

Books and videos for a cold winter's night

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a new bookpg 12



Michele and
Nicola Mackenzie
enjoy a book at
Mary Hawkins Library
in Ganges.

Photo by Derrick Lundy

January. Outside, the night-time air hangs cold and sharp. The earth is wet from recent rainfall; ice is forming on the windshield of your car.

But inside the house you are wrapped in warmth. A fire snaps and crackles in the woodstove, its dancing red-orange flame casting a warm hue on the room.

What better opportunity to grab a quilt from the cupboard, maybe a glass of wine from a bottle in the fridge, and curl up in a chair by the fire with a good book.

Or, how about piling the floor with a mountain of blankets and pillows — a perfect perch for watching videos? Bring out the popcorn . . . plug in the VCR and ride the story to another land.

This week's Barnacle details some books and videos islanders wouldn't hesitate to read or watch a second time, includes bestselling book and video lists, book and video reviews, plus a summary of Salt Spring book stores.

It also takes a look at new books available at Mary Hawkins Library.

Calendar on the move

What's On — Salt Spring's calendar of events — has moved from the Driftwood into the Barnacle with a new look.

The calendar includes a schedule of events for the upcoming week, including arts and entertainment happenings, special events and meetings.

It no longer carries on-going activities which run in the same time slot each week.

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Islanders pick 'fave' books and videos

Books people would reread and videos they would watch again are as diverse as the people on Salt Spring Island.

Eight islanders, picked at random one day last week, revealed three of their choices in both categories.

• Sabine H.H. Swierenga, owner of Sabine's Book Shop, obviously loves books.

Her favourite books are: Music and Silence, Snow Falling on Cedars,

and Possession — A Romance.

For videos she chose The Red Violin, The Jewel and the Crown, and Out of Africa.

• Pete McKenzie said some books he would read again were ESO, The Way of the Superior Lover, and Woman's Love, Man's Freedom.

For videos he chose Preaching to the Perverted, Road to Saddle River, and The Seventh Sense.

• Bruce Elkin's favourite books included Paris to the Moon, McCarthy's Bar, and Walking Towards Walden.

Videos worth another look: Song Catcher, A Knight's Tale, Butch Cassidy and the Sundance Kid, and The Big Easy.

• Brook Holdack, a used book dealer, listed The Hobbit/Lord of the Rings, May Sarton's Journals, and The Encyclopedia as



Sabine Swierenga

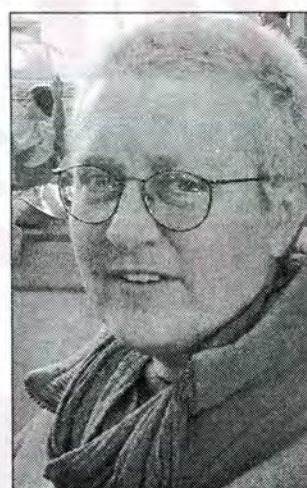
favourite reads.

For videos she chose Indochine, Raise the Red Lantern, Desert Hearts.

• Jade Carter would reread The Hawk Line Monster, The Number of the Beast, and Illusions: Adventures of a Reluctant Messiah.

Some favourite videos are The Fifth Element, X-Men, The Matrix.

• Romanand Chlopan



Brook Holdack

keeps the following on his bookshelf: The Bhagavad Gita, The Bible, The Gospel of Rama Krishna. For videos, The Sopranos, Dune, and Best of Show deserve a rerun.

• Richard Cross would not hesitate to reread Creative Visualization, Living in the Light, The Bible.

Videos include Lost Horizon (the old one),



Bruce Elkin

The Wizard of Oz, Saving Private Ryan.

• George Penwarden says he is not much of a video viewer but he would watch the History of Jazz series which originally ran on PBS last year.

Books which continue to grab his interest are Ian Rankin's detective series, The Lord of the Rings, and any Tony Hillerman mystery.

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The Fiery Cross by Diana Gabaldon
Hateship, Friendship, Courtship, Loveship, Marriage by Alice Munro
The Stone Carvers by Jane Urquhart
The Connections by Jonathan Franzen

Hardcover Non-Fiction

The Worst Case Scenario: Survival Handbook by Joshua Piven
The Map That Changed the World by Simon Winchester
How to be a Canadian Even if You Already Are One by Will Ferguson and Ian Ferguson
Dropped Threads: What We Aren't Told by Carol Shields

Paperback Fiction

No Great Mischief by Alistair MacLeod
A Fine Balance: Oprah's Book Club by Rohinton Mistry
True History of the Kelly Gang by Peter Carey
The Hobbit by J.R.R. Tolkien

Paperback Non-Fiction

No Logo: Taking Aim at the

Brand Bullies by Naomi Klein
The Ingenuity Gap by Thomas Homer-Dixon
Paris to the Moon by Adam Copnik
In a Sunburned Country by Bill Bryson

Chapters Best Sellers

Hardcover Fiction

The Pillars of Creation by Terry Goodkind
The Connections by Jonathan Franzen

Clara Callan by Richard B. Wright
Jackdaws by Ken Follett

Hardcover Non-Fiction

Self Matters by Phillip C. McGraw, Ph.D.
Heart of the Soul by Gary Zukav
The Fellowship of the Ring: Visual Companion by Jude Fisher
On Equilibrium by John Ralston Saul

Paperback Fiction

Fellowship of the Ring by J.R.R. Tolkien
Two Towers by J.R.R. Tolkien
Mercy Among the Children by David Adams Richards
Drowning Ruth by Christina

Schwarz

Paperback Non-Fiction

The Lord of the Rings Official Movie Guide by Brian Sibley
Relationship Rescue by Phillip G. McGraw, Ph.D.
Millionaire Mind by Thomas J. Stanley
Gordon Pape's 2002 Buyer's Guide to Mutual Funds by Gordon Pape

Children's Best Sellers

Harry Potter's Paperback Box Set Books 1-3 by J.K. Rowling
M is for Maple by Mike Ulmer
Harry Potter and the Chamber of Secrets by J.K. Rowling
The Giggler Treatment by Roddy Doyle
Harry Potter and the Prisoner of Azkaban by J.K. Rowling
The Lion, the Witch and the Wardrobe by C.S. Lewis
Olivia Saves the Circus by Ian Falconer
Heartsongs by Mattie Stepanek
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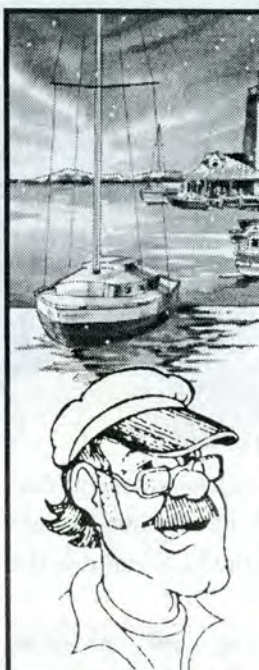
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23	0305	8.5	27	0545	11.2
JAN	0420	8.5	JAN	0955	10.2
JAN	1100	10.5	JAN	1345	10.8
WED	1905	3.3	SUN	2150	0.3
24	0400	9.5	28	0615	11.5
JAN	0605	9.2	JAN	1040	9.8
JAN	1130	10.5	JAN	1440	10.8
THUR	1945	2.6	MON	2235	0.3
25	0435	10.2	29	0645	11.5
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Top renting, selling, and the best videos named

It might be hard to judge which videos are the most popular these days, but these are Island Star Video's top 10 most-rented videos for the past week:

1. American Pie Two
2. Moulin Rouge
3. The Score
4. The Fast and The Furious
5. Evolution
6. Oh Brother Where Art Thou
7. Bubble Boy
8. The Mists of Avalon
9. The Gift
10. Rush Hour Two

Best selling videos across the country, according to yahoo.com are as follows:

The Dirty Harry Series
Ocean's 11
Buffy the Vampire Slayer: Season One
The Simpsons: The Complete First Season
It's a Mad, Mad, Mad, Mad World
The Little Mermaid
Scarface
Moulin Rouge
Sex and the City: The Complete First Season
The Sopranos: The Complete First Season
The Sound of Music
The Godfather
Lawrence of Arabia
Amores Perros

The editors at Barnes and Noble chose these videos as all-time favourites:

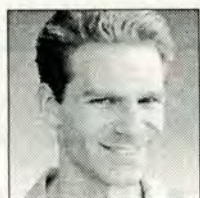
Godfather 1-3
Pride and Prejudice
Life is Beautiful
Friends: The Best of
Imitation of Life
Gettysburg
Secret of Roan Inish
Return to Me
Chicken Run
The Star Wars Trilogy



Nick Choquette and Simon Wells ham it up at Island Star Video

Photo by Derrick Lundy

An old school horror film



Flick Pick ...
with Jason Tudor

It's easy to understand why horror movies are usually so lousy: their main market is teenagers.

But years ago, adults watched them too. Jaws, The Exorcist and The Shining were all films intended for people who wanted a little more than just a jolt.

Today, the likes of Scream and Urban Legend have made horror little more than a convention to be laughed at. Sure, The Sixth Sense is smart, but is it scary?

Jeepers Creepers, like the recent Ginger Snaps, is a harkening back to an earlier era. It's the story of a brother and sister who are driving

home from college. On a backwater road, they see something curious: a cloaked man throwing something covered in red-stained sheets down a drain pipe. The man comes after them in his truck, and they are forced off the road. Going back to the pipe, they discover something truly horrible. I won't say what, but it's certainly something the cloaked man didn't want them to see. The chase begins, but who (or what) is doing the chasing?

If this sounds like an old school horror film like Halloween or The Texas Chainsaw Massacre, you're not far off. Jeepers Creepers is simple, and this is why it

works. It relies on suspense and mystery rather than flashy special effects, and the main characters behave like real people. The cinematography is surprisingly lush, particularly the images of America's less-developed hinterlands with their endless green grass and decaying old buildings. This is also a funny movie. At one point it looks like the baddie might be down for the count — the brother asks: "Is he dead?" The sister responds: "They never are."

However, the humour doesn't steal from the film's darker aspects, including an ending that is pretty darn yucky. I don't think teens will go for Jeepers Creepers, but adults with a sense of adventure might just find themselves a screamin' good time.

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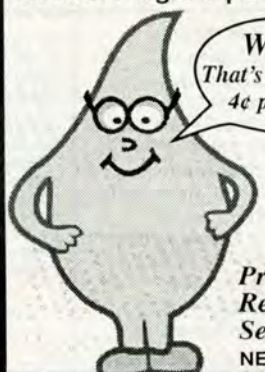


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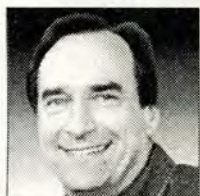
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Working up north was a blast!



*Isle Say! ...
with John Pottinger*

When I was 18 I decided to head north to work in "the bush." In the late '60s there was work and money aplenty and I easily landed a job with a survey crew in the Queen Charlottes. We were part of a large construction crew building a new road from Queen Charlotte City to Skidegate.

The project involved some blasting so we had a "powder man" on the crew. Short and stocky, his face was framed in a thick, copper-coloured, untrimmed beard. He was a real-life replica of "Yosemite Sam."

Problem was, we only needed him once in a while and he was the restless sort. If we didn't have any blasting work for him he'd get fidgety and ornery, finding unique ways to keep himself busy.

We were working along the edge of the woods, where a dirt construction road was taking shape. In the morning, Sam would wander off into the bush with a shovel and a backpack. An hour later he'd come bounding out onto the road, a smile sneaking out from under the beard.

"Okay, Okay! Watch this!" He'd shout. Work would stop and we'd all stare off into the woods. He'd push a button on a device he was holding and a great deep "boom" would rumble through the forest, followed by the sound of a tree, or trees, crashing down.

Most times that's all that would happen. Sam would swear as only an Irish-born powderman, condemned to a life in the bush, could do. He'd stamp his feet, throw things around and eventually head back into the bush.

An hour or so later the scene would repeat itself. The first time I was part of this I asked one of the other guys what it was all about. He said, "Just wait. You'll find out soon enough."

Finally, after eight or 10 versions of Sam and the rest of us standing staring into the trees, it happened. Sam pushed the button, the usual "boom" came rolling out of the woods, and there it was. A few hundred metres away, a single tree came shooting straight up out of the forest like a rocket. It cleared the treetops before gravity took hold and it started to fall off to one side and crash back down to earth.

Sam was whooping and hollering and dancing a jig as the rest of the crew clapped and shouted their appreciation.

At one point in the project, there was an old bridge that had to be dismantled before we could build a new one. Sam was in a great mood. He was singing and whistling and even giggling as he went about the job of preparing the charges. Finally the day came when the bridge was ready. I was the new guy on the crew so Sam said I had the privilege of pushing the button.

Sam explained that he'd set the charges so the bridge would simply let go at each end and fall straight down. Then it could be dismantled and some of the wood salvaged.

We all gathered down the road, a safe distance away, and Sam said, "Okay, just push that little red button." I pushed it.

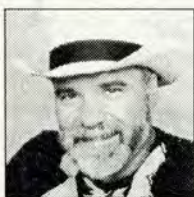
We watched the bridge start to disintegrate just before the sound of the blast hit us. For a few seconds the scene was completely obscured by smoke; then, as the smoke cleared, the sky was filled with hundreds, maybe thousands, of pieces of what used to be a bridge. We stood and stared as it all rained back down onto the ground. In a few seconds all was quiet. There was no sign of the bridge.

Sam began to swear. He turned to me. "I should have known better than to let an untrained kid push the button! 'You really screwed things up kid! You pushed that &^%\$ button way too &^%\$ hard! I told you to press it lightly, but oh no, you had to jam your &^%\$ thumb down as hard as you could and look what you've done! You completely obliterated the #&\$%I&% bridge!"

I sweated over my "mistake" for only a few seconds; even that thick red beard couldn't hide his grin.



In praise of B&Bs



*Wit & Whimsy ...
with Arthur Black*

Have I mentioned my aversion to bed and breakfasts? Nothing rational.

The accommodations at most B&Bs are infinitely superior to what you get at your average Super 88 or Holiday Inn. God knows the meals (albeit only breakfast) are invariably better than the India-rubber omelets and cardboard fruit plates you get in most hotels.

It's not the board or bed that puts me off B&Bs. It's the forced camaraderie.

I am not, by nature, a joyous morning person. Given my druthers, I would grumble and gripe at that miserable sonuvagun who lives in my bathroom mirror until at least my second cup of morning coffee. Nothing, for me, is more trying than to attempt to act like a civilized human before, say, 11 a.m.

And yet . . . and yet. Consider my predicament. I am in Calgary on a nippy December evening to assist in a public reading of Charles Dickens' A Christmas Carol. The group organizing the event has put me up in a bed and breakfast 20 minutes from downtown. My flight is late, thanks to intensified security during the check-in at Vancouver airport. (And a

good thing too — an 80-year old grandmother in front of me almost got on the plane with a pair of toenail clippers in her vanity bag).

At any rate, my taxi lets me off at the B&B at close to midnight. Will anyone be up? Will I have to knock?

As it turns out, no. The door opens after I press the buzzer. I stare into the flinty eyes of a man with a pistol on his belt. Behind him, another man, also packing hip heat.

"Helluva security system you've got here" I murmur nervously, suppressing an urge to drop to my knees, sob and throw my arms in the air.

Turns out they're Mounties. I ask them if they've perhaps mistaken me for my less fortunate cousin, Conrad, but it turns out their presence has nothing to do with me. They're on 24-hour guard duty, watching over another guest at the bed and breakfast.

"Who is it?" I ask. "Dick Cheney? Ralph Klein? Madonna?"

"It's Dr. Sima Samar," the owner of the B&B tells me. And in response to my blank stare, explains that Dr. Samar is the just-named deputy Prime Minister of Afghanistan.

Oh, yeah. That Dr. Sima

Samar.

And she's sleeping across the hall from me in a bed and breakfast in

Calgary.

Which is as close as I'll ever get to (you'll excuse the theological cross-dressing) a saint-in-the-making. Dr. Samar is on the cusp of what will surely be the most important assignment of her life — to cobble that sad, cripple-backed, punched-up and beaten down piece of earthly real estate known as Afghanistan — back together again.

And she just might pull it off. Already Dr. Samar has accomplished more than any 10 people I know, against unimaginable odds.

Afghanistan has been at war for — what? A quarter of a century? More than half the doctor's life. And for all of her adult years, Dr. Samar has been doing everything she could to alleviate the ravages of war on her fellow Afghans. Especially the female ones.

Under the Taliban, women were slaves — school children, even worse.

Canadian schoolkids take it as a matter of course that they will have computer labs, gym equipment, text books. Schools in Afghanistan are lucky to have blackboards or chalk. Under the Taliban, girls didn't get to go to school at all.

Dr. Samar opened schools for rural Afghani

children. The Taliban closed them. She opened non-profit hospitals and clinics. The Taliban closed them too. But Dr. Samar wouldn't quit. Finally, the Taliban decreed that the schools could re-open — provided no girls were educated beyond Grade 6.

"Fine," said Dr. Samar. She then reclassified the grading system. Grade 12 was re-named Grade 6.

She's paid her dues. Her husband of four years was picked up for questioning during the Russian occupation. He never came home. Dr. Samar received death threats and was eventually hounded out of her country.

She was on a speaking tour of Canadian cities to raise interest in the plight of the Afghan people when the new government named her deputy prime minister in charge of women's affairs. That's how she came to be in the room across the hall from me, softly snoring, in a Calgary B&B.

Did I talk to her? Did I take this once-in-a-lifetime chance to connect to one of the most important people presently walking the earth? I wish.

But I came down for breakfast that next morning to find Sima Samar and her RCMP entourage had gone. On to another engagement in Saskatoon or Thunder Bay.

My loss.

My advice: Never pass up a chance to stay in a B&B.

the Barnacle
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Forget training

Geez! Somebody gimme a break! Serious interviews are revealing that people are feeling "hurt" and "deeply hurt" and "offended" and "deeply offended," not to mention shocked, appalled, astounded and astonished that the president of the United States of America should have referred to Pakistanis as "Pakis."

A Pakistani gentleman who certainly sounded intelligent and reasonable was interviewed on the CBC.

He offered the opinion that there should be sensitivity training, or some such currently popular panacea, applied to the upper echelons of U.S. government.

(The "applied" is mine, because it implies the external gluing on of the appearance of some quality which can never be expected to be

generated from the insides of the subjects concerned.)

Sensitivity training for George W. Bush?

A brain transplant, maybe, to make some basic education of this U.S. president at least a possibility. His use of the term Pakis was obviously innocent. He doesn't know the difference, and anyway, "Pakistanis" has four syllables. We gotta respect limitations!

There is far more to be concerned about in the Bush administration than the verbal gaffes this poor boob will commit when he speaks "off the cuff."

DONALDA
MACKENZIE,
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Co-op update

The Growing Circle Food Cooperative's happy little store has been operating for one year in downtown Ganges.

Recently, The Growing

Circle recently was formally incorporated under the B.C. Cooperative Act. The co-op provides organic and natural food products with an emphasis on locally produced items.

A co-operative business is different from other businesses. The foremost difference is that the members are owners. The Growing Circle's close to 500 member-owners all have an equal share in the business.

"One member, one vote" is the guiding principle of the co-operative movement. While non-members are welcome to shop at the food co-op, members receive special benefits.

If you imagine a spectrum with not-for-profit agencies at one end and for-profit businesses at the other, co-ops would fall in the middle with some features of both.

The co-operative strives to make a profit, but those profits are shared equally

between the member-owners.

The Growing Circle Co-op was formed to create direct linkages between consumers, local farmers/producers and workers. There are financial, social and environmental benefits for all members and the community at large.

Many businesses primarily focus on the financial returns, or "the bottom line." Buying locally, the co-op provides small-scale food producers a financial return that hopefully will contribute to making small-scale farming and food production financially viable on Salt Spring Island.

All profits of the business are returned to the member-owners in the form of rebates, discounts or improvements to the co-op.

The Growing Circle Co-op also provides social returns in the form of local employment, access to high-quality local food, and a marketing

Dénouement

We fill our lives with emptiness and our heads with idle thoughts, to complain of our unhappiness and the sadness life has bought.

—Richard Cruickshanks

venue for local food producers.

There are also environmental returns.

By encouraging local food production, there is a reduction in environmental damage due to transportation of food. Sourcing and encouraging organic food production through our buying criteria discourages harmful farming practices.

Specializing in locally grown produce encourages safe, healthy eating "in season."

The co-op strengthens the local economy by prioritizing local producers and providing employment.

ELLIE PARKS,
Chair, Growing Circle
Food Co-op board

More tai chi

I was pleased to read your articles on tai chi classes in your fitness issue of January 15.

As explained by the Barnacle's reporter, various forms of tai chi are practised here, and so islanders have a choice of programs.

As an enthusiastic new

member of The Taoist Tai Chi Society on the island, I would like to draw it to your readers' attention.

Dedicated to improving health, the society is non-profit.

Membership, which is available for a small monthly fee, entitles the member to attend Taoist Tai Chi classes in many cities and countries.

Like all member-instructors, Salt Spring's Tina and David Honour generously donate their services as trained tai chi instructors.

Between them, they donate seven hours a week guiding beginner and continuing classes, and also attend advanced teacher-training workshops, usually held off-island.

Evening classes are currently held at All Saints, and seniors' classes meet two mornings a week at Central Hall.

Classes for new members will begin in March.

CHRISTINE
SOMERVILLE,
Salt Spring

A bit of musical nostalgia from Ireland



*Musical Musings ...
with Murray Shoolbraid*

This month is not about Burns, you'll maybe be glad to hear, nor do I want to talk about Hogmanay and other high jinks. Nor about Twelfth Night (or Shakespeare), Chinese New Year, Orthodox New Year, or politics (as with Harry Pollitt last time).

Instead, I introduce you to a recipe (of sorts) for a delicacy (of sorts) well-known in Ireland but (maybe thankfully) little known elsewhere.

I got this piece of nostalgia from an Irish friend of mine in Vancouver a year or so ago; he sang it to an odd sort of melody that wanders in and out of a minor key (or two), which is nothing to do with the fact that he himself says he can't carry a tune in a bucket. It's actually a rather old traditional air from (I think) the west of Ireland, sometimes sung to a song called One Morning in June, which is in a mixture of English and Irish, a macaronic, as they call it.

There are quite a few of these, for obvious reasons, one being that an English person would be rightly flummoxed to make head or tail of it, and if the Irish like one thing, it's baiting the English.

The present song though has but a few words in it that might bother the non-Gaelic speaker.

DID YOU EVER EAT
COLCANNON?

Did you ever eat colcannon with lovely clotted cream?

With the greens and scalions mingled like a picture in a dream;

Did you ever make a hole in top, to hold a a melting flake

Of the creamy flavoured butter that our mothers used to make?

[Cho.]

Oh you did, so you did, so did he and so did I,

An' the more I think about it, sure the nearer I'm to cryin';

Ah wasn't they the happy days when troubles we knew not,

And our mothers made colcannon in the little skillet pot.

Did you ever take potato cake or boxtie to the school,

Tucked underneath your oxtar with your turf, your slate, and rule?

And when teacher wasn't lookin', sure a great big bite you'd take

Of the creamy flavoured soft and melting sweet potato cake?

[Cho.]

Did you ever go a-courting when the evening sun went

down,

And the moon began a-peeping out behind the hills of Down?

As you wandered down the boreen, sure an evening star was seen,

As you whispered loving phrases to your own dear sweet colleen.

[Cho.]

Another version in Ward's Irish Songs (1947), 36-7, is titled Yes You Did; variations include (3.3-4) "You wandered down the Bohereen, when the Leperhaun was seen, And you whistled soft and low for your little sweet colleen" and, 3-4 of the last chorus, "O weren't them the

happy days, when we did have our fling. In holy, saintly Ireland, where Love is Lord and King." Words are attributed to Shaun O'Nolan.

If you wonder what it's all about, some glosses on the Irishisms: colleen of course is "girl," while boreen is a lane (Irish botharn, "little road"); oxtar = armpit.

Colcannon itself derives from cole [= Scots kale], cabbage.

The second bit is obscure, though there's a rumour that it used to be pounded with a cannon-ball(!). It's a mixture of potatoes and cabbage, bashed in a mortar and served as above with butter and all sorts of trimmings.

Bon appetit!

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AFGHAN INSIGHTS

Potluck dinner, showing of the video "Guftogo — Dialogue from an Afghan Village", and sale of Afghan crafts and clothing. At Lions Hall, Tuesday, January 22. Dinner at 6; video at 7pm.

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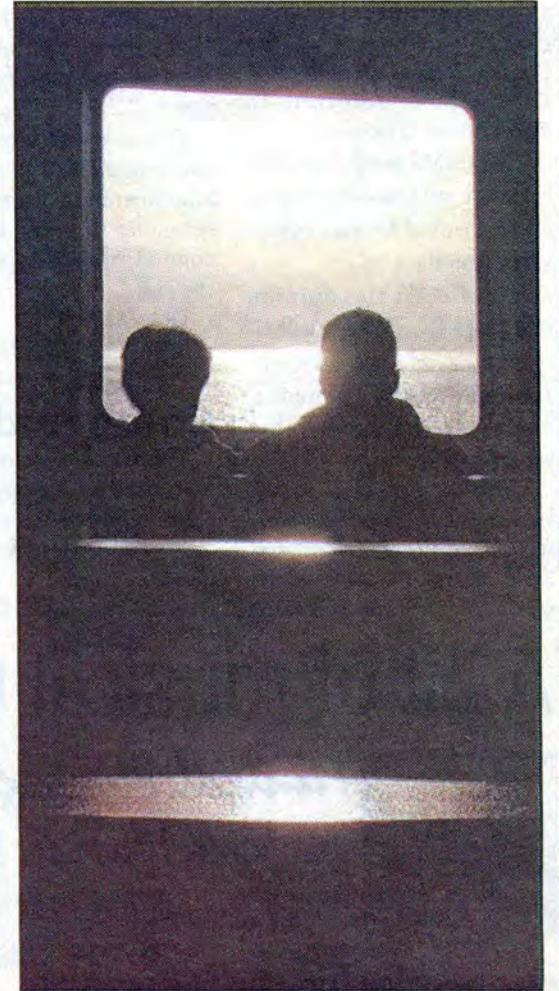
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TUESDAY

January 22, 2002

SPECIAL EVENTS

Afghan Insights Potluck dinner (6 p.m.) and video (7 p.m.), Lions Hall.

WEDNESDAY

January 23, 2002

SPECIAL EVENTS

SS Firefighters' New York Video Ganges fire hall, 7:30 p.m.

Burns Tea Salt Spring Seniors, 2 p.m.

MUSIC

Music - Wednesday Night LIVE! Open stage at Moby's, 9 p.m.

THURSDAY

January 24, 2002

MEETINGS

Salt Spring Local Trust Committee Lions Hall, 1:15 p.m.

SS Trail & Nature Club Annual general meeting, Meaden Hall, 6 p.m.

what's

YOUR WEEKLY CALENDAR OF
Also online at www.gulfnews.com

FRIDAY

January 25, 2002

SPECIAL EVENTS

Art Talk Discussion on the Contemporary Art Scene. ArtSpring, 11:45 to 1 p.m.

MUSIC

Simone & Mike Anise restaurant every Friday, 7-9 p.m.

Hugh Fraser with Swing Shift ArtSpring, 8 p.m.



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November 13, 2001

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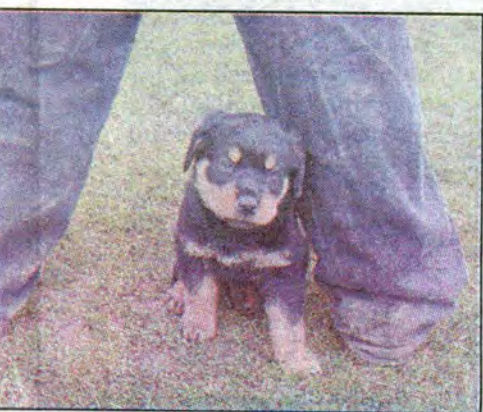
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Seen here, clockwise from top left: Joelle Morrison with Hannah Fraser and a litter of eight Rotweiller puppies; Christina Anderson and Victoria Murphy with Thrift Shop teddy bear; evening sky aboard the Bowen Queen; St. Clair McColl and Keegan McColl; Colleen Hillis playing goal in an Activity Centre fun night; the Dragons women's soccer team discussing strategy at half-time; puppy watching a soccer game; Leslie Simpson spotting Tom McColl at the North End Fitness bench press.

It's On!

AR OF COMMUNITY EVENTS
www.gulfislands.net

SATURDAY

January 26, 2002

MUSIC

Pianist Murray Anderson Harbour House Bistro during lunch and dinner.
KC Kelly Anise restaurant every Saturday, 7-9 p.m.
Michael Kim ArtSpring, 8 p.m.
Piano Master Class Led by pianist Michael Kim, ArtSpring, 11 a.m.



MICHAEL KIM

SPECIAL EVENTS

Robbie Burns Night Fulford Hall, 5 p.m.
Month-end Meat Draw & Dinner, Legion Hall, 5 p.m.

SUNDAY

January 27, 2002

MUSIC

Murray Anderson Lunch and dinner at the Harbour House Bistro.
Roy Reynolds Trio, Moby's Sunday Dinner Jazz, 7 p.m.

MEETINGS

Gulf Islands Radio Broadcasting Society Public meeting, United Church Hall, 7:30 p.m.

MONDAY

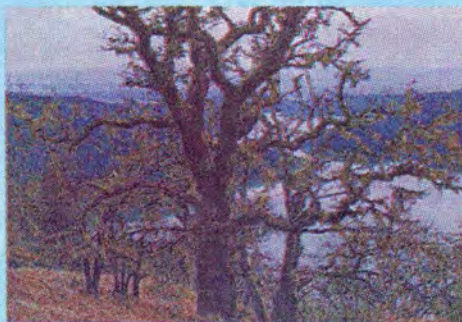
January 28, 2002

MEETINGS

Lady Minto Hospital Auxiliary Society Monthly meeting at Lions Hall, 1:30 p.m.
SS Parks, Arts & Recreation Commission Public meeting, Portlock Park portable, 7 p.m.

SPECIAL EVENTS

Alternate Ways to Meet Violence
United Church lower hall, 10 a.m.



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Shelves of winter reading just a jog into town

Mary Hawkins Memorial Library is constantly acquiring new books, which are usually found on the shelves just to the left at the entrance. Here are a few of the new titles. Reviews have been provided by Garth Hendren and Sheryl Taylor-Munro.

New in Non-fiction

- Landscape with Smokestack by Howard Trienens tells a story of an unsolved mystery. The painting in the title by Edgar Degas was sent to Paris in 1939 by its Jewish owners for safekeeping. The Nazis occupying France stole the painting, and eventually it turned up in the possession of an art collector in Chicago a half-century later. How it got there and whether it was actually stolen or not is the story the Trienens has set out to tell.

- In the Footsteps of Mr.

Kurtz by Michela Wrong examines the life of President Mobutu Sese Seko of Zaire, a man who dominated his own people with both brutality and charm while he plundered the country's copper and diamond resources. Wrong traces Mobutu's career from his beginnings as a young journalist to his end as a despot in a story filled with humour and bizarre surprises.

- Beyond Innocence, the second volume of Jane Goodall's autobiography (with Dale Peterson) covers the last 25 years of her life. During this time she gave birth to her son, divorced his father, had students working for her kidnapped by guerrillas, fell in love again and got married, dedicated her life to saving chimpanzees in captivity, mourned the death of her second husband and set out to repair the health of the plan-

et. This is one very busy person.

- A Guide to Raising Pigs by Kelly Klobner tells you absolutely everything you need to know about choosing the right breeds, feeding and housing, health maintenance and disease prevention, breeding, butchering and pork processing, and showing. It is readable, intelligent and also very entertaining.

- Hitler's Pope by John Cornwell tells the story of Pope Pius XII. His long-standing personal antipathy for the Jews and his political and spiritual ambition combined to make Pius one of the most ruthless churchmen in the history of the Catholic church.

- Michele Weiner Davis' The Divorce Remedy sets out to stop divorce using a seven-step program that can be used to pump up a damaged marriage. The book is filled with inspirational anecdotes and in-depth case studies that will help readers cope with infidelity, internet obsessions, depression, sexual problems and the famous midlife crises.

- Sue Hubbell's elegant, concise history of genetic engineering, Shrinking the Cat, should be required reading for anyone concerned about the impact of genetic

engineering on nature and ourselves.

- Sara Taber's travel book about bread — Bread of Three Rivers — is a mix of history, science, travel narrative and romance. Taber writes with great knowledge and humour about the ingredients — salt water, wheat and yeast — and the processing of them. The only problem is Taber's incorrect assumption that the best bread comes from France.

- In The Other Path, Hernando De Soto articulately explains why some countries are underdeveloped, reminding us that, during the Industrial Revolution, today's advanced nations themselves were Third World countries teeming with black markets, pervasive mafias, widespread poverty and flagrant disregard of the law. De Soto explains how developing and former Communist nations can follow the same path to wealth as did the world's affluent peoples.

- Virtual Tibet by Orville Schell is a cross between a travel journal and a history. Schell thoughtfully explores how and why Tibet's remote mountainous terrain, the Dalai Lama and the establishment of a form of Buddhism that has gripped

the minds of people from the West have attracted countless adventurers, explorers and spiritualists.

- In A Fortune-Teller Told Me, Tiziano Terzani chronicles his travel through Southeast Asia by foot, boat, bus, car and train after being warned by a Hong Kong fortune-teller not to risk flying for a whole year. As a result of his encounters, Terzani learned to understand, respect and fear for the safety of the older ways of life and beliefs in the face of Western materialism. Although the message is serious, Terzani's book is filled with amusing encounters.

- Stuart Ditchek and Russell Greenfield's Healthy Child, Whole Child is a guide to raising healthy children. The authors, both doctors, examine alternative approaches, such as the use of herbal remedies, acupuncture and alternative treatments for common childhood ailments from colic to ear infections, asthma, allergies and viral illnesses. Their refreshing approach deserves attention.

Videos for younger members

- The Magic School Bus: Out of This World: Ms. Frizzle and her classroom of kids speed to the rescue as an

asteroid hurtles toward Earth. Along the way, they learn about gravity and meteors.

- The Magic School Bus: Getting Energized: The children get upset when the ferris wheel stops because the electricity has been cut off. Ms. Frizzle decides to use this event to teach the kids about alternative energy resources.

- The Magic School Bus: Ready, Set, Dough: The children learn that baking involves chemistry and the properties of heat as it acts on a recipe's ingredients.

- The Magic School Bus Gets Ants in its Pants: When the class shrinks down and enters an anthill, they are able to see how well ants communicate and co-operate to help one another live.

- The Magic School Bus Plays Ball: Learn the basic physics of pushing and pulling through a game of "frictionless baseball."

- Series 3 of the CBC History series covers the North-West Rebellion and the trial of Louis Riel, the building of the railway, massive immigration and the settling of the West, the Great War and the Depression that ends only when war again engulfs Britain and its allies.

Episode 10: Taking the West (1873-1896).

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Best places to buy books

Books, new or used, are readily available on the island, with bookstores catering to every bibliophile's penchant.

New books:

Salt Spring Books, on McPhillips Avenue, boasts of being the biggest bookstore on the Gulf Islands. It carries a vast array of bestsellers, books by local authors, magazines and newspapers.

Volume II, located dockside in Mouat's Mall, carries

bestsellers and old classics, publisher's clearances and has a small selection of gently used books.

et cetera, in the Upper Ganges Centre, has an eclectic selection of books, both bestsellers and some by local authors.

The Treasured Spirit, in Gasoline Alley, carries a wide variety of metaphysical books.

Blue Moon, also on Fulford-Ganges Road, sells metaphysical books.

Fables Cottage, on Hereford Avenue, has a huge selection of kids' books — from toddler tomes to young adult fiction. It also carries environmental and multi-cultural books, homeschooling resources and art supplies.

Coastal Currents Home and Garden Gallery, on Hereford Avenue, carries a small selection of specialty home and garden books.

West of the Moon, on Purvis Lane, has a large selection of children's books and novels.

Used books:

Sabine's Book Shop, in Grace Point Square, buys and sells used books and has the largest selection of pre-owned books on the island. Sabine carries contemporary and antiquarian titles in all categories. Sabine specializes in nature, music and medicine books.

The Rare Find, on Hereford Avenue, buys and sells books in good condition. Specialty subjects include gay and lesbian, nautical, non-fiction, travel, recreation and cooking.

The Great Ganges Junk Co., on McPhillips Avenue, carries a selection of used books.

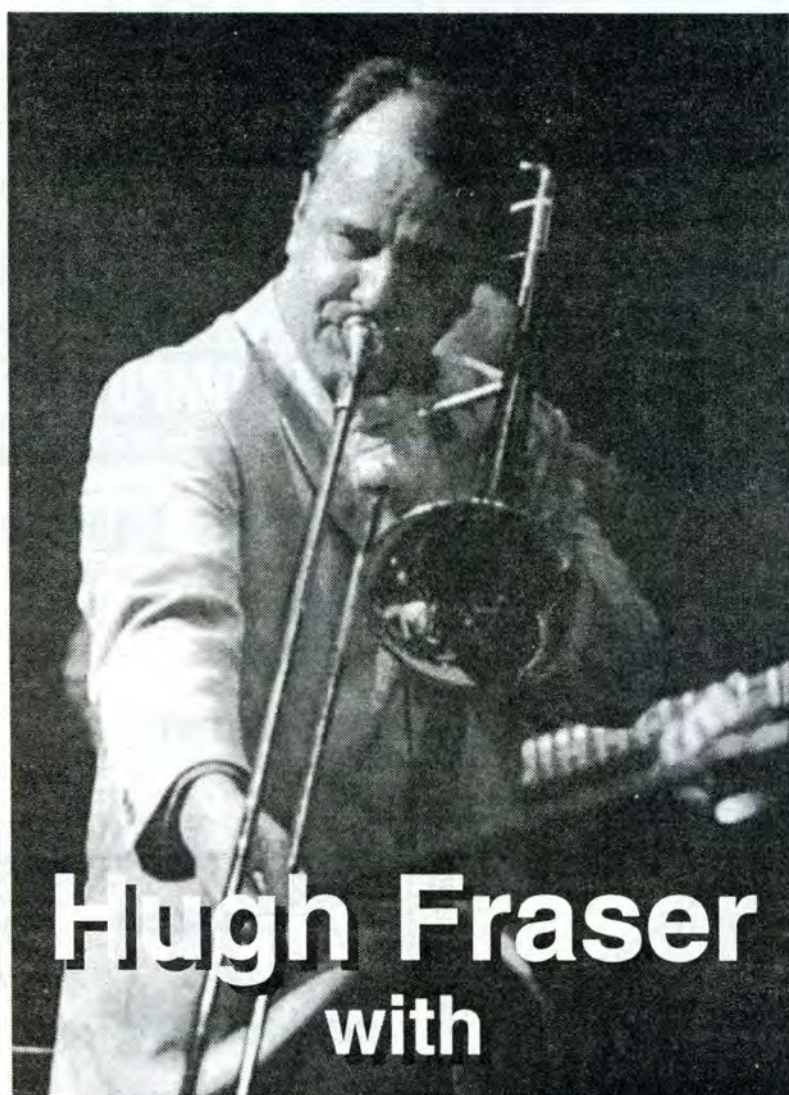
Starbooks, located in Gasoline Alley, is one of the newer kids on the book-selling block.

William Matthews, bookseller, is the person to call to find rare and antiquarian specialty books. He purchases libraries and collections.

Other places to search out reasonably priced used books include the Lady Minto Thrift Shop, the Lion's Club Garage Sale on Friday and Saturday mornings, and the Mary Hawkins Memorial Library Saturday book sale.

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34 NOTICES

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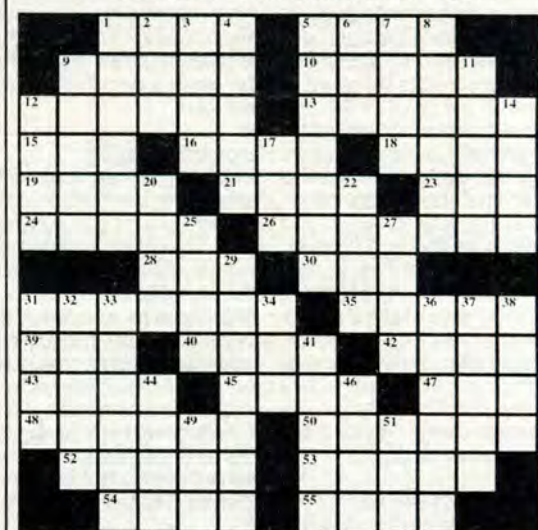
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ACROSS

- 1 Aquatic fly?
- 5 Despot
- 9 Chap
- 10 Muslim deity
- 12 Trauma
- 13 St. George's fly?
- 15 Two some
- 16 Vice president, slangily
- 18 Lesion
- 19 Irish Republic
- 21 Post box opening
- 23 Purpose
- 24 Barrel part
- 26 Biased
- 28 Linear units
- 30 Environmental prefix
- 31 Scripted again
- 35 Jewish holy book
- 39 Accounting creden- tial, abbr.
- 40 Appendage
- 42 Proboscis fly?
- 43 Small lake
- 45 Crush
- 47 Dir. from Hub City to Queen City
- 48 Make grainy
- 50 From the sky
- 52 Killed
- 53 Grouper
- 54 Ogled
- 55 Tree feature

DOWN

- 1 Topper
- 2 Dorval
- 3 Serb or Croat
- 4 Compels
- 5 Infant frog
- 6 Camera type, abbr.
- 7 Woe is me
- 8 Stew
- 9 Apple or banana fly?
- 11 Equine fly?
- 12 Praiseful poems
- 14 Require
- 17 Some railways
- 20 From now on
- 22 Diplomacy
- 25 Organic compound
- 27 Middy
- 29 Compensation
- 31 NWMP successor
- 32 Fencing swords
- 33 Singing fly?
- 34 Aussie bird
- 36 More optimistic
- 37 Analyze
- 38 Achilles fly?
- 41 Midnight fly?
- 44 Internet retailer
- 46 Labourer
- 49 Untruth
- 51 Genetic material, abbr.

Crossword answers page 11

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Recorded! "Affirmation, Inspiration, Vision".

Tip of the week: January 25, 2002

Sometimes our friends are our enemies and our enemies our friends. One can only appreciate this paradoxical statement from the perspective of the soul. You see the soul is aware of the birth and death processes or reality and recognizes that the truth about life is that it is eternal. The ego, one's everyday personal consciousness and perceptions subject to limiting beliefs, is defensive and afraid of change and is protective of what it deems comfortable, familiar and secure. The point is that our friends can be the very ones who pressure us to resist the flow of life because they are unconsciously afraid of change and under the illusion of control. Aquarius symbolizes friendship, humanity, sudden-change, revolution, and illumination etcetera. Meditate on this idea. Ask yourself if any of your friends are blocking your growth. Then ask yourself if any so-called enemies are indirectly pushing you out of your habitual perceptions and patterns. In any case, forgive them all and embrace the processes of life with a clear intention to flow with the very real reality of change. Start by changing your own mind.

Aries (Mar 21 - Apr 20)

A bold, assertive and revolutionary mood is flowing through your veins. You are determined to fully express your individuality, come what may. This impulse will continue strongly for the next couple of months and especially over the next few weeks. It is time to break out of any clouds of ideality and plunge more fully into reality. The secret is to recognize that no matter how unique you are you are always connected to others much more than it may seem. Celebrate this fact by celebrating and supporting the individuality of your friends too.

Taurus (Apr 21 - May 20)

Whether by fame or infamy your actions this week stand to be remembered by others well into the future. Popularity and recognition are craved by most, yet they do come with a price as well as reward. As you exercise confidence in your own creative mode of expression and point of view you will win. This will take a conscious assertion of faith on your part. Fortunately, a wave of that confidence is washing in this week. Be true to the flow of your moods and take time out from the show and applause as needed.

Gemini (May 21 - Jun 20)

A revolutionary impulse is now underway. You are being awak-

ened to new ideas and truths that are causing your habitual approach and attitude to change. Idyllic dreams and visions are dancing in your mind. A greater degree of independence, on one hand, and more connection with family and friends, on the other, is central. Group activities of all kinds are encouraged now. The goal is to allow an excess sense of separateness to melt away. We can only ever be alone in our mind. Unity is the ultimate truth.

Cancer (Jun 21 - Jul 21)

A revolutionary and virtually militant mood is growing. Old perceptions are melting. These are making room for and are being replaced by new awareness. This enlightenment process is helping you to rise above old priorities. It is also forcing you to acknowledge certain blind spots in your character. Par for the course, but it is time for you to do this work. Destiny is in command. The more that you can surrender to this process the better. Intend to consciously engage with others who share this interest and/or who have the expertise.

Leo (Jul 22 - Aug 22)

Sharing precious time and enlightening ideas with friends new and old is in the spotlight this week. Feelings of unconditional love are strong. Yet, where you have expectations about "the way things should be" you are likely to be disappointed. This may be especially true with the one(s) you love most. The key is to break free of roles and where possible assist those you love to do the same. This takes awareness, yet pushy attitudes could ignite a revolution. Open your heart and mind!

Virgo (Aug 23 - Sep 22)

Realizing dreams spells change both in consciousness and in your overall lifestyle. The process will continue in an accelerated fashion for the next few weeks. While you may feel expanded and as though walking on air, growth in maturity is also a part of the deal. As prior beliefs and ideals melt away, you are challenged to summon the courage to bring these new possibilities more fully into reality. Fortunately, the will to do so is yours to activate. Have faith in the process.

Libra (Sep 22 - Oct 22)

Exploring a whole new aspect of your creative life is now underway. This includes love - love of your hobbies and playful expressions and love of another. Expect old ideals about all of the above will come into question along the path of this cycle. The time has come for you to help create a brave new world about the rules and parameters around the expression of love. The key is to recognize that love is ultimately impersonal. Devote yourself to your spirit first and every person and every expression after.

Scorpio (Oct 22 - Nov 22)

A transcendental process is now being activated. In the process,

traditional modes of perception are destined to dissolve. This is the way of life and the spirit. Control of the process is an illusion and causes pain and suffering. What you can do is learn to respond. This means engaging consciously. Also, you can simply allow divine intelligence to put your world in order. Make this an affirmation. Start with "I am allowing", and complete the affirmation replacing the word "your" with "my". Repeat the affirmation with a heart felt focus, then get out of the way and allow the magic to unfold.

Sagittarius (Nov 22 - Dec 21)

Awakening to ever-greater heights of awareness is the goal now. You can do this by engaging your imagination to see a bigger picture of reality. Include a just and conscious reality for all of humanity and you will be right on target. Trust that in the process some of your habitual perceptions will be stretched, at least. Recognize the apparent disruptions and the consequent conflicts of opinion to be the signs of the construction zone of higher awareness. Witness without judgement or reaction.

Capricorn (Dec 22 - Jan 19)

Isn't it funny how what we once held so dear eventually loses its grip and how what we once held in disdain can suddenly be so meaningful? Time marches on in curves, bends and cycles according to Einstein and every other true mystic who lives and ever lived. In any case, we are allowed to change our mind and there is nothing to be ashamed of. Life is an experience and we are meant to experiment. Do what you feel moved to do - no excuses and apologies required.

Aquarius (Jan 20 - Feb 19)

The time to take new initiatives has arrived. Yet, you may feel confused about what you want and seemingly unable to make things happen. The key is to put your magical mind to work. You already have one, so there is no need to search for it. Real magic begins with a clear dream and vision of what you desire. The more that you can imagine it with all of your senses the more likely are you to manifest your desire. You can write a detailed description or you can make a collage. You can even daydream provided that your dreams are vivid and tangible. Try it out, Merlin! Or is it Merinda?

Pisces (Feb 20 - Mar 20)

You are on the threshold of a very transcendental experience. Whether by coincidence or by a movie you watch, a book you read, or by a more deliberate process of deep meditation you now have the opportunity to see reality in a whole new way. You may feel inclined to sleep and dream and write poetry and that is good too. Whatever you do, allow the process to awaken you to new realities and possibilities rather than simply escaping and missing out on this profound opportunity. Inspiration, Vision".

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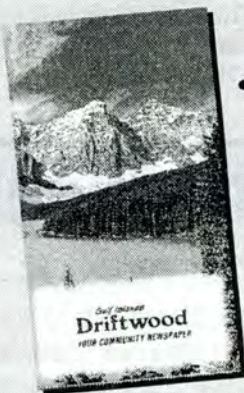
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Best boneless chicken recipe



Let's Eat... with Linda Koroscil

In my estimation, boneless chicken is the best buy for my money — no waste, no fat and it serves a crowd when necessary. Here's a fabulous recipe my friend from California shared with me.

Pacific Northwest Chicken Breast

1/4 c. butter
1 garlic clove, crushed
salt & pepper
1/2 tsp. thyme
chopped fresh rosemary
1 c. flour
1 lime
4 boneless chicken breasts

Pound chicken breasts fairly thin. Mix flour with seasonings. Melt butter with garlic. Rub one side of each breast with lime juice, then dip in flour. Fold each in half and brown floured side in butter. Remove.

Meanwhile, make filling:

1/4 c. butter
1/2 c. diced celery
1-1/2 c. mushrooms, sliced
2 tbsp. parsley
4 green onions, chopped
Pinch nutmeg
Pinch tarragon
1/2 c. white wine
8 oz. shrimp
1 c. whipping cream
another 1/2 c. white wine

Stir-fry vegetables in butter, add wine and simmer a couple of minutes. Add shrimp and remove from heat. Fill each chicken pocket with mixture. Lay in buttered casserole. Pour over sauce: 1/2 c. white wine mixed with 1 c. whipping cream. Bake at 350 degrees F for 20 minutes.

A nice cold Chardonnay works well with this dish.

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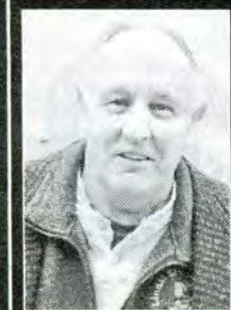
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CASTING CALL - Spoon River Anthology: 2 men 35-45? yrs; 2 women 35-45? yrs; Community Theatre Production, call Julia @ 537-5083 for audition details.

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CRANKY FEET? Bring your feet into Skin Sensations for a complete treatment program. Call for a consultation/appointment 537-8807.

HOUSE FOR rent 3 bedroom, oceanview, north end. \$700 plus utilities. 537-2757.

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CARPENTER AVAILABLE for interior finishing work, tile setting. Call Dennis 537-8105.

ANSWER TO THIS WEEK'S PUZZLE



Canadian writers bare their addicted souls in new book

By **PIRJO RAITIS**
Staff Writer

Addicted: Notes From the Belly of the Beast

Edited by Lorna Crozier and Patrick Lane.

Published by Greystone Books, \$22.95

It takes courage to admit that one may be an addict and even more to tell the rest of the world about it.

In this book, published in 2001, 10 Canadian writers, dreamers and poets share the deepest pain and anguish of their addictions.

Some are addicted to drugs, others to alcohol and cigarettes, some to all of them and more. No matter which addiction any of the writers possesses, each story has the same underlying honesty.

While it takes courage to admit that something has you hooked, that courage is nothing compared to the supreme effort it takes to overcome the addiction.

The writers — Patrick Lane, Marnie Woodrow, Lois Simmie, Peter Gzowski, Evelyn Lau, Lorna Crozier, David Adams Richards, Sheri-D Wilson, John Newlove and Stephen Reid — are brutal in their honesty. They take readers into the depths of their pain and force them to understand the insalubrious grip of their individual addictions. The pictures painted with words are not pretty, but are their real life experiences.

The writers make no

excuses and do not blame others, but they do outline what events in their lives took them to that hellish place where nothing counts but the high from the next drink, line, fix, cigarette or pill.

Whether they drowned themselves in alcohol or drugs, or smoked themselves into an oxygen tent, each author confesses to the madness which always left them aching for more.

Yet these are not weak, mindless people. They are creative, intense and fierce in their passions, but the passions they crave are destructive.

Each writer takes full responsibility for their actions and through this writing they manage to soothe that savage beast called addiction which probably lies dormant in each of us.

The book is unsettling because the writers make us examine our own addictive personalities and we can see that the line which divides them from us is not so wide after all. Given the right circumstances, anyone could be in the same place fighting the same demons.

Addicted: Notes From the Belly of the Beast is well worth a read because the quagmire of addiction which sucked these people down is such a human failing. It is not an easy book to put down.

The contributors:

• Patrick Lane has been called the best Canadian poet

of his generation. He is the author of 20 books of poetry, most recently *The Bare Plum of Winter Rain*. With his partner Lorna Crozier they have published more than 30 books. They are editors of the acclaimed poetry anthology *Breathing Fire*.

• Marnie Woodrow, 32, is the author of two short-fiction collections and her poems, stories and essays have appeared in numerous publications. She is currently working on her first novel to be published by Knopf Canada in the spring of 2002.

• Lois Simmie, from Saskatoon, has written short adult fiction and radio drama, children's books, poetry and plays. She won the Crime Writers of Canada Arthur Ellis nonfiction prize for her historical true-crime book *The Secret Lives of Sgt. John Wilson*.

• Peter Gzowski is a Canadian household name. He has been an editor, radio and TV host, the father of five and the grandfather of two. He is an ex-smoker.

• Evelyn Lau is the author of *Runaway: Diary of a Street Kid* and most recently *Inside Out: Reflections on a Life So Far*. She has racked up two short story collections, three volumes of poetry and a novel.

• Lorna Crozier, who presently teaches at the University of Victoria, has received every national accolade including the Governor General's Award. She is the editor of *Desire in Seven Voices* and with Patrick Lane the co-editor of *Breathing Fire*. Her most recent book is *What the*

Living Won't Let Go.

• David Adams Richards won the Giller Prize for his novel *Mercy Among the Children*. Originally from New Brunswick, he now lives in Toronto with his family.

• Sheri-D Wilson is "The Mama of Dada" and has published four collections of poetry: *Bulls Whip & Lambs Wool*, *Swerve*, *Girl's Guide to Giving Head*, and *The Sweet Taste of Lightning* (also a CD).

• John Newlove was born in Saskatchewan but now lives in Ottawa for his sins.

Still in print are his books *Moving in Alone*, *The Green Plain*, *The Night the Dog Smiles* and a book of selected poems, *Apology for Absence*.

• Stephen Reid wrote *Jackrabbit Parole*, an autobiographical account of a bank robber who escaped once too often. *The Stopwatch Gang*, a biography by Greg Weston, was published in 1991. Reid is married to poet Susan Musgrave. He is serving time in prison and working on a stage play called *Heroin Elvis*.

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Albert Einstein

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Cats of the Week



Daisy's best friend is now in Greenwoods so she needs a new companion. She is about 7 years old.



My name is Ginger. I'm an indoor cat who is used to dogs but not good with little kids.

Please call the SPCA at 537-2123 or come to the open house every Saturday from 2:00pm to 4:00pm

The adoption fee of \$60 for a male and \$70 for a female covers the cost of spaying or neutering and a vaccination.



Donna Regen, CGA

(Agent 9.15)

28 years on Salt Spring

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- Quality low bank waterfront lot with beach, Sunset Dr. area, to \$550,000
- Home with secondary accommodation for inlaw, to \$250,000
- Building lot close to town, private, sunny, open sky, price open
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- W. Coast contemporary home with studio (or potential), price open
- Cottage with studio space to \$200,000
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