the information given by the instructor. In the second week, children learn how to apply the skills they have learned and become truly mobile. This is a transition level. The instructor's role in the training process increases as the parent's diminishes.

**Dolphin (Time to be determined)**

4 - 5 year olds  
 Children learn to move independently in the water. With the instructor's help, they improve their abilities.

**Yellow (11:30-12 or 1-1:30)**

(Getting face wet, opening eyes, breath control, entry/exit, safe movement, front and back float, front glide and kick.

**Orange (11-11:30 or 11:30-12 or 1:30-2)**

Jumping into chest deep water, breathing, surface support, rolling over, front & back swim, glides, continuous activity.

**Red (10:30-11 or 11-11:30 or 11:30-12)**

Lifejacket/PFD usage, front and back float recovery, surface support in deep water, front and back swim, glides, continuous activity.

**Maroon (10:30-11 or 11-11:30 or 1:30-2)**

Rescue breathing, rescuer's role, forward roll wearing PFD, front and back crawl.

**Blue (9:45-10:30 or 2-2:45)**

Personal assists, rescue breathing, front dive, treading water, front and back crawl.

**Green (9:45-10:30 or 2-2:45)**

Obstructed airways, stride entry, treading water (3 min), elementary back stroke, arms only.

**Grey (9-9:45)**

Water safety/hazards, shallow and surface dives. Front crawl, back crawl and elementary back stroke for 50 meters. Breast stroke. Swim 300 meters.

**White**

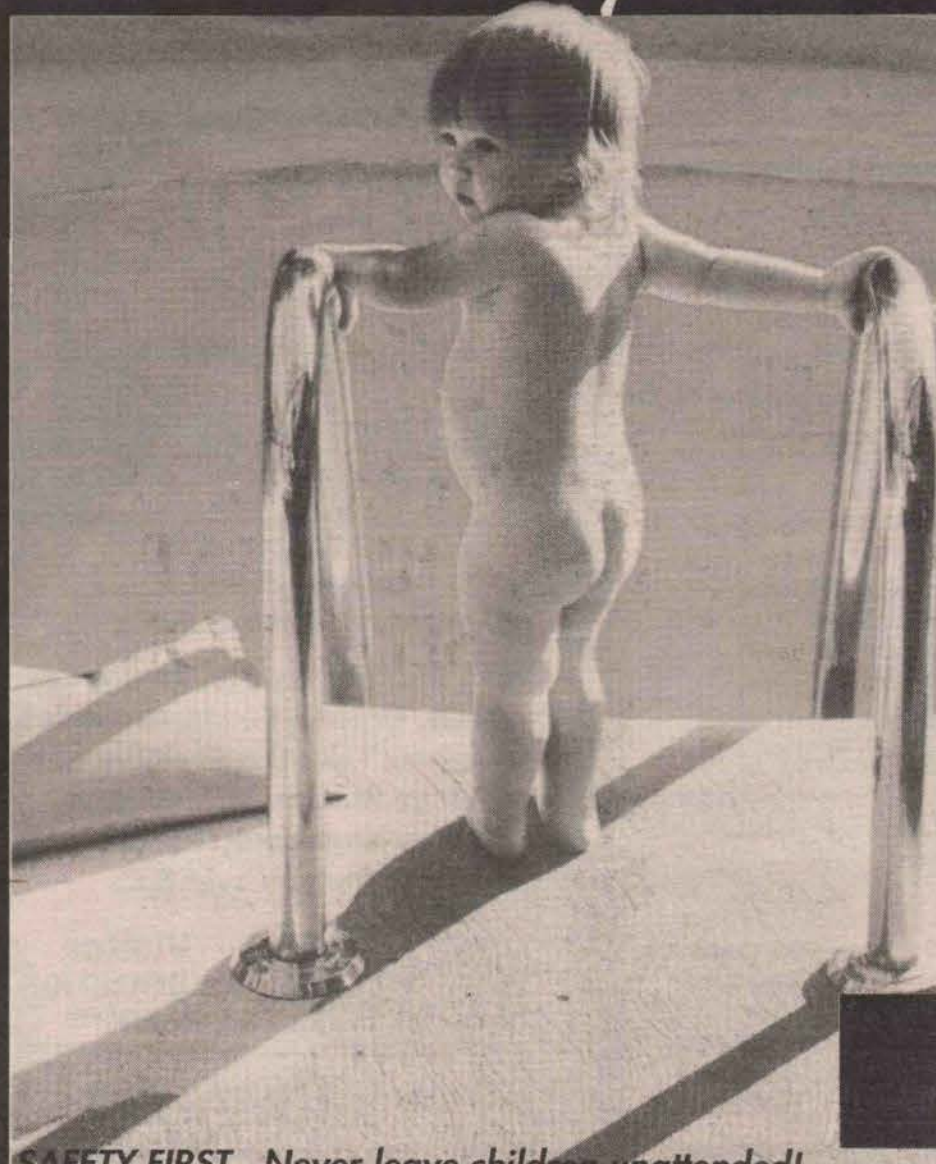
Hypothermia, treading water (5 min), sport safety, surface dives with underwater swim, side stroke. Swim 400 meters.

**Salt Spring Stingrays Swim Club**

\$35.00/month PLUS a one-time Swim BC fee  
 Shelby Pool Mon-Fri 5:00-6:00pm  
 The Swim Club did very well last summer at the off-island meets attended, and should prove to be more competitive this year. Participants must be swimming at the Maroon level at least.

**Aquafit**

\$3.50 per visit OR a book of 10 for \$30.00  
 Shelby Pool Mon-Fri 8:00-9:00am  
 Aquatic exercises are well known as being beneficial for fitness, arthritic management and general well-being. Motivation and instruction are provided by our certified instructors from the Salty Sweat'rs. Drop in when you can, or come on a regular basis.

**Let Us Baby Your Pool!****Pool Openings****Chemical Sales****Maintenance Service****Pumps Filters & Heaters****New Pool Construction****Pool Games & Accessories****SAFETY FIRST...Never leave children unattended!****ISLES WEST WATER SERVICES**

Bob Ellison

Pool & spa chemicals available at  
Island Spoke Folk.

653-4513

**PLEASE DON'T WAIT TO REGISTER**  
 Some courses fill quickly, while others are cancelled if there is insufficient interest.  
**Register Now!**

# Salt Spring Island Parks and Recreation Commission

## PERSONAL WELL-BEING

**Color Therapy** \$38.52  
 Baron Fowler, Certified Color Therapist  
 May 31-June 21 4Tue 7:00-9:30pm  
 GISS Rm.1 (Physics) Min6/Max12  
 This basic introduction to color therapy will outline the various methods that are in use today to treat all manner of ailments and disease. The participants will gain the information necessary to use color in dress, interior design, personal understanding, and to utilize color in minor physical ailments.

**Shiatsu** \$23.11/session  
 Rachel Jacobsen  
 Shiatsu is a traditional Japanese healing art best described as "Acupuncture Without Needles". Finger Pressure applied to specific points promotes relaxation, renewed vitality and well-being.  
 Saturdays 10:30-3:00 pm  
 1/2 hr for lunch B.Y.O. Min5/Max10

**Shiatsu for Gardeners**  
 June 4 SSE Library  
 Learn to alleviate stiffness, pain and fatigue from those aching gardening joints and muscles. Pressure is applied to the acupressure points which stimulates the parasympathetic nervous system and improves muscle and joint function.

**Shiatsu Neck and Shoulder Tune-Ups**  
 Sess I) June 18 SSE Music Room  
 Sess II) Aug 13 SSE Library  
 Highly effective for anyone prone to headaches, neck and shoulder tension, and people whose activities require a lot of sitting. Whether it is at a computer terminal, piano, artist's table or knitting chair, Shiatsu can alleviate tightness from muscles and joints and restore flexibility to the upper body.

**Shiatsu for Athletes**  
 July 2 SSE Library  
 Whether you run, walk, kayak, sail, lift weights, cycle, or what have you, Shiatsu can ease the soreness of aching muscles and promote over-all vitality, stamina and well-being.

**Neck and Shoulder Shiatsu for the Whole Family**  
 Sess I) July 30 SSE Library  
 Sess II) Aug 27 SSE Library  
 Imagine if everyone in your family actually knew what they were doing when they gave you that craved-for shoulder rub! Kids and parents will learn a basic Shiatsu "tune-up" (and the family dog will love it, too).

## THEATRE AND DANCE

**Theatre and Dance for Youth (10-13 years of age)**  
 Yvonne Adalian and Sue Bowler  
 \$80.00  
 Aug 8-12 Mon-Fri  
 10am-3pm (lunch break 12noon-1pm)  
 GISS Gym Min10/Max20  
 Theatre and dance games and techniques will enable students to learn to work together and develop their creativity through individual and group improvisations. Utilizing improvisation, mask work, movement and storytelling, short scenes will be developed for an in class performance.

**Summer Dance with Sue Bowler**  
 Have a great time learning ballet and creative techniques and songs. Performance for the parents on the last day to close out the week.

3 - 5 year olds \$18.00  
 Aug 2-5 Tues-Fri 9:30-10:30am  
 GISS Gym Min6/Max12  
 6-8 year olds \$27.00  
 Aug 2-5 Tues-Fri 10:30am-12noon  
 GISS Gym Min6/Max12

### IS SOMETHING MISSING?

IS THERE SOMETHING THAT YOU ARE INTERESTED IN THAT YOU DON'T SEE IN THIS CALENDAR? PLEASE LET US KNOW (BY MAIL, PHONE, FAX OR VISIT) AND WE'LL SEE WHAT WE CAN DO TO HELP!

## FOR YOUR INFORMATION

### 1994 Parks and Recreation Budget

REVENUE BUDGETED	\$	%
Tax Requisition	360,090	72
Pool Revenue	45,690	9
Other Programs/Misc	94,760	19
	<u>500,540</u>	100

EXPENSES BUDGETED	\$	%
Parks Maintenance/Repairs	144,090	29
Pool Expenses	58,060	11
Other Programs	117,330	23
Other Operations/Admin	113,220	23
Capital Purchases	59,200	12
1993 Deficit Repaid	8,640	2
	<u>500,540</u>	<u>100</u>

## SALT SPRING ISLAND RESOURCES

### LEISURE AND CULTURE

Active P.A.S.S. Lynda Jensen	537-4168
Artspring (Island Arts Centre Society) Office	537-2125
" Lawrie Neish	537-2053
Badminton Club Uli Temmel	653-4613
Bandemonium Wendy/Derrick Milton	537-4654
Baseball Mike Tyson	537-5020
Basketball	537-4448
Bingo Neville Atkinson	537-2591
Bowling	537-2045
Bridge Norman McConnell	537-9806
Castaways Car Club Dennis Marshall	537-9298
Community Centre (SSI Community Society)	537-9971
Dance	537-4448
Ganges Dog Obedience Training Club	537-5265
Girl Guides of Canada (SSI District) Gail Temmel	653-4613
" Brownies, Guides, Pathfinders, Rangers Frauke Prystawik	537-9338
GI Arts Council Lawrie Neish	537-2053
GI Concerts - Salt Spring Wendy/Derrick Milton	537-4654
Gymnastics	537-4448
Island Paddlers Kayak and Canoe Club	537-4631
Johann Strauss Foundations	537-2559
Karate Pat Byron	653-9295
Off Centre Stage Society	537-5211
Old Age Pensioners Organization	
" Branch 32 Ganges Ron Milton	537-1374
" Branch 170 Fulford Dorothy O'Sullivan	653-4325
Pool, Snooker and Billiards	537-2054
Pump Primers - Cardiac Exercise Group Ann Page	537-4246
Rowing Club Doug Pearson	537-2675
Royal Vancouver Yacht Club Jim Ballantyne	537-5033
Shelby Pool	537-4448
SS Camera Club Cedric Barker	537-2217
" Norma Benay	537-9716
SS Centre for Creative and Healing Arts	537-2326
SS Early Music Consort Sheila Stacey	537-5490
SS Fabric Guild Millie Sinclair	537-5070
" Donna Johnstone	537-5654
SS Festival of the Arts Society Patricia Nobile	537-4167
SS Garden Club Dee Fitton	537-4958
SS Golf and Country Club Gord Fergusson	537-2121
SS Historical Society Don Watt	537-4806
" Archives Peggy Tolson	537-9784
SS Jewellers Guild Melanie Dick	653-9425
SS Judo Club Thom Quine	537-1999
SS Mountain Bike Association	537-4664
SS Painters Guild Judy Borbas	537-2015
SS Parks and Recreation Commission	537-4448

SS Players Dawn Luker	537-1045
SS Potters Guild Judy Weeden	537-5403
SS Power and Sail Squadron Don Watt	537-4806
SS Rod and Gun Club	537-2508
" Archery Betty Peters	537-2781
SS Sailing Club	537-5112
SS Sea Capers Society Ken Strike	537-4743
SS Singers Lloyd English	537-1211
SS Soccer Assoc Terry Stringer	537-9294
" Wanda Langdon	537-9327
SS Softball - Mens League Perry Booth	653-4678
SS Speakers Club (formerly Toast Mistresses) Gail Beattie	537-4069
SS Tennis Assoc Jocelyn Holmes	537-9171
SS Trail and Nature Club Jim Barber	537-5688
SS Weavers and Spinners Guild Freda Gray	537-9667
SS Woodworkers Guild Illyd Perkins	653-9392
SS Youth Centre	537-9938
Salty Sweat's Fitness Rosemary Trump	537-5988
Salty Wheels Square Dance Club Allan Cunningham	537-5356
Scouts Canada First Ganges Group	537-5843
" Beavers, Cubs, Scouts Ross McLeod	537-9114
Society for Creative Anachronism Larry Harris	537-9836
Student Leadership Council	537-9938
Tai Chi	537-4448
Taoist Tai Chi Society of Pacific Canada David Honour	537-1871
Tennis	537-4448
Theatre Alive Yvonne Adalian	537-4396
" Diana Hayes	537-2538
Track and Field Club of Salt Spring Rae-Anne Huth	537-2803
" Dick Bennett	537-4441

### SENIORS

Abbeyfield Society Joyce/Douglas James	653-4403
Day Program at Greenwoods	537-5561
Lions Bus and Handicapped Bus	537-5840
"	537-2048
Old Age Pensioners Organization	
" Branch 32 Ganges Ron Milton	537-1374
" Branch 170 Fulford Dorothy O'Sullivan	653-4325
Seniors for Seniors	537-4604
Seniors Health Promotion	537-4607
V.I.S.T.A. Treatment Program	1-370-6638
Volunteer Counsellor	537-2173



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# Community Recreation — Summer Program



## JUNIOR TENNIS PROGRAM NEWS

Salt Spring island is privileged to have two fine young tennis athletes who have emerged from the junior tennis program over recent years.

Jana Folstad, age 15, and Santih Buchan, age 12, have been dedicating an average of 17 hours a week to training for the junior tennis circuit. Both got a taste of tournament play last year, playing in the Cowichan Jr. Grasscourt Championship and the North Central Washington Tournament.

They have received volunteer tennis instruction for two years now, beginning with Betty Boyd in 1992. In early 1993, Jana and Santih were scouted by the Tennis Canada national coaches and invited to a weekend training camp in

Victoria. During the summer of 1993, they worked with Australian, Craig Uren, beginning to hone their match skills and master their footwork. Since December 1993, they have worked with Mike Best and are presently trying to round out the remaining strokes in their game needed to become competent tournament players. They practice regularly with senior tennis players on Salt Spring.

During the summer of 1994, they hope to play up to twelve tournaments in British Columbia and Washington State, with the goal of achieving ranking status.

Such a program involves significant expense for fees, travel and accommodation, and a fundraising effort is underway in cooperation with the Salt Spring Tennis Association. If you would like to help Jana and Santih reach their goals, give Peter Lamb a call at 537-4859 or Mike Best at 537-4451.

## PORTLOCK PARK NEWS

New posts and nets for three tennis courts have been purchased by the SSTA. The Parks and Recreation Commission are having courts 2, 3, and 4 resurfaced, hopefully between May 15 and June 1. Resurfacing does require good weather, so exact dates of closure are impossible to predict; however, the work will be done with as little inconvenience as possible. Your cooperation will be greatly appreciated in this regard.

## SPACE AVAILABLE

Don't Miss this opportunity to advertise in the next **COMMUNITY RECREATION** brochure.

For more information, call **537-4448**.

## GREAT GET-AWAYS TO SUMMERTIME FUN...

- Models • Puzzles • Games • Toys •
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Island Savings Insurance Services Ltd.	DUNCAN 746-5575	CHEMAINUS 246-3273	ROYAL OAK 727-3501	GANGES 537-4542
		MILL BAY 743-5573	VICTORIA 386-6343	



Prosperity begins at home

...or use mail-in form on last page

# Salt Spring Island Parks and Recreation Commission

## SUPPORT GROUPS

- Adult Children of Alcoholics (ACOA).....537-2941
- Alanon/Alateen.....537-2317
- Alcoholics Anonymous
  - Unity Group.....537-2317
  - Phoenix Group.....537-2323
  - Ladies Only Group.....537-5794
- Alzheimer's Support Group Marg Munro.....537-5004
- Bessie Dane Foundation.....537-2770
- .....537-9955
- Canadian Cancer Society.....1-800-663-7892
- .....FAX.....746-8104
- Cancer Support Group.....Rita Thomas.....537-1053
- .....537-1176
- Caregivers Support Group Leanoir Hearsey.....537-5474
- Co-dependants Anonymous.....537-1492
- Community Centre (SSI Community Society).....537-9971
- Community Initiatives.....537-9909
- Eating Disorders Group (Information).....537-9237
- Fulford Harbour
  - Child Care Society.....Janet Hoag.....537-9678
- Geriatric Assessment Group.....537-5561
- GI Assoc. for People with
  - Disabilities.....Bill Best.....537-4386
- GI Special Needs Assoc. Liz Anderson.....537-4979
- H.E.A.L.I. Alert Line Society.....537-9955
- Meals On Wheels.....537-9955
- .....FAX.....537-9969
- Mother 'N' Child.....537-5304
- .....653-9380
- Men's Support Groups.....Don Vaillancourt.....653-2051
- Parkinson's Interest Group.....Laura Faulkner.....537-9639
- Pump Primers
  - Cardiac Exercise.....Ann Page.....537-4246
- Red Cross Equipment
  - Loan Service.....Leanoir Hearsey.....537-5474
- SS Home Support Services.....537-9955
- .....FAX.....537-9969
- Santa's Workshop.....Bob Appleton.....537-4505
- S.A.R.A. (Sexual Assault Recovery Anonymous).....537-9422
- Schizophrenics Society of BC.....537-9237
- .....537-5264
- South SS Women's Institute.....653-4350
- .....653-4368
- St. John Ambulance.....Leanoir Hearsey.....537-5474
- Voice of Women.....Catherine Faulkner.....537-2756
- .....Maggie Schubart.....537-9804
- Welcome Wagon.....Marlie Kelsey.....537-9500
- Women's Support Group (Information).....537-1980

## SERVICE CLUBS AND LODGES

- Auxiliary to Lady Minto
  - GI Hospital.....Jean Brindamour.....537-2282
- I.O.D.E. HMS Ganges
  - Chapter.....Ena Patrick.....537-2793
- Lady Lions.....Mary Walker.....537-5840
- .....Vivian Dawson.....537-9869
- Lions Club of
  - Salt Spring Island.....Cal MacKay.....537-2620
  - .....John McKenzie.....537-2379
- Rotary Club.....Neville Atkinson.....537-2591
- Royal Canadian Legion.....537-5822
- Royal Canadian Legion
  - Ladies Auxiliary.....Christina Hutton.....537-4385
- Shrine Club #39
  - Gulf Islands.....Randal Sloan.....537-2975
- Daughters of the Nile
  - Madrona Club.....Pearl Newstead.....537-2836
- Masons Admiral Lodge
  - #170 AF and AM.....Ken Strike.....537-4743
- Order of the Eastern Star.....Doug/Dee Roberts.....653-4655

## OTHER

- Amnesty International.....Betty Gibson.....537-4347
- Business Information Centre.....Office.....537-4223
- .....FAX.....537-4276
- Chamber of Commerce.....537-4223
- Fulford Business Assoc.....Dennis O'Hara.....653-9555
- Green Islands.....Phone and FAX.....537-4653
- Island Pathways.....537-4664
- Island Watch Society.....Bob Weeden.....537-5403
- Lady Minto GI Hospital Foundation.....537-5545
- L.E.T.S. (Local Exchange
  - Trading System).....Anika.....537-4090
- SS Disarmament Group.....Maggie Schubart.....537-9804
- SS Farmers' Institute.....Chris Schmah.....537-5762
- .....Joyce Taylor.....537-2225
- SS Market Vendors Association.....537-1102
- SSI Foundation.....Bob Rush.....537-2501
- SS Planning Association.....Ken Renaud.....537-4154
- SS Salmon Enhancement Society
  - Cusheon Creek Hatchery.....537-2232
  - .....Kathy Reimer.....537-9630
  - .....Jonathan Oldroyd.....537-2752
- SS Transportation Committee.....Kathy Scarfo.....653-9207
- SS Water Preservation Soc.....Bob Twaites.....537-5453
- Save the Children Fund of BC.....Peggy Frank.....537-9710
- .....653-2350
- S.P.C.A.....537-2123
- Tourist Information Centre.....537-5252

If your club or association is not listed, or the information has changed, please call the Portlock Park office at 537-4448.

## MAIL-IN REGISTRATION FORM

NAME \_\_\_\_\_

ADDRESS \_\_\_\_\_

PARENT'S NAME (if child) \_\_\_\_\_

HOME PHONE \_\_\_\_\_ WORK PHONE \_\_\_\_\_

ALTERNATE'S NAME & PHONE # \_\_\_\_\_

(In case of emergency)

**MEDICAL FORM** (confidential)

FAMILY DOCTOR \_\_\_\_\_ PHONE \_\_\_\_\_

B.C. MEDICAL NO. \_\_\_\_\_

MEDICAL CONCERNS (allergies, medications, limitations) \_\_\_\_\_

The undersigned applicant assumes all risks and hazards incidental to services and agrees to release, absolve, save harmless and keep indemnified the Salt Spring Island Parks and Recreation Commission, the Capital Regional District and its officers, employees, officials, agents, servants and representatives from and against all claims, action, costs, expenses and demands in respect to death, injury, loss or damage to the person or property of the developer, contractor or owner, howsoever caused, arising out of or in connection with the services, not withstanding that the same may have been contributed to, caused or occasioned by the negligence of the CRD, its officers, employees, officials, agents, servants or representatives. No warrant is implied for service of the Capital Regional District that this agreement is to be binding on myself, my heirs, executors and assigns.

Participant's Name	Age if child or teen	Program Name	Cost

Please make cheque payable to the CRD (Capital Regional District),  
Mail cheque to: 145 Vesuvius Bay Rd.,  
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Signature \_\_\_\_\_



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