

# MB releases Galiano development proposal

By NANCY VAIL

In what it called a preliminary "concept" released to the public last Saturday, MacMillan Bloedel (MB) is proposing to turn 1,730 acres of forested land on Galiano Island into residential lots.

In a meeting sponsored by the Galiano's Forest and Land Use

Council that night, representatives from MB said the company would like to develop 350 lots on the east and west shores of the island.

The remainder of the land owned by MB would either be turned over to the province, the community or forested. A definite

plan for the land has yet to be established.

However, none of the changes put forward Saturday night could be implemented without a change to the Community Plan which limits MB — which owns more than 50 per cent of land on Galiano — to forestry operations only.

According to one person who attended Saturday's meeting, some of the more than 300 people in the audience that night used words such as "vague" and "incompetent" to describe the plan.

And Geoff Gaylor, a community representative and one of the more than five speakers at the

meeting, said the new lots, which would be developed "over time" and range in size from one to 20 acres, would bring more than 1,000 people to Galiano — an amount which would increase the total population by 25 per cent — and

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# Gulf Islands Driftwood

Your Community Newspaper

THIRTIETH YEAR, NO. 47

50¢

GANGES, BRITISH COLUMBIA

WEDNESDAY, NOVEMBER 22, 1989



Elementary school students Allison Heater (left), Noni Prosk and Aaron Singbeil served as Fire Chiefs for the day, after completing a floor plan outlining fire escape routes in their homes. Creation of the floor plans coincided with Fire Prevention Week.

Driftwood Photo by Derrick Lundy

## Storage dispute on hold

By BILL WEBSTER

A dispute centred on wrecked vehicles being stored on a Rainbow Road property is on hold, following action by the Salt Spring Islands Trust last week.

The Trust committee voted not to proceed with an application to rezone a portion of the 8.3-acre property to permit storage of derelict vehicles.

Some neighbours of the storage site objected to the proposed use of the land, plus the presence of wrecked vehicles. They referred to potential pollution of the water supply, the ugliness of the junked cars and trucks, and the miss-use of the site under the current zoning of rural residential.

The Trust was to have considered changing the zoning on part

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## INSIDE

This edition of the *Driftwood* carries a special section, focussing on issues addressed by the province-wide Drug Awareness Week (DAW).



The eight-page section starts on Page A7. (The *Driftwood* recommends those who wish to keep the section for future reference pull out the GVM spread in the centre, leaving the entire drug section in tact.)

DAW has initiated several projects throughout the province.

## Island solid waste disposal studies to continue

An estimated 20 people attended a meeting last Tuesday called to establish a new committee to study issues relating to solid waste management on the Island.

A previous group set up to find alternative ways of handling waste here disbanded last month after a majority of voters rejected a proposal that would have seen waste shipped from an on-island transfer station to the Hartland dump in Victoria.

That idea had been put forward by the Capital Regional District and is the same solution the CRD has in the past proposed for most of the Outer Islands.

According to Julia Atkins, Salt Spring's director to the CRD, the group that met last Tuesday divided into six sub-committees each of which will look into different issues relating to waste management on the island.

Some of those include finding a new landfill, closing the existing Blackburn site, and reducing the overall amount of solid waste generated here.

Atkins said those committees are expected to report back to the

larger group when it meets again early next month.

In an earlier interview with the *Driftwood*, Tom Gossett, the chairperson of the original committee, said the work of that group ended with its proposal to increase recycling here and go along with a CRD suggestion to ship waste from an on-island transfer station to the Hartland dump in Victoria.

Those suggestions resulted from growing concern on the island that the Blackburn landfill may be contaminating Cusheon Lake. The Blackburn site is scheduled to close next March; however, "reclamation" work is expected to take another 18 months.

Atkins said waste from the island will likely be sent to Hartland — at least temporarily — when the Blackburn site is closed. In the meantime, though, committee members will be looking for other ways of handling local waste.

This includes increasing recycling work here and reducing the overall "waste load."

The committee will meet again on December 11.

## Blood samples indicate man impaired at time of accident

Blood samples taken from a 38-year-old Fulford man killed in a motor vehicle accident last September indicate he was intoxicated at the time the accident occurred.

Ganges RCMP received the results of blood samples taken from Patrick McLaughlin last week.

According to the coroner's lab, blood samples contained 200 milligrams of alcohol per 100 millilitres of blood. This is approximately two and one-half times the allowable limit (80 milligrams) for driving.

The 38-year-old was killed instantly when his 1984 Nissan pick-up left Beaver Point Road, overturning early in the morning of September 23. A 35-year-old passenger was taken to Lady Minto Hospital and treated for minor injuries and shock.

# THE WEATHER

**OUTLOOK:** For the week beginning Monday November 20.

Sunny with some clouds Monday to Wednesday, with cloudy periods and rain beginning Thursday. Outlook for the weekend is rain.

**HIGHS:** 9 degrees C.

**LOWS:** -1 degree C.

Chance of precipitation 10 per cent Wednesday, 90 per cent Thursday, Friday and Saturday.

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## Murakami will re-apply for land zoning change

*From Page A1*  
of the land to Rural Service Zone, which would legalize the storage of vehicles there. The applicant, Richard Murakami, who owns and operates an auto repair business closer to Ganges on Rainbow Road expressed surprise that the Trust had acted on his application. He had not been informed of the event, he said.

Murakami said he would have presented information to support his application and had other neighbours in the area who support him to speak at the Trust meeting, had he known it was taking place.

The matter previously came before the Advisory Planning Commission (APC), an advisory body for the Islands Trust, which rejected the rezoning application.

The land in question lies on the westerly side of Rainbow Road near the intersection with Booth Canal Road. It is serviced by two accesses.

For many years in the past, it was the site of a gravel pit. Removal of gravel has created two large terraces in the hillside, which forms a flank of Mount Erskine.

Murakami was seeking rezoning of the lower terrace, which is approximately two acres in size. He currently stores unwanted vehicles there.

The area is ringed with alder trees and except for a brief glimpse of a fence of used tires, cannot be seen from the main road. An observer standing in the centre of the lower terrace, cannot see signs of any nearby residences.

The upper terrace, where the main gravel pit was located, is slightly larger than the lower area and contains a pond. Plant growth in the pond offer shelter to bass, which were seeded there several years ago. Again, no houses are visible from the upper terrace.

Houses in the area gain water from wells. That portion of Ganges is not serviced by the North Salt Spring Water Works.

Ron Dewar, a mechanic who watches the site for Murakami said that when he stores used batteries there, he drains the acid from the batteries and disposes of the effluent elsewhere.

Nick Gilbert, Salt Spring trustee and chairman of the Islands Trust, indicated the bylaw enforcement officer would be sent to visit the applicant to ask him to remove the offending vehicles. If action is not taken within a reasonable time, the Trust will consult its lawyer.

Murakami indicated he would re-apply for rezoning of the lower section, citing the fact he was not notified the Trust would consider the matter at its meeting last week.

## Trust passes bylaw

The bylaw amendment had been lost in the shuffle, but the Islands Trust finally got around to it.

When the Salt Spring Islands Trust met in Ganges last Friday, an item on the agenda was Bylaw 162 which had received first and second reading on Feb. 22, 1989.

The paper then disappeared into the shuffle of files when the Trust office was reorganized.

The bylaw amendment is aimed at setting standards of potable water for subdivisions on the island. Subdivision lots of 3 hectares or less (7.6 acres) not served by a community water system must have a supply of potable water equal to 1,590 litres (350 gallons) per day.

If subdivision lots have been averaged in size, any parcel of land larger than 3 hectares will not come under the requirement of water supply. However, if the subdivision works out to lots less than 2 hectares in size, the developer has to put in a community water system.

When the Salt Spring Trustees rediscovered the amendment, they gave it third reading, and will forward it to the Minister of Municipal Affairs for consideration.

## Ganges Creek to be monitored

Development in Ganges creates activity around Ganges Creek and the Islands Trust wants to know how the wet ditch will be affected.

To that end, the Trust at a meeting held in Ganges last Friday, followed a suggestion from Nick Gilbert, trustee for Salt Spring, to name three residents to a Ganges Stream Task Force.

Pat Byrne will be joined by Kathy Reimer and Neville Smith to monitor activities near the creek and report to the Trust.

The trio will be watching to see how construction affects salmon in the creek, the walkway along its banks and the flooding of the area when the heavy rains fall.

Byrne has served as a Salt Spring Island Trustee, while Reimer heads the salmon enhancement program here and Smith is active in various community endeavors, including the Park and Recreation Commission.

## Construction of marine pub takes another step forward

Preparations for construction of the marine pub and related facilities at Harbour's End Marina took one step forward when the Islands Trust approved issuance of a development permit for the area.

But before things proceed too much farther, the Trust wants to see the developer's plans for the boardwalk along the water in the area.

When considering the permit for approval, the Trust added two stipulations. One addition is a requirement for approval of on-site drainage from various agencies including the Ministry of Highways.

Water runoff from uplands properties such as the hotel and the seniors housing at Croftonbrook is funnelled through pipes in the area for discard into the sea. The Trust wants to ensure that the drain pipes for the runoff will be adequate.

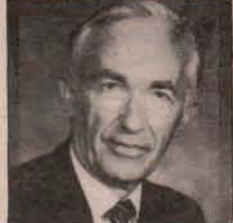
In addition, the Trust wants to know if the Ministry of Environment can approve of the location and elevation of the building which will house Moby's Pub, the marine pub which will be the centre of the harbourside development.

Various items such as parking, 22 spaces including handicapped parking for pub patrons, as well as parking for customers of the other facilities of the development are built. Non-compliance with the parking requirement could mean the occupancy permit will not be issued.

The garbage disposal area will need screening and landscaping while the boat yard area will also require approved landscaping.

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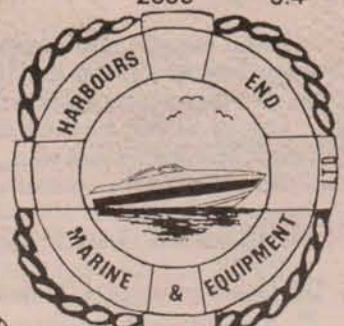
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	2005	5.1		2115	2.6
23	0240	8.3	26	0540	10.5
	0640	7.5	SU	0950	9.4
	1300	10.6		1340	10.1
	2030	4.2		2140	2.0
24	0355	9.1	27	0620	10.9
FR	0750	8.3	MO	1050	9.7
	1315	10.4		1400	10.1
	2055	3.4		2210	1.6
			28	0655	11.1
				1150	9.8
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			29	0735	11.2
			WE	1245	9.7
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**537-4202**  
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*Christmas greetings*

# Cards continue to arrive in mail for eight-year-old Jarrod Booth

More than 50 cards and gifts have arrived for eight-year-old Jarrod Booth since Brian Harding launched a Christmas card campaign for the boy two weeks ago. And one of the more unusual

gifts that came this week included a "musical flower" — a decorated radio that Harding says will make a nice touch in Jarrod's room.

In the meantime, Harding, with the help of Vesuvius Store owners, Laurie and Geraldine Messurvey and artist Patricia Brown put the finishing touches on a giant eight by eight-foot Christmas card yesterday, which they hope will attract more than 500 signatures.

That card will be displayed at the Vesuvius store this week, the Vesuvius Inn on the weekend and at the Harbour House Hotel the following week, along with a box into which well wishers can drop off their own cards.

Harding says the card is the largest ever made on the Gulf Islands and hopes it — along with the campaign itself — will find its way into the Guinness Book of World Records.

The only problem with the card, said Harding, is that it's too tall for Jarrod's room. The group is thinking about placing it at the Booth residence just before Christmas.

Harding also said he wants to take the wooden Christmas greeting to schools, hospitals and other institutions — including those on the Outer Islands — where people express an interest in signing their names. (Harding can be reached at 537-5415.)

In related events, CHEK-TV from Victoria was in Ganges yesterday (Tuesday) preparing a human interest story both on Jarrod and the campaign.

It was not known at the time the *Driftwood* went to press when the CHEK feature will be aired.

Harding hopes to make a world record with the number of cards and signatures gathered for the Booth boy who was diagnosed as having cancer three years ago.

Jarrod has been receiving treatments at the Victoria General Hospital every five weeks since last January. He returned home last Thursday from the 10th in his series of treatments which are expected to continue until next July — four months longer than originally anticipated.

In the meantime, Eric Booth said his son is recovering well and was expected to be back in school early this week.



Brian Harding and giant Christmas card made for eight-year-old island cancer patient, Jarrod Booth.

## Pick-up your own junk mail pleads a North-end resident

Follow that man's advice, urges a Mountain View Road resident. Mary Fraser, of Salt Spring's Mountain View Road is upset at the junk mail littering the area around neighbourhood postal boxes.

She wants the person responsible for the discarded junk mail to wrap it up and return it to the sender as suggested by Bob Stopford (*Driftwood*, Nov. 15, 1989).

Fraser finds the junked junk mail on top of, under and around the postal boxes including littering the ditch. Her advice to the litterbugs is for them to take the mail home and not leave it laying around.

"We are interested in recycling," she noted in a letter to the *Driftwood*, "but not everyone else's unwanted mail."

"I think it is time that everyone did their part in keeping this Island clean," she added.



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# Join us — and move F.O.R.W.A.R.D.

Islanders are cordially invited to attend the first meeting of our association, to be held on Monday, Nov. 27, 7:30 pm, in the Band Room at Gulf Islands Secondary School. The meeting is to outline the intent of our Association and to have a brief discussion on the implications of the 1989 Official Community Plan and our futures.

**F.O.R.W.A.R.D.** is being formed by a group of working citizens who believe that it is high time that the growing working families of our community be represented in the decision making process of our island. One of our main goals will be to preserve, protect and insure our children's rights to own land, to live and to work on Salt Spring Island, now and for the future.

**F.O.R.W.A.R.D.** means: Fellowship Of Residents Working At Responsible Development.

For a membership send to Box 669, Ganges, B.C. V0S 1E0

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I want to see the opportunity for myself or my family to purchase land/property on Salt Spring Island maintained.

Signature \_\_\_\_\_

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## This week offers a chance to look at the damage

This issue of the *Driftwood* carries some staggering statistics concerning substance abuse, both in this province and on this island.

There is no getting around it. The abuse of alcohol, illegal and prescription drugs is harmful to both the individual and, perhaps more importantly, the people around him or her.

B.C. takes the questionable honour of having the highest per capita consumption of alcohol in this country. This province has the highest number of heroin offences, it ranks second for the number of marijuana offences and third for cocaine. This adds up to the highest rate of alcohol and drug abuse in Canada.

Those who work with substance abusers agree the worst offender is a legal one — alcohol. Some 300,000 people in this province are either alcoholics or suffer from a serious drinking problem.

The hidden number here is the many, many people — children, teens and adults — who are affected by someone else's abuse of alcohol.

Alcohol can trigger violence and irrational behaviour. It contributes to break and enter offences, vandalism, mischief, common and spousal assault, and motor vehicle accidents. It can break up families and leave life-long scars on children who grow up in the same home as an alcohol abuser.

A survey undertaken at Gulf Island Secondary School, indicates 52 per cent of 336 students questioned see their parents drunk at least "once in awhile."

Just under 10 per cent say one or both of their parents are drunk once a week or more. Some 13 per cent said physical violence occurs in their home as a result of alcohol abuse at least "once in awhile." Of those 44 students, 17 said violence occurs "frequently" due to alcohol.

Gulf Islands substance abuse counsellor Gary Hogan says children and teens who live with an alcoholic will suffer the effects for many years to

come, unless help is obtained. To this end, numerous support groups have been established to help children of alcoholics, whether they be teenagers — Alateen — or adults — Adult Children of Alcoholics (ACOA).

The survey also indicates many young people on these islands are heavily involved in use of drugs and alcohol.

Whether one is effected directly or indirectly by drug and alcohol abuse, the province's Drug Aware-

ness Week (November 19 to 25) provides an opportunity to sit up and take notice of what is happening around us.

As an island community, we need to take a hard look at what we offer youth as an alternative to their seeking excitement through the use of alcohol and drugs. If we continue to refuse to provide any sort of recreational facility, we must plan on placing more emphasis on creating alternative opportunities for them.



## A vacation might solve telephone trauma

Okay. So where are the phonecalls, the letters-to-the-editor and the snide little notes?

I'm prepared for it this week. Wednesday morning I threw back my shoulders, took several deep breaths and prepared for the torrent of phonecalls.

Now don't tell me no one noticed the seven pages of letters, the absence of sports, the lack of Outer Island news, the story that ran twice, and the few articles that were apparently not even in the same room as the spell check computer.

Murphy must have been an editor. It never fails, when you think someone may not be happy about something, he or she never calls, and when you think — yeah, no one's gonna complain about this baby — the calls come in like torrential rains.

About a month ago, for example, I went home Tuesday night feeling pretty darn good about the paper. Figured I covered all angles:

### off the record

susan dicker



this group would be pleased with that story, that group would be pleased with this story, "Mom" would like the photo of junior, etc.

With first Wednesday morning call, the sky looked a little greyer. With number two, the office acquired a certain chill, and number three turned the moderate fall day into winter and basically ruined the next several months.

All Wednesday the "for and against" battle raged in my head as I considered and re-considered my position on the issues addressed,

my morality, my upbringing, my integrity, my character and most importantly, my career choice.

That night, I dreamt the authorities were after me — I'd done something *really bad*. I ran through city streets and parkades, dashed up stairs and in and out of elevators, to deek out those faceless figures who stayed right on my heels. I slipped through windows, hid under cars, climbed trees, and stood on toilets in ladies' washrooms.

I woke up sweating. And exhausted.

My first thought was: *Wow. I'd better go easy on feta cheese and black olive pizza.* Then I decided this is *it* for spy novels.

Then I remembered the three phonecalls.

It gets to the point you can hardly hold the phone because your palms are sweating so badly. You dread the words: "Line One's For You Susan."

Even the phone at home has taken on a slightly ominous aura. If I produced a horror flick, I'd probably include the ring of a telephone in the soundtrack.

But I'm not paranoid. My predecessor — Duncan — took Wednesdays and Thursdays off. Now this is a good ploy. By Friday, you figure, the initial rage over a spelling mistake has cooled, and heads are recovering from where they dented the ceiling.

Not that some people don't have good reason to complain. But it's

impossible in this business to please everybody — especially when some believe their group or concern is more important than anything else. All readers have a different area of interest, and the challenge is trying to present a balance.

But this week I was ready for it! I'd calmly accepted my fate, taken vitamin B for my nerves . . . I even had a scapegoat because it wasn't me! I was subpoenaed to testify as a witness in court. I wasn't even at the *Driftwood* on Tuesday!

So now I wonder why no one called. It's not that I'm paranoid or anything. I'm just wondering if islanders are quietly preparing *Mutiny on the Rock*, or circulating a petition (*we the undersigned oppose the Driftwood* for the following 53 reasons . . . followed by name spelled 53 different ways).

But I'm not paranoid. I just need a vacation.

letters

**Incorrect facts**

To the Editor,  
With regard to the letter "Reforestation?" from Morgan McKay of September 13 dealing with the failures of forestry in B.C.: — As a forestry technician who is presently employed by a large coastal forest company, I welcome comments regarding the optimum management of our forests. I would agree that past forestry practices have been less than optimal and that there is still much room for improvement.

However, I strongly disagree with the format of the arguments presented. In the letter M. McKay quoted incorrect technical facts, and in my opinion severely exaggerated many points. By misleading the people who read this paper, McKay has performed a great disservice to the cause of improving forest management in B.C.

Forest management practices in 1989 recognize the complexity of high-elevation ecosystems and ensure that adequate restocking is completed by either natural regeneration or by planting. With recent changes to the provincial legislation, licensees who fail to adequately restock logged areas have their annual allowable (AAC) reduced. No forest company can afford this type of penalty.

B.C.'s forests are not full of mountains of "mutant trees." Tree improvement breeding programs throughout B.C. breed those trees which show the best form and vigour, while ensuring genetic diversity. These improved trees will yield additional gains of up to 15 per cent compared to the trees sown from seed of wild or unknown origin.

B.C.'s forests in 1989 are not full of mountains of slash, nor have rivers choked with logging debris. With the current economic climate and reduced availability of growth, no coastal forest company can afford to leave economic wood in the bush, nor can they afford the resulting fines for ignoring minimum size requirements.

Legislation dealing with fish habitats gives the Department of Fisheries and Oceans and logging companies clear direction on how all fish bearing river systems are to be treated; if a forest company ignores these regulations, the resulting fines and the bad press will ensure that the responsible party will no longer be in business.

Reforestation does not "involve the planting of only a single species, usually spruce, which are treated with Capstan (recently

renamed Vision)." Species selection for replanting is based upon ecological principles that recognize species diversity and site variation. Before any area is replanted, a pre-harvest silvicultural prescription is performed which requires approval from the ministry and the public.

As for the treatment of these trees with pesticides, seedlings may be sprayed with a common fungicide, Captan (not Capstan), to prevent molds from destroying them while in storage; brush in the plantations may be sprayed with a herbicide called Roundup (recently renamed Vision) to control the competition from surrounding vegetation. For the record, the use of pesticides in forestry in B.C. accounts for less than one-half per cent of all pesticide use in Canada annually with the other 99.5 per cent being used by agriculture and home use.

I too hope for sustainable, intelligent management of our remaining resources. However in order to achieve this goal, let's discuss the issues with facts and reason and not spread mis-information.

**KEITH TUDOR,**  
Saanichton, B.C.

**Mud bowl**

To the Editor,  
The monster isn't a dinosaur, it's a skidder or "cat" and the "Cyprus Bowl" is likely to become a Mud Bowl in the winter rains. Even now it might not be too late to sow winter rye grass and white Dutch clover on the torn up earth and maybe save tons of soil from being washed away.

New trees will take years to grow but the grass would grow now and the clover would get going in the spring and renew the soil for whatever else will be there in future. It looks good, it's clean, it makes nectar for bees and grazing for deer. It's your best invest-

ment in the land's future so please do it.

**NANCY WIGEN,**  
Fulford Harbour.

**Thank you**

To the Editor,  
On a cold and not so sunny October 29, 29 bright and cheery little faces, some dressed in Halloween costumes, were oblivious to the chilly autumn air as they peddled their little hearts out, while parents, grandparents and friends cheered them on in the annual Salt Spring Island Daycare Society's bike-a-thon held at Portlock Park track.

Many of the children exceeded their expectations as they circled the track time and time again. It was a fantastic turn out by young and old and the money raised will be used to purchase a new outdoor playhouse among other items.

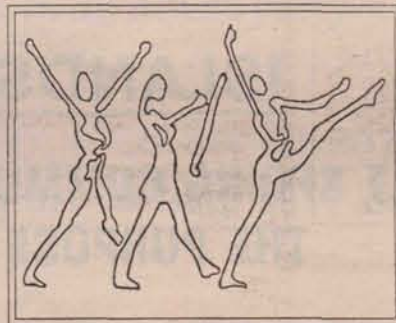
We would like to take this opportunity to thank everyone involved from the organizers, for getting us off to a great start, to the cookie makers for a finishing energy booster.

But most of all, thanks to the people who sponsored the kids and the generous merchants of Ganges for their donations to this special cause for the kids. These include: The Ganges Village Market; Parcels Unlimited - Sears; Pharmasave; Breadwinners Bake Shop; S.S. NatureWorks; Mouats Trading Co; The General Store; Embe Bakery; Island Magic Touch; The Village Cobbler; Carolee's and Michaels; Gulf Islands Optical; W. Huster & Sons Construction; et cetera; G.I. Trading Co.; and Harbours End Marine & Equipment.

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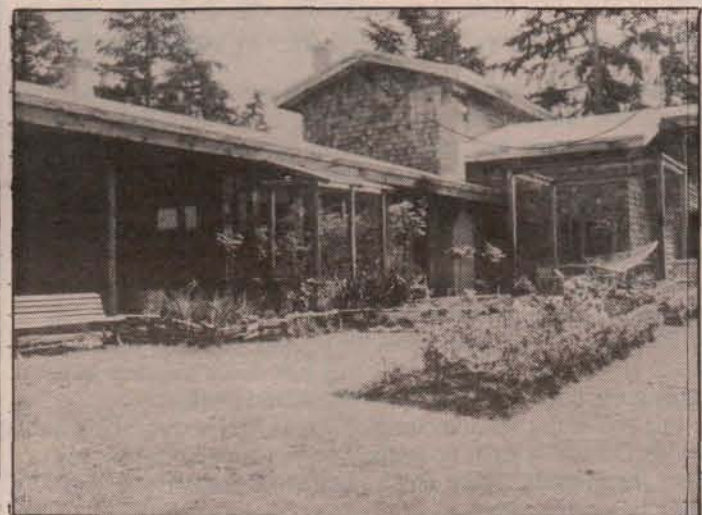


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**capital comment**

by *hubert beyer*



VICTORIA — After losing five byelections, the Socreds are in dire need of a morale-boosting victory, and Oak Bay may just be the ticket for them. Early indications are that the government will hang on to Oak Bay, and never did the Zalm need a victory more.

The streak of losses to date has been like an ever-recurring Waterloo for Premier Vander Zalm. In Boundary Similkameen, the Socreds got trounced; Point Grey went down the chute; Nanaimo, gone; Port Alberni, lost; Cariboo, a disaster.

True, Nanaimo and Port Alberni were solid NDP turf and the Socreds wouldn't have had much of a chance winning there at the best of times, but the other three defeats hurt badly.

Now it's Oak Bay's turn. The byelection will be held December 13. The seat behind the Tweed Curtain became vacant when Brian Smith resigned to become the new CNR boss, taking with him a pension of roughly \$40,000, which is chicken feed, compared with his new salary believed to be just short of \$200,000 a year.

**Cannot necessarily take it for granted**

The seat up for grabs is actually called Oak Bay-Gordon Head. While Oak Bay is a traditionally conservative, old-money and somewhat stuffy town, Gordon Head is more home to the upwardly-mobile set, whose political allegiance the Socreds cannot necessarily take for granted.

On the other hand, the Socreds have a lot going for themselves in the forthcoming byelection. As I said, Oak Bay residents tend to be conservative. Within its boundaries are Greater Victoria's most expensive areas such as the Uplands, where few homes can be found for less than half a million and the most expensive beach front property is currently offered for a cool \$7 million.

These people don't flirt with the NDP, not even to send a message to the government. They may also feel that the government has been sent enough messages.

There is also no internal strife among Socred ranks in Oak Bay, as there was in Cariboo, where Vander Zalm supporters and enemies did their best to kill any chance of winning, right down to selecting the worst candidate for the job at hand.

And last but not least, the Socreds will field a strong candidate. Susan Brice has built a solid reputation as alderman and mayor of Oak Bay.

**Many a Socred minister has resided there**

Oak Bay also doesn't suffer from the isolation syndrome of central and northern British Columbia. It's a snug little community that never had reason to feel ignored by Victoria, as residents in the province's far-flung regions invariably do. After all, Oak Bay is less than three miles from the Parliament Buildings, and many a Socred cabinet minister has resided in that community.

One of the most pressing problems Oak Bay has faced over the years was the traffic created in residential neighbourhoods by the Snug, a beautiful pub in the equally beautiful Oak Bay Beach Hotel. In a nutshell, Oak Bay just doesn't appear to be fertile ground for the NDP. Or so one would think.

In a politically volatile climate such as the one prevailing in British Columbia right now, the Socreds shouldn't take anything for granted. There are a number of factors that could upset their apple cart.

There is the fact that for the first time, voters in Gordon Head will outnumber those in Oak Bay. Gordon Head has been growing at a phenomenal rate in the past few years, and the people moving into that part of town are not the same as those living in Oak Bay.

Second, Oak Bayites have always been a somewhat independent, albeit small-c conservative lot. Once a Liberal bastion, they first turned Tory and then Socred.

**Stay away from election goodies**

In the 1986 election, when the Socreds steamrolled over the weak and ineffectual can-we-do-that-again Bob Skelly and his NDP, Oak Bay-Gordon Head gave the NDP candidate a solid 34.7 per cent of the vote, compared with the Socreds' 53 per cent.

Those results are even more significant, considering that despite Vander Zalmania, the NDP slipped only about one percentage point during that election, compared with the previous one.

And yet, I would put my money on the Socreds in this byelection, provided they run an intelligent campaign. For one thing, the government should stay away from handing out election goodies. The electorate has become far too sophisticated to be bribed.

Vander Zalm would also be well-advised to keep a low profile during the Oak Bay byelection campaign. There are too many traps the premier keeps falling into, and furthermore, Susan Brice is quite capable of running her own campaign.

**Webster returns to paper**

Former *Driftwood* reporter Bill Webster has returned to the newspaper's editorial department.

Webster, who worked for the *Driftwood* between 1981 and 1985, returns after spending four years pursuing other interests.

Webster moved to Salt Spring from Toronto in 1981, where he had worked for several newspapers, including the *Etobicoke Gazette* and the *Toronto Sun*.

Webster started in the newspaper business at the age of 16, and since that time has worked in most areas of newspaper production.

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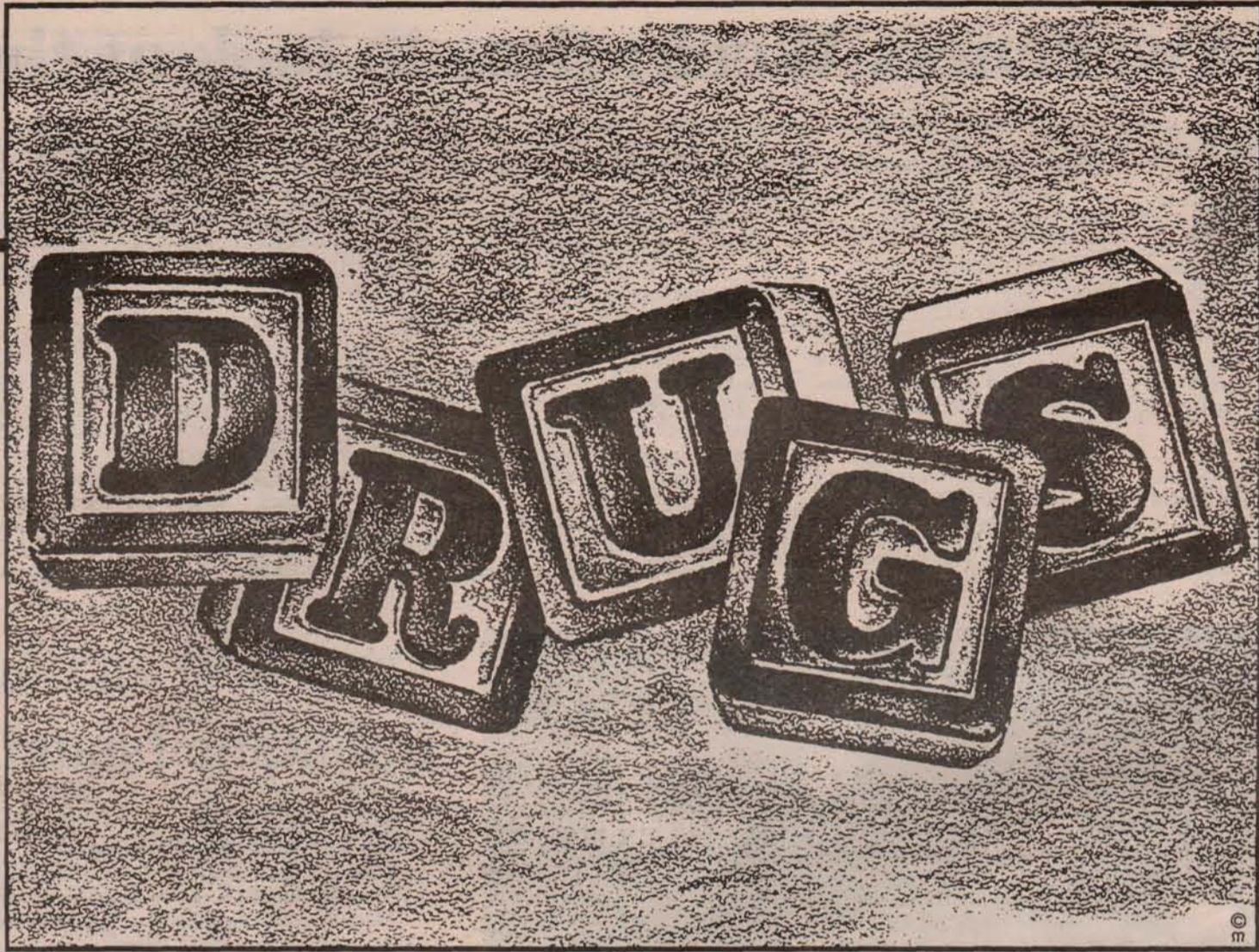
**SALT SPRING COMMUNITY PLAN REVIEW: THE PURPOSE AND GOALS**

Following the November 1st publication of the full committee report, the Islands Trust and Review Committee welcome your input and questions.

**TUESDAY, NOVEMBER 21st: 10 am-5 pm**  
Drop-in, basement, Government Buildings, Ganges.

**MONDAY, NOVEMBER 27th: 1 pm-5:30 pm and 7 pm-9:00 pm**

Public Presentations to the trustees and committee.  
HARBOUR HOUSE HOTEL, Ganges.



# Education should start sooner than you think.

Even for very young children, drugs are an all-too-common fact of life. That's why it's so important to teach them the dangers of drug abuse early—before it can become a problem.

Fortunately, there are anti-drug efforts going on everywhere. Do your part to help save lives. Get involved during:

**Drug Awareness Week**  
**November 19-25**

# Drug Awareness Week: time to look at the stats

British Columbia has the highest rate of drug and alcohol abuse in Canada.

The people of this province consume more alcohol per capita, than any other area in the country. Some 300,000 people in B.C. are either alcoholics or suffer a serious alcohol problem.

British Columbia has the highest rate of heroin offences in the country; it takes second place for marijuana offences, and third for cocaine offences.

In 1987, 200 British Columbians died and 7,000 were injured as a result of impaired driving. In fact, drinking and driving is the leading cause of fatal accidents

## British Columbia has the highest rate of substance abuse

here, especially among young drivers.

Statistics also show that between 70 and 80 per cent of males serving time in B.C. penal institutions were under the influence of alcohol at the time they committed their crime, or alcohol was a contributing factor. Furthermore, over half of all domestic crime in B.C. is alcohol-related.

These are just some of the statistics people in this province are asked to consider during Drug Awareness Week, or DAW (November 19 to 25).

In the Gulf Islands, the RCMP, substance abuse counsellors at the Salt Spring Community Centre, plus numerous community members, are joining other communities in the province and staging events to bring home the message: "we've got things to change."

DAW is part of a \$137 million government campaign called TRY, which deals with substance abuse at every level of society, with an emphasis on prevention.

The three-year campaign, launched by the Ministry of Labour and Consumer Services, involves

education, community involvement, treatment, research and evaluation under the umbrella term: TRY — *The Responsibility is Yours.*

A number of events will take place throughout the Gulf Islands over the next two weeks, as part of DAW and the TRY program. Community Centre substance abuse counsellors Gary Hogan and Geoff Fishleigh will spend a day on each of the Gulf Islands this week, making drug awareness presentations to residents there.

The week will culminate on Salt Spring, this Saturday, when a six-member panel will respond to the community's questions on drug abuse at Mahon Hall between 2 and 5 p.m. The forum will offer film presentations, panel discussion and a question-answer period.

Next week, on Saturday, December 2, Hogan and Fishleigh — with the co-operation of Ganges Village Market (GVM) and several high school students — will demonstrate the variety and quality of non-alcoholic beverages, providing recipes and samples for interested shoppers.

The demonstration will take place at GVM, with the grocery store providing the ingredients.



British Columbia has the highest rate of substance abuse in the country.

## Drug and alcohol abuse threatens Island youth

By SUSAN DICKER

I use drugs and/or alcohol because . . .

"Drugs are fun." (response by a Gulf Island Grade Eight student)

"I hate myself and it lets me forget." (Grade Nine)

"Because there is nothing else to do on this island." (Grade 10)

"I can be someone else." (Grade 11)

"It's a form of entertainment." (Grade 12)

Of 336 Gulf Island Secondary School students recently surveyed by the *Driftwood*, 52 per cent say they have smoked marijuana (nearly twice the number who smoke tobacco cigarettes); 23 per cent say they drink alcohol once a week or more; eight per cent have tried cocaine, and between 16 and 25 per cent say they have tried LSD.

For students in Grade 11, the numbers are substantially increased: 71 per cent say they have smoked pot (19 per cent smoke cigarettes); 31 per cent drink alcohol once a week or more, while 76 per cent drink at least once a month; 11 per cent say they have tried cocaine and 27 per cent have experimented with LSD.

Some 28 per cent of GISS students say they are opposed to the use of drugs and/or alcohol and 33 per cent say they use substances such as drugs and alcohol, but not enough to get addicted.

Many high school students may in fact, dabble and experiment with drugs and alcohol, and emerge unharmed. Others, however, will suffer from one or more of the devastating effects substance abuse can have on youth — loss of motivation, criminal activity, teenage pregnancy, self-destruction and suicide.

TURN TO PAGE 9

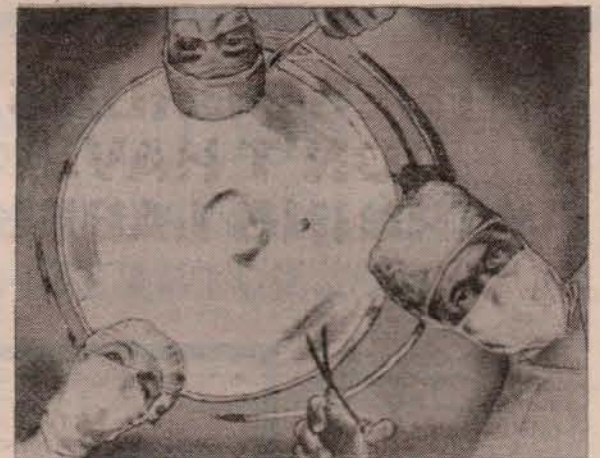
## Questions will test knowledge on provincial substance abuse

1. What is the most used and abused drug in Canada today?
2. What is the estimated cost to Canadians each year, in reduced labour productivity, of alcohol abuse?  
(a) \$550 million (b) \$950 million (c) \$1.8 billion (d) \$2.5 billion
3. Where does British Columbia rank among Canada's ten provinces in terms of alcohol consumption per person?  
(a) First (b) Third (c) Fifth (d) Eighth
4. What is the average age at which people first drink?  
(a) 12 (b) 14 (c) 16 (d) 18
5. What percentage of British Columbia students (Grades 8-12) report being drunk at least once in the last month?  
(a) 4% (b) 12% (c) 24% (d) 36%
6. What percentage of British Columbia students (Grades 8-12) report that their parents do not know how much they (the students) drink?  
(a) 8% (b) 15% (c) 29% (d) 40%
7. At what blood alcohol level could a person's ability to drive be impaired?  
(a) .01 (b) .05 (c) .08 (d) 1.0
8. In British Columbia how many traffic injuries per year are attributed to drinking and driving?  
(a) 1,000 (b) 3,000 (c) 5,000 (d) 7,000

9. How much do you think it cost British Columbians to deal with the negative effects of drinking in 1987:  
(a) \$400 million (b) \$800 million (c) \$1.6 billion (d) \$2 billion
10. What percentage of adult British Columbians have experimented with cocaine?  
(a) 6% (b) 12% (c) 18% (d) 24%
11. What percentage of first time cocaine users go on to use cocaine again?  
(a) 34% (b) 56% (c) 78% (d) 100%
12. Which drug do more British Columbia students (Grades 8-12) smoke?  
(a) Tobacco (b) Cannabis (marijuana and hashish)
13. What percentage of Grade 8 students have used cannabis?  
(a) 8% (b) 13% (c) 18% (d) 23%
14. What percentage of Grade 12 students report having used a hallucinogenic drug (LSD, PCP, magic mushrooms, mescaline)?  
(a) 5% (b) 10% (c) 15% (d) 20%
15. What percentage of British Columbia students (Grades 8-12) reported using prescription sedatives (barbiturates or tranquillizers) during the past year?  
(a) 5% (b) 10% (c) 15% (d) 20%

Answers Found on Page

## TAKE DRUGS AND FIND YOURSELF IN A NEW CIRCLE OF FRIENDS



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**Salt Spring Nature works**

"ENJOY LIFE NATURALLY"

# Motivation for abuse by teens is multi-faceted

From Page A8

One woman who works with island youth says drugs and alcohol play a major role in the lives of many adolescents here. Those who abuse substances, she says, lose their motivation to excel: "getting stoned becomes the most important thing in their day."

The woman, who feels identification might jeopardize her relationship with teenagers here, says alcohol is the most widely abused substance by island youth, but she believes LSD, or acid, is also high on the list.

## Boredom is a cause of both delinquency and substance abuse

She says one danger of substance abuse by youth is the intensity of feelings drugs initiate — feelings which may already be in turmoil, due to adolescence.

Depression and negativity often surface when a person is under the influence of mind-altering drugs and teenagers stand the risk of coming up with "weird solutions to their problems" when they're in this state. Suicide may be one solution — "in most of the suicides I can think of, drugs and alcohol were involved" — or general self-destructive behaviour, she says.

She believes the motivation for youth to abuse substances is multi-faceted.

"For one thing, it's cool to see how loaded you can get . . . not necessarily prestigious, but cool."

She also maintains that becoming drunk or stoned provokes certain behaviour and more importantly, provides an excuse for it. Getting "loaded" may offer an excuse for vandalism, break and enter offences or mischief; promiscuity; and risky behaviour.

"The kids complain about being bored, that there's nothing to do here. So they get drunk to create excitement. Then they do things that are illegal and create more excitement by getting away with it."

Both the RCMP and probation officer Niel Pearce agree the lack of recreational facilities on the Gulf Islands creates part of the problem.

Pearce, who works from a Sidney office, says he would have a "difficult time bringing up a family on Salt Spring." Boredom, he notes, is a cause of both delinquency and substance abuse.

Pearce has worked as a family court counsellor and probation officer for 20 years. He usually deals with between 15 and 20 probation clients at one time, including those from the Gulf Islands.

Of the Gulf Island clients he is currently working with, Pearce estimates about 75 per cent are involved in drugs and alcohol abuse. Substance abuse is a factor for 14-year-olds right through to older adults, he adds.

"The most common characteristic of the kids I work with," he says, "is a poor self image. Abuse of drugs and alcohol is often an escape mechanism from this poor self-image. Unfortunately, it's temporary and ineffective."

Pearce can't say whether the majority of crimes committed by his clients occurred while they were under the influence of drugs or alcohol. He says, however, crimes often occur in order to obtain either the substance itself or the money to purchase it.

Ganges RCMP agree a great deal of their work stems from substance abuse. Many people do things "under the influence" that they would never consider sober. This includes both property and domestic crimes.

Pearce and the RCMP also agree alcohol abuse poses the greatest threat to society.

"Some parents have the naivety to believe alcohol is less of a prob-

lem than drugs," Pearce says. "They say *thank goodness he didn't get busted for drugs*, when their kid is busted for alcohol."

And kids on the island are definitely into the alcohol scene — Most weekends, Ganges RCMP seize alcohol from minors and lay liquor related charges.

But the abuse of drugs here, especially in conjunction with alcohol, is also frightening, sources say. Cocaine is readily available on Salt Spring, as are cannabis, LSD and psilocybin (magic mushrooms).

One islander, who wishes to remain anonymous, has experienced drug addiction and knows what it is like to be subservient to a substance.

"It starts out for fun," he says. "Then the drugs take over and become more and more of a focus."

At first, he says, the user has a wide spectrum of opportunities and activities open to him. Then he

enters the mouth of a tunnel, and his options become less varied. His social life begins to circle around drugs and/or alcohol. His friends are limited to those who are also taking drugs and alcohol.

As he progresses into the tunnel, the activities become fewer and fewer until, at the end of the tunnel, there exists only the substance.

He overcame his addiction, but says it was a long and difficult battle. "No one can do it for you. (The decision to change) has to come from you . . . it might take a crisis to make you wake up for a minute and see what is really happening."

While the use of mind-altering drugs and alcohol may offer short-term solutions to Gulf Island youth (and adults), who look to substances to help them "forget" or "be someone else," the solution is — in Pearce's words — temporary and ineffective.

The long term effects, however, can last a lifetime.



Peer Pressure Can Be As Soft As A Whisper

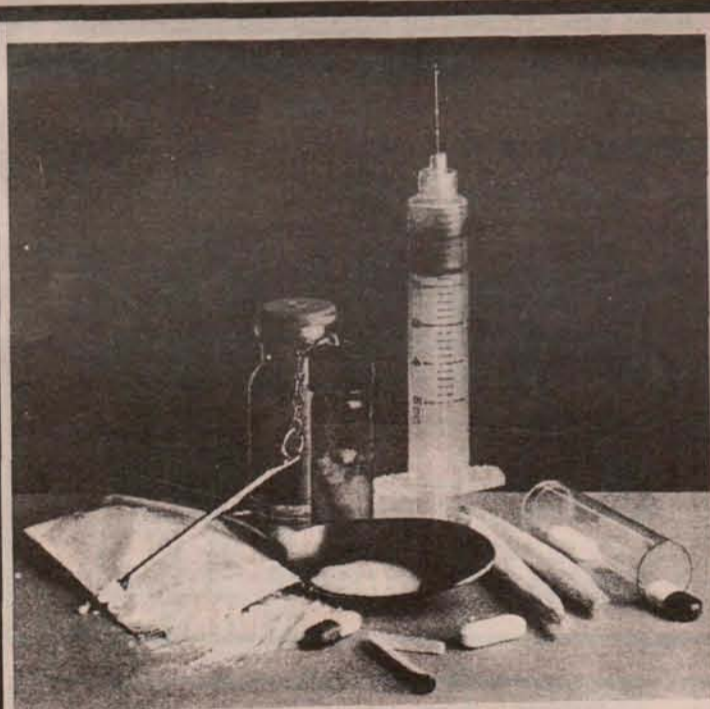
Your child lives with all kinds of pressure. Pressure to do well in **SCHOOL** and **SPORTS**. Pressure to wear the right clothes and be part of the crowd.

Peer pressure gets children involved with drugs. The best way for parents to fight back is to give kids the facts about the dangers of drug abuse.

**TALK** to your kids. Get to them before the pressure does.

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# Children to suffer the effects of parental substance abuse

By SUSAN DICKER

The seven-year-old sits on his bed, crayoning. It's late, but he can't sleep because downstairs, beneath him, his parents are arguing.

The shouts get louder: his mother's voice, his father's voice, voices on the television.

Then he hears the word "gun." His mother is screaming, his father is shouting, and there is a great crash, an explosion, a sound he recognizes from watching television. And then silence.

He can hardly breathe because the grip of fear on his stomach is so tight.

He creeps down the stairs and slowly rounds the corner into the living room. He sees his mother sitting on the couch. Her face is covered by her hands and she is quietly sobbing. His father is on the other side of the room, rage still red on his cheeks.

Several empty beer bottles sit on the coffee table—one is broken on the carpet. Bits of glass from the television are blasted all over the room.

"Go back to bed, Johnny," his mother says. "Your father just shot the t.v."

His mother shows no emotion; his father's face is expressionless. The seven-year-old returns to his room. He has been given no comfort and no support. He has no idea how to express his fear.

"I usually see this child when he is between 27 and 35 years old," says Gulf Island substance abuse counsellor Gary Hogan. "By this time, he has spent his entire life, keeping his emotions bottled-up inside."

As part of his role as a substance abuse counsellor for the Gulf Islands, Hogan works with children, teens and adults, who have suffered from their parents' abuse of alcohol.

Currently, he is hoping to help establish an Alateen group on the islands, offering support and help to teenagers, who are children or friends of an alcoholic.

Hogan says there are several characteristics shared by children of alcoholics: "Right off," he notes, "they feel they're alone and that is only happening to them."

Hogan says children rarely discuss their situation with peers or siblings. The pattern establishes itself early, as siblings cover up or deny their parents' drinking problems.

These children stop inviting friends to their home because they cannot predict what scene will meet them.

If the mother figure in a household is the alcohol abuser, a child may be forced to take on a parental role, Hogan says. An 11-year-old may consistently be late for school because he or she is getting a younger sibling prepared for the day, while the mother sleeps in, fighting a hangover.

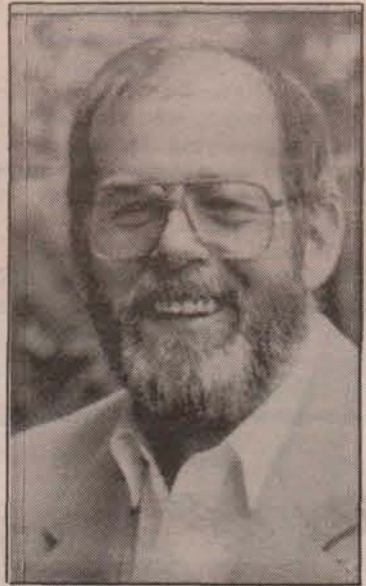
This child may quickly learn he or she can stay home from school and help "mom" with housework or child care.

Other children of alcoholics may be inattentive or sleepy in school because they have spent the previous night exposed to their parents' fighting. Still others will react by hitting out, using physical violence to express their own pain.

"Hurt people hurt people," Hogan says.

Gulf Island school children are not immune to the effects of their parents' alcohol abuse.

In a recent drug and alcohol survey conducted by the Driftwood at Gulf Islands Secondary School



Gary Hogan

(GISS), 52 per cent of 336 respondents said they see their parents or adults they live with, drunk at least "once in awhile." Just under 10 per cent said one or both of their parents are drunk once a week or more.

Thirteen per cent (44) of those responding to the survey said violence occurs in their home as a result of alcohol abuse at least "once in awhile." Of these, 17 students said violence occurs "frequently."

Sidney-based probation officer and family court counsellor Niel Pearce, who works with Gulf Island clients, says the effect of alcohol abuse on the family is devastating.

Alcohol abuse, he says, causes more families to break up than abuse of any other substance.

"Alcohol triggers violence in humans that other drugs don't. It is the drug of choice for adults and youths alike, and it is absolutely devastating what it does to people and peoples' lives. And yet society continues to condone it," he says.

Both Pearce and Hogan agree that parental abuse of drugs has other far-reaching effects on their children.

"Children model their behaviour on the closest adults to them," Pearce says. "They learn from their parents' example."

"If parents abuse alcohol or (other drugs) and (discipline) their child for the very same thing... well what hypocrisy, what mockery does that make of the whole parental role?"

Pearce says some of the youths he works with, show tremendous anger when their parents, who abuse alcohol and/or drugs, attempt to discipline them on the same subject.

Students at GISS seem to agree. Of the 144 students who responded to the question: *If (your parents or the adults you live with smoke pot), do you think they have the right to tell you not to smoke pot?* close to 70 per cent (100) said no.

According to Hogan, children of alcoholics who drink themselves, have more than a 50 per cent chance of becoming alcohol abusers themselves. He says there exists few educational opportunities for children who may be pre-disposed to alcoholism, and it is important they learn, from an early age, that their parent has an illness which can be avoided.

Hogan says most of his clients have at least one parent who abused alcohol.

These clients, he says, are like the seven-year-old boy listening to his parents fight — they have learned not to feel and not to trust.

"They learn to shut down their feelings and bottle everything up."

Adult children of alcoholics (also the name of a support group — ACOA — established to help this group of people) often find it difficult to trust others. When they were young, Hogan says, a parent may have made promises during drunken "black-outs," which were not followed through.

These promises may have been forgotten, or over-ruled by another drinking binge. Alcohol quickly takes priority in the life of an abuser, he says.

Through groups such as Alateen and ACOA, these children and adults can learn to feel again, to trust again, to express their emotions and most importantly, learn they are not alone.

## DRINKING AND DRIVING

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No matter where you're headed, when you drink and drive any road could lead to a dead end. Statistics show that even one drink can impair judgment and reflexes, so all it takes is one driver who's has one drink to set the scene for tragedy. If you plan to drink, ask a friend to be the designated driver, or travel by taxi.

THE HARBOUR HOUSE HOTEL serves designated drivers free coffee and pop all night. Be a designated driver—get them home alive!

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MEL COUVELIER

## SAANICH AND THE ISLANDS M.L.A.'s



TERRY HUBERTS

Our government is committed to helping with the fight to find new solutions for the problem of alcohol and drug abuse. We have pledged \$137 million over the next three years to achieve this goal.

Although government can assist, the ultimate responsibility for drug and alcohol abuse rests with the individual. During **National Drug Awareness Week** we ask you to think of your family, neighbours and friends and reach out to those who may need your help and support.

# Ganges Village Market

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POST ALPHABITS CEREAL 450 g **2 98**

POST BRAN FLAKES 450 g **1 48**

POST SUGAR CRISP CEREAL 400 g **2 98**

POST HONEY COMB 400 g **3 38**

### JELLO JELLY POWDERS

**3 99¢**  
85 g pkgs.



TANG GRAPE FRUIT DRINKS 250 ml ctns. **5 99¢**

SHAKE & BAKE pkg. **1 48**  
• Southern Fried  
• Italian  
• Pork

NEW! APPLE SNAX! 125 g **1 98**

NEW! DESSERT PUDDINGS pkg. **98¢**  
• Irish Cream  
• Choc. Coffee Cream  
• Swiss Cream  
• Caramel

NEW MAGIC MOMENTS SNACK PUDDINGS or Light Touch 142 g pkg. **1 98**

MINUTE RICE 700 g pkg. **2 78**

STOVE TOP STUFFINGS **1 36**

DREAM WHIP 170 g pkg. **1 98**

GENERAL FOODS SUGARLESS INTERNAT'L COFFEES tin **3 86**

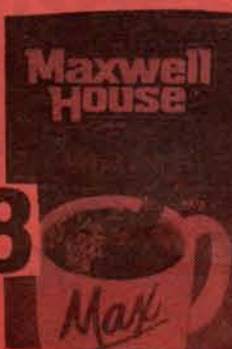
GENERAL FOODS INTERNATIONAL COFFEE Your Choice tin **2 98**

BAKERS CHOCOLATE CHIPS Your Choice 300 g **1 98**

### MAXWELL HOUSE COFFEE

- Regular
- Fine
- Extra Fine

**1 98**



### MAXWELL HOUSE INSTANT COFFEE



Regular 200 g jar

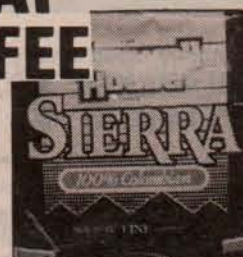
**4 98**



POST CALIFORNIA RAISIN BRAN CEREAL 525 g pkg. **2 36**  
• Regular  
• With Granola

**2 88**  
• Regular  
• Fine  
300 g pkg.

### SIERRA or MAXWELL HOUSE DECAF COFFEE



LOOK IN NEXT TUESDAY'S MAIL FOR YOUR 8-PAGE PRE-CHRISTMAS FLYER!

**DELMONTE  
FRUIT JUICES**

- Pineapple
  - Tropical
  - Caribbean
  - Hawaiian
  - South Seas
- 1 litre ctn.

**98¢**



**AYLMER  
CANNED  
VEGETABLES**

**68¢**

14 oz. tin

- Cream Corn
- Cut Green Beans
- Cut Wax Beans



**'ALL' LAUNDRY  
DETERGENT**

**798**

10 litre box

Limit 1 per family order  
Over limit **8.48**



**ARDMONA AUSTRALIAN  
CANNED FRUIT**

- Pears, Halves or Slices
- Peaches, Halves or Slices
- Peach & Pear Quarters
- Fruit Cocktail

**98¢**

Limited  
Varieties - 28 oz. tin **1.78**

**CLOSE-UP  
TOOTHPASTE**

All  
Flavours  
100 ml  
tube

**98¢**



**MISSION SAN JUAN  
NATURAL  
JUICES**

**1 98**  
1 litre btl.



**MAINSTAY  
DOG FOOD**

**4 98**  
8 kg bag



**ROYALE  
BATHROOM  
TISSUE**

8-roll pack

**2 98**



SUNLIGHT AUTOMATIC  
**DISHWASHER  
DETERGENT** 1.8 kg **4 86**

SNUGGLE  
**FABRIC  
SOFTENER** jug **3 98**

SUNLIGHT  
**DISHWASHING  
LIQUID** 1 litre **2 78**

NALLEY'S  
**CHILI CON  
CARNE** 425 g tin **1 38**

DIANE'S  
**TORTILLA  
CHIPS** 1 lb. bag **2 24**

SCHWEPPE'S  
**GINGER  
ALE** 750 ml **68¢**  
plus deposit

WILD  
**BIRD  
SEED** 2 kg bag **1 88**

PURINA  
**MEOW  
MIX** 8 kg **19 98**

**TENDER  
VITTLES** 500 g pkg. **2 24**

FLORELLE  
**FACIAL  
TISSUE** 200's **98¢**

PRONTO  
**PAPER  
TOWELS** 2-roll pack **98¢**

BETTER BUY  
**GARBAGE  
BAGS** 20-pack **2 38**

**BAKERY**

**ITALIANO ROLLS**  
Prepacked,  
dozens **1.39**

**RAISIN BREAD**  
450 g loaf **1.59**

**CINNAMON RAISIN  
BUNS**  
With icing  
6-pack **1.99**

**PUMPKIN PIE  
BUNS**  
8" size **2.69**

**DOUGHNUTS**

- Jelly • Cake
- Ring • Cindy
- Long John

**3/99¢**

**BULK FOODS**

TROPHY Salted, No Salt or BBQ  
**BLANCHED  
PEANUTS** 100 g **2 49**

**OAT  
BRAN** 100 g **38¢**

BABE'S  
**WILDFLOWER  
HONEY** 100 g **35¢**

PURE  
**STRAWBERRY  
JAM** 100 g **45¢**

**KIDNEY BEANS**  
**31¢**  
100 g

**CHILI POWDER**  
**88¢**  
100 g

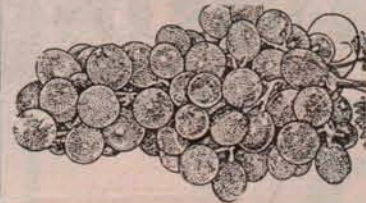
**MIXED NUTS**

**1 59**  
LB.



**GREEN CALMERIA  
GRAPES**

**1 20**  
LB.



CELLO CALIF.  
**Grapefruit** 5 lb. bag **1.98**

**Bartlett Pears** **79¢** lb.

**GRANNY SMITH  
APPLES**

**58¢**  
lb.

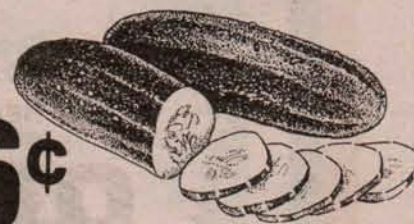
CALIFORNIA 6x7  
**TOMATOES**  
**57¢**  
lb.



**JUST ARRIVED:  
JAPANESE  
MANDARIN  
ORANGES**

**Colossal Onions** 3 LBS. **99¢**

**MEXICAN FIELD  
CUCUMBERS**  
**2 FOR  
96¢**



**VANCOUVER ISLAND  
Carrots** 5 lb. bag **1.28**



**BEST FOODS  
MAYONNAISE**

**286**

750 ml jar

- Regular
- Light

**NABOB DELUXE  
TEA BAGS**

**398**

120 pack

**KAL KAN  
CAT FOOD**

**68¢**

383 g tin

**EL PASO  
TACO SHELLS**

**198**

18-count pkg.

**EL PASO  
REFRIED BEANS**

- Regular
- w/chilies

398 ml tin **158**

**EL PASO MILD, MED., HOT  
Thick'n'Chunky  
SALSA**

455 ml jar **298**

**EL PASO  
TACO SAUCE**

- Mild
- Medium
- Hot

227 ml jar **178**

**ROBIN HOOD  
CELEBRATION  
CAKE MIXES**

**2**

250 g pkgs.

**99¢**

**RAMEN  
RAMEN NOODLES** 5 pkgs. **99¢**

**PEARL RIVER  
THIN SOYA SAUCE** 750 ml btl. **99¢**

**DIAMOND  
BABY CORN** 14 oz. tin **94¢**

**BURTON'S  
VALUE PAK  
COOKIES**

- Digestives
- Rich Tea
- Shortcake
- Gingernut

**98¢**

300 g pkg.

**ROGERS  
OAT BRAN PLUS** 500 g pkg. **168**

**DIAMOND  
MANDARIN ORANGES** 284 ml tin **68¢**

**DIAMOND  
CRAB MEAT** 113 g tin **188**

**VENICE  
12 GRAIN BREAD  
or CANADIAN RYE**

680 g loaf **159**

**UNICO  
Red Kidney Beans  
or Chick Peas** 28 oz. **168**

**E.D. SMITH  
GARDEN COCKTAIL** 28 oz. btl. **128**

**CRUSH  
FRUIT DRINKS** 3/250 ml **88¢**

**MONEY'S NO. 1  
MUSHROOMS**

**174**

lb.

**DAIRY**

**ISLAND FARMS  
2% YOGURT**

- Regular
- Trimm

**128**

All flavours, 500 g tub

**ISLAND FARMS  
SOUR CREAM** 500 g tub **1.48**

**ARMSTRONG MED. or MATURE  
CHEDDAR** **20% OFF AT CHECKOUT**

**CALIFORNIA  
HEAD LETTUCE**

**2**

HEADS

**98¢**

**Size 163's  
NAVEL ORANGES**

**3**

lbs. **99¢**

**FROZEN**

**NIAGARA FROZEN  
ORANGE JUICE**

355 ml tin **98¢**

**McCAIN  
MR. JUICY**

- Grape
- Raspberry
- Cherry
- Orange

6/66 g **178**

**MINUTE MAID  
FIVE ALIVE**

- Citrus Blend
- Tropical
- Light

355 ml tin **134**

**VALLEY FARMS  
FRENCH FRIES**

- Regular
- Julienne

1 kg bag **98¢**

**AUNT JEMIMA FROZEN  
WAFFLES**

- Apple Cinn.
- Regular
- Buttermilk
- Blueberry

**148**

# SMOKED PICNIC

WHOLE OR SHANK CUT

**89¢** lb.

BEEF RED BRAND GOVERNMENT INSPECTED

BOTTOM ROUND

**BEEF BARON** 259 lb.

**BEEF PATTIES** 159 lb.

## POULTRY ALL GOVERNMENT INSPECTED

	FAMILY PACK	SMALL PACK
<b>BREAST</b> <small>Back &amp; wing attached</small>	<b>1.59</b> lb.	<b>1.79</b> lb.
<b>LEG</b> <small>Back &amp; neck attached</small>	<b>1.09</b> lb.	<b>1.39</b> lb.
<b>BREAST</b>	<b>2.89</b> lb.	<b>3.09</b> lb.
<b>WING</b>	<b>1.89</b> lb.	<b>2.09</b> lb.
<b>DRUMSTICK</b>	<b>2.09</b> lb.	<b>2.39</b> lb.
<b>THIGH</b>	<b>2.69</b> lb.	<b>2.89</b> lb.

# GIANT PORK SALE!

GOVERNMENT INSPECTED

**PORK LOINS** 189  
Fresh cut to your specs



	FAMILY PACK	SMALL PACK
<b>EASY CARVE ROAST</b>	<b>169</b> lb.	<b>189</b> lb.
<b>BACK RIBS</b>		<b>399</b> lb.
<b>BONELESS CHOPS</b>	<b>389</b> lb.	<b>429</b> lb.
<b>DBL. LOIN CHOPS</b>	<b>239</b> lb.	<b>259</b> lb.
<b>COUNTRY STYLE SPARERIBS</b>	<b>199</b> lb.	<b>229</b> lb.
<b>PORK SAUSAGE</b>	<b>189</b> lb.	<b>229</b> lb.

HIGH LINER **PERCH FILLETS** 454 g **4.59**

**BATTERED COD** 350 g **3.99**

**KOHLER WIENERS**  
**99¢** lb.

**KOHLER'S BACON**  
in the piece, rind on **139** lb.

**BLACK FOREST HAM**  
Whole or half **399** lb.

## LUNCHBOX SPECIALS

IN THE CRYOVAC SECTION...

- Summer
- Salami
- Beer
- Pepperoni

**64¢** 100 g

**GREEK SALAD FIXIN'S**  
**FETA CHEESE**  
**110** 100 g

**GREEK OLIVES**  
**62¢** 100 g

**THIN SHAVED OLD FASHIONED HAM**  
**110** 100 g

**THIN SHAVED MONTREAL CORNED BEEF**  
**132** 100 g

**IN A HURRY?**  
Just Heat & Serve

**LASAGNA**  
**99¢** 100 g

**LARGE CABBAGE ROLLS**  
**79¢** 100 g

**SWEET & SOUR MEATBALLS**  
**99¢** 100 g

DON'T FORGET OUR WIDE SELECTION OF PARTY GOODIES, MEATS, CHEESES, ETC.

Alcoholics Anonymous

# Program success rate offers promise to all

By BILL WEBSTER

The man pushed middle-age and alcohol was one constant of his life.

His actions had ruined one marriage and now threatened another close relationship.

At various times of his life, he found himself in jail as a result of his drinking.

When asked about alcohol as a problem, he'd answer that the problem was other people, the problem was his upbringing, the problem was anything but alcohol.

He underwent therapy in an effort to understand himself and why he acted as he did. He moderated his consumption of alcohol, on occasion. He switched, again occasionally, to drinks of low-alcoholic content.

## **Participation in Alcoholics Anonymous (AA) will work for 95 per cent of those who try it.**

Yet he felt anger despite the therapy. He felt loneliness despite being part of a group. And he got drunk. Often.

A friend confronted him about his drinking and following a serious discussion about the problem centred on alcohol, the man agreed to attend a meeting of Alcoholics Anonymous.

He had tried many other ways of controlling his drinking. None succeeded. The visit to an AA meeting would be one more futile effort. Or so he thought.

Alcoholics Anonymous began in 1935 as a result of a meeting in Akron, Ohio, of a stock broker and a doctor. Both men suffered severe alcoholism. They came together to talk about their common problem and over time, borrowing freely from religion, medicine and experience, created the entity which became known as Alcoholics Anonymous.

The program worked for them and continues to work for others.

AA has helped an estimate one million people in 114 countries break the shackles of alcoholism. The program has even penetrated the Soviet Union.

The program is simple, straightforward — and profound. It requires an individual to look closely at his, or her, life, honestly and forthrightly.

It requires an individual to take steps which before were practically impossible for that person to take. It requires willingness to try.

The man attended his first meeting of AA. He spoke when it was his turn to speak, attended other meetings, but soon found reasons and excuses to miss meetings.

As time passed, his troubles continued even though he was not drinking.

He reached a point where he knew, he understood despairingly, that he would visit a bar and get drunk. Instead he returned to a meeting of AA.

Fortunately for him, the group was beginning a study of the Twelve Steps and the practice of putting the AA program into practice.

He paid attention to the steps, albeit with resignation and frustration. As he and the group

proceeded through the Twelve Steps, one step at a time, he began to understand himself better.

He began to see how he had hurt and disappointed other people in his life. And he found valid reasons for staying sober.

An alcoholic is set apart from other people in that the alcoholic cannot consume alcohol. One drink leads to many. The many drinks mangle the alcoholic's life. One person of every 20 suffers from this inability to deal with the effects of alcohol.

Some people are addicted with the first drink while others become alcoholic as result of years of over-indulgence. Alcohol affects the alcoholic's mind, body and personality.

When asked why he drinks if it causes so many problems, an alcoholic will often say: "I don't know why."

Medical treatment of the disease — and it is a disease — can work tenuously. Participation in the AA program works for 95 per cent of those who try it.

The AA program works for those who work the AA program. Doctors who have dealt with drunks, express amazement that AA works where other attempts at sobriety have failed.

The AA program works for anyone, elderly, middle-aged or young - male or female - who wants desperately enough to stay sober.

The AA program begins to work when, at a meeting of AA, the individual can say without hesitation or embarrassment, "Hello, my name is \_\_\_\_\_ and I'm an alcoholic."



The effect of substance abuse on youth can be devastating. Use of drugs and alcohol intensifies feelings that may already be in turmoil due to adolescence. The Gulf Islands have not escaped the problems attached to substance abuse by teenagers.

## *Video and classroom presentations to bring home drug abuse message*

Ganges RCMP and substance abuse counselor Gary Hogan will join a nation-wide battle against drug abuse in Gulf Island classrooms.

The program, initiated by the Association of Canadian Chiefs of Police, uses videos and classroom presentations to introduce youngsters to problems associated with drug abuse.

The program uses three different videos, aimed at school children between Grades Two and Nine.

The video for younger children uses puppets to bring home the message, while the video for

older grades involves high school students, caught up in a fantasy drama.

The videos are said to be "informative, provocative and entertaining."

Local RCMP and Hogan hope to take the presentation into as many classes as possible throughout the Gulf Islands. They especially want to focus on students in Grades Five and Six.

Ganges RCMP Sergeant Larry Wendel said the program should make youngsters better equipped to deal with drug and alcohol abuse when they become teenagers.

Your children need to know about drugs.

Almost 2 out of every 10 teenagers use drugs or alcohol on a daily basis. Reduce the chance of your children becoming another statistic by educating them at an early age about the dangers of addiction. Ignorance about addiction is dangerous. Your children need to know about drugs.

This ad sponsored as a community service by

**FOXGLOVE FARM & GARDEN SUPPLY**



## **Will Your Kids Yield To Drugs?**

- Your kids will be offered drugs! Don't pretend it won't happen. Odds are it will sooner than you expect.
- Teach, by example, standards of right and wrong.
  - Help children resist peer pressure by communicating with them and giving them the facts.
  - Learn about drugs and how to recognize the first signs of drug abuse.
- Educating our children to refuse drugs is the surest way to fight the problem. Talk to your kids.

This ad sponsored as a community service by

**SCHOOL DISTRICT #64 (GULF ISLANDS)**

# Unique centre offers help

Probably one of the more unique centres in the province for people attempting to recover from an alcohol or drug addiction is MAIYA House near Nanaimo.

The program there is unique in that it is six weeks long and designed especially for women. Since it opened last June, 30 women have been treated at the clinic, but the waiting list has only gone from three months to between four and six weeks — testimony both to the number of people needing help and the demand that exists for specialized treatment centres.

MAIYA House is one of two treatment centres to which Gary

Hogan, the substance abuse counsellor at the Salt Spring Community Centre, refers his clients. The other is the Victoria Life Enrichment Society which offers a 26-day program for men and women who are recovering from an addiction and for others attempting to work through stress-related problems.

In both cases, what those centres attempt to do is provide clients with the tools they need to stay sober and counselling to solve the problems that caused the addiction or the stress-induced problem in the first place.

There are no lines that divide the people who are either referred to the

centre or sign up for treatment themselves. As a spokesperson at MAIYA House says, the clients come from all ages and all walks of life. Some clients work at home, while others have careers.

What all of them share, though, is an inability or a shortage of necessary skills to function on their own.

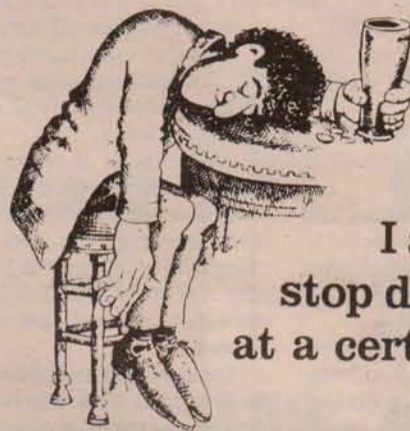
Since taking over the counselling position here last Spring, Hogan estimates he has referred close to a dozen people to those two centres. They may not provide his clients with all the help they need, but they give them a good start.

Once they return home, Hogan says, it is essential they become involved with a support group such as Alcoholics Anonymous which will help them as they put those skills to work and develop them further.

What's especially important about those support groups, he adds, is that joining them takes initiative on the part of the clients and indicates the clients are willing to work at their own recovery.

In addition to Alcoholics Anonymous, some of the other support groups on the island include Al-Anon and Adult Children of Alcoholics.

## I Don't Have an Alcohol Problem...



I always stop drinking at a certain point.

Lots of people who wouldn't think of lying to others, tell themselves some pretty big lies. Especially about alcohol.

That's unfortunate, because the only way to deal with problem drinking is to be honest with yourself and seek help.

Keep up the lies or face the truth. If you have a problem with alcohol, it's the most important choice you'll ever make.

This ad sponsored as a community service by the

## VESUVIUS INN

We serve FREE COFFEE to designated drivers.

537-2312



## Psychoactive drug abuse causes emotional and physical damage

Scientists define a drug as any substance, other than food, which is taken to change the way the body or the mind functions.

Under this broad definition, everything from toothpaste to heroin becomes a "drug."

Drugs that change the way a person thinks, feels or acts, however, are termed "psychoactive" or mood-altering. These too, can often be found in medicine cabinets and household cupboards.

Many psychoactive drugs are prescribed by doctors to relieve pain, calm nervousness or to aid sleep. Some, such as nicotine and alcohol, can be purchased and used by almost anyone, while others — like cannabis and cocaine — are obtained through illegal channels.

Psychoactive drugs are the most widely abused by our society, and among these, alcohol ranks at the top. It is considered the mostly costly form of drug abuse and the most damaging.

Drug abuse can lead to a variety of problems — personal, social, mental, physical and psychological. The risks occur both in the long term and in the short term. Following is a list of frequently abused drugs, and their immediate and long term effects.

### Cannabis — Marijuana

Marijuana, or pot, is obtained from the plant *cannabis sativa*, which grows in almost any climate. It is usually smoked in a pipe or hand rolled cigarettes.

In the short term, the effects of pot are felt almost immediately and last two to four hours. Concentration and immediate memory capabilities are impaired, while the sensory perception is enhanced.

Physical effects include: impaired co-ordination and balance, rapid heart beat, red eyes, dry mouth and throat and drowsiness.

Long term use will result in loss of motivation and interest, and memory and concentration difficulties. The respiratory system is also harmed by smoking pot.

### Hallucinogens — LSD (acid)

LSD — synthesized from lysergic acid, which is found in a fungus growing on various grains — is produced in labs specifically for the illicit drug market. It is sold on the street as coloured drops on blotting paper, on gelatin sheets, as tablets, capsules or liquid solutions.

Effects are felt within an hour and can last up to 12 hours. Perception is intensified — colours are brighter, objects more sharply defined or distorted. User may experience hallucinations and extreme mood swings, ranging from joy to terror.

Prolonged use of LSD will result in decreased motivation and interest, and extended periods of depression and anxiety. An LSD high may recur days, weeks or even months later (called flashbacks).

### Sedatives — Alcohol

Alcohol is a clear liquid which can be synthesized or produced naturally through fermentation.

Consumption affects parts of the brain and spinal cord, in proportion to the amount taken. Usual effects of a small dose are euphoria, drowsiness, dizziness, release of inhibitions and tension. Larger doses produce slurred speech, staggering, double vision, stupor, violent behaviour.

Very large doses can cause death by blocking the brain's control over respiration.

Daily consumption may gradually bring about liver damage, brain damage, heart disease, certain types of cancer, blackouts, impotence, ulcers, disorders of the pancreas.

### Stimulants — Cocaine

Fine white crystalline powder, derived from the leaves of South American coca bush. It can be sniffed, smoked or injected.

User feels euphoric, energetic, alert; has rapid heart beat and breathing, high body temperature, dilated pupils, sweating, and pallor. Large doses can cause erratic or violent behaviour, tremors, hallucinations, pain or pressure in the chest, fever, muscle spasms, convulsions and death.

Users may experience insomnia and a stuffy nose as a "hangover" from cocaine.

Cocaine produces a very powerful psychological dependence, often accompanied by a physical dependence. Long term use results in extreme excitability, insomnia, suspiciousness, hallucinations and delusions, weight loss, constipation, impotence. Perforation of the nasal septum can also occur.

### Tranquillizers — Valium

Valium — usually prescribed to treat anxiety and nervousness, relax muscle tension, and control certain types of muscle spasm — comes in tablet form, a red syrup or injectable solution.

Aside from relaxed muscle tension, valium on the short term cause mildly impaired balance and co-ordination, reduced mental alertness and emotional reactions, feeling of well-being, and loss of inhibition. Occasionally, paradoxical reactions such as rage, personality and sleep disturbances occur.

Prolonged use may cause aggressiveness in some users. Psychological and physical dependencies can also occur.

The following information was obtained from the Health and Welfare publication: Straight Facts About Drugs and Drug Abuse.



### DON'T DRINK AND DIVE

Drinking and diving don't mix. The use of alcohol or drugs affect reaction time and judgement. If you are under the influence, don't swim, dive or operate a boat.



### DRINKING & DRIVING IS NO JOKE.

NEITHER ARE the consequences. As a defence lawyer often appearing in court, I can assure you that the best defence against drinking and driving is not to do it.

MOST PEOPLE ask me to explain the rules of impaired driving after they have been charged. If you are convicted of a *first* offence, you will likely get:

1. A \$500.00 fine
2. A one-year suspension
3. Loss of safe drivers' discount
4. 10 points on your licence
5. A reinstatement fee when the suspension expires.

MOST IMPORTANT, damages for injury to people or property could come out of **your** pocket.

A **SECOND OFFENCE** usually will net you all of the above *plus* 14 days in jail...the same for a third offence, except it's 90 days in jail.

### JAMES D. PASUTA BARRISTER AND SOLICITOR

2201 Grace Point Square  
Telephone 537-9995

**Survey answers**

1. Alcohol.
2. (d) Alcohol abuse costs Canadians \$2.5 billion in reduced labour productivity.
3. (a) British Columbians have the highest consumption of absolute alcohol per capita — 9.05 litres per year compared to the Canadian average of 7.79 litres and the American average of 7.95 litres.
4. (a) The average age at which people first drink is 12.
5. (c) Approximately 24% of adolescent students report being drunk in the past month.
6. (c) Approximately 29% of students report their parents do not know how much they (the students) drink.
7. (a) As little as .01. Even low levels of alcohol consumption can affect a person's driving skills.
8. (d) Over 7,000 traffic injuries are attributed to drinking and driving.
9. (d) According to a Vancouver health study estimate, the cost to British Columbians each year to deal with the negative effects of alcohol use is over \$2 billion or approximately 5 times what is earned through liquor sales.
10. (b) Just under 12% of adult British Columbians have used cocaine at least once.
11. (c) Approximately 78% of first time cocaine users will be drawn to use the drug again.
12. (b) Thirty percent of the students surveyed use cannabis in the past 12 months. (19.3 in the past month).
13. (b) Nearly 13% of Grade 8 students report cannabis use in the last 12 months.
14. (d) About 20% of Grade 8 students report hallucinogenic use in the past year.
15. (c) Just over 15% of the adolescents surveyed used barbiturates or tranquilizers, with slightly higher female use than male.



Five members of the GISS CounterAttack program volunteered several hours last week to tabulate the results of a *Driftwood* drug and alcohol survey, undertaken in the high school two weeks ago. Those students are (clockwise, beginning at the bottom) Kim Anderson, Kristine Pickell, Tracy Cunningham, Lianne Wiesher, and Zack MacDonald. The *Driftwood* is very grateful to these students for their help.

## Problems can stem from legal drug use

Fifteen per cent of the people admitted to hospitals in this province are there because of problems relating to the use of legal drugs.

One of the dilemmas of medicine today stems from the fact use of both prescription drugs and others sold over the counter can be helpful, if not required. But mixing

those drugs or taking them inappropriately is becoming a growing problem, especially among the elderly who need to take several drugs just to survive.

In an attempt to alleviate that problem, the Seniors Drug Action Program out of Victoria is holding the first of what it calls a "brown bag" clinic this week at the Capital

Regional District (CRD) Health Unit on Cook Street in Victoria.

Carron Berkes, a communications consultant with the Ministry of Health says these clinics are designed to teach people more about the drugs they are prescribed and how they should be used.

"We have found that with the changing physiology as people age,

they react to medications differently and they take more medications because of their aging bodies. There is more of a chance of adverse drug affects because of the changing physiology and an increasing number of seniors are being hospitalized because of the medications."

TURN TO PAGE A16



### If Your Kids Don't Start, Stopping Is No Problem.

It's not a question of if, but a question of when your children will be exposed to drugs.

Do you know which way they'll turn?

What can you do to help your kids steer clear of drugs?  
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 -Help children resist peer pressure by communicating with them and giving them the facts.

-Learn about drugs and how to recognize the first signs of drug abuse.

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# Physicians do not always know how drugs mix

From Page A15

She added that the clinics are also designed to encourage seniors to use pharmacists as a resource even for advise about non prescription drugs.

Dr. Duncan Robertson, a medical consultant with the program Victoria, says there are no easy answers to the problem of drug misuse among the elderly and that there is often no one to blame.

He said physicians will often prescribe drugs without under-

standing themselves how drugs mix, and one of the things the drug action is trying to do is increase awareness both among practising physicians and others still in school.

"The elderly have many more conditions that require multiple

medication. The aim has to be that they get what helps without causing problems."

He said often the symptoms of a person who is using drugs inappropriately include "developmental confusion," problems relating to posture and the inability to perform

their regular activities.

He also noted that what consumers need to do themselves is take their prescriptions to their physicians at least once a year to make sure they are still appropriate and to ensure they are taking the drugs in the right way.

## What Can Your Child Learn From You?

### Kids May Be "Picking Up" More Than You Realize

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### Gulf Islands Driftwood

YOUR COMMUNITY NEWSPAPER

Children are very observant. They pick up the smallest details. And they watch closely so they can do things just as they saw them done.

While this is natural, it can create problems. Have your children ever observed you using alcohol or other drugs?

Talk to your children and explain that not everything you do is something they should do—at least not yet. Ask them how they feel about drug use and tell them how you feel, too.

This can be a delicate situation, especially if it appears you're telling your children to "do as I say, not as I do."

But if you approach them in a rational manner and listen to their point of view, you should be able to get your message across without putting them off.

By talking to your children instead of lecturing them, you will gain their respect and help them avoid the dangers of drug abuse.

Talk to your children. The message they need to hear is one only you can send.



# Buddhists emerge after retreat

By NANCY VAIL

Last Sunday, 10 people in retreat at the Buddhist monastery on Mt. Tuam came out of seclusion after three years and three months in isolation.

Not all of the group's original members finished the 39 month retreat — the isolation and the intense concentration proved too much. But the 10 who did finish, emerged, it is hoped, with a new understanding of themselves and the world.

This was the second full-term retreat to be held on Mt. Tuam since the monastery was established 10 years ago — the first attracted 30 participants from all over the world. Most of the people who entered this time were Canadian.

The price they pay for their seclusion is high — it costs more than \$10,000, plus three years in lost income and lost movement in the outside world. But in return for the investment and secluded life-style comes a new spiritual outlook on life and a new sense of being.

Says Matthew Coleman, one of an estimated 60 Buddhists living on Salt Spring Island: "Unending enlightenment is the ultimate goal in Buddhism. The people who go into retreat are satisfied if they get a good start on that path."

The monastery itself, which sits on 168 acres of land overlooking the waters of Satellite channel was established 10 years ago by Lama Drubgyu, formerly Tony Chapman from Vancouver.

It is one of only 13 Buddhist monasteries in the West established by Kalu Rinpoche, a Tibetan Lama who died last spring, and it is one of only three monasteries the West where 39-month long retreats are offered. The other two are in New York and Oregon.

Chapman himself took his own training in France more than a dozen years ago.

He says it was during his travels through Europe in the early 1970s that he first came across a religion and a spiritual way of looking at the world that came close to personal values he was working to create for himself.

"It was a question of values and perspective and wanting understanding of our own mind and our own being. Rather than requiring a jump in faith, the Buddhist tradition is a way to help you pursue a path to your deepest levels of experience. It starts by talking about what is real and what elements do we add onto reality," so that our life becomes one of self deception and the way we relate to the world, not true.

A typical day in a Buddhist retreat begins at 7 a.m. and continues until 10 p.m. that night. Most of the day is devoted to self-study and meditation, with only a few hours spent in a group study where the lama — in this case, Tony Chapman — offers advice on how to reach deeper into the self while at the same time build a new relationship with the Buddha and the world.

During the more than three years the students spend with the group, their only contact with the outside world is through the Lama and the cook. There is no radio, television, magazines or newspapers and the students can send no more than two letters a month.

It is true that the isolation proves to be too much for some of the people who come to this retreat — one of its students broke down four



Island buddhists attend ceremony on Mt. Tuam

months ago. However, that is the exception.

Generally, says Coleman, the students are well aware and well prepared for spiritual journey before it begins and they have both the determination and the character to support that move.

"Unless you are pretty strong and clear in your mind, it is a pretty arduous three years."

However, what comes from it, Coleman adds, is a new understanding of the words wisdom and compassion and a new way of approaching the world using those two qualities as cornerstones.

The full-term retreat is not the only one offered at this monastery. At least twice a year if not more, Chapman or other visiting lamas comes to offer five-day retreats concentrating either on the theme of wisdom or compassion.

Those tend to draw larger groups and many of those people

tend to work in the helping professions.

Concludes Coleman: "In Buddhism, attachment to the self and acquiring what is on the outside is what causes the unhappiness in life. The teaching is to increase your compassion for others and putting others before myself."

Through wisdom, if one has a better understanding of who they are, ...then things might go a little smoother."

In the meantime, Chapman says some of the students who emerged from the retreat last week will go on to become monks themselves, some translators — the Tibetan language is one of the skills they learn during their three-year stay — or will re-integrate themselves back into the community.

And Chapman will prepare for the next group that will begin its retreat next September.

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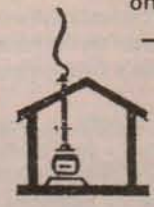
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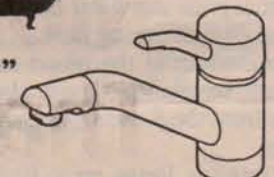
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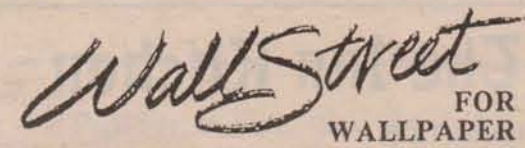
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# MacMillan Bloedel proposal contradicts Community Plan

From Page A1

put additional pressure on the water supply.

All of this follows circulation of a petition last summer which called for the preservation of the island's "rural character" as outlined in the Community Plan, and which attracted more than 1,200 signatures. Half of these were from on-island residents.

It also follows a written statement by local MLA Mel Couvelier saying he supports the intent of the island's existing Community Plan.

**MLA says there is no danger of existing Community Plan being overturned, however, private property owners do have rights.**

Both Couvelier and local MLA Terry Huberts attended Saturday's meeting, but neither made a statement. However, in response to a question raised that night,

Couvelier said that while there is no danger of the existing Community Plan being overturned by an order-in-council — something that has not been done before — private property owners are entitled to certain rights.

Concern over MB's activities on the island came to a head two years ago when residents noticed an increase in logging activities, particularly on the south end of the island.

That concern resulted in the formation of a "Conservancy Association" last January, a group consisting of residents concerned about development on the island in general, and MB's future plans in particular.

That same month, a second group was formed — the Forest and Land Use Council, (FLUC) to bring all interested parties, including representatives from MB, the community and the province, together.

Over the course of the last several months, FLUC has held several public meetings on Galiano, many of which have attracted some 300 people. Saturday however, was the first time MB has come forward with a concrete

proposal.

Altogether, MacMillan Bloedel owns 7,800 acres of land on Galiano, including areas on Coon Bay, Bodega Ridge, Mount Sutil, Mount Galiano and Winstanley Point — areas considered by many to be environmentally sensitive.

In the meantime, Bob Mason, vice-president of real estate with Interwest Properties Ltd out of Vancouver — one of two outside firms acting in a joint ventureship with MB (the other is Design Workshop out of Aspen, Colorado) — said the concept presented Saturday was one of the more modest ones the groups had come up with.

Following the open house, Mason said a more definitive plan will be submitted to the Islands Trust although he did not know when that would be.

In the meantime, the concept will be shown at a second public meeting at the Arbutus Club in Vancouver tonight (Wednesday) for people who own land on Galiano but may not live there.

## Quinitsa on local time

The boat plies the water between Fulford Harbour and Swartz Bay, but it runs on Salt Spring time.

Commuters from the island to the Saanich Peninsula and destinations south, have noticed with alarm that since the *Quinitsa* took over the route from the *Bowen Queen*, time has lengthened between the two terminals.

The *Quinitsa*, living up to its unfavourable reputation among Gulf Islanders, runs anywhere up to 20 or more minutes late each trip.

"But do not despair," soothes the B.C. Ferries Corporation. To aid the ailing *Quinitsa*, the corporation has engaged the *Vesuvius Queen* to help out in peak periods, Monday to Friday.

Problems with the *Quinitsa* stem from sea growth and other things coating the bottom and engines which desperately need a major overhaul. Corporation spokesman Erin Caldwell said divers have cleaned the growth from a lot of the bottom and mechanics have re-aligned and tuned the engines.

The *Bowen Queen* may return to the Fulford-Swartz Bay run in early December. She has a capacity of 70 vehicles and a top speed of 14 knots. The *Quinitsa* carries 50 vehicles at 12 knots, while the *Vesuvius Queen* can ferry 20 vehicles at a rate of nine knots.

"At this time of year we don't have a whole bunch of vessels to switch around," Caldwell said. The posted winter schedule will be the target for the *Quinitsa* to live up to, at least for the time being.

And so Salt Springers and their visitors must put up with being late during the week or left behind on the week-ends.

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Thursday, Nov. 23

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*Finding the angel*

# Salt Spring sculptor Desrosiers uses porcelain clay for artwork

By ETHEL MacLACHLAN STIRRAT

Michelangelo, it's said, was seen carting home a large piece of weather-beaten marble. When asked by a friend, where he was going with it he replied, "There is an angel in this stone and I must get it out." This is a sculptor.

At Normand Desrosiers' studio there are pots, plates, paintings and other works, all objects of the road travelled to get him to this creative point in his life.

Desrosiers works with porcelain clay, molding his own works of angels and other beings. Porcelain is a pure non-porous clay which, when fired, can be used outdoors in garden sculptures and fountains.

It's been five years since Des-

rosiers arrived in B.C. from Montreal, where he studied fine arts and ceramics at a number of different schools including College du Vieux and Poterie Bonsecours.

The figures he sculpts begin with slabs of clay, which are rolled around a circular object. The round pieces are then stacked one on the other, depending on the size. Some are single piece figurines.

As I visited his studio, I saw him working on three slabs about four feet high, which are then added to and formed into figures of different shapes, textured, painted and fired.

"The recognition of porcelain as an art form is coming into being and is becoming valued," Desrosiers says.

Incorporated into the works are

items such as feathers, rocks, crystals and other natural things.

Each piece has a distinct face: "Some people say they all look like me, and I do see myself in them, they are all me at times," Desrosiers says.

From start to finish, it takes about three weeks to complete a figure.

Some of his ideas come to him through dreams, but usually it's a free flowing process which he starts, not knowing the end result and going through many feelings and emotions during the process. Every day, he spends many hours creating.

"Art is not developed enough in our society, it's considered a luxury," says Desrosiers. "It's necessary for us to know ourselves through art, an artist is a person who has a social purpose."

Not just idle talk: Desrosiers does his part working with children through Continuing Education. This past summer he spent time at Camp Narnia teaching drawing and clay work. He enjoys working with children, he notes.

It was after the death of his own child four years ago, that Desrosiers' creative direction changed slowly from pottery to sculpture.

*Along the way, clay becomes part of you.*

The joy and pain clay brings out in you

A way to express, truly, my relation with this world.

Touching the beauty that flows in my veins.

Aren't we always part of a constant creation?

Through clay I will speak...

This poem, written by Desrosiers, expresses his deep feeling for his work. The last line: "Through clay I will speak," was the title and theme of his exhibit at Off Centre Stage in June.

"It's a good place to work, on the island, but I do need to get out once in a while."

He did just that on November 18 and 19, along with four other west coast artists, who are exhibiting their latest works in Vancouver.

"My future is possibly here on this island, I want to continue to teach children and spend my time creating."



*Normand Desrosiers at Salt Spring studio*

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Pianist: Bruce Vogt

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3 pm — Ganges United Church

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Driftwood photo by Derrick Lundy

Lorne Bowler (left), Corinne Greenbaum and Venessa Volkommer gear up for the Great Family Junk Fair, which will be staged this Saturday at Mahon Hall. The Fair -- sponsored by five Salt Spring peace, environment and justice groups -- will turn recyclables into Christmas crafts.

## Meeting will introduce island to concept for new Arts Centre

A meeting will be held to explain to Salt Spring residents the concept of the proposed Centre for the Arts.

The Centre, to be built on the northerly side of the Ganges bypass between McPhillips and Seaview Avenues, will allow the Community Arts Council (CAC) to bring most of its member groups under one roof.

The meeting is scheduled for November 23 at 8 p.m. in Mahon

Hall and will feature an address by Henry Hawthorne, who has designed many theatres and art galleries in B.C.

Also on the agenda is an election of officers to the newly formed

Centre For the Arts Society. Any resident of Salt Spring can join the Society, by purchasing a \$10 mem-

bership fee and vote for the board of directors at the meeting.

April Curtis, well-known island performer and currently artistic director of Off Centre Stage, told the *Driftwood*, "This is the first arts centre Salt Spring has had and we want people to come out and give us their input."

## Parents slate bazaar

The Salt Spring Elementary School parents group will be holding its second annual bazaar next week (December 2), the proceeds of which will be turned over to the school.

Sandra Noore-Black, one organizer of the event, said students raised close to \$1,000 through the sale last year, some of which was used to buy new lighting for the school and uniforms for the choir. Another \$500 was used to support the visiting artists program.

Most of the items sold at the bazaar have been made by the students themselves. Some of those include ornaments, corsages, decorative hair pieces and baked goods.

Students in every grade took time out last week to make crafts which will be sold at the bazaar.

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Flautist Elissa Poole



Pianist Bruce Vogt

## Flautist and pianist to perform Mozart

Residents here will have the opportunity to hear Mozart played on period instruments on December 3, when flautist Elissa Poole and pianist Bruce Vogt bring their special talents and skills to the island.

Poole, a former resident of Salt Spring and currently a member of Tafelmusik of Toronto, will bring her replica of a 1790 Grenser six-keyed classical flute made of ebony and having silver keys. Vogt will accompany her on a copy of a 1975 Walther fortepiano.

Besides being a member of Tafelmusik, Poole is also a member of "Les Coucous Benevoles" and the Boccherini Quartet. She is a past winner of the CBC Radio National Auditions and is an artist in residence at the University of New England in Australia.

She is also on the faculty of Wilfred Laurier University Summer Baroque Music Workshop. Besides specializing in 18th century flutes, Poole is a strong supporter of new music and has had several new works dedicated to her.

Vogt is presently a professor of piano at the University of Victoria and has recently finished an extensive tour of Europe. He has elicited a number of glowing reports from critics in the past, including one by the London *Free Press* describing him as "a true master of the keyboard."

The concert will be held at the Ganges United Church, beginning at 3 p.m.

## Island Concert Society votes to shut its doors

The Salt Spring Concert Society will be no more.

Shirley Vida, president of the music society told the *Driftwood* this week that the recent concert by the Victoria Symphony Orchestra would be the last hurrah of the island group, which has brought classical music to Salt Spring for more than ten years.

In a note on its demise, the Society noted that "dwindling audiences and increasing costs have placed the regular winter series beyond the financial resources of the Society."

They voted at their September meeting that the VSO concert would be their last.

Each concert costs the Society more than is taken in, Vida said, and the short-fall has been covered by sponsors of the event and members of the Society. But the burden has become onerous.

Vida noted with optimism that classical music on Salt Spring has not died with the Society. The Community Arts Council (CAC) and the Festival of the Arts "have shown a willingness to include classical music in their programming."

In parting, the Society's board of directors offered heart-felt thanks to those who have aided them in the past either as sponsors, board members or audiences.

They offer particular thanks to David Paulson of Dave's Keyboard Centre in Victoria, who generously

supplied a piano for concerts in those days when the Society did own a good one.

Vida stressed that the greatest applause of the board of directors goes out to Jean Knight "whose knowledge of the world of fine musicians and whose tireless efforts and persuasiveness in bringing them to the Island enabled the Society for many years to bring pleasure to lovers of classical music."

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 10 am-8 pm  
 Fri. & Sat. till 9 pm

**TAKE OUT & DELIVERY AVAILABLE** (Delivery starts at 5 pm)



Islanders and visitors alike crowded Mahon Hall last weekend to take a bite out of their Christmas lists at the annual pre-Christmas craft sale, organized and stocked by five local guilds. Sale offered samples of work from potters, jewellers, woodworkers, weavers, and painters.

## Scouting group gears up

Activities with the Beavers, Cubs and Scouts on Salt Spring hits high gear for another season.

When the registration of the Cubs began recently, response was eager and section leader Jean Albert had to limit the group to 20 boys due to lack of leaders.

A similar occurrence took place with the Beavers under section leader Leynor Harsey. The group previously met at the United Church Hall, but increased registration forced a move to the Fernwood Elementary School to find more space.

Terry Owen acts as section leader for the Scouts. That group of youths, while experiencing fewer registrations than last year, is nevertheless, active at the Farmers' Institute.

The increased interest in the Scouting movement on Salt Spring has created a change in structure this year.

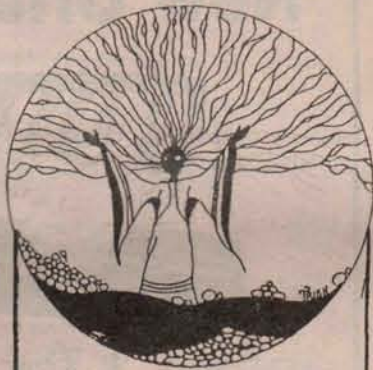
In the past, section leaders doubled as the Group Committee. This year, a separate Group Committee has been formed, leaving the section leaders free to concentrate on the boys and their activities.

Several members of the Group Committee — composed of Barry Urquart, Gord Singbeil, Carl Albert, Ross McLeod and Bert Beitel with Salt Spring Legion liason Ron Holcroft — went to a leadership seminar in Victoria to learn how the Group Committee functions within the program.

The Salt Spring Legion, sponsors of the Scouting movement on the island, have backed the boys financially and in other ways since 1940.

Beginning in early December, the Salt Spring Scouts will once again be selling Christmas Trees. The sale will continue each weekend from December 2 to 22 in the parking lot of the Ganges Village Market.

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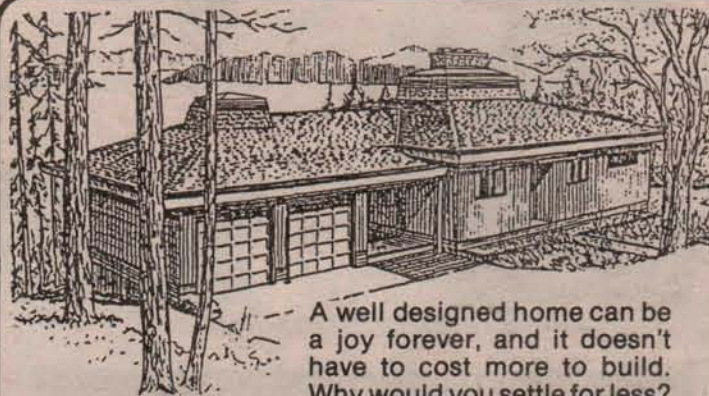
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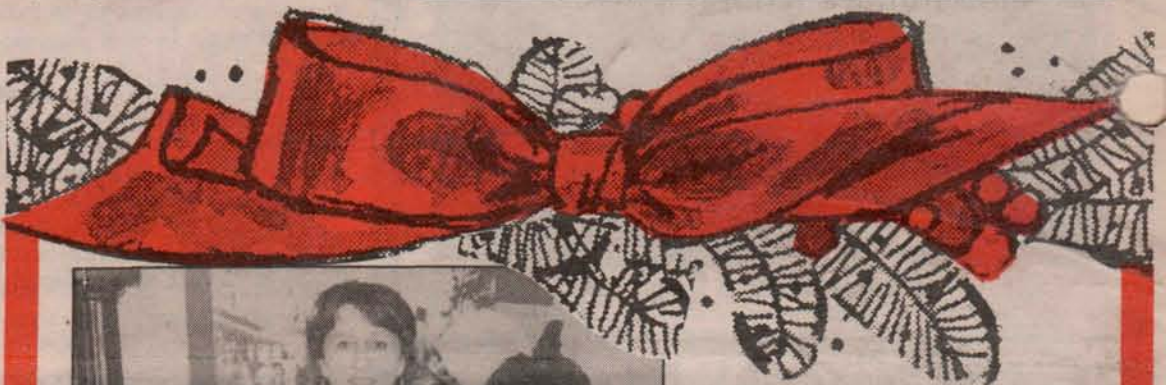


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