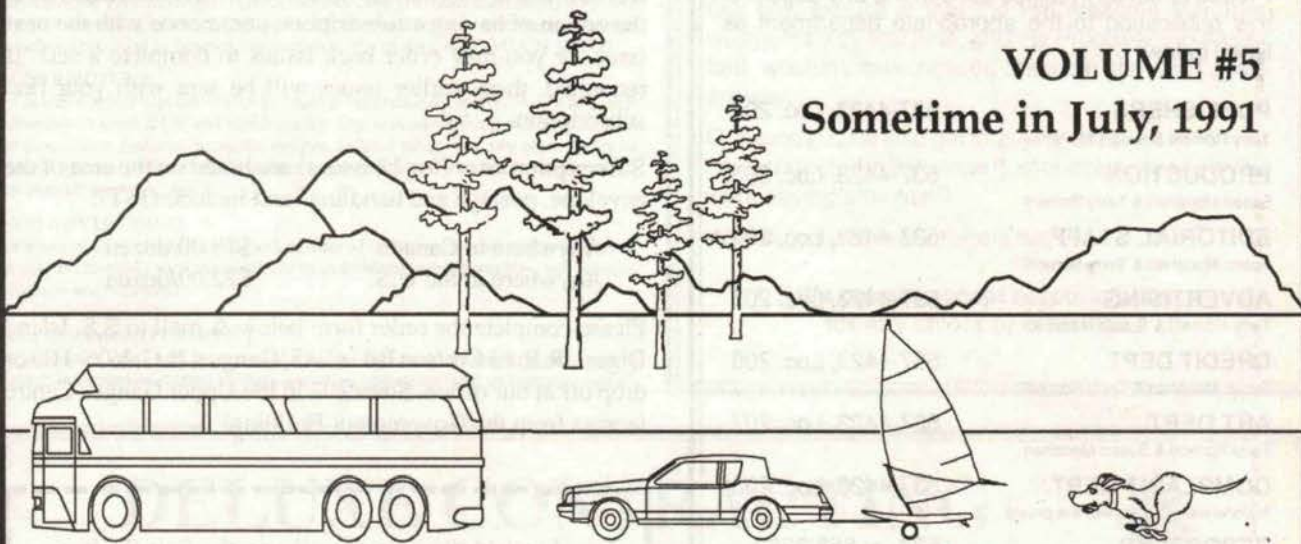


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VOLUME #5
Sometime in July, 1991



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- ASSISTANT TO ALL OF THE ABOVE**
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DEADLINES FOR SUBMISSIONS

- Official Deadline**
Last working day of each month
- Unofficial Deadline**
The first Wednesday in each month
(unless it's after the first Friday of the month!)
- Salt Spring Time Deadline**
The first Friday in each month
- For Procrastinators Only**
The day after publication

NOTE TO CONTRIBUTORS:
We will attempt to publish all material submitted, but if we run out of space, your contribution may be featured in the next issue. (We will try to operate on a "first come, first serve" basis.)

SUBSCRIBE TO THE DIGEST

By popular request, we are now offering annual subscriptions to the Salt Spring Island Digest. Subscribers' copies will be mailed (in a personalized envelope) by the middle of each month.

Because this is only our fifth issue, we will, at the outset, offer the option of having a subscription commence with the next issue, or you may order back issues to complete a set! If requested, these earlier issues will be sent with your first subscription.

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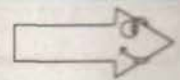
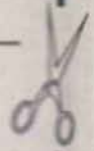
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INTRODUCTION

The SS Digest is an information guide produced on Salt Spring Island in tabloid format, using computerized desktop publishing. The purpose of this publication is to offer a combination of products, services and general information to residents of the island.

OBJECTIVE

Because the Digest is not a newspaper, it will not report on issues or events that are of a political, religious, or controversial nature, but will attempt to provide material that is simply useful or entertaining.

CONTENT

We intend to vary the Digest format monthly, but will continue to offer a variety of topics appealing to a wide group of readers — ranging from community services to computers, food to finance, construction tips to cars, AND MUCH MORE!

CONTRIBUTORS:

To achieve a publication which is truly a "community effort", we will solicit submissions from all island residents for any non-advertising material such as articles, fiction features, humour, recipes, helpful hints, and any other topics of general interest. We will gladly accept any contribution which is in keeping with the objectives of the Digest..

PAID ADVERTISING

A variety of advertising formats will be offered to businesses catering to islanders, as well as classified sections available to individuals wishing to buy, sell or trade products and services.

FREE COMMUNITY SERVICE

In each issue, space will be reserved for local non-profit service organizations to submit information related to their activities, objectives, and upcoming events.

EDITORS' NOTE:

In our last issue, we wrote a little column about the rigours of the publishing business, in which we commented that double proofreading is no guarantee against errors. Well, wouldn't you know it...there was a typo in that very article (how embarrassing!)

Our only excuse is that the Proofreading Manager was punchy by that time, and the Proofreading Assistant wouldn't have noticed because she can't spell anyway.

Our June puzzle also got totally messed up, which we have corrected in this issue (just checking to see if you were paying attention!)

Why do you think publishers say...

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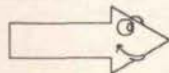
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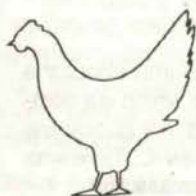
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**"Cock-O-Leekie"
Stew for Two**

by: Jim Smith

Dredge 4 chicken thighs in seasoned flour, then quickly brown in hot oil in medium dutch oven. Drain off excess oil & fat.
Pour 2 cans chicken broth & 2 cans water over chicken.

Add the following:

- 2 medium leeks (Cut off 1/3 of the green ends & discard, then cut the remainder lengthwise, wash thoroughly & coarsely chop.)
- 2 finely diced medium carrots
- 2 medium tomatoes - peeled & coarsely chopped
- 2 stalks celery, chopped
- 6 whole cloves
- 4 medium potatoes, peeled & quartered
- Salt & pepper to taste

Cover & bring to a boil, reduce heat to simmer & cook for 1 to 1-1/2 hours.

NOTE:

Fresh new potatoes washed & scrubbed, greatly enhance the flavour if added whole or halved instead of regular potatoes. Do not attempt to thicken the stew, otherwise flavour is impaired.

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Helpful (Bug) Hints



If you are taking a driving trip during insect season, spray your grill with Pam to keep the bugs from sticking.

Contributed by Stan Wakelyn

If there's no bug spray on hand when a flying insect attacks, use hair spray as a substitute. It immobilizes the bug's wings, making the target easier to swat!

Contributed by Barb Seymour



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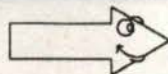
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FOR THOSE BORN BEFORE 1945

We are survivors!!

Consider the changes we have witnessed!

We were born before contact lenses, split atoms, lazer beams and ballpoint pens. Before clothes dryers, air conditioners, and before man walked on the moon.

Designer jeans were scheming girls named Jean, and having a meaningful relationship meant getting along with our cousins.

We were before house husbands, gay rights, computer dating, dual careers and computer marriages. We were before day-care centres, group therapy and nursing homes. Back then, "Made in Japan" meant junk and the term "making out" referred to how you did on your exam.

We hit the scene where there were 5 and 10 cent stores, where you bought things for 5 and 10 cents. The corner store sold ice cream cones for a nickel or a

dime. For one nickel you could ride a street car, make a phone call, buy a Pepsi or enough stamps to mail one letter and two postcards. You could buy a new Chevy coupe for \$600...but who could afford one? A pity too, because gas was 11 cents a gallon!

In our day, Rock Music was a grandma's lullaby and AIDS were helpers in the Principal's office. We were surely before the sex change. We made do with what we had. And we were the last generation that was so dumb as to think you needed a husband to have a baby.

No wonder we are so confused and there is such a generation gap today. But we survived!!! What better reason to celebrate?!?!?

*Contributed by
Barbara Worsley*

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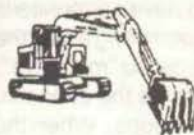
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An MG Midget pulled alongside a Rolls-Royce at a traffic light. "Do you have a car phone?" its driver asked the guy in the Rolls. "Of course I do," replied the haughty deluxe-car driver. "Well, do you have a fax machine?" The driver in the Rolls sighed. "I have that too." "Then do you have a double bed in the back?" the Midget driver wanted to know. Ashen faced, the Rolls driver sped off. Later that day, he took his car to a mechanic and had a double bed installed. A week later, the Rolls driver passed the same MG Midget parked on the side of the road - windows fogged up and steam pouring out. He pulled over and banged on the Midget's window until the driver stuck his head out. "I want you to know that I had a double bed installed," the Rolls driver bragged. The Midget driver was unimpressed. "you mean to say you got me out of the shower to tell me that?"



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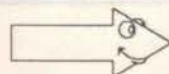
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Dear Fran Flanders

Dear Fran:

When our daughter was three years old, she developed an imaginary friend she called Dave. We didn't discourage it, because everyone assured us this was quite normal. However, she's now 23 and wants to marry Dave. What should we do?

Concerned Mom

Dear Concerned Mom:

It's a little late to deal with the problem now, but try to look on the bright side -- just think of how easy it will be to babysit the grandchildren.

Dear Fran:

I've recently met a delightful girl, who's pretty, charming, and bright. I'm afraid to take her home to meet my folks though, because she's from Ontario, and they're very distrustful of foreigners. Can you give me any advice?

Loving Son

Dear Loving Son:

I would never suggest you purposely deceive your parents, but perhaps you shouldn't tell them right away where your girlfriend is from -- if she's as lovely as you describe, I'm sure that once they get to know her, they'll overlook her origins. Just warn her not to mention "Taranta" during conversation with your family.

Dear Fran:

We have a daughter who is 13, and she just will not keep her room clean. She takes food up there, and the dishes & glasses never return to the kitchen until they're forming mold. She leaves dirty underwear & clothes all over, or hides them under her bed. We have tried suspending privileges, a sharp tongue lashing, and cutting off her allowance, but nothing works. Can you help me?

Mrs. Clean

Dear Mrs. Clean:

Instead of giving your daughter an allowance for a while, buy a set of dishes to be used exclusively for all of her own meals & snacks, and make it her responsibility to wash them, as well as insisting that she launder and iron her own wardrobe. Maybe when she runs out of clean dishes and clothes, she'll get the message. If that fails, try marrying her off to some poor unsuspecting male.

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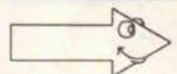
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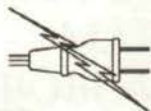
by Amalee Toobyfore

GUIDE TO GUSTATORY GRACIOUSNESS

1. Never show chewed food to others. Nothing could be less interesting to a truly refined diner.
2. Napkins are not hankies. Do not blow your nose in a napkin.
3. Sit erect. Sitting "sidesaddle", turning the chair backward, putting your feet or shoes on the table show bad breeding.
4. Offer compliments to your host or hostess on the preparation, taste and texture of the food. A good host or hostess never tries to elicit compliments from the guests by saying, "This food tastes awful, doesn't it?" This is the so-called "reverse psychology" so popular today. Yet it is nothing more than patently transparent begging for compliments.
5. Never eat soft or runny foods such as butter, puddings, poultry stuffing, and soup with the fingers. The exception is at a luau where poi is served.
6. Fried chicken may be picked up and eaten with the fingers outdoors, but not indoors. A garage is considered outdoors.

TABLE SETTINGS AND TABLE SEATING

1. Of course, you'll want to use your prettiest tablecloth, be it lacy heirloom from Granny or an easy-care vinyl floral. Whichever you choose, take care that it blends most harmoniously with your flatware and dinner service.
2. Remember to check carefully between the tines of the forks for old food particles that may have lodged there. This is the athlete's foot of utensils. Compared to it, water spots on the glassware are peccadilloes.
3. Napkins? Of course! For the personal touch, use paper napery and monogram each guest's napkin with a ballpoint pen.
4. How about wine? When served with dinner, wine should never be drunk from the bottle. Food particles in the mouth flow back into the bottle, clouding the wine and leaving it unsightly. The thoughtful host or hostess always provides glasses or cups. The best wines do not have screw caps.
5. In seating your guests, the liveliest conversational group will be formed by following the boy-girl/boy-girl arrangement. Couples who clown around too much with each other should be broken up.



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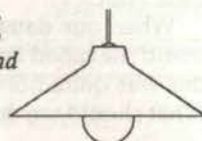
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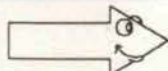
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*This publication is valid in the Gulf Islands Only.
(Void where silliness is prohibited by law)*



Behind the Scenes at the Movies

by Louise Nye

A few weeks ago, my sisters and I thought it might be fun to have a float in the Sea Capers Parade. The truck was arranged, Pepsi Cups stapled together, popcorn boxes stuffed with paper and topped with glue to hold on the popcorn, computer banners unfurled and our tools assembled.

Brian, my husband, had the ingenious idea of making a reproduction of 1920's camera, complete with crank. He dug out the cross-country knickers he never thought he'd wear again, and we blew up 50 balloons.

When the big day arrived, our decorations were carefully unloaded from car trunks and piled onto the steps at Central Hall. Some new theatre seats were hefted outside and seven eager people awaited the truck that was to be our float. Time went by, and more time....

"Do you think he's forgotten?" someone asked. We phoned our sleepy driver and when he arrived it was in a car, with a strange look on his face as he uttered the words "It's gone". We were astounded. That couldn't be! How could a huge truck just disappear? Visions of us marching through the streets of Ganges, holding up our varied decorations, flitted through my mind. Perhaps if we all walked very close together and hummed we could pass as a float.

"I'll go and find it", he announced confidently, "And if it goes by while I'm gone, just wave it down."

We had to be at the starting place in half an hour and were almost ready to flag down any old truck, when the blue hood appeared, to the sound of our cheers. Our ingenious driver had miraculously tracked down his missing flatbed.

The theatre seats were heaved unto it, and into cars were stuffed the popcorn boxes, pop cups, balloons, banners, camera, tripod and old film clips, etc., and we got underway.

We arrived to see all the other floats ready or adding last minute artistic touches. Our staple gun, tape, tacks and string flew frantically back and forth until our creation was ready, and its somewhat unstructured appearance was quite unplanned....

Mighty pleased with ourselves, we leapt into our places and made our way into town, with our smiling driver wearing a boater at a cocky angle. My sisters and our two strong-armed helpers settled comfortably into our cushioned seats and munched out on Twizzlers and Jr. Mints, holding boxes of popcorn. We had a motorcycle escort bringing up the rear, and Brian was at the other end pretending to film the crowd the way they did in the old days, complete with an on backwards cap.

I removed the lens cap from my Nikon and looked for a good shot. Music from our tape deck floated out into the June air, and old Blue Eyes sang "There's No Business Like Showbusiness".

We've always thought that, but now we KNOW.



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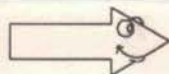
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AS I SEE IT

by Bryan Smith

THE BATHROOM DETECTIVE

As the old saying goes - it takes all sorts to make a world. I go along with that, especially after reading Abby's advice column recently. A woman was seeking Abby's advice on how to deal with the earth shattering problem of strangers asking permission to use her bathroom as they applied their talents around her property, i.e. plumbers, electricians et al.

Abby replied that when you gotta go you gotta go, and she advised air fresheners and a coloured dye you hang just inside the toilet tank.

This reminded me of an unusual character I met a few years ago in a London pub. He confessed he had a hobby which was rather bizarre. As a student of human behaviour he found people's bathroom a good source for his studies. In short, he

was a bathroom detective.

"Take last week, for instance," he said. "I was disguised as a plumber and as soon as I entered the bathroom I noticed the toilet seat was up. Now, what does that mean?"

"He was a bachelor?"

"No, no, no - he was a macho slob who had to prove to his wife he wore the trousers."

"Well, he'd look funny in a skirt, wouldn't he?"

"I was speaking metaphorically. If he put the seat down it would mean she was wearing the trousers."

"This is all rather confusing."

"Ah-ha, maybe to you but let me tell you what else I discovered."

"I'm holding my breath."

"There were muscle building magazines in his side of the bathroom cabinet, but tucked inside were Playboy pin-up fold-outs."

"How stupid. I use them as wallpaper in my den."

"That's the whole point. Don't you see - if his wife saw them his macho image would plunge to zero. What's more, he never used soap."

"How do you know that?"

"Because the towel marked 'HIS' was filthy. Only sissies use soap according to machos. And what about the bottle of sand?"

"Sand?"

"Yes - sand. Only sissies use toothpaste. I then poked around his wife's side of the cabinet, and guess what I found?"

"I'm agog with excitement."

"Well, you won't believe it. She was using spring onion toothpaste and a garlic flavored deodorant."

"Garlic?"

"Yes, don't you see? She obviously hated him and it was her defense against any macho thoughts of 'hanky panky'."

"Ah - but he was the skunk, right?"

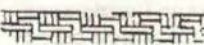
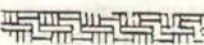
"He sure was. Is it your turn for a round?"




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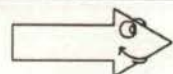
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Profiting from early retirement

By: Bruce Foerster
ENGLAND SECURITIES LTD.
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You may not be ready for this, but thanks to the recession, your dreams for early retirement might just come true. Early retirement packages have become increasingly common - especially in the hard-pressed manufacturing sector - as employers seek to trim expenses.

If you're faced with early retirement, taxes could take a big chunk of any retirement allowance, severance payment, or other compensation you may receive, unless you plan carefully.

Your best bet is to place such funds into a Registered Retirement Savings Plan, which defers tax until the money is taken into retirement income. In the meantime, investment earnings from these funds accumulate on a tax-deferred basis.

You can transfer, again on a tax-deferred basis, a retirement allowance of up to \$2,000 a year for each year you've worked for your employer, plus an extra \$1,500 a year for every year you worked before 1989 during which your employer provided no pension benefits.

Thus, for example, if you've worked 20 years for your present employer, including four years when you received no pension benefits, you could transfer - tax deferred - a retirement allowance of as much as \$46,000.

But try to make sure that any retirement allowance is paid as a single lump sum. If your company were to offer you a \$60,000 retirement bonus spread out over the next three years, it would be treated as salary and taxable when you get it.

It's also best if your employer transfers any retirement allowance directly into your RRSP. If you're paid cash, tax will be deducted. You could still transfer the same amount into an RRSP, but you might have to wait quite a few months before Revenue Canada refunds the deducted tax.

Some forms of retirement compensation might be treated as salary, and thus subject to tax. This would include money received in lieu of unused vacation time, superannuation and pension benefits, and any allowance resulting

from a company transfer.

Money that can be counted as retirement or severance allowances and transferred to an RRSP include funds paid to recognize past service; to settle any unpaid accumulated sick leave credits; damages awarded by a court, or an out-of-court settlement, arising from wrongful dismissal.

To the extent that the tax rules permit, try to negotiate with your employer to have as much of any compensation paid as tax-deferred retirement allowance rather than taxable income. For example, you might forgo payment for some unused vacation time in favour of a larger lump sum retirement allowance.

Be sure, however, to check out the possible implications of the alternative minimum tax. For more detailed advice on how to minimize or defer tax on any early retirement package, be sure to speak to your accountant or tax advisor. And for advice on how to make certain that any retirement allowance transferred to an RRSP is invested safely and profitably, be sure to speak to us.

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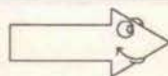
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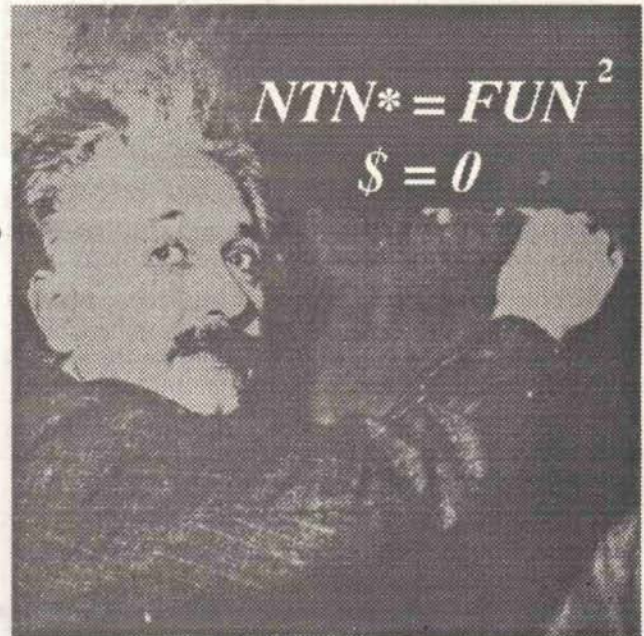
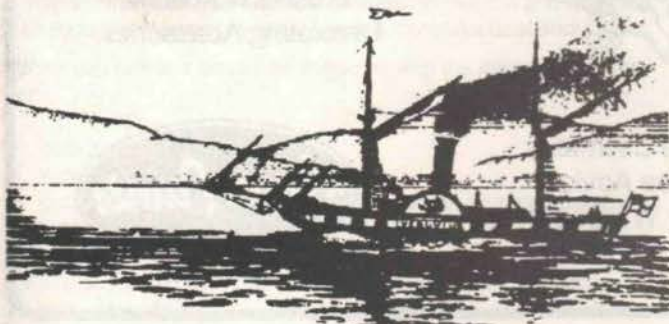
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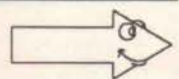
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Exterior Painting Tips Part I

Paint does more than change a home's style and appearance. Its main function is to protect house surfaces from the weather and harmful elements in the environment. A paint film must provide an effective barrier, and retains its strength through snow, ice, rain, cold, heat, dust and drought. To ensure that it does...

Paint Problems

The adhesion of new paint to an existing surface makes the difference between a good paint job and a bad one. Most paint fails when moisture causes it to lose adhesion.

Moisture can be traced to poor surface preparation that allows unfilled gaps, cracks and seams, leaky gutters, faulty flashing or bad roof shingles. Once moisture has worked behind the paint film it forces the paint from the substrata.

Moisture can also migrate through the wood siding from inside the home. This may be caused by inadequate ventilation. Steam and condensation generated by showers, cooking or laundry all contribute to moisture buildup.

There are two main areas where moisture build up occurs - under the eaves and siding installed too close to the ground. Dirt is subject to collect in these protected areas and may result in mildew formation.

Solution:

If mildew is present, it will require cleaning with a sterilizing solution (T.S.P.). Follow instruction on package. Scrape or wire brush peeling paint, sand surface to a feathered edge. Prime with Alkyd primer. Finish with Acrylic latex or an alkyd type paint.

Surface problem:

These include blistering, cracking, wrinkling, cratering and alligating. Details on how to deal with these problems will appear in the next issue. If you can't wait until then, please contact me for a free brochure.

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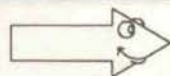
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Extend the season for your backyard pool

by: Bob Ellison

At the time of writing (late June) the weather still feels like early spring and/or autumn. In the event that this dreary weather continues, the following may help you to heat up your pool and extend the swimming season.

You can lengthen the swimming season by 6 weeks or more by investing in a pool heater or taking full advantage of solar heat.

The most healthful swimming temperature is 78°F or 25°C. Reduction of pool temperature from 80°F to 78°C can save a significant amount of heating dollars. The 4 main types of pool heaters are:

- 1) **Open Flame** - a conventional pool heater using oil or propane. These are available for any size residential pool. Recent advances in design have increased efficiency.
- 2) **Electric** - best suited to small pools and spas. Check electrical service before considering a purchase.
- 3) **Solar** - Active solar heaters capture the sun's heat and work with existing pool pump.
- 4) **Heat pumps** - Heat is 'pumped' or transferred from surrounding air to pool water using hot Freon gas, giving you free heat. Your only energy costs are the small amount of electricity needed to run the fan and compressor.

Before purchasing heating equipment, consider these additional minor investments to help conserve your energy dollars.

- 1) **Wind Protection** - the stronger the wind is on the surface of your pool, the greater the heat loss. Erect screens or fences, and use pool covers to protect from the wind.
- 2) **Covers** - translucent and bubble plastic covers allow the pool to collect heat from the sun.
- 3) **Enclosures** - while there are a variety of enclosures on the market, the most economical are air-inflated canopies which can double as pool covers. Some are constructed of light-weight metal frames with fiberglass reinforced plastic.
- 4) **Dark Bottoms** - dark colours absorb heat. When your pool is plastered or painted in dark colours and is located in the sun, a slight increase in solar heating is realized.

To determine what type and size of heater to invest in and what you can do to increase your energy savings, consult a local pool dealer.

When you talk to a dealer be prepared with the following information:

- pool area in square feet
- type of pool
- pool site conditions (type of location, cover, existing equipment etc.)

Lets hope the summer improves and a cool pool will refresh you on a hot summer day!

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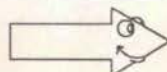
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Basically, the co-insurance clause is the insurance company's way of making sure that you insure the full value of your property. They don't want you to gamble that you will never have a major loss. So, they state in their policy that if you don't insure to value, they will otherwise proportionately short change you when you have a loss. However, they do give you a little leeway for error.

Here's how it works:

The replacement value of your building is: \$100,000. You decide to insure it for only: \$40,000. Your policy contains a co-insurance clause that states you must insure for 80% of the replacement value. You have a loss of \$20,000.

The insurance company will pay only:

$$\begin{aligned} & \frac{\$20,000 \times \$40,000}{\$80,000} \quad \begin{array}{l} \text{(the amount you insured)} \\ \text{(80\% of the replacement value)} \end{array} \\ & = \$10,000 \end{aligned}$$

As you can see, this would be a major impact on your finances so it is important that you review the limits at least annually, or more frequently, if you make major changes or purchases.

If you have not reviewed your limits lately, or are unsure of what they should be, call us:

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A minister was asked to speak to the graduating class at the local highschool, and after considerable thought, decided that since his audience was going out into the world as young men and women, he would give a speech on sex. At the conclusion of his talk, the enthusiastic audience gave him a standing ovation. When he got home, he told his wife how well received his speech was, and she asked what topic he had chosen for his address. Not wishing to tell her that it was sex, he said instead that he had lectured on sailing.

A few days later, the minister's wife ran into the parent of one of the graduates, who complimented her on her husband's excellent speech. The minister's wife replied that she was surprised at his ability to talk on the subject, since he had only tried it twice, and "the first time he was sick, and the second time his hat blew off".

Contributed by Bob McClung

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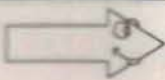


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WORD?
 What's in a

From "FOTOPRINT FUNNIES"
 by: Charles E. Ross

Contributed by Shirley Haynes

The following "Brainteasers" are creative new ways to express familiar words, phrases and titles. For example:

We shall

come translates as "We shall overcome", and KeatsKeats is "Parakeets" (pair of Keats). Try the following...

1 nude naked
GOLDILOCKS
unclothed 2 justttting 3 thirightngs

4 one other
one other
one other
one other
one other 5 your no no
right 6 gegsegsgeggs

7 t m
a u
h s
w t

8 never
Sunday

9 misplaced
dice
misplaced
dice 10 hou/se 11 1. WORLD
2. WORLD
3. WORLD
4. WORLD
5. WORLD
6. WORLD

12 ankoolger

The answers appear elsewhere in this issue



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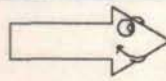
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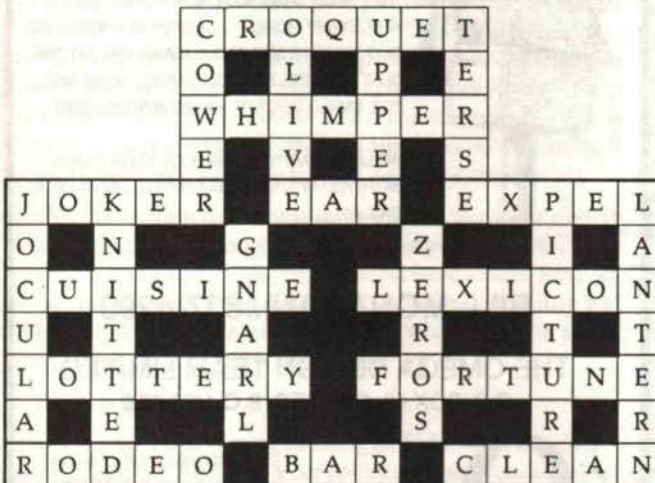
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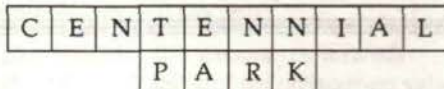
HEREDITY: What a man believes in until his son starts acting like a fool



Solution to
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by Bryan Smith



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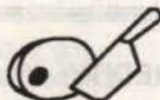


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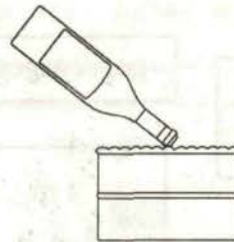
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**Christmas
Rum Cake**
(Can be made in
any season)

- 1 or 2 bottles of Rum
- 1 cup Butter
- 1 tsp sugar
- 2 eggs - Large
- 1 cup dried fruit
- 2 tsp baking powder
- 1/2 tsp lemon juice
- 1 cup chopped nuts
- 1 cup brown sugar

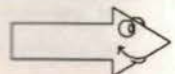
TO PREPARE:

Before starting, sample rum. Smooth, isn't it? Select a large mixing bowl, measuring cups, etc. and check the rum again. It MUST be just right. Pour one level cup of rum into glass and test it. Repeat if necessary.

With electric mixer, beat 1 cup of butter in a large fluffy bowl. Add theaspoon of thugar and beat again. Meanwhile, make sure rum is schtill all right. Try another cup. Open second bottle if nesheshary. Add eggs, 2 cups fried druit and heat until high. If druit gets stuck in beaters pry loose with shoedriver. Sample rum again, checking for tonscisticity. Next, sift 2 cups pepper or salt; it really doesn't matter which. Sift 1/2 cup lemon juice. Fold in chopped butter and strained nuts. Add 1 bablespoon of brown thugar or whatever colour you can find. Grease oven, turn cake pan to 350°. Pour mess in boven and cake.

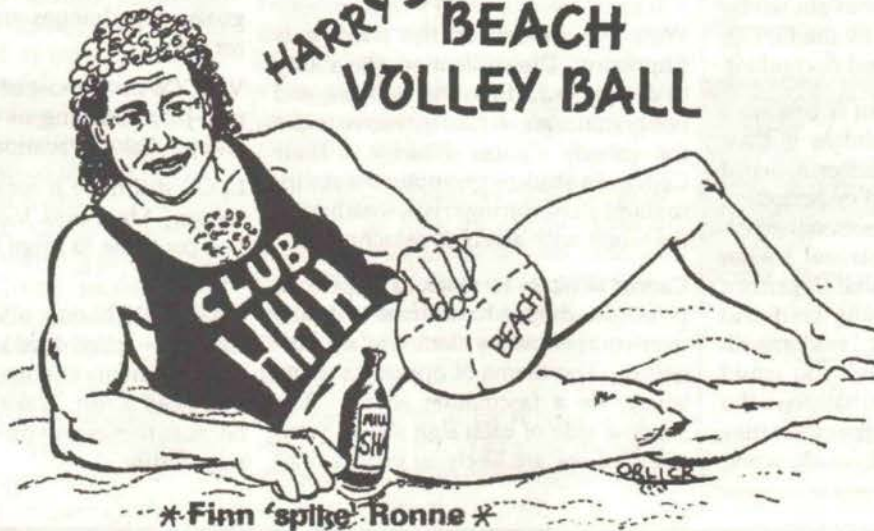
Check rum again and go to bed

Contributed by Barbara Worsley





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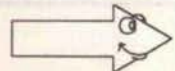
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SALT SPRING STARS

Want to take a peak at your 'shadow'? Find out what jives below your conscious thoughts, and what drives you to do the things you do when nobody's looking?

In astrology, the shadow is shown by sign of your Moon, and by the OPPOSITE SIGN of your Sun and Ascendant.

In English this means that if you are a Capricorn, then your shadow is Cancer. All the qualities of Cancer, a love of home and family, a vivid imagination, moodiness and great emotional sensitivity, are held within you and are not easily nor openly expressed. Capricorn has a reputation for being cold and emotionally inaccessible; underneath is the most sensitive soul you could ever meet. Watch what happens if a Capricorn loses a family member: they drive themselves to work, work, work,

or they collapse into a black void of despair. Either way, sooner or later, they crumble to pieces. Depression takes over and may cling for years. If they are one of the wise ones, they reach out, get counselling and survive. What Capricorn needs in crisis is nurturing, which is symbolized by Cancer.

With Sun in Cancer, the shadow is Capricorn. Discrimination, the ability to design and administer policies, and perseverance are all held in reserve under the moody Cancer exterior. Their Capricorn shadow promotes the ability to stand alone during crisis, weathering the worst with an air of detachment.

Cancer is likely to reach to Capricorn principles during hard times and may over-compensate by clamming up altogether. The theme of opposites in astrology is a fascinating study. The shadow side of each sign shows what qualities we are likely to project onto

others as well as what hidden gifts lie within, just waiting to be tapped.

Focus is on the total solar eclipse on July 11 at 18 degrees CANCER. This will have strong affects on Cancer people over the next several months. Time to be aware of energy expenditures. Focus more on realistically attaining your goals. Big changes are just beginning for you.

VIRGOs have most of the attention in mid-July, dazzling us with charm and energy. Take a vacation, you deserve it.

LEOS still have it for most of July, as Jupiter, Mars and Venus conjunct in Leo continue to reign the night sky in early July.

CAPRICORN may also be in for a catharsis -- easy does it! You've been under so many changes these last years you need a rest. Take one this month because things will pick up again in the near future.

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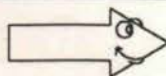
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SCORPIO may find this month only slightly better than last month, at least in the early half. Watch your temper and don't jump to conclusions.

SAGITTARIUS and GEMINI are both busy and productive. Both of you are 'do-ers', watch you don't overdo it later this month: Gemini becomes ineffective when it tries to do too much; Sagittarius sadly goes against its own philosophy when it tries to preach or becomes too self-important. Things have picked up for you these last months (thank god), but don't let it go to your head --- Pluto isn't finished with many of you who have Mercury and Venus in Scorpio. Your love life is changing in deep and profound ways. Enjoy Jupiter's rays while you can and really expand your creativity into the outer limits.

LIBRA is socializing like crazy and has some good times to look forward to this month. Retreat to the sauna more often after the 15th.

ARIES is having a much better time than last year, especially with the opposite sex. Career is still tight, but you are in cycle to now make some powerful connections. Keep plugging away, your time is coming.


TAURUS may feel some strain on the relationships, or perhaps just a deepening. You need to examine your communication style now, taking extra care to vent your feelings after you've eaten and relaxed a bit. Especially if you're talking to the boss.

AQUARIUS continues to have a great summer, as long as you are sure to balance personal needs with relationships. You may find you are putting too much or too little energy into other people. Check it out and correct imbalances.

PISCES is likely in for more romance later in the month. The great romantic of the Zodiac (everyone thinks its Libra,

but really it's Pisces) you may draw more than your share of glances after the 15th. You've been focused on work this last while, now it's time for a change, July and August are hot months for you.

Salt Spring Stars is open to cosmic connections. Please send your questions about love, war, peace, etc. to me:



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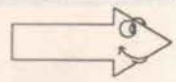
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Plant & Flower Tips

Contributed by Barb Seymour

KEEPING CUT FLOWERS FRESH LONGER

Pick flowers in the early morning or early evening. Wrap damp paper towels around their stems until you get them indoors or plunge them immediately into a container of water.

Once inside, cut the stems at an angle and put them in a pail of tepid water. (Use a sharp knife; scissors will compress the stems, keeping out the water.) Hold off arranging the flowers until the water has reached room temperature.

As you arrange the flowers in a clean container or vase, remove all leaves that will be under water.

To prevent dehydration, keep the finished arrangement away from drafts, including fans or air conditioners, and out of direct sunlight. (Sometimes wilted blooms will revive if you immerse their stems in warm water).

HAPPY HOUSEPLANTS

Going on vacation? To keep a plant healthy for up to a month, water it well, then enclose it completely in a clear plastic bag, tying it securely at the top and bottom. Place the plant in northern light. When you return, untie the top and let the plant adjust to room air for a day before completely removing the covering.

If your hanging plant doesn't have a saucer, put a plastic shower cap across the bottom of the basket or pot while watering it, to catch the drips and protect your floor.

To keep smooth, heavy-textured leaves clean, bathe them with a dishwashing detergent solution.

If a houseplant is badly infested with bugs, your best bet is to throw it away before any other plants are affected.

Repot your root-bound plants. You can tell it's time by tapping the plant out of the pot and inspecting the root ball to see if the roots are thickly encircling it.



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SATURDAY

20 **Thomas Trio & The Red Albino** \$8.00
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SUNDAY

21 **Olatunji** \$10.00
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Crimes of the Heart

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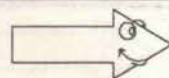
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It's the truth!

When my Grandson was 8 or 9 years old, he liked to make his own lunches, some of which were barely edible, because he would put all sorts of strange things together. One day he found a package of pudding-cake mix and asked his mother if he could make it. Aware of the fact that he liked to experiment, she told him that he could if he followed the directions on the package to the letter. A few minutes later she went into the kitchen and found him with his hands in the mixture. She said, "Mike, what are you doing? I told you to follow the directions." He held up the package and pointed to the part of the instructions which said "Mix by hand for 1 minute."

Contributed by Betty Monahan

My mother-in-law, who lived some distance away, could neither read nor write. Therefore, my wife phoned her regularly to ensure that everything was okay. One particular time, my wife phoned, and her mother explained that she was having problems with the fellow she was renting from. He wouldn't fix leaking faucets or her oil stove, and threatened to raise her rent. My wife said to her mother, "Give me his phone number and name, and I'll call him." Mother-in-law gave my wife his phone number, but when asked for his name, mother said, "It's one of those foreign unpronounceable names." So my wife asked her to spell it. Her mother did... "L-A-N-D-L-O-R-D"

Contributed by Jim Smith

When I was a young teenager, I worked summers in a combination nursery/garden shop. One day a customer came through the cash desk with a cedar planter, which had a protective masking tape cover over the brass strapping. On the tape was printed "Remove before use". The customer pointed to this note, and asked if I would mind removing it for her, as she'd had great difficulty getting it off the last planter she'd purchased. When I easily stripped off the masking tape, her eyes widened, then she blushed and stated that she had, using a screwdriver, taken the entire strapping off, sheepishly adding, "no wonder the planter fell apart!"

EDITORS' NOTE:

If you have a true, humorous anecdote you would like to submit to the Digest, please mail it to R.R. #3 Crofton Road, C-45, Ganges, B.C. V0S-1E0. Remuneration for stories used is the fame and glory of seeing your name in print!

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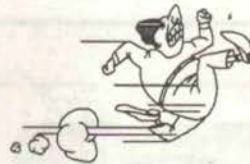
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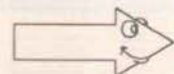
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ATHLETIC EQUIPMENT AND APPAREL

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The Hair Line

by Gary Lundy

- Q. Where do sheep go for their haircut?
A. To the Ba Ba Shop!

Hair definition is to the stylist adornment, to the Barber a nuisance. The hair plant is a remarkable piece of cosmic engineering. The plant is watered by tiny blood capillaries and the angle at which the plant grows out determines the wave, curl, or straightness. The African hair, for instance, grows almost flat to the base, creating the oval shaped tightly curled plant. The oriental hair in contrast grows almost straight out, creating the full diameter plant. Native indians are close in producing the same plant. Hair loss is caused by the scalp tightening up and cutting off the capillary flow to the plant. That is when the hair begins to wave.....good-bye. Interestingly enough, the Kojak character Telly Savallas rightly proclaims that he is not bald, as he shaves his head twice a day.

The haircare industry circulates millions of dollars from shampoos and conditioners, to colour, cutting, curling and dressing products that stiffen or set the hair. Children are taught at an early age that their hair needs to look good and the hair industry perpetuates.

Salt Spring produces its fair share of hair with sufficient services on hand to clean, condition, cut, colour curl, bend, braid, twist and tease. So the word from the Hair Line is "Keep it all growing."

A Thousand Words

- conservation framing
- drymounting and shrinkwrapping
- needle work and canvas stretching
- object framing
- creative mat cutting
- gift certificates available

CUSTOM PICTURE FRAMING - and gallery -

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PPFA Professional Picture Framers Association
Protecting the art and painting industry

ANSWERS TO **WORD?** What's In a

- | | |
|--|--------------------------------|
| 1. Goldilocks & the Three Bears | 7. What goes up must come down |
| 2. Just teasing | 8. Never on Sunday |
| 3. Right in the middle of things | 9. Paradise Lost |
| 4. Six of one, half dozen of the other | 10. A house divided |
| 5. Right under your nose | 11. World Series |
| 6. Scrambled eggs | 12. Look back in anger |

Scoring: If you failed to figure out even one, don't despair. Many of us have forgotten how to use our creative capacities. If you solved as many as five, pat yourself on the brain and consider yourself above average. If you got 6-10 correct, think of yourself as a master mind. If you scored 11 or more points, consider yourself a creative genius

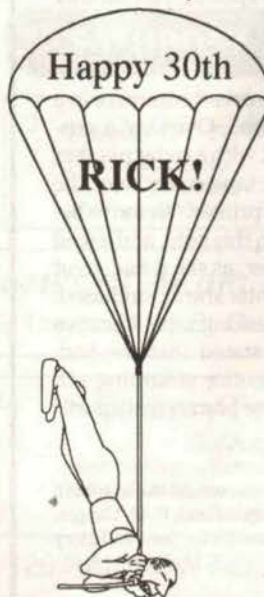
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New Summer Hours
Tuesday to Saturday
9:00 a.m. to 5:00 p.m.
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Old Fashioned Hand Washing

Exterior Only \$10.00 Inside & Out \$15.00

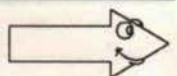


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Balloons! Balloons!
Gifts & Cards
Souvenir Shirts

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Samurai 4x4



\$6,995*



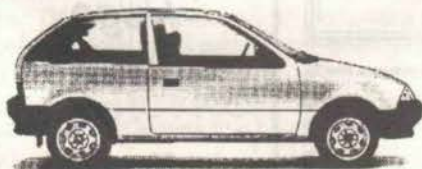
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**JA Convertible
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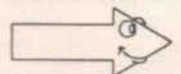
**3-door \$5,995*
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Letters to the Editor

One of our readers (and frequent contributors) asked why the *Digest* didn't have "Letters to the Editor". The reason is because no one writes to us! He suggested that perhaps we should invite letters for publication.

We would certainly welcome letters from our readers, but unfortunately, there are some restrictions on what we are prepared to print...not from a legal standpoint, but just as a matter of policy.

Our "profile" states that we wish to avoid issues of a political, religious, or controversial nature -- we feel very strongly that the *Digest* is not intended as a platform for individuals to air

their personal grievances or to criticize others whose views do not coincide with their own. Undoubtedly, this criteria would eliminate a large percentage of the letters we may receive! However, we are quite certain that there are many Islanders who would like to convey a message to others which would not be offensive to any of our readers, and we would be delighted to hear from them.

If you disagree with our policy, please feel free to say so -- those letters we *will* print -- but we'd appreciate it if all other subjects were dealt with in a positive, "upbeat" manner, in keeping with the objectives of the *Digest*.

Letters should be addressed to the S.S. Island Digest, R.R.#3 Crofton Road, C-45, Ganges, B.C. V0S-1E0

**Coming Soon to
Island Car Wash...**



PROPANE SALES & SERVICE

For all your commercial & residential propane needs

- Propane Conversions
- Portable Tank Refills
- Vehicle fill-ups
- Appliance & Part Sales

Watch for our grand opening

**THE GREAT
MACARONI & CHEESE SAGA
CONTINUES!**

If you're a family of one or two, you probably have leftovers when you make macaroni & cheese. It's not very exciting when simply reheated, but you can make another tasty meal (or two) with a little imagination. Just brown some ground beef in a frying pan, with chopped onions & celery. When the meat is browned, add a can of stewed tomatoes and a small can of tomato sauce. Feel free to get creative with spices if you wish. Now pour this combination into the leftover macaroni & cheese casserole, stir well, top with more grated cheddar & bake until heated through.



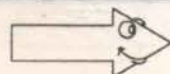
et cetera

I once knew a little girl,
ten going on eleven.
Now I know a woman,
thirty-nine going on
twenty-seven!

**Huge
Birthdays!**

**Happy
80th
Lucy**

**Happy
90th
Alma**



The Reluctant Gardener

by Walter Davis, Landscape Designer

As I write this article we're just starting to get a little summer weather, and perhaps by the time the Digest hits the streets we'll have seen some more of it. In any case, most of us have been so pre-occupied with the skies that we just haven't paid much attention to the ground. We may have noticed that the weeds are growing quite profusely but may not be aware that many of our landscape plants are beginning to show signs of stress. The soil in most locations, has been dry for quite a while - in spite of our many cloudy days, light sprinkles and drizzle. When the hot weather finally comes, plants already stressed from last winter's harsh freeze will start croaking left and right, as we vainly attempt to get the hard, dry soil to absorb a little water. Meanwhile, many weeds are happily seeding all over the place as it becomes almost impossible to extract their roots by hand weeding.

But somewhere on this island there is an individual or two who are sitting back, drink in hand, enjoying their lush, weed-free garden, while the rest of us are running around in a panic trying to save lives and get things under control. So what have they done that we haven't?

Well, first they likely started by "nuking" their noxious weeds with a degradable translocative herbicide, or they thoroughly hand weeded and meticulously kept at it for a while. Then they incorporated a hefty amount of manure or other organic matter into the soil, or at least those areas around where they've planted. Their soil now has a much greater capacity not only to hold and distribute moisture, but also has a broader range of Ph acceptance (acidity/alkalinity) and is a much better home for healthy soil and microbial activity.

Then they did something about irrigation. They probably decided earlier on that they wanted to supply the right amount, to the right place, at the right time - with minimal effort to themselves. And then they applied a mulch of at least 3-4 inches deep. This mulch is probably (in this area) a bark of some sort - hopefully a finer grind partially composted bark, as this will not only do a better job of holding moisture (breaking the capillary action of water at the soil surface) but look better, and make it easier to extract weeds that have seeded in from the neighborhood.

Finally, if our happy, relaxed couple were really smart, they would have planted vigorous growing ground covers in all the areas except those reserved for annuals or herbaceous perennials. (I usually plant ground covers after mulching as I find it much easier this way)

Now before you start kicking yourself or go to jump off the nearest bridge - WAIT! - there is probably lots you can still do. And if you are one of those who have done some of these things right then give yourself credit and get on with the rest.

By this time it may be too late to spray in areas that are void of moisture and about to seed. In larger areas it would perhaps

be better to "weed out" to keep as many weeds as possible from seeding. Mulching might also still be useful in these circumstances. Where weeds are still growing vigorously, because of adequate moisture, then perhaps you could still spray, providing they're not in too close proximity to cultivated plants. Otherwise, get the soil moist to about 5-6 inches by repeated watering - then thoroughly hand weed. Foxglove sells a handy little spray bottle of Glyphosate that is good for small spots of noxious weeds whose roots you are not likely to extract.

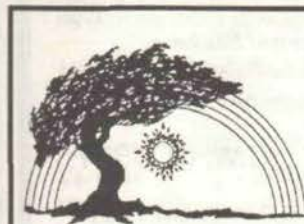
Once you have your ground at least relatively free of weeds, you're ready for mulching. First, however, you may wish to consider an irrigation system. There are many ways to approach this but if you've got a limited volume of water or low pressure, or long, isolated runs, then a drip system is the only way to go. I will go into this subject at greater depth when time permits, but meanwhile there are several local stores with do-it-yourself equipment, some with quite knowledgeable staff. Professional installers you can call include Doug Atkins on Beaver Pt. Rd., Ken Fairbrother (Baker Rd.), Foxglove, and myself.

So lastly, and perhaps most importantly - MULCH! People are often perplexed as to why I sell so many different kinds of mulch, after all bark is just bark - right? Three considerations here. First is aesthetic - a lot of people (especially Europeans) don't like the look of bark, and when I see some of that raw chunky woody stuff I understand why. To me, the darker, the finer, and the more "soil like" in appearance the better.

Secondly, are plant and soil health considerations. Finer, darker bark is already moist and therefore holds moisture better, then can also be incorporated into the soil as an amendment instead of more expensive peat moss, etc. We often turn under some of the last application or the new application with fertilizer, bonemeal, etc. where we want to plant annuals or ground covers.

Finally, those of us who regularly work with the stuff prefer the older, finer material because we don't like to go home scratching, with our hands, neck, and socks full of slivers, smelling like we've been working in a sawmill all day.

As for the last stage - ground cover planting - it might now be better to wait until fall. I'll endeavour to write an article by that time describing some of the options and plants available locally.

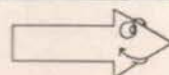


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*Gulf Islands Association for
People with Disabilities*



HANDICAPPED PARKING

One of the most important services provided by the Gulf Islands Association for Persons with Disabilities, is the upgrading and maintenance of the Handicapped Parking System on Salt Spring.

Many people assume that the Reserved Parking for Handicapped signs are provided by the Ministry of Highways, or some other level of government. In actual fact, the purchase of signs, installation and annual logo and line painting are carried out by the Association, with assistance from the Highways Maintenance Contractor, under the direction of John Charlton.

Until 1988, the eight designated parking spaces in the community were installed and maintained by the singlehanded efforts of Ron Wertman. The Association still depends on the services of dedicated volunteers like Ron to assist them with this work.

The annual repainting is normally carried out in midsummer, to allow the paint to dry quickly so that the spaces being painted can be put back in service without delay.

Last year, Jake Van Dort, assisted by the Association's Co-ordinator, manned the brushes and rollers over a two week period in mid-July. The heat was stifling and the nauseous fumes of Toluene, used to thin the asphalt line paint, added to the discomfort. However, the job was completed on schedule and the spaces ready for another year of use by the over 100 drivers who use them regularly.

The usual procedure for installing a new designated parking space involves answering a request from a merchant to provide this convenience for their customers with disabilities. The proposed site is then considered and Highways Maintenance is frequently consulted for their approval. Sometime later, a new sign is ordered and bolted to a galvanized iron pipe, which is then cemented into the concrete. The total cost, exclusive of drilling the hole in the concrete (donated by Dave's Drilling and Blasting), exceeds \$100.00.

When multiplied by the number of spaces presently in use (29) the cost becomes significant for an Association which depends largely on C.R.D. Grants-in-Aid and local contributions to carry on their work. Over the past four years a handful of individuals (notably Cec Clark) have contributed to our handicapped parking program. However, as the number of spaces increases each year, more donations are needed to help us maintain this important service. Volunteers are also needed for line painting each summer (no experience needed).

Applications for provincially-approved Handicapped Parking Permits may be obtained locally from Pharmasave, the Government Agent and doctors' offices.

*Contributed by
Bill Best, Co-ordinator*

*Cosset
Wildlife
Collection*

*Limited Edition
Hand Painted
Decorative Decoys*

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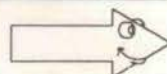
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Used
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ANTIQUES

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Upper Ganges Centre

Ken & Ollie Warman **537-4203**





ROYAL CANADIAN LEGION Branch 92, Salt Spring Island

Thank-you!

Branch 92 would like to thank all of those who helped to make our Fund Raising Car Wash a success.

Powerwash, soapy mitts and chamoiz were wielded by Stan Wakelyn, Eileen Hunter, Ernie Donnelly, Sue Whalley, Terry Romeril & Susan Monahan -- resulting in many sparkling clean cars by the end of the day.

A special thanks to Dolly Hammersley, Pauline Farmer and Rae Penny for providing sustenance in the form of sandwiches, coffee & sweets to keep the car washers' energy level up all day.

And, of course, we couldn't have done it without the people who brought their cars in for beautification...thanks for your support!

Legion buys

"Heart Start Machine"

Many Islanders probably wonder what happens to the funds raised through the Annual Poppy Campaign. These monies are used for a variety of worthwhile causes, most significantly to assist veterans and their dependents.

However, the benefits to the community at large were great this year when Branch 92 donated \$6,300 to purchase a "Lifepak 200" Defibrillator with Shock Advisory System. The machine was given to Lady Minto Hospital, but is on loan to the Salt Spring Ambulance Service for its exclusive use.

So, for those of you who purchased and proudly wore the symbolic red poppy in November, your generosity may save many lives right here on Salt Spring.

Legion Notes

Friday night dinners have been suspended until the fall, but watch for a variety of events featuring food & entertainment during the summer months.

The Branch experienced an excellent turnout for the Grand Opening of their new lounge on June 29th. A good time with excellent food & music by Les Fours was enjoyed by all. If you missed the opening, or if you haven't yet seen our new facilities, please drop in.

For comfortable surroundings, a wide selection of refreshments, and comradarie, come to Branch 92 -- all facilities and activities are open to Legion members and their guests.

Villadsen Construction (1980) Ltd.

34 YEARS ON SALT SPRING ISLAND

QUALITY HOMES OF DISTINCTION



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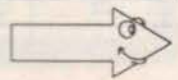
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Vic. Dir. : 656-5554
Residence: 537-9255
Fax 537-9797

AL GEAR



EXCERPTS from the "Sidney and Islands Review"

Friday, July 4, 1913

GANGES NOTES

The C.P.R. employees held their annual picnic at Ganges on Saturday, and though the weather was not all it might have been, everyone seemed happy, from the committeemen full of responsibility to the stout gentleman without a care in the world who went to sleep in some one else's buggy and refused to be roused when the owner thereof demanded his rights.

They came in the Princess Royal - about seven hundred of them, young and old, husbands and wives, brothers and sisters and other people's brothers and sisters, and they danced in the hall when it rained and the rest of the time ran races and danced and played games to their hearts' content. The excitement ended with a baseball match between the visitors and the local team, after which the Royal's whistle blew and all left after having spent apparently a very enjoyable day.

Constable Mansell had an exciting time on Thursday when a stoker on the Queen City, having apparently suddenly lost his reason, left the ship and took to the woods. The poor fellow, after being at large for twenty four hours was captured and taken to Victoria, where he was placed under medical supervision.

July 11, 1913

A most successful flower show the first of its kind was held at the Mahon Hall, Ganges, on June 29th under the auspices of the Guild of Sunshine. Being the first, visitors were most agreeably surprised to find the Hall well filled with a floral display, which for quality would be a credit to any district. Amongst the most striking displays were collections of cut flowers, which were extremely fine, sweet peas and

roses all eloquent witnesses of the fertility of our soil. A hat trimming competition for men secured many entries, the scene being a novel one and productive of much mirth, especially when the competitors were requested to stand up wearing the results of their artistic efforts.

A baseball match was held during the afternoon nominally between South Salt Spring and Ganges, though the latter was not a representative team as some of the hands now employed on the new hotel building were numbered among its ranks. The resulting score therefore was Ganges 17, South Salt Spring 8.

On July 4th a return match was played at Burgoyne Valley between the same two clubs, Ganges this time being a really representative team the resulting score being South Salt Spring 20, Ganges 19. A pleasant feature of the game was the good feeling shown by both teams, each cheering the other to the echo at the conclusion of the match.

The list of those who passed in inspectorates Nos. 1 and 2 at the Rural High School entrance examinations:

Non-Municipal Schools

- Beaver Point: Number of Candidates 2;
Passed, 1 - Frank Parson 622
- Pender Island: Number of candidates 3;
Passed, 0
- Vesuvius: Number of candidates 2;
Passed, 1 - Frank Mansell 568

Private School

- Ganges: Number of candidates 1;
Passed 1 - William Palmer 677

*Contributed by a local historian
(8th 3rd Generation S.S. Islander)*

ISLAND ELECTRIC



Electrical Contracting

Box 183
Ganges, B.C. V0S-1E0

Dave Abley
537-4364

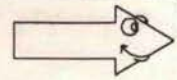
ME & RON'S TOWING

- USED TIRES • USED AUTO PARTS •
- 4-WHEEL DRIVE TOW TRUCK •

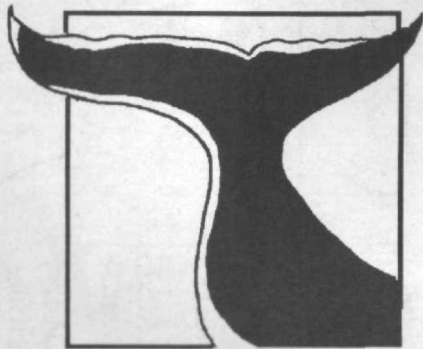
Ron Dewar

P.O. Box 1442
Ganges, B.C. V0S-1E0

9 am - 5 pm: 537-9383
Home: 653-9322

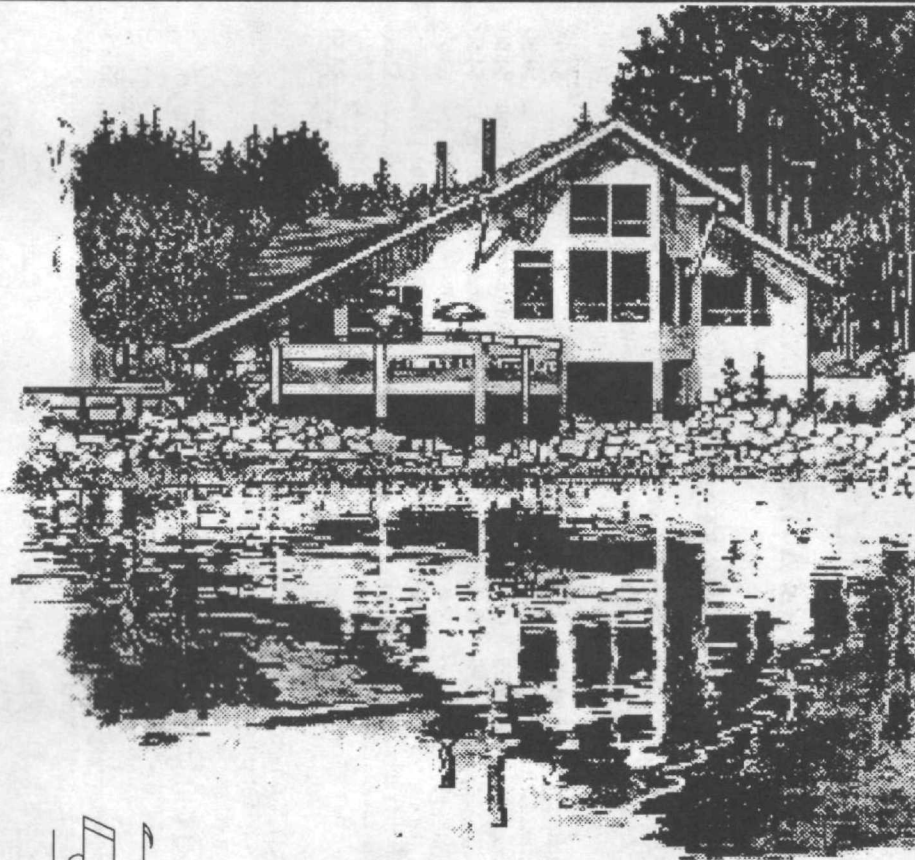


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- KITCHEN OPEN TO MIDNIGHT - ALWAYS! •



31



UPCOMING ENTERTAINMENT!



JULY 19-20: "Grames Brothers Band"		JULY 25-26-27: "T.B.A."	
Wednesday JULY 31: 'KEN HAMM'		AUGUST 2-3-4: "Willy and the Walkers!!"	
AUGUST 8-9-10: Jack Velker	"TOGETHER" Ross Barrett	AUGUST 16-17: "Auntie Kate & The Built for Comfort Band"	

marina: 537-5810

"The place where all good friends meet on the Ganges Waterfront"
120 UPPER GANGES ROAD, SALT SPRING ISLAND, B.C.

pub: 537-5559

Beattie's Burgers

in Gasoline Alley

BREAKFAST ON A BUN

The following items are made with 2 farm fresh eggs, cooked omelette-style, melted cheddar & served on a light breakfast bun.

A. Eggs & Cheese	\$2.35
B. Bacon, eggs & cheese	\$2.95
C. Sausage, eggs & cheese	\$2.95
D. Ham, eggs & cheese	\$2.95

EXTRAS:

Mushrooms, cheese, bacon, sausage & ham	each 60¢
Hashbrowns	\$1.50

BREAKFAST "COMBOS" include...

Breakfast on a bun as described opposite, hash browns & regular drink (coffee, tea, pop or milk)

A. Eggs, cheese, hash browns & reg. drink	\$3.95
B. Bacon, cheese, eggs, hashbrowns & reg. drink	\$4.50
C. Sausage, eggs, cheese, hashbrowns & reg. drink	\$4.50
D. Ham, eggs, cheese, hash browns & reg. drink	\$4.50

PLUS:

Sticky buns (jumbo)	\$1.60
Toast (jam, marmalade or peanut butter)	\$1.40
French Toast with syrup	\$3.50

"Loaded" includes green pepper & onion in the omelette, garnished with lettuce tomatoes, & mayo.
Hot peppers available on request.

BURGERS: 100% beef, served with your choice of lettuce, tomato, onions, dill pickles & mayo

Regular Burger	\$2.65	Regular Cheeseburger	\$2.95
1/4 lb. Burger	\$3.35	1/4 lb. Cheesburger	\$3.95
1/2 lb. Burger	\$4.35	1/2 lb. Cheeseburger	\$5.35

Chicken Burger: 1/4 lb. Chicken Breast Filet \$3.90

Extras: Mushrooms - 60¢ Bacon - 60¢

BURGER COMBOS: Include your choice of burger & fries + Reg. drink (coffee, tea, milk, pop)

Regular Burger Combo	\$4.10	Regular Cheeseburger Combo	\$4.60
1/4 lb. Burger Combo	\$5.10	1/4 lb. Cheeseburger Combo (double cheese)	\$5.60
1/2 lb. Burger Combo	\$5.95	1/2 lb. Cheeseburger Combo (quad. cheese)	\$6.60

Chicken Burger Combo	\$5.60
Chicket Strips Combo (3 strips & choice of dip) ..	\$5.60

HOT DOGS served on toasted bun with choice of mustard, relish, onions & ketchup

Regular Dog	\$1.95
Foot Long Dog	\$2.75
Cheese Dog	\$2.25
Foot Long Cheese Dog	\$3.35

Fries	\$1.55
Fries with gravy	\$1.95
Onion Rings	\$1.95
Sandwiches	\$3.25
Salads	\$2.50

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★ Waffle Cones ★

★ Thick Shakes ★

★ Sundaes ★

★ Magic Mixins ★
(Blizzards)

★ Strawberry ★
Shortcake

★ Banana ★
Splits



Open from 8:00 am Daily